



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 23, 2017 ~ 5 Teves ~ Candle Lighting 4:25 pm ~ Shabbos Ends 5:29 pm

Torah Portion:

Vayigash Genesis 44:18 -- 47:27

Chumash pages 250-267

Haftarah:

Ezekiel 37: 15-28

Chumash pages 1144-1145

Thanks to Our Generous Sponsors ...

The Kiddush lunch this Shabbat is sponsored by **Rebecca and Max Goldman** in honor of **Louis'** birthday.

Thank you **Irwin and Arlene Fredman** for sponsoring Shalosh Seudos in memory of Irwin's parents Avery and Henrietta Fredman.

Erev Shabbos, Friday, December 22

- **Mincha & Ma'ariv** 4:20 pm

Shabbos, Saturday, December 23

- **Shachris & Musaf** 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Louis Goldman**
 - Leyning: **Max Gornish**
 - Haftarah: **Dr. Naftali Kadosh**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Louis Goldman**
- **Learners' Service** 9:30 am ~ Led by **Rabbi Yosef David** in the Rivkin Chapel
- **Tot Shabbat** with **Kate Friedman** and **Junior Congregation** with **Jake Fendelman** ~10:00 am
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ topic: " Willpower: The Sugary Secret of Self-Control" Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Kiddush Luncheon** after services
- **Mincha/Ma'ariv/Shalosh Seudos** ~ 4:10 pm

This Week & Beyond...

	Shabbos Dec 23	Sun. Dec 24	Mon. Dec 25	Tues.* Dec 26	Wed.* Dec 27	Thurs.** Dec 28	Fri. Dec 29	Shabbos Dec 30
Minyan Times								
Shachris	9:00 am	8:00 am	8:00 am	7:00 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:10 pm	4:25 pm	4:25 pm	6:45 pm	4:15 pm*	6:45 pm	4:25 pm	4:15 pm

* Ma'ariv only

** Fast of the 10th Day of Teves

Please note that Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Today's Shabbos greeters

Margo Tzadok & Jay Umansky

Birthdays

Dr. Michael Kass, Gary Sudin, Daniel Zarkowsky, Mark Tendler, & Daniella Yasinev

Anniversaries

Ronald & Sandra Segall, Howard & Phyllis Loiterstein, Dr. Craig & Jackie Berkin, and Carl & Gloria Sussman

- **Sunday, December 24 ~ Movie Night ~ What is better than dinner and a movie on 12/24?** At 5:15 we will have an Israeli theme dinner available for purchase. After the dinner we will watch the film "In Our Hands: The Battle for Jerusalem". The film debuted in sold out theaters around the country in time to celebrate the 50th anniversary of reclaiming Jerusalem. Those unable to attend dinner may attend the movie at 6:15 pm.
- **Sunday, December 31 ~ Pizza Night ~ 5:00 -7:00 pm ~ \$12.00 ~** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to jeff@nhbz.org (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext. 2.
- **Shabbos, January 13 ~ Synaplex and Family Shalosh Seudos Program with Speakers:**
 - ~ **Pastor Lyndon Allen**, Central Regional Coordinator for Christians United for Israel (CUFI)
Topic: *"Unlikely Ambassadors for Civil Rights: African-Americans and Jews, Interwoven"*
 - ~ **Rabbi Shmuel Greenwald**, Education Director for Aish St. Louis (presentation in memory of Rabbi Greenwald's mother, Elka bas Shlomo) Topic: *"An Attitude of Gratitude: Lessons in Appreciation From Moshe (Moses)"*

Serving as Scholar-in-Residence for this Synaplex Shabbat, Rabbi Greenwald will also be offering two additional presentations during the day:
"The Way of G-d: Why Do Things Hurt?" 3:30- 4:25 pm ~ A pre-mincha / afternoon service class
"Altruism: Are You a Giver or a Taker?" 5:00 pm at our **Family Shalosh Seudos / Third Meal.**
- **Monday, January 15 ~ Home Discussion Group ~ 7:00 - 8:30 pm.** The topics are: "The Nose Knows: The Jewish View of the Sense of Smell" led by Rabbi Smason and "Aromatherapy: A Mind-Body-Spirit Approach to Wellness" led by Angie Kitko, Wellness Coach. At the home of Don and Julie Eisenberg. RSVP's are needed. The address will be given at the time of your RSVP.



This year's *Chabad Lamplighter Award Recipients* are **Drs. Jay Pepose & Susan Feigenbaum, Dr. Jonathan & Naomi Shanker, and Dr. Irving & Melody Boime.** Mazel Tov to our NHBZ members who are receiving this great honor! Call Chabad for more information at 725-0400.

Parshas Vayigash

Judah makes an impassioned plea to the powerful Egyptian ruler (Joseph, still in disguise) for Benjamin's life, claiming that Jacob would surely die from sorrow if he lost Benjamin. Judah offers to remain in Egypt as a slave in place of his younger brother. Unable to restrain himself any longer, Joseph reveals his identity to his stunned brothers and forgives them for selling him into slavery so many years before.

Joseph then sends his brothers back to the land of Israel, laden with gifts, to bring Jacob and their families down to Egypt where they will live in the province of Goshen.

Before Jacob leaves home, G-d appears to him in a 'vision of the night', reassuring him that He will be with them and that they will eventually return to the land of Israel as a great nation. After 22 years of separation, Jacob is reunited with his beloved son Joseph. Joseph embraces his father and weeps, overflowing with joy, and then brings his father to meet Pharaoh. The portion concludes by describing how Joseph uses his vast power to amass nearly all of the wealth of Egypt for Pharaoh's treasury.

Fast of the Tenth of Teves - עשרה בטבת is observed on Thursday, December 28

Fast Begins: 6:06 am

Fast Ends: 5:29 pm

The fast commemorates three calamities that occurred during Jewish history on the tenth of Teves and the two days preceding it:

- 1) The siege of the First Temple by Nebuchadnezzar and the Babylonians
- 2) The translation of the Torah into Greek, ordered by Egyptian King Ptolemy, during the Second Temple period.
- 3) The death of Ezra the Scribe, great Jewish leader who returned the Jewish people to Israel following the Babylonian exile.

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Dec. 30: Key Differences Between a Happy Life and a Meaningful Life

Jan. 6: Do Life-Changing Books Really Change Your Life?

Jan. 13: You Don't Look Jewish! Jewish Identity and Identification (At 10 am due to Synaplex)

Jan. 20: Where Can I Find Compassion for Difficult People?

Jan. 27: The Battle Against Procrastination: What Are You Waiting For?

Amud-A-Week Program. Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Community

11th Annual STL Jewish Community Blood Drive, Sunday January 7th at Young Israel 10:00 am – 4:00 pm. to make an appointment call 1- 800-RED-CROSS

Special presentation: "Preparing for the Inevitable" with guest speaker Rabbi Elchonon Zohn will be held Monday, January 1st at 7:30 pm at Young Israel. *A program of the Ahavas Chesed Society of St. Louis.*

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Plans for December 24?

How about Dinner and a Movie!

Join Us for Dinner and a special viewing of

“In Our Hands: The Battle for Jerusalem,”



An exhilarating docudrama which captures the harrowing tale of Israel's capture and 1967 reunification of Jerusalem

Sunday, December 24, 2017

Falafel Dinner beginning at 5:15 p.m.

\$12/adult; \$7/kids (5-12); Kids under 5 eat free!

\$35 Family Max

The Movie will begin at 6:15 p.m.



The movie and free and open to the public. Nor RSVP necessary.

Discussion led by Rabbi Smason to follow the Movie

Thank You!

**2017 112th Anniversary Celebration
Nusach Hari B'nai Zion Congregation
December 10, 2017**

Thanks to our Honorees **Rachael Pevnick and Ted Pevnick (z"l)**,
HaKaras HaTov Award Recipient **Kate Friedman**, and
Israel Advocacy Award Recipients **Rich and Jenny Wolkowitz**.

Thanks to Dinner Chairpersons *Lenny Alper* and *Robin Rickerman*,
and the entire Dinner Committee:

<i>Sandie Abrams</i>	<i>Sally Katz</i>
<i>Fran Alper</i>	<i>Jeff Miller</i>
<i>Jesse Barash</i>	<i>Nancy Rush</i>
<i>Marsha Feenberg</i>	<i>Debbie Sher</i>
<i>Dr. Eliot Katz</i>	<i>Anna Rose Tendler</i>

Thanks for the invaluable assistance of our volunteers:

<i>Jackie Berkin</i> – Banquet Consulting	<i>Bobby Levine</i> – Graphic Design
<i>Don Eisenberg</i> – Honoree Photos	<i>Joni Kaiser</i> – Publicity
<i>Louis Goldman</i> – Master of Ceremonies	<i>Gary Sudin</i> – Audio Visual Support

And Special Thanks to:

<i>Kohn's Kosher Catering</i> – Appetizers	<i>Minuteman Press</i> – Printing Services
<i>The St. Louis Kollel</i> – Wine Selection	<i>Shaina Rickermann</i> – Photography
<i>Laura Krueger</i> – Accounting	<i>Howard Sandler</i> – Musical Entertainment

Thanks to Program Participants:

<i>Rabbi Ze'ev Smason</i> – Presentations	<i>Zoe & Phoebe Wolkowitz</i> – Hamotzi
<i>Robert Kaiser</i> – President's Welcome	<i>Barry Goldenberg</i> – Ted Pevnick (z"l) Tribute
<i>Brandon Pevnick</i> – National Anthems	<i>Marshall Friedman</i> – Birchah Hamazon

Thank you to our Early Bird Raffle Prize Donors:

<i>Clayton Plaza Hotel</i>	<i>St. Louis Music ~ Mark Ragin</i>
<i>COCA (Center of Creative Arts)</i>	<i>Stanley Steemer</i>
<i>Hilton St. Louis Frontenac Hotel</i>	<i>Sunshine Drapery & Interior Design</i>
<i>The Magic House</i>	<i>Trader Joe's</i>

Congratulations to the Early Bird Raffle Prize Winners, and
thanks to all who replied in time to be eligible for the Early Bird Raffle.

The Committee and the Board of Directors thank everyone who attended
the 112th Anniversary Celebration and all those who purchased
Ads or Tributes in the Commemorative Journal.



Pizza Night

Sunday, December 31

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholorv Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**



**NEXT
PIZZA NIGHT:
SUNDAY
JANUARY 28**



From Our Families to Yours...

Junior Congregation

Join us as we gather EVERY month, with new expanded opportunities!

Who: *ALL Kids ages 7 to 11!*

Time: *10:00 a.m. - 12:00 p.m.*

- *Learn the main Shabbat prayers and tunes*
- *Review the weekly Torah portion*
- *Discuss Israel and learn cool facts about the Holy Land*
- *Hang out with old friends and make new ones!*

(NHBZ membership NOT required...All levels of observance welcome!!!)

Led twice a month with Jake Fendelman on the following dates:

December 23 and 30

January 13 and 27



And Led by Bnot Sherut Young Women on

January 20, 2018

St. Louis is lucky that some young women, referred to as Bnot Sherut (literally, female youth in the service), are fulfilling their Israeli national service (Sherut Leumi) as an alternative to service in the Israel Defense Forces by joining our community and enriching the learning experiences of our children. They work with B'nai Akiva, Jewish Day Schools, and now...NHBZ. Once a month on Shabbat morning two Bnot Sherut young women will lead Junior Congregation to help davening, and expose the kids to Israeli culture and spoken Hebrew!

Snacks will be served!

Fun will be had!

For questions, please email Alana Minoff at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under

10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

December 23 A Trip to Israel
January 6 Summer in The Snow

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Saturday

Shabbat Morning

Starting Points:

Wisdom for Daily Living

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

Dec. 23: Willpower: The Sugary Secret of Self-Control

Dec. 30: Key Differences Between a Happy Life and a Meaningful Life

Jan. 6: Do Life-Changing Books Really Change Your Life?

Jan. 13: You Don't Look Jewish! Jewish Identity and Identification *(At 10 am in conjunction with*



)

Jan. 20: Where Can I Find Compassion for Difficult People?

Jan. 27: The Battle Against Procrastination: What Are You Waiting For?



An open invitation to NHBZ's



Saturday

Shabbat Morning

In memory of Charles and Rebecca Nathan

January 13, 2018

Regular services begin at **8:30 a.m.**

Tefillah/Prayer Learners Service at **9:15 am** in the Chapel
(led by Rabbi Yosef David of Aish HaTorah)

Starting Points at **10:00 a.m.** in the Chapel

The topic is **"You Don't Look Jewish! Jewish Identity and Identification"**
(led by Rabbi Smason)

Tot Shabbat (for kids 1-6) begins at **10 a.m.**
(Babysitting provided for younger kids)

Break-out sessions beginning at 11:15 a.m.

- ☆ *"Unlikely Ambassadors for Civil Rights: African-Americans and Jews, Interwoven"* (Led by Pastor Lyndon Allen, Central Regional Coordinator for *Christians United for Israel (CUFI)*)
- ☆ **"An Attitude of Gratitude: Lessons in Appreciation From Moses"** (Led by Rabbi Shmuel Greenwald, Education Director for Aish St. Louis (presentation in memory of Rabbi Greenwald's mother, Elka bas Shlomo))

Following these sessions, at approximately 12:15 pm, all attendees will then re-gather together for a Kiddush lunch.
Rabbi Greenwald will also be offering two additional presentations during the day:

3:30- 4:25 P.M (a pre-Mincha/afternoon service class):
The Way of G-d: Why Do Things Hurt?

5:00 P.M (during our Family Shalosh Seudos/Third Meal):
Altruism: Are You a Giver or a Taker?

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



Join us at the upcoming *Home Discussion Group*

The latest in a series of discussions at the homes of our members and friends.

*The Nose Knows: The Jewish View
of the Sense of Smell* – led by
Rabbi Ze'ev Smason



*Aromatherapy: A Mind-Body-Spirit
Approach to Health and Wellness* –
led by Angie Kitko, Aromatherapist and Holistic
Wellness Coach

Please join us on
Monday, January 15, 2018
at the home of Julie and Don Eisenberg for a
lively discussion!

7:00 – 8:30 pm

Light refreshments will be served.

Please RSVP to Jeff at **314-991-2100** or jeff@nhbz.org by the Wednesday before the gathering.
Addresses and phone numbers will be given at the time of your RSVP.