



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 23, 2019 ~ 18 Adar 1 5779

Candle Lighting 5:28 pm

Shabbat Ends 6:32 pm

Torah Portion: Ki Sisa Exodus 30:11 -- 34:35

Chumash pages 484-515

Maftir: 1 Kings 18: 20-39

Chumash page 1161-1162

Erev Shabbos, February 22

- Mincha & Ma'ariv ~ 5:25 pm

Shabbos, February 23

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Rabbi Perlman**
 - Haftarah: **David Rubin**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Perlman**
- Learners' Service ~ Led by **Rabbi Yosef David** of Aish Hatorah ~ 9:30 am
- Starting Points Wisdom for Daily Living led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "How Can We Rise Above Our Daily Struggles?"
- Junior Congregation and Tot Shabbat ~ 10:00 am
- Mincha / Ma'ariv /Shalosh Seudos ~ 5:15 pm

Shabbos Greeters~ **Jim Pollock** and **Mark Ragin**

This Week and Beyond....

Minyan Times	Shabbos Feb 23	Sun. Feb 24	Mon. Feb 25	Tues.* Feb 26	Wed.* Feb 27	Thurs.* Feb 28	Fri. Mar 1	Shabbos Mar 2
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:15 pm	5:30 pm	5:30 pm	6:45 pm	6:45 pm	6:45 pm	5:30 pm	5:20 pm

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays – Dr. Arnold Brody, Larry Chervitz, Susan Manesberg, Karen Zeff, David Pepose, and Tammy Sallis

RSVP for the Friday, March 8th Shabbat Dinner at NHBZ by March 1st

- **Sunday, February 24 ~ 3:00 pm ~** Shaving Israel presents the film "*Beneath the Helmet*". Join us for the film and then stay for **Pizza Night at 5:00 pm.**

- **Sunday, February 24 ~ Pizza Night** ~ 5:00 -7:00 pm ~ \$12.00 ~ Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Please place your carry-out orders by 10:00 am on Sunday morning. Email orders preferred to jeff@nhbz.org (*you will receive an email confirmation*) or as a last resort, call 314-991-2100, ext.2.
- **Friday, March 8 ~ 5:40 pm ~ Friday Night Shabbat Dinner at NHBZ with Rabbi Yaakov Berkowitz** leading Kabbalat Shabbat and joyous singing during our Shabbos meal. RSVP's are necessary! See flyer.
- **Tuesday, March 12 ~ Sisterhood Bingo ~ Noon**
- **Shabbos, March 16 ~ SYNAPLEX ~ Topics:** "*Purim: A Real-Life Lab in How To Teach Children (and adults)*" by **Rabbi Yaakov Green**, Epstein Hebrew Academy, Head of School and "*Gateway to Mental Health, Strength and Recovery*" presented by **Arlen Chaleff & Joyce Johnston** of NAMI (National Alliance on Mental Illness)
- **Thursday Night, March 21 ~ PURIM SEUDAH~** see flyer for details, RSVP's are needed.

PURIM WILL BE HERE SOON.... IF YOU WOULD LIKE TO HELP WITH THE PURIM DINNER WE ARE NEED OF A FEW VOLUNTEERS. PLEASE CONTACT BOBBY LEVINE OR THE OFFICE.

PURIM CARDS ARE AVAILABLE TO BENEFIT THE CHESED FUND. 5 FOR \$10 OR 15 FOR \$25.

- **Sunday, March 31 ~ 3:30 pm ~ Israeli Journalist Sam Sokol** discusses the upcoming elections in Israel via Skype at NHBZ prior to Pizza Night. This event is sponsored by the NHBZ Israel Committee.

**For Security ~ the lower level will remain locked on Shabbat
Please use the front door**

Parshas Ki Sisa

The portion begins with G-d's command to Moses to take a census by collecting an equal contribution of a half-shekel coin from every adult male between the ages of 20 and 60, with the profits going to the Mishkan (Tabernacle). G-d designates Betzalel, of the tribe of Judah, and Oholiav, of the tribe of Dan, to supervise the upcoming construction of the Mishkan. The mitzvah of Shabbat is then repeated to caution the nation that even the construction of the Mishkan does not supersede the observance of the weekly day of rest. The Torah returns to the narrative of the Revelation at Mt. Sinai and describes the horrible sin of the golden calf. G-d relents to Moses' prayer that the Children of Israel should be spared from annihilation for this great transgression, and Moses descends from the mountain with the two tablets of the Ten Commandments in hand. Upon witnessing a small segment of the population dancing around the golden calf, Moses smashes the tablets and burns the idol, initiating the process of repentance. Moses again ascends the mountain to pray to G-d that the Jewish people should be forgiven and regain their status as the chosen people. Moses eventually returns with the second set of tablets and a renewed covenant with G-d, his face radiant as a result of the Divine experience.

The Year of Our New Sefer Torah 2019 / 5779

This Week's Torah Trivia

"WHERE DOES PURIM APPEAR IN THE CHUMASH (5 BOOKS OF MOSES)?"

Membership Committee Chair Rhonnie Goldfader

Hi Everyone...

A few weeks ago, I asked the members of the shul to help me, the Membership Chairperson, to participate either by being on my committee, bringing guests to shul for all our special events, and also introducing yourself to unfamiliar faces and welcoming them with a warm smile. We want everyone to know what an outgoing and friendly shul NHBZ is for all the community.

I have one more request. We all need to look out for one another in a different way as well. If you notice someone hasn't been in shul for awhile, or if you know someone is sick or in the hospital, please let Rabbi Smason (314-749-5271) know AND please let me know, also. I don't want to merely welcome new members and then not be involved with them, I want it to be an ongoing relationship, with ALL our members.

Everyone loves to get a call where someone asks "How are you feeling?" "We miss you!" "How can I help?"

Please help me make those calls. You never know, it just might be YOU that feels special when someone from NHBZ calls to check on you!

Thanks so much,
Rhonnie

Mi Shebarach List ~ Prayers said for a *Refuah Shelayma* (Speedy Recovery) for your loved ones and friends. Please call 314-991-2100, ext. 2, to include the names on our list to be read on Shabbos.

Sponsorships ~ If you would like to sponsor Kiddush, Shalosh Seudos, this Bulletin, or Something Unique in honor of a special occasion, or in honor or memory of a loved one, please call 314-991-2100, ext. 2, to make arrangements.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 23: "How Can We Rise Above Our Daily Struggles?"

March 2: "The Golden Rules of Good Conversation"

March 9: "Honesty: Are 'White Lies' Acceptable?"

March 16: "Making Life Fun Again"

March 23: "Jackpot! What Would YOU Do If You Won the Lottery?"

March 30: "Shabbat, the Day of Rest: But I Enjoy Working Out and Shopping!"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with **Rabbi Perlman** (for men only)

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, **NO LATER THAN 12:00 noon**. The bulletin is printed first thing every Thursday morning



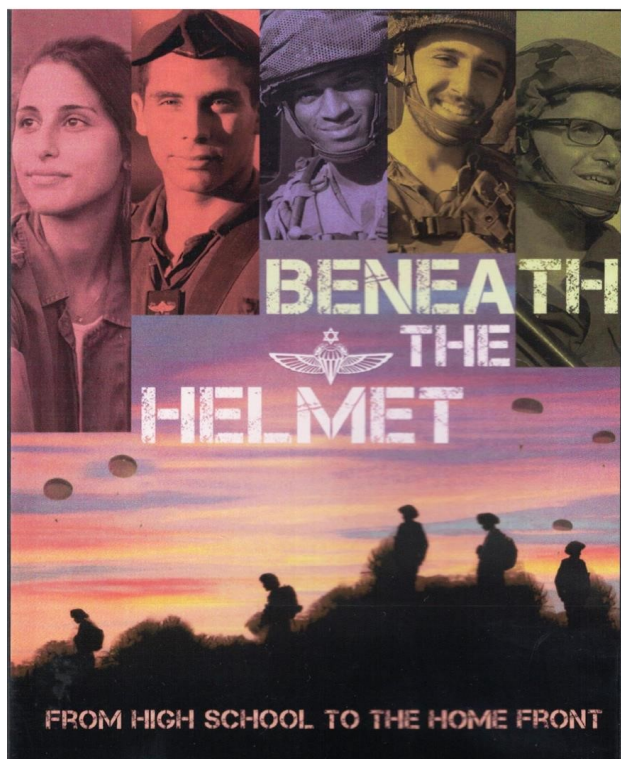
Shaving Israel presents a movie:

BENEATH THE HELMET

from High School to the Home Front

This documentary film portrays the sacrifices and rigorous training young men and women endure to become soldiers in the Israeli army

After the movie, a former Israeli paratrooper will answer all your questions.



Sunday, February 24, 2019 at 3 PM

please arrive early!
we'll be starting on time

Address:

Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100

You are welcome to stay for NHBZ Pizza Night, starting at the conclusion of our program, at 5 PM.

All you can eat, includes Pizza, Pasta, Garlic Bread, Salad plus a Dessert and a Beverage for \$12.00
Kosher, of course!

Movie Event is free

Contributions to **Shaving Israel** are welcome.

All donations (100%) are going to IDF Soldiers and are tax deductible

SHAVING ISRAEL
PO Box 6991
Chesterfield, MO 63006-6991

Visit our Web Sites:

<http://shavingisrael.org> and
<http://www.nhbz.org/>



Shabbat Dinner

Friday Night ★ March 8, 2019

Mincha/Ma'ariv 5:40 pm

Family Program 5:40 – 6:30 pm

Dinner 6:30 pm

Nusach Hari B'nai Zion

650 Price Road, St. Louis, MO 63132

Rabbi Yaakov
Berkowitz will lead
Kabbalat Shabbat
songs before and
during the meal



Family Program
5:40 -6:30 pm
“Puppets and
Purim”

\$18 Adults

\$12 Kids ages 5-12

\$70 Family Max.

RSVP by March 1st

jeff@nhbz.org

314-991-2100 ext. 2

Dinner prepared by
Norma Rubin



Shabbat

Shabbos, March 16, 2019

- 8:30 am **Traditional Services** – in the sanctuary
- 9:15 am **Prayer Learners Service** – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am **Starting Points** – in the chapel
Topic “How Can We Rise Above Our Daily Struggles?” led by Rabbi Ze’ev Smason
- 10:00 am **Children’s Programming** – lower level
Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:15 am **Synaplex Breakout Sessions**

Purim: A Real-Life Lab in How To Teach Children (and adults)

Rabbi Yaakov Green, Epstein Hebrew Academy, Head of School

“Gateway to Mental Health Strength and Recovery”

Arlen Chaleff & Joyce Johnston of the National Alliance on Mental Illness of St. Louis (NAMI) Introduction by Rabbi Ze'ev Smason

12:30 pm **Kiddush Lunch for All** - in the Social Hall

*NHBZ Synaplex Shabbat is free and open to the Jewish public
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



Pizza Night

Sunday, February 24

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





THE SISTERHOOD SCOOP FEBRUARY

Volume 2

Number 8

18 Adar 1 5779

February 23, 2019

Sisterhood's Paid-Up Membership Tea ~ Super Start to a New Year



It's Adar! Be Happy!



The Talmud tells us that "when the month of Adar arrives, we increase in joy" to welcome a season of miracles. Accordingly, the Talmud tells us that this month is fortuitous for the Jewish people.

"This they shall give...half a shekel" (Exodus 30:13)
"Money is fire. Like fire, it can destroy and annihilate, or illuminate and warm, depending on how it is used. — (Rabbi Elimelech of Lizensk)"

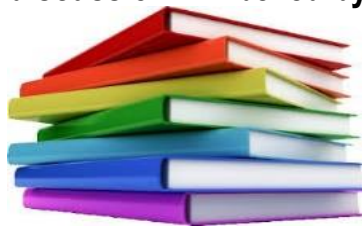
MARK YOUR CALENDARS

- ☆ Next Book Club Meeting
Monday, February 25 at 7:15PM
- ☆ Bingo Luncheon – Tuesday, March 12
- ☆ Next Sisterhood Board Meeting
Tuesday, March 12 at 6:00PM
- ☆ Sisterhood's NEW Girls Movie Night Out
"Ida" – Wednesday, March 27 at 6:30PM
- ☆ Craft Central Art Project honoring Israel
Monday, May 6 at 6:30PM
- ☆ St. Louis Jewish Legacy Bus Tour
Sunday, June 23, 1:00-5:00PM
- ☆ 4th Annual DiNe 'N' Style Fashion Show
and Luncheon – Sunday, August 18

BOOK CLUB MEETS THIS MONDAY February 25 @7:15

at the home of Trudy Sudin. Call Trudy to RSVP and to get directions – 314-993-3888, or email: tksudin@yahoo.com

This month's book selection is: The Kidnapping of Edgardo Mortara, by David I. Kertzer, the moving and extraordinary account of how the kidnapping of a six-year-old Jewish boy became a pivotal event in the collapse of the power of the Vatican and changed Europe forever. A compelling read! The discussion will be led by Sallie Volotzky.



ALL WOMEN WELCOME!

FOR MORE INFORMATION
CONTACT: Fran Alper
PHONE: 314-993-4024
fran.alper@outlook.com

NHBZ Sisterhood Luncheon & BINGO
Tuesday, March 12, 12:00 NOON
Everyone is Welcome ~ Men & Women of All Ages ~ Attendance Prizes
\$9 Donation requested ~ RSVP to Rachael Pevnick at 314-395-6017



Join Us For Purim!

2019
5779



Wednesday March 20th

Shachris: 6:45am | Mincha at 6:40pm

Ma'ariv at 7:05pm

Megillas Esther at 7:15pm

The Fast
of Esther begins
March 20th
at dawn.



Thursday March 21st

Shachris: 6:30am | Mincha at 6:00pm

Megillas Esther at 7:00 am

Mincha at 6:00 pm • **SEUDAH** at 6:15 • Ma'ariv Following Meal

The Delicious

SEUDAH

Costume Contest & Schtick Nite

The Delicious and Festive Meal

will be prepared by our own, fabulous NHBZ Chefs De Jour, so you know it will be DELICIOUS!

More menu details to come. Dont miss out! ... Featuring Jackie's whiskey slush & dessert.

COSTUME CONTEST: Prizes 3 categories – Children, Adults and Couples

SCHTICK: Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max)

Enter with the title of 'Your Schtick' to Bobby Levine to be scheduled into the evening's entertainment lineup! (rxlevine@charter.net) or 602-1796.



BUY!
FOOD DRIVE
PASTA
GROGGERS
\$4



\$18 ADULT • \$10 CHILD (4-10)

\$60 MAX/Family and children 3 & Under FREE



RSVP BY MARCH 10TH
991-2100 EXT: 2





Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, March 12

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON "BINGO! You Won!!"

*Delicious Lunch
Everyone is Welcome!*

Also There will be Attendance Prizes!!

***** \$10.00 Donation *****

Hope to see you! Men & Women of ALL Ages!
R.S.V.P. - Rachael: 314-395-6017



NHBZ Sisterhood Presents Girls Night Out Movie Night

Coming Soon to a Theater Near You

**Wednesday, March 27
6:30pm**

**at Mansions on the Plaza, 8300 Delmar Blvd.
Visitors may park at the main entrance circle or along
Delcrest Ave. Theater-goers meet in the Lobby by 6:30.**



***IDA* (2014)**, a moving and intimate drama about a young novitiate nun in 1960s Poland who, on the verge of taking her vows, makes a shocking discovery about her past. A beautifully directed film, powerfully written and eloquently shot, *Ida* is a masterly evocation of a time, a dilemma, and a defining historical moment. *Ida* is also personal, intimate, and human. From acclaimed director Pawel Pawlikowski, *Ida* received a 4/4 review from Roger Ebert and a 96% rating on Rotten Tomatoes.

\$10 per person

**Includes Popcorn, Drinks & Snacks
[PAYMENT IN ADVANCE RESERVES YOUR SEAT]**

**Limited Seating
Reserve Your Seat Now**



Contact Faith Waxman: 314-852-2527 or faithegw@gmail.com



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



February 23: “How Can We Rise Above Our Daily Struggles?”

March 2: “The Golden Rules of Good Conversation”

March 9: “Honesty: Are 'White Lies' Acceptable?”

March 16: “Making Life Fun Again”

March 23: “Jackpot! What Would YOU Do If You Won the Lottery?”

March 30: “Shabbat, the Day of Rest: *But I Enjoy Working Out and Shopping!*”

April 6: “Modern Technology: Are We Moving Too Fast?”

April 13: “Moderation: How Much is Too Much?”
