

# NHBZ Shabbos Bulletin

Dec. 2, 2012 *Welcome to Nusach Hari B'nai Zion* 17 Kislev, 5773  
 Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion Vayishlach:  
 Haftorah:

Genesis 32:4 – 36:43  
 Obediah 1:1-21

Stone Chumash pages 170-197  
 Stone Chumash pages 1141-1142

## Erev Shabbos - Friday, November 30

- Mincha & Maariv (4:20 pm)
- Candle Lighting (4:22 pm)

## Shabbos - Saturday, December 1

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Fabian Attoun**
  - Sermon: **Rabbi Ze'ev Smason**
  - Musaf: **David Rubin**
- **Kiddush** (following Musaf) Thanks to **"POP-Star" Fran Hoffman** for sponsoring the soda today, and a cake, in honor of her husband, Harold Hoffman. **HAPPY BIRTHDAY, HAROLD!!!**
- **Mincha / Shalosh Seudos / Ma'ariv** (4:05 pm)
- **Shabbos Concludes** (5:25 pm)



## This Week

<i>At a Glance</i>	Shabbos Dec. 1	Sun. Dec. 2	Mon. Dec. 3	Tues. Dec. 4	Wed. Dec. 5	Thur. Dec. 6	Fri. Dec. 7	Shabbos Dec 8
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	4:05 pm	4:20 pm	4:20 pm	-	-	-	4:20 pm	4:05 pm
Maariv Only	-	-	-	6:45 pm	6:45 pm	6:45 pm	-	-
<i>Events – see times in Event Planner Box below</i>	Child Care; Youth Prog; Learner's Service; Study Group	Learn Mishna; RAP; Anniv. Celebration	Buy Cash Cards	Begin "tayn tal u'matar" in Ma'ariv	Lunch 'n' Learn	Shechita Class	Erev Shabbos	Child & Youth Programs; Learner's Serv; Study Group; Chanukah!

## Coming Events (see Event Planner Box on next page for *all* events)

- **Women's Guide to Time** (Mon, Dec 3, 7:30 pm) - led by Rebbitzin Chani Smason in the teen lounge; topic is: The Cheshvan-Kislev-Tevet connection, often referred to as *"the force."*
- **Ma'ariv** (Tues., Dec 4) – We will begin saying "tayn tal u'matar" during Ma'ariv.
- **Shabbos Lunch 'n' Learn** (Sat, Dec 15) – **Rabbi Smason** will speak on 'Chanukah: Rekindling Jewish Spirituality'
- **Family Chanukah Fun at NHBZ!** (Saturday night, December 15) **6:30-7:30 pm** – Kids' programming: crafts, snacks, music and a movie! For adults we'll have music, social gathering and snacks, too! **7:30-9:00 pm** – Live Music! Hamburgers & Hot Dogs, sizzling off the grill, will be available for purchase -- \$6.00 for hamburgers, \$5.00 for hot dogs. We ask that you please bring canned goods for the Jewish Food Pantry. Questions? Email Mindy Woolf at [mwoolf2002@gmail.com](mailto:mwoolf2002@gmail.com) or Rabbi Smason at [pepshort613@gmail.com](mailto:pepshort613@gmail.com) or call 314-991-2100, ext. 2.

Nusach Hari B'nai Zion  
 650 N. Price Road  
 Saint Louis, MO 63132

**Ze'ev Smason, Rabbi**  
 Aaron Borow, Rabbi Emeritus  
 Janet Haber, President  
 Dr. Ethan Schuman, Chazan

**Office Phone 314-991-2100**  
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***NHBZ Event Planner*** (check 'Coming Events' for time, date or location changes)  
Call the office at 314-991-2100 to confirm the date and time for any event,

**Weekly at NHBZ**

**Shabbos**

- **Child Care** (10:00 am – Noon) kids 3 & under in the Children's Room
- **Youth Programming** (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- **Learners Service** (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- **Shabbos Tanach (Bible) Study Group** (30 minutes before Mincha)

**Sunday**

- **Mishna Learning** (after Shachris) with Rabbi Chanan Swidler of Aish
- **RAP with the RABBI Teen Group** (10:15 am) with Rabbi Smason @ Starbucks Olive & Price
- **Mystical Moments** with **Rabbi Max Weiman** (between Mincha & Maariv.)
- **Tanya** (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

**Wednesday**

- **Rabbi Smason's Lunch & Learn** (12:15 pm – 1:00 pm) now studying Pirkei Avos

**Thursday**

- **Schechita** (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division

**Monthly at NHBZ**

- **Irvin Alper Social Club** (First Sunday)
- **Women's Home Study Group** (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- **Morris Lengua Yiddish Club** (First Thursday, 7:30 pm)
- **Dine-In Pizza Night** (Last Sunday 5:00 pm – 7:00 pm)
- **Carry-Out Pizza Night** (Wednesday mid-month)
- **Sisterhood** (Third Tuesday)
- **Women's Guide to Time** (As scheduled) with Rebbitzin Chani Smason

**NHBZ Signature Events**

- **Synaplex Shabbos**
- **Shabbos Lunch & Learn**
- **I-Chat**

**Coming Events**

- **Shabbos Dinner and Mini-Synaplex** (Friday night, December 22) – Services at 4:20 pm; Kabbalat Shabbat, 4:40 pm; Mini-Synaplex breakout sessions at 5:30 pm: Shabbat 101; Insights into this week's Torah Portion; Shabbat Family Sing-a-long! Full, Delicious Shabbat Dinner at 6:00 pm. Adults: \$18.00; KIDS: 4-10, \$8.00; 3 & under, Free. Make your reservations by December 14 and adults pay only \$15!!! Following dinner, Rabbi Smason will speak on "The December Dilemma."

**Meetings**

- **Religious Committee** (Tuesday, December 4 at 7:00 pm, following minyan)
- **Board of Directors** (Tuesday, December 11 at 7:00 pm, following minyan)

**Reminders**

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! **DO YOU GIVE CHANUKAH GIFTS? Well! We have a deal for you!** You can use pre-paid cash-cards for your purchases or you can even give them as gifts, and earn free money for NHBZ!

- **High Holiday Appeal** – please pay your pledge as soon as possible.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of someone, please call 314-991-2100, extension 2, to make arrangements.

- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
  - For a Shul tribute, call Phyllis Silverman at 314-434-2482
  - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
  - For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.

## News, Features and Simchas

- **Mazel Tov On Simchas December 1-7** - **Happy Birthday to Avi Borow, Harold Hoffman, David Reisler, Gail Rose, Lil Simpson, Menachem Szus, Mayer Taller, Mary Weiner and Alex Yasinev. Happy Anniversary to Leonid & Stella Vladimirov.** Show your friends you care by sending a tribute. For Shul and Sisterhood: Phyllis Silverman 314-434-2482; For Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- **Toys & Gifts For Chanukah** - Chanukah begins next Saturday night, December 8<sup>th</sup> when we light the first candle. Once again, we are collecting Toys for Chanukah for kids in our community who need our help. Please bring your NEW, UN-WRAPPED toys, games, books, hats & gloves, and other gifts, for kids of all ages. Cash is always welcome, too! Rabbi Smason will distribute the gifts before and during the week of Chanukah. Thanks to **Lenny & Fran Alper, Ruth Alper, Sam & Shirley Bluestein, Marvin & Jackie Gitel, Bob, Joni, Hannah & Rebecca Kaiser, Morris & Estelle Kram, Ted & Rachael Pevnick, Menachem & Linda Szus** and our **NHBZ Sisterhood** for bringing gifts for Chanukah!!!
- **Special Book "Our Father's Voice: A Holocaust Memoir"** is Felicia Graber's new book written with her brother, Dr. Leon Bialecki, from recorded interviews with their father; The Forward states: "In his acute observations and straightforward judgments, Mr. Bialecki spared no one, least of all himself. He was uniformly frank about Jew and gentile, rich and poor, pious and nonreligious, cultured and uneducated." Felicia will generously donate \$8.00 to NHBZ from the sale of each \$18.00 book. Please come to the office or place your orders by calling 314-991-2100, ext. 2.
- **Tomchei Shabbos** - is selling Chanukah Survival Kits, which include candles, dreidels, parve chocolate coins, and cookie dough. Kits can be purchased for \$15 (only cookie dough \$8). To order, call Jackie Oppenheimer (314-997-6924) or email [baubiejackie@gmail.com](mailto:baubiejackie@gmail.com). Pick up during the week of December 2<sup>nd</sup>.
- **Epstein Hebrew Academy Fundraisers**
  - **Krispy Kreme** (Tues, Dec 11) - Order sufganiot for Chanukah! Call Angela Tannenbaum 802-7710 or Gayle Chazen at Epstein 994-7856 for details. Glazed donuts \$6 dozen; Special donuts \$8 dozen; 12oz Krispy Kreme brand ground coffee \$9.
  - **Take Back Your Closets** (through Dec 21) - Drop off unused cell phones, shoes, and handbags at Epstein Hebrew Academy, 1138 North Warson Road. Funds raised from the sale of your donations will benefit Friends of the Hebrew Academy. Contact Vicki Isakow at [fha@eha.org](mailto:fha@eha.org) for more information!

## *The NHBZ 107<sup>th</sup> Anniversary Celebration*

**Tomorrow Evening, December 2, 2012**

*Nusach Hari B'nai Zion*

We are proud to present our Honorees for 2012

**Rabbi Shaya Mintz** of St. Louis Kollel and **Rebbitzin Mindi Mintz** of Torah Prep

and Woman of Valor, our own **Ruth Novack Alper!**

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**Beyond Twelve Gates -- Parshas Vayishlach**  
**Rabbi Ze'ev Smason -- November 30, 2012**

***Welcome to Beyond Twelve Gates***

Ethan Finkelstein was watching the Macy's Thanksgiving Day Parade in New York last Thursday. Ethan, a Tufts University freshman, home on Thanksgiving break, noticed something unusual about the confetti that fell on him and some friends. The confetti contained what appeared to be confidential personal information about New York police department employees, including names, addresses, Social Security numbers, bank routing numbers -- even references to Mitt Romney's motorcade during last month's presidential debate at Hofstra University.

"I'm just completely in shock," Ethan said. "How could someone have this kind of information, and how could it be distributed at the Thanksgiving Day parade?" It turned out an employee of the Police Department who was watching the parade brought shredded police documents with him for his family and friends to use as confetti. New York City Police officials would not disclose the name of the employee. Presumably, the police want more than a 'shred' of evidence before pursuing criminal charges.

What is so important about keeping a secret? One who can guard a confidence demonstrates that he or she is trustworthy. Jewish tradition (the Medrash) states that in the merit of 4 things, the Jewish people merited to be redeemed from Egypt -- one of which was that they were able to keep a secret. Strive to earn the trust of the Almighty and others by becoming a person who can keep a secret.

**Parshas Vayishlach Genesis 32:4 -- 36:43**

Jacob and family return from the house of Laban to the land of Israel, only to find Esau heading toward them with 400 men, ready for battle. After preparing his family for war and praying to G-d for help, Jacob attempts to appease his brother by sending him a gift of many animals. After his family crosses the river to await the meeting with Esau, Jacob is left alone for an all-night 'confrontation' with an angel disguised as a man. Although Jacob is victorious, he is left limping from a hip-dislocation. Rejoining his family, Jacob encounters Esau who accepts him with an apparent new-found brotherly love. Jacob and Esau part ways, in peace.

Another crisis arises when Jacob's daughter Dinah is abducted and raped by Shechem, the prince of a town with the same name. Two of Jacob's sons, outraged at the humiliation caused to their sister, trick the town's residents into circumcising themselves (ouch!) on the condition that they would then be allowed to intermarry with Jacob's family. Simeon and Levi (two sons of Jacob) then decimate the entire city and save Dinah. Later in the portion, G-d blesses Jacob and gives him the additional name, Israel. Soon after, Rachel dies while giving birth to Benjamin, Jacob's twelfth son. Finally, Jacob returns home and is reunited with his father Isaac. The Torah portion concludes with a lengthy genealogy of Esau's family.

**Rabbinic Ruminations**

The idea that all animals might not feel pain in the same way humans do traces back to the 17th-century French philosopher, Descartes, who argued that animals do not experience pain and suffering because they lack consciousness. Today, the view that animals feel pain differently is now a minority one. But what about fish? Do fish feel pain? It's a 'slippery' question to answer. To many, the notion that we should care about the suffering of fish seems absurd. On the other hand, many scientists are now confident that fish not only feel pain, but have a complex emotional life.

In one recent study, toadfish grunted when electrically shocked, and over time they came to grunt at the mere sight of an electrode. In another study, bee venom and vinegar were injected into the lips of rainbow trout, which resulted in fish rubbing their lips along the sides and floors of their tanks. Researchers believe this was an effort by the fish to relieve themselves of pain. Scientists in Madrid have discovered that goldfish, previously the very byword for stupidity, have the ability to learn and remember their way around mazes. And male cichlids, aggressive freshwater tropical fish, have been found to be able to gauge the fighting abilities of potential rivals simply by watching earlier bouts.

Empathy means perceiving and experiencing the feelings of another person. When someone is suffering in some way and you express your feelings of empathy, he knows that he is no longer alone and that you are with him. To fulfill the commandment of "nosay b'ol im chaveiro" (literally, to "carry your friend's burden"), we must be aware of and share the pain of others. Perhaps a greater sensitivity to the pain and feelings of animals -- even fish -- is a pathway toward developing greater empathy toward our fellow man.

### **Quote of the Week**

It's all about the climb -- Hannah Montana

### **Joke of the Week**

A doctor, an engineer and a politician were debating what was the first occupation to be mentioned in the Torah. The doctor said: "Medicine is the first profession in The Torah. Genesis says that Eve was made by carving a rib out of Adam."

The engineer insisted: "Oh no. An engineering job came before that. Genesis says that in six days the earth was created out of chaos. And that is an engineer's job."

However, the politician said: "Yes, but who do you think created the chaos?"