



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 2, 2019 ~ 25 Adar 1 5779

Candle Lighting 5:35 pm

Shabbat Ends 6:40 pm

Torah Portion: Vayakhel -- Exodus 35:1 -- 38:20

Maftir: Shekalim -- Exodus 30: 11-16

Haftorah: 2 Kings 11:17 - 12:17

Chumash pages 516-529

Chumash page 484

Chumash page 1212-1214

Our Sponsors:

Thank you to **Scott & Leslie Gitel** for sponsoring the Shabbat bulletin in observance of the Yahrzeit of Leslie's father, Seymour Bailis z"l.

Erev Shabbos, March 1

- Mincha & Ma'ariv ~ 5:30 pm

Shabbos, March 2

- Shachris & Musaf ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **David Rubin**
- Leyning: **Stuart Klamen**

- Haftorah: **Bruce Waxman**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **David Rubin**

- **Learners' Service** ~ Led by **Rabbi Yosef David** will **not** meet this Shabbat or March 9th
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "The Golden Rules of Good Conversation"
- **Junior Congregation and Tot Shabbat** ~ 10:00 am
- **Mincha / Ma'ariv / Shalosh Seudos** ~ 5:20 pm

Shabbos Greeters~ **Trudy & Gary Sudin**

This Week and Beyond....

Minyan Times	Shabbos Mar 2	Sun. Mar 3	Mon. Mar 4	Tues.* Mar 5	Wed. * Mar 6	Thurs.* Mar 7~	Fri. Mar 8~	Shabbos Mar 9
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	6:45 am	6:45 am	9:00 am
Mincha/Ma'ariv	5:20 pm	5:40 pm	5:40 pm	6:45 pm	6:45 pm	6:45 pm	5:40 pm	5:25 pm

~ Rosh Chodesh Adar 2

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

**Birthdays – Devy Goldenberg, Victor Tendler, Shirley Bluestein, Herb Subovitz,
Dr. Stan Margul, Pearl Figus, Janet Haber and Lila Greenberg**

Shabbat Dinner Menu for March 8th ~ RSVP extended to Monday, March 4th

Chef Norma Rubin's Menu ~ Fresh challah, Salmon croquet on a bed of radish and Cucumber salad, Vegetarian soup, Smoked brisket Wellington served with: Baked mashed potato, Fennel citrus salad and Rice pudding Gluten-free and vegetarian only upon request in advance.

- **Friday, March 8 ~ 5:40 pm ~ Friday Night Shabbat Dinner at NHBZ with Rabbi Yaakov Berkowitz** leading Kabbalat Shabbat and joyous singing during our Shabbos meal. RSVPs are necessary! Call the office.
- **Tuesday, March 12 ~ Sisterhood Bingo ~ Noon**
- **Shabbos, March 16 ~ SYNAPLEX Shabbat ~ Topics:** "*Purim: A Real-Life Lab in How To Teach Children (and adults)*" by **Rabbi Yaakov Green**, Epstein Hebrew Academy, Head of School, and "*Gateway to Mental Health, Strength and Recovery*" presented by **Arlen Chaleff & Joyce Johnston** of NAMI (National Alliance on Mental Illness)
- **Thursday Night, March 21 ~ Purim Seudah~** see flyer for details, RSVPs are needed.
- **Monday, March 25 ~ 7:45 pm ~ Home Discussion Group Topic: Pesach** hosted by Sally Needle. RSVP by March 22 for address. 991-2100 ext. 2
- **Sunday, March 31 ~ 3:30 pm ~ Israeli Journalist Sam Sokol** discusses the upcoming elections in Israel via Skype at NHBZ prior to Pizza Night. This event is sponsored by the NHBZ Israel Committee and The St. Louis Friend of Israel.

Parshas Vayakhel

Parshas Vayakhel begins with Moses assembling the entire nation of Israel to transmit the details of the construction and fabrication of the Mishkan as described in the three previous Torah portions. However, Moses first cautions them about the fundamental mitzvah to observe Shabbat. The nation is reminded that although the construction of the Mishkan is of transcendent importance, it does not take precedence over the weekly observance of Shabbat. The portion describes that the Jewish people came forward with their generous contributions for the Mishkan's construction, producing a surplus of supplies. The craftsmen are selected and the building begins.

Parshas Shekalim

The first of the Four Special Shabbatot at this time of year is Parshas Shekalim. The special maftir reading discusses the census that would happen at this time of year in Temple times. Each person would give one half-shekel. The money would be counted, and that would determine the census. And the Torah makes very clear that "the poor person shall not give less, and the rich person shall not give more."

PURIM WILL BE HERE SOON.... IF YOU WOULD LIKE TO HELP WITH THE PURIM DINNER WE ARE IN NEED OF A FEW VOLUNTEERS. PLEASE CONTACT BOBBY LEVINE OR THE OFFICE. PURIM CARDS ARE AVAILABLE TO BENEFIT THE CHESD FUND. 5 FOR \$10 OR 15 FOR \$25.

Cash Cards

Orders are now being taken through March 15th. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

Israel Committee News

Shaving Israel held an event at NHBZ last week, in addition to screening the amazing documentary "Beneath the Helmet ", our own Laura Goldmeier was named as the new president of the board, Meira Ganel spoke about the winter clothing and outerwear that has recently been distributed to soldiers and Reuven Tzadok spoke about his service as a paratrooper.

In total, over \$1300 was raised to continue the wonderful work the organization does to help the brave warriors of the IDF. To learn more about the organization and their work, visit their website at shavingisrael.org

Membership Committee Chair Rhonnie Goldfader

A few weeks ago, I asked the members of the shul to help me, the Membership Chairperson, to participate either by being on my committee, bringing guests to shul for all our special events, and also introducing yourself to unfamiliar faces and welcoming them with a warm smile. We want everyone to know what an outgoing and friendly shul NHBZ is for all the community.

I have one more request. We all need to look out for one another in a different way as well. If you notice someone hasn't been in shul for awhile, or if you know someone is sick or in the hospital, please let Rabbi Smason (314-749-5271) know AND please let me know, also. I don't want to merely welcome new members and then not be involved with them, I want it to be an ongoing relationship, with ALL our members.

Everyone loves to get a call where someone asks "How are you feeling?" "We miss you!" "How can I help?"

Please help me make those calls. You never know, it just might be YOU that feels special when someone from NHBZ calls to check on you!

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

March 2: "The Golden Rules of Good Conversation"

March 9: "Honesty: Are 'White Lies' Acceptable?"

March 16: "Making Life Fun Again" *at 10:00 am due to Synaplex**

March 23: "Jackpot! What Would YOU Do If You Won the Lottery?"

March 30: "Shabbat, the Day of Rest: But I Enjoy Working Out and Shopping!"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week,
NO LATER THAN 12:00 noon. The bulletin is printed first thing every Thursday morning

For Security ~ the lower level will remain locked on Shabbat
Please use the front door



Shabbat Dinner

Friday Night ★ March 8, 2019

Mincha/Ma'ariv 5:40 pm

Family Program 5:40 – 6:30 pm

Dinner 6:30 pm

Nusach Hari B'nai Zion

650 Price Road, St. Louis, MO 63132

Rabbi Yaakov
Berkowitz will lead
Kabbalat Shabbat
songs before and
during the meal



Family Program
5:40 -6:30 pm
“Puppets and
Purim”

\$18 Adults

\$12 Kids ages 5-12

\$70 Family Max.

RSVP by March 1st

jeff@nhbz.org

314-991-2100 ext. 2

Dinner prepared by
Norma Rubin



Shabbat

Shabbos, March 16, 2019

- 8:30 am **Traditional Services** – in the sanctuary
- 9:15 am **Prayer Learners Service** – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am **Starting Points** – in the chapel
Topic “Making Life Fun Again” led by Rabbi Ze’ev Smason
- 10:00 am **Children’s Programming** – lower level
Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:15 am **Synaplex Breakout Sessions**

Purim: A Real-Life Lab in How To Teach Children (and adults)

Rabbi Yaakov Green, Epstein Hebrew Academy, Head of School

“Gateway to Mental Health Strength and Recovery”

*Arlen Chaleff & Joyce Johnston of the National Alliance on
Mental Illness of St. Louis (NAMI) Introduction by Rabbi Ze'ev Smason*

12:30 pm **Kiddush Lunch for All** - in the Social Hall

*NHBZ Synaplex Shabbat is free and open to the Jewish public
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



THE SISTERHOOD SCOOP MARCH



Volume 2

Number 9

25 Adar-1 5779

March 2, 2019

BOOK CLUB NEWS

Thanks to **Trudy Sudin** for offering her home, and to **Sallie Volotzky** for leading the insightful discussion of ***The Kidnapping of Edgardo Mortara***, by David Kertzer at Sisterhood's February 25 Book Club meeting. **Thanks also to new NHBZ Sisterhood Book Club Coordinator, Terri Schnitzer!**

The next meeting of the Book Club will be **Monday, April 29, 7:15-8:45PM** at the home of **Fran Reisler** in Olivette.

Next book is: ***If All the Seas were Ink***, a Memoir, by Ilana Kurshan. An award-winning tale of heartache and humor, love and loss, marriage and motherhood, woven together in a deeply accessible guided tour of the Talmud!

ALL WOMEN ARE WELCOME!



FOR MORE INFORMATION
CONTACT: **Terri Schnitzer**
PHONE: **314-518-4107**
terrischnitzer@yahoo.com



NHBZ Sisterhood members braved the ice to attend the Paid-Up Membership Tea Feb.10

NHBZ Sisterhood in Support of Taharath Israel – the St. Louis Mikvah Association

The observance of Family Purity is a biblical injunction of the highest order. Judaism considers the mitzvah of mikvah and intimate relationships as sacred, and essential to marital harmony and Jewish life. Constructing a mikvah takes precedence even over building a house of worship. In fact, according to Jewish law, a group of Jewish families living together do not attain the status of a community if they do not have a communal mikvah. Jewish married life, and therefore the birth of future generations in accordance with halachah, is possible only where there is accessibility to a mikvah. It is no exaggeration to state that the mikvah is the touchstone of Jewish life and the portal to a Jewish future.

The St. Louis community mikvah, located on the Millstone Campus and constructed in 1979, is currently in need of renovation. NHBZ's Sisterhood Board of Directors acknowledges the importance of this vital institution and asks it's members



to help raise necessary funds to restore and modernize the mikvah. Please contact Trudy Sudin to learn how you can help – 314-993-3888, or tkudin@yahoo.com

"The family as a religious institution is what holds much of our moral world in place. It lies behind our ideas of individual dignity and freedom, or social kinship and concern, and our sense of continuity between the future and the past. Lose it and we will lose much else as well."

– Rabbi Jonathan Sacks

PURIM IS COMING!

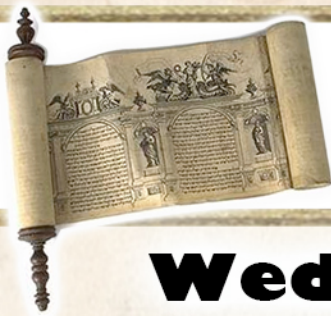


Join Sisterhood at NHBZ's Purim Seudah on Thursday, March 21. Mincha at 6pm / Seudah at 6:15pm – Delicious Meal. Costumes. Schtick. & more!

"Ignorance is bliss only to the ignorant."
– Rabbi Shraga Silverstein

MARK YOUR CALENDARS

- ☆ Bingo Luncheon – Everyone Welcome!
Tuesday, March 12 at Noon
- ☆ Next Sisterhood Board Meeting
Tuesday, March 12 at 6:00PM
- ☆ Purim Seudah – Thursday, March 21
- ☆ Sisterhood's NEW Girls Movie Night Out
"Ida" – Wednesday, March 27 at 6:30PM
- ☆ Craft Central Art Project honoring Israel
Monday, May 6 at 6:30PM
- ☆ St. Louis Jewish Legacy Bus Tour
Sunday, June 23, 1:00-5:00PM
- ☆ 4th Annual DiNe 'N' Style Fashion Show
and Luncheon – Sunday, August 18



Join Us For Purim!

2019
5779



Wednesday March 20th

Shachris: 6:45am | Mincha at 6:20pm

Ma'ariv at 7:05pm

Megillas Esther at 7:15pm

The Fast
of Esther begins
March 20th
at dawn.



Thursday March 21st

Shachris: 6:30am | Mincha at 6:00pm

Megillas Esther at 7:00 am

Mincha at 6:00 pm • **SEUDAH** at 6:15 • Ma'ariv Following Meal

The Delicious

SEUDAH

Costume Contest & Schtick Nite

The Delicious and Festive Meal

will be served up by our own, fabulous NHBZ Chefs De Jour, so you know it will be DELICIOUS!

More Seudah details to come. Dont miss out! ... Featuring Jackie's whiskey slush,
ShushanSlush for the Kids & Hamentashen Dessert.



Of course, the **COSTUME CONTEST**: Prizes 3 categories - Children, Adults and
Couples/family ... **SCHTICK**: Skits, Games, Poems, Jokes, Musical Entertainment,
(3-5 minutes max) Enter with the title of 'Your Schtick' to Bobby Levine to be
scheduled into the evening's entertainment lineup! (rxlevine@charter.net) or 602-1796.

\$18 ADULT • \$10 CHILD (4-10)

\$50 MAX/Family, and children 3 & Under FREE.

BUY!
FOOD DRIVE
PASTA
GROGGERS
\$4



RSVP BY MARCH 10TH
991-2100 EXT: 2





Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, March 12

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON "BINGO! You Won!!"

*Delicious Lunch
Everyone is Welcome!*

Also There will be Attendance Prizes!!

***** \$10.00 Donation *****

Hope to see you! Men & Women of ALL Ages!

R.S.V.P. - Rachael: 314-395-6017



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



March 2: “The Golden Rules of Good Conversation”

March 9: “Honesty: Are 'White Lies' Acceptable?”

March 16: “Making Life Fun Again” 10 am

March 23: “Jackpot! What Would YOU Do If You Won the Lottery?”

March 30: “Shabbat, the Day of Rest: *But I Enjoy Working Out and Shopping!*”

April 6: “Modern Technology: Are We Moving Too Fast?”

April 13: “Moderation: How Much is Too Much?”



Shabbat Children's Programming

March 2, 2019

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Pesach

Mar. 25, 2019, 7:45 pm, hosted by Sally Needle

Kaddish

May 20, 2019, 7:45 pm, hosted by Alan & Vivian Zarkowsky

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP



NHBZ Sisterhood Presents Girls Night Out Movie Night

Coming Soon to a Theater Near You

**Wednesday, March 27
6:30pm**

**at Mansions on the Plaza, 8300 Delmar Blvd.
Visitors may park at the main entrance circle or along
Delcrest Ave. Theater-goers meet in the Lobby by 6:30.**



IDA (2014), a moving and intimate drama about a young novitiate nun in 1960s Poland who, on the verge of taking her vows, makes a shocking discovery about her past. A beautifully directed film, powerfully written and eloquently shot, *Ida* is a masterly evocation of a time, a dilemma, and a defining historical moment. *Ida* is also personal, intimate, and human. From acclaimed director Pawel Pawlikowski, *Ida* received a 4/4 review from Roger Ebert and a 96% rating on Rotten Tomatoes.

\$10 per person

**Includes Popcorn, Drinks & Snacks
[PAYMENT IN ADVANCE RESERVES YOUR SEAT]**

**Limited Seating
Reserve Your Seat Now**



Contact Faith Waxman: 314-852-2527 or faithegw@gmail.com



Live From Israel The Elections



**Sunday, March 31
3:30 pm via SKYPE**



At Nusach Hari B'nai Zion A Discussion with Sam Sokol

Mr. Sokol is a freelance journalist based in Jerusalem and a former correspondent for the Jerusalem Post and the Israel Broadcasting Authority.

Stay for Dinner: NHBZ Pizza Night at 5:00 pm

~ Presented by the NHBZ Israel Committee and the St. Louis Friends of Israel ~

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)** (questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at:</p> <p>ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



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