

NHBZ Shabbos Bulletin

May 21, 2011

Welcome to Nusach Hari B'nai Zion

17 Iyar, 5771

Torah Portion Bechukosai:
Haftorah Bechukosai:

Leviticus 26:3 - 27:34
Jeremiah 16:19 - 17:14

Stone Chumash pages 709 - 723
Stone Chumash pages 1179 - 1179

Happy Birthday to Ted Pevnick, and Mazel Tov to Barry Goldenberg and Jeremy Novack



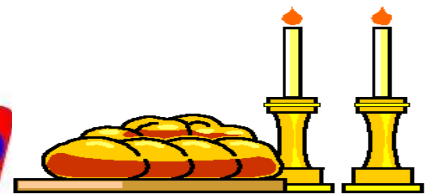
Erev Shabbos - Friday, May 20

- **Mincha & Maariv** (7:00 pm)
- **Candle Lighting** (7:52 pm)

Shabbos - Saturday, May 21

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Alan Haber**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Girls Jr. Congregation** (10:30 am) - Girls Jr. Congregation and younger children meet in the Children's Room on the lower level with **Nina Levine** and **Georgia Laird**.
- **Kiddush** (following Musaf) - is sponsored by **Rachael Pevnick** in honor of **Ted's** 88th birthday and in honor of their grandson **Barry Goldenberg** graduating from UCLA; **Barry** is continuing his education at Columbia University in New York, and is the son of **Andrea & Stan Goldenberg**; and by **Ruth Novack Alper** in honor of her grandson, **Jeremy Novack**, graduating from Ladue Horton Watkins High School; **Jeremy** will be attending Tulane University in the fall, and is the son of **Neal & Cindy Novack**.
- **Shabbos Study Group** (6:50 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (7:05 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos** (7:35 pm)
- **Shabbos Concludes** (8:56 pm)

שבת שלום



This Week

Davening Times	Shabbos May 21	Sun. May 22	Mon. May 23	Tues. May 24	Wed. May 25	Thur. May 26	Fri. May 27	Shabbos* May 28
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	7:35 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:40 pm

- **Sunday Learning** (Sunday May 22, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** (Sunday May 22, 9:15 am - 10:00 am) - with **Rabbi Smason**, for young men and women; now meeting at Starbucks at Olive and Price, with complimentary drinks to participants!
- **Lag B'Omer Pancake Breakfast** (Sunday, May 22, 10:00 am) - See picture ad for details.
- **Jewish Unity Live** (Sunday, May 22, 7:00 pm) - Celebrate Jewish Education with the St. Louis Kollel at the Renaissance St. Louis Airport Hotel; featuring a dairy dessert reception and **Rabbi Yechiel Spero** speaking on "Islam, Israel and the Unwavering Jewish Soul"; call 726-6047 for info.

- **Rabbi Smason's Lunch & Learn** (Wednesday, May 25, 12:15 pm) - Now studying *Pirkei Avos* (*Ethics of the Fathers* in English), which deals with Jewish ethical and moral principles; Please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Buy and Use Cash Cards and Kohn's Scrip** - Next Cash-card Order Days are May 31 and June 15; earn free money for NHBZ. Order your cards this week! Buy Kohn's Scrip any time.
- **YouTube** - Please see Rabbi Smason's "**Hey! Hey! Five in Five**" interview with Larry Levin of the St. Louis Jewish Light on YouTube - go to <http://www.youtube.com/watch?v=lfOKoMBDMks> .

Coming Events

- **Shabbos Kiddush-Luncheon** (May 28) - sponsored by **Drs. Susan Feigenbaum** and **Jay Pepose** in honor of their wedding anniversary on the previous day.
- **Next Dine-in Pizza Night** (Sunday, May 29)
- **Memorial Day Brunch & Learn** - (Monday, May 30) Shachris at 8:00 am followed by brunch; then *Rabbi Smason* will speak on the topic "Four Types of Students".
- **4th Annual Aish HaTorah Memorial Day Barbecue** (Monday, May 30) - see picture ad.
- **Morris Lengua Yiddish Club** (First Thursday, June 2, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Annual Barbara Mendelson Tomchai Shabbos Brunch** (Sun. June 5, 9:30 am) at U.-City Shul, 700 North and South Rd; tribute to Irv & Kay Diamant for service and kindness to our community; free brunch and presentation is sponsored by the Vaad Hoer. RSVP 726-2163.
- **Irvin Alper Social Club** (First Sunday, June 5)
- **NHBZ Women's Home Study Group** (First Tuesday, July 5, 2:30 pm; **no class in June**) - at the home of *Jackie Berkin*; Topic is "The Six Constant Mitzvos," presented by *Rabbi Shaya Mintz*, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Shavuos Dinner and Early-Bird Learning** (Tuesday night, June 7) see picture ad and Save the Date; **Shavuos** (June 8 & 9); **Yizkor** (June 9)
- **Next Carry-Out Pizza Night** (Wednesday, June 15)
- **Sisterhood Luncheon** (June 21)

MinayanMan News

- **Thursday Morning Regular Needed** - Contact Rabbi Smason (314-749-5271) or Howard Sandler (314-409-7266).

Meetings

- **Executive Committee** - (Tuesday, May 24, 7:30 pm following minyan)
- **Board of Directors** - (Tuesday, June 14, 7:30 pm following minyan)



Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Norma's Bakery** - is open again after a Pesach vacation.
- **Tributes** - Show your friends you care
 For a Shul tribute, call *Gloria Waxman* at 872-3296
 For a sisterhood tribute, call *Phyllis Silverman* at 434-2482
 For Libby Needle Fund tribute - Call *Sally Needle* at 314-991-2575
- **Buy a Brick Online** - Our website now accepts online donations through PayPal for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> and follow the instructions.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Bechukosai

May 21, 2011

17 Iyar, 5771

Welcome to Beyond Twelve Gates



How's your reputation? Stories abound of lost jobs and squandered opportunities when a savvy recruiter or inquisitive first date finds damaging information on a Facebook account or an Internet search engine. At your service is a company named *MyReputation* (Reputation.com) that contacts the operators of websites that you select to remove embarrassing, libelous or old information and photos. It also creates new custom pages containing your spiffy bio, which it makes sure ranks high in search-engine results. Plans start at \$129.00 a year, though high-roller packages go up to \$10,000.

Benjamin Franklin once said, "It takes many good deeds to build a good reputation, and only one bad one to lose it." Your reputation is precious and important; nearly 2,500 years ago King Solomon said, "A good name is better than riches." Guard your reputation carefully. It is a measure of who you are and what people can expect of you.

Parshas Bechukosai: Leviticus 26:3 - 27:34

Bechukosai, the last Torah portion in the book of Leviticus, begins by briefly listing some of the blessings and rewards that the Jewish people will receive for diligently learning and following the Torah. The Portion then shifts to the subject matter which has made it famous -- G-d's admonitions and warnings of the consequences if the Jewish people abandon the Torah. Step by step, the Torah describes the tragedies which will befall the Jewish people if they abandon observance of the Torah, providing an eerie account of what has been part of our history to this day. There is good news, however; *teshuva* (return, or repentance) is possible at any time to avert an otherwise harsh decree. The book of Leviticus concludes with a brief discussion of tithes.

Shemittah, and the following year, when things won't grow because there was no planting during *Shemittah*. The parsha also speaks about the poor



and downtrodden. Not only are we commanded to give them *tzedaka* and do acts of loving kindness for them, but ideally we are to provide them with the means to raise themselves out of their poverty-stricken state.

Rabbinic Ruminations



You've heard of a hummingbird -- but have you heard of a Nano Hummingbird? After 5 years of development, 300 different wing designs and a cost of \$4

million, a California company that makes unmanned aircraft for the U.S. military has unveiled a tiny flying spy-drone. The Nano Hummingbird looks like a real hummingbird with quickly flapping wings, and like the real bird, can hover in mid-air, perform rolls, back flips, and fly backwards. Operated remotely, the 6.5 inch camera-equipped hummingbird flies by beating its wings 20 times a second and is capable of remaining airborne for eight minutes per flight.

Hummingbirds (the real ones) have the fastest wings on earth. When flying, their wings beat 80 times per second, and up to 200 times per second during courtship displays. The hummingbird can hover in one place for as long as 50 minutes. Hummingbirds can fly in any direction and maintain a position while drinking nectar from flower blossoms. Hummingbirds, while in flight, have the highest metabolism of all animals; a Blue-throated Hummingbird's heart rate once measured 1,260 beats per minute. Even during rest their heart rate is 300 beats per minute. The hummingbird weaves its .08 inch diameter nest -- about the size of your thumbnail - out of spider webs. This is the smallest nest in the world. Its egg, only 0.236 inches in diameter and weighing 0.012 oz., is the smallest bird's egg.

The Nano Hummingbird is an impressive invention, but project manager Matt Keenon admitted, "It was never our intention to copy what nature has done; it's just too daunting." What some call 'nature', we call G-d. "O G-d, how great are Your works! In wisdom You have made them all; the earth is full of Your creatures." (Psalm 104:24)



Quote of the Week

"These are my principles. And if you don't like them... I have others." -- Groucho Marx



Joke of the Week



A gabbai (synagogue assistant) approaches a guest in the shul and says, "I want to give you an aliyah (be called to the Torah). What is your name?"

The man answers, "Sara bas Moshe."

The gabbai says, "No, I need YOUR name."

The man says, "It is Sara bas Moshe."

The gabbai asks, "Sara is a woman's name. How can that be your name?"

The man answers, "I've been having serious financial problems, so everything is in my wife's name."



OY VEY!



PIZZA PIZZA PIZZA at NHBZ!!!

Lion's Den **DINE- IN** Pizza Night

SUNDAY, MAY 29 !!

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Spaghetti,
Garlic Bread & Salad plus Dessert & Beverage
Kids 3 & under FREE Kids 4-12: \$6.00
Adults: \$10.00

NEXT CARRY-OUT NIGHT IS JUNE 15



TO OUR WONDERFUL NUSACH HARI FAMILY

With Love and Thanks for the many ways
you have done chesed for our family!

Delicious Shabbos dinner,
many tributes in memory of our dear

MORRIS FREDLICH

Loving Husband, Father, Grandfather
& Great-Grandfather

and for my *Refuah Shelema*.

I look forward to seeing you all in Shul very
soon!

Much Love,

Shirley Fredlich and Family

5th Annual Shavuos Dinner & Early Bird Learning Tuesday Night, June 7th

Davening at 8:00 pm * Dinner at 8:30 pm * Early-Bird Learning classes 10:00 pm

Buffet Menu: Jackie's French Onion Soup, Teriyaki Salmon and Plain Salmon, Salad Bar, Pasta Bar, Green Beans w/French's Crispy Onions, Cheesecake, Strawberries and Sugar-Free Pies!!!

Members: \$12.00

Non-members & Walk-ins: \$18.00.

RSVP a M-U-S-T: 314-991-2100, ext. 2. In addition to your reservations for the dinner, please become a sponsor @ \$20.00 to help offset the costs. Thanks to sponsors already on board:

*Bob & Sandie Abrams, Lenny & Fran Alper, Andy & Ellen Berg, Sam & Shirley Bluestein,
Drs. Susan Feigenbaum & Jay Pepose, Alan & Janet Haber, Bob & Joni Kaiser,
Bobby & Sheryl Levine, Ted & Rachael Pevnick, David & Fran Reisler, Mark Ragin & Gail Rose,
Robin Rickerman, Irwin & Roz Rosen, Jonathan & Naomi Shanker, Sid & Phyllis Silverman,
Gary & Trudy Sudin, Menachem & Linda Szus, Mayer Taller, Nusach Hari B'nai Zion Sisterhood*



**4th Annual Aish HaTorah
Memorial Day Barbecue
at Millenium Park**

Fun for the whole family!

- **Playground**
- **Covered pavilion**
- **Walking trail**
- **Baseball – game begins at 2pm**
- **Delicious food – dinner served at 4pm**
- **Splash pad – bring towel
& change of clothes**

Date: Monday, May 30th

Time: 2:00 – 6:00 PM

(Baseball at 2 pm, Dinner at 4 pm)

Adults \$10, Kids (4-12) \$5, kids (0-3) free

Location: Millenium Park in Creve Coeur

902 Mason Rd. (near Olive Blvd.

behind Barnes Jewish Hospital West)

**For more information, contact 314-862-2474
or cwoff @aish.com**

**Call us with the names of
your Graduates**

Before you know it, it will be graduation time. Do you have a graduate in your family? Please call the office, 314-991-2100, extension 2, and give us his or her name and school so we can wish your graduate a big Mazel Tov!

"Graduation Shabbos and our June Lunch & Learn will be held on Shabbos, June 18. We ask each family to honor their graduate(s) by helping to sponsor the lunch & dessert with an \$18.00 contribution."

**Cash Cards? Scrip?
You know what to do!**

**Mazel Tov
On Simchas this week!
May 21 - 27, 2011 !**

Happy Birthday

Phyllis Silverman

Happy Anniversary

Jay Pepose & Susan Feigenbaum

Show your friends you care - **SEND A TRIBUTE**
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

**Norma's Bakery
is Open**

Enjoy fresh baked homemade challah and cake, and support **NHBZ** at the same time!

Every purchase includes a donation to **NHBZ** & it *still* costs less than other "home" kosher bakeries

All baked goods are pareve and prepared in the NHBZ kitchen under **RABBINIC SUPERVISION** of Rabbi Ze'ev Smason

Challah, medium	\$4.50	(\$1.00 to NHBZ)
Challah, large	\$6.00	(\$2.00 to NHBZ)
Lemony Lemon Cake	\$8.00	(\$2.00 to NHBZ)
Chocolaty Chocolate Cake	\$8.00	(\$2.00 to NHBZ)
Fresh Apple Apple Cake	\$8.00	(\$2.00 to NHBZ)

Call Norma Yabeta at 314-398-1044 before Noon on Wednesday so your order will be ready for pick up before Shabbos.



Hmmm.....Does Moe's have a Gift Card?

Lag BaOmer

Pancake Breakfast

on Sunday, May 22nd, 2011
from 10:00 a.m. until 12:00 noon.

All you can eat buffet.



Blueberry, Chocolate Chip and Plain Pancakes, Scrambled Eggs
Mini-Bagels w/cream cheese, margarine & jelly,
Robin's yummy potatoes, Fresh Fruit, Coffee/Tea/Juice
Adults: \$10 Kids 4-10: \$5 Kids 3 & under: FREE

~ First come, first served ~
While all the goodies last!!!



Our menu is pareve and
under the supervision of
Rabbi Ze'ev Smason.

8630 Olive Blvd. • St. Louis, MO 63132 • 314-991-2100



And in partnership with NCSY, on Sunday May 22, NHBZ will host a Bone Marrow Transplant Information Drive. A simple gum swab test is all that is required to help with this tremendous need in the community for life-saving, bone marrow transplants donors. The NCSY kids will distribute information and coordinate the screening test under direction from the GIFT OF LIFE BONE MARROW FOUNDATION. www.giftoflife.org.