NHBZ Shabbos Bulletin

December 31, 2011

Welcome to Nusach Hari B'nai Zion

5 Teves, 5771

Torah Portion Vayigash: Haftorah Vayigash:

Genesis 44:18 - 47:27 Ezekiel 37:15 - 37:28

Stone Chumash pages 251 - 267 Stone Chumash pages 1144 - 1145

Erev Shabbos - Friday, December 30

- Mincha & Maariv (4:25 pm)
- Candle Lighting (4:28 pm)

Shabbos - Saturday, December 31

- **Shachris & Musaf** (9:00 am) Thank you for leading services:
 - Pesukei D'Zimra: *Howard Sandler* - Haftorah: Michael Shapiro
 - Shacharis: **Dr. Ethan Schuman** - Sermon: none
 - Leyning: *Michael Shapiro* - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 Noon) for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 Noon) for children ages 4-8, in the Youth Lounge on the lower level.
- Learners' Service (10:15 am) Led by Rabbi Ze'ev Smason, in the Chapel on the lower level.
- Kiddush and Lunch & Learn (following Musaf) MAZEL TOV to our friends celebrating birthdays and wedding anniversaries in December! Our celebrants invite you to Kiddush & Lunch in the Social Hall; after Kiddush, please wash, be seated and silent until Rabbi Smason makes HaMotzi: after lunch Rabbi Smason will speak on the topic "Is There Humor in the Torah?"
- Shabbos Study Group (3:45 pm) Studies in Tanach, led by Menachem Szus; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- Boys' Mishna Study Group (3:45 pm) With Rabbi Smason, for boys ages 10-17.
- Mincha/Shalosh Seudos/Ma'ariv (4:15 pm)
- Shabbos Concludes (5:34 pm)





This Week

Davening Times	Shabbos Dec 31	Sun. Jan 1	Mon. Jan 2	Tues. Jan 3	Wed. Jan 4	Thur. Jan 5	Fri. Jan 6	Shabbos Jan 7
Shachris	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	6:45 am	7:00 am	9:00 am
Mincha/Maariv	4:15 pm	4:30 pm	4:30 pm	-	-	4:25 pm	4:30 pm	4:20 pm
Ma'ariv Only	-	-	-	6:30 pm	6:30 pm	-	-	-
Events	Shabbos Lunch & Learn	Learn w/ R.Swidler; Pizza Nite	Later Shachris!	Women's Home Study Group	Lunch & Learn	Fast of Teves; Yiddish Club	Erev Shabbos	Installation Shabbos & Lunch

- **Sunday Learning** (Sunday, January 1, following Shachris) **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **Dine-In Pizza Night** (Sunday, January 1, 5:00 pm 7:00 pm) First Sunday this month only!! See ad.
- NHBZ Women's Home Study Group (First Tuesday, January 3, 2:30 pm) at the home of Jackie Berkin; Topic is "The Six Constant Mitzvos," presented by Rabbi Shaya Mintz, of the St. Louis Kollel; all women are welcome; please join us!!!



- Rabbi Smason's Lunch & Learn (Wednesday, Jan 4, 12:15 pm, in the Teen Lounge on the lower level) Now studying Pirkei Avos (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- Fast of Teves (Thursday, January 5) Fast begins at 6:05 am and end at 5:37 pm; see picture ad.
- Morris Lenga Yiddish Club (First Thursday, January 5, 7:00 pm) Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- RAP with the RABBI Teen Group (On recess until Sunday, Jan. 8, 10:00 am) with Rabbi Smason, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- Buy and Use Cash Cards (Monday Friday) Next order dates are Monday, January 16 and Tuesday, January 31; buy 'em before these dates and earn free money for NHBZ; Kohn's Scrip is temporarily sold out.

Coming Events

• *Irvin Alper Social Club* (Sunday, January 8, 5:00 pm) – Join us for a social evening of Supper, Movie and Cards; only \$7.00 per person; RSVP to Ruth Alper at (314) 569-2877.

Meetings

- **Board of Directors** (Tuesday, January 10, 7:00 pm, following minyan)
- Executive Committee (Tuesday, January 24, 7:00 pm, following minyan)
- **Sisterhood** will not have meetings during the winter months of January and February, and will resume in March when the weather is more predictable!



Reminders

- **Sponsorships** If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin every 6-8 weeksy.
 - For a Shul tribute, call Gloria Waxman at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- Buy a Brick Online or by Phone Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- Donate a Book to Our Beautiful New Library Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- Free Money for NHBZ!! Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details;
 - NOW ACCEPTING CREDIT CARDS to purcahse some Cash Cards see flyer in lobby!
- Volunteer Opportunities NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



Office Phone 314-991-2100 Chapel Phone: 314-991-5494 Webpage: www.nhbz.org

Beyond Twelve Gates by Rabbi Ze'ev Smason

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Vayigash December 31, 2011 5 Teves, 5772

Welcome to Beyond Twelve Gates



Chances are you've never heard of Charles Feeney. He wears a \$15 watch, doesn't own a house or car, and when he flies, travels coach. Feeney says, "I try to live a normal

life, the way I grew up." Charles Feeney, though, is anything but normal: he's a billionaire who made and gave away a fortune without anyone knowing. Born in New Jersey during the Great Depression to blue collar Irish-American parents, he has given grants totaling more than \$5 billion supporting health, social and educational projects throughout the world. Feeney earned his wealth in the Duty Free Shoppers Group in the 1960s.

Unlike many philanthropists, Feeney wanted anonymity. The foundation he established doesn't bear his name, and he never took tax deductions on his philanthropic work. All donations were given via cashier's When he was "discovered" in 1996 and became an honored quest at events. Feeney would bring his own photographer, who would pretend to take pictures of him without any film in the camera. Nearly every profile makes note of how unimpressed Feeney is with what his wealth can buy him. Feeney said. "I set out to work hard, not to get rich ... I had one idea that never changed in my mind — that you should use your wealth to help people." When asked why he decided to give away virtually his entire fortune, Feeney replied, "I simply decided I had enough money ...I did not want money to consume my life."

People offer gifts for all types of reasons, but one of the greatest is when we give graciously with no expectation of receiving something in return. King David said (Psalms 37:21), "the righteous man gives with a good grace." Like the remarkable Charles Feeney, those who act righteously give, and give graciously.

Parshas Vayigash - Genesis 44:18 – 47:27



Judah makes an impassioned plea to the powerful Egyptian ruler (Joseph, still in disguise) for Benjamin's life, claiming that Jacob would surely die from sorrow if he

lost Benjamin. Judah offers to remain in Egypt as a

slave in place of his younger brother. Unable to restrain himself any longer, Joseph reveals his identity to his stunned brothers and forgives them for selling him into slavery so many years before.

Joseph then sends his brothers back to the land of Israel, laden with gifts, to bring Jacob and their families down to Egypt where they will live in the province of Goshen. Before Jacob leaves home, G-d appears to him in a 'vision of the night', reassuring him that He will be with them and that they will eventually return to the land of Israel as a great nation. After 22 years of separation, Jacob is reunited with his beloved son Joseph. Joseph embraces his father and weeps, overflowing with joy, and then brings his father to meet Pharaoh. The portion concludes by describing how Joseph uses his vast power to amass nearly all of the wealth of Egypt for Pharaoh's treasury.

Rabbinic Ruminations



As we approach the beginning of 2012, many New Year's resolutions will be made. Too often, though, those commitments will soon be broken. One survey found that 25%

of resolutions bite the dust within a week, and about half do so within six months. And these figures may well be low, since people tend to be biased against admitting they blew it. What can we do to increase our chances of actually keeping our promises to ourselves? One tip is to avoid making our resolutions public.

Making our goals public can have precisely the opposite effect from what we intend. You might think that when you tell your friends that you intend to, say, learn Hebrew, or quit smoking, or lose weight, it should increase your accountability. You've told a friend, so in theory you are more committed to it. But a study by Gollwitzer et al. (2010) showed that when participants had shared their goal with someone else, instead of increasing their commitment, it reduced it. One suggested explanation is that the very act of showing off our goal to others gives us some sense that we've taken the first step towards reaching it. This illusion of progress reduces future effort and motivation.

It has been said that without goals and plans to reach them, we are like a ship that has set sail with no

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destination. Or, in the words of Yogi Berra, "If you don't know where you are going, you might wind up someplace else." Little can be achieved without goals. But when we do make goals and resolutions, it's probably better to keep them private.

Quote of the Week

"If there is any honor in all the world that I should like, it would be to be an honorary Jewish citizen."

- A.L Rowse, Shakespearean scholar (1903-1997)

Joke of the Week

A Martian spaceship lands in Brooklyn, and the impact of the landing is so great that the wheels on the craft

are destroyed. Two Martians set out to find replacement wheels, and to their great relief they immediately encounter a store with a large assortment of wheels in the window.

"We'll take four of those wheels in the window," says one of the Martians to the shopkeeper.

"Those aren't wheels," he says. "They're bagels. They're to eat - here, try one."

The two Martians take a few bites and then one turns to the shopkeeper and says, "They aren't bad, but they'd be a lot better with cream cheese and lox."



ISRAEL CORNER

The dead sea, on Israel's eastern border, is the lowest point on earth at 1,378 ft below sea level.



TOYS FOR CHANUKAH

A very big **THANK YOU** to everyone who donated toys & gelt for our Chanukah drive. We don't have a complete list of names, so if your name isn't mentioned here, please call Sandie so we can thank you too. 991-2100 extension 2.

> Lenny & Fran Alper Ruth Alper Sam & Shirley Bluestein Bob, Joni, Hannah & Rebecca Kaiser Sarah Klein Morris & Estelle Kram NHBZ Sisterhood Lou & Shirley Osheroff Ted & Rachael Pevnick Menachem & Linda Szus Jack Tepper Marian Walters

Mazel Tov to our friends celebrating Birthdays and Wedding Anniversaries in all of December and through January 6 * Simchas This Week Dec 31 - Jan 6

David Reisler Mary Weiner Lori Laird Mayer Taller Faye Cohen Bill Carl Elisheva Sudin Bonnie Klein Mindy Woolf Irv Bremler Mark Tendler Melissa Marbain Gerald Bolt Daniella Yasinev Samantha Sabol * Eli Szus

* Dena Perez * Nina Levine

Gail Rose Menachem Szus Harold Hoffman Avi Borow Lil Simpson Alex Yasinev Chiyya Smason Sandie Abrams Al Katz Jonathan Shanker Justin Shanitkvitch Gary Sudin Daniel Zarkowsky Gary Shanker

* Dennis Yasinev

* Mickey Wasserman

Avraham Smason

Leonid & Stella Vladimirov Rabbi Aaron & Pearl Borow Efim & Dora Sulpovar Sam & Shirley Bluestein Les & Mimi Sabol Abert & Sheila Goodman Ron & Sandra Segall Craig & Jackie Berkin Yehuda & Dena Schupper

Robert Kaiser, President Dr. Ethan Schuman, Chazan Office Phone 314-991-2100

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GIVE BLOOD



St. Louis Jewish Community Blood Drive

Congregation Young Israel 8101 Delmar Boulevard St. Louis, MO

Sunday, Jan. 8, 2012 10 a.m. - 4 p.m.

Visit redcrossblood.org (code YIJS) or call 1-800-RED CROSS today to make an appointment.

Walk-in donors welcome, however appointments take priority.

Endorsed by the Jewish Social Action Network

Harvey Kornblum Jewish Food Pantry Drive

Non-perishable Items Needed:

Soup Canned Tuna Peanut Butter Rice

Macaroni & Cheese





Lion's Den DINE- IN Pizza Night SUNDAY, JANUARY 1 !!

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Pasta Salad, Garlic Bread & Salad plus Dessert & Beverage

Kids 3 & under FREE Kids 4-12: \$6.00 Adults: \$10.00

NEXT CARRY-OUT NIGHT TO BE ANNOUNCED

Irvin Alper Social Club Meeting

Sunday, January 8, 5:00 pm

Join us for a social evening of Supper, Movie and Cards; only \$7.00 per person;

RSVP to Ruth Alper at (314) 569-2877.

THANKS TO THE FOLLOWING PEOPLE FOR SPONSORING

THE CHANUKAH FAMILY FUN NIGHT

Ellen & Andy Berg
Shirley & Sam Bluestein
Rayna & Larry Chervitz
Faye Cohen & Brian McCary
Julie & Don Eisenberg
Aaron Goldberg
Janet & Alan Haber
Joni & Bob Kaiser
Roz & Irwin Rosen
Norma & David Rubin
Mimi & Les Sabol
Alice Sudin
Mindy & Rich Woolf

Fast of Teves - Thursday

This week we observe one of the four fasts which commemorate the destruction of the Temple. The fast occurs on 10 Teves, which falls on <u>Thursday</u>, <u>January 5</u> this year. The fast marks the day when Nebuchadnezar, king of Babylon, began the siege of Jerusalem which ended in the destruction of the city and the first Temple.

Fast begins at 6:05 am; ends at 5:37 pm.

Interested in Learning Shechita?

We are in the process of organizing a class and searching for participants for a series of classes for men on the laws of *Shechita* - ritual slaughter according to Jewish dietary law. The classes, to be held at NHBZ, will be led by Rabbi Chaim Loike, a Rabbinic Coordinator with the Orthodox Union (OU) Kashruth Division. Rabbi Loike is widely recognized for his vast expertise in the kashruth of animals. The class goal is to learn and possibly qualify as a *shochet!*

For more information call **Dr. Ethan Schuman** at 314 791-2951

Aaron Borow, Rabbi Emeritus Robert Kaiser, President Dr. Ethan Schuman, Chazan Office Phone 314-991-2100

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Installation Shabbos Jan. 7

Following Davening
Lunch plus Installation of
Officers, Directors & Trustees

Shul Officers

President - Janet Haber
Vice President - Robin Rickerman
Vice President - Trudy Sudin
Treasurer - Gary Sudin
Secretary - Bobby Levine
Gabbai - Mayer Taller

Shul Board of Directors

Term Thru 2012

Fran Alper Larry Chervitz Les Sabol

Phyllis Silverman

Term Thru 2013

Francine Attoun Esther Gelb Fran Reisler Bert Zakroff

Term Thru 2014

Ken Bressler Don Eisenberg Sandy Kahn Rich Woolf

Irv Alper Social Club Officers

Co-Presidents - Ruth Alper

- Morris & Estelle Kram

Vice President - Gloria & Charlie Waxman Secretary - Rachael & Ted Pevnick

Treasurer - Esther Gelb

Sisterhood Officers

President - Rachael Pevnick
Vice President - Phyllis Silverman
Vice President - Trudy Sudin
Treasurer - Ruth Alper
Secretary - Esther Gelb

Chaplain - Rebbitzen Chani Smason

Sisterhood Trustees

Francine Attoun Bertha Berman
June Cohen Arlene Fredman
Estelle Kram Sylvia Tessler

<u>Honorary Gabbai</u> - Sid Silverman <u>Honorary Trustees</u> - Dr. Arnold Brody

- Marvin Stein

Honorary Board Members

- Ted Pevnick

- Betty Goldstein Parker

Jewish Student Union (JSU)

A LIGHT TO REMEMBER

JSU is pleased to announce that the Annual JSU Gala, A Light to Remember, will take place January 21st at the newly renovated Peabody Opera House (formally Kiel Opera House). This will be the first kosher event at this venue. The evening will include an elegant dinner along with special entertainment. This year's honorees are Dr. David & Lynnsie Balk Kantor. Special tribute will be paid to JSU faculty advisors, Vince DeBlasi and Ellen Summa of Lafayette and Ladue high schools, respectively. Please help advantage of an anonymous JSU take benefactor's generous offer to match any increase you make over last year's gift. For more information, contact

Danielle Bialecki 314-265-6415

Rabbi Mike 314-498-6279

or visit www.jsustl.org.

Did You Know? NHBZ has 10 Trustees

H.H. Bremler Sam Bluestein Menachem Szus Alan Zarkowsky Irwin Rosen Sid Silverman Lenny Alper Mark Ragin Craig Berkin

The Trustees are composed of all past presidents of the congregation. Bob Kaiser will become a Trustee as of January 1, 2012. According to the NHBZ by-laws, the Trustees have one duty: to nominate candidates to be officers and board members. The most recent past-president is the chairman of the nominating committee.

Hmmm I thought so!



Webpage: www.nhbz.org