



Shabbos & Yom Tov Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Seventh Day of Pesach ~ Friday, April 26

Kiddush sponsored The NHBZ Sisterhood, Ron & Ina Makovsky and Sally Tofle and Family in memory of Dr. Milton Tofle z'l

Shachris ~ 9:00 am

- Pesukei D'Zimra: **Jacob Horn**
- Shacharis: **Menachem Szus**
- Leyning: **Stuart Klamen**

- Haftorah: **Alan Haber**
- Drasha: **No Drasha**
- Musaf: **Rabbi Glazer**

Torah Portion: Exodus 13:17-15:26
Maftir: Numbers 28: 19-25
Haftorah: 2 Samuel Chapter 22

Siddur page 509-511
Siddur page 512
Siddur pages 512-51

Mincha, Ma'ariv ~ 7:25 pm Yom Tov Candle Lighting ~ 7:30 pm

Eight Day of Pesach ~ Shabbos, April 27

Kiddush sponsored by The NHBZ Sisterhood
Sam & Shirley Bluestein and Stanley & Rhonnie Goldfader

Shachris ~ 9:00 am

Yizkor ~ 10:30 am

- Pesukei D'Zimra: **Jacob Horn**
- Shacharis: **Jacob Horn**
- Leyning: **Stuart Klamen**

- Haftorah: **Brent Waxman**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Menachem Szus**

Torah Portion: Deuteronomy 15:19-16:17
Maftir: Numbers 28: 19-25
Haftorah: Isaiah 10:32-12:6

Siddur pages 514-515
Siddur page 516
Siddur Pages 516-517

Mincha /Seudat Moshiach/ Ma'ariv~ 7:00 pm

Pesach Concludes ~ 8:35 pm

- **Learners' Service** ~ Rabbi Yosef David (Class will resume May 4)
- **Starting Points** ~ led by Rabbi Ze'ev Smason ~ No Class (Yizkor)
- **Tot Shabbat** ~ 10:00 am
- **Mincha /Seudat Moshiaach /Maariv** ~ 7:00 pm

This Week and Beyond....

Minyan Times	Shabbos Apr 27	Sun. Apr 28	Mon. Apr 29	Tues. Apr 30	Wed. May 1	Thurs. May 2	Fri. May 3	Shabbos May 4
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:25 pm

Pesach Yizkor

Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays – Micky Szus, Madeline Hartranft and Daniel Rosenbluth

- **Shabbos , April 27** ~ Yizkor Service, last day of Pesach
- **Sunday, April 28 ~ PIZZA NIGHT** ~ Chometz returns.
- **Shabbos, May 4** ~ Scholar in Residence from Israel with **Rabbi Hillel Van Leeuwen**, *Educational Director, Mizrahi World Movement*. Rabbi Van Leeuwen will speak on Shabbat during Kiddush Luncheon,
- **Shabbos, May 4 ~ Family Shalosh Seudos** with guest speaker Rabbi Hillel Leeuwen. Thank you to our sponsors so far: **Ed & Helayne Levitt** and **Dr. Naftali & Jane Kadosh**.
- **Shabbos, May 11 ~ 8:30 am ~Synaplex Shabbat** ~See the flyer for the details and speakers. Kiddush Luncheon
- **Sunday, May 12** ~ Mother's Day
- **Shabbos, May 25 ~ 8:30 am ~ Shabbaton with the St. Louis Kollel**. Kiddush Luncheon in celebration of the 40th Anniversary of Drs. Susan Feigenbaum & Jay Pepose
- **Shabbos, June 1 ~ Graduation Shabbat ~ Do you have** a graduate from Pre-K through college? Send us their names to be included in the celebration. Please send a donation!
- **Sunday, June 2 ~ 7:30 pm** ~ The Education and Israel Committees present **"Yom Yerushalaim Day - A Celebration of Jerusalem"** with singing, eating and fun. Cost \$5.00 RSVP to jeff@nhbz.org

NHBZ Photo Directory 2019 ~ Schedule Your Session Now !!!

Family or individual photos can now be **scheduled online** at www.nhbz.org . The dates and times are: Sunday, May 5 from Noon to 7pm, Mondays, May 6 & 13 from 1-8pm, and Tuesday, May 14 from 1-8pm. In the emailed bulletin you can click on the link below to sign-up.

If you need assistance please call Jeff at 991-2100 ext. 2 during office hours. Times are filling fast!

Or schedule directly at: <https://booknow-lifetouch.appointment-plus.com/yp544h42/>

NHBZ Photo Directory Ad Opportunities

Our Photo Directory is a perfect opportunity to express your personal greeting or to showcase your business to the NHBZ community.

- The Directory is a fundraiser for NHBZ
- Great way to put names and faces together
- It's a buzz book used for years
- Easy way to show who we are to potential members

Pricing for ads in the Photo Directory:

Personal ads	Business Ads
Eighth page= \$72	Business Card= \$100
Half page= \$288	Half page= \$350
Full page = \$540	Full page = \$650

Email your ad to jeff@nhbz.org or call the office at 991-2100 ext.2

Mother's Day Greeting

This year NHBZ will add a *Special Greeting Page* to the **Shabbat** Bulletin prior to Mothers' Day. For a minimum donation of \$18 you can place a greeting in honor of or in memory of your mom. She will be very happy you did! Email your greeting to jeff@nhbz.org by Tuesday, May 7th or call the office at 991-2100 ext.2. All proceeds will help fund Synaplex Shabbat, programming and other educational events.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- **NOTE- Class Will Resume May 1st**
Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

April 27: *No class (Pesach Yizkor)*

May 4: "Five Ways to Make and be a Great Friend"

May 11: "What is Unique About Jewish Mothers?" 10:00 am due to Synaplex

May 18: "Common Mistakes Smart People Make"

May 25: "How to Defeat Discouragement Before It Defeats You"

June 1: "Teaching Our Kids to Make the Right Decisions"

June 8: "What Does It Mean to be the Chosen People?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women ~ Each class is self-contained~ No background knowledge needed.

In the Community

Jewish Family & Children's Service is seeking "community connectors" to serve as Gatekeepers for vulnerable seniors. A Gatekeeper helps keep an eye out for relatives, neighbors, or friends who may be struggling with the challenges of aging.

If you are interested in learning more about how you can serve as a gatekeeper, or if know of someone who could benefit from senior support, please reach out to Ken Schwartz at 314-812-9320 or kschwartz@jfcs-stl.org.

Sunday, May 5 ~ 4:00 pm ~ The 2019 St. Louis Yom HaShoah Commemoration will take place at Congregation Shaare Emeth, 11645 Ladue Road. The Holocaust Remembrance Day event will feature eyewitness accounts of the Shoah from survivors and witnesses. Featured speakers will be Rachel Miller, who survived as a hidden child in France, and Mendel Rosenberg, who survived several concentration camps. The program will also include a traditional candle-lighting service, Holocaust Torah procession, liturgical readings, and prayers.

Monday, May 6 ~ 2019 AIPAC St. Louis Event at the Ritz-Carlton. Don't miss out RSVP's are needed. Contact EVENTS.AIPAC.ORG/STLOUIS or call 312.253.8975.

Sunday, May 19 ~ 12 noon -2:30 pm at The Hilton Frontenac ~ Brunch & Lecture with Rabbi Manis Friedman ~ celebrating the 40th Anniversary of Drs. Susan Feigenbaum & Jay Pepose. Topic "The Joy of Intimacy, Putting the 'Wow' into Relationships" RSVP to www.joybymanis.com

~This Week's Torah Trivia ~

LAST WEEK'S QUESTION: WHAT DO THE 4 CUPS OF WINE AT THE SEDER SYMBOLIZE?

ANSWER: The 4 utterances of redemption from Egypt: 1. "I will take you out..." 2. "I will save you..." 3. "I will redeem you..." 4. "I will take you as a nation..."

THIS WEEK'S QUESTION: Why do we say only half-hallel on the intermediate and last days of Pesach?





Pizza Night

Sunday, April 28

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Scholar-in-Residence

Presented by the NHBZ Israeli Committee

Dedicated to the merit of Ari Fuld z"l

Shabbat May 4, 2019

Rabbi Hillel Van Leeuwen

Educational Director, Mizrachi World Movement



Topics and Schedule:

- **"Perfecting & Perfection in Chinuch (Education) and in Israel's History"** – Shabbat Services 9:00 A.M.
- **"Is it Time for a New Israeli National Anthem?"**
- Pre-Mincha Shiur 6:00 P.M.
- **"Partnering with HaShem (G-d)"** - Family Shalosh Seudos (3rd meal) 7:25 P.M.

~Kiddush Luncheon ~



Join us for a
Family Shalosh Seudos

Shabbat, May 4

with Guest Speaker

Rabbi Hillel Van Leeuwen

Educational Director, Mizrachi World Movement

- **“Is it Time for a New Israeli National Anthem?”**

Pre-Mincha Shiur 6:00 P.M.

- **“Partnering with HaShem (G-d)”**

Shalosh Seudos (3rd meal) 7:25 P.M.

~ Presented by the NHBZ Education Committee ~



THE SISTERHOOD SCOOP

APRIL



Volume 2

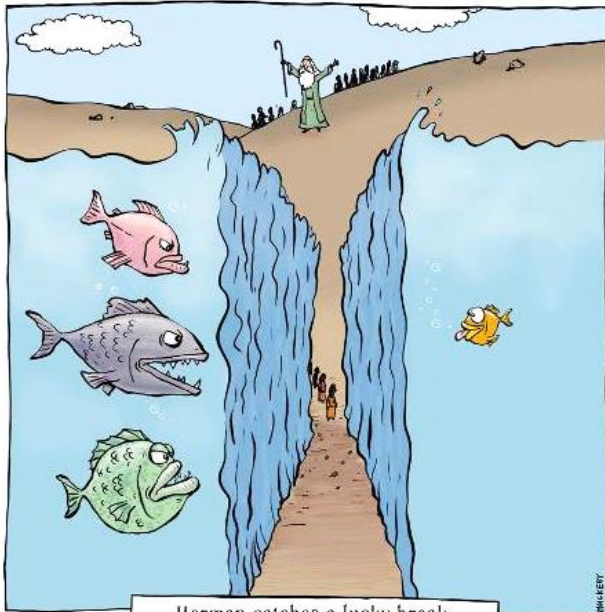
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21-22 Nissan 5779

April 26-27, 2019

"The Exodus is the inexhaustible source of inspiration to all those who long for freedom. It taught that right was sovereign over might; that freedom and justice must belong to all, not some; that, under G-d, all human beings are equal; and that over all earthly powers is the supreme power, the King of Kings, who hears the cry of the oppressed and who intervenes in history to liberate slaves."

- Rabbi Jonathan Sacks, The Chief Rabbi's Haggadah (Essays)



The seventh day of Passover celebrates the splitting of the sea for our ancestors on their way out of Egyptian slavery. The eighth day commemorates the final redemption yet to come.

What Makes You Tick? By Mendy Herson (www.chabad.org)

The answer may appear obvious, but there may be deeper meaning beneath the surface. Let's consider "Jim." He is pounding the pavement looking for a job. The search is consuming him, so that's what drives him now.

Or is it?

After all, is work his deepest desire?

Actually, it's not a job he's after, but... money.

Jim needs a job in order to generate money. His primary need is funding, not a job per se.

But why? Does he want money for money's sake?

No. Jim actually wants comfort, security, etc. And for that, Jim needs money.

And for that, Jim needs a job.

Jim might have honestly answered our original question with "the job search." But it's obviously much deeper.

His deepest need may actually be self-preservation, self-respect, familial-validation, etc.

But he'll only find that when he pierces through his layers.

In many ways, we are Jim, as we struggle for inner freedom.

Jim's process is actually step two of our Passover "freedom train."

Step one is to identify our personal "Egypt" — the external distractions, pleasures, fears, etc., that trap and control us. Freedom comes through transcending our Egypt, to freely live our lives according to our own deeper vision.

But leaving Egypt isn't really possible **until you know where you want to go**. I can't freely live as myself until I've identified myself.

What is my deeper vision?

The Jews' ultimate disengagement from Egypt came through crossing the Sea.

G-d's splitting the sea symbolizes exposing our inner "dry land," by pushing aside the layers of personality that obscure our deepest selves, as the waters cover the sea.

By identifying our deepest selves, through our own efforts and through the power of Passover, we can find — and perhaps reconfigure — our own deepest principles.

Crossing your personal sea puts you on the path to true freedom: A meaningful life.

MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

☆ Book Club is reading 'If All the Seas Were Ink,' a memoir by Ilana Kurshan.

Next meeting is **THIS Monday, April 29, 7:15-8:45PM** at the home of **Leslie Gitel**; Discussion will be led by **Peggy Umansky**.

☆ **Craft Central Art Project honoring Israel**
Date and Time – **TBD**

☆ **St. Louis Jewish Legacy Bus Tour**
Sunday, **June 23, 1:00-5:00PM**

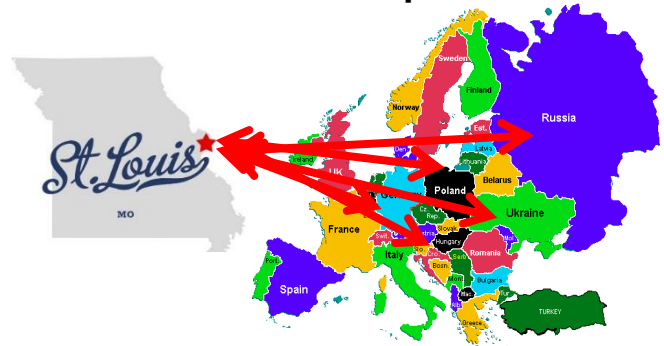
☆ **4th Annual Dine 'N' Style Fashion Show and Luncheon – Sunday, August 18**

~ NHBZ SISTERHOOD PRESENTS ~

St. Louis Jewish Legacy Bus Tour

Sunday, June 23, 2019

1:00 – 5:00 pm



Tour starts from Nusach Hari B'nai Zion, 650 N. Price Rd., Olivette
TO REGISTER call 314-991-2100 ext.2 or email sisterhood@nhbz.org



Shabbat May 11, 2019

8:30 am - Traditional Services - in the Sanctuary

9:15 am - Learners Service – in the Chapel

Led by *Rabbi Yosef David* of Aish HaTorah St. Louis

10:00 am - Starting Points - in the Chapel

Topic: *"What is Unique About Jewish Mothers"*

Led by *Rabbi Ze'ev Smason*

10:00 am - Children's Programming – Lower Level

Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:15 am - Synaplex Breakout Session

"Has the Holocaust Changed Jewish / Christian Conversations?"

Lolle Boettcher, *Lolle is a Mandel Fellow (Museum Teacher Fellow) from the U.S. Holocaust Memorial Museum, Docent at the St. Louis Holocaust Museum and Learning Center, and a St. Louis Jewish Light 'Unsung Hero' (2010).*

"Raising Yourself Then Your Children"

Rabbi Avi Roberts, *Director, Ignite Young Professionals*

12:15 pm Kiddush Lunch - Social Hall

NHBZ Synaplex Shabbat is open to the Jewish public.

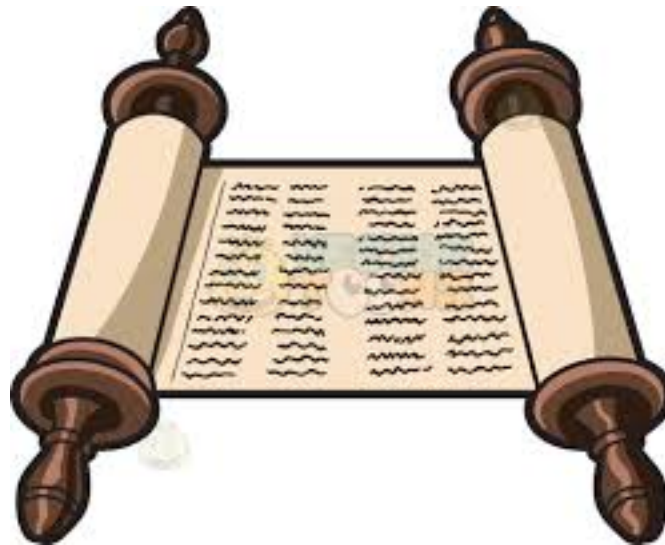
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.



Kollel Shabbaton

Shabbat May, 25

We welcome the St. Louis Kollel to lead services and explore the meaning of Shavous



- ✓ **Rabbi Shlomo Eisenberg** "Beyond Cheesecake: The Life-Changing Simcha and Happiness of Shavous"
- ✓ **Rabbi Yaakov Silverman** "Whispering Flames: The Fire of Lag B'Omer"
- ✓ **Mrs. Chana Bregman (for women)** "A Guide to Preparing for Matan Torah / The Giving of the Torah"

Kiddush Luncheon

Sponsored by the Feigenbaum/Pepose Family in celebration of the 40th Anniversary of Drs. Jay Pepose & Susan Feigenbaum



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



May 4: “Five Ways to Make and be a Great Friend”

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