

NHBZ Shabbos Bulletin

Sept 1, 2012

Welcome to Nusach Hari B'nai Zion

13 Elul, 5772

Torah Portion Ki Seitzei
Haftorah Ki Seitzei

Deuteronomy 21:10 – 25:19
Isaiah 54:1 - 54:10

Stone Chumash pages 1046 - 1067
Stone Chumash pages 1201

Erev Shabbos - Friday, August 31

- Mincha & Maariv (7:00 pm)
- Candle Lighting (7:15 pm)

Shabbos - Saturday, September 1

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Max Gornish**
 - Haftorah: **Fabian Attoun**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 am – Noon) – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – 11:00 am) – for children ages 4-8, in the Youth Lounge on lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush** (following Musaf) -
- **Shabbos Study Group** (5:55 pm) - Studies in Tanach, led by **Moshe Pinto**
- **Mincha / Shalosh Seudos / Ma'ariv** (6:55 pm)
- **Shabbos Concludes** (8:16 pm)



שבת שלום


This Week

Davening Times	Shabbos Sept 1	Sun. Sept 2	Mon. Sept 3	Tues. Sept 4	Wed. Sept 5	Thur. Sept 6	Fri. Sept 7	Shabbos Sept 8
Shachris	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Maariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:45 pm
Events	Shabbos Learning	Learn; RAP; Picnic	Labor Day	Buy Cash Cards	Lunch 'n' Learn; Cooking	Shechita Class; Yiddish Club	Erev Shabbos	Synaplex Shabbos

- **Sunday Learning** (Sunday, Sept 2, after Shachris) - **Rabbi Chanan Swidler** of Aish leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, Sept 2, 10:15 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price, with complimentary drinks to all!
- **Labor Day Weekend Family Picnic & BBQ** (Sunday, September 2, 4:30 pm – 7:00 pm) - Irv Zeid Park, around the corner from NHBZ; if it rains, we'll move next door to NHBZ
- **Tanya Class** (*No class this week*, next class Sunday, Sept 9, 8:00 pm) - **Rabbi Shaya Mintz** of St. Louis Kollel explores mystical psychology and theology of the Tanya, that serves as a guide to spiritual and ethical life in Jewish observance.
- **NHBZ Women's Home Study Group** (First Tuesday, Sept 4, 2:30 pm) – *New Location*: this session will be at NHBZ in the Teen Lounge, lower level; topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; all women are welcome; please join us!

- **Rabbi Smason's Lunch & Learn** (Wednesday, Sept 5, 12:15 pm) - in the Teen Lounge; now studying Pirkei Avos (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- **Cooking for Rosh Hashanah** (Wednesday, September 5, 7:00 pm – 9:00 pm) - \$10, limited to 15 people, so sign up soon!
- **AARP Driver Safety Program** (Thursday, Sept 6, 1:00 pm – 5:00 pm) – at JCC Staenberg Building, 2 Millstone Campus Drive; call 812-9300 for details.
- **Shechita Class** (Thursday, Sept 6, 5:30 pm – 6:30 pm) - An 8 month series of classes for men led by Rabbi Chaim Loike, a Rabbinic Coordinator with the OU Kashruth Division; at NHBZ lower level.
- **Morris Lengua Yiddish Club** (First Thursday, Sept 6, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; "mavens" as well as novices are welcome.
- **Buy and Use Cash Cards** (Monday – Friday) – Next order dates are **Thursday, September 13** and **Thursday, September 27** ; buy 'em before these dates and earn free money for NHBZ.

Coming Events

-  (Shabbos, September 8)
- **“Early-in-the-Month” Dine-In Pizza Night** (Sunday, September 9, 5:00 pm – 7:00 pm)
- **Lori Palatnik** (Wednesday, Sept 12, 7:30 pm) – at JCC Staenberg Building, 2 Millstone Campus Drive; will speak on the topic *“Testing 1,2,3: How to Pass Life's Challenges with Flying Colors!”*; sponsored by Aish HaTorah and Nishmah; for details or to RSVP, call 862-2474 or email cwolff@aish.com .
- **Carry-Out Pizza Night** (None in September)
- **Irvin Alper Social Club** (Next meeting after the holidays).
- **Sisterhood**
- **Women’s Guide to Time** (Next meeting after the holidays) - Explore the powerful opportunities the Jewish lunar calendar offers women; presented by **Rebbitzen Chani Smason**;

Kasherus Alert

- **Paner Bhurji Vegetarian Rolls** bear an unauthorized OV Symbol and are not certified kosher by the Vaad Hoer of St. Louis.

Meetings

- **Board of Directors** (Tuesday, September 11, at 7:30 pm following minyan)



Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **No Free Money for NHBZ This Week *unless you act!*** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Maven Janet Haber at 567-7406 for details.
- **No More Volunteer Opportunities because everything is done, *NOT*** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you; please call the office to volunteer.
- **Minyan Men** – If you cannot attend Minyan on your regular day, please call in advance so we can get a substitute: Mayer Taller 997-0527, Rabbi Smason 749-5271, Howard Sandler 409-7266
- **Holiday Sanctuary Setup** (September 9, 7:00 pm after Pizza Night) - We need volunteers to help set up the Sanctuary for Rosh Hashanah; please contact Lenny Alper at 993-4024 to help.



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Ki Seitzei

September 1, 2012

13 Elul, 5772

Welcome to Beyond Twelve Gates



David Hu was sitting on the porch with his infant son when a large mosquito bite appeared on the baby's forehead. It was pouring rain, and Hu, a mechanical engineer, began wondering how the insect survived the impact of the drops. "A mosquito weighs only a couple milligrams, and the drops are up to 50 times heavier," he said. "It's like a person being hit by a bus." Raindrops fall far too fast for any insect to avoid them.

Back at his lab, Hu put the insects in cages and doused them with rain-size drops. He then hooked up high-speed cameras to find out how the insect's body structure allows it to weather the weather. The video showed that in most of the collisions, glancing blows sent the mosquitoes spinning away, but even when the insects were hit directly, they only fell about 20 body lengths. Why? A mosquito's mass is so minute that little of a drop's momentum is transferred to its body. Instead of getting flattened, the mosquito merely spins. Hu likens it to an asteroid hitting a piece of paper: The paper is so light that, rather than getting crushed, it is just pushed aside.

When people are unfairly criticized or insulted, their usual response is to defend themselves by arguing against the criticism or responding to the insult. Unfortunately, such a response usually steps up the battle. What, then, should one do? In many places Torah is compared to water: Just as water flows to the lowest place, so too Torah goes to those with a humble spirit. A person who walks with humility won't even feel the sting of unfair criticism or insults. Sometimes, being tiny is a big advantage.

Parshas Ki Seitzei - Deuter. 21:10 - 25:19



This week's Torah portion contains 74 mitzvos (commandments) -- more than 10% of the 613 mitzvos of the Torah.

Among the highlights:

- Guidelines for treatment of captured female prisoners of war
- Treatment of the 'stubborn and rebellious son'

- Prohibition of wearing *shatnez* -- a mixture of wool and linen in the same garment
- The case of the defamation of a married woman
- Men are forbidden from wearing women's clothing and vice versa.
- Taking interest for lending to a Jew is forbidden
- The requirement of a *get* (bill of divorce) when divorce takes place
- The obligation to pay workers in a timely fashion (handymen, babysitters, etc)
- Special consideration must be given to a widow and orphan

This power-packed Torah portion concludes with the command to remember the atrocities which the nation of Amalek (from whom Haman came) committed against us upon our exodus from Egypt.

Rabbinic Ruminations



Whether it's an email from Nigeria offering to share an inheritance or a con artist selling the Brooklyn Bridge, the young and old tend to be more easily duped than middle-aged people. Now, researchers have pinpointed the area of the brain responsible for this gullibility

and have theorized why it makes children, teens and seniors less likely to doubt. The ventromedial area of the prefrontal cortex of the brain -- a softball-sized lobe in the front of your head, just above your eyes -- appears to be responsible for allowing you to pause after hearing or reading something and consider whether it's true, according to a study published recently in the journal *Frontiers in Neuroscience*.

"When most adults hear or read something, they believe it at first, and begin to process it," explained study author Erik Asp, "and then they start asking questions. But we're all susceptible to believing something initially." In children, the prefrontal cortex is still developing, not reaching full maturity until the late teens or even early 20s. As you age, the brain area responsible for doubting may begin to deteriorate, gradually reducing your propensity to question. The area is the last thing to develop in the brain and may be the first area to begin to show some decline, Asp explained.

Where does being gullible end, and being trusting

begin? The term *emunah*, which is rendered in English as "faith" or "belief," occurs for the first time in the Torah in connection with Abraham. This *emunah* is more than faith or belief: It is trust and reliance upon G-d, based upon our knowledge that He created us, has previously performed countless acts of kindness for us and our forebearers, and as our Father in heaven, He loves us with an everlasting love. Trust in G-d and rely upon Him, as King David said, "Some trust in chariots, and some in horses; But we will remember the name of the Lord our G-d" (Psalm 20:7)

Quote of the Week

"Every person is guilty of all the good he didn't do"
 -- Voltaire (French author, humanist)

Joke of the Week

In Minsk University Medical school in the 1930s, old professor Zeldovich delivered a lecture to graduate medical students. The subject: serious brain disorders. A very ill woman was brought in as a subject for the study.

Prof. Zeldovich: Could you please tell us your name?

W: I don't know.

Prof. Zeldovich: What is your age?

W: I don't know.

Prof. Zeldovich: Are you married? Do you have any kids?

W: I don't know.

Prof. Zeldovich: Who brought you here?

W: (agitated): Darn Jews!!!

The auditorium fell silent. The students felt very bad, as they knew their beloved and kind professor was Jewish. However, without blinking an eye, Professor Zeldovich in his usual calm manner continued his lecture: "Dear colleagues, now you can see how little brain activity is required to become an anti-Semite..."



(thanks to Jerry Pritzker)

Mazel Tov On Simchas

Sept 1 - Sept 7

Happy Birthday

Fabian Attoun	Norma Rubin
Howard Sandler	Betty Parker
Herman Drifon	Dorothy Kissell

Happy Anniversary

Edward & Judy Ziegelman
 Joel & Susan Manesberg

Show your friends you care - **SEND A TRIBUTE**
 Shul: Call Gloria Waxman 314-872-3296
 Sisterhood: Phyllis Silverman 314-434-2482
 Libby Needle Fund: Sally Needle 314-991-2575
 Chesed Fund: Drop by the office for a Card Pack

LABOR DAY WEEKEND
FAMILY PICNIC & BBQ

Where: Irv Zeid (Citizen's) Park
 on Old Bonhomme just east of Price
When: Sunday, Sept. 2, 4:30 pm to 7:00 pm

Hot dogs, hamburgers, side dishes and beverages will be available for sale

If it rains, we'll move next door to NHBZ

Special Labor Day Show!!

Max and 2 of his buddies from Circus Harmony will be at the BBQ Sunday
 Watch the juggling and circus acts!!
 For the whole family!!

Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Ask in person, phone or email: Pepshort613@gmail.com

Question:

What is the purpose of visiting a grave, and when should one do so?

Answer:

The ancient custom of visiting and davening at graves during times of tribulation has many sources in Talmudic literature. Indeed, it is appropriate to do so on public fast days in general, and on Tisha B'Av after midday in particular. Erev Rosh Hashanah, too, is a day when it has become customary to visit graves.

Visiting a grave serves as a reminder of man's immortality so that one repent while he still can. Additionally, a visit to a grave inspires us to daven directly to Hashem that in the merit of the dead, He should have mercy on us. In visiting the graves of the righteous, we remind Hashem of the merits of the holy tzadikim who are interred there.

It is strictly forbidden to daven directly to a dead person or to angels so that they should help us. The most that is permitted, according to some opinions, is to ask them to act as our emissaries to Hashem, so that Hashem will look favorably and mercifully upon us.

ISRAEL CORNER

The Shanghai Ranking, considered one of the most reliable university ranking systems, has named three of Israel's universities to the world's 'Top 100' list.

Interested in **NHBZ**

MEMBERSHIP?

Call the NHBZ office at
314-991-2100 extension 2

We welcome Jews at all levels of observance and regardless of financial status.

COOKING FOR ROSH HASHANA

Wednesday, September 5, 7:00 pm – 9:00 pm

Limited to 15 people, sign up soon

\$10 donation per person

Call the NHBZ office at 991-2100

Getting to Know You

by Roving Reporter Robin Rickerman

This week featuring **Howard Sandler**.



Tell me a bit about your family history.

I was born in St. Louis, and graduated in the class of '55 from U-City High. My father was from Lithuania and my mother was a native of St. Louis. I am the youngest of 3 children. I have a sister and brother-in-law in Israel and a brother in upstate New York.

What is your favorite Jewish Holiday?

I enjoy Pesach. I go to New York every year to be with my 5 beautiful daughters, 17 grandchildren and their families.

What is something about you that most people don't know?

I was in the insurance medical field in St. Louis for 18 years.

How did we become so fortunate to have you so as a member of Nusach Hari?

I was attracted to the Shul by Rabbi Smason.

If you could travel ANY WHERE IN THE WORLD, where would you go and what would you do?

To play music in Las Vegas....JUST KIDDING. No really, I would love to be with my daughters and their families in New York.



PIZZA PIZZA PIZZA
at NHBZ!!!

Lion's Den **DINE-IN** Pizza Night

EARLY-IN-THE-MONTH-DATE

SUNDAY, SEPTEMBER 9 !!

5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of
Pizza, Spaghetti, Garlic Bread & Salad
plus Dessert & Beverage

Kids 3 & under FREE

Kids 4-10: \$6.00

Adults: \$11.00



No Carry-out Night in September



Saturday Morning, September 8

- 8:30 am - Regular Shabbos Services
10:15 am - Learner's Service in the Chapel
- led by **Rabbi Ze'ev Smason**
11:00 am Break-out sessions
- Ten Books No Jewish Home Should Be Without - Led by **Rabbi Ze'ev Smason**
 - Six Tools to get what you want this year: tap into the resources the Almighty put inside you - Led by **Rabbi Max Weiman**, Director of Kabbalah Made Easy
 - My Time at the UN: The Changing Role of U.S. Diplomacy - led by Missouri State Auditor **Thomas Schweich**, former Chief of Staff under U.N. Ambassador **John Bolton**
 - Youth Programming: For kids 4 and over - led by **Abi Epstein**
 - Tot Shabbat -led by **Whitney Gartenberg**
- 12:00 Noon - Kiddush lunch in honor of September birthdays and anniversaries
- All events are free and open to the public. Home hospitality for the weekend is available.*

Davening Tip

Silence during davening is golden!

"I've begun to realize that you can listen to silence and learn from it. It has a quality and a dimension all its own."

-- Chaim Potok, *The Chosen*

THANKS

We want to express our gratitude to all our friends at NHBZ who were able to join us for our Kiddush and, most importantly, to all the many people who made donations to NHBZ and to the Sisterhood in our honor. We are so grateful to be a part of the NHBZ family.

David, Norma and Yitzchak Rubin

Wednesday, September 12th

LORI PALATNIK

world renowned speaker, author and force behind The Jewish Women's Renaissance Project
Experience this amazing opportunity to learn and be inspired by one of the world's most dynamic women!

Testing 1,2,3: How to Pass Life's Challenges with **Flying Colors!**

Wed., Sept. 12th, 7:30 pm
JCC Arts & Education Building
2 Millstone Campus Drive,
St. Louis, MO 63146
Suggested Donation of \$5



RSVP to cwolff@aish.com or 314-862-2474

Co-Sponsored by Aish HaTorah and Nishmah

More options for you and your family on Rosh Hashanah and Yom Kippur!

What's New This Year?

Rosh Hashanah and Yom Kippur Family Services

Singing, Dancing, Snacks, and Prayers
Appropriate for families with Children ages 1 - 6

Family Services

- 1st Day Rosh Hashanah 10:15 am – 11:00 am
- Yom Kippur 10:15 am – 11:00 am

Expanded Learners Services for Adults with Aish HaTorah

- 1st Day Rosh Hashanah
Sunday evening Sept 16, 6:45 pm
Monday morning Sept 17, 10:00 am–12:30 pm
- Yom Kippur
Tuesday evening Sept 25, 6:25 pm
Wednesday Sept 26 10:00 am – 12:30 pm

...and of course, our spiritually uplifting and meaningful Regular Services

Questions?: (314)991-2100 ex 2 www.NHBZ.org