

NHBZ Shabbos Bulletin

July 2, 2011

Welcome to Nusach Hari B'nai Zion

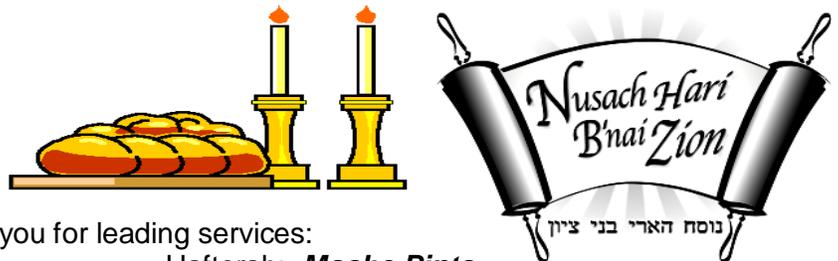
30 Sivan, 5771

Torah Portion Chukas:	Numbers 19:1 - 22:1	Stone Chumash pages 839 – 855
Maftir Shabbos Rosh Chodesh:	Numbers 28:9 – 28:15	Stone Chumash page 890 - 892
Haftorah Shabbos Rosh Chodesh:	Isaiah 66:1 – 66:24, plus	I Samuel 20:18, 20:42
		Stone Chumash pages 1208 - 1210

This Bulletin is sponsored by **Craig & Jackie Berkin** and **Sally Needle** in honor of **Vivian Zarkowsky's** Special Birthday, AND BY **Alan, Daniel, Brooke, Blake & Reed, and Asher & Chai** to wish a special Happy Birthday and Love to **Vivian Zarkowsky**.

Erev Shabbos - Friday, July 1

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (8:11 pm)



Shabbos - Saturday, July 2

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Moshe Pinto**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Eli Shapiro** of the St. Louis Kollel
- **Girls Jr. Congregation** (10:30 am) - Girls Jr. Congregation and younger children meet in the Children's Room on the lower level with **Nina Levine** and **Georgia Laird**.
- **Kiddush-Lunch** (following Musaf) - is sponsored by **Kurt & Sandy Kahn** in honor of their Wedding Anniversary and their Birthdays; thanks to '**POP-Star**' of the week **Ruth Alper** for sponsoring soda in honor of the birthdays of Fran, Caryn and Joanna Alper; thanks to **Lenny Alper** for the birthday cake to say Happy Birthday to **Fran, Caryn and Joanna Alper**; thanks to **Geri Goldberg** and **Robin Rickerman** for a special dessert treat to say Happy Birthday to **Aaron Goldberg!**
- **Shabbos Study Group** (7:05 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (7:20 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos** (7:50 pm) - Shalosh Seudos is sponsored by **Sarah Klein** in memory of her beloved mother, **Matti Griner, z"l**.
- **Shabbos Concludes** (9:14 pm)



This Week

Davening Times	Shabbos July 2	Sun. July 3	Mon. * July 4	Tues. July 5	Wed. July 6	Thur. July 7	Fri. July 8	Shabbos July 9 *
Shachris	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm

* Independence Day

* Rosh Chodesh

- **Sunday Learning** (Sunday July 3 following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** - is on recess for the Summer.
- **NHBZ Women's Home Study Group** (First Tuesday, July 5, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; All women are welcome; please join us!!!

- **Rabbi Smason's Lunch & Learn** (Wednesday, July 6, 12:15 pm) - Now studying *Pirkei Avos* (Ethics of the Fathers in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Morris Lengua Yiddish Club** (First Thursday, July 7, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Buy and Use Cash Cards and Kohn's Scrip** - Next Cash-card Order Days are **July 15** and **August 1**; earn free money for NHBZ; order your cards this week; buy Kohn's Scrip any time.

Coming Events

- **Rosh Chodesh** (Shabbos, July 9 and Sunday, July 10)
- **Irvin Alper Social Club** (First Sunday, but no meeting in July)
- **Birthday & Anniversary Lunch & Learn** (July 9) - honoring birthdays and anniversaries in July; Rabbi Smason will speak on the topic "Is Reincarnation a Jewish Concept?"
- **Carry-Out Pizza Night** (Wednesday, July 13)
- **Dine-in Pizza Night** (Sunday, July 31, 5:00 pm - 7:00 pm)
- **Special Carry-Out Pizza Night** (Sunday, August 7 – during the 9 Days) – Pizza AND SALAD

Meetings

- **Board of Directors** - (Tuesday, July 12, 7:30 pm following minyan) – **IN NEW BUILDING!**
- **Executive Committee Meeting** - (Tuesday, July 26, 7:30 pm following minyan)



Reminders

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
For a Shul tribute call Gloria Waxman at 314-872-3296; For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482; For Libby Needle Fund, call Sally Needle at 314-991-2575.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Cash Cards; call Scrip and Cash Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Even More Free Money - Try Norma's Bakery!** - Every purchase from Norma's Bakery includes a donation to NHBZ; To order, call Norma Yabeta at 314-398-1044 or send email to lemuriana999@hotmail.com.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer - 991-2100.
- **Even More Volunteer Opportunities - Our new shul is nearing completion**, but there is still much work to be done. If you would like to help on one of the following committees, please contact *Lenny Alper* at 314-993-4024: memorial boards, recognition plaques, mechitza, kitchen appliances, lobby decor, chapel decor, landscaping, moving, or you-name-it.

Beyond Twelve Gates by ***Rabbi Ze'ev Smason***

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Chukas

July 2, 2011

30 Sivan, 5771

Welcome to Beyond Twelve Gates



Like the rest of her graduating class at Vacaville (CA) High School, valedictorian Carolyn Fine prepared for the big day this past May. But because the commencement exercise fell out on Shavuot -- a major Jewish holiday commemorating the giving of the Torah at Mount Sinai -- the 18-year-old faced a dilemma: Should she give the traditional valedictorian's speech with a microphone, or follow her faith? Carolyn worked with school officials to let her do both. In observance of the holiday Carolyn did not deliver the speech through a microphone. Instead, she walked to the ceremony and stood at the podium as her prerecorded speech was played. In reflecting upon her struggle to remain faithful to Judaism Carolyn said, "Life gives you a lot of these decisions, and there's usually an easy way and a hard way. And the hard way is usually the right way."

Faith and prayer have been described as vitamins of the soul; we cannot live in health without them. Life presents many obstacles when we seek to stand by our faith. However, when we succeed in putting into practice our spiritual and religious values and principles, we bring multiple blessings into our lives and create a *Kiddush HaShem* -- a sanctification of G-d's name -- like the *Kiddush HaShem* created by Carolyn Fine.

Parshas Chukas - Numbers 19:1 - 22:1



This week's action-packed portion begins with the paradox of the Red Heifer, a mitzvah we are asked to perform even though we are unable to understand its purpose and reason. The narrative then jumps to the death of the prophetess Miriam. The people are then left without water, since the miraculous well which had accompanied them in the desert existed only in her merit. G-d commands Moses and Aaron to speak to a particular rock so it will miraculously produce water; Moses strikes it with his staff instead, and G-d tells the two leaders they will not enter the Promised Land. What did Moses do wrong?

One classic approach suggests that Moses' sin was

that he became angry (he said to the Jewish people, 'Listen now, you rebels'). Although the best of us can occasionally lose our temper, teachers and parents carry a special responsibility to be good role models for their students and children. Little pitchers have big ears! Later in the portion, the king of Edom refuses to let the Jewish people pass through his borders, causing them to take a longer route. Aaron dies and is buried on Mount Hor. The Children of Israel sing a song of praise about the well of Miriam. The portion concludes with the battles and victories over Sichon the king of Emori and Og the king of Bashan.

Rabbinic Ruminations



Words speak volumes about what's going on in our heads - and pronouns, in particular, reveal where our attention is aimed. "You can be focused on yourself for many reasons,"

says James Pennebaker, psychologist and author of "The Secret Life of Pronouns." "Once you appreciate that the 'I' tracks attention, you see it's a powerful marker of a speaker's psychological state." One way in which tiny pronouns reveal big truths is through an analysis of thousands of blogs after 9/11. There occurred a big drop in "I" words after the attacks; use of the first person plural "we" jumped at an even higher rate. Dr. Pennebaker also pointed to research indicating that women are generally more self-reflective and self-aware than men. Studies show that 14.2% of women's words are personal pronouns compared to 12.7% for men. "This is a huge statistical difference," the psychologist said.

It has been said that life is a mirror and will reflect back to the thinker what he thinks into it. Self-reflection enables us to increase self-awareness, be responsive when others suffer, and to act kindly toward humanity. In the famous Biblical passage, "You shall love your fellow as yourself," the Torah directs us to an attitude, with actions as an anticipated result. Self-reflection (that which you want others to do unto you) is essential to define how you should relate to others. Becoming fully responsible and sensitive human beings and Jews is dependent upon our ability to self-reflect.

Nusach Hari B'nai Zion

8630 Olive Boulevard
(soon 650 N. Price Road)
Saint Louis, MO 63132

Ze'ev Smason, Rabbi

Aaron Borow, Rabbi Emeritus
Robert Kaiser, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100

Chapel Phone: 314-991-5494
Webpage: www.nhbz.org

Quote of the Week

"The best day of your life is the one on which you decide your life is your own. No apologies or excuses. No one to lean on, rely on, or blame. The gift is yours - it is an amazing journey - and you alone are responsible for the quality of it. This is the day your life really begins." - Bob Moawad, Chairman and CEO of Edge Learning Institute, Inc., consultants who specialize in education and human development.



Joke of the Week

A young rabbi from New York was invited to serve in a small old synagogue in a Midwestern community.

On his very first Shabbos, a hot debate erupted as to whether one should stand during the Kaddish prayer.

The next day, the rabbi visited 98 year-old Mr. Katz in the nursing home. "Mr Katz, I'm asking you, as the oldest member of the community," said the rabbi, "what is our synagogue's custom during Kaddish?"

"Why do you ask?" asked Mr. Katz.

"Yesterday when we said Kaddish, some people stood, some people sat. The ones standing started screaming at the ones sitting, telling them to stand up. The ones sitting started screaming at the ones standing, telling them to sit down....."

"That," said Mr. Katz, "is our custom."





PIZZA PIZZA PIZZA
at NHBZ!!!

CARRY OUT NIGHT:
WEDNESDAY, JULY 13 !!

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR ORDER AN UN-COOKED PIZZA TO FREEZE OR BAKE AT HOME!!
Cheese Pizza ~ \$12.00 Toppings ~ 75c each
Extra-Cheese, mushrooms, onions, tomatoes, basil, greenpeppers, sliced olives, pineapple

PLACE YOUR ORDER ~ 314-991-2100, ext. 2
Deadline to Order: 12:00 noon on July 13

NEXT DINE-IN NIGHT IS JULY 31



NHBZ NEEDS YOU

NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; We need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee, you-name-it!

Don't forget minyan!

LOST & FOUND

If you have any personal belongings that you have left around the old building, please make sure to remove them before the end of July. There are "things" hanging on coat racks upstairs and down; there are women's belongings in the armoire in the downstairs ladies room. Please take your tallis and tefillin home during the move.



Pre-paid Cash-Card Program

Do you buy prescriptions at Walgreens or CVS?
Do you buy them monthly?

Well! We have a deal for you!

You can use a pre-paid cash-card for your purchases & earn \$\$ for NHBZ!

For example, if you spend \$25 per month at Walgreens or CVS for one year, you will earn \$24 (8% of your purchase) for NHBZ. If you spend \$50 per month for one year, you will earn \$48 for NHBZ.

If 25 people do this,
we will earn \$1200 for NHBZ!

There are **dozens** of stores to choose from, and each one will donate a percentage of your purchase to NHBZ - some of them up to **25%**!

And it costs you nothing!

We order cards on the 15th and 30th of each month. Detailed information is available at www.nhbz.org.

Don't hesitate to call if you have questions:

Janet Haber 314-567-7406 or
Bert Zakroff 413-220-0674

Thanks to those who bought cash cards in June:

Bob & Sandie Abrams
Fran & Lenny Alper
Ruth Alper
Eldad & Danielle Bialecki
Denny Feit
Esther Gelb
Alan Gelb
Alan & Janet Haber
Bob & Joni Kaiser
Bobby & Sheryl Levine
David & Fran Reisler
Sid & Phyllis Silverman
Rabbi Ze'ev & Chani Smason
Bert & Tzipporah Zakroff
Alan & Vivian Zarkowsky

Norma's Bakery is Open

Enjoy fresh baked homemade challah and cake, and support **NHBZ** at the same time!

Every purchase includes a donation to **NHBZ** & it still costs less than other "home" kosher bakeries

All baked goods are pareve and prepared in the NHBZ kitchen under RABBINIC SUPERVISION of Rabbi Ze'ev Smason

Challah, medium	\$4.50	(\$1.00 to NHBZ)
Challah, large	\$6.00	(\$2.00 to NHBZ)
Lemony Lemon Cake	\$8.00	(\$2.00 to NHBZ)
Chocolaty Chocolate Cake	\$8.00	(\$2.00 to NHBZ)
Fresh Apple Apple Cake	\$8.00	(\$2.00 to NHBZ)

Call Norma Yabeta at 314-398-1044 before Noon on Wednesday so your order will be ready for pick up before Shabbos.

CLEAN UP TO MOVE

We are ready to start discarding items that we are not moving to our new building. This week, we are featuring the items left over from our 'garage' sale. We need people to pack up everything and drop it off at the Goodwill store east of us on Olive. While you are packing the rummage, if there is anything that you would like - it's yours!!! Put your packing team together and please call Sandie with the day and time you can help us. 314-991-2100

**Do you EAT?
Do you SHOP?**

Then please remember to use your

Schnuck's e-Scrip Card !

Easy donations for NHBZ and **not a penny out of your pocket.** Just hand your e-Scrip Card to the checker when you check out.

A percentage of your total is donated to NHBZ!

**Need a card?
Call Bert Zakroff,
220-0674.**

The Crown Center for Senior Living
Invites Members of the community
to a Kosher Dining Experience

Dinner is generally served Monday through Friday from 5:00 to 5:30 p.m. (Friday dinner begins at 4:45 p.m.), depending on the time of the year. Dining days and times are subject to change.

Suggested donation is \$3.00 for age 60 and older, and \$7.00 for age 59 and under, but we encourage patrons to give what they can to the donation box in the dining room. Make out checks to Crown Center Meal Site. Payment options are available.

Please make a reservation by 9:00 am the day you are planning to join us. Call 991-2055 ext. 124 and leave a message with your name, phone number, and the date of the requested meal and if you need a call back for confirmation.

Kosher dinners are prepared on-site by Jon Rubin Catering under the supervision of the Vaad Hoer.

Contact Florence Schachter, at 991-2055 if you have questions.

Mazel Tov
 On Simchas this week!
 July 2 - July 8, 2011 !

Happy Birthday

Jane Lyss Frances Cohen
 Fran Alper Joanna Alper
 Caryn Alper Frieda Smason

Happy Anniversary

Rose & Gerald Cohen
 Loren & Ileana Abrams
 Milton & Sally Tofle
 Louis & Shirley Osheroff

Show your friends you care - SEND A TRIBUTE
 Shul: Call Gloria Waxman 314-872-3296
 Sisterhood: Phyllis Silverman 314-434-2482
 Libby Needle Fund: Sally Needle 314-991-2575

NHBZ Giving Opportunities

NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year. To provide such a facility, the congregation depends upon gifts and contributions above and beyond members' dues. In giving to NHBZ, you fulfill an important mitzvah. We have established numerous ways to contribute to NHBZ listed below. Call the office at 314-993-4024 for details.

- **TRIBUTES** - Honor someone's simcha or good health or a loved one's memory
- **CAPITAL CAMPAIGN** - Help build our new shul
- **SYNAGOGUE HONORS** - It is customary to make a donation to the congregation for an Aliyah or other honors
- **SPECIAL GIFTS CAMPAIGN** - A special gift is a donation above and beyond annual dues and any specific funds.
- **SPONSORSHIPS** - Sponsor kiddush, Soda, Shalosh Seudos, or this bulletin
- **PLAQUES** - Honor or memorialize friends, relatives and events
- **BOOK FUNDS** - Purchase, repair or dedicate books
- **EDUCATIONAL FUNDS** - Help students and teachers
- **SPECIAL PURPOSE FUNDS** - Donations are used for various purposes



2011 SPECIAL GIFTS
CAMPAIGN IS
NOW UNDERWAY

A "SPECIAL GIFT" is a donation you make to NHBZ that is **above and beyond** annual dues and any specific funds, tributes or honors to which you might have contributed. Those who make a "special gift" above a specified amount will be honored at the annual Special Gifts Event.

The phone-a-thon is over but the Special Gifts Campaign continues. It's NEVER TOO LATE to make a Special Gift pledge to help our shul. Call Sandie, 314-991-2100, ext. 2.

***Don't miss the
 Special Gifts Event!***