



RSVP for our Scholar in Residence Weekend!!!

בס"ד

☆ **Kiddush** ~ Everyone is invited to Kiddush & Lunch in the Joe Rothman Auditorium following services this morning. Thanks for sponsoring soda today ~~ our "POP"-STARS of the week ~~ **Harold & Fran Hoffman!!!**

If you would like to sponsor or enhance a Kiddush, sponsor Soda or Shalosh Seudos, or add something special, please call 314-991-2100, ext. 2, to make arrangements. Your contribution will help our NHBZ Kiddush & Shalosh Seudos Funds.

☆ **Davening** ~~ **Parshas Ki Sissa - Shabbos Parah**

Sedra: **Ki Sissa: Shemos 30:11-34:35**; pages 484-515. Parshas Parah: **Numbers 19:1-22**; pages 838-842.

Haftorah: **Ezekiel 36:16-36**; pages 1216 & 1217.

☆ **Thank You For Leading Davening: Pesukei D'Zimra:** Howard Sandler; **Shacharis:** Dr. Ethan Schuman; **Leyning:** Michael Shapiro; **Haftorah:** Michael Shapiro; **Musaf:** Dr. Ethan Schuman.

☆ **Jr. Congregations** Jr. Congregations will be held this morning at 10:30 a.m., Girls Jr. Congregation and younger children will meet in the Chapel with **Sivya Smason**. Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.

☆ **Mincha:** We will daven Mincha today at 5:25 p.m. Shabbos will conclude at 6:44 p.m.

☆ **Shacharis, Mincha and Maariv ~ Shabbos, March 6 through Friday, March 12:**

**Daily** minyanim are held in our rear building. **Friday and Saturday nights**, minyanim are held in the Chapel in the main building.

|                    | <i>Shabbos</i> | <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i>     | <i>Wednesday</i>   | <i>Thursday</i>    | <i>Friday</i> |
|--------------------|----------------|---------------|---------------|--------------------|--------------------|--------------------|---------------|
| Shacharis          | 8:45           | 8:00          | 6:45          | 7:00               | 7:00               | 6:30               | 7:00          |
| Mincha/Maariv      | 5:25           | 5:40          | 5:40          | No Mincha          | No Mincha          | No Mincha          | 5:40          |
| <b>Maariv Only</b> |                |               |               | <b><u>7:15</u></b> | <b><u>7:15</u></b> | <b><u>7:15</u></b> |               |

☆ **Jeopardy Answer: \$600 Jeopardy Question:** What was the total brought in from our pasta groggers? Yasher Koach to Rabbi Smason for the great idea and to everyone who made donations and had fun drowning out Haman's name!!!

☆ **TIME TO SELL CHOMETZ** Please don't wait until the last minute!!! Come by or call our office so you can add your name (and place of business) to our list, and please make checks payable to the Rabbi's Charity Fund.

☆ **Moas Chittim** ~ Each year, the Vaad Hoeir conducts its Moas Chittim campaign to assist our people in Israel and our own St. Louis community who need our help to properly celebrate Pesach. Make checks payable to **Vaad Hoeir Moas Chittim**. Send checks to the VaadHoeir - Notation: from Nusach Hari B'nai Zion; or send them to our office and we will forward them to the Vaad.

☆ **Epstein Hebrew Academy Dinner** honoring our very own Anna Rose Tendler this Tuesday evening, March 9, 7:00 p.m. at the Crown Plaza Hotel. Anna Rose will receive the Samuel Cherrick Community Service Award.

☆ **Aish Hatorah Annual Dessert Reception** in loving memory of Stuart Raskas this Wednesday evening, March 10, 7:00 p.m. at the Crown Plaza Hotel.

☆ **Absentee** Reminder to U.City residents: Local elections will take place on Tuesday, April 6, 2010 — the last day of Pesach. In order to vote, you will need to submit an absentee ballot. Absentee ballots may be obtained in our office.

☆ **NHBZ Coming Events & Dates to Remember**

☆ **UPCOMING SHABBOS FESTIVITIES & ACTIVITIES:**

☆ **Ari-Kabbalat-Shabbat & Friday Night Shabbos Dinner** Friday night, March 12th. We will have a **Scholar-In-Residence, Avi Lipkin**, who will be our guest throughout Shabbos, and who specializes in speaking about (and against) Islamic fundamentalism. His topic for Friday night will be "Coming Confrontation with Iran." His topic during lunch on Shabbos will be "Insights into the Arabic Media (Radio, TV & Newspapers)" and for Shalosh Seudos, Mr. Lipkin will speak about the "Islamic Threat to Jewish Communities Worldwide" (not for the faint of heart). PLEASE JOIN US for Dinner following services Friday night - A Full Shabbos Dinner from Soup to Nuts, AND on Shabbos for Lunch and Shalosh Seudos!! Friday night Dinner: Adults: \$18.00; Kids 6-10: \$10.00; Kids 5 & Under, FREE; Student Rate: \$10.00.

☆ **SYNAPLEX SHABBAT** plus Lunch and celebration of March Birthdays & Wedding Anniversaries, Shabbos, March 20th. The Synaplex Sessions: "The Mentsch in the Moon: Must One Keep Mitzvos in Outer Space?" led by Rabbi Smason; "Classic Insights into Pesach" led by Rabbi Menachem Kirshner; "Is There a Jewish Obligation to Diet, Exercise and Take Advantage of Preventative Medicine?" led by Daniela Hermelin, M.D. of Wellness to Be, M.D.; "Hot Topics for Jewish Teens" led by Avrumi Smason, and "Tot Shabbat" led by Sivya Smason; plus a Learners' Service at 9:45 a.m. led by Rabbi Chanan Swidler.

## ☆ *NHBZ Coming Events & Dates to Remember*

☆ **"The Battle Over Jerusalem"** An evening of Solidarity & Support for "our" United Jerusalem at NHBZ this Wednesday, March 10, 7:45 p.m. A talk and video presentation about the Old City of Yerushalayim, the renewed Jewish Yishuv, the new Jewish neighborhoods and the urgency of the hour for the "Heart of the Land" by Daniel Luria, Executive Director, Ateret Cohanim/JRP.



☆ **ANTIQUE ROAD SHOW** presented by our NHBZ Sisterhood and the Irvin Alper Social Club!! **EVERYONE** is invited to bring a treasure from your home and learn all about it ~ values will be determined by the renowned Selkirk Appraisers. Please join us tomorrow - Sunday, March 7th for dinner at 6:15 p.m. ~ Spaghetti with MEAT SAUCE, Garlic Bread, Salad, Dessert & Beverages. Adults: \$10.00, Kids 6-10: \$5.00, Kids 5 & Under: FREE!!! **ALL PROCEEDS WILL BENEFIT PASSPORT TO ISRAEL** FOR OUR NHBZ KIDS!!! Come and support the kids!! RSVP after Shabbos, by email: sandieabrams@hotmail.com

☆ **Shul Board of Directors Meeting** has been postponed from March 9 to **Tuesday, March 16**. Mincha: 6:50 p.m.; Meeting: 7:30 p.m. - both in the Rear Building.

☆ **Young People's Home Group** Sunday, March 14 at the home of **Michelle & Ephraim Mufson**.

☆ **Sisterhood's Mixed Company Day** Tuesday, March 16, 12:00 noon. Come have **LUNCH** with us and **PLAY BINGO!!** Hamburger Sandwich, Potato Salad, Tossed Salad, Dessert & Beverages: Members - \$6.00; Guests - \$7.00! RSVP to Rachael Pevnick, 576-1191.

☆ **CARRY-OUT PIZZA NIGHT** Wednesday, March 17. Please place your orders by 12:00 noon that day.

☆ **Executive Committee Meeting** Tues., March 23. Mincha: 6:55 p.m.; Meeting: 7:30 p.m. - both in the Rear Building.

☆ **LION'S DEN PIZZA BUFFET** - Sunday, March 28th!!

## ☆ *Learning at NHBZ & with Rabbi Smason*

### ☆ *Weekly Learning ~*

☆ **Boys' Shabbos Study Group** With Rabbi Smason for boys ages 10-14 each Shabbos, **30 minutes** before Mincha. **This Shabbos at 4:55 p.m.**

☆ **Shabbos Study Groups** Each Shabbos **30 minutes** before Mincha. Studying Tanach (currently, Melachim Bet - Kings II) and Pirkei Avos, **this Shabbos at 4:55 p.m.** led by **Menachem Szus**; **Everyone at any level of learning is welcome.**

☆ **Sunday Learning** Mishna Shiur every Sunday. Rabbi Chanan Swidler, of the St. Louis Kollel, leads a study of the Mishna following Sunday morning services. Davening at 8:00 a.m. followed by Mishna study.

☆ **Basic Jewish Texts & Ideas You May Have Missed** CAJE's Florence Melton Adult Mini School at Bais Abraham. Structured, 2-year, in-depth class: learn the basics of Jewish history, ethics, beliefs & holidays; text-based course taught on Wednesday nights, 7:30-9:30 p.m. by **Rabbi Ze'ev Smason**. Contact Cyndee Levy at 442-3754 or [clevy@cajestl.org](mailto:clevy@cajestl.org). Scholarships are available.

☆ **RAP with the RABBI** Teen group with Rabbi Smason for boys & girls this Sunday morning at 9:30 a.m. in the office.

☆ **Lunch & Learn** with Rabbi Smason, each Wednesday, 12:15 pm, in the rear building. Insights for daily living from the weekly Torah portion.

### ☆ *Monthly Learning ~*

☆ **NHBZ Women's Home Study Group ~ "Women of Valor ~ Our Biblical Mothers"** presented by Rabbi Shaya Mintz, of the St. Louis Kollel. The group meets on the 1st Tuesday of the month. **Next class Tuesday, MAY 4, 2:30 p.m.**, at the home of Jackie Berkin. All women are welcome. Please join us!!!

☆ **The Morris Lengua Yiddish Club** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. **Next Date will be the SECOND THURSDAY -- April 8, 2010.** Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, **keeping Yiddish alive!** Seasoned "mayvens" (experts), as well as novices are invited to attend. Just show up and bring a friend! You'll have a blast!!!

☆ **NHBZ Chesed Fund** ~ Your donations of financial help and contributions of your valuable time are badly needed. In addition to your generous contributions, we especially need friends who will visit people needing some TLC. Partner up!! It's easier when there are two of you sharing the mitzvah. Thanks and Yasher Koach to our TLC Teams and individuals: **Jackie Berkin & Sally Needle, Bertha Berman & Phyllis Silverman, Ruth Alper and Moshe Pinto!!** Please join the TLC Team and call **Phyllis Silverman**, 314-434-2482; she will tell you who needs our TLC in hospitals and nursing homes. Please send your checks to our office, or charge to your credit card -- call 314-991-2100, ext. 2.

MAZEL TOV  
ON SIMCHAS THIS WEEK!  
March 6-12, 2010!

**HAPPY BIRTHDAY!**

Pearl Figus  
Eric Fleshman  
Janet Haber  
Ephraim Mufson  
Rose Ragin  
Zack Shanitkovich  
Julia Tversky

*Happy Anniversary*  
Gary & Trudy Sudin

Show your friends you care ~ SEND A TRIBUTE!  
Sisterhood: Call Phyllis Silverman, 314-434-2482  
Shul: Call Gloria Waxman, 314-872-3296

# Beyond Twelve Gates

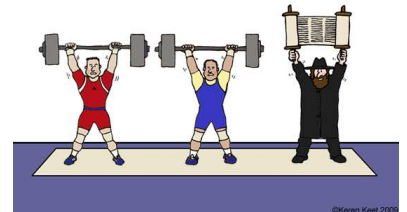
by Rabbi Ze'ev Smason

'Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic **Rabbi Isaac Luria** (1534-1572), also known as '**The Ari**'. There exist twelve gates of prayers in Heaven — one for each tribe of Israel. Additionally, there exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews regardless of tribe, Jewish education or level of observance are allowed to enter and are heard by G-d.

**Welcome to Beyond Twelve Gates.** Can you tell the temperature of a tub of water just by looking at it? Unless it's hot enough to give off steam or cold enough to freeze, you probably can't. Can you tell how warm or cool a room is by seeing it through a pane of glass? Probably not. Looking inside ourselves, we can become aware that our most powerful motivators often can't be 'seen' from the outside. Love, hate, passion, greed, fear, desire, lust, compassion, charity, goodness — all the emotions that set us in motion tend to be invisible. A limitation in our ability to assess others is that we can only see the 'act', and not the 'person.' A limited view of a person's background, thoughts and feelings makes it near-impossible to accurately judge people. Following the direction of 'Judge every person in a favorable, meritorious light' (Ethics of the Fathers) is a path to wisdom, harmonious living, and peace of mind.

## Parshas Ki Sisa Exodus 30:11 — 34:35

The portion begins with G-d's command to Moses to take a census by collecting an equal contribution of a half-shekel coin from every adult male between the ages of 20 and 60, with the profits going to the **Mishkan** (Tabernacle). G-d designates Betzalel, of the tribe of Judah, and Oholiav, of the tribe of Dan, to supervise the upcoming construction of the **Mishkan**. The mitzvah of Shabbat is then repeated to caution the nation that even the construction of the **Mishkan** does not supersede the observance of the weekly day of rest.



The Torah returns to the narrative of the Revelation at Mt. Sinai and describes the horrible sin of the golden calf. G-d relents to Moses' prayer that the Children of Israel should be spared from annihilation for this great transgression, and Moses descends from the mountain with the two tablets of the Ten Commandments in hand. Upon witnessing a segment of the population dancing around the golden calf, Moses smashes the tablets and burns the idol, initiating the process of repentance. Moses again ascends the mountain to pray to G-d that the Jewish people should be forgiven and regain their status as the chosen people. Moses eventually returns with the second set of tablets and a renewed covenant with G-d, his face radiant as a result of the Divine experience.

## Rabbinic Ruminations

Celebrities aren't the only ones giving their babies unusual names. Compared with decades ago, parents are choosing less common names for their kids. Study researcher Jean Twenge of San Diego State University, and author of "The Narcissism Epidemic: Living in the Age of Entitlement" sees the uptick of unusual baby names as a sign of change in our culture from one that applauded fitting in, to today's emphasis on being unique and standing out. When taken too far, however, this individualism could lead both to narcissism and unanticipated difficulties for one's child. Imagine being named Reef or Shaqueesha and then walking into a interview for a bank manager job. Even with an impressive resume it will be an uphill battle to have anyone take you seriously. Someone remarked that he has two friends .....one named Rolin Tobacco (his parents thought the name was hilarious) and the other named Martini. Both hate their names because no one takes them seriously. They have had interviewers ask them if they were trying to be funny or if this was "some kind of joke" after looking over their resume in job interviews. A list of other unusual names: **Pepsi**, **Chino** (after the prison), **Newton**, **Sambucus** (latin Genus for **sumac**, a plant), and **China**. One of the great challenges of parenting is making decisions that are in the best interests of our children, rather than what pleases or satisfies ourselves. Rabbi Simcha Wasserman, z'l, would often say, "the generation gap is caused by 'my son the doctor.'" Seeking vicarious fulfillment through our children for our own unfulfilled, frustrated desires is a recipe for disaster. Good parenting requires that we constantly adhere to the principle expressed by King Solomon: "Educate a child according to HIS (or her) way." When we focus on what is best for our children, many of the typical child-rearing obstacles will be removed, or become more easily manageable.

## Quote of the Week

Some people like the Jews, and some do not. But no thoughtful man can deny the fact that they are beyond question, the most formidable and the most remarkable race which has appeared in the world — *Winston Churchill*



## Joke of the Week



OY VEY!

It was a sweltering August day when the Greenberg brothers entered the offices of the anti-Semitic car-maker, Henry Ford. "Mr. Ford," announced Hyman Greenberg, eldest of the three, "we have a remarkable invention that will revolutionize the auto industry." Norman Greenberg, the middle brother, said, "We'd like to demonstrate it to you in person." The four stepped outside, and the youngest brother, Maxwell Greenberg, proceeded to demonstrate on a sweltering day how an interior air conditioning unit in a black Edsel could make a broiling car quite comfortable. Negotiations began, with the Greenberg brothers asking for \$1 million, and the name 'Greenberg Brothers Air Conditioning' stamped right next to the Ford logo. "Money is no problem," responded Ford, "but no way will I have a 'Jew-name' next to my logo on my cars!" They haggled for a while, and settled on a final agreement. The Greenberg brothers were paid \$1.5 million, and on every Ford vehicle, clearly appearing on the a/c control panel, you'll see three names clearly defined: HI — NORM — MAX.

**Thanks for reading 'Beyond Twelve Gates'. Comments, questions, requests to be added to our email list or better jokes can be sent to Rabbi Smason at [Pepshort613@sbcglobal.net](mailto:Pepshort613@sbcglobal.net) or [adarabba@hotmail.com](mailto:adarabba@hotmail.com) Care to know more about Nusach Hari B'nai Zion Congregation? Check us out at [www.nhbz.org](http://www.nhbz.org) If you enjoyed Beyond Twelve Gates, please share with a friend. Thanks to Alan Haber for his assistance in distributing BTG.**

**Ze'ev Smason, Rabbi**

**Aaron Borow, Rabbi Emeritus      Robert Kaiser, President**

**Phone: 314-991-2100    Fax: 314-993-4821    On-Line: [www.nhbz.org](http://www.nhbz.org)**

# ☆SYNA☆PLEX☆ ☆SHAB☆BAT☆

**SHABBOS, MARCH 20, 2010**  
Services at 8:30 a.m. followed immediately  
by these break-out sessions  
starting at about 11:00 a.m.:

**THE MENTSCH ON THE MOON:**  
Must We Do Mitzvos in Outer Space?  
Led by Rabbi Ze'ev Smason

**CLASSICAL INSIGHTS INTO PESACH**  
Led by Rabbi Menachem Kirchner, St. Louis Kollel

**IS THERE A JEWISH OBLIGATION TO**  
Diet, Exercise & Take Advantage  
of Preventative Medicine?  
Led by Daniela Hermelin, M.D.  
of Wellness To Be, M.D.

**HOT TOPICS FOR TEENS**  
Led by Avrumi Smason

**TOT SHABBAT**  
Led by Sivya Smason

**Enjoy lunch with us at 12:00 noon**  
following the Synaplex Sessions  
**SHABBOS, MARCH 20, 2010**  
**Celebrating March Birthdays & Anniversaries**



NUSACH HARI B'nai Zion  
Sisterhood &  
The Irvin Alper Social Club  
present the

## **Traveling Antiques Road Show**

Values determined by the renowned  
Selkirk Appraisers

**Sunday, March 7, 2010**  
**Minyan at 5:45 p.m.**  
**Dinner at 6:15 p.m.**

**EVERYONE** is invited to bring a treasure  
from your home (**one** item per family, please)  
and Learn All About It ~

Interesting ~ Funny ~ Surprising!!

Please join us for dinner ~  
Spaghetti with MEAT SAUCE, Garlic Bread,  
Salad, Dessert & Beverages.

Adults: \$10.00 Kids 6-10: \$5.00

Kids 5 & Under: FREE

**ALL PROCEEDS WILL BENEFIT  
PASSPORT TO ISRAEL**

Come and support our NHBZ kids!!

RSVP by Email after Shabbos  
sandieabrams@hotmail.com



**PIZZA  
PIZZA  
PIZZA  
at  
NHBZ!!!**



**Lion's Den DINE-IN Pizza Night**  
**SUNDAY, MARCH 28!!**

**Your house will be  
KOSHER FOR PESACH  
COME EAT OUR DELICIOUS PIZZA  
NO MUSSI! NO FUSS!!**

**5:00 - 7:00 p.m.**

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic  
Bread & Salad plus Dessert & Beverage

Kids 3 & under: FREE

Kids 4-12: \$6.00 Adults: \$10.00

**NEXT CARRY OUT NIGHT:**  
**WEDNESDAY, MARCH 17**

HOT PIZZA WILL BE WAITING FOR YOU TO  
PICK UP!! OR ORDER AN UN-COOKED PIZZA  
TO FREEZE AT HOME!!

Plain Cheese Pizza ~ \$12.00

Toppings ~ \$.75 each

EXTRA-CHEESE MUSHROOMS

ONIONS TOMATOES BASIL

GREEN PEPPERS SLICED OLIVES PINEAPPLE

PLACE YOUR ORDER ~ CALL SANDIE

314-991-2100, ext. 2

**Deadline to Order: 12:00 noon on March 17.**

# PURIM

Thanks to Linda Szus for these great photos!  
Look for more of Linda's Purim pictures  
on [www.nhbz.org](http://www.nhbz.org).

