

NHBZ Yom Kippur Bulletin

Oct 8, 2011

Welcome to Nusach Hari B'nai Zion

10 Tishrei, 5772

Shachris Torah Reading:

Leviticus 16:1 – 16:34

Shachris Maftir:

Numbers 29:7 – 29:11

Shachris Haftorah:

Isaiah 57:14 – 58:14

Minchah Torah Reading:

Leviticus 18:1 – 18:30

Minchah Haftorah:

Book of Jonah

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Erev Yom Kippur – Friday, October 7

- **Mincha** (1:30 pm)
- **Light candles** (6:17 pm or earlier)
- **Fast begins** (6:35 pm or earlier)
- **Kol Nidre** (6:10 pm) – **Dr. Ethan Schuman**
- **Ma'ariv concludes** (approx. 9:15 pm)



Yom Kippur – Saturday, October 8

- **Shachris** (8:00 am) – **Elie Needle**
- **Torah Reading** – **Elie Needle**
- **Haftorah** – **David Rubin**
- **Child Care** (10:30 am – 1:00 pm) – in the children's room on the lower level; lunch will be served to the children
- **Learners Service** (11:30) – led by **Rabbi Yonason Goldson**, in the chapel
- **Sermon** (11:45 am) – **Rabbi Ze'ev Smason**
- **Yizkor** (12:15 pm)
- **Musaf** (1:00 pm) – **Dr. Ethan Schuman**
- **Mincha** (4:30 pm) – **Elie Needle**
- **Torah Reading** – **Elie Needle**
- **Book of Jonah** – **Mayer Taller**
- **Neilah** (6:00 pm) – **Dr. Ethan Schuman**
- **Ma'ariv** (7:00 pm) – **Elie Needle**
- **Havdalah** (7:18 pm)
- **Shofar is sounded** (7:20 pm) – **Rabbi Ze'ev Smason**
- **Fast ends** (7:20)

This Week

	Yom Kippur Oct 8	Sun. Oct 9	Mon. Oct 10	Tues. Oct 11	Wed. * Oct 12	Thur. * Oct 13	Fri. * Oct 14	Shabbos Oct 15
Shachris	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am	9:00 am	9:00 am
Mincha/Maariv	4:30 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	5:45 pm

*** Eruv Sukkos * Sukkos * Sukkos**

- **Sunday Learning** (Sunday Oct 9, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **Sukkah Raising** (Sunday Oct 9, 9:00 am) – Join us on the patio.
- **RAP with the RABBI Teen Group** – (Sunday, Oct 9, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Rabbi Smason's Lunch & Learn** (Next class is Wed, Oct 26, 12:15 pm, in the Teen Lounge on the lower level) - Now studying *Pirkei Avos* (*Ethics of the Fathers*, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion each Wednesday.
- **Buy and Use Cash Cards and Kohn's Scrip** (Monday – Friday) - Next Cash-card Order Days are **Monday, October 17 and Monday, October 31**; earn free money for NHBZ; order your cards this week; Kohn's Scrip is temporarily sold out.

Coming Events

● Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 9	Oct 10	Oct 11	Oct 12 - Erev Sukkos	Oct 13 - 1 st day Sukkos	Oct 14 - 2 nd day Sukkos	Oct 15 Shab. Chol Hamoed
Oct 16 Chol Hamoed	Oct 17 Chol H.	Oct 18 Chol H.	Oct 19 Hoshanah Rabbah	Oct 20 Yizkor - Shemini Atzeret	Oct 21 Simchas Torah + Lunch	Oct 22 Shabbos

● Board of Directors Meeting (Tuesday, October 11, 7:00 pm following minyan)

- **Dinner in the Hut!** (Sunday, October 16, 5:00 pm – 7:00 pm, in the Sukkah on the patio) - Grilled hamburgers & hot dogs fresh off the grill, corn salad, salad bar with all the fixin's, beverages, and popsicles for dessert. Plate prices: Adults - \$12.00; Kids 4-10 - \$5.00; Kids 3 & under - Free. Extras can be purchased.

- **Dine-In Pizza Night** (Sunday, October 30, 5:00 pm – 7:00 pm)
- **Sisterhood Lunch & Bingo** (Tuesday, October 18, Noon) – Everybody is welcome – men and women; \$3 donation entitles you to 2 Bingo Cards and lunch.
- **NHBZ Women's Home Study Group** (First Tuesday, November 2, 2:30 pm) - at the home of Jackie Berkin; Topic is "The Six Constant Mitzvos," presented by Rabbi Shaya Mintz, of the St. Louis Kollel; All women are welcome; please join us!!!
- **Morris Lengua Yiddish Club** (First Thursday, November 3, 7:30 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.

Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.

For a Shul tribute, call Gloria Waxman at 314-872-3296

For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482

For Libby Needle Fund, call Sally Needle at 314-991-2575

- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Donate a Book** - Did you know you can purchase a Siddur, Chumash, or other prayer books or study books for NHBZ as a tribute? Contact the office for details.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.
- **Giving Opportunities** - NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year. To provide such a facility, the congregation depends upon gifts and contributions above and beyond members' dues. In giving to NHBZ, you fulfill an important mitzvah. We have established numerous ways to contribute to NHBZ, some that provide for honoring a friend's or relative's simcha or a loved one's memory. Call the office at 314-993-4024 for details.



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Yom Kippur

October 8, 2011

11 Tishrei, 5772

Welcome to Beyond Twelve Gates



Mark Spitz, the seven-time gold medalist swimmer at the 1972 Olympics, is Jewish. So is Dolph Schayes, honored as one of the 50 greatest NBA players of all time. Then there's Sandy Koufax.

His refusal to play on Yom Kippur in 1965 sparked a firestorm of criticism and philosophical debate, since the holiday fell during Game 1 of the World Series. But Koufax came back to start three times, including a complete-game shutout in Game 5 and a three-hit shutout on just two days rest in Game 7, which clinched the Series for the Dodgers.

Koufax's decision to put his religious beliefs ahead of his pitching career enhanced his legacy, giving him Jewish folk hero status. It may be that because of Sandy Koufax, many Jews made a commitment to take the day off every Yom Kippur. While few of us are as well known as Koufax, we shouldn't underestimate our ability to be a positive influence upon others. The expression "Little pitchers have big ears" reminds us that our children watch us and listen to our words with rapt attention even when we think they aren't looking or listening. And it's not just children who are paying attention. We have an impact on the lives of many people, even strangers, without realizing it.

As G-d inscribes us in the Book of Life, may our behavior in the coming year be a credit to ourselves, to our parents, to the Jewish people, and to G-d.

Torah Reading for Yom Kippur



On the morning of Yom Kippur, the Torah reading is from Leviticus 16:1-34. This portion describes the service performed on Yom Kippur by the *Kohen Gadol* (high priest) in the Holy Temple in Jerusalem. A special feature of the service was the casting of lots over two goats -- equal in size and appearance - to determine which should be offered to G-d in the Holy Temple, and which should be sent away to carry off the sins of Israel to the wilderness ('the scapegoat'). The climax of the service was when the *Kohen Gadol* entered the innermost chamber in the Temple, the 'Holy of Holies'. Wearing special garments of pure

white linen, the *Kohen Gadol* would enter the sacred place with a pan of burning coals in his right hand, and a ladle containing an exact handful of *ketores* (incense) in his left. Inside the Holy of Holies, he would place the *ketores* over the coals, wait for the room to fill with its aromatic smoke, and hastily retreat. "This shall be an everlasting statute for you," the Torah reading concludes. "...for on this day He will forgive you, to purify you, that you be cleansed from all your sins before G-d ... once a year."

In the afternoon, the Torah reading is from Leviticus 18:1-30. The portion deals with forbidden sexual relationships, teaching that the cornerstone of morality is self-control over animal sensuality. The special Haftorah of the book of Jonah is then read. Though most know that a large fish swallowed Jonah, the message of Jonah is actually a timeless lesson in the power of *teshuva* (repentance) and G-d's desire to help man rather than punish him.

Rabbinic Ruminations



The language we speak may influence how we think about other people, according to a new study on Israeli Arabs who speak both Arabic and Hebrew fluently. Using a computer test to study bias, known as the Implicit Association Test, bilingual Arab Israelis were tested in both languages to see if the language they were using affected their biases about names. The Arab Israeli volunteers found it easier to associate Arab names with "good" trait words and Jewish names with "bad" trait words than Arab names with "bad" trait words and Jewish names with "good" trait words. But this effect was much stronger when the test was given in Arabic; in the Hebrew session, they showed less of a positive bias toward Arab names over Jewish names.

Researcher Shai Danziger of Ben-Gurion University learned both Hebrew and English as a child. "I am a bilingual and I believe that I actually respond differently in Hebrew than I do in English. I think in English I'm more polite than I am in Hebrew," he says. "People can exhibit different types of selves in different environments. This suggests that language can serve as a cue to bring forward different selves."

Kol Nidre, the emotional declaration recited in synagogue before the beginning of the evening service on

Yom Kippur, refers to vows and oaths. It is highly significant that we begin Yom Kippur with a focus on our words. Let us focus in the coming year on bringing forward the very best of ourselves in the way we speak, and how we speak to others.

Quote of the Week

"Success is how high you bounce when you hit bottom".

- General George S. Patton



Joke of the Week



Yankel approached the rabbi for a solution to a difficult problem. "Rabbi", Yankel said, "this year the St. Louis Cardinals made it to the World Series, and the first game is on the night of Kol Nidre. What can I do?"

The rabbi thought for a moment and said, "Well, Yankel, I hesitate to offer this solution. However - do you have a VCR?"

Upon hearing the rabbi's question, Yankel jumped up and down with excitement. "Rabbi, I didn't know you could use a VCR to record Kol Nidrei!"



Special thanks to **Ted & Rachael Pevnick** for the beautiful, new, women's head coverings. They can be found in a basket on the table in the lobby.

Thanks **Rachael & Ted**!!!

Thanks to **Jessica Fadem** for making a donation to the Jewish Food Pantry for the Bima Baskets that beautify our sanctuary for Yom Kippur.

Simchas Torah Events



Thursday Night October 22
and Friday October 23

EREV SIMCHAS TORAH
Thursday Night, October 22

Break for Dinner between Hakafo - FREE TO ALL. Please RSVP, 314-991-2100, ext. 5, so we know how many people to prepare for. Thanks to these generous people for sponsoring the dinner so we can offer it free to all who attend our Simchas Torah night:

Bob & Sandie Abrams
Dr. Craig & Jackie Berkin
Alan & Janet Haber
Irwin & Roz Rosen
Menachem & Linda Szus
Bob & Joni Kaiser
Mayer Taller

Andy & Ellen Berg
Sam & Shirley Bluestein
Mark Ragin & Gail Rose
Dr. Jon & Naomi Shanker
Fran & Lenny Alper
Sid & Phyllis Silverman

Drs. Susan Feigenbaum & Jay Pepose

Thanks to the **Sisterhood** for providing Candy Apples!

SIMCHAS TORAH DAY
Friday, October 23

Lunch. Services will end at about 12:30 p.m. followed by kiddush – which is free to all. We regret we are not able to serve Stuffed Cabbage this year because our kitchens are not yet ready. We must change to a cold menu: Bagels, Lox & Cream Cheese, Sliced Veggies, White Fish Salad, Egg Salad, Sesame Noodles, Sandie's Salad, Fresh Fruit, Beverages & Dessert.

Adults: \$12.00; Kids 6-10: \$5.00; Kids 5 & under: Free.

RSVP, 314-991-2100, ext. 5.

High Holiday Learners Service

presented by Aish HaTorah

Yom Kippur, Oct. 8, 11:30 am
with Rabbi Goldson, in the Chapel

sukkah raising

Sunday October 9, 9:00 am
Help erect the sukkah for the first time
on our beautiful patio

Mazel Tov

On Simchas this week!
October 8 - 14, 2011

Happy Birthday

Ina Makovsky Polina Golynskiy
Michelle Mufson

Happy Anniversary

Mike & Bernadette Elbaz

Show your friends you care - SEND A TRIBUTE

Shul: Call Gloria Waxman 314-872-3296

Sisterhood: Phyllis Silverman 314-434-2482

Libby Needle Fund: Sally Needle 314-991-2575

Nusach Hari B'nai Zion Sisterhood

New Year Greetings 5772

- Our warmest wishes for a happy, healthy and peaceful New Year to all. May G-d grant you all that you desire, and bless you with good health, mazel and much naches in the coming year and years to come – **Rachael & Ted Pevnick and Family, Sisterhood President**
- May we all be blessed with good health and happiness in the coming year – **Esther Gelb & Family, New Year Greetings Chairperson**

Thanks to everyone for their generous contributions!

If you haven't sent your check yet, please mail it soon. If we inadvertently missed your name, please call so we can list it in the next bulletin. If you see your name, but were not called, it is because we couldn't reach you. We hope you wanted to be included and will send a contribution. Any questions? Please call **Esther Gelb, New Year Greetings Chairperson 314-567-1683.**

Bob & Sandie Abrams
 Andy, Loren & Ileana Abrams
 Ruth Novack Alper & Family
 Lenny, Fran, Caryn & Joanna Alper
 Stanley & Lois Alper
 Fabian & Francine Attoun
 Gary & Nancy Benson
 Andy & Ellen Berg
 Craig & Jackie Berkin
 Eric, Jennifer,
 Jacob & Akiva Horn
 Heath, Devorah, Moshe Chaim,
 Benyomin Yosef & Leah Berkin
 Bertha Berman,
 Harold, Joyce & Family
 Sam & Shirley Bluestein & Family
 H.H. Bremler
 Arnold Brody & Family
 Frances & Jerry Cohen & Family
 June Cohen & Family
 Rose Cohen
 Mr. & Mrs. Mikhail Epshteyn
 Jessica Fadern
 Drs. Susan Feigenbaum &
 Jay Pepose & Family
 Edna Feit & Family
 Lester & Pearl Figus & Family
 Frances Fixman & Family
 Linda, Dan & Eric Fleshman
 Shirley Fredlich & Family
 Arlene & Irwin Fredman & Family
 Esther Gelb & Family
 Mark & Tammy Gitel & Family
 Marvin & Jackie Gitel & Family
 Stan & Rhonnie Goldfader
 Abert & Sheila Goodman & Family
 Rabbi Dr. Howard & Felicia Graber
 & Family
 Anna & Sol Guber
 Golda Gutman & Family
 Alan & Janet Haber
 Harold & Fran Hoffman

Goldie Hogan & Family
 Larry & Shirley Hollander
 Robert, Debbie, Samantha,
 Branden & Alex
 Adrienne Jackson & Family
 Joyce Kabak
 Sandy & Kurt Kahn
 Bob, Joni, Hannah & Rebecca
 Kaiser
 Esther Kalina & Family
 Miriam Kapalusz & Family
 Natalie Klamen
 Sidney Kleg & Family
 Don, Roma & Paul Kleiman
 Sarah Klein & Family
 Morris & Estelle Kram
 Ann Lenga & Family
 Estelle Levin & Family
 Esther Levine
 Bobby, Sheryl & Nina Levine
 Leon Lumerman & Family
 Ron & Ina Makovsky & Family
 Joel & Susan Manesberg
 Evelyn Marbain
 Ruth Mariam & Family
 Faye, Brian & Scott McCary
 Perry Mendelson & Family
 Ephraim & Michelle Mufson,
 Joey & Emma
 Elie & Michele Needle & Family
 Sally Needle
 Lou & Shirley Osheroff & Family
 Arthur & Betty Parker
 Alex & Dena Perez & Family
 Ted & Rachael Pevnick & Family
 Jim Pollock & Rachael
 Mark Ragin
 Rose Ragin
 Gail Rose
 JoAnn Raskas & Ron Rosen
 Bobbie Ring & Family
 Esther Ringermacher & Family

Frances Rothman & Children &
 Grandchildren
 Howard Sandler
 Lewis Schucart
 Dr. Ethan & Debby Schuman &
 Family
 The Segall Family
 Jonathan, Naomi, Daniel & Sam
 Shanker
 Sid & Phyllis Silverman & Family
 Florence Simon
 Lillian Simpson & Family
 Rabbi Ze'ev & Chani Smason
 Avrumi, Aliza, Yaakov Shmuel
 & Ohra Shaina
 Chasi, Eliyahu and Rachelli
 Chiyya & Hagit,
 Frieda & Daniel,
 Sivya, Dodi, Leib, Boruch,
 Ayelet
 Marvin Stein & Family
 Alice Sudin
 Gary & Trudy Sudin & Family
 Carl Sussman & Family
 Linda, Menachem, Eli, & Mickey
 Szus, Dana & Elie
 Mr. & Mrs. Harry Talisnik & Family
 Ruth Tegman
 Victor & Anna Rose Tendler &
 Family
 Jack Tepper
 Martin Tessler
 Sylvia Tessler & Family
 Bobbie Tolpen & Ed Heisler
 Mrs. Julia Tversky & son Robert
 Leonid & Stella Vladimirov
 Marian Walters
 Charles & Gloria Waxman & Family
 Mary Weiner & Steven Weiner
 Boris & Alla Yasinev & Family
 Bert & Tzipporah Zakroff & Family
 Alan & Vivian Zarkowsky & Family

FAQs (Frequently Asked Questions) about our new Shul

1. **Where is my High Holiday seat?** - Since the Sanctuary configuration is different from the old building, we have tried to place each member in a seat that is similar in location and neighbors as his or her old seat. We did not send out tickets this year, but the seating chart is posted at each entrance so you can find your seat. Ushers will be available to help you.
2. **Will there be any seats available for non-members?** Yes. Visitors who have not pre-registered and who do not have an assigned seat may sit in any of the seats which have not been reserved. These seats are marked as 'guest' on the seating charts. At the same time, visitors should refrain from sitting in someone's reserved seat.
3. **Where are the Stained Glass Windows?** – We are still developing the best lighting solution, and we won't hang them until we get a permanent occupancy permit. That probably will be after Simchas Torah.
4. **Where are the Memorial Boards?** – On the lower level; we are in the process of installing the name plates. **Volunteers are needed! Please call the office.**

Shabbos Mikvah (Y.I.) Men's Schedule for Yomim Tovim

Sunday Oct 9 thru Monday Oct 10:	Available
Tuesday Oct 11 thru 2 nd Day Succos, Friday Oct 14:	Not Avail.
Shabbos Oct 15 thru Monday Oct 17:	Available
Tuesday Oct 18 thru Simchas Torah, Friday, Oct 21:	Not Avail.
Regular schedule will resume on October 22, Shabbos Bereishis.	

MinyanMan Tip # 1

Arrive at the synagogue **on time** - in the morning, at least five minutes before the posted time so that you'll have time to put on tallis and tefilin.

Howard Sandler (409-7266)
Rabbi Smason (749-5271)
Office (991-2100)



From our family to yours:
L'shanah
Tovah
Tikasevu,
"May you be
inscribed for
a good year"



PIZZA PIZZA PIZZA
at NHBZ!!!

Lion's Den DINE- IN Pizza Night
SUNDAY, OCTOBER 30 !!
5:00 pm - 7:00 pm

**All-You-Can-Eat Buffet of Pizza, Cold Italian Pasta,
Garlic Bread & Salad plus Dessert & Beverage**

Kids 3 & under FREE Kids 4-10: \$6.00 Adults: \$10.00

NEXT CARRY-OUT NIGHT IS TO BE ANNOUNCED

This is a good time to stock up on **CASH CARDS**
in advance of Chanukah
in addition to your regular shopping needs

Rabbi Ride-Around Rally & Picnic

Sunday, November 6
*Join us as Rabbi Smason
rides 50 miles on the
Forest Park bike trail.
Bike along with the Rabbi!*

The **Ride** begins at **10:00 am**; the **Picnic** is scheduled for **12:30 pm** at Pavilion #5 in Forest Park.

This is both a fundraising event and a social event.
Sponsor the Rabbi's 50-mile ride.
Attend the picnic:

Adults \$10, Kids \$5
Be a corporate sponsor!

For details,
call 314-991-2100 ext. 2



High Holiday Preparations

CANDLES: It is the woman's obligation to kindle 2 candles on the 1st & 2nd nights of Rosh Hashanah & Erev Yom Kippur.

ROSH HASHANAH BROCHOS FOR CANDLES:

1. BORUCHATAW ADO-OI ELO-KEYNU MELECH HA-OLOMASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHELYOM TOV. (On Friday night: L'hadlik Ner Shel Shabbos V'Yom Tov.)

2. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM SH'HECHEYANU V'KEEY'MANU V'HIGH'ANU LAZMAN HAZE. (Both nights)

YOM KIPPUR BROCHOS FOR CANDLES:

1. BORUCHATAW ADO-OI ELO-KEYNU MELECH HA-OLOMASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHELYOM HAKIPURIM.

2. SAME AS 2nd BROCHA ON ROSH HASHANAH.

ON THE TABLE It is customary to have fish and carrots at the table on Rosh Hashanah. Fish and carrots are symbolic of being fruitful and multiplying. We hope that our good deeds and Simchas will be many during the coming year.

KIDDUSH is recited on both evenings and mornings of Rosh Hashana, at home, after services. The Kiddush for Rosh Hashanah is found in the daily siddur.

HONEY is used with Challah. We dip challah into honey after the Motzi prayer is recited. After eating the piece of bread, we pray for a sweet year. An apple is also dipped into honey, the blessing over fruit of the tree is recited and then, again, the prayer for a sweet year is offered. The prayer reads: MAY IT BE THY WILL O L-RD TO RENEW FOR US A GOOD, SWEET YEAR.

SH'HECHEYANU: It is customary to display new fruit, or wear new garments on the 2nd eve of Rosh Hashanah and keep these in mind when offering the Sh'hecheyanu prayer.

TASHLICH - prayers are offered on the shore of a river or body of water that contains fish. We symbolically cast off our sins into the depths on the afternoon of the first day of Rosh Hashana, Thursday, September 29.

FAST DAY: The Fast of Gedaliah is observed in commemoration of a disaster that befell the Jewish people in Israel following the murder of GEDALIAH, the Jewish governor appointed by NEBUCHADNEZZAR. The Fast begins on Sunday morning, October 2nd, at 5:46 a.m., and concludes at 7:25 p.m.

FAST OF YOM KIPPUR is a biblical law. In order to fast properly, the Rabbis urge that a good meal be eaten on Erev Yom Kippur, Friday, October 7. One should not eat or drink after 6:35 p.m. We fast from Friday evening until Saturday night. On Yom Kippur, observant Jews wear a KITTEL, a white garment, and do not wear leather shoes. If a physician requires one to take medicine on Yom Kippur, call the Rabbi for proper procedures.

KAPPORAS: It is customary to SHLUG KAPPORAS on Erev Yom Kippur. Many Jews fulfill this custom today by placing money for each family member into a handkerchief, twirling it over one's head and saying: "This is my Kapporo, my Atonement, this is in my stead, this money should go to charity & I should be privileged to have a long & pleasant life of peace". We will have a charity plates in the entrance of the main sanctuary on Erev Yom Kippur for your charity.

Please Observe Shul Etiquette

1. **CONVERSATION** with one's neighbor is improper during services. Be mindful of our purpose in shul - to converse with G-d and pour out our hearts to G-d. Page numbers will be announced from the Pulpit.....please remain quiet so everyone can hear and follow the service!

2. **NO CONGREGATING** in the LOBBY! Enter services quietly! Ushers will help you find your seat to eliminate any unnecessary disturbance.

3. **NO ONE** will be allowed entrance during Sermons, Hineni, and the Kedusha. It is improper to leave services during these times, or during the reading of the Torah.

Sermons: 10:20 a.m. on Rosh Hashana

11:45 a.m. on Yom Kippur

Hineni: 11:00 a.m. on Rosh Hashana

1:00 p.m. on Yom Kippur

4. **Prayers may be offered in Hebrew or English.** G-d hears all prayers that are offered with a sincere heart! There will be 100 blasts of the Shofar sounded before and during Musaf on the second day of Rosh Hashana (at about 10:45 a.m.).

5. **It is permissible** to bring your Talis on Rosh Hashana. But you must bring your Talis before Yom Kippur because we are not allowed to carry on Yom Kippur unless you live within the Eruv. It is also customary to place charity in the charity plates, in the shul, before Yom Kippur begins on Kol Nidre evening.

6. **DO NOT CHEW GUM!** Our mouths should be used for prayer!

7. **THE TELEPHONE MAY NOT BE USED!** (Unless there is an emergency.)

8. **SMOKING IS FORBIDDEN ON YOM KIPPUR!**

9. **MARRIED WOMEN MUST WEAR A HAT** or head covering.

For Our Children

10:30 a.m. - 1:00 p.m.

ON ROSH HASHANAH & YOM KIPPUR

Baby-sitting for children 3 and under, and Child Care for boys & girls ages 4-12 will be available in the Playroom & Teen Lounge?. Snacks will be served to the children on both days of Rosh Hashana, and lunch on Yom Kippur . . . and PLEASE . . .

RSVP FOR LUNCH IS AN ABSOLUTE MUST!

314-991-2100, ext. 2

HIGH HOLIDAY PREPARATIONS

A beautiful custom is the blessing that the father gives to his children before leaving for shul on Erev Yom Kippur:

"G-d make thee as Ephraim and Menasseh. The L-rd bless you and keep you. The L-rd cause his countenance to shine upon you and be gracious unto you. The L-rd turn his countenance to you and grant you peace."

At this point, one can add a prayer of his own or use the prayer suggested by the Shulchan Aruch:

"May it be the will of our Father in Heaven, that HE put in your heart HIS love. May reverence of G-d always be upon you that you sin not. May you long for the Torah and its precepts. Let your mouth speak wisdom and your heart meditate reverence. May your hand be engaged in the performance of precepts. May your feet run to do the will of your Father in Heaven. May HE grant you good sons and daughters who will engage in the study of Torah and the performance of precepts, all of their lives."

May you be fruitful. May HE grant that your livelihood be legitimate, peaceful and abundant, that it come from G-d's bounty, an occupation that will enable you to serve G-d. May you be inscribed and sealed for a good, long life among all the righteous of Israel. AMEN".

Schedule of High Holiday Services

ROSH HASHANA

Wednesday Evening, September 28.....	Mincha, 6:25 p.m.
Bench Licht Wednesday Evening.....	6:31 p.m.
Thursday & Friday, September 29 & 30	
Mornings.....	8:00 a.m.
Drashas (Sermons).....	10:20 a.m.
Child Care.....	10:30 a.m. to 1:00 p.m.
Shofar.....	10:45 a.m.
Mincha Thursday.....	6:25 p.m.
Mincha Friday.....	6:25 p.m.
Bench Licht Thursday Evening.....	7:32 p.m.
Bench Licht Friday Evening.....	6:28 p.m.

TZOM GEDALIAH Fast Day, Sunday, October 2

Fast Begins.....	5:46 a.m.
Shacharis.....	8:00 a.m.
Mincha.....	6:05 p.m.
Fast Concludes.....	7:25 p.m.

YOM KIPPUR

Erev Yom Kippur - Friday, October 7

Mincha.....	1:30 p.m.
Bench Licht.....	6:17 p.m. or earlier
Kol Nidre.....	6:10 p.m.
Maariv Concludes.....	Approx. 9:15 p.m.

Shabbos, October 8

Morning.....	8:00 a.m.
Child Care.....	10:30 a.m. to 1:00 p.m.
Drasha.....	11:45 a.m.
Yizkor.....	12:15 p.m.
Musaf.....	1:00 p.m.
Mincha.....	4:30 p.m.
Neilah.....	6:00 p.m.
Maariv.....	7:00 p.m.
Havdalah.....	7:18 p.m.
Shofar Sounded.....	7:20 p.m.

Schedule of Yom Tov Services

SUKKOS - FIRST DAYS OF YOM TOV

Wednesday Evening, October 12

Mincha.....	6:05 p.m.
Bench Licht.....	6:09 p.m.

Thursday & Friday, October 13 & 14

Mornings.....	9:00 a.m.
Drasha (Thursday only).....	10:45 a.m.
Mincha - Thursday & Friday.....	6:05 p.m.
Bench Licht Thursday Night.....	7:11 p.m.
Bench Licht Friday Night.....	6:07 p.m.

CHOL HAMOED

Shabbos, Sunday, Monday & Tuesday October 15, 16, 17 & 18

MORNINGS: Shabbos.....	9:00 a.m.
Sunday.....	8:00 a.m.
Monday & Tuesday.....	6:45 a.m.
MINCHA:	
Shabbos.....	5:45 p.m.
Sunday.....	5:55 p.m.
Monday & Tuesday.....	5:55 p.m.

HOSHANA RABA

Wednesday, October 19.....

Mincha.....	5:55 p.m.
Bench Licht Wednesday Evening.....	5:59 p.m.

Thursday Morning, October 20.....

Yizkor.....	10:30 a.m.
Mincha.....	5:55 p.m.
Bench Licht Thursday Night.....	7:01 p.m.

Schedule of Yom Tov Services

SIMCHAS TORAH

Thursday Night, October 20

Hakofos & Parade of Torahs.....	6:45 p.m.
BREAK FOR DINNER (FREE TO ALL).....	7:20 p.m.
Resume Hakofos.....	8:00 p.m.

Friday, October 21

Morning.....	9:00 a.m.
Kol Hanarim - All Children Called to Torah.....	11:00 a.m.
Bench Licht Friday Night.....	5:57 p.m.

Yom Tov Personnel & Schedule

Rosh Hashana

Shacharis
Drasha, First Day
Drasha, Second Day
Torah Leyning
Musaf
Shofar

Elie Needle
Rabbi Ze'ev Smason
Rabbi Ze'ev Smason
Elie Needle
Dr. Ethan Schuman
Rabbi Ze'ev Smason

Yom Kippur

Kol Nidre
Drasha, After Kol Nidre
Shacharis
Drasha, Before Yizkor
Torah Leyning
Musaf
Mincha
Neilah

Dr. Ethan Schuman
Rabbi Ze'ev Smason
Elie Needle
Rabbi Ze'ev Smason
Elie Needle
Dr. Ethan Schuman
Elie Needle
Dr. Ethan Schuman

Sukkos Traditions

It is a mitzvah for everyone to have his own ESROG & LULAV for Sukkos - our Festival of Booths. These plants which grow in Israel can be purchased through our shul, and must be ordered in advance. For persons unable to acquire an essrog & lulav, we will have one or two sets for the purpose of making the brochos in shul. Anyone who can fulfill the mitzvah of dwelling in a Sukkah should endeavor to do so. If you want to use the shul's Sukkah for meals, please call Sandie Abrams or Rabbi Smason to make the arrangements.

We kindle candles on the first two evenings of Sukkos - Wednesday & Thursday evenings, October 12 & 13.

Recite these brochos:

1. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Asher Kidshavnu B'Mitzvosov V'Tzivanu L'Hadlik Ner Shel Yom Tov.*
2. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Sheh'Yanu V'Keey'Manu V'Hig'Yanu Lazman Haze. (both nights)*

These same blessings are recited erev Shemini Atzeres, Wednesday evening, October 19, and Simchas Torah - Thursday evening, October 20.

Have a Beautiful Sukkos with Your Own Esrog & Lulav

It is our hope that everyone in our NHBZ family will have an Esrog & Lulav for Sukkos. We will be happy to order your set for you and have it ready for pick up at the shul in time for Sukkos. Complete sets will cost \$45, \$55, \$65 and \$80. If you want the shul to order your set, please call the office, 314-991-2100, ext 2, by Monday, Sept. 26th, the DROP DEAD DEADLINE!!!

Selichos

Selichos will be recited Saturday night/Sunday morning (Sept. 24) at 12:30 a.m. Selichos services also precede Shacharis every morning during the week before Rosh Hashana as well as on Tzom Gedaliah - the fast observed in commemoration of the murder of Gedaliah - on Sunday, October 2nd.