

NHBZ Shabbos Bulletin

September 24, 2011

Welcome to Nusach Hari B'nai Zion

25 Elul, 5771

Torah Portion Nitzavim-Vayeilech Deuteronomy 29:9 – 31:30
Haftorah Nitzavim: Isaiah 61:10– 63:9

Stone Chumash pages 1086 - 1099
Stone Chumash pages 1202 - 1204

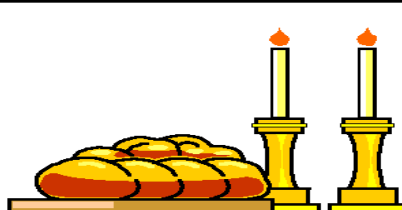
This Shabbos Bulletin is sponsored by **Vicki Sussman** to thank those individuals who sent a Shabbos dinner to the family while they were sitting shiva for **Shirley Sussman, z"l**, wife of **Carl Sussman**.

Erev Shabbos - Friday, September 23

- **Mincha & Maariv** (6:35 pm)
- **Candle Lighting** (6:39 pm)

Shabbos - Saturday, September 24

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Ethan Schuman**
 - Leyning: **Michael Shapiro**
 - Haftorah: **David Rubin**
 - Sermon: **Rabbi Smason**
 - Musaf: **Ethan Schuman**
- **Learners Service** (10:30 am) – Led by **Rabbi Shmuel Greenwald** of Aish Hatorah, in the Chapel.
- **Girls Jr. Congregation** (10:30 am) - Girls Jr. Congregation and younger children meet in the Children's Room downstairs with **Nina Levine** and **Georgia Laird**.
- **Kiddush** (following Musaf)
- **Shabbos Study Group** (5:35 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys' Mishna Study Group** (5:50 pm) - With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos/Ma'ariv** (6:20 pm)
- **Shabbos Concludes** (7:40 pm)
- **Selichos** (Tonight, 12:30 am)



This Week

	Shabbos Sept 24	Sun. * Sept 25	Mon. * Sept 26	Tues. * Sept 27	Wed. * Sept 28	Thur. * Sept 29	Fri. * Sept 30	Shabbos Oct 1
Shachris	9:00 am	8:00 am	6:30 am	6:30 am	6:15 am	8:00 am	8:00 am	9:00 am
Mincha/Maariv	6:20 pm	6:25 pm	6:25 pm	6:25 pm	6:25 pm	6:25 pm	6:25 pm	6:20 pm

*SELICHOS *SELICHOS *SELICHOS *SELICHOS *ROSH HASHANAH

- **Sunday Learning** (tomorrow, Sunday Sept 25, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, September 25, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Selichos** (Mon Sep 26 6:30 am, Tue Sep 27 6:30 am, Wed Sept 28, 6:15 am) -
- **Rabbi Smason's Lunch & Learn** (None this week, continues on Wed, Oct 5, 12:15 pm, in the Teen Lounge on the lower level) - Now studying *Pirkei Avos* (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Buy and Use Cash Cards and Kohn's Scrip** (Monday – Friday) - Next Cash-card Order Days are **Monday October 3** and **Monday October 17**; earn free money for NHBZ; order your cards this week; Kohn's Scrip is temporarily sold out.

- **Send Sisterhood New Year Greetings** (ASAP) – Once again, our Sisterhood invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family; see picture ad.
- **High Holiday Seating** (ASAP) – To guarantee your seat, make sure your dues are paid or that you have a payment plan in place!

Coming Events

● **Holidays**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 25 - early morn Selichos	Sep 26	Sep 27	Sep 28 - Erev Rosh Hashannah	Sep 29 - 1 st day Rosh Hashannah	Sep 30 - 2 nd day Rosh Hashannah	Oct 1 Shabbos
Oct 2 - Fast of Gedaliah	Oct 3	Oct 4	Oct 5	Oct 6	Oct 7 - Kol Nidre - Erev Yom Kippur	Oct 8 Yizkor – Yom Kippur
Oct 9	Oct 10	Oct 11	Oct 12 - Erev Sukkot	Oct 13 - 1 st day Sukkot	Oct 14 - 2 nd day Sukkot	Oct 15 Shab. Chol Hamoed
Oct 16 Chol Hamoed	Oct 17 Chol H.	Oct 18 Chol H.	Oct 19 Hoshanah Rabbah	Oct 20 Yizkor - Shemini Atzeret	Oct 21 Simchas Torah + Lunch	Oct 22 Shabbos

- **Dine-in Pizza Night Night** (Sunday, September 25, 5:00 pm – 7:00 pm)
- **NHBZ Women's Home Study Group** (First Tuesday, October 4, 2:30 pm) - at the home of Jackie Berkin; Topic is "The Six Constant Mitzvos," presented by Rabbi Shaya Mintz, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Morris Lengua Yiddish Club** (First Thursday, October 6, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome – IN THE NEW BUILDING.
- **Sisterhood Lunch & Bingo** (Tuesday, October 18, Noon) – Everybody is welcome – men and women; \$3 donation entitles you to 2 Bingo Cards and lunch.
- **Irvin Alper Social Club** (Usually First Sunday, date to be announced)

Meetings

- **Executive Committee** (Tuesday, September 27, 7:15 pm following minyan)
- **Board of Directors** (Tuesday, October 11, 7:00 pm following minyan)



Kashrus Alerts

- **Entenmann's** – Most Entenmann's products sold in the U.S. bear a valid OU-D certification; but recently some Entenmann's products distributed in the U.S. have a KDM certification from Mexico. The KDM certification on Entenmann's products is unauthorized.
- **Tree Top 100% Juice – Berry** – bears an unauthorized OU; corrective measures are being taken.
- **Baked Goods Update from the Vaad Hoeir** - baked goods made by Breadsmith, Simon Kohn's and Toby's Challa House Bakeshop are Pas Yisroel; baked goods made by Schnucks and Pratzel's Eastgate Bakery are NOT Pas Yisroel; baked goods made by Dierbergs are NOT Pas Yisroel EXCEPT FOR some specific cakes, bobkas and challahs which are clearly marked as Pas Yisroel on the label.

Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2.
- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.

***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Nitzavim/Vayeilech

September 24, 2011

25 Elul, 5771

Welcome to Beyond Twelve Gates



Jessica Cox can type, drive a car, brush her hair and talk on the phone. Performing these ordinary daily tasks aren't particularly remarkable -- until

one realizes that Jessica, a young woman who was born without arms, has been able to rack up a long list of these and other outstanding achievements in spite of her disability. Ms Cox, who holds a bachelor's degree in psychology from the University of Arizona and works as a motivational speaker, is also a former dancer and the world's first armless black belt in Tai Kwon-Do. She has a no-restrictions driving license, and became the first pilot in the U.S., using only her feet, to be licensed to fly. Using only her feet as most people use their hands, Jessica can type 25 words a minute, put in and remove her contact lenses, pump her own gas, and is a certified Scuba Diver. Speaking of her disability, Jessica said, "Handicaps are mindsets, whatever it is that stands in the way of achieving something, that's when it's a handicap."

When life throws a dagger at you, there are only two ways to catch it; either by the blade, or by the handle. Dealing with the inevitable difficulties we encounter requires us to catch adversity by the handle and use it as the tool for which G-d intended. The Book of Proverbs says (24:10), "If you faint in the day of adversity, your strength is small." With tenacity, perseverance and faith and trust in G-d, we will have the strength to meet any challenge.

Parshas Nitzavim/Vayeilech – Deut. 29:9 – 31:30



Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's 'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. A question for your consideration; how could someone not present be bound to a commitment made by their ancestors? What is the binding force today that obligates all Jews to keep a Torah accepted over 3,000 years ago?

Moses tells the people that although eventually they will sin, in time they will repent and return to the

Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Vayeilech opens with Moses walking through the Jewish camp on the final day of his life to say goodbye to his beloved people. He teaches them the mitzvah of *Hakel*, the once-in-seven-years gathering of the entire nation to hear the king read certain passages from the Torah. G-d commands that a special Torah, written by Moses, be placed by the Levites at the side of the Holy Ark to bear witness against Israel if they were to ever deviate from its teachings.

Rabbinic Ruminations



Imagine being placed for a week in a house with a random selection of people from every walk of life. On average, would you like your housemates more, or less, after the week? For years many psychologists have assumed that familiarity breeds liking.

A new study published in the *Journal of Personality and Social Psychology* supports the "familiarity leads to attraction" hypothesis. Experiments were conducted in which two previously unacquainted same-sex persons interacted with each other for varying amounts of time. The more the participants interacted, the more attracted they were to each other. Processes that contributed to this effect were greater responsiveness and comfort with 'familiar people.' On the other hand, a series of studies by Norton, Frost, and Ariely (2007) challenge this assumption. Those studies found that more information about another person promotes perceptions of dissimilarity and, hence, disliking.

Jewish consciousness says that familiarity can breed *either* affection or contempt, depending upon perspective. Like the title of the old song, "To Know You (Is to Love You)", one inclined to focus on a person's virtues and qualities will see the good. However, one looking for the worst, or even the not-

so-good, will easily find it. A fundamental rule of the Torah (Leviticus 19:18) states; "... you shall love your fellow as yourself -- I am G-d." This passage, carefully worded, instructs you to love others as you love yourself. Just as you love yourself instinctively, focusing on your positives and strengths, so you should love others, paying attention to the good within them.

Quote of the Week

"If you haven't any charity in your heart, you have the worst kind of heart trouble" -- Bob Hope



Joke of the Week

What is the difference between a Triathlon and a Minyan (Jewish prayer service)?

In a Triathlon, all participants start together, but finish at different times. In a Minyan, all participants start at different times but finish together!

(thanks to Dr. Arnold Brody)



OY VEY!

Mazel Tov
On Simchas this week!
September 24 - 30, 2011

Happy Birthday

Esther Ringermacher
Asher Zarkowsky Emma Mufson
Sandra Segall Joann Raskas
Rochel Zakroff Don Kleiman
Andrew Abrams Ruth Novack Alper

Happy Anniversary
Vitaly & Alla Gipkhin

Show your friends you care - **SEND A TRIBUTE**
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

The NHBZ Sisterhood

wishes you and your loved ones
Health, Happiness & Prosperity in the New Year

Our Sisterhood invites you to wish L'Shana Tova
Tikatevu to everyone in our NHBZ family.

Send your check (minimum \$5 please) to
NHBZ Sisterhood

along with how you want to list your name(s).
Names will be published in the Shabbos Bulletin.



Send your contribution to:
Esther Gelb
10358 Chimney Rock, #4
St. Louis, MO 63146



PIZZA PIZZA PIZZA
at NHBZ!!!

Lion's Den DINE- IN Pizza Night
SUNDAY, SEPTEMBER 25 !!
5:00 pm - 7:00 pm

All-You-Can-Eat Buffet of Pizza, Cold Italian Pasta,
Garlic Bread & Salad plus Dessert & Beverage

Kids 3 & under FREE Kids 4-12: \$6.00 Adults: \$10.00

NEXT CARRY-OUT NIGHT IS TO BE ANNOUNCED

Have a Beautiful Sukkos with Your Own Esrog & Lulav

We hope that everyone in our NHBZ family will have an Esrog & Lulav for Sukkos. We will be happy to order your set for you and have it ready for pick up at the shul in time for Sukkos.

Complete sets cost \$45, \$55, \$65 and \$80.

If you want us to order your set, please call the office, 314-991-2100, ext 2, by Monday, Sept. 26th.
or send your check to our office, 650 N. Price Road, or call to place the charge on your credit card.



Simchas Torah Events



Thursday Night October 22
and Friday October 23



EREV SIMCHAS TORAH

Thursday Night, October 22

Break for Dinner between Hakafo - FREE TO ALL.
Please RSVP, 314-991-2100, ext. 5, so we know how many people to prepare for. Thanks to these generous people for sponsoring the dinner so we can offer it free to all who attend our Simchas Torah night:

Bob & Sandie Abrams	Andy & Ellen Berg
Dr. Craig & Jackie Berkin	Sam & Shirley Bluestein
Drs. Susan Feigenbaum & Jay Pepose	
Alan & Janet Haber	Mark Ragin & Gail Rose
Irwin & Roz Rosen	Dr. Jon & Naomi Shanker
Menachem & Linda Szus	Mayer Taller

Thanks to the **Sisterhood** for providing Candy Apples!

SIMCHAS TORAH DAY

Friday, October 23

Lunch. Services will end at about 12:30 p.m. followed by kiddush –which is free to all as usual. Then join us for a wonderful lunch of Deee-licious StuffedCabbage, Hot Dogs for kids, Baba's To-Die-For Killer Potatoes, Cole Slaw, Green Bean Salad, Dessert & Beverages.

Adults: \$12.00; Kids 6-10: \$5.00; Kids 5 & under: Free.

RSVP, 314-991-2100, ext. 5.

High Hoilday Learners Service at

NHBZ

presented by Aish HaTorah

Rosh Hashana, Sept 29, with Rabbi Swidler

Yom Kippur, Oct. 8, with Rabbi Goldson

Both days at 11:30 am



CLASSES AT THE AISH FIREHOUSE

Yom Kippur:

The Art of
Reconciliation

Sunday, Oct 2nd at 8 pm

Special guest speaker:
Rabbi Yitzchok Feldheim

Senior Lecturer for
Discovery Seminars

Cost: \$10

**Understand the Meaning behind the Jewish
Holidays Tuesday evenings at 8 pm with
Rabbi Shmuel Greenwald**

Recommended donation of \$5 per class.

Sept 27 Rosh Hashana: who are you and who
do you want to be?

Oct 4 Yom Kippur is for Spiritual repair to
become a greater person.

Oct 11 Succot: Celebrate our accomplishments

aish
St Louis

Sponsorship opportunities available

To RSVP call 314-862-AISH (2474)

Or email: cwolff@aish.com

MinyanMan Tip # 9

Try out the holiday brunch and learn minyan -
you'll like it!

Howard Sandler (409-7266)
Rabbi Smason (749-5271)
Office (991-2100)

This is a good time to stock up on

CASH CARDS

in advance of Chanukah
in addition to your regular shopping needs



From our family to yours:
L'shanah Tovah Tikasevu,
"May you be inscribed for a
good year"

FAQs (Frequently Asked Questions) about our new Shul

1. **Where is my High Holiday seat?** - We are working on the seating chart now. Since the Sanctuary configuration is different from the old building, we are trying to place each member in a seat that is similar in location and neighbors as his or her old seat. We will not send out tickets this year, but the seating chart will be posted at each entrance so you can find your seat. Ushers will be available to help you. The new sanctuary has fewer seats than the old, so, **to guarantee that you have a seat, please make sure that your dues are paid or that you have a payment plan in place.**
2. **Will there be any seats available for non-members?** Yes. Visitors who have not pre-registered and who do not have an assigned seat may sit in any of the seats which have not been reserved. These seats are marked as 'guest' on the seating charts. At the same time, visitors should refrain from sitting in someone's reserved seat.
3. **Where are the Stained Glass Windows?** – We are still developing the best lighting solution, and we won't hang them until we get a permanent occupancy permit. That probably will be after Simchas Torah.
4. **Where are the Memorial Boards?** – We are in the process of building new wooden boards on the lower level, and of removing all the name plates from the old building. We hope to have all the name plates installed in the new building in time for Yizkor on Yom Kippur.
Volunteers are needed to complete this on time! Please call the office.

From the family of **Shirley Sussman, z"l**. We are very grateful to the following families for sending the wonderful Shabbos dinner during shiva for our beloved wife, mother and grandmother, **Shirley Sussman, z"l**. Your thoughtfulness and kindness is greatly appreciated. Thank you very much to each of you:

Bob & Joni Kaiser

Menachem & Linda Szus

Ted & Rachel Pevnick

Charles & Gloria Waxman

David & Fran Reisler

Bob & Sandie Abrams

Craig & Jackie Berkin

Ron & Ina Makovsky

Irwin & Roz Rosen

Sid & Phyllis Silverman

Don & Julie Eisenberg

Harold & Fran Hoffman

Sam & Shirley Bluestein

Esther Gelb

Ruth Alper

Pepose Family

Les & Mimi Sabol

With thanks from **Carl Sussman** and Family



Hasta Luigi, Dudecycles!

Submitted by
William Murray

Millstone Mikvah Men's Schedule for Yomim Tovim

Erev Rosh Hashanna, Wednesday, September 28th: 10am – 4:00pm

Erev Yom Kippur, Friday, October 7th: 10am – 4:00pm

After 4pm the mikvah door will be on combination, Aleph, Gimmel, Hey.

The fees are: Adults \$7.50, Pre-Bar Mitzvah boys \$5.00

"Klei Kodosh" \$5.00, Sons of "Klei Kodosh" Free

Shabbos Mikvah (Y.I.) Men's Schedule for Yomim Tovim

Tuesday Sept 27 thru Rosh Hashannah, Friday, Sept 30: Not Available

Shabbos Oct 1 thru Wednesday, Oct 5: Available

Sunday Oct 9 thru Monday Oct 10: Available

Tuesday Oct 11 thru 2nd Day Succos, Friday Oct 14: Not Available

Shabbos Oct 15 thru Monday Oct 17: Available

Tuesday Oct 18 thru Simchas Torah, Friday, Oct 21: Not Available

Regular schedule will resume on October 22, Shabbos Bereishis.

High Holiday Preparations

CANDLES: It is the woman's obligation to kindle 2 candles on the 1st & 2nd nights of Rosh Hashanah & Erev Yom Kippur.

ROSH HASHANAH BROCHOS FOR CANDLES:

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHEL YOM TOV. (On Friday night: L'hadlik Ner Shel Shabbos V'Yom Tov.)

2. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM SH'HECHEYANU V'KEEY'MANU V'HIGH'ANU LAZMAN HAZE. (Both nights)

YOM KIPPUR BROCHOS FOR CANDLES:

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHEL YOM HAKIPURRIM.

2. SAME AS 2nd BROCHA ON ROSH HASHANAH.

ON THE TABLE It is customary to have fish and carrots at the table on Rosh Hashanah. Fish and carrots are symbolic of being fruitful and multiplying. We hope that our good deeds and Simchas will be many during the coming year.

KIDDUSH is recited on both evenings and mornings of Rosh Hashana, at home, after services. The Kiddush for Rosh Hashanah is found in the daily siddur.

HONEY is used with Challah. We dip challah into honey after the Motzi prayer is recited. After eating the piece of bread, we pray for a sweet year. An apple is also dipped into honey, the blessing over fruit of the tree is recited and then, again, the prayer for a sweet year is offered. The prayer reads: MAY IT BE THY WILL O L-RD TO RENEW FOR US A GOOD, SWEET YEAR.

SH'HECHEYANU: It is customary to display new fruit, or wear new garments on the 2nd eve of Rosh Hashanah and keep these in mind when offering the Sh'hecheyanu prayer.

TASHLICH - prayers are offered on the shore of a river or body of water that contains fish. We symbolically cast off our sins into the depths on the afternoon of the first day of Rosh Hashana, Thursday, September 29.

FAST DAY: The Fast of Gedaliah is observed in commemoration of a disaster that befell the Jewish people in Israel following the murder of GEDALIAH, the Jewish governor appointed by NEBUCHADNEZZAR. The Fast begins on Sunday morning, October 2nd, at 5:46 a.m., and concludes at 7:25 p.m.

FAST OF YOM KIPPUR is a biblical law. In order to fast properly, the Rabbis urge that a good meal be eaten on Erev Yom Kippur, Friday, September 7. One should not eat or drink after 6:17 p.m. We fast from Friday evening until Saturday night. On Yom Kippur, observant Jews wear a KITTEL, a white garment, and do not wear leather shoes. If a physician requires one to take medicine on Yom Kippur, call the Rabbi for proper procedures.

KAPPORAS: It is customary to SHLUG KAPPORAS on Erev Yom Kippur. Many Jews fulfill this custom today by placing money for each family member into a handkerchief, twirling it over one's head and saying: "This is my Kapporo, my Atonement, this is in my stead, this money should go to charity & I should be privileged to have a long & pleasant life of peace". We will have a charity plates in the entrance of the main sanctuary on Erev Yom Kippur for your charity.

Please Observe Shul Etiquette

1. **CONVERSATION** with one's neighbor is improper during services. Be mindful of our purpose in shul - to converse with G-d and pour out our hearts to G-d. Page numbers will be announced from the Pulpit.....please remain quiet so everyone can hear and follow the service!

2. **NO CONGREGATING** in the LOBBY! Enter services quietly! Ushers will help you find your seat to eliminate any unnecessary disturbance.

3. **NO ONE** will be allowed entrance during Sermons, Hineni, and the Kedusha. It is improper to leave services during these times, or during the reading of the Torah.

Sermons: 10:20 a.m. on Rosh Hashana

11:45 a.m. on Yom Kippur

Hineni: 11:00 a.m. on Rosh Hashana

1:00 p.m. on Yom Kippur

4. **Prayers may be offered in Hebrew or English.** G-d hears all prayers that are offered with a sincere heart! There will be 100 blasts of the Shofar sounded before and during Musaf on the second day of Rosh Hashana (at about 10:45 a.m.).

5. **It is permissible to bring your Talis on Rosh Hashana.** But you must bring your Talis before Yom Kippur because we are not allowed to carry on Yom Kippur unless you live within the Eruv. It is also customary to place charity in the charity plates, in the shul, before Yom Kippur begins on Kol Nidre evening.

6. **DO NOT CHEW GUM!** Our mouths should be used for prayer!

7. **THE TELEPHONE MAY NOT BE USED!** (Unless there is an emergency.)

8. **SMOKING IS FORBIDDEN ON YOM KIPPUR!**

9. **MARRIED WOMEN MUST WEAR A HAT** or head covering.

For Our Children

10:30 a.m. - 1:00 p.m.

ON ROSH HASHANAH & YOM KIPPUR

Baby-sitting for children 3 and under, and Child Care for boys & girls ages 4-12 will be available in the Playroom & Teen Lounge?. Snacks will be served to the children on both days of Rosh Hashana, and lunch on Yom Kippur . . . and PLEASE . .

RSVP FOR LUNCH IS AN ABSOLUTE MUST!

314-991-2100, ext. 2

HIGH HOLIDAY PREPARATIONS

A beautiful custom is the blessing that the father gives to his children before leaving for shul on Erev Yom Kippur:

"G-d make thee as Ephraim and Menasseh. The L-rd bless you and keep you. The L-rd cause his countenance to shine upon you and be gracious unto you. The L-rd turn his countenance to you and grant you peace."

At this point, one can add a prayer of his own or use the prayer suggested by the Shulchan Aruch:

"May it be the will of our Father in Heaven, that HE put in your heart HIS love. May reverence of G-d always be upon you that you sin not. May you long for the Torah and its precepts. Let your mouth speak wisdom and your heart meditate reverence. May your hand be engaged in the performance of precepts. May your feet run to do the will of your Father in Heaven. May HE grant you good sons and daughters who will engage in the study of Torah and the performance of precepts, all of their lives."

May you be fruitful. May HE grant that your livelihood be legitimate, peaceful and abundant, that it come from G-d's bounty, an occupation that will enable you to serve G-d. May you be inscribed and sealed for a good, long life among all the righteous of Israel. AMEN"

Schedule of High Holiday Services

ROSH HASHANA

Wednesday Evening, September 28.....	Mincha, 6:25 p.m.
Bench Licht Wednesday Evening.....	6:31 p.m.
Thursday & Friday, September 29 & 30	
Mornings.....	8:00 a.m.
Drashas (Sermons).....	10:20 a.m.
Child Care.....	10:30 a.m. to 1:00 p.m.
Shofar.....	10:45 a.m.
Mincha Thursday.....	6:25 p.m.
Mincha Friday.....	6:25 p.m.
Bench Licht Thursday Evening.....	7:32 p.m.
Bench Licht Friday Evening.....	6:28 p.m.

TZOM GEDALIAH Fast Day, Sunday, October 2

Fast Begins.....	5:46 a.m.
Shacharis.....	8:00 a.m.
Mincha.....	6:05 p.m.
Fast Concludes.....	7:25 p.m.

YOM KIPPUR

Erev Yom Kippur - Friday, October 7

Mincha.....	1:30 p.m.
Bench Licht.....	6:17 p.m. or earlier
Kol Nidre.....	6:10 p.m.
Maariv Concludes.....	Approx. 9:15 p.m.

Shabbos, October 8

Morning.....	8:00 a.m.
Child Care.....	10:30 a.m. to 1:00 p.m.
Drasha.....	11:45 a.m.
Yizkor.....	12:15 p.m.
Musaf.....	1:00 p.m.
Mincha.....	4:30 p.m.
Neilah.....	6:00 p.m.
Maariv.....	7:00 p.m.
Havdalah.....	7:18 p.m.
Shofar Sounded.....	7:20 p.m.

Schedule of Yom Tov Services

SUKKOS - FIRST DAYS OF YOM TOV

Wednesday Evening, October 12

Mincha.....	6:05 p.m.
Bench Licht.....	6:09 p.m.

Thursday & Friday, October 13 & 14

Mornings.....	9:00 a.m.
Drasha (Thursday only).....	10:45 a.m.
Mincha - Thursday & Friday.....	6:05 p.m.
Bench Licht Thursday Night.....	7:11 p.m.
Bench Licht Friday Night.....	6:07 p.m.

CHOL HAMOED

Shabbos, Sunday, Monday & Tuesday October 15, 16, 17 & 18

MORNINGS: Shabbos.....	9:00 a.m.
Sunday.....	8:00 a.m.
Monday & Tuesday.....	6:45 a.m.
MINCHA:	
Shabbos.....	5:45 p.m.
Sunday.....	5:55 p.m.
Monday & Tuesday.....	5:55 p.m.

HOSHANA RABA

Wednesday, October 19.....

Mincha.....	5:55 p.m.
Bench Licht Wednesday Evening.....	5:59 p.m.

Thursday Morning, October 20.....

Yizkor.....	10:30 a.m.
Mincha.....	5:55 p.m.
Bench Licht Thursday Night.....	7:01 p.m.

Schedule of Yom Tov Services

SIMCHAS TORAH

Thursday Night, October 20

Hakofos & Parade of Torahs.....	6:45 p.m.
BREAK FOR DINNER (FREE TO ALL).....	7:20 p.m.
Resume Hakofos.....	8:00 p.m.

Friday, October 21

Morning.....	9:00 a.m.
Kol Hanarim - All Children Called to Torah.....	11:00 a.m.
Bench Licht Friday Night.....	5:57 p.m.

Yom Tov Personnel & Schedule

Rosh Hashana

Shacharis
Drasha, First Day
Drasha, Second Day
Torah Leyning
Musaf
Shofar

Elie Needle
Rabbi Ze'ev Smason
Rabbi Ze'ev Smason
Elie Needle
Dr. Ethan Schuman
Rabbi Ze'ev Smason

Yom Kippur

Kol Nidre
Drasha, After Kol Nidre
Shacharis
Drasha, Before Yizkor
Torah Leyning
Musaf
Mincha
Neilah

Dr. Ethan Schuman
Rabbi Ze'ev Smason
Elie Needle
Rabbi Ze'ev Smason
Elie Needle
Dr. Ethan Schuman
Elie Needle
Dr. Ethan Schuman

Sukkos Traditions

It is a mitzvah for everyone to have his own ESROG & LULAV for Sukkos - our Festival of Booths. These plants which grow in Israel can be purchased through our shul, and must be ordered in advance. For persons unable to acquire an essrog & lulav, we will have one or two sets for the purpose of making the brochos in shul. Anyone who can fulfill the mitzvah of dwelling in a Sukkah should endeavor to do so. If you want to use the shul's Sukkah for meals, please call Sandie Abrams or Rabbi Smason to make the arrangements.

We kindle candles on the first two evenings of Sukkos - Wednesday & Thursday evenings, October 12 & 13.

Recite these brochos:

1. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Asher Kidshavnu B'Mitzvosov V'Tzivanu L'Hadlik Ner Shel Yom Tov.*
2. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Sheh'Yanu V'Keey'Manu V'Hig'Yanu Lazman Haze. (both nights)*

These same blessings are recited erev Shemini Atzeres, Wednesday evening, October 19, and Simchas Torah - Thursday evening, October 20.

Have a Beautiful Sukkos with Your Own Esrog & Lulav

It is our hope that everyone in our NHBZ family will have an Esrog & Lulav for Sukkos. We will be happy to order your set for you and have it ready for pick up at the shul in time for Sukkos. Complete sets will cost \$45, \$55, \$65 and \$80. If you want the shul to order your set, please call the office, 314-991-2100, ext 2, by Monday, Sept. 26th, the DROP DEAD DEADLINE!!!

Selichos

Selichos will be recited Saturday night/Sunday morning (Sept. 24) at 12:30 a.m. Selichos services also precede Shacharis every morning during the week before Rosh Hashana as well as on Tzom Gedaliah - the fast observed in commemoration of the murder of Gedaliah - on Sunday, October 2nd.