



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 20, 2019 ~ 17 Tammuz 5779

Candle Lighting 8:04 pm

Shabbat Ends 9:07 pm

Torah Portion: Balak Numbers 22:2 - 25:9
Haftorah: Micah 5:6 - 6:9

Chumash pages 856-875
Chumash pages 1189-1190

Our Sponsors:

Thank you to **David and Yitzchak Rubin** for sponsoring the apple pie and ice cream in celebration of his wife **Norma** becoming a United States Citizen. Congratulations Norma!

Thank you to **Jacob and Judy Levin** for enhancing the kiddush in celebration of their wedding anniversary.

Erev Shabbos, July 19

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, July 20

- Shabbat Services ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Rabbi Tzvi Perlman**
 - Haftorah: **Alan Haber**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Tzvi Perlman**
- Learners' Service ~ 9:30 am ~ led by **Stuart Klamen**
- Tot Shabbat and Junior Congregation ~ 10:00 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic: "Religion vs. Spirituality – Is There a Difference?"
- Mincha / Ma'ariv / Shalosh Seudos ~ 7:45 pm

This Week and Beyond

Minyan Times	Shabbos July 20	Sun. * July 21	Mon. * July 22	Tues. July 23	Wed. July 24	Thurs. July 25	Fri. July 26	Shabbos July 27
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:45 pm	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:35 pm

***Fast of Tammuz**

Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

**Happy Birthday to: Charlene Kass, Irene Schankman, Larry Freistein, Sandy Kahn,
Craig Feenberg and Benjamin Garmaise**

Anniversaries- Brian and Debbie Sher

Shabbat Greeters: Menachem Szus & Margo Tzadok

Why is NHBZ Writing a Sefer Torah?

Write this song for yourselves... (Deuteronomy 31:19)

The last of the 613 mitzvos is the obligation to write a sefer Torah. Recognizing that not every individual possesses the requisite skill to do so himself, one may employ another person to do so on his behalf. Nowadays, it's very common for people to sponsor letters, words or verses when their shul commissions a Torah scroll to be written. In this way, people can participate in the performance of this mitzvah. Our goal of 100% member participation in the NHBZ Sefer Torah Campaign!

- **Shabbos, July 27** ~ Welcome from Israel our **Scholar-in- Residence, Rabbi Hillel Van Leeuwen**, *Educational Director, Mizrahi World Movement*. Kiddush luncheon.
- **Sunday, July 21** ~ **Fast of Shiva Asar B'Tammuz**. Fast begins 4:41 am - fast ends 9:03 pm
- **Sunday, July 28** ~ **Pizza Night** ~ **5:00 -7:00 pm** ~ **\$12.00** ~ Bring your family and friends to enjoy a delicious all you can eat dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Please place your carry-out orders by 10:00 am on Sunday morning. Email orders preferred to jeff@nhbz.org (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext.2.
- **Shabbos, August 3** ~ Kiddush Luncheon sponsored by **Janet and Alan Haber in honor of all the Minyan Men** who attended minyan during this past year, allowing Kaddish to be said every day for our Dad, Sidney Weisberg.

Rabbi Smason will be out of town Sunday afternoon, July 21 returning Wednesday, July 24

~ Monument Dedications ~
Sunday, July 21
Chesed Shel Emes Cemetery on White Rd.
10:30 am for **Dr. Milton Tofle**.
11:00 am for **Lou Edelstein**.

Parshas Balak

This week's portion shifts from the Jewish people's travels in the desert to the story of Bilam, the anti-Semitic prophet who attempted to curse the Children of Israel. Hired by Balak, the king of Moav, Bilam embarks upon a journey to the Israelite encampment. An angel brandishing a sword blocks Bilam's path, causing his donkey to repeatedly swerve off the road. Unable to see the angel, Bilam responds by striking the donkey three times. Miraculously, G-d causes the donkey to speak to Bilam - shades of Mr. Ed, the talking horse in the 1960's TV show! Bilam's eyes are uncovered, and the humiliated prophet sees the angel standing in the path. The angel reminds Bilam that he may only speak the words that G-d places in his mouth. Upon arrival near the Jewish camp, Bilam repeatedly attempts to curse the people; each time G-d prevents him from doing so, but instead he ends up uttering several sets of praises, much to Balak's dismay. The Torah portion concludes with the Jewish men's debauchery with the promiscuous daughters of Moav and Midian, and the public immoral act of Zimri (a prince of the tribe of Simeon) with a Midianite princess. Pinchas, Aaron's grandson, zealously responds by piercing them to death with a spear, halting a plague from G-d which had broken out in the camp.

The Three Weeks

The Three Weeks is an annual mourning period that falls out in the summer. We mourn the destruction of the Holy Temple and our launch into a still-ongoing exile. The period begins on the 17th of the Hebrew month of Tammuz, a fast day that marks the day when the walls of Jerusalem were breached by the Romans in 69 CE. The Fast of the 17th of Tammuz is observed Sunday, July 21.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 27: "What Happens Right After We Die?"

August 3: "The Most Important Commandment Is _____"

August 10: "What to Say (and Not Say) When There Are No Words"

August 17: "Friends: Optional or Necessity?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~7:40 pm (after Minyan)~ 'Amud-of-the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

~ This Week's Torah Trivia ~

This Week's Question: Was Bilaam a real prophet (Navi)?

WE MAKE IT EASY FOR YOU TO SUPPORT THE SHUL

We have many ways to honor a friend, relative's simcha or loved one's memory

– at various giving levels. Our Shul depends on you to ensure we can maintain our building, plan events and ensure your, our and the Jewish community's strong future.

Sponsorships ~ Sponsor a Kiddush or Luncheon, Soda, Shalosh Seudos, this Bulletin, or Something Unique in honor of a special occasion, or in honor or memory of a loved one.

Tributes ~ Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes

Memorial Plaques ~ Memorial plaques are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$180 and \$360.

Amazon smile ~ We can receive 1/2 percent of each purchase that you make at no cost to you. Here's how: When you make a purchase do so through smile.amazon.com. Need help setting this up? No problem! Just call the office. After this, every time you make a purchase on smile.amazon.com, Amazon will **automatically donate** to our shul.



Scholar-In-Residence

Please Welcome From Israel

Rabbi Hillel Van Leeuwen

Educational Director, Mizrachi World Movement



Shabbos, July 27, 2019

Topics and Schedule:

- "What an IDF Medic in Lebanon Taught Me about Tisha B'Av " During Luncheon
- "An Israeli Perspective on the Three Weeks" Pre-Mincha
- " A Resource Called Intimacy - a Workshop with Cards" Rebbitzin Odeya van Leeuwen: (women only) Pre- Mincha
- "Witnessing Redemption: Some Humbling Thoughts" Seuda Shlisheet

~ Kiddush Luncheon ~



Torah Campaign Giving Levels

There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1. One complete book of the Five Books of the Torah..... \$5400

2. Beginning or ending verses of the Torah \$5000

3. Special Torah Selections \$2500

Suggestions:

Blessings for our Children

Shema Yisrael

The Ten Commandments

Az Yashir - Song at Splitting of the Sea

Birchat Kohanim - Priestly Blessings

Vayehi Binsoa - Prayer at the Ark Opening

Chazak - Final verse of one of the first 4 books

Hashem Hashem - G-D's 13 Attributes of Mercy

Your favorite or significant selection

4. Weekly Torah Portions(s) – Sedra(s)\$1800

5. Yom Tov / Special Holiday Torah Portion(s)\$1000

6. Torah Sections - Aliya/ot or Maftir.....\$540

Suggestion: Select one of the seven aliyot of a weekly Torah portion or the Maftir from a Bnai Mitzvot or wedding

7. Torah Verses – Pasuk(im)\$180

Suggestion: Select a verse that has a special meaning to you

8. Letter(s) in the Torah\$36

Suggestion: Select letters of a family name

The scribe always leaves a few letters of a new Torah incomplete so that he can finish them at a dedication ceremony. If you dedicate \$500 or more, you and your family will be entitled to 'inscribe' one of these unfinished letters (along with the scribe) at our dedication ceremony.



THE SISTERHOOD SCOOP

JULY



Volume 2

Number 28

17 Tammuz 5779

July 20, 2019

THE THREE WEEKS LOOKING FORWARD

Tisha b'Av (9th of Av) is the day we mourn the destruction of the first and second Temples. It is also a time when we remember the suffering and tragedies that have affected the Jewish nation in the last two thousand years of exile.

The Talmud relates that the great Rabbi Akiva and some of his colleagues visited the Temple Mount shortly after the Temple was destroyed. When they arrived, an animal was coming out of the spot that was previously the most holy area. Seeing this painful sight the rabbis began to cry. Except Rabbi Akiva, who began to laugh. Confused, the others questioned the cause of Rabbi Akiva's happiness. He explained: "In the writings of the prophets we read of two prophecies—one of destruction, and the other of hope and ultimate redemption. As I stand here and witness the fulfillment of the first prediction I am confident that second will also take place."

One explanation of this episode gives us a perspective on how to approach painful and challenging experiences. People unfortunately face challenges on many levels—minor setbacks, relationship breakdowns, sickness, loss of loved ones or suffering. Whatever the experience is, this Talmudic story teaches that there are two critical components to the healing process. On the one hand we can and should cry, grieve, and mourn. Indifference to challenge or suffering reflects insensitivity. Suppressing our emotions is unhealthy. We should be sensitive to our own and other's pain and beg G-d to bring salvation. On the other hand, Rabbi Akiva taught that we possess the ability to move on, let go and look forward with hope, strength and optimism. After we grieve or cry we leave the world of sorrow and move into the world of action, doing whatever possible to create a better tomorrow. Rabbi Akiva's laughter was not a naive view of the destruction around him—he too felt the pain. Rather it was a declaration of hope, resilience, faith and feeling of certainty that there will be a better future.

Every Tisha b'Av we mourn for the long exile and our history of oppression and persecution. But the very next day, the period of mourning comes to an end and we focus on the future with hope and belief that soon Tisha b'Av will be transformed into a day of happiness; with the final redemption—may it take place soon. -by Michael Gourarie



"Hats off" to the planning committee for Sisterhood's 4th Annual Dine 'N' Style Fashion Show & Luncheon



New this year: **Linda's Hats from Chicago**

Sisterhood's 4th Annual Dine 'N' Style Fashion Show & Luncheon
'A WORLD OF FASHION'
Sunday August 18

- * New Fall Fashions from *Orli's Boutique* + Sale Bash!
- * International Luncheon
- * Lots of Shopping!



~ REGISTRATION NOW OPEN ~

\$27 per person

\$22 for NHBZ Sisterhood Members

Add \$2 transaction fee if paying by credit card

RSVP by August 12 – 314-991-2100, ext.3 or FashionShow@nhbz.org

For more info: Terri Schnitzer – 314-518-4107 or terrischnitzer@yahoo.com

Proceeds benefit
 'Passport to Israel'

MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

☆ **4th Annual Dine 'N' Style Fashion Show, Luncheon & Shopping! – Sun., August 18**
OUR BIGGEST EVENT OF THE YEAR!

☆ **Next Book Club book: *Lift and Separate: A Novel*, by Marilyn Simon Rothstein**
 – Monday, **August 26, 7:15-8:45PM**

☆ **Craft Central Art Project 'Stained Glass Star of David' – Wed., Sept. 18, 6:00-8:30PM**

☆ **JFedStL Women's Philanthropy: 'L'Chaim!' w/ Edie Lutnick – Tues, Sept. 24 at 6:15 PM**
 Join NHBZ Sisterhood at the Ritz-Carlton!

The Lubavitcher Rebbe urged that the Three Weeks should be a time of increased giving of charity and Torah study—"Zion shall be redeemed by law, and her returnees by charity" (Isaiah 1:27)—particularly the study of those portions of Torah that deal with the laws and the deeper significance of the Holy Temple.



NHBZ Sisterhood presents the 4th Annual

DINE 'N' STYLE Fashion Show & Luncheon 'A WORLD OF FASHION'

featuring...

- * Sale Bash & New Fall Fashions from *Orli's Boutique*
- * International Luncheon
- * Lots of Shopping—including *Linda's Hats from Chicago*

Sunday, August 18, 2019

SHOPPING OPEN:
10:00AM-NOON
1:30PM-3:30PM

Nusach Hari B'nai Zion
650 North Price Road, Olivette
for women only

PROGRAM STARTS
AT 11:45AM
LUNCH AT NOON



\$27 per person

\$22 for NHBZ Sisterhood Members
Add \$2 processing fee if paying by credit card

Proceeds benefit
'Passport to Israel'
program

~ REGISTRATION NOW OPEN ~

RSVP by August 12 – call 314-991-2100, ext. 3

for more info contact: *Terri Schnitzer* at 314-518-4107, terrischnitzer@yahoo.com

07/15/2019



Pizza Night

Sunday, July 28

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Shabbat Children's Programming

On Shabbat

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



The 11th Annual Rabbi•Ride•Around



The 2019 Ride – The NHBZ fundraiser for continuing Jewish programming and in celebration of Rabbi Smason's 500 miles and his selfless commitment to the community. **Please join us!**

Sunday, Aug. 25, 2019 • Forest Park, Shelter 8
Come join the Rally, Picnic and Fun
as NHBZ's congregants and friends give back and ride
50 miles around Forest Park to honor Rabbi Smason.

The Ride starts at 10:00 AM

FREE Lunch at 12:00 Noon, while it lasts.

Raffle drawing and auction at 1:00 PM,

Way Cool Balloons, face painting,

Origami, a Chinese auction & more!

Call Jeff @ the NHBZ office

314-991-2100 to sign up, sponsor or
volunteer! ...



RIDE / BE A PER-MILE SPONSOR / JOIN US FOR THE RALLY & PICNIC



This Year's Rabbi Ride Around is dedicated to the memory of Estelle Levin (z'l)