



NHBZ Shabbos Bulletin

February 19, 2011

15 Adar I, 5771

Welcome to Nusach Hari B'nai Zion

Torah Portion Ki Sisa:
Haftorah:

Shemos 30:11 - 34:35
I Kings 18:20 - 18:39

Stone Chumash pages 484 - 515
Stone Chumash pages 1161 - 1162

This Shabbos bulletin is sponsored by *Joni and Bob Kaiser* in honor of *Rebecca's* 16th birthday. "Happy Sweet 16 Rebecca!"

Today

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Kenny Bressler**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Learners Service** (10:30 am) - Led by *Rabbi Chanan Swidler* in the Chapel.
- **Jr. Congregations** (10:30 am) - Girls Jr. Congregation and younger children meet in Children's Room with *Dodi Smason*; Boys Jr. Congregation will meet in the Auditorium with *Avrumi Smason*.
- **Kiddush** (following Musaf) - Kiddush is sponsored, planned and prepared by "**Kiddush Club**" members *Joni & Bob Kaiser and Linda & Menachem Szus and Leo Bressler*; everyone is welcome to join the Kiddush Club by sponsoring and creating a unique Kiddush of one's own design; this is an opportunity for you to 'own' a kiddush rather than simply 'consume' it. Today's theme ingredient is ...
- **Shabbos Study Group** (4:35 pm) - Studies in Tanach, led by *Menachem Szus*; everyone at any level of learning is welcome; now studying *Yeshayahu* (Isaiah).
- **Boys' Mishna Study Group** (4:35 pm) - With *Rabbi Smason*, for boys ages 10-17.
- **Mincha / Shalosh Seudos / Maariv** (5:05 pm)
- **Shabbos concludes** (6: 28 pm)



Tonight

- **'Movies After Dark'** (7:30 pm) - featuring "A Stranger Among Us" (1992) starring *Melanie Griffith*; in the private 30-seat theater at the Mansions on the Plaza, 8300 Delmar; *Rabbi Smason* will lead a discussion following the film; light refreshments will be available; thanks to **Jane Lyss** for organizing this monthly event; please invite your friends.



This Week

Davening Times	Shabbos Feb. 19	Sun. * Feb. 20	Mon. Feb. 21	Tues. Feb. 22	Wed. Feb. 23	Thur. Feb. 24	Fri. Feb. 25	Shabbos Feb. 26
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	5:05 pm	5:25 pm	5:25 pm	-	-	-	5:25 pm	5:15 pm
Maariv Only	-	-	-	6:30 pm	6:30 pm	6:30 pm	-	-

* Additional Mincha Minyan on Sunday - see details below

- **Sunday Learning** (tomorrow, Sunday Feb 20, following Shachris) - *Rabbi Chanan Swidler* of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** (tomorrow, Sunday Feb 20, 9:15 am - 10:00 am) - with *Rabbi Smason* for young men and women in the Rabbi's office.
- **Restaurant Night Out** (Sunday, February 20, 5:00 pm) - If you don't attend, we'll report, you decide! We will have an **extra mincha minyan at 4:45 pm.** for those attending the dinner; the regularly scheduled synagogue mincha & ma'ariv minyan will take place as scheduled at 5:25 pm.

- **Rabbi Smason's Lunch & Learn** (Wednesday, Feb. 23, 12:15 pm) - Now studying *Pirkei Avos* (*Ethics of the Fathers* in English), which deals with Jewish ethical and moral principles; Please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Buy and Use Your Pre-Paid Cash Cards** (Next Order Days are Feb 28 and Mar 15) - Earn free money for NHBZ. Order your cards this week! You pay with Cash Cards just like cash in hand !

Coming Events

- **Dine-In Pizza Night** (Sunday, Feb 27, 5:00 pm - 7:00 pm) - Please volunteer to help.
- **NHBZ Women's Home Study Group** (Tues. March 1) Topic is "The Six Constant Mitzvos."
- **Morris Lengua Yiddish Club** (First Thursday, March 3, 7:00 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Irvin Alper Social Club** (First Sunday, March 6, 5:00 pm)
-  **Shabbos Returns** (March 5) - See picture ad.
- **Special Kabbalat Shabbat** (March 11) led by Aryeh Needle, followed by Shabbos Dinner.
- **Carry-Out Pizza Night** (Wednesday, March 16) - Call in your order by Noon on Wednesday.
- **NHBZ Sisterhood Meeting and Lunch** (Tuesday, March 15)
- **Purim is Coming Soon** - Fast of Esther on Thursday, March 17; Megillah Reading on Saturday March 19 and Sunday March 20; Purim Seudah on Sunday March 20. See picture ad.
- **Garage Sale Part 2** (to be scheduled) - We welcome additional contributions of garage sale items (no more clothes, please) for a final garage sale blowout day.

Kashrus Alerts

- **Post Fruity Pebbles and Post Cocoa Pebbles** - Some boxes contain a promotional Fruity Pebble or Cocoa Pebble Treats Bar, which is **not Kosher**; the bar is double wrapped and does not touch the cereal, which is still certified **OK Kosher**.
- **Heirloom Farms Pomegranate Juice** (and possibly other products) bear an unauthorized OK symbol on the label; these products are **not Kosher**; corrective measures are being taken.

Meetings

- **Executive Committee** - Tuesday, Feb 22; Maariv at 6:30 pm; meeting at 7:00 pm.
- **Building Design Committee** - Tues., Mar 1; Maariv at 6:30 pm; meeting at 7:00 pm.
- **Board of Directors** - Tuesday, Mar 8; Maariv at 6:30 pm; meeting at 7:00 pm.



Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; tributes will be listed in this bulletin monthly.
For a Shul tribute, call Gloria Waxman at 314-872-3296
For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; We need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



Beyond Twelve Gates by Rabbi Ze'ev Smason

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

Parshas Ki Sisa

February 19, 2011

15 Adar I 5771

Welcome to Beyond Twelve Gates



Graciousness can pay priceless dividends. And it doesn't cost a thing. Karl Malone, the 6-foot-9, 256 pound former All-Star forward for the NBA's Utah Jazz, was at the Salt Lake International Airport baggage carousel waiting for his brother to arrive. A woman approached him and, as Malone was quoted, "said she needed a porter-boy. You know, someone to help her with her bags."

Malone was a wealthy and world-famous athlete at the time. He could easily have hurt the woman's feelings, rebuked her. But what did he do? Malone carried the woman's bags all the way to her car -- a blue Mercedes. Only when she reached for her purse to give him a tip did he in a friendly manner introduce himself and decline the offer.

Being gracious and selfless can turn any pauper into a prince. Become a class act by valuing and respecting the feelings of others.

Parshas Ki Sisa: Exodus 30:11 - 34:35

The portion begins with G-d's command to Moses to take a census by collecting an equal contribution of a half-shekel coin from every adult male between the ages of 20 and 60, with the profits going to the *Mishkan* (Tabernacle). G-d designates Bezalel, of the tribe of Judah, and Oholiav, of the tribe of Dan, to supervise the upcoming construction of the *Mishkan*. The mitzvah of Shabbat is then repeated to caution the nation that even the construction of the Mishkan does not supersede the observance of the weekly day of rest.



The Torah returns to the narrative of the Revelation at Mt. Sinai and describes the horrible sin of the golden calf. G-d relents to Moses' prayer that the Children of Israel should be spared from annihilation for this great transgression, and

Moses descends from the mountain with the two tablets of the Ten Commandments in hand. Upon witnessing a segment of the the population dancing around the golden calf, Moses smashes the tablets and burns the idol, initiating the process of repentance. Moses again ascends the mountain to pray to G-d that the Jewish people should be forgiven and regain their status as the chosen people. Moses eventually returns with the second set of tablets and a renewed covenant with G-d, his face radiant as a result of the Divine experience.

Rabbinical Ruminations

You may want to think twice about crossing someone from Detroit. And don't expect that fellow from Baltimore to take your ribbing lightly. And people from St. Petersburg? Well, they don't need any more excuses to punch your clock. On the other



hand, that slow-talking guy from Burlington, VT? He may be the most laid-back person you'll meet all day. At least that's what you'd expect from a listing of the 100 angriest cities in Men's Health Magazine this month. The fitness periodical took in factors like blood pressure statistics, FBI figures on aggravated assaults, as well as traffic-congestion and speeding numbers and the number of anger-management specialists per capita. Don't be ticked off at St. Louis' ranking -- the Gateway City was given a grade of C-, and ranked as 23rd angriest.

That which angers us, conquers us. People who fly into a rage usually make a bad landing. We often seem squeezed by money, the fast pace of life, and unreasonable people. Yet whether we feel and express anger depends in large part upon our perspective. "Anger," Benjamin Franklin said, "is never without a reason, but seldom a good one." The Talmud asks: Who is strong? He who can control his passions (Ethics of the Fathers, 4:1). Someone who can control his anger is better than a physically strong man who can conquer a city. Blowing up in anger can seriously damage our relationships, our health, and rob us of peace of mind and the joy of life.

We may not have complete control of our destiny, but we do have control over our perception of our suffering. True strength is the ability to control one's anger.

Quote of the Week

"Why should anybody care about what a movie star has to say? A movie star is nothing important. Freud, Gandhi, Marx -- these people are important. But movie acting is just dull, boring, childish work" -- Marlon Brando



Joke of the Week

A man and his wife were having an argument about who should brew the coffee each morning.

The wife said, 'You should do it because you get up first, and then we don't have to wait as long to get our coffee.'

The husband said, 'You are in charge of cooking around here and you should do it, because that is your job, and I can just wait for my coffee.'

Wife replies, 'No, you should do it, and besides, it's in the Torah that the man should do the coffee.'

Husband replies, 'I can't believe that, show me.'

So she fetched the Tenach and opened to 1Samuel 14:11 and read, "So the two of them showed themselvesand the Philistines said, 'Look! HEBREWS!'"

(Thanks to Janet Haber for the joke)



OYVEY!

Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list, or better jokes can be sent to Rabbi Smason at Pepshort613@gmail.com. Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at www.nhbz.org. If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his help in distributing BTG.

Nusach Hari B'nai Zion
8630 Olive Boulevard
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Robert Kaiser, President
Dr. Ethan Schuman, Chazan

Office Phone: 314-991-2100
Chapel Phone: 314-991-5494
Webpage: www.nhbz.org

Mazel Tov
On Simchas this week!
February 19 - 25, 2011

Happy Birthday

Rebecca Kaiser	Arnold Brody
Larry Chervitz	Frank Fox
Susan Manesberg	

Happy Anniversary
Jerry & Fran Cohen

Show your friends you care - **SEND A TRIBUTE**
 Shul: Call Gloria Waxman 314-872-3296
 Sisterhood: Phyllis Silverman 314-434-2482
 Libby Needle Fund: Sally Needle 314-991-2575



Shabbat
Shabbos, March 5
Two great options:

Shabbos services begin at 8:30 am
 Learner's Service begins at 10:00 am

Both services followed by break-out sessions for
 adults, teens and tots starting at 11:00 am

**Enjoy lunch with us following Synaplex Sessions
 in honor of March Birthdays & Wedding
 Anniversaries**

Did you know...
 that NHBZ provides babysitting every
 single Shabbos starting at 10:30 am?
 We do. Pass the word.



PIZZA PIZZA PIZZA
at NHBZ!!!

Lion's Den DINE- IN Pizza Night
SUNDAY, FEBRUARY 27 !!
5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread
 & Salad plus Dessert & Beverage
 Kids 3 & under FREE Kids 4-12: \$6.00 Adults: \$10.00

NEXT CARRY-OUT NIGHT IS MARCH 16

PURIM IS COMING

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Here are the mitzvahs and customs of Purim at NHBZ:

- 1. Give Charity to the Poor (Mitzvah of Matanot l'Evyonim)**
 Here are some ways to fulfill the mitzvah of giving charity to the poor on Purim.
 - **Od Yosef Chai** - For several years, NHBZ has collected money to give to Od Yosef Chai, an organization that distributes money to the poor in Israel. Make checks payable to **Od Yosef Chai** and bring or send them to our office. To donate by credit card, please call 314-991-2100, ext. 2. The deadline is **Thursday, March 17.**
 - **Hasta LaPasta Purim Palooza** - Buy special "pasta groggers" for \$4 each. Use the boxes of pasta as groggers during Megillah reading after which they will be donated to the Jewish Food Pantry in our community; proceeds will benefit the NHBZ Chesed Fund and the Rabbi's Charity Fund. Pay in advance, or buy them in shul when you arrive for Megillah reading on **March 19.**
- 2. Send Gifts to Friends (Mitzvah of Mishloach Manot)**
 Fulfill the mitzvah of Mishloach Manos! Give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else!! All proceeds will benefit our NHBZ Chesed Fund. Cards may be purchased in our office at \$10.00 per pack of 5 cards with envelopes, or \$25 for three 5-packs.
- 3. Fast of Esther Thursday, March 17,**
- 4. Read the Book of Esther (Mitzvah of Mikra Megillah) - Sat. night Mar 19 & Sun. morn Mar 20**
- 5. Eat a festive Purim meal (mitzvah of Seudat Purim) - Sunday night, March 20, 5:30 pm**
 Join us for our Purim Seudah, Hi-Jinks, and FUN for little kids, grown-up kids, and the young-at-heart!!! What's for dinner? Well, we thought "Middle East" and came up with Moroccan Chicken & other goodies **PLUS Mike the Balloon Man, Hamantashen compliments of our NHBZ Sisterhood, and we won't forget the Whiskey Slush! It wouldn't be Purim without Whiskey Slush!!!**

Adults: \$15.00, Kids 6-10: \$10.00, Kids 5 & under: FREE
 Reservations are a MUST! Call 314-991-2100, ext. 5. (To pay by credit card, ext. 2)