

Shemini Atzeres ~

Simchas Torah ~

Shabbos

Thurs., Friday & Shabbos

October 16, 17, 18, 2014

Nusach Hari B'nai Zion Yom Tov & Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Jewish Congregations of America

שמניי עצרת ~

שמחת תורה ~

שבת ~

Thurs., Friday & Shabbos

22, 23, 24 Tishrei 5775

"THANK YOU" to Dr. Erol and Sally Amon for Sponsoring Kiddush, on Shabbos, To Thank HaShem for their Good Health, to send Best Wishes to Everyone for a Healthy New Year, and in memory of beloved mother Denise Amon on the observance of her yahrzeit.

Erev Shemini Atzeres ~ Wednesday, October 15, 2014

- Mincha & Maariv (6:05 pm)
- Light Candles (6:05 pm)

Shemini Atzeres ~ Thursday, October 16

Torah Portion: Deuteronomy 14:22 – 16:17

Maftir: Numbers 29:35 - 30:1

Haftorah: I Kings 8:54 – 8:66

Siddur pp 481 – 483

Siddur p 483

Siddur pp 483 – 484

Chumash pp 1012 - 1023

Chumash p 896 - 899

Chumash pp 1245

- **Shachris & Musaf** (9:00 am) - *Thank you for leading services:*
 - Pesukei D'Zimra: **TBA**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Jack Lyss**
 - Haftorah: **Jack Lyss**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 am – Noon) - for children ages 3 and younger, in the Children's Room (Lower Level)
- **Yizkor** (10:30 am)
- **Kiddush in the Sukkah on Shemini Atzeres**

Erev Simchas Torah ~ Thursday Evening, October 16

- **Mincha & Ma'ariv** (6:05 pm) (T-Lights will be available to light just after Hakofos begin.)
- **Hakofos** (7:00 pm)
- **Light Candles** (7:07 pm)

- **SIMCHAS TORAH NIGHT** ~ Thursday Evening, Oct. 16: Mincha, Maariv and Hakofos followed by an All-You-Can-Eat Spaghetti Dinner FREE to everyone! Thanks to Sisterhood for, once again, providing delicious candy apples, and there will be flags for all the children. Thanks to our sponsors (so far) for this dinner ~ **Bob & Sandie Abrams, Lenny & Fran Alper, Andy & Ellen Berg, Dr. Craig & Jackie Berkin, Sam & Shirley Bluestein, Dr. Susan Feigenbaum & Dr. Jay Pepose, Alan & Janet Haber, Bob & Joni Kaiser, Dr. Eliot & Sally Katz, Rachael Pevnick, Mark Ragin & Gail Rose, Dr. David & Fran Reister, Sid & Phyllis Silverman, Gary & Trudy Sudin, Menachem & Linda Szus, and Alan & Vivian Zarkowsky.**

Simchas Torah ~ Friday, October 17

Torah Portions: Deuteronomy 33:1 – 34:12

Genesis 1:1 – 2:3

Maftir: Numbers 29:35 – 30:1

Haftorah: Joshua 1:1 – 1:18

Siddur pp 484 – 486

Siddur pp 486 – 488

Siddur p 489 – 490

Siddur pp 489 – 490

Chumash pp 1112 - 1125

Chumash pp 2 - 11

Chumash pp 896 - 898

Chumash pp 1246 - 1247

- **Shachris & Musaf** (9:00 am) - *Thank you for leading services:*
 - Pesukei D'Zimra: **TBA**
 - Shacharis: **TBA**
 - Leyning: **Jack Lyss**
 - Haftorah: **Uppfur Grabs**
 - Sermon: **None Today**
 - Musaf: **Uppfur Grabs**
- **Kol Hanarim – All Children Called to Torah** (11:00 am)
- **Simchas Torah Kiddush** ~ (After Musaf)

Erev Shabbos, Friday Night, October 17, 2014

- Candle Lighting (6:02 pm)
- Mincha & Maariv (6:05 pm)
- Shabbos Begins (6:20 pm)

Shabbos, October 18, 2014

Torah Portion: Parshas Bereishis: Genesis 1:1 – 6:8

Stone Chumash pages 2-29

Haftorah: Isaiah 42:5 – 43:10

Stone Chumash pages 1130-1131

- Shachris & Musaf (9:00 am) - *Thank you for leading services:*

- Pesukei D'Zimra: **TBA**

- Haftorah: **TBA**

- Shacharis: **David Rubin**

- Drasha (Sermon): **Rabbi Ze'ev Smason**

- Leyning: **Max Gornish**

- Musaf: **David Rubin**

- Mincha, Shalosh Seudos, Ma'ariv (5:45 pm)

- *Kiddush* ~ (following Musaf) Sponsored by **Dr. Erol & Sally Amon**

- Shabbos Concludes (7:04 pm)

- *"THANK YOU"* to **Gayle Levy** for donating brand new, cozy fleece blankets for our ladies who get **COLD** in the sanctuary during services!!! How very sweet of Gayle to think of such a nice thing to do. *Thanks, Gayle!*

- **Monument Dedication** ~ for **Roma Kleiman**, ב"ר, beloved wife and mother of Don Kleiman and Paul Kleiman, will be held on Sunday, October 26, 11:30 a.m., at Chesed Shel Emes Cemetery – on Olive and Hanley.



“What Was Up” on Sunday?

Grillin' in the Hut ~ We planned, and grilled, and cooked, and fried, and sliced, and diced, and YOU came with family and friends, and enjoyed the fun dinner that we prepared for you!!! Now it is our pleasure to thank everyone who made it all possible – from shoppers and cooks, to set up people, servers, clean-up crew and mashgichim . . . **BIG THANK YOU, THANK YOU, THANK YOU to Mark Ragin and Linda Szus, co-chairpersons, Linda Carton, Julie Eisenberg, Tere Farbstein, Alan Haber, Jennifer Hartranft, Madeline Hartranft, Naftali Kadosh (New-Bee Helper), Bob & Joni Kaiser, Sandy Klarfeld, Svetlana Kogan, Cheryl Ring Mantinband, Marcela Morgensztern (New-Bee Helper), Sally Needle, Rachael Pevnick, Mark Ragin (Captain), Bobbie Ring, Nancy Rush, Susan Schwartz, Phyllis Silverman, Rebbitzen Chani Smason, Gary Sudin, Allan Swan, Anna Rose Tandler, and Alan & Vivian Zarkowsky!**

WISH LIST! Wish #1:

We have very frequent power outages at the shul . . . so everything goes down from our server to the elevator!!! We require Battery Backup devices to keep the operations and server running and prevent data loss. We are now badly in need of several UPS's - Uninterruptible Power Supplies for our server and some other devices. Our computer systems, including the server, enable us to efficiently manage our shul by producing the Shabbos bulletin, our accounting, a variety printed material, the yearzeit reminders, and more. If you would like to contribute . . . HERE IS OUR WISH LIST:

1. APC Smart-UPS 1500VA LCD 120V - it runs about \$600 for our server
2. a few APC Back-UPS 350's running about \$90 each.

Thanks to **Dr. Erol & Sally Amon, Andy & Ellen Berg, Irwin & Roz Rosen**, and **brand new donors Jeff & Terri Schnitzer** for responding to our Wish List!!! **Can we count YOU in, too? We can count Erol & Sally Amon in TWICE! They are donating \$200.00 more for our UPS units. Thank You, Erol & Sally!!! Thank You Jeff & Terri!!!** Call Sandie, 314-991-2100, ext. 2, or go to sandieabrams@hotmail.com.

WISH LIST! Wish #2 – Granted!

We found our sponsoring angel!!! A very big THANK YOU to **Miriam Kapelus** for contributing the \$200.00 needed to buy the buffer/floor cleaner we asked for on our Wish List. Miriam will be leaving St. Louis on Sunday, November 2nd, to live in Atlanta, Georgia, near her daughter. She is giving this lovely donation as a farewell gift to Nusach Hari B'nai Zion. **Thank You, Miriam!!!**

Meetings

- **Sisterhood Lunch & BINGO PARTY** ~ Next Tuesday, October 21, 12:00 noon in our NHBZ Social Hall. Men & Women of ALL Ages are invited to come and enjoy a **Dee-licious Lunch, Bingo, and Attendance Prizes!** \$7.00 donation; RSVP to Rachael Pevnick, 314-395-6017. **We hope to see you!!!**
- **Board of Directors Meeting** ~ Tuesday, October 21. Minyan at 5:50 pm, Meeting at 7:00 pm.
- **Executive Committee Meeting** ~ Tuesday, October 28. Minyan at 5:40 pm, Meeting at 7:00 pm.

“What’s Up” at NHBZ?



NHBZ Coming Events

- **Calling All Mah-Jongg Mavens!** Would you like to help our Chesed Fund by having fun playing Mah Jongg every Monday, 4:00-6:00 p.m., at NHBZ? Please join us in the Teen Lounge (lower level). Only \$3.00 cover! **Proceeds will benefit The Nusach Hari B'nai Zion Chesed Fund.** Questions? Call Debbie Barash, 314-993-4954. **See you on Monday!!!**
- **Lunch & Learn** ~ Next Shabbos, October 25th, in honor of our members celebrating October Birthdays and Wedding Anniversaries!
- **Next Lion's Den Pizza Night ~ All-You-Can-Eat Pizza Buffet ~ Next Sunday, October 26, 5:00-7:00 p.m.** Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread!!! Reservations are not needed . . . just show up, eat to your heart's content, have fun schmoozing, and have a great time! Plus an extra bonus ~ we have a movie for the kids every month!!!! (Please place carry-out orders by 10:00 a.m on Sunday morning, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. before the start of our buffet.) **WE TAKE CREDIT CARD PAYMENTS!!!**
- **Can You Believe It?** Nusach Hari B'nai Zion is 109 years old!!! Please celebrate with us at our annual Anniversary Banquet to be held at the 560 Music Center, 560 Trinity at Delmar in University City, on Sunday, December 14th. We are pleased to announce our Guest of Honor **Mark Ragin**, and Woman of Valor Award recipient **Sandra Abrams!** Please be sure to mark your calendars, and start thinking about your journal ads and greetings to our honorees. Each year, we publish a commemorative journal in conjunction with our Anniversary Celebration, and we ask you to send in your greetings and congratulations to our honorees. We have emailed ad forms and information; those without access to emails will receive the same information by snail mail soon. Please return the Ad Forms no later than **December 4**. When you return your Ad Forms by **November 14, your name(s) will be entered into an EarlyBird Raffle with GREAT PRIZES!!!** Please see the ad form for details. Special plans are in the works! More details to follow, so stay tuned!!!

SIMCHAS

- **MAZEL TOV ON SIMCHAS** October 18-24. **Happy Birthday to Norma Appelman, Murray Baker, Ruth Katz, Benjamin Levy, Jack Maram, Libby Sorkin Routman, and Jeff Scheer! Wedding Anniversaries ~ None This Week!** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Package of Cards.

NHBZ CLASS SERIES ~ MEMBERS & ALL FRIENDS ARE WELCOME!

- **Learn to Lead Davening** ~ led by our Chazzan **Dr. Ethan Schuman** on **Sunday mornings**, at 9:00 a.m. after morning minyan.
- **Women's Tefilla Class** ~ Led by **Rabbi Ze'ev Smason**. The class meets on the 2nd and 4th **Monday afternoons** each month at 3:15 p.m. at NHBZ. The Tefilla Class will be taking a break during the Chagim. Next class - Monday, October 27.
- **Adult Bar & Bat Mitzvos** ~ Whether for the first time or your second time around, here's your chance to celebrate with family and friends!! A ten-week course that will provide you with the knowledge, skills and

experience that a Bar or Bat Mitzvah is *really* all about. First class will be on Wednesday, October 22nd. Please see the attached flyer for details. Members: \$99; Non-members: \$125. Reservations are a MUST! Please call 314-991-2100, ext. 2.

NEWS & FEATURES

- ***Beyond Twelve Gates by Rabbi Ze'ev Smason will return after the Chagim!***
- **Books of Tehillim ~ Julie & Don Eisenberg** have donated 50 Sifrei Tehillim -- Books of *Tehillim* (Psalms) - to be used for the recitation of Tehillim in the merit of a *Refuah Shelaymah* (full recovery) for our dear friend **Michelle Mufson**. If you would like to join those reciting daily Tehillim for Michelle, please contact Julie at 314-494-8437 or juliecooks@icloud.com. If you are in need of a book of Tehillim for reciting Tehillim, please inform Julie, who will then contact Sandie and tell her you will be picking one up at the office.
- **Kashrus Alert ~ Pop Crazy 3 Piece Seasoning Pack:** The Orthodox Union certifies various Pop Crazy seasonings. Some seasonings contain dairy and are certified OU-D, and others do not contain dairy and are certified OU pareve. Pop Crazy 3 Piece Seasoning Pack contains both dairy and pareve seasonings and were mistakenly labeled with a plain OU Symbol. The Buffalo Seasoning and Ranch Seasoning are OU-D and contain dairy, as indicated in the ingredients and allergens statements. The Caramel Seasoning is certified as OU pareve. Corrective measures have been implemented.
- **Are You CPR Certified?** If you are **currently CPR certified** with an **Up-To-Date Certificate**, please call our office to register your name: 314-991-2100, ext. 2.
- **A Call for Help from the Jewish Food Pantry ~** The Jewish Food Pantry is in desperate need of volunteers. The amount of food they are receiving is growing, but the number of people available to organize all of the donations is NOT keeping up! To help or for questions, call **Julie Eisenberg** at 314-494-8437.
- **Jewish Parents as Teachers (JPAT) ~** Renee Wasserman, founder of SleepyHead Solutions, will kick-off a four-part speaker series for parents of young children presented by JPAT, on Tuesday, Oct. 28, from 11:15 a.m.-12:30 p.m., at Congregation Temple Israel, "*Sleeping 101: Foundation for Healthy Sleeping Habits.*" The program is free and open to the community. Complimentary babysitting is available. Wasserman is a Family Sleep Institute certified infant and child sleep consultant. She empowers parents to teach their children to become healthy sleepers, and educates parents about ways to reduce the risk of Sudden Infant Death Syndrome (SIDS). Reservations are required by Thursday, Oct. 23, to Leslie Wolf, lwolf@ti-stl.org or 314-567-4299. For more information on the Speaker Series or on enrolling in JPAT, contact Mindy Woolf at stljpat@gmail.com or 314-567-4299.
- **Women's Tehillim Group ~** A group of women in the community, including several members from Nusach Hari B'nai Zion, who asked for this announcement to run in our weekly bulletin, gather each Sunday morning to say the entire book of Tehillim, in the *zechus* (merit) of a *refuah shelayma* for the cholim in our community. They meet at the home of Jan Adelman, 8032 Amherst, Sundays at 9:15 am. If you cannot participate in person, call 314-863-5438. The Tehillim hotline (names and updates) is: 314-995-7119. If you have any questions, please call **Julie Eisenberg** at 314-494-8437.
- **Tomchei Shabbos On-Going FOOD DRIVE!!** Tomchei Shabbos means "Supporters of the Sabbath." **The "Barbara Mendelson Tomchai Shabbos Fund"** was established, by the Vaad Hoer of St. Louis, to help support Jews suffering severe economic distress, by providing the families in our community with their Shabbos and Yom Tov meals in a discreet and dignified manner. A special kosher food pantry is stocked to provide them with food essentials, chicken and meat. **Pick up a bag** at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Sally Needle, 314-991-2575. Tomchai Shabbos is maintained through contributions of food and money. To make a donation go to www.ovkosher.org – click on HOME tab, then Vaad Hoer Community Services, then Tomchai Shabbos.

Reminders

- **Extremely Important Message!** When you or a loved one becomes ill, and is hospitalized, **PLEASE HAVE A FAMILY MEMBER OR FRIEND CONTACT RABBI SMASON ON HIS CELL PHONE ASAP . . . 314-749-5271**. Calling the office sometimes delays the time in which Rabbi Smason receives the information. Rabbi Smason is very sensitive to the needs of all our members -- each and every one of you. He wants to be able

to help you as quickly as possible and in any way he can. Please keep Rabbi Smason's cell phone number handy in your wallet, and give it to your family and friends, so you and they will have easy access at all times.

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that **SHABBOS BULLETINS, FOOD, or any other item not be removed** from the synagogue by those who do not live within the *eruv*. Questions? Ask Rabbi Smason.
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575; for Chesed Fund Tributes come by the office and pick up a package of cards!
- ***Mi Shebarach List*** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- ***Memorial Plaques*** ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$180 and \$360. Please call the office for details, 314-991-2100, ext. 2.
- ***Shalosh Seudos, The 3rd Meal of Shabbos*** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal in honor of family members, to celebrate special occasions, or as you observe the *yahrzeits* of your dear loved ones. To make arrangements call our office at 314-991-2100.
- **Buy a Brick Online or by Phone** ~ Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** ~ It is customary to make a donation to the shul for Aliyos or other honors received.

President's Message from Lenny Alper

Well, we're in the home stretch of Holidays, and we'll soon look forward to a Fall season of new classes and events. Many classes were suspended during the Holidays, so check with your teachers to find out exactly when your favorite classes resume.

Thursday night, October 16, is Erev *Simchas Torah*. Mincha, Maariv and Hakofos will be followed by an All-You-Can-Eat Spaghetti Dinner that is FREE to everyone! Our Sisterhood, once again, will provide candy apples, and there will be flags for all the children. On Friday, *Simchas Torah* day, we read the last section of the Torah followed by the First as we re-start the Torah-reading cycle. All men receive an Aliyah on *Simchas Torah*.

Tuesday, Oct 21, after *Simchas Torah*, the Sisterhood invites you to a *Lunch & BINGO PARTY*, at 12:00 Noon. Men & Women of ALL ages are invited. RSVP to Rachael Pevnick.

On Wednesday, October 22, we begin a 10-part series of *Adult Bar & Bat Mitzvah classes*. We offered this series of classes earlier this year and it was very successful and well-attended. It is back by popular request. Space is limited, so please call the office to reserve your spot.

Pizza Night is Sunday, October 26; *Synaplex* is on Shabbos November 15

This year is our 109th anniversary, and the annual anniversary dinner will be on December 14 – honoring Mark Ragin, and woman of valor Sandie Abrams. Each year, we publish a commemorative journal in conjunction with our Anniversary Celebration, and we ask you to send in your greetings and congratulations to our honorees. If you return your ad forms and/or dinner reservations by November 14, *your name will be entered into an EarlyBird Raffle* for valuable prizes.

Whatever your interests, we have something for you.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Oct. 18	Sunday Oct. 19	Monday Oct. 20	Tuesday Oct. 21	Wed. Oct. 22	Thurs. Oct. 23	Friday Oct. 24	Shabbos Oct. 25
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	6:45 am	9:00 am
Mincha/Ma'ariv	5:45 pm	5:50 pm	5:50 pm	5:50 pm	5:50 pm	5:50 pm	5:50 pm	5:35 pm
Events – see times in Event Planner Box	<i>Good Shabbos! Kiddush by Erol & Sally Amon!</i>	<i>“Learn to Lead Davening” w/Dr.Ethan Schuman, 9:00 am.</i>	<i>Mah Jongg Game, to benefit our Chesed Fund, 4:00-6:00 pm.</i>	<i>Sisterhood Lunch, Bingo & Prizes!</i>	<i>Rabbi Smason’s Lunch & Learn, 12:15 pm. Bar/Bat Mitzvah Classes Begin – 7:00 pm.</i>	BUY CASH CARDS	<i>Rosh Chodesh Cheshvan</i>	<i>Rosh Chodesh Cheshvan Lunch & Learn in honor of October Birthdays & Anni- versaries!</i>

**NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.**

WEEKLY at NHBZ

SHABBOS

- Tefilla Class (9:30 am) led by Rabbi Yosef David in the Chapel will resume next Shabbos, October 25th.
- Child Care (10:00 am – Noon) for kids 3 & under in the Children’s Room
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Chapel
- Shabbos Tanach (Bible) (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler, of Aish HaTorah
- “Learn to Lead Davening” (9:00 am) with Dr. Ethan Schuman after morning minyan
- “Mystical Moments” with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel (Classes resume this Sunday, Oct., 19.)

MONDAY

- Women’s Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason at NHBZ. The class will take a break for the Chagim. (Next class: Mon., Oct. 27.)
- Mah Jongg (Mondays, 4-6:00 pm) Proceeds will benefit The Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos. (Classes resume on Wednesday, October 22.)

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) No meeting in October. Next meeting (2nd Sunday), November 9th, at 5:00 pm.
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin. (Next class after the Chagim on Tuesday, November 4th.)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) at NHBZ (Next class after the Chagim on Thursday, November 6th.)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm. (Next Pizza Night, Sunday, October 26.)
- Sisterhood (Third Tuesday)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn