

NHBZ Shabbos Bulletin

July 23, 2011

Welcome to Nusach Hari B'nai Zion

21 Tammuz, 5771

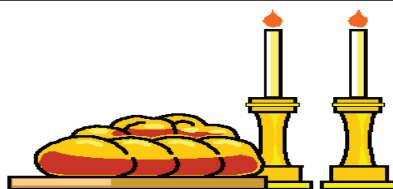
Torah Portion Mattos:
Haftorah Mattos:

Numbers 30:2 - 32:42
Jeremiah 1:1 - 2:3

Stone Chumash pages 900 – 917
Stone Chumash pages 1192 – 1193

Erev Shabbos - Friday, July 22

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (8:02 pm)



Shabbos - Saturday, July 23

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - LeYning: **Michael Shapiro**
 - Haftorah: **Kenny Bressler**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Girls Jr. Congregation** (10:30 am) - Girls Jr. Congregation and younger children meet in the Children's Room on the lower level with **Nina Levine** and **Georgia Laird**.
- **Kiddush** (following Musaf)
- **Shabbos Study Group** (7:00 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (7:15 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos** (7:45 pm)
- **Shabbos Concludes** (9:04 pm)



This Week

Davening Times	Shabbos July 23	Sun. July 24	Mon. July 25	Tues. July 26	Wed. July 27	Thur. July 28	Fri. July 29	Shabbos July 30
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:40 pm

- **Sunday Learning** (Sunday July 24 following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** - is on recess for the Summer.
- **Rabbi Smason's Lunch & Learn** (Wednesday, July 27, 12:15 pm) - Now studying *Pirkei Avos* (*Ethics of the Fathers* in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Buy and Use Cash Cards and Kohn's Scrip** (Monday – Friday) - Next Cash-card Order Days are **Monday August 1** and **Monday August 15**; earn free money for NHBZ; order your cards this week; buy Kohn's Scrip any time.
- **See Rabbi Smason's Article** – “Jewish Tips & Tools for Boards” in the Millstone Institute section of JewishinStLouis - <http://www.jewishinstlouis.org/blog.aspx?id=423>

Coming Events

- **Dine-in Pizza Night** (Sunday, July 31, 5:00 pm - 7:00 pm)
- **NHBZ Women's Home Study Group** (First Tuesday, August 2, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; All women are welcome; please join us!!!

Nusach Hari B'nai Zion
8630 Olive Boulevard
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Robert Kaiser, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-5494
Webpage: www.nhbz.org

- **Morris Lengua Yiddish Club** (First Thursday, August 4, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Irvin Alper Social Club** (Usually First Sunday, but no meeting until we're in the new building).
- **Special Carry-Out Pizza Night** (Sunday, August 7 – during the 9 Days) – Pizza AND SALAD; please place your order by Wednesday, August 3.
- **Tisha B'Av** (Tuesday, August 9) - Fast begins Monday, August 8, at 8:04 pm, and concludes Tuesday, August 9, at 8:45 pm; Shachris and Kinot will be at 8:00 am Tuesday followed by a special Tisha B'Av program at 9:30 am.
- **Young Family BBQ** (Sunday, August 21) – Stay tuned for details!
- **Regular Carry-Out Pizza Night** (none in August, next one IN THE NEW BUILDING)

Meetings

- **Executive Committee Meeting** (Tuesday, July 26, 7:30 pm following minyan)
- **Board Meeting – Special Date** (Wednesday, August 10, 7:30 pm following minyan) -
Please note: the regular meeting night on the 2nd Tuesday of the month is Tisha B'Av in August.



Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
For a Shul tribute, call Gloria Waxman at 314-872-3296
For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
For Libby Needle Fund, call Sally Needle at 314-991-2575
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **More Free Money for NHBZ** - Turn in unused Cell Phones, Chargers and Ink Jet Cartridges; Planet Green Recycling will safely dispose of them, and pay us, too!
- **Even More Free Money - Norma's Bakery is open!** - Every purchase from Norma's Bakery includes a donation to NHBZ; To order, call Norma Yabeta at 314-398-1044 or send email to lemuriana999@hotmail.com.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.
- **Even More Volunteer Opportunities** - Our new shul is nearly complete and there is still much work to be done. If you would like to help on one of the following committees, please contact Lenny Alper at 314-993-4024: memorial boards, recognition plaques, mechitza, kitchen appliances, lobby decor, chapel decor, landscaping, moving, or you-name-it.
- **Be a PACKING & PITCHING PARTNER!!!** - Every Monday morning until we move, William and Sandie will be working together to PACK whatever we won't be using until after we move, and PITCH as much as possible. This coming Monday, they will be working in the MEAT KITCHEN and the WEST STORAGE ROOM. They could use your help. If you're available - **PLEASE SHOW UP!!!**



Beyond Twelve Gates by ***Rabbi Ze'ev Smason***

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Mattos

July 23, 2011

21 Tammuz, 5771

Welcome to Beyond Twelve Gates

What, Me Worry?



In 2009 the residents of Samoa braced for chaos and possible carnage in their peaceful country. It wasn't a tsunami, earthquake or sudden war they were preparing for. The Pacific island nation of 180,000 people prepared to implement a new

law requiring motorists to drive on the opposite side of the road. The reason for the switch to left-side driving was economic, opening the nation to low-cost, used cars from left-driving Australia and New Zealand. But many citizens feared traffic chaos, crashes, and possible fatalities. Opponents to the switch staged the largest demonstrations in the country's history. An organization named PASS (People Against Switching Sides) was organized to lobby the government into reversing the impending law. Churches were packed in the lead up with members praying for protection.

In spite of all the hubbub, the law went into effect, the country managed to adjust without incident, and Samoa reaped economic benefits from the change. It is important to train oneself to look positively upon life's situations. Often what appears as 'bad' or 'negative' ends up being a blessing. Meanwhile, we may have invested time and energy into unnecessary worry. It has been said that that worry can be defined as interest paid on a debt which often times never comes due. What can we do to look at challenging situations in a positive light? A Hebrew expression, ***gam zu l'tova***, means 'this too is for the best.' When things don't seem to be going your way, say ***gam zu l'tova***. At times, hidden blessings turn out to be the sweetest blessings of all.

Parshas Mattos - Numbers 30:2 - 32:42

Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. The Jewish people go to war against Midian. They kill the five Midianite kings, all of the males, and *Bilaam*. Moses is upset that women were taken as captives, because they were catalysts for the immoral behavior of the Jewish People. He rebukes the officers. The spoils of war are counted

and apportioned. The commanding officers report to Moses that there was not one casualty among the *Bnei Yisrael*.



In anticipation of entering the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer'

Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance.

The Tribes of Gad and Reuben, who own large quantities of livestock, petition Moshe to remain where they are and not traverse the Jordan river into Israel. They explain that the land where they are presently located is quite suitable as grazing land for their livestock. Moshe's initial response is that this request will discourage the rest of the *Bnei Yisrael*, and is akin to the sin of the spies. They assure Moshe that they will first help *Bnei Yisrael* wage war and conquer Israel, and only then will they go back to their homes on the eastern side of the Jordan River. Moshe grants their request on condition that they uphold their part of the deal.

Rabbinic Ruminations

Ever notice how some couples who've been married a long time start resembling each other?



In 1987 Robert Zajonc, a psychologist at University of Michigan, conducted a study in which he randomly collected photographs of two dozen couples, taken when they were just married. Generally, those in the photos were about 25 years old. The researchers then took or collected relatively fresh photos of the subjects, who were generally 50 to 60 years old. College undergrads were then asked to pair up the married couples, both then and now. With the young faces, the students did no better than chance at linking the husbands and wives. They did significantly better with the more recent photos.

How did Dr. Zajonc explain the results? Over time, husbands and wives deepen in their habit of

mimicking one another, especially in facial expressions. This daily imitation, said Dr. Zajonc, would leave wrinkles around the mouth and eyes, alter the bearing of the head, and the overall expression. Eventually it would produce changes that made spouses appear more similar than they originally were. Dr. Zajonc also discovered that the greater their acquired facial resemblance, the happier their marriage.

Most of us, if we aren't already, will end up getting married at some point in our lives. What is the role of love in a marriage? True love comes after marriage. The Torah says that Isaac took Rebecca into his tent and **then** he loved her (Genesis 24:67). Just as married couples begin to physically resemble each other, love grows continuously as your understanding and appreciation of your spouse grows. As the saying goes, 'the older the violin, the sweeter the music.'

Quote of the Week

"You've got to follow that dream, wherever that dream may lead." – song written by Fred Wise and Ben Weisman, performed by Elvis Presley



Joke of the Week

A man goes to a specialist for a medical problem. After the visit the man asks, "How much do I owe you?"

"My fee is five hundred dollars," replies the physician.

"Five hundred dollars? That's impossible. No one charges that much!"

"In your case," the doctor replies, "I suppose I could adjust my fee to three hundred."

"Three hundred dollars for one visit? Ridiculous."

"Well then, could you afford two hundred?"

"Who has that kind of money?"

"Look," replies the doctor, growing irritated, "just give me fifty bucks and get out."

"I can give you twenty," says the man. "Take it or leave it."

"I don't understand you," says the doctor. "Why did you come to the most expensive doctor in New York if you have no money?"

"Listen, Doctor," says the patient, "when it comes to my health, nothing is too expensive!"



**2011 SPECIAL GIFTS
CAMPAIGN IS
STILL UNDERWAY**

A "SPECIAL GIFT" is a donation you make to NHBZ that is **above and beyond** annual dues and any specific funds, tributes or honors to which you might have contributed. Those who make a "special gift" above a specified amount will be honored at the annual Special Gifts Event.

The phone-a-thon is over but the Special Gifts Campaign continues. It's NEVER TOO LATE to make a Special Gift pledge to help our shul. Call Sandie, 314-991-2100, ext. 2.

***Don't miss the
Special Gifts Event!***

Mazel Tov
On Simchas this week!
July 23 - July 29, 2011 !

Happy Birthday

Bertha Berman
Larry Freistein

Happy Anniversary

Moshe & Louise Givon

Show your friends you care - SEND A TRIBUTE
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

**Pre-paid Cash-Card Program
VACATION EDITION**

Are you going on vacation this year?

**Whether you are going near or far,
you can earn significant money for NHBZ
AT NO EXTRA COST TO YOU**

**You can use pre-paid cash-cards for
airlines, car rentals, hotels and more!**

Here are examples (**no extra cost to you**):

- American Airlines, Avis Car Rental, Budget Car Rental, Carnival Cruise Lines, All Marriott Bran Hotels, Omni Hotels and Ritz-Carlton Hotels return **8% of your cash card expense to NHBZ!**
- Hyatt Hotels **return 9% to NHBZ!**
- Best Western and Fairmont Hotels **return 12% to NHBZ!**

There are **dozens** of retail stores to choose from too, and each one donates a percentage of your purchase to NHBZ - up to **25%!**

And it costs you nothing!

We order cards on the 15th and 30th of each month. Detailed information is available at www.nhbz.org.

Don't hesitate to call if you have questions:

Janet Haber 314-567-7406 or
Bert Zakroff 413-220-0674

**Do you EAT?
Do you SHOP?**

Then please remember to use your

Schnuck's e-Scrip Card !

Easy donations for NHBZ and
not a penny out of your pocket.
Just hand your e-Scrip Card to
the checker before you check out.

A percentage of your total
is donated to NHBZ!

**Need a card?
Call Bert Zakroff,
220-0674.**

School Supplies

Every summer we have shopped and generously purchased all sorts of school supplies so that all kids would have what they need for the new school year.

Now, we are getting organized for our big move and aren't physically able to handle the collection and storage of notebooks, backpacks, pens, paper and the world of other items kids will need. *BUT*, we don't want to forget those kids who really need our help!!! So, don't bother with shopping this year. Instead, we ask that you write a check to NHBZ and we will then pass along that "purchase power" to the schools, organizations, and individual families to make a great first day of school for every kid!!!

Thanks to **Rachael Pevnick** for this wonderful idea that allows us to go forward with our School Supply Drive!!!





**PIZZA PIZZA PIZZA
at NHBZ!!!**

**Lion's Den DINE- IN Pizza Night
SUNDAY, JULY 31 !!**

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread & Salad plus Dessert & Beverage

Kids 3 & under FREE Kids 4-12: \$6.00 Adults: \$10.00

**NEXT CARRY-OUT NIGHT IS A SPECIAL DATE:
SUNDAY, AUGUST 7**

Please place orders by Wednesday, August 3

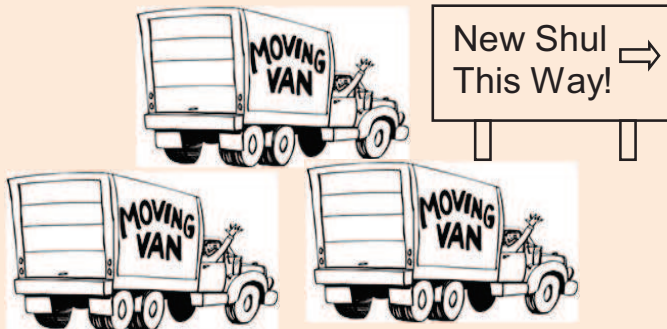
Monument Dedication for

Harold Fadem

Sunday, July 24th, 11:30 a.m.

Chesed Shel Emes Cemetery

White Road



Be a PACKING & PITCHING PARTNER!!!

Every Monday morning until we move, William and Sandie will be working together to **PACK** whatever we won't be using until after we move, and **PITCH** as much as possible. This coming Monday, they will be working in the **MEAT KITCHEN** and the **WEST STORAGE ROOM**. They could use your help. If you're available –

PLEASE SHOW UP!!!

LOST & FOUND

If you have any personal belongings that you have left around the old building, please make sure to remove them before the end of July. There are "things" hanging on coat racks upstairs and down; there are women's belongings in the armoire in the downstairs ladies room. Please take your tallis and tefillin home during the move.

Tisha B'Av

Tisha B'Av, the Fast of the Ninth of Av, is a day of mourning that commemorates the numerous tragedies that have befallen the Jewish people, many of which coincidentally have occurred on the ninth of Av, including the destruction of the 1st and 2nd temples in Jerusalem.

The fast begins Monday, August 8, 8:04 pm, and ends Tuesday, August 9, at 8:45 pm. Shachris and Kinos will be at 8:00 am Tuesday. At 9:30 am, we will view the DVD "Pikuach Nefesh/ Saving A Life: The dramatic, neglected, and inspirational stories of two of Klal Yisrael's great heroes, Rav Michael Ber Weissmandl of Nitra and Rav Shlomo Schonfeld of the Kindertransport.

At 2:00 pm, the Holocaust Museum will screen "A Film Unfinished" which is made up of scenes shot in the Warsaw Ghetto by the Nazis, for propaganda purposes. **Rabbi Ze'ev Smason** will give an introduction to the film, and lead a post-film discussion.

MinyanMan Tip # 9

If you know in advance that you won't be able to attend your regularly scheduled minyan, please inform Howard or the Rabbi in advance. For extra credit - ask a friend to take your place. For double extra credit - volunteer to attend a different minyan during the week.

Howard Sandler (409-7266)
Rabbi Smason (749-5271)
Chapel (991-5494)

Don't be L7; be P³ (Packing & Pitching Partner)