

## **Shabbos Bulletin**

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 16, 2019 ~ 9 Adar 2 5779 Candle Lighting 6:50 pm Shabbat Ends 7:54 pm

Torah Portion: Vayikra Vayikra 1:1 -- 5:26 Chumash pages 544 -- 566

Maftir: Zachor Deuteronomy 25: 17-19 Chumash page 1066

Haftorah: 1 Samuel 15: 2-34 Chumash pages 1214 -- 1216

### Our Sponsors:

Thank you to **Rabbi Ze'ev & Rebbetzin Chani Smason** for sponsoring and preparing the Kiddush luncheon today in celebration of their 35<sup>th</sup> Wedding Anniversary.

## **Synaplex Shabbat**

### **Erev Shabbos, March 15**

Mincha & Ma'ariv ~ 6:45 pm

## Shabbos, March 16

• Shachris & Musaf ~ 8:30 am

Pesukei D'Zimra: TBA
 Haftorah: Reuven Tzadok

Shacharis: Menachem Szus
 Leyning: Stuart Klamen
 Drasha: No Drasha
 Musaf: Alan Haber

■ Learners' Service ~ Led by Rabbi Yosef David ~ 9:15 am

● Starting Points Wisdom for Daily Living led by Rabbi Ze'ev Smason ~10:00 am Topic: "Making Life Fun Again"

- Junior Congregation and Tot Shabbat ~ 10:00 am
- Synaplex Break-Out Sessions 11:30 am ~ Speakers and topics:
  - "Purim: A Real-Life Lab in How To Teach Children (and adults)" by Rabbi Yaakov Green, Epstein Hebrew Academy, Head of School
  - "Gateway to Mental Health, Strength and Recovery" presented by Arlen Chaleff & Joyce Johnston of NAMI (National Alliance on Mental Illness)
- Kiddush Lunch 12:15 pm
- Mincha / Ma'ariv /Shalosh Seudos ~ 6:35 pm

## This Week and Beyond....

| Minyan Times   | Shabbos<br>Mar 16 | Sun.<br>Mar 17 | Mon.<br>Mar 18 | Tues.<br>Mar 19 | Wed. *+<br>Mar 20 | Thurs.*<br>Mar 21 | Fri.<br>Mar 22 | Shabbos<br>Mar 23 |
|----------------|-------------------|----------------|----------------|-----------------|-------------------|-------------------|----------------|-------------------|
| Shachris       | 8:30 am           | 8:00 am        | 7:00 am        | 7:00 am         | 6:45 am           | 6:30 am           | 7:00 am        | 9:00 am           |
| Mincha/Ma'ariv | 6:35 pm           | 6:45 pm        | 6:45 pm        | 6:45 pm         | 6:20 pm           | 6:00 pm           | 6:45 pm        | 6:40 pm           |

\*Purim + Fast of Esther 5:53 am-7:54 pm Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Shabbos Greeters~ Dr. Craig Berkin and Stella Vladimirov

Birthdays – Marvin Stein, Jackie Gitel, Danielle Bialecki, Linda Fleshman, and
Jerry Cohen

Anniversaries- Menachem & Linda Szus and Linda & Norman Shore

- WEDNESDAY NIGHT, MARCH 20 ~ PURIM ~ MINCHA 6:20 PM ~ COME HEAR THE MEGILLAH AT 7:15 PM ~ BRING YOUR KIDS AND BRING YOUR FRIENDS!
- THURSDAY NIGHT, MARCH 21 ~ PURIM SEUDAH~ SEE FLYER FOR DETAILS, RSVPS ARE NEEDED BY MONDAY, MAR. 18 BEFORE NOON
- Monday, March 25 ~ 7:45 pm ~ Home Discussion Group Topic: "Pesach" hosted by Sally Needle. RSVP by March 22 for address. 991-2100 ext. 2.
- Sunday, March 31~ 10:00 -11:00 am ~ NHBZ Holiday Series~ Pesach Preparations: Is there
  a deeper meaning to the cleaning, cooking and preparing for Passover? Led by Rebbitzen
  Chani Smason.
- Sunday, March 31 ~ Pizza Night~ 5:00 -7:00 pm
- Sunday, March 31 ~ 3:30 pm ~ Israeli Journalist Sam Sokol discusses the upcoming elections in Israel via Skype at NHBZ prior to Pizza Night. This event is sponsored by the NHBZ Israel Committee, The American Jewish Committee, and The St. Louis Friends of Israel.

### Parshas Vayikra / Zachor

This Shabbos marks the beginning of our reading the third book of the Torah, Sefer Vayikra which deals primarily with the services and responsibilities of the Kohanim. This week's portion focuses on many of the korbanos (offerings) to be brought in the newly-constructed Mishkan. Parshas Vayikra begins with G-d calling Moses into the Mishkan where he will receive many relevant mitzvos to be ultimately passed on to the Jewish people. The first half of the Torah portion describes the various optional korbanos brought by individuals. They can be classified into three general categories, each one comprised of several gradations in size and expense; the *korban olah* (elevation offering) which is completely consumed on the altar; the *korban mincha* (meal offering) which, because of its inexpensive contents is usually brought by someone of modest means; and the *korban shelamim* (peace offering) partially burned on the altar, with the remainder divided between the owners and the Kohanim. The second half of the portion (beginning with chapter four) discusses the required *chatos* (sin) and *asham* (guilt) offerings to be brought as atonement for unintentional transgressions.

This Shabbos we have a special, additional Torah reading, Parshas Zachor. That text (Devarim, 25: 17-19) teaches us the mitzvah to remember to wipe out Amalek.

### **PURIM**

This coming Wednesday night/ Thursday is Purim. The holiday of Purim is arguably the most joyous holiday on the Jewish calendar. If you would only have one day a year to attend synagogue, Purim might be that day. Purim is celebrated with the 'Four Ms' -- in the following 4 ways:

- 1) *Megilla*: On Purim we read the Book of Esther, which recalls the attempt of the evil Haman (boo!) to wipe out the Jews of Persia.
- 2) Mishloach Manos: We send gifts of food to friends and relatives ...at least two ready-to-eat food items in each package, delivered by a proxy. The joy of the day increases as we send and receive.
- 3) Matanos L'Evyonim: We don't forget those with less . . . at least 2 gifts of money and/or food to the poor on Purim day.
- 4) *Mishteh*: The merry, merry meal on Purim day . . . an easy mitzvah to fulfill. Purim represents the height of joy -- so enjoy!

### **Adult Learning at NHBZ**

Every Wednesday 12:15 pm ~ Study with Rabbi Smason Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

March 16: "Making Life Fun Again" at 10:00 am due to Synaplex\*

March 23: "Jackpot! What Would YOU Do If You Won the Lottery?"

March 30: "Shabbat, the Day of Rest: But I Enjoy Working Out and Shopping!"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

### This Week's Torah Trivia

LAST WEEKS QUESTION - "WHERE DOES PURIM APPEAR IN THE CHUMASH (5 BOOKS OF MOSES)?" ANSWER "IT IS NOT. IT IS ONLY HINTED ABOUT IN SEVERAL PLACES. PURIM HOLIDAY WAS DECLARED BY RABBIS AFTER THE CHUMASH STORY ENDS.

THIS WEEK'S QUESTION - HOW MANY LETTERS ARE IN THE SEFER TORAH? EXACTLY? ANSWER NEXT WEEK......

## **PURIM IS HERE**



For Security ~ the lower level will remain locked on Shabbat Please use the upper level door





## Shabbos, March 16, 2019

8:30 am **Traditional Services** – in the sanctuary

9:15 am **Prayer Learners Service** – in the chapel led by Rabbi Yosef David of Aish HaTorah St. Louis

10:00 am **Starting Points** – in the chapel
Topic "Making Life Fun Again" led by Rabbi Ze'ev Smason

10:00 am **Children's Programming** – lower level

Tot Shabbat for ages 1-6, babysitting for younger children,

Junior Congregation for ages 7 and up

## 11:15 am Synaplex Breakout Sessions

Purim: A Real-Life Lab in How To Teach Children (and adults)
Rabbi Yaakov Green, Epstein Hebrew Academy, Head of School

## "Gateway to Mental Health Strength and Recovery"

Arlen Chaleff & Joyce Johnston of the National Alliance on Mental Illness of St. Louis (NAMI) Introduction by Rabbi Ze'ev Smason

12:30 pm

Kiddush Lunch for All - in the Social Hall

## PURIM IS COMING !!!

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Set in Persia 2,300 years ago, the "Megillah" tells how a seemingly unrelated series of events spun together to save the Jewish people from annihilation. Purim is Judaism's most dramatic, fun-filled holiday. Here are the mitzvahs and customs of Purim at NHBZ:

#### 1. Read the Book of Esther - Mitzvah of Mikra Megillah

It is a Mitzvah to hear the Megillah read twice. Bring your kids and family!

#### Wednesday night, March 20 Thursday, morning, March 21

6:20 pm - Mincha 6:30 am - Shachris

7:05 pm - Maariv 7:00 am - Megillah reading

7:15 pm - Megillah reading

### 2. Give Charity to the Poor - Mitzvah of Matanot l'Evyonim

<u>Od Yosef Chai</u> - For several years, NHBZ has collected money for Od Yosef Chai, an organization that distributes money to the poor in Israel. Make checks payable to **Rabbi's Charity Fund** and bring or send them to our office. To donate by credit card, please call 314-991-2100, ext. 2. The deadline for contributions is **Tuesday**, **March 19**.

#### 3. Send Gifts to Friends - Mitzvah of Mishloach Manot

Fulfill the mitzvah of Misloach Manos! Give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else!! All proceeds will benefit our NHBZ Chesed Fund. Cards may be purchased in our office at \$10.00 per pack of 5 cards with envelopes, or \$25 for three 5-packs.

#### 4. Fast of Esther

To commemorate the day of prayer and fasting that the Jews held in the Book of Esther, we fast on the day before Purim, Wednesday, March 20, beginning at 5:53 am and concluding at 7:54 p.m.

#### 5. Eat a festive Purim meal - mitzvah of Seudat Purim

#### **Thursday night, March 21**

6:00 pm - Mincha,

6:15 pm Sharp! - Purim Seudah, Hi-Jinks, and FUN for all !!!

Dinner, Whiskey Slush, PLUS Hamantashen thanks to the NHBZ Sisterhood!!!

New this year - Non-alcoholic Slush!

Ma'ariv following Seuda.

RSVPs ARE REQUIRED FOR DINNER See flyer for details.

# Join Us For Purin

Wednesday March 20th Shachris: 6:45am | Mincha at 6:20pm

Ma'ariv at 7:05pm

**Megillas Esther at 7:15pm** 

The Fast of Esther begins March 20th at dawn.

Thursday March 21st

Shachris: 6:30am | Mincha at 6:00pm

**Megillas Esther at 7:00 am** 

Mincha at 6:00 pm • SEUDAH at 6:15 • Ma'ariv Following Meal



The Delicious and Festive Meal

will be served up by our own, fabulous NHBZ Chefs De Jour, so you know it will be DELICIOUS! More Seudah details to come. Dont miss out! ... Featuring Jackie's whiskey slush, ShushanSlush for the Kids & Hamentashen Dessert.



Of course, the COSTUME CONTEST: Prizes 3 categories - Children, Adults and Couples/family ... SCHTICK: Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max) Enter with the title of 'Your Schtick" to Bobby Levine to be scheduled into the evening's entertainment lineup! (rxlevine@charter.net) or 602-1796.

\$18 ADULT • \$10 CHILD (4-10) \$50 MAX/Family, and children 3 & Under FREE.









# Shabbat Children's Programming

## March 16, 2019

**Junior Congregation** Ages 7 to 11 **10:00 am – 12:00 pm** in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- · Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under 10:00 am - 11:30 am in the Eli Ragin Kids' Play Room

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available 10:00 am - 12:00 pm
All children welcome – no RSVP, no cost, no worries!
All programs are on the NHBZ lower level,
and include delicious snacks!

For questions, please email *Alana Minoff* at alanaumansky@gmail.com



# HE SISTERHOOD SCOUP MARCH

Volume 2

Number 10

SPECIAL PURIM EDITION

9 Adar 2 5779

March 16, 2019









PUTIM IS COMING!

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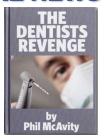
PUTIM IS COMING! PUTIM IS COMING! PUTIM IS COMING!

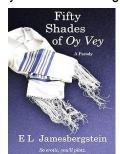
Join Sisterhood at NHBZ's Purim Seudah - Costume Contest & Schtick Nite - Thursday, March 21, at 6:15 PM

## **BOOK CLUB FAKE NEWS**

Sisterhood's April Book Club selection is: The Dentist's Revenge, by Phil McAvity

The May selection is: 50 Shades of Oy Vey, by E.L. Jamesbergstein.





ALL WOMEN ARE WELCOME! FOR MORE INFORMATION CONTACT: MARA@nhbz.org MAKE AMERICA READ AGAIN



If at first you don't succeed, skydiving is not for you.

The trouble with doing something right the first time is that nobody appreciates how difficult it was.

For every action, there is an equal and opposite criticism.

To steal ideas from one person is plagiarism; to steal from many is research.

To succeed in politics, it is often necessary to rise above your principles.

The sooner you fall behind, the more time you'll have to catch up.

A clear conscience is usually the sign of a bad memory.

Change is inevitable....except from vending machines.

Hard work pays off in the future. Laziness pays off now.

Borrow money from pessimists - they don't expect it back.

## MARK YOUR CALENDARS

SAVE THE DATE 

THESE ARE REAL! 

SAVE THE DATE

- **☼** Purim Seudah Thursday, March 21
- **❖ Sisterhood's NEW Girls Movie Night Out** "Ida" - Wednesday, March 27 at 6:30PM
- **❖** Pesach Preparations Class Sun. Mar 31
- **❖ Craft Central Art Project honoring Israel** Monday, May 6 at 6:30PM
- **❖ St. Louis Jewish Legacy Bus Tour** Sunday, June 23, 1:00-5:00PM
- **★** 4th Annual DiNe 'N' StyLe Fashion Show and Luncheon - Sunday, August 18



Jean-Paul Sartre is sitting at a French cafe, revising his draft of Being and Nothingness. He says to the waitress, "I'd like a cup of coffee, please, with no cream." The waitress replies, "I'm sorry, monsieur, but we're out of cream. How about with no milk?" 3 \* \* \* \* \* \* \* Doctor Levenson is on his way to a

dinner where he will be speaking, and scribbles some notes for himself, but when he gets up to speak, he cannot read his own handwriting! In a panic, he scans the audience and says: Is there a pharmacist in the house?

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org



# Jewish Customs & Practices The Holiday Series

# **Pesach Preparations:**

Is there a deeper meaning to the cleaning, cooking and preparing for Passover?

## Rebbitzen Chani Smason

will enlighten us and enhance our understanding of this most significant holiday





## Sunday, March 31st, 2019

10:00 am - 11:00 am at Nusach Hari B'nai Zion Men and Women are welcome

Our *Holiday Series* explores the details of the Jewish holidays and how to truly observe them, and delves into their deeper meanings

Classes are free, but please RSVP by Monday, March 25 to Jeff at 314-991-2100 ext. 2 or jeff@nhbz.org



# Live From Israel The Elections



# Sunday, March 31 3:30 pm via SKYPE







# At Nusach Hari B'nai Zion A Discussion with Sam Sokol

Mr. Sokol is a freelance journalist based in Jerusalem and a former correspondent for the Jerusalem Post and the Israel Broadcasting Authority.

Stay for Dinner: NHBZ Pizza Night at 5:00 pm

~ Presented by the NHBZ Israel Committee, AJC and the St. Louis Friends of Israel ~

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP (Check Shabbos Bulletins for any time changes)

## Pesach

Mar. 25, 2019, 7:45 pm, hosted by Sally Needle

## Kaddish

May 20, 2019, 7:45 pm, hosted by Alan & Vivian Zarkowsky

# Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

# Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

## Medical Methods and Halacha

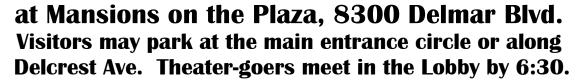
Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

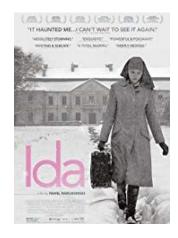




## NHBZ Sisterhood Presents Girls Night Out Movie Night

# Coming to a Theater Near You Wednesday, March 27 6:30pm





**IDA** (2014), a moving and intimate drama about a young novitiate nun in 1960s Poland who, on the verge of taking her vows, makes a shocking discovery about her past. A beautifully directed film, powerfully written and eloquently shot, **Ida** is also very personal and human. From acclaimed director Pawel Pawlikowski, **Ida** received a 4/4 review from Roger Ebert and a 96% rating on Rotten Tomatoes.

The discussion will be facilitated by movie buff **Susan Fadem**, freelance writer and organizer of a Movie Salon for 17 years, and previously editor of St. Louis Woman Magazine.

## \$10 per person

Includes Popcorn, Drinks & Snacks
[PAYMENT IN ADVANCE RESERVES YOUR SEAT]

Limited Seating
Contact Faith Waxman at
314-852-2527 or faithegw@gmail.com
RSVP Now 
to Reserve Your Seat



# Women's Home Study Group

# "Women in the Torah"

First Tuesday of each Month, 2:30 pm at the home of Jackie Berkin

facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel

- Open to all women
- Each class is self-contained
- No background knowledge needed



To RSVP, contact **Jeff** at **314-991-2100** or <u>jeff@nhbz.org</u>. We will provide host address & phone number at time of RSVP Check the latest NHBZ Shabbos Bulletin for any time changes



# Starting Points: Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education

or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



March 16: "Making Life Fun Again" 10 am due to Synaplex

March 23: "Jackpot! What Would YOU Do If You Won the Lottery?"

March 30: "Shabbat, the Day of Rest: But I Enjoy Working Out and Shopping!"

April 6: "Modern Technology: Are We Moving Too Fast?"

April 13: "Moderation: How Much is Too Much?"