



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 29, 2018 ~ 21 Tevet 5779

Candle Lighting 4:29 pm

Shabbat Ends 5:33 pm

Torah Portion:

Shemos: Exodus 1:1 -- 6:1

Chumash pages 292 - 317

Maftir:

Isaiah 27:6-28:13, 29:22,23

Chumash page 1146-1148

Our Sponsors:

Thank you to **Louis** and **Rebecca Goldman** (Welcome back to STL!) for enhancing our Kiddush in celebration of Louis's birthday.

Thank you to **Mark Seigel** for sponsoring the Root Beer floats in celebration of the 45th anniversary of his Bar-Mitzvah.

Erev Shabbos, Friday, December 28

- **Mincha & Ma'ariv ~ 4:20 pm**

Shabbos, December 29

- **Shachris & Musaf ~ 9:00 am**

- Pesukei D'Zimra: **Howard Sandler**

- Shacharis: **Louis Goldman**

- Leyning: **Stuart Klamen**

- Haftorah: **Mark Seigel**

- Drasha: **Rabbi Ze'ev Smason**

- Musaf: **Louis Goldman**

- **Learners' Service** led by **Rabbi Yosef David** of Aish HaTorah ~ 9:30 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am ~
Topic: "Welcoming 2019: How to Begin Getting Happier"
- **Mincha / Ma'ariv / Shalosh Seudos ~ 4:15 pm**

Shabbos Greeters~Mimi Fiszal and Rhonnie Goldfader

This Week and Beyond....

Minyan Times	Shabbos Dec 29	Sun. Dec 30	Mon. Dec 31	Tues. Jan 1	Wed. * Jan 2	Thurs.* Jan 3	Fri. Jan 4	Shabbos Jan 5
Shachris	9:00 am	8:00 am	7:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:15 pm	4:30 pm	4:30 pm	4:30 pm	6:45 pm	6:45 pm	4:30 pm	4:20 pm

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays- Daniella Yasinev, Eli Szus, Louis Goldman, Dennis Yasinev, Dr. Naftali Kadosh, Lila Belasen, Mark Seigel, & Avraham Smason

Anniversaries- Dr. Eldad & Danielle Bialecki

- **Shabbos, January 12, 2019 ~ Synaplex Shabbat & Kiddush Luncheon: See flyer for details**

- **Tuesday Jan 15 ~ 7:00 pm ~ Board Meeting**
- **Monday, January 14, 2019 ~ 7:00 pm ~ Home Study Group**, Topic: "Jewish Prayers' Sources" ~ hosted by Trudy & Gary Sudin. RSVP to jeff@nhbz.org or 991-2100 ext.2
- **Monday, January 20 ~ Tu B'Shevat**

The Israel Committee would like to thank the following people for their help in making the Dinner and a Movie on December 24th a huge success. We had over 100 in attendance for a fantastic Falafel dinner prepared by head chef **Reuven Tzadok** and a great movie. Todah Raba to : **Margo Tzadok, Jason Loiterstein, Howard & Phyllis Loiterstein, Boris Yasinev, Meira Ganel, Anna Rose Tandler, Bob Kaiser, Sallie Volotzky, Amir Noy, Jennifer and Madeline Hartranft, Richard and Mindy Woolf and Victoria and Erika Del Castillo.**

Parsha Shemos

The book of Exodus begins by describing the gradually increasing enslavement of the Jewish people in Egypt. Pharaoh, fearing the population explosion of the Jews, initially hopes that backbreaking labor would stunt their rapid physical growth. When their birth rate continues to increase he orders the Jewish midwives to kill all baby boys. Moses is born, and when his mother is unable to keep him hidden from the Egyptian authorities any longer she places him in a basket and sends him down the Nile River. He is found by Pharaoh's daughter and raised in the royal palace, even though she realizes he is a Hebrew. She names him Moshe (Moses) meaning "drawn from the water." Years later as a grown man, Moses kills an Egyptian who he witnessed beating a Jew.

Moses flees to the land of Midian and marries Zipporah, the daughter of Jethro, and they have two sons. When Moses is shepherding his father-in-law's flock, he witnesses the "burning bush" on Chorev (Mt. Sinai) where G-d commands him to lead the Jewish people from Egypt to the land of Israel, which G-d promised to their ancestors. Initially reluctant, Moses is shown three miracles to perform before the Jewish people to prove he was sent by G-d: Changing his staff into a snake, his healthy hand into a leprous one, and water into blood. Moses, accompanied by his brother Aaron, encounters an obstinate Pharaoh. The Egyptian king not only refuses their request for a three-day respite to worship G-d, but declares that the Jews must produce the same quota of bricks as before but without being given straw. The people complain to Moses and Aaron for making their situation worse, but G-d assures Moses that He will force Pharaoh to let the Hebrews leave.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

December 29: "Welcoming 2019: How to Begin Getting Happier"

January 5: "Turning Failures into Insights"

January 12: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

In the Community

January 12th ~ MTI invites you to an exciting pre-Tu B'Shvat evening of Art & Spirits! Motzei Shabbos, 8:30 PM. See and experience Judaica art with world-renowned artist Rabbi Yonah Weinrib of Judaica Illuminations. Couvert \$18/person. Missouri Torah Institute 1809 Clarkson Road in Chesterfield. RSVP encouraged to rabbibregman@missouritorah.org . call 636-778-1896 x 108.



Shabbat

Shabbat January 12, 2019

8:30 am - Traditional Services - in the Sanctuary

9:15 am - Learners Service – in the Chapel

Led by *Rabbi Yosef David* of Aish HaTorah St. Louis

10:00 am - Starting Points - in the Chapel

Topic: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Led by *Rabbi Ze'ev Smason*

10:00 am - Children's Programming – Lower Level

Tot Shabbat for ages 1-6, babysitting for younger children,

Junior Congregation for ages 7 and up

11:15 am Synaplex Breakout Sessions

"The Israeli-Palestinian Conflict: A View from Outer Space"? Dr. J. Martin Rochester - *Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis*

"The Jewish Journey: What Does it Mean to Live as a Jew?" Rabbi Avi Roberts, *Ignite YP, Director*

12:15 pm Kiddush Lunch for All - Social Hall

*NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



Pizza Night

Sunday, December 30

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





THE SISTERHOOD SCOOP DECEMBER



Volume I

Number 43

21 Tevet 5779

December 29, 2018

NHBZ Sisterhood Congratulates



Chani Smason

Educator Peer Award

Robin Rickerman

Pillar Peer Award

The JProStl Awards honor those who exemplify professional excellence and dedication to their position, organization & the Jewish community.

JProStl's 2019 Recognition Luncheon

The Future is Bright:

Highlighting the Work of Our Professionals

Thursday, January 31, 2019

11:30 am – 1:30 pm

at the J's Staenberg Family Complex

"Thankfulness has an inner connection with humility. It recognizes that what we are and what we have is due to others and above all, to G-d."

– Rabbi Jonathan Sacks

NHBZ's Sisterhood BOOK CLUB

The next Book Club meeting is February 25 at the home of Trudy Sudin, and the book selection is: The Kidnapping of Edgardo Mortara, by David I. Kertzer, the moving and informative true story of how one Jewish boy's kidnapping became a pivotal event in the collapse of the Vatican as a secular power and changed Europe forever. A captivating and compelling read! ALL WOMEN WELCOME!

For more Information contact Fran Alper
phone: 314-993-4024, or fran.alper@outlook.com

MARK YOUR CALENDARS

Next Sisterhood Board Meeting:
Tues, Jan. 15 at 6:00pm

The Next Balance for Balabustes Class
presented by NHBZ Sisterhood and
the St. Louis Senior Kollel at NHBZ:
Wed., Jan. 16, 2019, 2-4pm

YOU ARE INVITED YOU ARE INVITED YOU ARE INVITED YOU ARE INVITED

*All paid-up Sisterhood Members
are invited to a **Membership Tea***



honoring YOU and our long-time Sisterhood Members

SUNDAY, FEBRUARY 10, 2:30 PM

*A Kosher Wine-Tasting will follow the Tea,
where you will learn that there's more
to Shabbos kiddush than Manischewitz!*

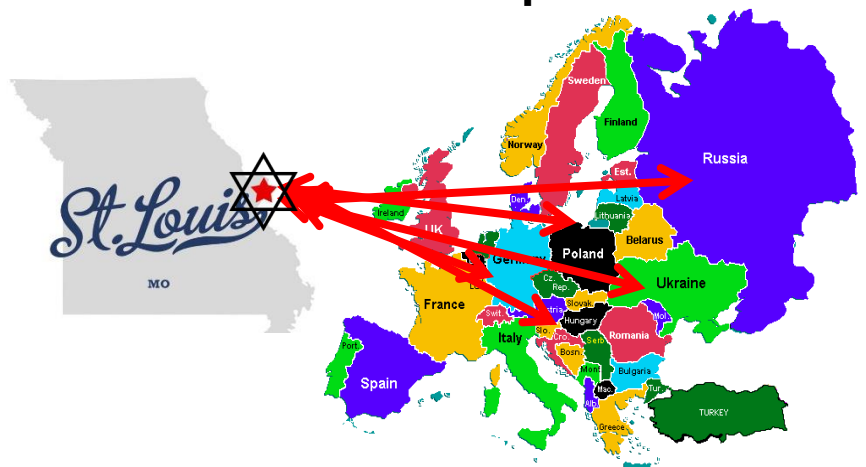


~ SAVE THE DATE ~

NHBZ Sisterhood Presents
St. Louis Jewish Legacy Bus Tour

Sunday, June 23, 2019

1:00 – 5:00 pm



Tour starts from Nusach Hari B'nai Zion
650 North Price Road, Olivette

Seats are limited.

**Email sisterhood@nhbz.org
now to reserve your space.**



Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Jewish Prayers Sources

Jan. 14, 2019, 7:00 pm, hosted by Trudy & Gary Sudin

Pesach

Mar. 25, 2019, 7:45 pm, hosted by Sally Needle

Kaddish

May 20, 2019, 7:45 pm, hosted by Alan & Vivian Zarkowsky

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



Schedule for December & January

December 29: “Welcoming 2019: How to Begin Getting Happier”

January 5: “Turning Failures into Insights”

January 12: “Tikun Olam: What Does It Mean To "Perfect The World"? At 10:00 am due to Synaplex Shabbat.
