



# Shabbos Bulletin

## *Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

May 25, 2019 ~ 20 Iyar 5779

Candle Lighting 7:55 pm

Shabbat Ends 8:59 pm

Torah Portion:

Behar Leviticus 25:1 -- 26:2

Chumash pages 696-707

Haftorah:

Jeremiah 32:6-22

Chumash pages 1177-1178

### **Our Sponsors:**

Thank you to **Drs. Jay Pepose & Susan Feigenbaum** for sponsoring the luncheon in celebration of their 40<sup>th</sup> Anniversary.

### **St. Louis Kollel Shabbaton**

#### **Erev Shabbos, May 24**

- **Mincha & Ma'ariv** ~ 7:00 pm

#### **Shabbos, May 25**

- **Shabbat Services** ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**  
- Shacharis: **Rabbi Berkowitz**  
- Leyning: **Rabbi Perlman**

- Haftorah: **David Rubin**  
- Drasha: **Rabbi Yaakov Berkowitz**  
- Musaf: **Rabbi Glazer**

- **Learners' Service** ~ Led by **Rabbi Yosef David** ~ 9:30 am
- **Tot Shabbat and Junior Congregation** ~ 10:00 am
- **Starting Points** ~ Led by **Rabbi Ze'ev Smason** ~ 10:15 am ~ Topic: "How to Defeat Discouragement Before It Defeats You"
- **Kollel Shabbaton Speakers** ~ 11:15 am - 12:00 noon
  - **Rabbi Shlomo Eisenberg** ~ "Beyond Cheesecake: The Life-Changing Simcha and Happiness of Shavous"
  - **Rabbi Yaakov Silverman** ~ "Whispering Flames: The Fire of Lag B'Omer"
  - **Mrs. Chana Bregman** (for women) ~ "A Guide to Preparing for Matan Torah / The Giving of the Torah"
- **Kiddush Luncheon** ~ 12:00 noon
- **Mincha / Ma'ariv / Shalosh Seudos** ~ 7:40 pm

#### **This Week and Beyond....**

	<b>Shabbos May 25</b>	<b>Sun. May 26</b>	<b>Mon. May 27</b>	<b>Tues. May 28</b>	<b>Wed. May 29</b>	<b>Thurs. May 30</b>	<b>Fri. May 31</b>	<b>Shabbos June 1</b>
<b>Minyan Times</b>								
<b>Shachris</b>	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
<b>Mincha/Ma'ariv</b>	7:40 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:45 pm

Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

**Happy Birthday to: Brent Waxman, Bruce Waxman, Adina Belasen, Myra Radinsky,  
Dr. Eliot Katz and June Cohen**

**Happy Anniversary to: Dr. Naftali & Jane Kadosh, Drs. Jay Pepose & Susan Feigenbaum,  
Dr. Erol & Sally Amon and Bruce & Faith Waxman**

**Shabbat Greeters: Jennifer Hartranft and Joyce Hochberg**

- **Sunday, May 26 ~ Pizza Night**
- **Shabbos, June 1 ~ Graduation Shabbat** ~ Do you have a graduate from Pre-K through college? Send us their names to be included in the celebration. Please send a donation!
- **Sunday, June 2 ~ 7:30 pm** ~ The Education and Israel Committees present **"Yom Yerushalaim Day - A Celebration of Jerusalem"** with singing, Israeli food and fun. Cost \$5.00 RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org)
- **Tuesday, June 4 ~ 2:30pm ~ Woman's Home Study Group** led by Rabbi Yaakov Berkowitz at the Berkin home. Call the office for details and address.
- **June 8 (after Shabbos) ~ Erev Shavuot** ~. Shavuot Dinner & All Night Learning

**Shavuot Dinner 9:30 pm ~ \$12.50 per person.**

**Please consider becoming a sponsor for \$25.00.**

**All Night Learning following dinner.**

RSVP needed by June 5th to [jeff@nhbz.org](mailto:jeff@nhbz.org) or 991-2100 ext. 2

- **Sunday / Monday, June 9-10 ~ Shavuot 9:00 am** ~ Shavuot Services and Yizkor (Monday)

*Thank you to Amy Feit for planting the flowers by our entrance doors.  
They look beautiful!*

### **Graduation Shabbat June 1<sup>st</sup> ~ Do you have a Graduate in your Family?**

Pre-K, Elementary, High School, College or graduate school? Send us their names and where they are graduating from to be included in the celebration. Please send a donation!

### **Parshas Behar**

Behar focuses primarily on mitzvos concerning the land of Israel, beginning with the command to observe a Sabbatical (Shemitta) year. During the Sabbatical year one's fields are to remain uncultivated every seventh year, refraining from the normal cycle of planting and harvesting. Similarly, the land in Israel is to remain unworked in the Jubilee (Yovel) or 50th year, at which time ownership of all land automatically returns to its ancestral heritage. A quote found on the Liberty Bell, "And you should sanctify the fiftieth year, and proclaim liberty throughout the land ..." is taken from the passage describing the Jubilee year. Behar also speaks about the poor and downtrodden. Not only are we commanded to give them tzedaka and do acts of loving kindness for them, but ideally provide them with the means to raise themselves out of their poverty-stricken state.

## Adult Learning at NHBZ

**Every Wednesday 12:15 pm** ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos** ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

May 25: "How to Defeat Discouragement Before It Defeats You"

June 1: "Teaching Our Kids to Make the Right Decisions"

June 8: "What Does It Mean to be the Chosen People?"

**Every Shabbos** ~ Tanach (Bible) Study (3/4 hour before Mincha)

**Every Sunday** ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

**Every Monday** ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

**First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah** ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women ~ Each class is self-contained~ No background knowledge needed.

## In the Community

**Sunday, June 2, 2019 ~ 10 am -3 pm** ~ A Blood Drive Sponsored by Aish Hatorah Jewish Learning Center will be held at Shaare Emeth Congregation, 11645 Ladue Road. Please call 1-800-RED CROSS (1-800-733-2767.)

**Sunday June 16th ~ 5:45 P.M** ~ Join Missouri Torah Institute for their ***Dedication Dinner*** at the Ritz Carlton in Clayton. Recognizing **Mr. Charlie & Mrs. Naomi Ruth Deutsch, Ambassador Sam & Mrs. Marilyn Fox, and Mr. Dugie & Mrs. Lisa Baron.** Memorial Tribute Video for **Rabbi Aaron Winter ZT"l**. To RSVP and/or to put in an ad, call [636-778-1896](tel:636-778-1896) , visit [www.missouritorah.org/dinner](http://www.missouritorah.org/dinner) or email [dinner@missouritorah.org](mailto:dinner@missouritorah.org).



~This Week's Torah Trivia~

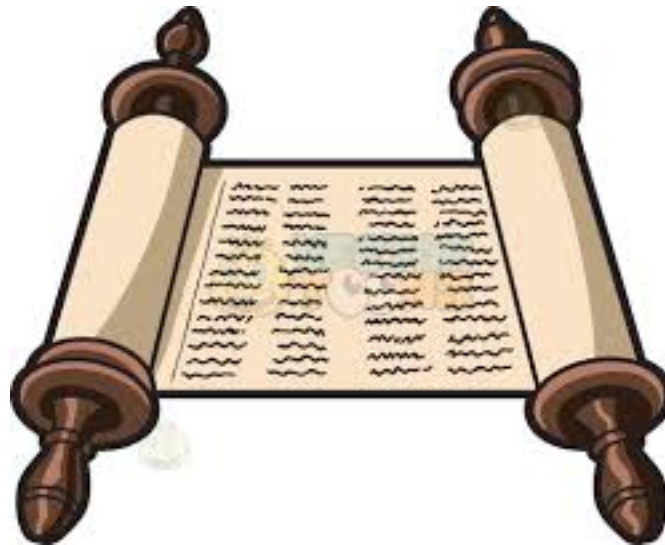
**During this week we celebrated Lag Ba'omer. What is it all about?**



# Kollel Shabbaton

## Shabbat May, 25

We welcome the St. Louis Kollel to lead services and explore the meaning of Shavous



- ✓ **Rabbi Shlomo Eisenberg** "Beyond Cheesecake: The Life-Changing Simcha and Happiness of Shavous"
- ✓ **Rabbi Yaakov Silverman** "Whispering Flames: The Fire of Lag B'Omer"
- ✓ **Mrs. Chana Bregman (for women)** "A Guide to Preparing for Matan Torah / The Giving of the Torah"

## Kiddush Luncheon

Sponsored by the Feigenbaum/Pepose Family in celebration of the 40<sup>th</sup> Anniversary of Drs. Jay Pepose & Susan Feigenbaum



# ***Pizza Night***

***Sunday, May 26***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while  
supplies last**

**All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10:00 am Sunday: email orders preferred to  
[jeff@nhbz.org](mailto:jeff@nhbz.org) or as a last resort call 314-991-2100, ext. 2**

**Pick up between 4:30 pm - 4:45 pm**



**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**







# *Yom Yerushalayim*

**Sunday, June 2 at 7:30 pm**



**Join us for an evening of  
Israeli song, Jerusalem trivia games and  
delicious Israeli desserts!**

**Guest Song Leader Mark Weinstein**

**Cost \$5.00**

RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org)

This program is sponsored by the NHBZ Israel Committee



# ***Women's Home Study Group***

## **“Women in the Torah”**

**First Tuesday of each Month, 2:30 pm  
at the home of Jackie Berkin**

**facilitated by Rabbi Yaakov Berkowitz  
of the St. Louis Kollel**

- **Open to all women**
- **Each class is self-contained**
- **No background knowledge needed**



---

To RSVP, contact **Jeff** at **314-991-2100** or [jeff@nhbz.org](mailto:jeff@nhbz.org).  
We will provide host address & phone number at time of RSVP  
Check the latest NHBZ Shabbos Bulletin for any time changes



# THE SISTERHOOD SCOOP MAY



Volume 2

Number 20

20 Iyar 5779

May 25, 2019

## MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

☆ **St. Louis Jewish Legacy Bus Tour**  
Sunday, June 23, 1:00-5:00pm  
SEATS ARE LIMITED – Email  
[sisterhood@nhbz.org](mailto:sisterhood@nhbz.org) to reserve your space



☆ **Book Club: Next selection is: *The Last Watchman of Old Cairo*, by Michael David Lukas – at the home of Amy Feit**  
– Monday, June 24, 7:15-8:45PM

☆ **Craft Central Art Project honoring Israel**  
Date and Time – TBD

☆ **4th Annual Dine 'N' Style Fashion Show and Luncheon with lots of Shopping!**  
– Sunday, August 18

## Counting the Omer: Week 6 -YESOD—BONDING

During the sixth week of counting the Omer, we examine and refine the emotional attribute of **Yesod** or bonding. Bonding means connecting; not only feeling for another, but being attached to him. Not just a token commitment, but total devotion. It creates a channel between giver and receiver. Bonding is eternal. It develops an everlasting union that lives on forever through the perpetual fruit it bears.

Bonding is the foundation of life. The emotional spine of the human psyche. Every person needs bonding to flourish and grow. The bonding between mother and child; between husband and wife; between brothers and sisters; between close friends. Bonding is affirmation; it gives one the sense of belonging; that "I matter", "I am significant and important". It establishes trust — trust in yourself and trust in others. It instills confidence. Without bonding and nurturing we cannot realize and be ourselves.

– Excerpted from "A Spiritual Guide to Counting the Omer," by Rabbi Simon Jacobson



Parshas Behar

## The Purpose of Reward

– Translated and Adapted by Moshe Wisniefsky  
from the teachings of Rabbi Menachem M. Schneerson ([www.chabad.org](http://www.chabad.org))

G-d then taught Moses the laws regarding the employment of Jewish servants. If a Jewish thief is convicted of stealing something and cannot pay back the value of what he has stolen, the court can hire him out as a servant, using the proceeds of this "sale" to pay off his debts. Also, if a Jewish man has no other way of supporting himself, he can hire himself out as a servant. In either case, the "master" is required to treat the servant humanely, properly feeding and clothing him, and is not allowed to give him demoralizing jobs to do.

### The Purpose of Reward

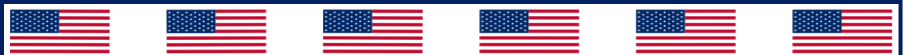
לֹא תִרְדֶּה בוּ בִפְרֶךְ וגו': (ויקרא כה:מג)

[G-d instructed Moses to tell the Jewish people, "When someone is your bondman,] you must not work him with backbreaking labor." Lev. 25:43

Working without purpose is demoralizing and can even drive a person insane, whereas working for a constructive purpose – even if the task requires great effort – is richly rewarding. The satisfaction that results from accomplishment can be greater even than the satisfaction from the actual wages.

The efforts we are required to expend in studying the Torah and fulfilling G-d's commandments may be great, but we have been taught that our efforts here below have profound influence on the cosmic realm above. Keeping this knowledge in mind enables us to study the Torah and fulfill G-d's commandments with enthusiasm, joy, and purpose.

–Likutei Sichot, vol. 3, p. 1010



## Memorial Day

Memorial Day, honoring the men and women who died while serving in the U.S. military, was originally known as Decoration Day. It originated in the years following the Civil War and became an official federal holiday in 1971. In May 1868, General John A. Logan, the commander-in-chief of the Union veterans' group known as the Grand Army of the Republic, issued a decree that May 30 should become a nationwide day of commemoration for the more than 620,000 soldiers killed in the recently ended Civil War.

Even before the war ended, women's groups across much of the South were gathering informally to decorate the graves of Confederate dead. In April 1886, the Ladies Memorial Association of Columbus, Georgia resolved to commemorate the fallen once a year—a decision that seems to have influenced John Logan to follow suit, according to his own wife. However, southern commemorations were rarely held on one standard day, with observations differing by state and spread out across the spring and early summer. By 1890, every former state of the Union had adopted "Decoration Day" as an official holiday. After America's entry into World War I the tradition of Memorial Day was expanded to include those killed in all wars, and Memorial Day eventually became the official national holiday when all Americans are encouraged to pause for a National Moment of Remembrance at 3 p.m. (local time), and the American flag should be hung at half-staff until noon, then raised to the top of the staff.



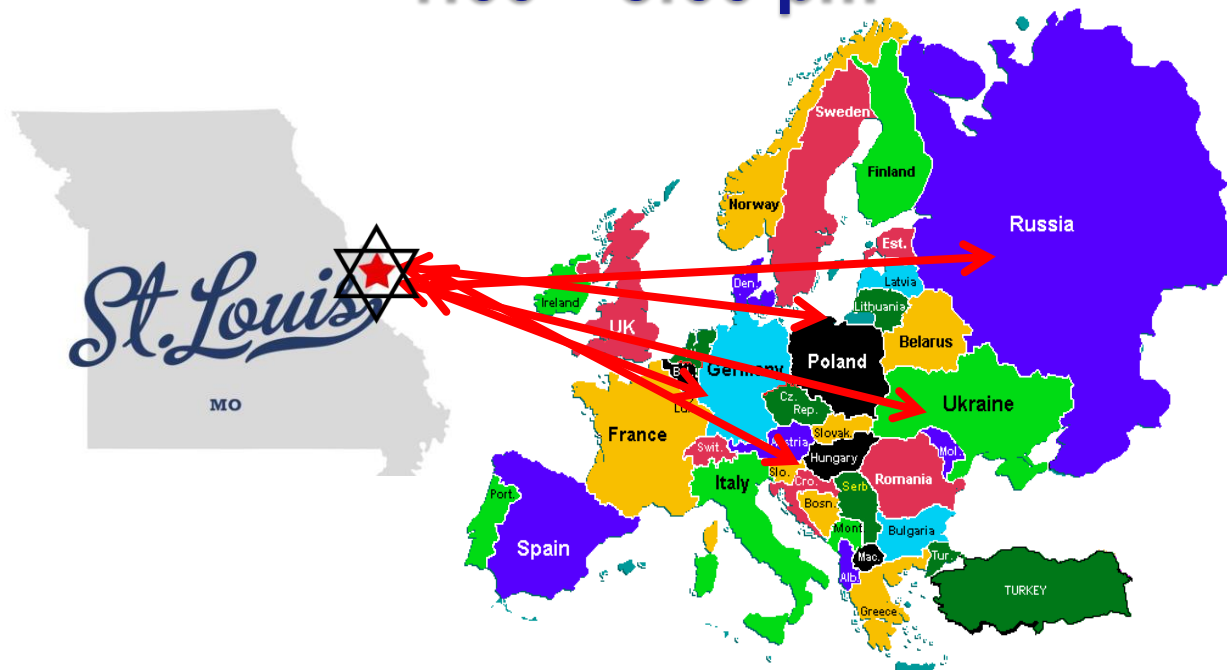


# NHBZ Sisterhood Presents

## *A St. Louis Jewish Legacy Bus Tour*

**Sunday, June 23**

**1:00 – 5:00 pm**



**\$36 per person**

**includes snacks and a beverage**

**Tour starts from Nusach Hari B'nai Zion  
650 North Price Road, Olivette**

**Seats are limited – reserve your space NOW!**

**Call 314-991-2100, ext. 3, or Email [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)**

***RSVP Deadline is Friday, June 7***



# NHBZ Sisterhood presents the 4th Annual

## DINE 'N' Style Fashion Show & Luncheon 'A WORLD OF FASHION'

*featuring...*

- Fashions from *Orli's Boutique*
- International Luncheon
- Lots of Around-the-World Shopping!

~ **SAVE THE DATE** ~

**Sunday, August 18, 2019**

shopping opens at 10:00am

program begins at 11:30 am

**Nusach Hari B'nai Zion**  
650 North Price Road, Olivette



For more information contact:

*Helayne Levitt* at 314-439-9917, [bklyngurl@aol.com](mailto:bklyngurl@aol.com)

or *Terri Schnitzer* at 314-518-4107, [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)