



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 9, 2019 ~ 4 Adar 1 5779

Candle Lighting 5:12 pm

Shabbat Ends 6:17 pm

Torah Portion:

Terumah Exodus 25:1-27:19

Chumash pages 444 - 463

Maftir:

1 Kings 5:26 - 6:13

Chumash page 1157-1158

Our Sponsors:

Thank you to **Jerry and Fran Cohen** and to **Dr. Faye and Brian McCary** for sponsoring the Kiddush luncheon in celebration of the 68th wedding anniversary of **Jerry and Fran** and the 14th birthday of **Scott McCary**.

Erev Shabbos, February 8

- Mincha & Ma'ariv ~ 5:05 pm

Shabbos, February 9

- Shachris & Musaf ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Menachem Szus**
- Leyning: **Stuart Klamen**

- Haftorah: **Scott McCary**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Alan Haber**

- Learners' Service ~ Led by **Rabbi Yosef David** of Aish Hatorah ~ 9:30 am
- Starting Points Wisdom for Daily Living led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "Priorities: What Comes First?"
- Junior Congregation and Tot Shabbat ~ 10:00 am
- Kiddush Luncheon
- Mincha / Ma'ariv / Shalosh Seudos ~ 4:55 pm

Shabbos Greeters~ **Howard Loiterstein & Jason Loiterstein**

This Week and Beyond....

Minyan Times	Shabbos Feb 9	Sun. Feb 10	Mon. Feb 11	Tues.* Feb 12	Wed. * Feb 13	Thurs.* Feb 14	Fri. Feb 15	Shabbos Feb 16
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:55 pm	5:15 pm	5:15 pm	6:45 pm	6:45 pm	6:45 pm	5:15 pm	5:05 pm

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays – Sally Amon, Marsha Feenberg, Chani Smason, Scott McCary, Stella Vladimirov, Amanda Fredman, and Bob Kaiser

Anniversaries - Norman & Marilyn Liss

- **Sunday, February 10** ~ Sisterhood Membership Tea
- **Tuesday, February 12** ~ 7:00 pm ~ Board Meeting
- **Wednesday, February 13** ~ 2:00 pm ~ **Balance for Balabustes** ~ Strength Training, Bone Health and Flexibility for Females with Dr. Jill Abrams. Sponsored by the **NHBZ Sisterhood** and the **STL Senior Kollel**.
- **Shabbos, February 16** ~ NHBZ will be joined by **David Sussman**. Born in Boston, David made Aliyah in 2001, served as an IDF Lone Soldier, and became a top-rated Israeli tour-guide. A charismatic speaker known for his knowledge of and passion for Israel, David will offer a presentation on the topic of *"The Remarkable Jewish Impact of Israel"*. Kiddush Luncheon.
- **Sunday, February 24** ~ 3:00 pm ~ Shaving Israel presents the film *"Beneath the Helmet"*. Join us for the film and then stay for **Pizza Night at 5:00 pm**.
- **Friday, March 8** ~ 6:30 pm ~ Friday Night Shabbat Dinner at NHBZ.

For Security ~ the lower level will remain locked on Shabbat
Please use the front door

Parshas Terumah Exodus

Parshas Terumah begins a series of four out of five portions which discuss in detail the construction of the Mishkan, the traveling Tabernacle which would serve as a 'resting place' for G-d's presence among the Jewish people. This week's portion recounts G-d's description to Moses of how to construct the Mishkan, beginning with a listing of the various precious materials to be collected from the Jewish people for this monumental project. G-d describes the magnificent golden and wooden Ark which would house the tablets of the Ten Commandments, complete with its dazzling cover depicting two cherubim (angels with faces of children) facing each other. Next, G-d provides Moses with the blueprints of the shulchan (holy table) upon which the lechem hapanim (showbread) would be placed each week. Following the description of the pure golden menorah which was to be hammered from one large piece of gold, G-d describes the structure of the Mishkan itself. It contained splendidly woven and embroidered covers, curtains and partitions, and the sturdy outer walls. The Torah portion concludes with instructions for the copper altar and the Mishkan's large outer courtyard

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason
 Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 9: "Priorities: What Comes First?"

February 16: "How Not to Be Your Own Worst Critic"

February 23: "Making Life Fun Again"

March 2: "The Golden Rules of Good Conversation"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**



Monday Nights
8:30 pm in the Chapel

Join Rabbi Perlman as we bring
the **Amud-A-Week**
to Nusach Hari B'nai Zion
(for men only)

No requirements or prerequisites.
Just come ready to learn.

In the Community

February 13th ~ 7:30 pm ~ Missouri Torah Institute invites the entire community to an evening with the world renowned inspirational speaker Charlie Harary, who will speak on the topic of "Wrapped in Love- The Power of Kindness". Dessert buffet to follow. 1809 Clarkson Road in Chesterfield. To RSVP or for any questions, please email gregfoxevent@gmail.com or call the Yeshiva at 636-778-1896 x108.

SAVE THE DATE

March 8 ~ Friday Night Shabbat Dinner
March 16 ~ Synaplex Shabbat
March 21 ~ Purim and Seudah



Shabbos Speaker

February 16, 2019



Join us as we welcome renowned Israeli
Tour Guide and former IDF 'Lone Soldier'

David Sussman

for his presentation on:

"The Remarkable Jewish Impact of Israel"

~ Kiddush Luncheon to follow ~

Traditional Services 9:00 am

Rabbi David's Learners' Service at 9:30 am

Rabbi Smason's Starting Points at 10:15 am



THE SISTERHOOD SCOOP FEBRUARY

Volume 2

Number 6

4 Adar 1 5779

February 9, 2019



**Congratulations to JPro Award winners
– our own NHBZ Sisterhood members –
Rebbeztin Chani Smason and Robin Rickerman!**

**“*L’fum tzara agra,*’ according
to the effort is the reward.”**

— Ben Hei Hei, *Ethics of the Fathers*, 5:26

MARK YOUR CALENDARS

- ☆ Next Sisterhood Board Meeting
Tuesday, February 12 at 6:00PM
- ☆ Next Balance for Balabustes Class
Wednesday, February 13 at 2-4PM
- ☆ Women’s Philanthropy CommuUNITY
Event, Thursday, February 21 at 7PM
Hilton St. Louis Frontenac Hotel
- ☆ Next Book Club Meeting
Monday, February 25 at 7:15PM, at the
home of Trudy Sudin, David Kertzer’s
The Kidnapping of Edgardo Mortara
- ☆ Bingo Luncheon – Tuesday, March 12
- ☆ Sisterhood’s NEW Girls Movie Night Out
Wednesday, March 27
- ☆ Craft Central Art Project honoring Israel
Monday, May 6 at 6:30PM
- ☆ St. Louis Jewish Legacy Bus Tour
Sunday, June 23, 1:00-5:00PM



All paid-up Sisterhood Members...

Membership Tea is TOMORROW

SUN, FEB. 10, 2:30 PM, UPPER LEVEL



The Right Intentions – Trumah (Exodus 25:1-27:19)

Parshat Trumah begins with G-d's instruction to "take a donation" for the Tabernacle. This sounds strange. Shouldn't the Torah have instructed us to "give a donation"?

The explanation is that giving—for the right reason and to a proper recipient—is also a form of taking. You see, the money we own is temporary, but our good deeds are eternal. So a gift is to our credit. As a wise person once said: "All that I really own is what I've given away."

And in the truth, one of life's greatest pleasures is to give. G-d's most essential quality is that of a giver, so our emulating G-d—by giving—is one of the highest forms of spiritual expression.

This parsha also tells us the key to proper giving: it should be with a full heart. The Midrash says that Betzalel, the architect of the Tabernacle, was able to discern the intentions of those who donated. In this way, he determined how each donation would be used in the Tabernacle. For instance, when someone gave with pure intentions, their donation was used for the Holy Ark. Whereas someone who gave begrudgingly would have his donation used for pegs to hold up the Tabernacle walls.

Even today, when we give money to a synagogue, we don't know how the money will be used. But if we give with the right intentions, we can be sure it will be used in the best possible way.

—adapted from Rabbi Shraga Simmons, www.aish.org

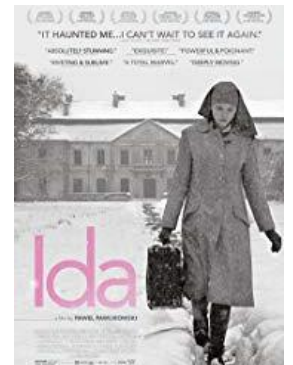
Coming Soon to a Theater Near You: NHBZ Sisterhood



Wednesday, March 27, 7:00pm

at Mansions on the Plaza Theater - 8300 Delmar

IDA (2014), a moving and intimate drama about a young novitiate nun in 1960s Poland who, on the verge of taking her vows, makes a shocking discovery about her past. A beautifully directed film, powerfully written and eloquently shot, *Ida* is a masterly evocation of a time, a dilemma, and a defining historical moment. *Ida* is also personal, intimate, and human. From acclaimed director Pawel Pawlikowski, *Ida* received a 4/4 review from Roger Ebert and a 96% rating on Rotten Tomatoes.





Shabbat Children's Programming

February 9, 2019

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Membership Tea & Wine Tasting

All paid-up Sisterhood Members
are invited to a

Membership Tea



honoring all our Sisterhood Members

Sunday, February 10

2:30 pm

A Kosher Wine-Tasting will follow the Tea.

Get a 'taste' of Israeli culture while learning about the various
wine-producing regions of the Galilee and the Judean Hills...

...and discover that there's more to Shabbos kiddush than
Manischewitz!

CHARLES
ROUGE • BUN
SHIRAZ
EISWEIN
PINOT
RIESLING
CHAMPAGNE
CABERNET
SAUVIGNON
CHARDONNAY
BORDEAUX



RSVP by Sunday, February 3

call 314-991-2100-ext. 3

or email: sisterhood@nhbz.org

Not yet a Sisterhood Member?

Annual Membership is \$25 ~ RSVP and join Sisterhood at the Tea!



Shabbat Dinner

Friday Night ★ March 8, 2019

Mincha/Ma'ariv 5:40 pm

Family Program 5:40 – 6:30 pm

Dinner 6:30 pm

Nusach Hari B'nai Zion

650 Price Road, St. Louis, MO 63132



\$18 Adults

\$12 Kids ages 5-12

\$70 Family Max.

RSVP by March 1st

jeff@nhbz.org

314-991-2100 ext. 2

Special Guest Singer TBA

Dinner prepared by
Norma Rubin



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



February 9: "Priorities: What Comes First?"

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NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)**
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at: ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



shopwithscrip.com

FREE MONEY FOR THE SHUL!