

NHBZ Shabbos & Shavuos Bulletin

June 4, 2011

Welcome to Nusach Hari B'nai Zion

2 Sivan, 5771

Torah Portion Naso:
Haftorah Naso:

Numbers 4:21 - 7:89
Judges 13:2 - 13:25

Stone Chumash pages 748 - 773
Stone Chumash pages 1181 - 1182

Erev Shabbos - Friday, June 3

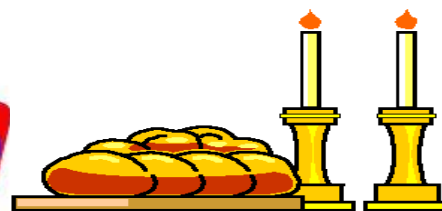
- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (8:03 pm)

Shabbos - Saturday, June 4

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Ron Makovsky**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Bert Zakroff**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Girls Jr. Congregation** (10:30 am) - Girls Jr. Congregation and younger children meet in the Children's Room on the lower level with **Nina Levine** and **Georgia Laird**.
- **Kiddush** (following Musaf) - **Ice Cream Sundae Bar** sponsored by **Alan & Vivian Zarkowsky** and **Marian Walters**, welcoming **Blake, Brooke & Daniel** from New York, and **Chai & Asher** from Chicago; thanks for sponsoring soda to **"POP" STARS Joan & Jack Maram**, who thank G-d for their son **Stanley's** recovery and return home after a five-month stay in the hospital.
- **Shabbos Study Group** (7:00 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (7:15 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos** (7:45 pm)
- **Shabbos Concludes** (9:06 pm)



שבת שלום



This Week

Davening Times	Shabbos June 4	Sun. June 5	Mon. June 6	Tues.* June 7	Wed.* June 8	Thur.* June 9	Fri. June 10	Shabbos June 11
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	9:00 am	9:00 am	7:00 am	9:00 am
Mincha/Maariv	7:45 pm	7:00 pm	7:00 pm	8:00 pm	8:05 pm	8:05 pm	7:00 pm	7:50 pm

* Tues is Erev Shavuos, Wed & Thu are Shavuos, Thu is Yizkor

- **Sunday Learning** (Sunday June 5 following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** (Sunday June 5, 9:15 am - 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price, with complimentary drinks to all participants!
- **Annual Barbara Mendelson Tomchai Shabbos Brunch** (Sun. June 5, 9:30 am) at U.-City Shul, 700 North and South Rd; tribute to Irv & Kay Diamant for service and kindness to our community; free brunch and presentation is sponsored by the Vaad Hoair. **Reservations now closed!**
- **Irvin Alper Social Club** (First Sunday, June 5, 6:00 pm) - Dinner and a Movie; call Ruth Alper at 314-569-2877 for more information and reservations; there will also be a 10 minute presentation by Ryan Erbe of G.P. Latinium Trading Company, speaking on the topic of 'Your Gold and Silver'.
- **Buy and Use Cash Cards and Kohn's Scrip** - Next Cash-card Order Days are June 15 and June 30; earn free money for NHBZ. Order your cards this week! Buy Kohn's Scrip any time.
- **Rabbi Smason's Lunch & Learn** - No class this week due to Shavuos; next class is June 15.

First Day of Shavuos - Wednesday, June 8

Torah Portion:	Exodus 19:1 - 20:23	Siddur pp 520 - 522	Chumash pp 401 - 415
Maftir:	Numbers 28:26 - 28:31	Siddur p 522	Chumash pp 892 - 892
Haftorah:	Ezekiel 1:1 - 1:28, 3:12	Siddur pp 522 - 523	Chumash pp 1228 - 1229

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Ron Makovsky**
 - Shacharis: **Dr. Ethan Schuman**
 - Akdamus: **Rabbi Dr. Howard Graber**
 - Leyning: **Michael Shapiro**
 - Haftorah: **David Rubin**
 - Sermon: *none today*
 - Musaf: **Dr. Ethan Schuman**
- **Kiddush** (following Musaf)
- **Mincha** (8:05 pm), **Light Candles** (after 9:09)

Second Day of Shavuos - Thursday, June 9

Torah Portion:	Deuteronomy 14:22 - 16:17	Siddur pp 425 - 500	Chumash pp 1012 - 1023
Maftir:	Numbers 28:26 - 28:31	Siddur p 523 - 526	Chumash pp 892 - 893
Haftorah:	Habakuk 2:20 - 3:19	Siddur pp 526 - 527	Chumash pp 1229 - 1231

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Jack Lyss**
 - Shacharis: **Menachem Szus**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Jack Lyss**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **David Rubin**
- **Yizkor** (Approx. 10:30 am) - recited by **Ron Makovsky**
- **Kiddush** (following Musaf)
- **Mincha** (8:05 pm), **Yom Tov Concludes** (9:09 pm)

Coming Events

- **Carry-Out Pizza Night** (Wednesday, June 15)
- **June Lunch & Learn and Graduation Shabbos** (June 18) - Guest Speaker will be **Rabbi Avi Greene**, Head of School of H.F. Epstein Hebrew Academy; Rabbi Greene's topic will be: "What Can Be Done About the High Cost of Jewish Education?"
- **Sisterhood Luncheon** (June 21)
- **Dine-in Pizza Night** (Sunday, June 26, 5:00 pm - 7:00 pm)
- **NHBZ Women's Home Study Group** (First Tuesday, July 5, 2:30 pm; **no class in June**) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Morris Lengua Yiddish Club** (First Thursday, July 7, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.

Meetings

- **Board of Directors** - (Tuesday, June 14, 7:30 pm following minyan)
- **Executive Meeting** - (Tuesday, June 28, 7:30 pm following minyan)



Reminders

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something special in honor or in memory of someone, please call 314-991-2100, ext. 2.
- **Tributes** - Show your friends you care
 - For a Shul tribute, call **Gloria Waxman** at 872-3296
 - For a sisterhood tribute, call **Phyllis Silverman** at 434-2482
 - For Libby Needle Fund tribute - Call **Sally Needle** at 314-991-2575



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Naso / Shavuos

June 4, 2011

2 Sivan, 5771

Welcome to Beyond Twelve Gates



When 7-year-old Amalya Knapp took the beam at the New Jersey state gymnastics finals on a Sunday in March, her excellent performance symbolized a far more complicated balancing act. Although she would have been eligible for a medal, her

individual scores were discounted because she was unable to compete on Saturday due to her family's observance of Shabbat. Amalya was allowed to compete on Sunday so her scores could factor into her team's overall rankings. But because she hadn't competed at the same time as the other girls in her age group -- on Saturday -- her scores didn't count toward individual medals or rankings.

Amalya, who attends the Rosenbaum Yeshiva of North Jersey, said If she had to choose again between competing or observing the Sabbath, "I would do the religion things." Amalya's parents shared with her the story of the refusal of Hall of Fame pitcher Sandy Koufax to pitch the opening game of the 1965 World Series on Yom Kippur. "My father told me stories of people who had to do this, and I felt better," Amalya said.

Albert Einstein once said, "What counts can't always be counted; what can be counted doesn't always count." Choosing between competing priorities is often difficult -- but it's crucial to put first things first. Where do Shabbat and Judaism rank in your order of priorities? "Hold on to the instruction of the Torah," said King Solomon in Proverbs, "do not let it go; guard it well, for it is your life."

Parshas Naso - Numbers 4:21-7:89 / Shavuos



Among the topics appearing in Naso is the mitzvah of the 'Sotah'. When compelling circumstantial evidence suggests an act of marital infidelity may have taken place, the Torah provides a means to clarify the hoped-for innocence of the suspect

parties. Contained in this mitzvah is dissolving G-d's name that was written on a parchment. We learn from this the supreme importance of shalom bayis -- peace in the home. If G-d allows His Holy Name to be erased for the sake of peace between husband and wife, certainly each of us should seek shalom

bayis with our spouses and other family members. What can each of us do to increase shalom bayis with those whom we love? Parshas Naso also describes the nazir -- an individual who takes a vow to refrain from drinking wine, cutting his hair, and other restrictions. Remember the story of Samson? Samson -- who was a nazir -- was the great Jewish judge and hero who 'brought down the house.'

The major festival of Shavuos begins on Tuesday evening June 7, and concludes Thursday evening, June 9. You may remember Cecil B. DeMille's film 'The Ten Commandments', starring Charlton Heston. Good film; however, the book was better than the movie. On Wednesday morning the Torah reading (Exodus 19:1 - 20:23) contains the narrative of the giving of the Torah (which took place on Shavuos) and the Aseres HaDibros -- inaccurately translated as 'The Ten Commandments.' On the second day of Shavuos the Torah reading (Deut.14:22 - 16:17) contains a brief description of the Shalosh Regalim - Passover, Shavuos and Succos.

Rabbinic Ruminations



In a game of poker an adept player will have perfected his "poker face", the blank expression which conceals from other players his emotions and the decisions he makes. Until now, it was unclear whether

there are outwardly visible physiological responses for someone with a good poker face. But a new study shows that dilation of the pupils can indicate when a decision has been made before an individual voluntarily reports making the decision.

Participants were recruited to perform simple decision-making tasks. Researchers used an infrared eye-tracking device to measure the diameter of the participants' pupils up to 2,000 times per second while they performed the tasks. They found that pupil dilation betrayed the participants' decisions before they were openly revealed. Seasoned poker players may have known this all along - it may be the reason that many of them like to wear sunglasses while playing. The findings have important implications for assessment of mental function in patients who are in a persistent vegetative state and others apparently oblivious to the outside world.

The pupil of the eye also represents an important spiritual concept. Jerusalem is known as the 'Eye of the Universe.' The Talmud says, "The world is like a human eye. The white of the eye is the ocean surrounding the world, the iris is a continent, the pupil is Jerusalem, and the image in the pupil is the Holy Temple." This week we celebrated *Yom Yerushalaim*, the 44th anniversary of the reunification of Jerusalem. We anticipate the day when Jerusalem -- the Eye of the Universe -- becomes a center for G-d's teaching for all mankind, as the prophet Isaiah said, "Out of Zion shall come forth the Torah, and G-d's word from Jerusalem."

Quote of the Week

"Only don't tell me that you're innocent. Because it insults my intelligence and it makes me very angry" -- Michael Corleone (played by Al Pacino)



Joke of the Week

An archaeologist was digging in the Negev Desert in Israel and came upon a sarcophagus containing a mummy. After examining it, he called the curator of a prestigious natural-history museum.

"I've just discovered the 3,000 year-old mummy of a man who died of heart failure!" the excited scientist exclaimed.

The curator replied, "Bring him in. We'll check it out."

A week later, the amazed curator called the archaeologist. "You were right about the mummy's age and cause of death. How in the world did you know?"

"Easy. There was a piece of paper in his hand that said, '10,000 shekels on Goliath.'



OYVEY!

**June Lunch & Learn
and Graduation
Shabbos
June 18**

Guest Speaker will be
Rabbi Avi Greene

Head of School of Epstein Hebrew
Academy

Rabbi Greene will speak on the topic:

*"What Can Be Done About the High Cost of
Jewish Education?"*

**Call us with the names of
your Graduates**

Do you have a graduate in your family? Please call the office, 314-991-2100, extension 2, and give us his or her name and school so we can wish your graduate a big Mazel Tov during Graduation Shabbos on June 18!

We ask each family to honor its graduate(s) by helping to sponsor the lunch & dessert with an \$18.00 contribution.

**TO OUR WONDERFUL
NUSACH HARI FAMILY**

With Love and Thanks for the many ways
you have done chesed for our family!

Delicious Shabbos dinner,
many tributes in memory of our dear

MORRIS FREDLICH

Loving Husband, Father, Grandfather
& Great-Grandfather

and for my *Refuah Shelema*.

I look forward to seeing you in Shul very soon!

Much Love,

Shirley Fredlich and Family



**PIZZA PIZZA PIZZA
at NHBZ!!!**

**CARRY OUT NIGHT:
WEDNESDAY, JUNE 15 !!**

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!! OR
ORDER AN UN-COOKED PIZZA TO FREEZE OR BAKE AT HOME!!

Cheese Pizza ~ \$12.00 Toppings ~ 75c each
Extra-Cheese, mushrooms, onions, tomatoes,
basil, greenpeppers, sliced olives, pineapple

**PLACE YOUR ORDER ~ 314-991-2100, ext. 2
Deadline to Order: 12:00 noon on June 15**

NEXT DINE-IN NIGHT IS JUNE 26

The Crown Center for Senior Living Invites Members of the community to a Kosher Dining Experience

Dinner is generally served Monday through Friday from 5:00 to 5:30 p.m. (Friday dinner begins at 4:45 p.m.), depending on the time of the year. Dining days and times are subject to change.

Suggested donation is \$3.00 for age 60 and older, and \$7.00 for age 59 and under, but we encourage patrons to give what they can to the donation box in the dining room. Make out checks to Crown Center Meal Site. Payment options are available.

Please make a reservation by 9:00 am the day you are planning to join us. Call 991-2055 ext. 124 and leave a message with your name, phone number, and the date of the requested meal and if you need a call back for confirmation.

Kosher dinners are prepared on-site by Jon Rubin Catering under the supervision of the Vaad Hoer.

Contact Florence Schachter, at 991-2055 if you have questions.

Mazel Tov
On Simchas this week!
June 4 - June 10, 2011 !

Happy Birthday

Ann Lenga
Brett Marbain

Happy Anniversary

Leonid & Polina Golynski
Sid & Phyllis Silverman
Milton & Rosalie Yakovitz
Steve & Mary Rose Marbain

Show your friends you care - SEND A TRIBUTE
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

5th Annual Shavuos Dinner and Early Bird Learning Tuesday Night, June 7th

8:00 pm Davening

8:30 pm Dinner

10:00 pm Early-Bird Learning

Buffet Menu:

Jackie's French Onion Soup, Teriyaki Salmon and Plain Salmon, Salad Bar, Pasta Bar, Green Beans w/French's Crispy Onions, Cheesecake, Strawberries and Sugar-Free Pies!!!

In addition to your reservations for the dinner, please become a sponsor @ \$20.00 to help offset the costs.

RSVP required for dinner: 314-991-2100 ext. 2

Members: \$12.00

Non-members & Walk-ins: \$18.00.

Norma's Bakery is Open

Enjoy fresh baked homemade challah and cake, and support **NHBZ** at the same time!

Every purchase includes a donation to **NHBZ** & it *still* costs less than other "home" kosher bakeries

All baked goods are pareve and prepared in the NHBZ kitchen under RABBINIC SUPERVISION of Rabbi Ze'ev Smason

Challah, medium	\$4.50	(\$1.00 to NHBZ)
Challah, large	\$6.00	(\$2.00 to NHBZ)
Lemony Lemon Cake	\$8.00	(\$2.00 to NHBZ)
Chocolaty Chocolate Cake	\$8.00	(\$2.00 to NHBZ)
Fresh Apple Apple Cake	\$8.00	(\$2.00 to NHBZ)

Call Norma Yabeta at 314-398-1044 before Noon on Wednesday so your order will be ready for pick up before Shabbos.

Shavuos Schedule

TUESDAY NIGHT, JUNE 7

Bench Licht 8:05 pm
 Mincha 8:00 pm
 Shavuos Dinner 8:30 pm

Early Bird Learning:

Rabbi Ze'ev Smason 10:00 pm

"Why Is Learning Torah So Important?"

Dr. Ethan Schuman 10:30 pm

"Why Was Michelangelo's 'David' Uncircumcised?"

All Night Learning 11:15 pm

Led by Menachem Szus -

*"Selections from Pirkei Avos, Kuzari
and the 613 Commandments"*

WEDNESDAY MORNING, JUNE 8

Early Morning Shacharis Services 5:00 am

WEDNESDAY, JUNE 8 - FIRST DAY OF YOM TOV

Shacharis 9:00 am

Mincha 8:05 pm

Bench Licht for Yom Tov 9:09 pm

THURSDAY, JUNE 9 - SECOND DAY OF YOM TOV

Shacharis 9:00 am

Yizkor approx. 10:30 am

Mincha 8:05 pm

Yom Tov Concludes..... 9:09 pm

Thanks to Shavuos Dinner sponsors:

*Bob & Sandie Abrams
 Lenny & Fran Alper
 Andy & Ellen Berg
 Dr. Craig & Jackie Berkin
 Sam & Shirley Bluestein
 Leo Bressler
 Dr. Susan Feigenbaum &
 Dr. Jay Pepose
 Alan & Janet Haber
 Bob & Joni Kaiser
 Bobby & Sheryl Levine
 Ted & Rachael Pevnick
 Dr. David & Fran Reisler
 Mark Ragin & Gail Rose
 Robin Rickerman
 Irwin & Roz Rosen
 Dr. Jonathan &
 Naomi Shanker
 Sid & Phyllis Silverman
 Gary & Trudy Sudin
 Menachem & Linda Szus
 Mayer Taller
 Nusach Hari B'nai Zion
 Sisterhood*

Shavuos - Festival of Weeks

This is a major holiday celebrated seven weeks after Pesach. Our Sages tell us that **G-d** revealed the **Ten Commandments** to the Jewish people on **Shavuos**. Shavuos is observed with festive meals, attending services in the shul, and resting from work. Some people include cheesecake and blintzes on the menu, reminiscent of the Torah that is compared to milk and honey. The Song of Songs (4:11) reads: "Honey & Milk shall be under your tongue." This implies that the words of the Torah may be as pleasant to our ears and hearts as are milk and honey to our tongue.

Yom Tov candles are kindled on the two evenings of Shavuos. The two Brochos are:

Boruch Ata Ado-oi Elo-eynu Melech HaOlom, Asher Kidshonu B'Mitzvosov V'Tzivonu L'Hadlik Ner Shel Yom Tov.

Blessed are you O **L-RD our G-D**, King of the Universe, who sanctified us with His commandments and commanded us to kindle the lights of Yom Tov.

Boruch Ata Ado-oi Elo-eynu Melech HaOlom, Sh'Hehcheyanu V'Ky"Manu V'Higiyanu Lazman Hazeh.

Blessed are you O **L-RD our G-D**, King of the Universe, who has granted us life and sustenance and permitted us to reach this season.

Kiddush is recited on Tuesday and Wednesday evenings at home, and on Wednesday and Thursday afternoons following services. Prior to the reading of the Torah on the first day of Shavuos, a special poem, Akdamus, is recited. Akdamus is a tribute to **G-D** for creating the world and giving Israel the Torah.