

# NHBZ Shabbos Bulletin

June 2, 2012

Welcome to Nusach Hari B'nai Zion

12 Sivan, 5772

Torah Portion Naso  
Haftorah Naso

Numbers 4:11 – 7:89  
Judges 13:2 – 13:25

Stone Chumash pages 748 - 773  
Stone Chumash pages 1181- 1182

Welcome to Scholar in Residence Weekend with **Dr. Jeffrey Lichtman**

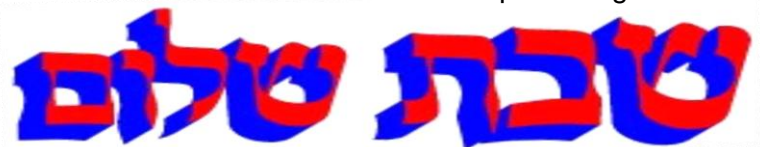
## Erev Shabbos - Friday, June 1

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (7:50 pm) followed by Shabbos Dinner
- **After dinner, Dr. Jeffrey Lichtman** will speak on "Faith in the Face of Life's Challenges"



## Shabbos - Saturday, June 2

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
  - Pesukei D'Zimra: **Howard Sandler** - Haftorah: **Alan Haber**
  - Shacharis: **Dr. Ethan Schuman** - Sermon: **none today**
  - Leyning: **Rabbi Boaz Shahak** - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 am – Noon) – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – Noon) – for children ages 4-8, in the Youth Lounge on the lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush and Lunch** (following Musaf) - **MAZEL TOV** to our friends celebrating birthdays and wedding anniversaries in June! Our celebrants invite you to Kiddush & Lunch; please listen to announcements for location of Kiddush; after Kiddush, please wash, be seated and silent until **Rabbi Smason** makes HaMotzi.
- **Scholar-in-Residence** - after lunch **Dr. Jeffrey Lichtman** will speak on the topic "All in the Family: Celebrating Diversity Within Our Community Family."
- **Shabbos Study Group** (6:45 pm) - Studies in Tanach, **led by Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Mincha/Shalosh Seudos/Ma'ariv** (7:45 pm) - Thanks to Norma Finer Perll for sponsoring Shalosh Seudos this evening in memory of Joseph R. Perll.
- **Shabbos Concludes** (9:05 pm)



## This Week

Davening Times	Shabbos June 2	Sun. Jun 3	Mon. Jun 4	Tues. Jun 5	Wed. Jun 6	Thur. Jun 7	Fri. Jun 8	Shabbos Jun 9
Shachris	9:00 am	8:00 am	7:00 am	7:00 pm	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm
Events (What a Week!)	Scholar-in-Residence Lunch; Shalosh Seudos	Schol-in-Res; Learn; RAP; Pizza; Social Club; Tanya	Grief Support; Buy Cash Cards	Women's Home Study Group	Lunch 'n' Learn	Shechita Class; Yiddish Club	Erev Shabbos	Shabbos; Sponsored Kiddush & Lunch

- **Sunday Learning** - (Sunday, June 3, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.

- **Scholar-in-Residence Community Lecture** (Sunday, June 3, 10:00 am) - **Dr. Jeffrey Lichtman** will speak on the topic "How to Develop Your Child's Potential"
- **RAP with the RABBI Teen Group** – (Sunday, June 3, 10:15) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price, with complimentary drinks to all participants!
- **Dine-In Pizza Night** (Sunday, June 3, 5:00 pm – 7:00 pm) – **ONE WEEK LATE, due to Shavuot.**
- **Irvin Alper Social Club** (First Sunday, June 3, **6:00 pm**) – join us at Pizza Night for supper, social hour, and a movie in the Teen Lounge; please RSVP to Ruth Alper at (314) 569-2877.
- **Tanya Class** (Sunday, June 3, 8:00 pm)
- **Grief Support Group** (Monday, June 4, 6:45 pm)
- **NHBZ Women's Home Study Group** (First Tuesday, June 5, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; all women are welcome; please join us!
- **Rabbi Smason's Lunch & Learn** (Wednesday, June 6, 12:15 pm) - in the Teen Lounge; now studying *Pirkei Avos* (*Ethics of the Fathers*, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- **Shechita Class** (Thursday, June 7, 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.
- **Morris Lengua Yiddish Club** (First Thursday, June 7, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; "mavens" as well as novices are welcome.
- **Buy and Use Cash Cards** (Monday – Friday) – Next order dates are **Friday, June 15 and Thursday, June 28**; buy 'em before these dates and earn free money for NHBZ.

## Coming Events

- **Kiddush** (Saturday, June 9) - will be sponsored by **Bob, Hannah** and **Rebecca Kaiser** in honor of their wife and mother, **Joni Kaiser**, celebrating her 50th birthday! Happy Birthday Joni - but we don't believe you're 50!
- **Carry-Out Pizza Night** (Wednesday, June 13) – please place orders by Noon on June 13
- **Women's Guide to Time** (Monday, June 25, 7:30 pm) - presented by **Rebbitzen Chani Smason**; Jewish month = Tammuz; theme = separation; sign = crab; focus = free will; Sound interesting? See you at NHBZ in the Teen Lounge!
- **Legacy Shabbos** (Saturday, July 14) – **NEW DATE** - stay tuned for more information.

## Meetings

- **Board of Directors** (Tuesday, June 12, following minyan at 7:00 pm)
- **Executive Committee** (Tuesday, June 26, following minyan at 7:00 pm)



OYVEY!

## Kashrus Alerts

- **TRADER JOE'S CHOCOLATE CHIPS** – are no longer certified Pareve; they are certified dairy (non-cholov Yisroel) when bearing the OK-D symbol on the label.
- **MAGGIE MOOS** - is under new ownership and will change its name in the future; however, at this time the only known change is that the sorbets are not certified kosher due to changes in ingredient suppliers; the Vaad Hoer will notify the public of any other changes if they occur.



## Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you; please call the office to volunteer.



# **Beyond Twelve Gates by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Naso

June 2, 2012

12 Sivan, 5772

## **Welcome to Beyond Twelve Gates**



*A Touch of Class* was an award-winning 1973 British comedy film with George Segal and Glenda Jackson. A real-life *Touch of Class* was shown earlier this month by the NFL Tampa

Bay Buccaneers and their coach, Greg Schiano. Eric LeGrand, a former Rutgers football player, was paralyzed during a game in 2010. Despite being told that he would be a quadriplegic, Eric persevered. Five weeks after the injury, he resumed breathing on his own. Later, he even became able to stand upright with the help of a metal frame. Despite the remarkable recovery, Eric's life-long goal of a career in the NFL seemed over -- until Coach Schiano stepped in.

With the Coach's urging, the Tampa Bay Bucs signed Eric LeGrand to their 90-man offseason roster. Although the move was symbolic, and there was no money involved, Eric was ecstatic. "This was a dream come true for me. I always wanted to go to the NFL - that was my career goal in life. Circumstances dictated it differently, but I can at least say I'm there now. I'm on a team. I'm on a roster." For his part, Greg Schiano deflected any credit for his act of kindness. "This small gesture is the least we could do to recognize (Eric's) character, spirit, and perseverance," the Coach said.

We can never know when a moment and a few sincere words can have an impact on a life. Many go to bed hungry every night, but many more go to bed hungry for a simple word of encouragement and recognition. "G-d is good to all, and His mercy is upon all His works" (Psalms 145:9). We should strive to emulate the compassion and kindness of the Almighty.

## **Parshas Naso – Numbers 4:21 – 7:89**



Among the topics appearing in Naso is the mitzvah of the 'Sotah'. When compelling circumstantial evidence suggests an act of marital infidelity may have taken place, the Torah provides a means to clarify the hoped-for innocence of the suspect parties. Contained in this mitzvah is dissolving G-d's name that was written on a parchment. We learn from this the supreme importance of shalom bayis - peace in the

home. If G-d allows His Holy Name to be erased for the sake of peace between husband and wife, certainly each of us should seek shalom bayis with our spouses and other family members. What can each of us do to increase shalom bayis with those whom we love? Parshas Naso also describes the nazir - an individual who takes a vow to refrain from drinking wine, cutting his hair, and other restrictions. Remember the story of Samson? Samson - who was a nazir - was the great Jewish judge and hero who 'brought down the house.'

## **Rabbinic Ruminations**



How much can a 16-year-old really know? Quite a bit, it turns out. Shouryya Ray, of Germany, has become the first person to solve a mathematical problem posed by Sir Isaac Newton more than 300 years ago. Shouryya tackled two theories that physicists have previously only been able to approximate by using computers with partial solutions: How do you account for air resistance in calculating the trajectory of a ball thrown at an angle? And precisely how does a ball thrown against the wall rebound? The teen's solutions allow exact calculations of an item's flight path and how the object will hit and bounce off a barrier.

Born in India, Shouryya's father had been teaching him calculus since the age of six. When explaining why he chose to tackle Newton's problem, Shouryya simply said: "When it was explained to us that the problems had no solutions, I thought to myself, 'well, there's no harm in trying. I didn't believe there couldn't be a solution.'" Though the young man didn't speak a word of German before arriving in the country at the age of twelve, he is due to graduate this week, two years ahead of his peers. When asked if there was anything he couldn't do, or wishes he could do better, Shouryya responded: "Football (soccer), for one."

Personal growth author Ken Keyes, Jr. said, "Everyone and everything around you is your teacher." Those who truly seek knowledge will see anyone and everyone as a potential source of learning and growth. Ethics of the Fathers says, "Who is wise? He who learns from all people." Not only young geniuses like Shouryya Ray have what to teach us. Young or old, rich or poor; everyone is a learning opportunity to those seeking wisdom.

## Quote of the Week

"The problem isn't that we aim too high and fail, it's that we aim too low and succeed." - Sir Ken Robinson, Author, speaker, and international education advisor

## Joke of the Week

After graduating high school, David moves away from home to study at college. One of his letters home read:

Dear Dad,

College i\$ really great. I am making lot\$ of friend\$ and \$tudying very hard. With all my \$tuff, I \$imply can't think of anything I need, \$o if you would like, you can ju\$t \$end me a card, a\$I would love to hear from you.

Love,  
Your \$on.

After receiving his son's letter, the father immediately replies by sending a letter back.

Dear David,

I kNOw that astroNOmy, ecoNOmics, and oceaNO-graphy are eNOugh to keep even an hoNOr student busy. Do NOt forget that the pursuit of kNOwledge is a NOble task, and you can never study eNOugh.

Love,  
Dad.



**PIZZA PIZZA PIZZA**  
at NHBZ!!!

Lion's Den **DINE- IN** Pizza Night  
**SUNDAY, JUNE 3 !!**

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of  
Pizza, Spaghetti, Garlic Bread & Salad  
plus Dessert & Beverage

Kids 3 & under FREE  
Kids 4-12: \$6.00  
Adults: \$10.00



Next Carry-Out Night  
**WEDNESDAY, JUNE 13**

## YIZKOR REMINDERS

1. On Shavuot, when we recited Yizkor, we pledged to give Tzedakah in memory of our loved ones; please send your Yizkor donations to NHBZ.
2. We will recite the name of your loved one out loud during Yizkor services for \$18 per year. Call the office at 991-2100 for details.

## FROM FALAFEL TO THE DEAD SEA

**Are you going to Israel this summer?**

Join other teens as you prepare for your Israel experience, and learn practical tips to make this a summer to remember.

**Tips will include:** What to pack • What to leave at home • Travel strategies for the long transatlantic flight • Israeli currency • What to expect when you arrive, and much more.

**Hear first-hand from teens who were in Israel last year. They'll have answers to all your questions!**

Sunday, June 3, 2012, 2:00 – 3:30 pm  
Kopolow Building, 12 Millstone Campus Dr.  
RSVP or questions: Karen Rader  
krader@cajestl.org or 314.442.3756

## Thanks to Sponsors of June 1 Shabbos Dinner

Bob & Sandie Abrams	Andy & Ellen Berg
Sam & Shirley Bluestein	Kenny Bressler
Dr. Susan Feigenbaum	Alan & Janet Haber
& Dr. Jay Pepose	Bob & Joni Kaiser
Bob & Joni Kaiser	Bobby & Sheryl Levine
Irwin & Roz Rosen	Leo Bressler
Dr. Jon & Naomi Shanker	Fran & Lenny Alper

## Minyan Information

There is no such thing as 'too many' at a minyan. Even if ten are present, eleven is better than ten!

Mayer Taller 997-0527  
Rabbi Smason 749-5271  
Howard Sandler 409-7266  
NHBZ Office 991-2100

## Stump the Rabbi

Ask Rabbi Smason questions about Judaism.  
Ask in person, by phone or by email at:  
[Pepshort613@gmail.com](mailto:Pepshort613@gmail.com)

**Question:** May One make a personal request during their prayers on Shabbos?

**Answer:** According to the Talmud, the general principle is that one is forbidden to ask for any personal requests on Shabbos. However, there is a known custom that women do ask for personal requests when they light candles. Since a woman accepts Shabbos at the time of her lighting candles, how does this work out with what our Sages tell us?

The time a woman lights candles, Erev Shabbos, is a special and favorable moment to ask for certain *Bakashos* (requests) and make special prayers, and we don't have the same opportunity during the week to make a request like we do at the time of candle lighting. The time of lighting candles Erev Shabbos is an important and auspicious time to pray for our children.

Therefore, we conclude that if a person is faced with special circumstances, one is allowed to make a personal request on Shabbos. For example, if someone is visiting the Kosel (Western Wall) on Shabbos, and that is the only time that he or she is going to be there, then it is permissible for that individual to pray for his or her personal needs at that time, since he or she will not have a similar chance to do it later.

## Getting to Know You

by Roving Reporter Robin Rickerman

This week featuring *Julie Eisenberg*.



***Tell me a bit about your family history.***

I was born in St. Louis and married my Junior High School sweetheart. We will be married 33 years in June. We have 4 daughters -- Lauren, Jessica, Carly, and Danielle; and two wonderful sons-in-law and one on the way. We are the proud grandparents of our 3 month old grand daughter, Jaquelyn Ryann, and at this time we are building our 7<sup>th</sup> home together.

***What is your favorite Jewish Holiday?***

Passover. I love to cook and try new dishes. I enjoy family and friends being together. I really love watching Don hide the afikomen and then our adult kids become children again.

***What is something about you that most people don't know?***

I was a registered Dental Hygienist, and a Dental assistant at age 16. I spent years at EPWORTH teaching cooking.

***How did we become so fortunate to have you so involved at Nusach Hari?***

Don and I were looking for a new home when we found Nusach Hari. This congregation allows us to travel together and separately on our respective spiritual journeys.

***If you could travel, ANY WHERE IN THE WORLD, where would you go and what would you do?***

Israel of course. ...but also a third world country would be very interesting. I would enjoy teaching cooking, reading or even donating my Dental Hygienist time..

## MANY, MANY THANKS!!!

Thanks to all our teachers for Shavuot learning: ***Rabbi Ze'ev Smason, Rebbitzin Chani Smason, Bob Kaiser, Dr. Ethan Schuman and Menachem Szus.***

Thanks to ***Jackie Berkin*** for taking charge of the Shavuot Dinner last week and making sure that everything ran smoothly and everyone had a good time.

Thanks to ***Julie Eisenberg*** for making the deee-licious mini-cheesecakes for the Shavuot Dinner last week. And thanks again to ***Julie*** for creating and preparing a most wonderful Friday Night Shabbos Dinner. Thanks to Julie's helpers ***Rhonnie Goldfader, Fran Hoffman, Joni Kaiser and Dr. Susan Scribner.***

**YASHER KOACH TO EACH AND EVERY ONE OF YOU!!!**

**Next Shabbos**, Kiddush and Lunch will be sponsored by **Bob, Hannah** and **Rebecca Kaiser** in honor of their wife and mother, **Joni Kaiser**, celebrating her 50th birthday!!! Happy Birthday Joni -- but we don't believe you're 50!!!

### ISRAEL CORNER

Despite charges against Israel by the "anti-Israel establishment" regarding inequality toward Arabs, *almost 10% of the Knesset (Israel's Parliament) is made up of Arabs.*

**Mazel Tov On Simchas  
In all of June,  
& This Week June 2 - June 8**

**Happy Birthday**

\* Ed Lyss  
Brett Marbain  
Mary Rose Marbain  
Pearl Borow  
Joni Kaiser  
Roberta Tolpen  
Esther Gelb  
Sanford Koenig  
Daniel Givon  
Larry Baker

\* Ann Lenga  
Edna Feit  
Lyle Sudin  
Richard Woolf  
Sam Bluestein  
Sarah Klein  
Phyllis Shanke  
Roma Kleiman  
Gary Benson

**Happy Anniversary**

\* Robert & Joni Kaiser  
\* Don & Julie Eisenberg  
\* Leonid & Polina Golynskiy  
\* Sid & Phyllis Silverman  
Steve & Mary Rose Marbain  
Ed & Jane Lyss  
Gary & Trudy Sudin  
Richard & Mindy Woolf  
Alan & Vivian Zarkowsky  
Boris & Alla Yasinev  
Herbert & Phyllis Sunshine

Show your friends you care - **SEND A TRIBUTE**

Shul: Call Gloria Waxman 314-872-3296

Sisterhood: Phyllis Silverman 314-434-2482

Libby Needle Fund: Sally Needle 314-991-2575

Chesed Fund: Drop by the office for a Card Pack

## Scholar in Residence Weekend

with **Dr. Jeffrey Lichtman,**



National Director of Yachad, the National Jewish Council of Disabilities (NJCD), Dean of IVDU Schools, Director of NJ Association of Jewish Day Schools, and an experienced, and compelling advocate and speaker.

### Friday evening, June 1

7:00 pm -- a lively and spirit filled Kabbalat Shabbat

7:45 pm -- festive dinner and program

**Dr. Lichtman** will speak on

**"Faith in the Face of Life's Challenges"**

### Saturday morning, June 2

9:00 am -- Regular Shabbat services

10:15 am -- Learners Service in the Chapel

led by **Rabbi Smason**

11:30 am (approximately) Kiddush & Lunch

**Dr. Lichtman** will speak on

**"All in the Family: Celebrating Diversity Within Our Community Family"**

### Sunday morning, June 3

10:00 am -- Community Lecture

**Dr. Lichtman** will speak on

**"How to Develop Your Child's Potential"**

All talks are free and open to the entire Jewish Community. Home hospitality for the weekend is available.

## Special Thanks

to **Bertha Berman**  
and **Phyllis Silverman**

for coming to shul at 6:30 am, **every single Friday morning**, to help prepare for our kiddushim and luncheons . . . **always** with smiles and open hearts, giving of their valuable time! We appreciate **both** of them, and their commitment to Nusach Hari B'nai Zion!!!