



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 2, 2019 ~ 27 Shevat 5779

Candle Lighting 5:04 pm

Shabbat Ends 6:09 pm

Torah Portion:

Mishpatim Exodus 21:1 -- 24:18

Chumash pages 413-443

Maftir:

Jeremiah 34:8-22, 33:25, 26

Chumash page 1156-1157

Our Sponsors:

Thank you to **Larry and Robin Pevnick** for sponsoring the luncheon today in celebration of the naming of their granddaughter **Annie Sawyer Hutkins**. Mazel tov to the parents, **Josh and Margo Hutkins** and to great grandmother **Rachel Pevnick**.

Thank you to **Stuart Klamen** for preparing even more food for the luncheon in celebration of the aufruf of **Jaime Papa** and **Dr. Ashley Chapel**.

Thank you to **Alan and Vivian Zarkowsky** for sponsoring Shalosh Seudos in observance of the Yahrzeit of Alan's father, Nathan Zarkowsky z'l.

Erev Shabbos, February 1

- Mincha & Ma'ariv ~ 5:00 pm

Shabbos, February 2

- Shachris & Musaf ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**

- Haftorah: **Jaime Papa** and **Moshe Pinto**

- Shacharis: **David Rubin**

- Drasha: **Rabbi Ze'ev Smason**

- Leyning: **Moshe Leib Cohen**

- Musaf: **David Rubin**

- **Learners' Service** ~ Led by **Rabbi Yosef David** of Aish Hatorah ~ 9:30 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "Boost Your Energy, Lift Your Spirit"
- **Tot Shabbat & Junior Congregation** ~ 10:00 am with **Alana Minoff** and **Richard Woolf**
- **Kiddush Luncheon**
- **Mincha / Ma'ariv /Shalosh Seudos** ~ 4:50 pm

Shabbos Greeters~ **Stuart Klamen** and **Dr. Faye Cohen**

This Week and Beyond....

Minyan Times	Shabbos Feb 2	Sun. Feb 3	Mon. Feb 4	Tues.* Feb 5	Wed. * Feb 6	Thurs.* Feb 7	Fri. Feb 8	Shabbos Feb 9
Shachris	9:00 am	8:00 am	7:00 am	6:45 am *	6:45 am*	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:50 pm	5:05 pm	5:05 pm	6:45 pm	6:45 pm	6:45 pm	5:05 pm	4:55 pm

*Rosh Chodesh Adar 1

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays – Oren Kadosh, Kerry Klarfeld, Rabbi Ze'ev Smason, Paul Kleiman, Max Amon, Sivya Smason, Jeff Schnitzer and Sheryl Levine

- **Shabbos, February 9** ~ Kiddush Luncheon in celebration of **Scott McCary's** birthday and the anniversary of **Jerry and Fran Cohen!**
- **Sunday, February 10** ~ Sisterhood Membership Tea
- **Tuesday, February 12** ~ 7:00 pm ~ Board Meeting
- **Wednesday, February 13** ~ 2:00 pm ~ **Balance for Balabustes** ~ Strength Training, Bone Health and Flexibility for Females with Dr. Jill Abrams. Sponsored by the **NHBZ Sisterhood** and the **STL Senior Kollel**.
- **Shabbos, February 16** ~ NHBZ will be joined by **David Sussman**. Born in Boston, David made Aliyah in 2001, served as an IDF Lone Soldier, and became a top-rated Israeli tour-guide. A charismatic speaker known for his knowledge of and passion for Israel, David will offer a presentation on the topic of *"The Remarkable Jewish Impact of Israel"*. Kiddush Luncheon.
- **Sunday, February 24** ~ 3:00 pm ~ Shaving Israel presents the film "Beneath the Helmet". Join us for the film and then stay for Pizza Night at 5:00 pm.
- **Friday, March 8** ~ 6:30 pm ~Friday Night Shabbat Dinner at NHBZ. Details coming soon.

**For Security ~ the lower level will remain locked on Shabbat
Please use the front door**

Parshas Mishpatim

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are: Penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shavuot and Sukkos. The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

NHBZ Photo Directory 2019

Our Nusach Hari Photo Directory will be published for 2019. Family photos will be scheduled for Sunday, May 5 from Noon to 7pm, Mondays, May 6 & 13 from 1-8pm, and Tuesday, May 14 from 1-8pm. A committee will be formed to assist in:

1. Scheduling photo appointments
2. Selling business and personal ads in the directory
3. Greeting families as they arrive for their photo appointments.

Anyone interested in serving in any of the committee positions should contact Keith Zeff at 314-775-4430

Kids Programs – Alana Minoff

This week Tot Shabbat and Junior Congregation at 10:00 am.

Womans Home Study

Will not meet this Tuesday, Feb 5th. The group will resume Tuesday, March 5th at the Berkin home.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 2: “Boost Your Energy, Lift Your Spirit

February 9: “Priorities: What Comes First?”

February 16: “How Not to Be Your Own Worst Critic”

February 23: “Making Life Fun Again”

March 2: “The Golden Rules of Good Conversation”

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**



Monday Nights
8:30 pm in the Chapel

Join Rabbi Perlman as we bring
the **Amud-A-Week**
to Nusach Hari B'nai Zion
(for men only)

No requirements or prerequisites.
Just come ready to learn.

In the Community

Save the Date: Please join us on February 23rd at Yeshivat Kadimah's 6th Annual Scholarship Gala at Aero, an event space, at St. Louis Lambert International Airport. Don't miss our International Event! You can RSVP to <http://www.yeshivatkadimah.org/galaregistration>

SAVE THE DATE

March 8 ~ Friday Night Shabbat Dinner

March 16 ~ Synaplex Shabbat

March 21 ~ Purim and Seudah



Shabbat Children's Programming

February 2, 2019

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Shabbos Speaker

February 16, 2019



Join us as we welcome renowned Israeli Tour
Guide and former IDF 'Lone Solider'

David Sussman

for his presentation on:

"The Remarkable Jewish Impact of Israel"

~ Kiddush Luncheon to follow ~

Traditional Services 9:00 am

Rabbi David's Learners' Service at 9:30 am

Rabbi Smason's Starting Points at 10:15 am



THE SISTERHOOD SCOOP FEBRUARY



Volume 2

Number 5

27 Shevat 5779

February 2, 2019

Coming Soon to a Theater Near You: NHBZ Sisterhood



**Save the Date
Wed. March 27**

MARK YOUR CALENDARS

- ★ **Paid-up Sisterhood Membership Tea**
Sunday, February 10 at 2:30PM
- ★ **Next Sisterhood Board Meeting**
Tuesday, February 12 at 6:00PM
- ★ **Next Balance for Balabustes Class**
Wednesday, February 13 at 2-4PM
- ★ **Women's Philanthropy CommuUNITY**
Event, Thursday, February 21 at 7PM
Hilton St. Louis Frontenac Hotel
- ★ **Next Book Club Meeting**
Monday, February 25 at 7:15PM
At the home of Trudy Sudin
The Kidnapping of Edgardo Mortara. by
David I. Kertzer
- ★ **Sisterhood's NEW Girls Movie Night Out**
Wednesday, March 27
- ★ **St. Louis Jewish Legacy Bus Tour**
Sunday, June 23, 1:00-5:00PM

Up the Ramp – Mishpatim (Exodus 21-24) –*adapted from Rabbi Shraga Simmons*
Parshat Mishpatim is unusual in that it begins with the word, "And." This effectively connects the mitzvot to the final topic of last week's parsha – which specifies that when building the Altar in service of G-d, the approach should be by way of a ramp, rather than steps. What's the difference between a ramp and steps? Steps imply a pre-set measure of how high one should reach with each movement forward. Yet in reality, everyone grows at his/her own pace, in a series of immeasurably small steps. That idea is represented by the ramp. The story is told of Rabbi Yisrael Salanter, who took upon himself to lead an entire city back to Torah observance by saying: "If you have to work on Shabbat, at least try to minimize the violation." (An example today might mean walking to work instead of driving.) The key is *one small step at a time*. With this approach, over time, we move up the ramp – towards spiritual growth, one step at a time, remembering that what is important is that we're moving in the right direction – up the ramp.

All paid-up Sisterhood Members...

...don't forget to RSVP by Feb. 3 for the

Membership Tea – SUN, FEB. 10, 2:30 PM

314-991-2100 ext.3 or
sisterhood@nhbz.org



Not yet a Sisterhood Member?

It's not too late to join.

Annual Membership is \$25.

RSVP ~ and join Sisterhood at the Tea!



Every Star Has a Name

– adapted from Rabbi Shraga Simmons at www.aish.com

The naming of a Jewish child is a most profound spiritual moment. The Sages say that naming a baby is a statement of her character, her specialness, and her path in life. For at the beginning of life we give a name, and at the end of life a "good name" is all we take with us. (Brachot 7b; Arizal – Sha'ar HaGilgulim 24b)...

The Torah often compares the Jewish people to the stars (Genesis 15:5). For just as the stars eliminate the darkness of night, so the Jewish people enlighten the darkness of the world with the truth of Torah. Just as stars guide travelers along their way, the Jewish people give moral and ethical direction to mankind...Just as massive stars appear tiny, so the Jewish people seem insignificant in comparison to a world population of billions. Yet there exists an underlying understanding of the contributing force and massive potential of the Jewish people.

Every Jew has his/her unique function. Every Jew shines a different light. G-d gives names to each star, for they are dear to Him, and likewise He takes part in naming every Jew. Like the stars, no two Jewish souls are exactly alike. Every Jew has his unique function and special mitzvah in which he excels. Every Jew shines a different light.

In the days of redemption, the love of G-d for His children will be ever so clear... At the final redemption, every Jew will return to Jerusalem – "not one will be missing." Each one will again be counted, and to each one G-d will give a name.



BOAT CHRISTENING

BOAT BRIS





Membership Tea & Wine Tasting

All paid-up Sisterhood Members
are invited to a

Membership Tea



honoring all our Sisterhood Members

Sunday, February 10

2:30 pm

A Kosher Wine-Tasting will follow the Tea.

Get a 'taste' of Israeli culture while learning about the various
wine-producing regions of the Galilee and the Judean Hills...

...and discover that there's more to Shabbos kiddush than
Manischewitz!

CHARLES
ROUGE • BUN
SHIRAZ
EISWEIN
PINOT
RIESLING
CHAMPAGNE
CABERNET
SAUVIGNON
CHARDONNAY
BORDEAUX



RSVP by Sunday, February 3

call 314-991-2100-ext. 3

or email: sisterhood@nhbz.org

Not yet a Sisterhood Member?

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Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



February 2: “Boost Your Energy, Lift Your Spirits”

February 9: “Priorities: What Comes First?”

February 16: “How Not to Be Your Own Worst Critic”

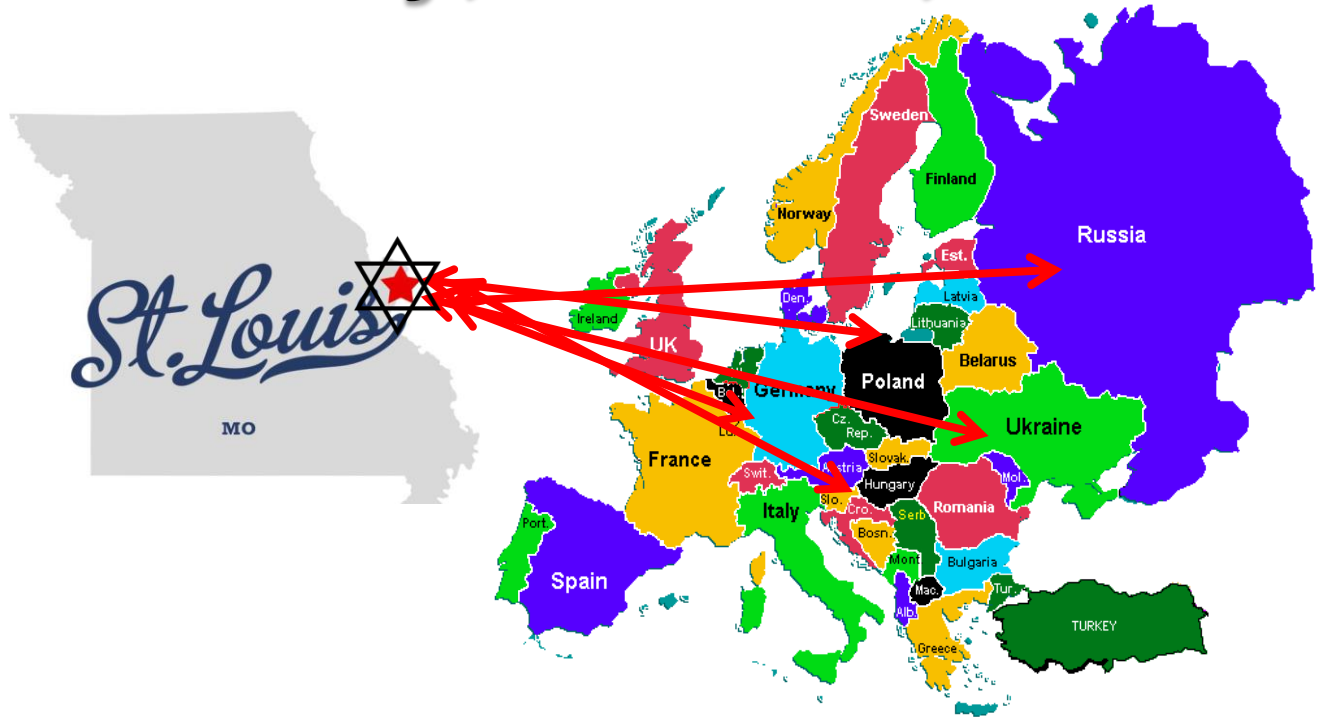
February 23: “Making Life Fun Again”

March 2: “The Golden Rules of Good Conversation”



St. Louis Jewish Legacy Tour

**~ SAVE THE DATE ~
Sunday, June 23, 2019**



***NHBZ Sisterhood Presents
A St. Louis Jewish Legacy Bus Tour***

Sunday, June 23, 1:00 – 5:00 pm

**Starting from Nusach Hari B'nai Zion
650 North Price Road, Olivette**

Seats are limited

Email sisterhood@nhbz.org now to reserve your space

Details and registration to follow

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)**
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at: ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



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