Erev Shabbos, Friday Night, February 5, 2016
• Mincha & Ma’ariv ~ 5:05 pm

Shabbos, Saturday, February 6, 2016
• Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!
  - Pesukei D’Zimra: Howard Sandler
  - Shacharis: Menachem Szus
  - Leyning: Max Gornish
  - Haftorah: Brent Waxman
  - Drasha: Rabbi Ze’ev Smason
  - Musaf: David Rubin

• Tefillah/Prayer Learners’ Service ~ 9:30 am Led by Rabbi Yosef David in the Rivkin Chapel.
• Learners’ Service ~ 10:15 am Led by Rabbi Ze’ev Smason in the Rivkin Chapel.
• Mincha, Shalosh Seudos, Maariv ~ 4:55 pm
• Rosh Chodesh Adar 1, Tuesday, February 9th and Wednesday, February 10th

Happy Birthday to:
Dr. Solomon Segal*
Oren Kadosh *
Kerry Klarfeld*
Rabbi Ze’ev Smason*
Paul Kleiman *
Max Amon *
Sivya Smason*
Rebbetzin Chani Smason
Jeffrey Schnitzer*
Alice Sudin
Sally Amon
Sheryl Levine
Scott McCary
Shirley Osheroff
Stella Vladimirov
Amanda Fredman

* Last week’s belated Birthdays

Happy Anniversary to:
Dr. Solomon & Michelle Segal, Fabian & Francine Attoun, and Norman & Marilyn Liss
SHUL NEWS . . .

- Sunday, February 7 ~ Rabbi Smason will lead a new 4 week class - *King David’s Heart: “The Life of Dovid HaMelech Seen Through Tehillim”*. The class will be exploring the life of King David, as seen through selected Tehillim (Psalms). No prior familiarity with Tehillim or Hebrew required. Classes: Sunday, February 7, 14, 21, 28 from 10 -11:15 A.M. at NHBZ.

- Shabbos, February 13 ~ Shabbos Monthly Lunch & Learn. Rabbi Smason will speak on the topic, "The Death of Cupid: Jewish Lessons from Successful Couples".

- Shabbos, February 13 ~ Tot Shabbat and Junior Congregation.

- Sunday, February 14 ~ Restaurant Night Out featuring Sushi Chef Aaron Edelstein’s fabulous sushi creations at Nusach Hari B’nai Zion. Expanded menu, charming dine-in ambiance, and TO-GO orders, too! See flyer in this bulletin. Go to: [http://www.sushibyaaron.com](http://www.sushibyaaron.com) to place your order.

- Monday, February 15 ~ Deadline to Order Cash Cards for February!!! Thank you to the following members and friends who ordered Cash Cards last month: June Cohen, Dr. Faye Cohen & Brian McCary, Bob & Joni Kaiser, Jacob & Judy Levin, Richard & Mindy Woolf, Phyllis & Howard Loiterstein, Dr. Alan & Marcie Brook, Lana Weinbach, and Terre Farbstein. Please help raise money for NHBZ and place your order for February! The order form is attached to this week’s bulletin. Every order makes a difference to our shul.

- Sunday, February 21, 12:30 pm ~ Sisterhood Pushke Luncheon. NHBZ’s Sisterhood is reviving its celebrated pushke luncheon event to promote the mitzvah of tzedakah. Our own Julia Child – Julie Eisenberg – will create a delicious repast with the assistance of her talented team. Enjoy lunch and choose from two program offerings: “How to Instill the Mitzvah of Tzedakah in Our Children,” presented by Morah Shifty Landa, Judaic Studies Coordinator at H.F. Epstein Hebrew Academy and recent recipient of the JProStl Career Achievement Award; and “How to Make Tzedakah Less Taxing: Innovations in Giving Arrangements,” presented by Michelle Bluestein Mufson, NHBZ member and Assistant Vice President CRPC, Senior Portfolio Advisor, Senior Financial Advisor, Merrill Lynch Wealth Management. Cost of event: 1 filled pishka or $18 per attendee. Childcare and Kidzone program available. More details to come!!!

- Sunday Feb 28th ~ 3:00 to 5:00p.m. The Irv Alper Social Club is having an all games party! Get your group together. Come and play, bridge, Majong, and Poker. No Charge, no reservations required.

February Classes

- Rabbi Smason’s Pirkei Avos / Ethics of the Fathers class – Live Video! Available to view from your computer on Wednesday’s at 12:15 P.M. CST, if you can't make it to the class at NHBZ! All you need is an internet connection to see a streaming broadcast of this popular class. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on ‘media’, then ‘online classes’, then ‘ustream_graphic’. Or go directly to [http://www.ustream.tv/channel/nhbztest](http://www.ustream.tv/channel/nhbztest) - When the screen comes on and you’re asked what video you want to see - don’t select any. Watch the commercial for about 20 seconds or just wait 20 seconds, and the live broadcast of the class should come into view. Enjoy!

- Mashgiach/Kitchen Helper -- Rabbi Smason will lead a 2-part class series for those interested in being a mashgiach and for kitchen helpers in the NHBZ kitchens, and for NHBZ food events. If you are Shomer Shabbos and interested in assisting the shul as a mashgiach, please contact Rabbi Smason directly. Also, anyone who has helped or would like to help in the kitchens on Shabbos, Pizza Nights, etc. is also welcome to attend and learn more about our kitchens and the many details of “keeping kosher”. **Class 1, Wednesday, February 10 at 5:30 P.M.** **Class 2, Wednesday, February 17 at 5:30 P.M.** To sign up for the Mashgiach/Kitchen-Helper Classes --please call Rabbi Smason.
NHBZ - ISRAEL TRIP OPEN HOUSE

Please join us for an Open House on **Monday, February 22**, at 7:00 p.m. at the house of Michelle and Ephraim Mufson, 1008 Laval Drive, U. City, to meet and discuss this year's Nusach Hari Israel Trip, December 5 -15, 2016. We want to hear from you, get your input on places and things you want to see and give you an idea of some of the wonderful sights we already have in store! All are welcome - members and non-member friends alike. For more information, please contact Richard Woolf at woolfnhbz@yahoo.com.

In The Community . . .

- **February 7** ~ Join the Epstein Hebrew Academy at the Olivette Bowling Lanes for its 6th Annual Super Bowl Party at 4:45pm. Price: $13 per Child & $18 per Adult.
- **The Jewish Federation of St. Louis’ Inclusion Initiative** invites individuals with disabilities and/or their families to participate in an online community survey. This survey will help collect data in order to prioritize the needs of individuals with disabilities and their families in the St. Louis Jewish community. The online survey is available at [https://www.surveymonkey.com/r/InclusionInitiative](https://www.surveymonkey.com/r/InclusionInitiative) and is open through February, 29, 2016.
- **February 28, 2016** ~ JSU Bar Mitzvah Gala to Honor Gail & Yale Miller and Bill Solomon. Come celebrate JSU's Bar Mitzvah year at Meadowbrook Country Club on February 28th @ 5:00pm. JSU will honor Gail & Yale Miller and Bill Solomon for their dedication to strengthening Jewish identity and engagement of the teens of St. Louis. JSU will also pay special tribute to the faculty advisors for the JSU Club at the Saul Mirowitz Jewish Community School. To RSVP visit: jsustl.org/gala or call the JSU office at 314-696-0578. The 800+ teens in JSU's 14 clubs and the Movitz-Senator John Danforth Israel Scholars say THANK YOU for Inspiring their Jewish Future!
- **Tomchei Shabbos On-Going FOOD DRIVE!!** *Tomchei Shabbos* (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoeir, which discreetly provides families in our community with Shabbos & Yom Tov meals. For information on how you can help, please call Jackie Oppenheimer at 997-6924, or Angela at 802-7710. For home pick-up, please call **Sally Needle**, 314-991-2575.
"Say Hello to Nadine ... You're in for a Surprise!"

Say hello to Nadine, the receptionist. With her soft skin and flowing brunette hair, Nadine not only meets and greets visitors, smile, makes eye contact and shakes hands, but she even recognizes past guests and spark up conversation based on previous chats. What's so unusual about Nadine's behavior? Nadine, the world's most human-like robot, has recently begun work as a university receptionist. Powered by intelligent software similar to Apple's Siri or Microsoft's Cortana, Nadine is the brainchild of scientists at the Nanyang Technological University (NTU) in Singapore and is based on her creator Prof. Nadia Thalmann. Unlike conventional robots, Nadine has her own personality, mood and emotions. She can be happy or sad, depending on the topic. Want to meet Nadine? Click here: https://www.youtube.com/watch?v=cvbJGZf-raY

Prof. Thalmann, the director of the Institute for Media Innovation who led the development of Nadine, said social robots are poised to become more visible in offices and homes in future. "As countries worldwide face challenges of an aging population, social robots can be one solution to address the shrinking workforce, become personal companions for children and the elderly at home, and even serve as a platform for health care services in future."

An expert in virtual humans and a faculty member from NTU's School of Computer Engineering, Prof. Thalmann explained, ".....our team at NTU (has) been fostering cross-disciplinary research in social robotics technologies – involving engineering, computer science, linguistics, psychology and other fields – to transform a virtual human, from within a computer, into a physical being that is able to observe and interact with other humans. ..... So in future, these socially intelligent robots could be like C-3PO, the iconic golden droid from Star Wars, with knowledge of language and etiquette."

Much has been written and debated on the question of human nature. The Torah states that humanity was created in the image of G-d. What does it mean to be created in the image of G-d? What is it in our nature that is G-d-like? Every person has a moral conscience, an inner voice that reminds us of the right thing to do. Making proper choices is a lofty expression of our free will, and demonstration of the recognition of our Divine image.

Parshas Mishpatim Exodus 21:1 -- 24:18

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are: Penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shavuos and Sukkos. The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

Rabbinic Ruminations

Air Force One is one of the most recognizable symbols of the American presidency. Emblazoned with the words "United States of America," the American flag, and the Seal of the President of the United States, it is an undeniable presence wherever it flies. "Air Force One" isn't technically a plane: It's simply the radio call name for any U.S. Air Force plane carrying the president of the United States. Today, there are actually two nearly
identical customized Boeing 747 jets that regularly fly under this designation, each with an estimated cost of $390 million. The planes are almost as tall as a six story building, and as long as a city block. The three-leveled "flying Oval Office" has 4,000 square feet of interior floor space, including a conference room, dining room, private quarters for the president, offices for staff members, a medical operating room (a doctor flies on every flight), press area, and two food galleys that can provide 100 meals. Air Force One costs taxpayers $206,337 every hour it is in flight.

Perhaps most remarkable about Air Force One are its security features. The plane is a military aircraft, designed to withstand an air attack. Outfitted with electronic counter measures to jam enemy radar, the plane can also eject flares to throw heat-seeking missiles off course. Heavy shielding on the plane is tough enough to protect the wiring and crucial electronics from the electromagnetic pulse associated with a nuclear blast. Unlike a normal 747, the plane has its own retractable stairways that open onto the lower deck, and crew members and staff climb internal staircases to get to the upper decks. The plane also has its own baggage-loader. With these additions, the plane never has to depend on an airport's facilities, which could be a security risk. Another special addition is the in-flight refueling connection. As with the B-2 and other combat craft, in-flight refueling gives Air Force One the ability to stay up in the air indefinitely, which could be crucial in an emergency situation.

In Psalm 27, King David writes, "One thing I asked from G-d and that I shall seek - that I dwell in the House of G-d all the days of my life ..." Certainly, King David's primary concern was the security and spiritual and physical prosperity of his people. However, Dovid Hamelech asked not only for physical sustenance and security but protection from the hubris that affects so many successful leaders as well. That is the "House of G-d" in which he wants to travel at all times, be it in on the battlefield or in the palace courts.

**Quote of the Week**

It is only imperfection that complains of what is imperfect. The more perfect we are the more gentle and quiet we become towards the defects of others. -- Joseph Addison, (d. 1719) English essayist, poet, playwright, and politician.

**Joke of the Week**

Morris Schwartz is dying and on his deathbed. He is with his nurse, his wife, his daughter and 2 sons, and knows the end is near, so he says to them:

"Bernie, I want you to take the Beverly Hills houses."

"Sybil, take the apartments over in Los Angeles Plaza."

"Hymie, I want you to take the offices over in City Center."

"Sarah, my dear wife, please take all the residential buildings downtown"

The nurse is astounded, and as Morris slips away, she says to the wife, "Mrs. Schwartz, your husband must have been such a hardworking man to have accumulated all this property.

Sarah replies, "Property shmoperty...my husband has a seltzer route."
The Power of Tehillim

A new Facebook group has formed, led by Rabbi Smason. Thoughtful recitation of Tehillim (Psalms) has the power to change the world -- and to change us. This new group is for sharing thoughts or raising questions about anything related to Tehillim that is important and meaningful to you. To join, or for further information, contact Rabbi Smason in person, or at Pepshort613@gmail.com, or 314-991-2100 x1.

The NHBZ Women’s Emergency Tehillim Circle ~ The following women have made the commitment to be “on call” to say Tehillim for individuals whenever an emergency situation occurs at Nusach Hari B’nai Zion: Julie Eisenberg, Chairperson, Debbie Barash, Shirley Bluestein, Marcie Brook, Teree Farbstein, Dr. Susan Feigenbaum, Mimi Fiszel, Rhonnie Goldfader, Rebecca Goldman, Joyce Hochberg, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Sarah Klein, Svetlana Kogan, Lori Laird, Cindy Looney, Phyllis Loiterstein, Beverly Magency, Marcela Morgensztern, Laura Rader, Nancy Rush, Mimi Sabol, Terri Schnitzer, Dr. Shayna Scribner, Debbie Sher, Phyllis Silverman, Margo Tzadok, Peggy Umansky, and Mindy Woolf. We say the prayers at home. Please call Julie Eisenberg, 314-695-5615, or Jeff Miller, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.

Women’s Community Tehillim Group ~ the group meets at 9:15 a.m. on Sunday mornings, at the home of Jan Adelman, 8032 Amherst Ave, (314) 960-4050/863-5438. The Women's Tehillim Group meets each Sunday to say Tehillim in the zchus (merit) of a refuah shelayma (full & speedy recovery) for the cholim (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions please call Julie Eisenberg at 314-494-8437.

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.
Calling **ALL** Kids (& Friends)!

**Junior Congregation** for **ALL** 7 – 11 year olds!

*February 13 and 27*  
*March 5 and 26*  
*and April 9 and 30*

- Learn and recite the main Shabbat prayers and tunes  
- Review the weekly Torah portion  
- Discuss Israel and learn cool facts about the Holy Land  
- Hang out with old friends and make new ones!

**Time:** 10:00 a.m. – Noon

**Tot Shabbat** (age 6 and under, siblings welcome!)

*February 13 and 27*  
*March 12 and 26*  
*and April 9 and 30*

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

**Time:** 10:00 – 10:30 am Snacks and Play  
10:30 – 11:15 am Program

**Where:** Both take place *Downstairs*

(NHBZ membership NOT required...All levels of observance welcome!!!)

For questions, please email or call Jeff at (314) 991-2100, ext. 2
Sushi Night at NHBZ!!!  FEB.14

For all orders go to http://www.sushibyaaron.com
Look at the menu page - make your selection on the contact page. If you ordering to go or dine in, follow the instructions below by entering them on the contact page.

For TO GO orders give your name, your phone number, and your order. For DINE-IN orders add the number of people in your party and 1st OR 2nd seating. No computer or smart phone? Call 314-991-2100, ext. 2, to place your order! Orders MUST be placed by Wednesday, February 10, 2016 at noon!

Tuna Roll
Salmon Roll
California Roll
Rainbow Roll
Veggie Roll

Nusach Super Roll
Tuna Nigiri
Salmon Nigiri
Soup of the Day
Edamame

Egg Roll - Pareve ($3.25)

Cold Drinks ($1.00: Choice of Bottle of Water OR Can of Soda)
Hot Tea($1.00)
Desserts ($1.00: Choice of Chocolate Chip Cookie, Apple OR Orange)
Join the Minyan  It’s good of us, it’s good for you!

This Week’s Schedule

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<tr>
<th>Shabbos Feb. 6</th>
<th>Sunday Feb. 7</th>
<th>Monday Feb. 6</th>
<th>Tuesday Feb. 9</th>
<th>Wednesday Feb. 10</th>
<th>Thursday Feb. 11</th>
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NHBZ Event Planner

*(Check “Shul News . . .” for time, date or location changes.)*

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

**WEEKLY at NHBZ**

**SHABBOS**
- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children’s Room.
- Learners Service (10:15 am) led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

**SUNDAY**
- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- “Mystical Moments” with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

**MONDAY**
- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

**WEDNESDAY**
- Rabbi Smason’s Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

**BI-MONTHLY at NHBZ**

**JUNIOR CONGREGATION & TOT SHABBAT ~**

**MONTHLY at NHBZ**
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women’s Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

**NHBZ Signature Events**
- Synaplex Shabbos
- Shabbos Lunch & Learn
Learn to Make Challah!!!

Have you wanted to learn how to make challah, but never had the chance?!?!

Have you wanted to learn a new challah recipe?!?!
Learn recipes ---demonstrated with your active, hands-on participation.

Thursday, March 3, 2016
7:00 pm
NHBZ
650 North Price

$18.00 per person. Each participant will take enough dough home to make 2 challot

To register please call (314) 991-2100 ext. 2
Seats are limited, so please RSVP early!

Any ?’s contact Mindy Woolf at (314) 239-2327
Remember to use Your

A Painless Fundraiser for NHBZ!!!
If you don’t have or can’t find your Card, please call Jeff at 991-2100 ext. 2
Do you SHOP? Do you TRAVEL? Do you give GIFTS? If you answered “yes” to any of these questions, you may be able to help NHBZ at NO ADDITIONAL COST to you! NHBZ participates in a nationwide program in which we sell CASH CARDS at face value, and the participating store or business allows us to keep a percentage (see below) of the proceeds at NO cost to you. The amounts that NHBZ gets varies from business to business, but definitely add up over time. We appreciate your support in this painless but potentially significant effort. A complete list of participating businesses can be found on our website at www.nhbz.org, but a list of the more common cards requested are included on this order form. If you do not have access to a computer or the internet, please contact our office. We will be happy to mail the list to you.

Once you have your Cash Cards, you spend them just as if you have CASH IN HAND!!!

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TOTAL OF THIS ORDER: $ ________________________________

Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form. Payments received after the 15th or 30th of the month will automatically be placed on the next order date.

** A complete list of more participating businesses can be found on our website at www.nhbz.org. If you do not have access to a computer or the internet, please contact our office. We will be happy to mail the list to you. Once you have your Cash Cards, you spend them just as if you have CASH IN HAND!!!

NAME________________________________________________________________________________
ADDRESS___________________________________________________________________________ CITY________________________ STATE________ ZIP CODE________

_____ Please mail my order to the above address.
_____ I will save NHBZ the postage by picking up my order at NHBZ.

And please remember to use your Schnuck's Card for NHBZ credit!!!