



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 22, 2019 ~ 19 Sivan 5779

Candle Lighting 8:11 pm

Shabbat Ends 9:14 pm

Torah Portion: Parshas Beha'aloscha Numbers 8:1 - 12:16 Chumash pages 774-797

Haftorah: Zechariah 2:14 - 4:7

Chumash pages 1182-1184

Our Sponsors:

Thank you to **Don & Julie Eisenberg** for sponsoring the bulletin in gratitude for the love and tributes on our 40th anniversary.

Thank you to **Leo Bressler** for sponsoring the beautiful cake and to **Menachem & Linda Szus**, and **Micky Szus** for sponsoring the ice cream. All in honor of **Drs. Dana and Elie Sutton, Sammy and Jane Sutton** visiting from Brooklyn, New York.

Erev Shabbos, June 21

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, June 22

- Shabbat Services ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Richard Woolf**
- Leyning: **Michael Shapiro**

- Haftorah: **Kenny Bressler**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Michael Shapiro**

- Learners' Service ~ Led by **Rabbi Yosef David** ~ 9:30 am
- Tot Shabbat and Junior Congregation ~ 10:00 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic: "OK or No Way? Small Talk with Strangers"
- Mincha / Ma'ariv / Shalosh Seudos ~ 7:55 pm

This Week and Beyond

Minyan Times	Shabbos June 22	Sun. June 23	Mon. June 24	Tues. June 25	Wed. June 26	Thurs. June 27	Fri. June 28	Shabbos June 29
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:55 pm

Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Happy Birthday to: Dr. Adrian Shifren and Sanford Koenig

Happy Anniversary: Richard & Mindy Woolf, Keith & Karen Zeff, Alan & Vivian Zarkowsky, Boris & Alla Yasinev and Jeff & Irena Scheer

Shabbat Greeters: Rhonnie Goldfader and Denny Feit

- **Shabbos, June 29** ~ Honoring retiring Olivette **Police Chief Richard Knox** and incoming **Chief of Police, Dave Wolf**. **We are looking for a few donations to help enhance the Kiddush and the presentation to Chief Knox**. Contact the office.
- **Sunday, June 30 ~ 5:00- 7:00 pm ~ BBQ NIGHT AT NHBZ** We are changing up Pizza Night this month and having a BBQ with hamburgers, hot dogs and sides! We still need volunteers!
- **Monday July 8 ~ 6:30 pm ~ NHBZ Sisterhood Movie Night** at the Mansions on Delmar. Cost is \$10. Arrival 6:30 - movie starts promptly at 7. See the flyer for details.
- **Monday, July 15 ~ 7:45 pm ~ The Home Discussion Series** continues with the topic: "Structure of Traditional Jewish Books" at the home of Faith and Bruce Waxman. RSVP by July 11th for address.
- **Tuesday, July 16 ~ 7:30 pm ~ NHBZ and the St. Louis Friends of Israel** present speaker Lt. Colonel Keith Isaacson, Chief IDF Security Officer of the Eshcol Region which borders Gaza.

Parshas Beha'aloscha

Beha'aloscha (Hebrew for "when you step up") is thematically diverse, beginning with the daily lighting of the golden menorah in the Mishkan. The Levites are initiated into the Tabernacle service. The Torah then describes the celebration of Passover in the second year in the desert, complete with the bringing of the Korban Pesach (Passover offering). Some men could not bring the offering due to ritual impurity, and were thus commanded to celebrate Pesach Sheni, a 'make-up Passover' a month later. Lesson: Second chances are available. Additionally, the standard procedure by which the Jewish people would break camp to travel in the desert is described. Soon after leaving Mt. Sinai, the people begin to kvetch. Spurred by the mixed multitude of insincere converts who joined the Jewish people upon leaving Egypt, the complaining is directed toward the manna, their daily miraculous portion of heavenly bread. G-d sends a massive flock of quail which the people gather to eat; those who had complained about the lack of food overstuff themselves and die during this supernatural event. The portion concludes with Miriam speaking loshon hara (defamatory words) to Aaron about their brother Moses. She is punished by G-d with tzara'as (a skin condition indicating a spiritual deficiency) and is quarantined outside the camp for seven days.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

June 22: "OK or No Way? Small Talk with Strangers"

June 29: "Patience: Is It a Virtue or a Lost Opportunity?"

July 6: "Has Political Correctness Gone too Far?"

July 13: "Modern Technology: Are We Moving too Fast?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ 8:30 pm ~ 'Amud-of -the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

~This Week's Torah Trivia~

Last Week's Question: How many main Levite families were there? What were their names?

Answer: there were 3 main Levite families. The Gershoni, The Merari, The Kehati

This Week's Question: Whom did the Levites come to replace when chosen to service in the Tabernacle and the Temple



Torah Campaign Giving Levels

There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1. One complete book of the Five Books of the Torah..... \$5400

2. Beginning or ending verses of the Torah \$5000

3. Special Torah Selections \$2500

Suggestions:

Blessings for our Children

Shema Yisrael

The Ten Commandments

Az Yashir - Song at Splitting of the Sea

Birchat Kohanim - Priestly Blessings

Vayehi Binsoa - Prayer at the Ark Opening

Chazak - Final verse of one of the first 4 books

Hashem Hashem - G-D's 13 Attributes of Mercy

Your favorite or significant selection

4. Weekly Torah Portions(s) – Sedra(s)\$1800

5. Yom Tov / Special Holiday Torah Portion(s)\$1000

6. Torah Sections - Aliya/ot or Maftir.....\$540

Suggestion: Select one of the seven aliyot of a weekly Torah portion or the Maftir from a Bnai Mitzvot or wedding

7. Torah Verses – Pasuk(im)\$180

Suggestion: Select a verse that has a special meaning to you

8. Letter(s) in the Torah\$36

Suggestion: Select letters of a family name

For a donation of \$500 or more, you and your family can inscribe a letter (along with the scribe) in our new Torah at the dedication ceremony



Shabbat Children's Programming

June 22, 2019

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



THE SISTERHOOD SCOOP JUNE



Volume 2

Number 24

19 Sivan 5779

June 22, 2019

STOP LASHON HARA



הפסיק לשון הרע

Nominating Committee Now Forming

Any Sisterhood Member interested in participating on the Nominating Committee to help determine next year's 2020 Sisterhood Officers and Board Members should contact *Teree Farbstein* at 314-753-5035, tfarbstein2@gmail.com, or *Amy Feit* at 872-7348, amyph8@yahoo.com. Have a "voice" in Sisterhood!

**Not yet a member of Sisterhood?
Contact the Office to Join!**

Sisterhood's 4th Annual Dine 'N' Style Fashion Show & Luncheon

'A WORLD OF FASHION'



Sunday August 18

NOW SEEKING VOLUNTEERS

MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

☆ **St. Louis Jewish Legacy Bus Tour**
– **THIS Sunday, June 23.**

Bus departs **PROMPTLY** at 1:00PM
from the lower level parking lot
outside North door. Bus is Full!



☆ **Book Club: Meets This Monday, June 24,**
at 7:15-8:45PM – at the home of *Amy Feit*
reading: *The Last Watchman of Old Cairo*,
by *Michael David Lukas*

☆ **Sisterhood's NEXT Girls Movie Night Out**
– **Mon, July 8, 6:30PM, Mansions on the Plaza**

☆ **4th Annual Dine 'N' Style Fashion Show &
Luncheon & Shopping! – Sun. August 18**

Behaalotecha

Thoughts While Stuck in a Traffic Jam

– by *Chana Weisberg*, www.chabad.org

"Fifteen days left!" That was a note on the fridge of a hard-working teacher, counting down till the end of her school year. My children, too, are doing a similar countdown.

How often do we will away time? Caught in a traffic jam, we fume about how long it is taking us to arrive at our destination. In a doctor's waiting room, we tap impatiently while awaiting our turn. Though our tapping and fuming doesn't make the time go any faster, it expresses how we want to move on to "the more important stuff."

As women, especially, we enthusiastically await life's next milestones—the baby finally sleeping through the night, speaking her first words, walking his first steps, beginning that first day at school—only to wake up one day to an empty home, wondering where the time went.

We can't wait to graduate, earn our degrees and begin our first job. Then, we're eager for the next, better job opportunity until we find ourselves pondering when we will finally save enough to retire.

Interestingly, when recording the life of righteous people, like Abraham and Sarah, the Torah uses the phrase, "zekeinim, baim bayomim—they were old, they entered many days." If they were old, isn't it obvious that they lived many days? The wording implies, however, that living many days isn't necessarily entering our days. We can will away our time, looking for the next prospect, or we can live in the moment, entering each of our days by experiencing them fully.

Similarly, in this week's Torah portion, we learn about how the Jewish people journeyed in the desert.

"Whether it was for two days, a month or a year, that the cloud lingered to hover over the Sanctuary, the children of Israel would encamp and not travel, and when it departed, they traveled. At the L-rd's bidding they would encamp, and at the L-rd's bidding they would travel." (Numbers 9:22-23)

Sometimes, they camped for weeks at a location; other times they remained for just a day. At every location, the Levites assembled the Sanctuary, including the wall sections, pillars, tapestries, furnishing and every one of its hundreds of foundation sockets. Several thousand Levites were needed for this formidable task.

Was it really necessary to assemble and disassemble the entire structure if they were to remain for only one day at a particular location?

The Rebbe explains that this teaches us that every one of our "stations" in life is significant. At times, we may feel that we are just at a waiting point, at a stage before the next, more meaningful phase. But every day, every moment—somehow, even those caught at the long supermarket checkout line—can be entered into and transformed into an opportunity for growth.

At every juncture, we need to assemble our own Sanctuary by finding a way, at this moment, to join heaven and earth.



NHBZ BBQ Night

Sunday, June 30

5:00 pm – 7:00 pm



BBQ Hamburger Plate \$12.00

BBQ Hot Dog Plate \$10.00

+ 2 Sides, Dessert and a Beverage

All food under the supervision of Rabbi Ze'ev Smason

Movies for kids on lower level
WE ACCEPT CREDIT CARDS



Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100

***Bring the
whole
Family!***



PROTECTING ISRAEL'S SECURITY

NHBZ and the St. Louis Friends of Israel Welcomes
You To An Evening With:

LT. COL. KEITH ISAACSON

Chief of Security for the Eshcol Region

Learn firsthand from Lt. Col. Isaacson the importance of security measures implemented to keep Israel's border communities safe from kite and balloon bombs, incendiary devices, mortars, rockets, and tunnels used by terrorist. Lt. Col. Isaacson has his finger on the pulse of threats to Israel along the Gaza border. He and his highly trained men are often the first on the scene of terrorists' attacks.

At Nusach Hari B'nai Zion

Tuesday July 16, 2019

7:30 pm





Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, hosted by Bruce & Faith Waxman

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP



NHBZ Sisterhood Presents Girls Night Out Movie Night

Coming to a Theater Near You

**Monday, July 8
6:30pm**



**at Mansions on the Plaza, 8300 Delmar Blvd.
Visitors may park at the main entrance circle or along
Delcrest Ave. Theater-goers meet in the Lobby by 6:30.**



Unstrung Heroes (1995), A 12-year-old (Nathan Watt) striving to cope with the impending death of his mother (Andie MacDowell) must leave her and his genius father (John Turturro) and live with his crazy uncles (Michael Richards, Maury Chaykin) who teach him the value of his own uniqueness in 1960s Los Angeles, in this coming-of-age comedy-drama directed by Diane Keaton.

\$10 per person

Includes Popcorn, Drinks & Snacks

[PAYMENT IN ADVANCE RESERVES YOUR SEAT]



Limited Seating

Contact Faith Waxman at

314-852-2527 or faithegw@gmail.com

RSVP Now ➡ to Reserve Your Seat



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



June 22: "OK or No Way? Small Talk with Strangers"

June 29: "Patience: Is It a Virtue or a Lost Opportunity?"

July 6: "Has Political Correctness Gone too Far?"

July 13: "Modern Technology: Are We Moving too Fast?"

July 20: "Religion vs. Spirituality - Is There a Difference?"

July 27: "What Happens Right After We Die?"