

Birthdays- Ariel Belasen & Murray Baker

- **Saturday Night, Motzei, October 13 ~ 8:15 pm** ~ CUFI (Christians United for Israel) and the St. Louis Friends of Israel presents speaker **Major Elliott Chodoff** of the IDF. Major Chodoff is a political and military analyst, and one of the world's leading experts on Counter Terrorism and the Middle East conflict.
- **Tuesday, October 16 ~ 2:00 pm ~ Balance for Balabustes** ...Strength Training, Bone Health and Flexibility for Females with Dr. Jill Abrams. Presented by the Senior Kollel and Eishes Chayil Women's Division in Cooperation with Nusach Hari B'nai Zion Sisterhood.
- **Shabbos, October 20~ Aufruf of Leib Smason with Kiddush Luncheon to follow.**
- **Sunday, October 21 ~ 3rd Annual NHBZ Kosher BBQ Cook Off Contest.** Don't miss this event
- **Shabbos, October 27 ~ 8:30 am ~ Kollel Shabbaton at NHBZ** ~ Davening will be led by the Kollel Rabbis followed by speakers at 11:30 am.
 - ✓ **Rabbi Yaakov Silverman** - "Who Knows Three? An In-Depth Look at our Forefathers and their Lives"
 - ✓ **Rabbi Shlomo Eisenberg** - "Three Pillars of the Universe: Torah, Divine Service and Kindness"
 - ✓ **Mrs. Chana Bregman** (for women) "Our Mothers, Our Role Models"
- **Sunday, October 28 ~ Pizza Night** ~ Would you like to get out of the kitchen and enjoy the Best Kosher Pizza in St. Louis? If so, please bring your entire family to Nusach Hari's Pizza Night where everyone can enjoy a delicious dinner of all-you-can-eat Kosher pizza, pasta, salad, garlic bread, dessert and a beverage. Plus, a movie for the kids! No reservations are required and credit card payments are accepted. If you prefer to carry out, cheese pizzas are \$12 each plus \$.75 for each topping. Carryout orders should be placed by 10 a.m. on Sunday, by sending an email to jeff@nhbz.org or by calling 314-991-2100, ext. 2. Pick up is between 4:30 - 4:45 p.m. Hope to see you there!
- **Sunday, November 18 ~ 10:00 am ~ NHBZ Annual Membership Meeting**

Parsha Noach

As a result of Mankind's evil, G-d brings a flood to destroy every living creature. Only Noah, his family, and at least one pair of every animal species were spared. Trivia question: Do you know the name of Noah's wife? (hint -- it is NOT 'Joan of Ark') When the flood waters begin to recede after a lengthy deluge, Noah sends forth from the ark a raven and dove to determine whether the land has dried sufficiently so that they can leave the ark to once again resettle the earth. G-d promises that He will never again destroy all of Mankind by means of a flood, and He designates the rainbow as a sign for that eternal covenant. Noah plants a vineyard, drinks from its produce and becomes drunk. In his intoxicated state, he shamefully uncovers himself. While his son Ham dealt with his father inappropriately, Noah's other two sons, Shem and Japeth, cover their father in a respectful manner. Generations pass and the world is repopulated. The people attempt to wage war against G-d by building the Tower of Babel. G-d responds by mixing up their languages into a 'babble', and dispersing them across the planet.

Kids Programs with Alana Minoff

There is an exciting new initiative from the NHBZ Kidszone! Stay tuned for upcoming events where our children will design cards, notes, and art for IDF soldiers. The art will then be delivered by NHBZ members visiting Israel. Please let Alana know if you are traveling to Israel and would like to deliver the art. (This project has been sponsored by Dr. Susan Feigenbaum)

Mazal tov to the Morgensztern family on David's Bar Mitzvah this Shabbos. We will have Tot Shabbat and Junior Congregation!

Have a 10-13 yr old? Enroll them in NHBZ's new Bar/Bat Mitzvah Journey program. They will meet every Sunday at NHBZ from 4:00-5:30. Call the office at 991-2100.

Stay tuned for information on upcoming programs! Shabbat dinner and kids program in November and our annual Chanukah program at the beginning of December.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason
Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Oct. 13: (No Starting Points: Morgensztern Bar Mitzvah)

Oct. 20: The Art of Interesting Small Talk

Oct. 27: Why Don't Facts Change Our Minds?

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

Cash Cards

Orders are now being taken through October 15th. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

In the Community

The St. Louis Jewish Book Festival is excited to begin its 40th season this fall. More than 35 authors will present their latest titles during the Festival, taking place November 4 - November 16, with additional bookend events scheduled throughout the year. Nationally recognized for both its excellence and its size, the Festival is one of the largest in the country with more than 10,000 audience members annually. Festival-goers can take advantage of the Premier Pass. Passes can be ordered by calling 314-442-3299. More information can be found at www.stljewishbookfestival.org.

Shop Schnucks in Ladue on Sunday, October 14, and help restock our local **Tomchei Shabbos** food pantry. Shop from 10:00am -2:00pm, pick up a nonperishable item, and drop it off at our table outside the front door. Tomchei Shabbos discreetly delivers packages of food to families in need, enabling them to make Shabbos each week. Donate by visiting us online at www.tomcheistl.org



Holy Smokes!

SAVE THE DATE! October 21, 2018

*Kasherus
Supervised By*

Rabbi
Ze'ev
Smason

*Officially
Sanctioned By*



Thanks to our sponsors (so far):



For more information, please contact Mindy Woolf at mwoolf2002@gmail.com

CHRISTIANS UNITED FOR ISRAEL

STANDING WITH ISRAEL

in ST. LOUIS, MO



"Peace for Israel means security, and we must stand with all our might to protect its right to exist"
- Dr. Rev. Martin Luther King, Jr.



Keynote Speaker:

Major Elliot Chodoff

Israel Defense Force, Political & Military Analyst

Imagine looking at a map of war torn Syria and being able to point to your home, or sitting on your porch and being able to see smoke from an ISIS rocket. Meet Elliot Chodoff, a political and military analyst, and one of the world's leading experts on Counter Terrorism and the Middle East conflict. He serves as the Deputy Chief of Staff for Population for the Northern Region of Israel in Home Front Command. He is the author of the Israel Defense Forces Field Handbook, is an expert in infantry weapons and tactics, and teaches courses in field craft and small unit tactics, counter terrorism, and military history and strategy.



Speaker:

Pastor Lyndon Allen

CUFI's Central Regional Coordinator

He has ministered in Nashville, TN for over a decade. In 2011, Allen launched Total Life Victory, an organization dedicated to teaching about the importance of the Hebraic foundation of the Church and the Kingdom of God. Allen has been to Israel several times on governmental and spiritual tours, leading scores of pastors to the Holy Land. He hosts a weekly video podcast— Total Life Victory LIVE. Allen holds a degree from Biola University in Organizational Leadership with an emphasis in Biblical Studies and Apologetics. He and his wife Sharyl are the proud parents of four adult children.

Saturday, October 13
8:15pm



Nusach Hari B'Nai Zion
650 North Price Rd
St. Louis MO 63132

In Cooperation with: St. Louis Friends of Israel



Admission is FREE!

"With over 4.3-million members, CUFI is the largest pro-Israel organization in the United States and one of the leading Christian grassroots movements in the world."

PO Box 1307, San Antonio, TX 78295
TOLL FREE (877) 706-2834

Fax (210) 477-4713 | Email: info@cufi.org
www.cufi.org





THE SISTERHOOD SCOOP OCTOBER



Volume I

Number 32

October 13, 2018

SAVE THE DATE

When: **Thursday, November 1**

Where: **The Ritz Carlton, St. Louis**



**Women's Philanthropy
St. Louis Jewish Federation
presents:
"L'CHAIM!**

Women Changing the World"

featuring **Linor Abargil** - former Miss World

If you are going: When you register, ask to be seated at the NHBZ table. Sisterhood is representing Nusach Hari B'nai Zion again this year in support of Women's Philanthropy programming. If you did not receive an invitation in the mail, you may register online at: www.ifedstl.org/events/lchaim2018/

SISTERHOOD ELECTIONS ARE COMING!



If you are a member of Sisterhood, you are eligible to vote in the elections that will take place **Sunday, November 18**. This is your opportunity to help determine the leadership of NHBZ Sisterhood, as well as to help shape the activities and programs for next year.

Any woman who would like more information about becoming a Sisterhood Officer or Board Member contact Amy Feit at 314-374-3844, or email: amyph8@yahoo.com

Parshas Noah: The Rainbow in the Clouds



The rainbow is not just a natural phenomenon caused by the refraction of light. The "rainbow in the clouds" represents a paradigm shift in humanity's spiritual development. Before the devastation of the Flood, the world was different than the world we know—people lived longer lives; the intellect was also very powerful; awareness of G-d's presence was enough to enlighten and direct one's actions to live a moral life. This was the potential of the pristine world of the Garden of Eden. Rampant violence and immorality in Noah's generation, however, demonstrated that humanity fell abysmally short of its moral and spiritual potential. After the Flood, G-d fundamentally changed the nature of ethical guidance for the human soul. The sign that G-d showed Noah, the "rainbow in the clouds," is a metaphor for this change.

The rainbow represents divine enlightenment, a refraction of G-d's light, as it penetrates into our physical world. The Torah emphasizes that the rainbow is "in the clouds." Clouds represent our emotional and physical aspects, just as clouds are heavy and dark ("geshem" means both 'rain' and 'physical matter'). The covenant of the "rainbow in the clouds" indicates that the Divine enlightenment (the rainbow) now extended from the realm of the intellect, where it existed before the Flood, to the emotional and physical spheres (the clouds). G-d's rainbow of light now also penetrated the thick clouds of the material world.

How was this accomplished? The Divine light became 'clothed' in a more physical form—concrete mitzvot. G-d gave to Noah the first and most basic moral code: the seven laws of the Noahide code. These commandments served to bridge the divide between intellect and deed, between the metaphysical and the physical.

Thus, G-d promised never again to flood the world. After the Flood, a total destruction of mankind became unnecessary, as the very nature of human ethical conduct was altered. Our inner spiritual life became more tightly connected to our external physical actions. As a result, the need for such a vast destruction of life, as occurred in the Flood, would not be repeated. Of course, individuals—and even nations—may still choose to sink to the level of savages and barbarians. But the degree of immorality will never again reach the scope of Noah's generation, where only a single family deserved to be saved. — *adapted from RavKookTorah.org*

(from *Gold from the Land of Israel* pp. 34-36. Adapted from *Ein Eyah* vol. II, pp. 318-319)

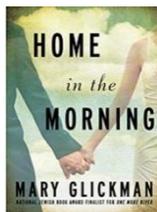
Mon., Oct. 22 Book Club Selection:

***Home in the Morning*
by Mary Glickman**

7:15-8:45 PM

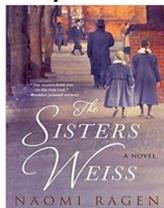
HOSTED BY: **Sallie Volotzky**

FACILITATED BY: **Terri Schnitzer**



Mon., Dec. 17 Book Club Selection:

***Sisters Weiss*
by Naomi Ragen**



FOR MORE INFO
CONTACT **Fran Alper**
phone: 314-993-4024
or: fran.alper@outlook.com



Shabbat Children's Programming

October 13

Junior Congregation for children ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat for Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for October

Oct. 13: (No Starting Points: Morgensztern Bar Mitzvah)

Oct. 20: The Art of Interesting Small Talk

Oct. 27: Why Don't Facts Change Our Minds?

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



SAVE THE DATE

Nusach Hari B'nai Zion Congregation 113TH Anniversary Banquet

Guest of Honor

Robert A. Cohn

HaKaras HaTov Award recipient

Kenneth Bressler

Israel Advocacy Award recipient

Donn Rubin

Sunday, December 16, 2018

Hors d'oeuvres at 5:30 p.m. | Dinner & Program at 6:30 p.m.

Sheraton Clayton Plaza Hotel St Louis
7730 Bonhomme Avenue
Clayton, Missouri 63105

Invitations to be mailed in October – Early Bird deadline is Nov. 16

Opportunities for sponsorships, ads, and greetings available

Phone: 314-991-2100, ext.2

Email: reservations@nhbz.org

Nusach Hari B'nai Zion • 650 North Price Road
Saint Louis, Missouri 63132

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

WE NEED YOUR HELP!

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)** (questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
Payments received after the 15th of the month will automatically be placed on the next order date.	AMC Theatres	\$25.00	8.0%		
		CVS	\$25.00	6.0%	
**A complete list of participating businesses can be found at: ShopWithScrip.com	Dierberg's	\$100.00	6.0%		
		\$25.00	2.5%		
If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.	Home Depot	\$100.00	2.5%		
		\$25.00	4.0%		
Write-in - Other Listed Retailer ►	Macy's	\$100.00	4.0%		
		\$25.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**

shopwithscrip.com

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