



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 6, 2019 ~ 1 Nisan 5779

Candle Lighting 7:10 pm

Shabbat Ends 8:14 pm

Torah Portion:	Parshas Tazria	Leviticus 12:1 -13:59	Chumash pages 608 - 619
Rosh Chodesh:	Numbers 28:9-15		Chumash page 890
Maftir:	HaChodesh: Exodus 12: 1-20		Chumash page 348
Haftorah:	Ezekiel 45:16 - 46:15	Isaiah 66:1,24	Chumash pages 1218, 1208,1210

Our Sponsors:

Thank you to **Reuven Tzadok** for sponsoring the cake this Shabbat in celebration of **Margo's** birthday!

Erev Shabbos, April 5

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, April 6

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Richard Woolf**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Alan Haber**
 - Drasha: **TBA**
 - Musaf: **Menachem Szus**
- Learners' Service ~ Led by **Rabbi Yosef David** ~ 9:30 am
- Starting Points ~ This Shabbat Starting Points will be led by **Rabbi David** ~ 10:15 am
- Tot Shabbat & Junior Congregation~ 10:00 am
- Mincha / Ma'ariv /Shalosh Seudos ~ 6:55 pm

This Week and Beyond....

Minyan Times	Shabbos Apr 6	Sun. Apr 7	Mon. Apr 8	Tues. Apr 9	Wed. Apr 10	Thurs. Apr 11	Fri. Apr 12	Shabbos Apr 13
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:05 pm

Mornina Blessinas and the first Kaddish are started five minutes prior to Shachris.

Shabbos Greeters~ Marcie Brook and Larry Chervitz

Birthdays – Margo Tzadok, Trudy Sudin, Yishama Minoff and Sid Silverman

Anniversaries – Jason & Nancy Rush

Reminder to remove personal items from the foyer (upstairs) and coat racks (upstairs and downstairs) in advance of Pesach. Please claim your items by April 8th

- **Sunday, April 7 ~ 10:00 am ~ Holiday Education Series Class “ Pesach Preparation”** taught by **Rebbetzin Chani Smason**
- **Tuesday, April 9 ~ 7:30 pm~ NHBZ Board Meeting**
- **Wednesday, April 10 ~ “ Balance for Balabustes”** Strength and flexibility with Dr. Jill Abrams, sponsored by the NHBZ Sisterhood and STL Kollel Senior
- **Friday, April 19 ~ Pesach First Seder**
- **Shabbos, May 3- 4 ~ Scholar in Residence from Israel with Rabbi Hillel Van Leeuwen, Educational Director, Mizrahi World Movement. Rabbi Van Leeuwen** will speak at an Oneg Shabbat at 9:15 pm (Friday night), on Shabbat during Kiddush Luncheon, a Pre-Mincha Shiur (class) at 6:00 pm and for our Family Shalosh Seudos Program.
- **Shabbos, May 11 ~ Synaplex** and New Member Shabbat. Kiddush Luncheon
- **Shabbos, May 18 ~ Mitzvah Adventure Shabbat** presented by the NHBZ Education Comm.
- **Shabbos, May 25 ~ Shabbaton with the St. Louis Kollel.** Kiddush Luncheon

NHBZ Photo Directory 2019 ~ Sign Up Now !!!

Family or individual photos can now be scheduled online at www.nhbz.org . The dates and times are: Sunday, May 5 from Noon to 7pm, Mondays, May 6 & 13 from 1-8pm, and Tuesday, May 14 from 1-8pm. In the emailed bulletin you can click on the link below to sign-up.

<https://booknow-lifetouch.appointment-plus.com/yp544h42/>

Parshas Tazria

This week's parsha describes in great detail the varying manifestations of the disease called tzara'as. Although it has commonly been mistranslated as leprosy, this skin disease bears little resemblance to any bodily ailment transmitted through normal exposure. Rather, tzara'as is the physical manifestation of a spiritual malaise, a punishment from G-d primarily for the sin of speaking loshon hara. Loshon hara, meaning literally 'the evil tongue', is often translated as 'gossip'. However, loshon hara is the Hebrew term for derogatory speech that is true. Motzei shem rah refers to derogatory speech about others that is false and slanderous.

Parshas HaChodesh

Shabbos HaChodesh ("Sabbath [of the] month" שבת החודש) precedes the first of the Hebrew month of Nisan during which Pesach is celebrated (this Shabbos is Rosh Chodesh Nisan). Exodus 12:1-20 and the laws of Pesach are read as the maftir aliyah, along with a special haftorah. On the first day of Nisan, Hashem presented the first commandment of how to "sanctify the new moon" (kiddush hachodesh) for the onset of Rosh Chodesh and thus Nisan becomes the first month of the Jewish year (counting by months). This special reading helps to prepare us for Pesach.

Get Ready for Pesach

Selling Chometz / Mechiras Chometz: All non-Pesach food that cannot be eaten before Pesach can be sold to a non-Jew. Rabbi Smason will be available to act as your agent for the selling of chometz. Passover begins Friday night, April 19. There are two ways to sell your Chometz to Rabbi Smason :

1. **In Person with Rabbi Smason:** If you would like to make Rabbi Smason your agent for the sale of Chometz, please call and make an appointment with Rabbi Smason, whether in the office or at minyan.
2. **By Telephone:** Call Jeff at the shul office, 314-991-2100, ext. 2. Make checks payable to NHBZ with the notation SELLING CHOMETZ.

Maos Chitin

In just a short time we will recite from the Haggadah the words "Kol Dicfin! Whoever is hungry let him come and eat!" With the cost of food items traditionally increasing for Pesach, the needs of many are great. Please be generous and give for Maos Chitin through the Vaad Hoeir, 4 Millstone Campus Dr, St. Louis, MO 63146. Checks should be mailed directly to the Vaad Hoeir, made out to the Vaad Hoeir with a notation of 'Maos Chitin. '

Cash Cards

Orders are now being taken through the 15th of the month. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

April 13: "Moderation: How Much is Too Much?"

April 20: "Pesach: What Does Freedom Mean to You?"

April 27: No class (Pesach Yizkor)

May 4: "Five Ways to Make and be a Great Friend"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women ~ Each class is self-contained~ No background knowledge needed.

~This Week's Torah Trivia~

LAST WEEK'S QUESTION: WHICH PAIRS OF BROTHERS APPEAR IN THIS WEEK'S PARSHA?

ANSWER: (1) MOSHE AND AHARON, (2) NADAV AND AVIHU, (3) ITAMAR AND ELAZAR, (4) AND MISHAEL AND ELTZAFAN (LEVITICUS 10:4).

THIS WEEK'S QUESTION: WHICH ARE THE FIRST AND LAST LETTERS OF EACH BOOK IN THE CHUMASH?



Jewish Customs & Practices The Holiday Series

Pesach Preparations:

*Is there a deeper meaning to the
cleaning, cooking and preparing
for Passover?*

Rebbitzen Chani Smason

*will enlighten us and enhance our understanding
of this most significant holiday*



Sunday, April 7, 2019

10:00 am - 11:00 am

at Nusach Hari B'nai Zion

Men and Women are welcome

Our ***Holiday Series*** explores the details of the Jewish holidays and how to truly observe them, and delves into their deeper meanings



THE SISTERHOOD SCOOP APRIL



Volume 2

Number 13

1 Nissan 5779

April 6, 2019

MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

- ☆ Pesach Preparations Class, *The deeper meaning to cleaning, cooking, & preparing for Passover* – this Sunday, April 7 at 10AM
- ☆ Next Sisterhood Board Meeting this Tuesday, April 9 at 6:00PM
- ☆ Craft Central Art Project honoring Israel Monday, May 6 at 6:30PM
- ☆ St. Louis Jewish Legacy Bus Tour Sunday, June 23, 1:00-5:00PM
- ☆ 4th Annual Dine 'N' Style Fashion Show and Luncheon – Sunday, August 18



Two Thumbs UP for Sisterhood's First Movie Night on March 27!! A capacity crowd attended the film "Ida." Faith Waxman chaired the event; Linda Lowenstein hosted, and Susan Fadem led the riveting discussion.

HAPPY ROSH CHODESH
NISSAN TO YOU, TOO—



The Pesach Countdown Is On... Part 2: REMEMBERING THE GOAL



The Difference Between Passover and Spring Cleaning—

Both involve a lot of soap, water, rags, hard work, energy, and time. So what is the difference? Elana Mizrahi writes about the labor pains she experienced giving birth to her long-awaited first born child. She tells how, with each contraction, as her baby was coming into this world, the purpose grew crystal clear. As the intensity increased the pain brought her closer to her goal – until her son entered the world with a shriek! The pain, of course, subsided. She had focused on the goal. When the Children of Israel crossed through the Red Sea and G-d turned back the waters upon Pharaoh's army, Miriam, with tambourines and dancing, called to the women to "Sing to G-d for He is exalted about the arrogant, having hurled horse with its rider into the sea." How did Miriam and the women know to bring tambourines when leaving Egypt so quickly? The commentaries explain that the righteous women of the generation were certain that G-d would perform miracles for them, so they took tambourines out of Egypt. These were the women who, after an excruciating long day in the backbreaking fields would go home, dress beautifully and seduce their husbands with open arms, ensuring the proliferation and survival of the Jewish nation. They never gave up hope. They stayed focused on the goal. For this Passover, as Elana Mizrahi has done – with each drawer, closet, cabinet, and floor she cleaned – she joyfully sang knowing that she is bringing holiness into the world. And this, she reminds us, is the difference between Passover cleaning and Spring cleaning, between regular cooking and Shabbat cooking. It's about focusing on the end goal and knowing that with each action that we do we can raise it up and make it holy. Try saying "in honor of Passover" the next time you vacuum, mop, scrub, toivel, and polish!

BOOK CLUB NEWS

The next meeting of NHBZ's Sisterhood Book Club will be **Monday, April 29, 7:15-8:45 PM**, at the home of *Leslie Gitel*.

The book selection is: *If All the Seas Were Ink*, a memoir by Ilana Kurshan – an award-winning tale of heartache and humor, love and loss, marriage and motherhood, woven together in a deeply accessible guided tour of the Talmud!

ALL WOMEN ARE WELCOME!

For more Information
Contact Book Club Coordinator
Terri Schnitzer at 314-518-4107
or terrischnitzer@yahoo.com



Look What's New

- ☆ Sisterhood's new Bulletin Board in the lower level.
 - ☆ The new 'Sisterhood Past Presidents' Plaque in the lower level classroom.
- Thanks to Chani Smason for the idea and the implementation for a new Bulletin Board to keep everyone up-to-date about Sisterhood activities, and thanks to Alan Haber and Lenny Alper for the installation of both items.



NHBZ Pesach Schedule 2019

Thursday, April 18

Shacharis.....7:00 am
Bedikas Chometz (Search) After 8:26 pm

Friday, Friday April 19, Erev Pesach

Shacharis.....7:00 am
Siyum for First Born Following Shacharis
Mechiras Chometz (Selling)by 7:45 am
Finish Eating Chometzby 10:22 am
Biyur Chometz (Burning).....by 11:41 am
Bitul Chometz (Annuling).....by 11:41 am
Mincha/Maariv7:20 pm
Candle Lighting Yom Tov.....7:23 pm
First Sederafter 8:26 pm

Shabbos, April 20, 1st Day of Pesach

Shacharis9:00 am
Sermon by Rabbi Ze'ev Smason
Mincha/Maariv7:10 pm
Candle Lighting & Second Seder After 8:28 pm

Sunday, April 21, 2nd Day of Pesach

Shacharis.....9:00 am
No sermon
Mincha7:25 pm
Yom Tov Concludes.....8:28 pm

Monday – Thursday, April 22-25 Chol Hamoed

Shacharis 6:45 am
Mincha/Maariv.....7:00 pm

Thursday, April 25, Chol Hamoed -Erev Yom Tov

Make Eruv Tavshilin
Mincha/Maariv.....7:25 pm
Candle Lighting Erev Yom Tov7:29 pm

Friday, April 26, 7th Day of Pesach

Shacharis.....9:00 am
Sermon by Rabbi Ze'ev Smason
Mincha/Maariv.....7:25 pm
Candle Lighting for Shabbos & Yom Tov.....7:30 pm

Shabbos, April 27, 8th Day of Pesach (Yizkor)

Shacharis9:00 am
Sermon by Rabbi Ze'ev Smason
Yizkor10:30 am
Mincha/Seudat Moshich/Maariv7:00 pm
Pesach Concludes.....8:35 pm

Important Note: before eating chometz,
you must wait for at least one hour after Pesach concludes, until 9:35 pm, so that the rabbis have time to buy back your chometz & until pesach utensils are put away.





ST. LOUIS *senior*



Balance for Balabustes

Senior Kollel and Eishes Chayil Women's Division
in Cooperation with Nusach Hari B'nai Zion Sisterhood
present

"Balance for Balabustes"

Strength Training ~ Bone Health
~ Flexibility for Females ~

with

Dr. Jill Abrams

Chiropractic Physician • Personal Fitness Trainer • Massage Therapist

Wednesday, April 10

2:00 pm

at NHBZ

**650 N. Price Road
Olivette, Missouri**

**Bring a Friend!
Refreshments served!**



For more info: office@stlkollel.com



Scholar-in-Residence

Presented by the NHBZ Israeli Committee

Dedicated to the merit of Ari Fuld z"l

Shabbat May 4-5, 2019

Rabbi Hillel Van Leeuwen

Educational Director, Mizrachi World Movement



Topics and Schedule:

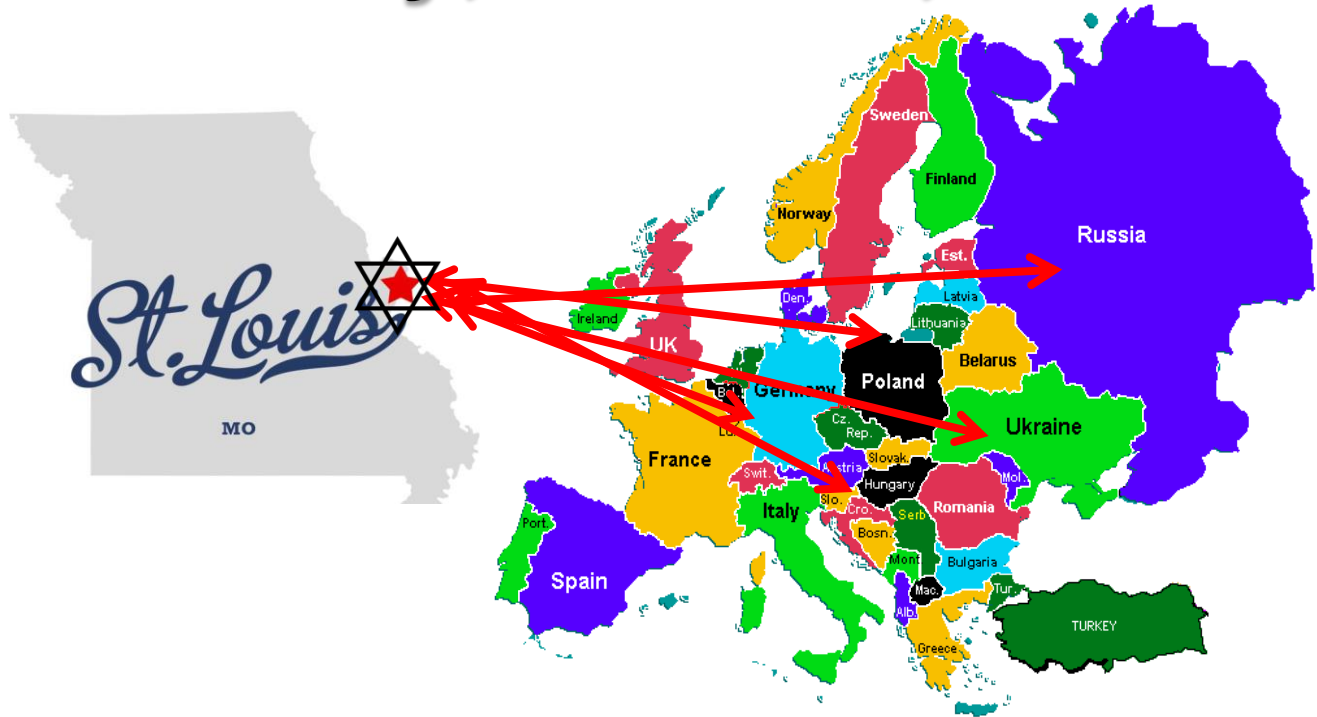
- **"Israel's War of Independence 1948: A Tale of Love & Fear"** Friday Night, Oneg Shabbat: 9:15 P.M.
- **"Perfecting & Perfection in Chinuch (Education) and in Israel's History"** — Shabbat Services 9:00 A.M.
- **"Is it Time for a New Israeli National Anthem?"**
Pre-Mincha Shiur 6:00 P.M.
- **"Partnering with HaShem (G-d)"** Shalosh Seudos (3rd meal)

~Kiddush Luncheon~



St. Louis Jewish Legacy Tour

**~ SAVE THE DATE ~
Sunday, June 23, 2019**



***NHBZ Sisterhood Presents
A St. Louis Jewish Legacy Bus Tour***

Sunday, June 23, 1:00 – 5:00 pm

**Starting from Nusach Hari B'nai Zion
650 North Price Road, Olivette**

Seats are limited

Email sisterhood@nhbz.org now to reserve your space

Details and registration to follow

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org