NHBZ Shabbos Bulletin

May 14, 2011

Welcome to Nusach Hari B'nai Zion

10 lyar, 5771

Torah Portion Behar: Haftorah:

Leviticus 25:1 - 26:2 Jeremiah 32:6 - 32:27 Stone Chumash pages 696 - 707 Stone Chumash pages 1177 - 1178

Nusach Hari

B'nai Zíon

Erev Shabbos - Friday, May 13

- Mincha & Maariv (7:00 pm)
- Candle Lighting (7:46 pm)

Shabbos - Saturday, May 14

• Shachris & Musaf (8:30 am) - Thank you for leading services:

Pesukei D'Zimra: Howard Sandler

- Shacharis: *Dr. Ethan Schuman*

Leyning: Michael Shapiro

Haftorah: Rabbi Chaim Possick

Sermon: Synaplex instead of sermon

Musaf: Dr. Ethan Schuman

naplex

- Learners Service will be postponed until we're in our new building.
- **Jr. Congregations** (10:30 am) Girls Jr. Congregation and younger children meet in Children's Room with **Nina Levine**; Boys Jr. Congregation will meet in the Auditorium with **Avrumi Smason**.
- **Synaplex/Kiddush/Lunch** (following Musaf) See schedule on page 5. Thanks to "Pop Star" of the week Miriam Kapelusz for sponsoring soda in honor of Mr. H.H. Bremler's 101st birthday!
- **Shabbos Study Group** (6:40 pm) Studies in Tanach, *led by Menachem Szus*; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- Boys' Mishna Study Group (6:55 pm) With Rabbi Smason, for boys ages 10-17.



Shabbos concludes (8:50 pm)

This Week



Davening Times	Shabbos May 14*	Sun. May 15	Mon. May 16	Tues. May 17	Wed. May 18	Thur. May 19	Fri. May 20	Shabbos* May 21
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:30 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:35 pm

^{*} Synaplex Shabbos

- **Sunday Learning** (Sunday May 15, following Shachris) Rabbi Chanan Swidler of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- RAP with the RABBI Teen Group (Sunday May 15, 9:15 am 10:00 am) with Rabbi Smason for young men and women in the Rabbi's office.
- Aish Jewish Speaker Series (Sunday, May 15, 2011, 7:30 pm) at the Aish Firehouse, featuring Sara Rigler speaking on 'India to Israel: A Bumpy Spiritual Journey'
- NHBZ Sisterhood Mother's Day Luncheon (Tues May 17, Noon) In the NHBZ Auditorium; delicious Lunch of Tuna Salad, Egg Salad, Kugel, Fruit, Cake, Coffee & Soda \$6.00 Donation; plus Gold Dollar Bingo; Men & women of all ages are welcome; RSVP to Rachael at 314-395-6017.
- Rabbi Smason's Lunch & Learn (Wednesday, May 18, 12:15 pm) Now studying Pirkei Avos (Ethics of the Fathers in English), which deals with Jewish ethical and moral principles; Please join us for an enjoyable and relevant presentation and discussion each Wednesday.

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- Shabbos Kiddush (May 21) sponsored by Rachael Pevnick in honor of Ted's 88th birthday and in honor of their grandson Barry Goldenberg graduating from UCLA; and by Ruth Novack Alper in honor of her grandson, Jeremy Novack graduating from Ladue Horton Watkins High School.
- Buy and Use Cash Cards and Kohn's Scrip Next Cash-card Order Days are May 16 and May 31; earn free money for NHBZ. Order your cards this week! Buy Kohn's Scrip any time.

Coming Events

- Lag B'Omer Pancake Breakfast (Sunday, May 22, 10:00 am) See picture ad for details.
- Jewish Unity Live (Sunday, May 22, 7:00 pm) Celebrate Jewish Education with the St. Louis
 Kollel at the Renaissance St. Louis Airport Hotel; featuring a dairy dessert reception and Rabbi
 Yechiel Spero speaking on "Islam, Israel and the Unwavering Jewish Soul"; call 726-6047 for info.
- Shabbos Kiddush-Luncheon (May 28) sponsored by Drs. Susan Feigenbaum and Jay Pepose in honor of their wedding anniversary.
- Next Dine-in Pizza Night (Sunday, May 29)
- Memorial Day Brunch & Learn (Monday, May 30) Shachris at 8:00 am followed by brunch; then Rabbi Smason will speak on the topic "Four Types of Students".
- Morris Lenga Yiddish Club (First Thursday, June 2, 7:30 pm) Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- Annual Barbara Mendelson Tomchai Shabbos Brunch (Sun. June 5, 9:30 am) at U.-City Shul, 700 North and South Rd; tribute to Irv & Kay Diamant for service and kindness to our community; free brunch and presentation is sponsored by the Vaad Hoeir. RSVP 726-2163.
- Irvin Alper Social Club (First Sunday, June 5)
- NHBZ Women's Home Study Group (First Tuesday, July 5, 2:30 pm; no class in June) at the home of Jackie Berkin, Topic is "The Six Constant Mitzvos," presented by Rabbi Shaya Mintz, of the St. Louis Kollel; All women are welcome; please join us!!!
- Shavuos (June 8 & 9)
- Next Carry-Out Pizza Night (Wednesday, June 15)

Kasherus Alert

• **Poppa D'S Nuts**, distributed in 7Eleven stores, bears an unauthorized OK symbol on the label; this product is not certified by OK Kosher Certification, and they are taking corrective measures.

Meetings

- Building Design Committee (Tuesday, May 17, 7:30 pm following minyan)
- Executive Committee (Tuesday, May 24, 7:30 pm following minyan)

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Reminders

- Sponsorships If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- Norma's Bakery is open again after a Pesach vacation.
- Tributes Show your friends you care

For a Shul tribute, call *Gloria Waxman* at 872-3296 For a sisterhood tribute, call *Phyllis Silverman* at 434-2482

For Libby Needle Fund tribute - Call *Sally Needle* at 314-991-2575

- **Buy a Brick Online** Our website now accepts online donations through PayPal for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp and follow the instructions.
- Volunteer Opportunities NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



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Beyond Twelve Gates by Rabbi Ze'ev Smason

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as *The Ari'*. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

 Parshas Behar
 May 14, 2011
 10 lyar, 5771

Welcome to Beyond Twelve Gates

Names. Everyone has one, though most people



have only a vague idea what their own means, and few give them much more thought. Is a name simply a meaningless and artificial convention? Recently released new data for babies born in the U.S. in 2010 show that Americans

continue to gravitate toward Jewish names. The top 10 list for newborn boys begins with Jacob, a name that has held the top slot of 'Most Popular Baby Names' for 11 years running. Also included are five other names of Hebraic origin: Ethan (No. 2), Michael (No. 3), Jayden (No. 4), Noah (No. 6), Daniel (No. 7). Of the top 10 names for girls, Isabella, also a Hebrew name, finished first. It means "G-d's promise," or "pledged to G-d." Only one other Hebrew name — Abigail — made the top 10 for girls.

Jewish names are beautiful and filled with meaning. What's in a name? Plenty! What's in your name?

Parshas Behar: Leviticus 25:1 - 26:2

Behar focuses primarily on mitzvos concerning the land of Israel, beginning with the command to observe a Sabbatical (*Shemitta*) year. During the *Shemitta* year one's fields are to remain uncultivated every seventh year, refraining from the normal cycle of planting and harvesting. Instead, anything that grows becomes free for anybody who wants to just pick and enjoy.

Similarly, the land in Israel is to remain unworked in



the Jubilee (**Yovel**) or 50th year, at which time the ownership of all land automatically returns to its ancestral heritage. A quote found on the Liberty Bell, "And you should sanctify the fiftieth year, and pro-claim liberty throughout the

land ..." is taken from the passage describing the Jubilee year.

Behar tells us not to worry that we won't have enough to eat during *Shemittah* and the following year because we can't plant and harvest. Promising an open miracle, G-d says that the year before *Shemittah*-the sixth year--will produce enough food for three entire years--the sixth year, the year of *Shemittah*, and the following year, when things won't

grow because there was no planting during **Shemittah**. The parsha also speaks about the poor and downtrodden. Not only are we commanded to give them **tzedaka** and do acts of loving kindness for them, but ideally we are to provide them with the means to raise themselves out of their poverty-stricken state.

Rabbinic Ruminations

A classical philosophical inquiry about identity is the paradox known as the Ship of Theseus. It describes



a ship that remained seaworthy for hundreds of years thanks to constant repairs and replacement parts. As soon as one

plank became old and rotted, it would be replaced, and so on until every working part of the ship was no longer original to it. Is the end product still the same Ship of Theseus, or something completely new and different? If it's not, at what point did it stop being the same ship? Thomas Hobbes took the problem further: if one were to take all the old parts removed from the Ship of Theseus and build a new ship from them, which of the two vessels is the real Ship of Theseus? One ship? Both ships? Or perhaps, neither ship?

The relevance of the paradox is not at all about ships, but instead about what *that makes us who we are.* Is our identity based upon our parts -- i.e. the individual matter that makes us up? On a cellular level the human body is constantly changing. Is our identity determined by our structure? Are we no longer the same person if, G-d forbid, we should lose a limb -- or even cut our hair? Or is the 'essential me' based upon my thoughts, feelings and intelligence? Lose your memories or change your world outlook, and the person you were once before may be gone!

The Torah identifies the essence of a human being as the *neshama*, or soul. Genesis states (2:7) "And Hashem G-d formed the man of dust from the ground, and He blew into his nostrils the soul of life; and man became a living being." Our *neshama* predates and outlasts the body. At birth, we're each given a pure, pristine *neshama*. Constantly nourishing our neshama is the key to living a spiritually inspired life -- through a healthy diet of Torah learning, prayer, and performing acts of kindness.

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Quote of the Week

"Many highly intelligent people are poor thinkers. Many people of average intelligence are skilled thinkers. The power of a car is separate from the way the car is driven". -- Edward de Bono (born 1933, physician, author, inventor, and consultant)



Joke of the Week

A 54 year old woman had a heart attack and was taken to the hospital.

While on the operating table she had a near death experience. Seeing G-d she asked "Is my time up?"

G-d said, "No, you have another 43 years, 2 months and 8 days to live."

Upon recovery, the woman decided to stay in the hospital and have a face-lift, liposuction, breast implants and a tummy tuck. She even had someone come in and change her hair color and brighten her teeth! Since she had so much more time to live, she figured she might as well make the most of it.

After her last operation, she was released from the hospital. While crossing the street on her way home, she was killed by an ambulance.

Arriving in front of G-d, demanded, "I thought you said I had another 43 years? Why didn't you pull me from out of the path of the ambulance?"



G-d replied: "I didn't recognize you."

(Thanks to Lisa Eisenkramer)

To our friends celebrating Birthdays & Wedding Anniversaries in the entire month of May

* Simchas this week, May 14 - May 20, 2011

Ted Pevnick Carol Abrams June Cohen Boruch Smason * Sherry Rubin Jim Pollock Don Eisenberg H.H. Bremler

* Mikhail & Khasya Epshteyn Robert & Sheryl Levine Charles & Gloria Waxman

* Bert Zakroff

* Tzipporah Zakroff Linda Szus Lester Figus Hershel Tendler Dana Szus Larry Comensky

Jay Pepose & Susan Feigenbaum Lawrence & Carol Abrams Victor & Anna Rose Tendler

PIZZA PIZZA PIZZA at NHBZ!!!

ion's Den DINE- IN Pizza Night SUNDAY, MAY 29 !!

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread & Salad plus Dessert & Beverage Kids 3 & under FREE Kids 4-12: \$6.00 Adults: \$10.00

NEXT CARRY-OUT NIGHT IS JUNE 15

From our NHBZ Family,

Everyone at Nusach Hari – B'nai Zion extends deepest sympathy to William Carter and his family upon the passing of his brother Willie.

May the Carter family find comfort in knowing that others understand and care.

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NHBZ's 2nd Annual Lag B'Omer



Pancake Breakfast

Sunday, May 22, 2011, 10:00 am until 12:00 Noon

All you can eat buffet

Blueberry, Chocolate Chip and Plain Pancakes, Scrambled Eggs Mini-bagels w/Cream Cheese, Margarine & Jelly Robin's Yummy Potatoes, Fresh Fruit, Coffee/Tea/Juice

PLUS Bone Marrow Transplant Information Drive in partnership with NCSY

8630 Olive Blvd

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Nusach Hari B'nai Zion's

Saturday Morning, May 14



8:30 am - Regular Shabbos Services 11:00 am - Break-out Sessions

- Jew and Gentile: The Torah Attitude toward Non-Jews Rabbi Ze'ev Smason
- The Jewish Right to Return to Israel from Exile Rabbi Chaim Possick of Torah MiTzion Kollel
- A Stranger Among Us: Is There An Obligation to Care For Illegal Immigrants?
 Rabbi Shlomo Soroka of St. Louis Kollel
- Hot Topics for Jewish Teens Avrumi Smason
- Tot Shabbat

Noon - Kiddush Lunch for all

All events are <u>free and open to the public</u>. Home hospitality for the weekend is available.

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Aish Jewish Speaker Series. Sara Rigler 'India to Israel: A Bumpy Spiritual Journey'

Sunday, May 15, 7:00 pm at the Aish Firehouse, 457 N. Woods Mill Rd., Chesterfield, MO, 63017, 314-862-2474

Sara Rigler is a graduate of Brandeis University. Her spiritual journey took her to India and through fifteen years of teaching Vedanta philosophy and meditation. Since 1987, she has been practicing Torah Judaism.

NHBZ Shul Tributes, May, 2011

IN MEMORY OF

Edwin Brownstein Marvin Goldfarb Bruce Shapiro

Lionel & Eleanor Kaiser

Susan Fadem Shirley Kaufer **Howard Sandler**

Bob Spiegelman Lil Simpson Natalie Wallerstein

Morris & Estelle Kram

Morris Fredlich

Stuart & Wendy Silk Adele Corson Lil & Louis Corson Joyce Kabak

Larry & Shirley Hollander Bernie & Nancy Winograd Paul & Betty Mendelson

Howard Sandler Jessica Fadem

Anita Wallach & Judy Wallach

Carol & Arthur Roth Susie & Leon Kravitz

Irv Steinberg

Janet Comfort & Family Joe & Beverly Schraibman Mickey & Eunice Shafer Mrs. Jackie Smason & Family Mr. & Mrs. Edward Deutch Joe & Jackie Iken

Barbara & Arthur Jacobs Joni & Alan Lebon

Marian Walters

Jon Hirsch & Robert Meck Mr. & Mrs. Albert Weltman Mitzi Seigel & Bill Melnick Mickey Hoffman & Family

Evelyn Marbain

Fred Willard & Anna Lanis

Cecile Raskas

Joyce Kabak & Family

Martin Goldstein, son-in-law of June

Cohen

Morris & Estelle Kram

Ruth Teaman Evelyn Marbain

IN HONOR OF

60th Wedding Anniversary of Gloria & Charles Waxman **Bob & Sandie Abrams**

Marian Walters

Harold & Fran Hoffman Bob & Joni Kaiser

A SPEEDY RECOVERY TO

Toby Weiner

Howard Sandler

Ken Chapel

Sandy & Kurt Kahn

Shirley Fredlich

Ruth Tegman

Anita & Judy Wallach

NHBZ Libby Needle Fund Tributes, May, 2011

IN MEMORY OF

Robert Spiegelman Lou & Shirley Osheroff

Ben Berger

Lou & Shirley Osheroff

Rose Wise, mother of Darlene Sokol Marcia Cohen

PURCHASED PACK OF CARDS

Sally Needle

A SPEEDY RECOVERY TO

Abe Dobin

Jackie & Craig Berkin

NHBZ Sisterhood Tributes, May, 2011

IN HONOR OF

Birthday of Craig Berkin

Fabian & Francine Attoun

Bertha Berman

Esther Kalina

Esther Levine

Birthday of Charles Waxman

Fabian & Francine Attoun

Bertha Berman

Esther Kalina

Esther Levine

Birthday of Sid Silverman

Fabian & Francine Attoun

Bertha Berman

Esther Kalina

Esther Levine

60th Anniversary of Charles

& Gloria Waxman

Fabian & Francine Attoun

Ruth Alper

Craig & Jackie Berkin

Esther Gelb Esther Kalina Esther Levine

Bertha Berman

Jerry & Frances Cohen

Birthday of Mr H. H. Bremler

Ruth Alper

Ted & Rachael Pevnick

Birthday of Ted Pevnick

Ruth Alper

Esther Gelb

NHBZ Sisterhood

Confirmation of Nathan Fenster

Esther Gelb & Bovs

Coming Marriage of Esther Kalina's

Niece Sammy

Bertha & Harold Berman

A SPEEDY RECOVERY TO

Nancy Benson

Craig & Jackie Berkin

Esther Gelb

Esther Kalina

Shirley Fredlich

NHBZ Sisterhood

Ted & Rachael Pevnick

Bertha Berman

Esther Kalina

Esther Levine

Esther Gelb

IN MEMORY OF

Son of Fred & Cecile Spiegelman

Ted & Rachael Pevnick

Marvin Stein

Morris Fredlich

Esther Levine

A.G. Family

Stanley & Lois Alper

Esther Kalina

Son In Law of June Cohen

Ted & Rachael Pevnick

Mel & Norma Appleman NHBZ Sisterhood

Ruth Alper

PURCHASED PACK OF CARDS

Marian Walters

Ze'ev Smason, Rabbi

Aaron Borow, Rabbi Emeritus Robert Kaiser, President

Dr. Ethan Schuman, Chazan

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