NHBZ Shabbos Bulletin

Dec. 8. 2012

This Week

Welcome to Nusach Hari B'nai Zion

24 Kislev, 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion Vayeshev: Genesis 37:1 – 40:23 Haftorah: Amos 2:6 – 3:8 Stone Chumash pages 198-221 Stone Chumash pages 1142-1143

Erev Shabbos - Friday, December 7

- Mincha & Maariv (4:20 pm)
- Candle Lighting (4:21 pm)

Shabbos - Saturday, December 8

- Shachris & Musaf (9:00 am) Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler** Haftorah: **Leo Bressler**
 - Shacharis: **Dr. Ethan Schuman** Sermon: **Rabbi Ze'ev Smason**
 - Leyning: **Aryeh Needle** Musaf: **Dr. Ethan Schuman**
- **Kiddush** (following Musaf) Thanks to "POP-Stars" Lou & Shirley Osheroff for sponsoring the soda today in honor of their grandson, Josh Mandel. HAPPY BIRTHDAY, JOSH!!! We love you very much!!!
- Mincha / Shalosh Seudos / Ma'ariv (4:05 pm)
- Shabbos Concludes (5:24 pm)



Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

At a Glance **Shabbos** Wed. Sun. Mon. Tues. Thur. Fri. Shabbos Dec. 8 Dec. 9 Dec. 10 Dec. 11 Dec. 12 Dec. 13 Dec. 14 **Dec 15 Shachris** 9:00 am 8:00 am 7:00 am 7:00 am 7:00 am 7:00 am 6:45 am 9:00 am Mincha/Maariv 4:05 pm 4:20 pm 4:20 pm 4:20 pm 4:05 pm **Maariv Only** 6:45 pm 6:45 pm 6:45 pm Happy **Child Care:** Rosh Happy Happy Happy Chanukah! Events - see Youth Prog; Chodes Chanukah! Chanukah! Chanukah! Learner's times in Event Learner's Нарру h Teves; Learn Shechita Service: Planner Box Service: Chanukah **Buy Cash** Mishna; Lunch 'n' Class Lunch & below Study **Erev** RAP Cards Learn Learn; Study Group **Shabbos** Group.

Coming Events (see Event Planner Box on next page for **all** events)

- Shabbos Lunch 'n' Learn (Sat, Dec 15) Rabbi Smason's topic: 'Chanukah: Rekindling Jewish Spirituality'
- Family Chanukah Fun at NHBZ! (Sat. night, Dec. 15) Thanks to sponsors (so far) Andy & Ellen Berg, Sam & Shirley Bluestein, Kurt & Sandy Kahn, Bob & Joni Kaiser, Mark Ragin & Gail Rose, Irwin & Roz Rosen, and Marty Tessler. Activities: 6:30-7:30 pm Kids' programming: crafts, music, a movie & snacks Latkes, Jelly Donuts & Cookies! For adults we'll have music, social gathering and snacks, too! 7:30-9:30 pm Live Music! Hamburgers & Hot Dogs, hot off the grill, available for purchase -- \$6.00 hamburger plate, \$5.00 hot dog plate. We ask that you please bring canned/non-perishable goods for the Jewish Food Pantry. Questions? Email Mindy Woolf at mwoolf2002@gmail.com or Rabbi Smason at pepshort613@gmail.com or call 314-991-2100, ext. 2.
- **Sisterhood Luncheon & Bingo!!!** (Tuesday, December 18) 12:00 noon. Donation \$6.50. Delicious menu of piping hot pasta, garlic bread, salad, beverages and assorted desserts. Everyone is Welcome!!!

NHBZ Event Planner (Check 'Coming Events" for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

Shabbos

- Child Care (10:00 am Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi
 Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (30 minutes before Mincha)

<u>Sunday</u>

- **Mishna Learning (**after Shachris) with Rabbi Chanan Swidler of Aish
- RAP with the RABBI Teen Group (10:15 am) with Rabbi Smason @Starbucks Olive & Price
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

<u>Wednesday</u>

 Rabbi Smason's Lunch & Learn (12:15 pm – 1:00 pm) now studying Pirkei Avos

Thursday

 Schechita (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 pm 7:00 pm)

Office Phone 314-991-2100 Chapel Phone: 314-991-2100

Webpage: www.nhbz.org

- Carry-Out Pizza Night (Wednesday mid-month)
- **Sisterhood** (Third Tuesday)
- Women's Guide to Time (As scheduled) with Rebbitzen Chani Smason

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn
- I-Chat

Coming Events

- Shabbos Dinner and Mini-Synaplex (Friday night, December 21) Services at 4:20 pm; Kabbalat Shabbat, 4:40 pm; Mini-Synaplex breakout sessions at 5:30 pm: Shabbat 101; Insights into this week's Torah Portion; Shabbat Family Sing-a-long! Full, Delicious Shabbat Dinner at 6;00 pm. Adults: \$18.00; KIDS: 4-10, \$8.00; 3 & under, Free. Make your reservations by December 14 (this coming Friday) and ADULTS PAY ONLY \$15!!! Following dinner, Rabbi Smason will speak on "The December Dilemma."
- **Asara B'Teves** ~ The Fast of Teves (Sunday, December 23)
- Installation Shabbos (Shabbos, January 5, 2013)
- Irvin Alper Social Club (Sunday, January 6, 2013) New, earlier time: 3:00 pm for Cards, Movie & Shmoozing; Dinner at 5:00 pm

Meetings

- Board of Directors (Tuesday, December 11 at 7:00 pm, following minyan)
- Executive Committee (Wednesday, December 26 at 7:00 pm, following minyan)

Reminders

- Buy and Use Cash Cards call the office ASAP to order your cards and earn free money for NHBZ!
- **High Holiday Appeal** please pay your pledge as soon as possible.
- Schnucks E-Scrip Card Use your Schnucks Card now, and make it count!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of someone, please call 314-991-2100, extension 2, to make arrangements.

- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an
 anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes
 will be listed in this bulletin monthly.
 - o For a Shul tribute, call Gloria Waxman at 314-872-3296
 - o For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
- Buy a Brick Online or by Phone Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- Synagogue Honors It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.

News, Features and Simchas

- Mazel Tov On Simchas December 1-7 Happy Birthday to Bill Carl, Dr. Faye Cohen, Samantha Sabol and Chiyya Smason. Happy Anniversary to Rabbi Aaron & Pearl Borow. Show your friends you care by sending a tribute. For Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; For Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- Toys & Gifts For Chanukah candle. Once again, we are collecting Toys for Chanukah for kids in our community who need our help. Please bring your NEW, UN-WRAPPED toys, games, books, hats & gloves, and other gifts, for kids of all ages. Cash is always welcome, too! Rabbi Smason will distribute the gifts during this week of Chanukah. Thanks to Lenny & Fran Alper, Ruth Alper, Sam & Shirley Bluestein, Marvin & Jackie Gitel, Bob, Joni, Hannah & Rebecca Kaiser, Morris & Estelle Kram, Esther Levary, Ted & Rachael Pevnick, Irwin & Roz Rosen, Menachem & Linda Szus and our NHBZ Sisterhood for bringing gifts for Chanukah!!! (If you brought gifts and your name is missing from this list, please call Sandie so we can say "Thank You" to you in the bulletin next week.)
- Special Book "Our Father's Voice: A Holocaust Memoir" is Felicia Graber's new book written with her brother, Dr. Leon Bialecki, from recorded interviews with their father; The Forward states: "In his acute observations and straightforward judgments, Mr. Bialecki spared no one, least of all himself. He was uniformly frank about Jew and gentile, rich and poor, pious and nonreligious, cultured and uneducated." Felicia will generously donate \$8.00 to NHBZ from the sale of each \$18.00 book. We only have four books left in the office. Please come to the office or place your orders by calling 314-991-2100, ext. 2.
- Get a taste of "Discovery!" The world famous program from Aish-HaTorah that has opened eyes and hearts to the beauty and warmth of Judaism & Torah, all in an easy to understand, completely accessible way! Just 2 ½ hours of amazing insights and classes, Tuesday, December 25th, 10:00 am − 12:30 pm! Followed by a catered Kosher Chinese Lunch! Plus FREE Babysitting & Activities For Kids! COST: Just \$35 per adult (includes babysitting & lunch) RSVP ASAP! Only the 1st 50 adults with payment can attend! Please contact Claire at 314-862-2474 or cwolff@aish.com Location: 457 N. Woods Mill Rd. (The Firehouse) Chesterfield, MO 63017 Presented by Aish Favorite, Rabbi Eliyahu Bergstein. You're off work! Come Join Us For One Incredible Morning & Lunch!! "A Taste Of Discovery!" Facinating Topics! •Distinguishing Knowledge from Faith •The Seven Wonders of Jewish History •Information Only the Author Could Have Known •Transmission: Is Today's Torah the Same as the Original? •G-d's Hand in History
- Epstein Hebrew Academy Fundraisers
 - **Krispy Kreme** (Tues, Dec 11) Order sufganiot for Chanukah! Call Angela Tannenbaum 802-7710 or Gayle Chazen at Epstein 994-7856 for details. Glazed donuts \$6 dozen; Special donuts \$8 dozen; 12oz Krispy Kreme brand ground coffee \$9.
 - Take Back Your Closets (through Dec 21) Drop off unused cell phones, shoes, and handbags at Epstein Hebrew Academy, 1138 North Warson Road. Funds raised from the sale of your donations will benefit Friends of the Hebrew Academy. Contact Vicki Isakow at fha@eha.org for more information!

Beyond Twelve Gates -- Parshas Vayeshev Rabbi Ze'ev Smason -- December 7, 2012

Welcome to Beyond Twelve Gates!

Would you "Like" the name Like? First there was baby "Facebook" and now this: An Israeli couple has named their kid "Like." Lior and Vardit Adler became proud parents of a bouncing baby girl named after the Facebook Like button. Apparently the parents were looking to call their daughter something unique. The moniker is not meant to be a gimmick, and they say that they're not shilling for Facebook. They just like (pun intended) the meaning behind the name. Obsession over social media reached a new high (or low) when last week an American mother named her newborn "Hashtag" after the popular Twitter feature.

Facebook, Like and Hashtag are hardly the first children to be saddled with suspect names. One man offered to name his son Batman if he could get 500,000 people to become fans of his Facebook Page. Granted, bizarre names aren't relegated to the realm of social media. Recent baby names chosen by celebrity parents include: Fifi Trixibelle, Apple, Coco, Kyd, Sage Moonblood, Destry, Memphis Eve, Audio Science, Ocean, Blue Angel, Moon Unit, Tu Morrow, and Jermajesty

Names are of great importance in Jewish tradition. Avram's name is changed to Avraham when he enters a covenant with G-d; Sarai becomes Sarah at that time. Each of Jacob's sons is a given a name that has significance for the circumstances of his birth. The angel that wrestles with Jacob bestows upon him a new name that we all bear: Israel, "one who strives before G-d." Choose your child's name carefully. A thoughtfully chosen name carries with it our collective history.

Parshas Vayeishev Genesis 37:1-- 40:23

Jacob's favoritism toward Joseph incites his brother's hatred. Their jealousy increases when Joseph tells them about two dreams which indicate that they will one day be subservient to him. Jacob sends Joseph to check up on his brothers, and upon seeing him approaching they plot to kill him. Reuben convinces the brothers not to kill Joseph, but is unable to totally save him as the brothers sell Joseph into slavery in Egypt. After dipping Joseph's coat in blood, they return to their father who assumes that his beloved son was torn apart by a savage beast. The Torah then digresses to relate the story of Judah and his daughter-in-law Tamar. The narrative then returns to Joseph in Egypt, where he becomes an extremely successful slave and is placed in charge of his master's household. His master's wife repeatedly tries to seduce Joseph, and when he refuses he is thrown into prison. Ten years later, Pharaoh's chief butler and baker are placed into the same prison. One night they each have a perplexing dream that Joseph accurately interprets, setting the stage for his release from prison.

Rabbinic Ruminations

Some like chocolate ice cream, others prefer vanilla. Have you ever wondered why people's taste preferences vary? Scientists believe they may have found out why we smell and taste things differently. Our ability to smell and taste is regulated by around 1,000 genes, over half of which are totally inactive. However, a study by researchers in Israel has identified at least 50 of these genes, which are switched on in some people and not in others. Researchers at the Weizmann Institute say their study shows that nearly every human being displays a different pattern of active and inactive odor-detecting receptors. These receptors determine how our brain reads flavors in food as well as smells. When different receptors are switched on in different people -- voila! -- the smell and taste experiences differ.

The researchers have also found evidence to suggest people from different ethnic groups perceive aromas and flavors differently. In other words, it may be more than simply Jewish culture and upbringing that helps you to enjoy gefilte fish, lox and latkes (yum...just in time for Chanukah), while your non-Jewish neighbor politely scratches his head at the sight and smell of such ... ahem ethnic foods.

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100

The Talmud says, "Just as people have different faces, so too, they have different perspectives." The foundation of tolerance is a lev tov -- a good heart. Jewish tradition teaches that the heart is the seat of a person's character traits. With a good heart, you'll be naturally inclined to be understanding, non-judgmental, and give others the benefit of the doubt. Even if you like chocolate ice cream, and they like vanilla.

Quote of the Week

Feeling gratitude and not expressing it is like wrapping a present and not giving it -- William Arthur Ward

Joke of the Week

A man dressed as Napoleon visited a psychiatrist and said, "You can see I have no problems. I have all the power and prestige a man could possibly desire. I have the greatest army in the world, all the money I will ever need, and every conceivable luxury you can imagine."

The psychiatrist asked, "Then what seems to be your problem?"

The man said, "It's my wife. She thinks she's Mrs. Goldberg."



A quick summary of the laws of Chanukah!

On the first night, the following three brachos are recited over the Chanukah menorah, prior to kindling the neiros (candles):

- 1.) L'hadlik Ner Shel Chanukah
- 2.) Bayamim Hahem
- 3.) Shehechiyanu

Note: On all subsequent nights, the Shehechiyanu is omitted.

On the first night, the light on the far right is kindled, and on each subsequent night a new light is added to the left of the previous light. The new candle for that day is always lit first; the one to its right, second . . . and so on. (You insert the candles – or oil – from right to left, and you light from left to right.) Remember that the candles must all be even, in a straight line and in a straight row. After the brachos are said and the light for that day is lit, you recite Haneiros Halallu while kindling the other lights.

Being that the mitzvah is Pirsumei HaNes (publicizing the miracle), the menorah should be placed in a location where passersby can see it. If you live in an apartment or you have different possible locations for your menorah, please contact Rabbi Smason and discuss it with him, 314-991-2100, ext. 1, or 314-749-5271. If you have any other questions regarding the laws of Chanukah, please feel free to contact the Ray as well.

As the preferable time for lighting the menorah is 25 to 30 minutes after sunset, this year the kindling should take place at approximately 5:05 p.m. except for Friday night and Saturday night.

If you or your children are using standard wax Chanukah candles, which last approximately ½ hour, you must light no earlier than 42 minutes after sunset or 5:25 p.m.

On Friday night, Shabbos Chanukah, the Chanukah candles are lit <u>before</u> the Shabbos candles. The candles/oil must remain lit until approximately 6:00 p.m. Therefore, please be sure that you have large enough candles or enough oil to last from the time you light them until that time. On Motzai Shabbos, we light either right before Havdalah or immediately afterwards, but not before 5:25 p.m.

Office Phone 314-991-2100

Webpage: www.nhbz.org

Chapel Phone: 314-991-2100