



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 24, 2019 ~ 23 Av 5779

Candle Lighting 7:27 pm

Shabbat Ends 8:28 pm

Torah Portion: Eikev
Haftorah:

Deuteronomy 7:12 - 11:25
Isaiah 49:14 - 51:3

Chumash pages. 980-997
Chumash pages 1197-1199

Our Sponsors:

Thank you to **David & Norma Rubin** for sponsoring the bulletin in celebration of their anniversary!
Thank you to **the NHBZ Sisterhood** for providing the food for kiddush this week in celebration of the huge success of their Fashion Show.

Erev Shabbos, August 23

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, August 24

- Shabbat Services ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Shmuel Anton**
 - Haftorah: **Kenny Bressler**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Shmuel Anton**
- Learners' Service ~ 9:30 am ~ led by **Stuart Klamen**
- Babysitting and Junior Congregation ~ 10:00 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic: "If You Were Guaranteed a Truthful Answer to ONE Question, What Would It Be?"
- Mincha / Ma'ariv /Shalosh Seudos ~ 7:00 pm

This Week and Beyond

Minyan Times	Shabbos Aug 24	Sun. Aug 25	Mon. Aug 26	Tues. Aug 27	Wed. Aug 28	Thurs. Aug 29	Fri. Aug 30	Shabbos Aug 31*
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:55 pm

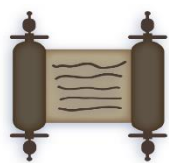
*Rosh Chodesh

**Happy Birthday: Jonathan Yasinev, Dodi Smason, Brigitte Rosenbluth
Daria Rosenbluth and Daniel Shanker**

Anniversaries: Jesse & Debbie Barash

Greeters: Don & Julie Eisenberg

- **Sunday, August 25 ~ The Rabbi Ride Around ~ 10:00am**
- **Sunday, August 25 ~ Pizza Night**
- **Tuesday September 2 ~2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin** facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women
- **Monday, September 9 ~ 7:45 pm ~ Home Discussion Group topic: Rosh Hashanah & Yom Kippur** hosted at the home of **Amy & Denny Feit**. RSVP for address 991-2100 Ext. 2
- **Tuesday, September 10 ~ Yizkor Book of Remembrance** listings due. Call the office for help.
- **Shabbos, September 14 ~ Synaplex ~ speakers TBA**
- **Shabbos, September 14~ Family Shalosh Seudos** with speaker Rabbi Eisenberg of the St. Louis Kollel.
- **Sunday, September 15 ~ SAVE THE DATE ~ Elegant BBQ Dinner ~ *LOW & SLOW*** smoked beef ribs, brisket and chicken. Full course dinner. RSVP only.
- **Wednesday, September 18 ~ NHBZ Sisterhood ~ Craft Central Art Project ~ create your own Star of David from stained glass..**



Need help choosing which Torah sections may be appropriate for you or your family? Call Rabbi Smason at 314-991-2100. He would be happy to help!

Rabbi Ride Around ~ We are honoring Rabbi Smason for his past 10 years (500 miles) and his everlasting commitment to our shul and the Jewish community. The picnic is going to be spectacular this year; you won't want to miss out! We have a great event planned with 14 Riders raring to go and you can spot them by their blue RRA t-shirts!!! Anyone can ride, however! There will be a silent auction AND a Chinese raffle with attendance prizes for adults and kids! Way cool balloons, professional face painting, Origami, and a free lunch! What more can you ask for? Please call Jeff or Laura in the office to make your Pledge. It's never too late to pledge! Please pledge generously!

Thank you to our Rabbi Ride Around sponsors: *Lenny & Fran Alper, Dr. Faye and Brian McCary, Jerry & Fran Cohen, Denny & Amy Feit, Bob & Joni Kaiser, Ed & Helayne Levitt, Dr. Daniel & Marcela Morgensztern, Jay & Peggy Umansky, Libby Routman, Lana Weinbach, Leonid & Stella Vladimirov, Richard & Mindy Woolf, Jim & Linda Conrady and Alan & Janet Haber*

The Shabbat Buddy System

As announced last Shabbat, NHBZ is forming a buddy system for those who would like to have a "buddy" help guide them through the Siddur and Chumash during services. We are looking for those who can serve as the "Buddy" and those looking for assistance. Please contact Alan Zarkowsky through the office at 991-2100.

Parshas Eikev

Moses continues to encourage the Children of Israel to trust in G-d and in the prosperity and health which will follow if they keep the Torah. If they are careful to observe even those 'minor' mitzvos that

are usually 'trampled' underfoot, he promises that they will be the most blessed of the nations of the Earth. Moses reminds them of their numerous transgressions in the desert, including the mystifying sin of the Golden Calf. Moses describes the bountiful Land of Israel filled with wheat, barley, grapes, figs and pomegranates, a land of oil-yielding olives and date-honey.

He teaches the people the second paragraph of the Shema which stresses the fundamental doctrine of reward for keeping the mitzvos and the consequences of non-compliance. All that G-d requires of us, Moses says, is to love G-d, revere Him, and to observe His Torah. Easier said than done! Parshas Eikev concludes with the promise that G-d will provide the Jewish people with protection if they observe the laws of the Torah. Many are familiar with the famous phrase (found in this week's portion), "Man does not live by bread alone." The less-familiar second half of the verse says, ". . . but by all that comes from the mouth of G-d." This important idea teaches that physical nourishment and external pleasures aren't sufficient for a satisfied life. Every human being has spiritual needs that must also be met.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

August 24: "If You Were Guaranteed a Truthful Answer to ONE Question, What Would It Be?"

August 31: Walking Life's Tightrope: How Can We Balance Priorities?"

September 7: "Ideas That Can Change Your Life"

September 14: "Making the Most of Criticism"

September 21: "Do You Believe in Angels?"

September 28: "A New Year: Where Should You Begin?"

October 5: "What Excuses Are Holding You Back?" (Yom Kippur)

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ 7:40 pm (after Minyan) ~ 'Amud-of-the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

~ This Week's Torah Trivia ~

Last Week's Question: What is so special about this Parsha that everyone should listen to it?

Answer. The Aseret Hadibrot are restated here. These are the 10 Declarations commonly misnamed as the 10 Commandments.

This Week's Question: A very famous saying comes from this parsha that is even used today. What is it?

- **Check your email** and respond to the **NHBZ Yizkor Book of Remembrance** listing for this coming Yom Kippur and Yizkor services.
- **If you know of anyone** who would like to receive the NHBZ Shabbat bulletin, please send their email to the office.
- **Rabbi's Sermon** ~ To receive an email edited version of Rabbi Smason's sermon please contact Rabbi Smason at pepshort613@gmail.com



The 11th Annual Rabbi•Ride•Around



The 2019 Ride – The NHBZ fundraiser for continuing Jewish programming and in celebration of Rabbi Smason's 500 miles and his selfless commitment to the community. **Please join us!**

Sunday, Aug. 25, 2019 • Forest Park, Shelter 8
Come join the Rally, Picnic and Fun
as NHBZ's congregants and friends give back and ride
50 miles around Forest Park to honor Rabbi Smason.

The Ride starts at 10:00 AM

FREE Lunch at 12:00 Noon, while it lasts.

Raffle drawing and auction at 1:00 PM,

Way Cool Balloons, face painting,

Origami, a Chinese auction & more!

Call Jeff @ the NHBZ office

314-991-2100 to sign up, sponsor or
volunteer! ...



RIDE / BE A PER-MILE SPONSOR / JOIN US FOR THE RALLY & PICNIC



This Year's Rabbi Ride Around is dedicated to the memory of Estelle Levin (z'l)



Pizza Night

Sunday, August 25

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





THE SISTERHOOD SCOOP AUGUST

Volume 2

Number 33

23 Av 5779

August 24, 2019

BOOK CLUB NEWS

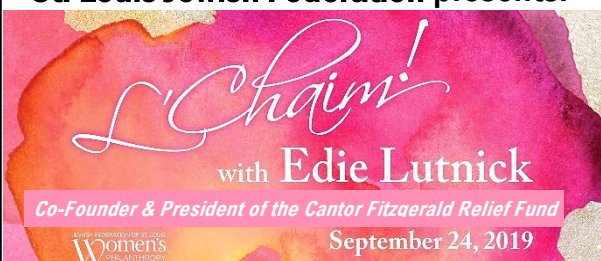
The next meeting of the NHBZ Sisterhood Book Club will be **Monday, August 26, 7:15-8:45 PM** at the home of Fran Alper. The book is: **"Lift and Separate: A Novel,"** by Marilyn Simon Rothstein. It's a light, amusing novel about overcoming life's setbacks. Discussion leader will be *Terri Schnitzer*.

Looking ahead, the Book Club will discuss **"Waking Lions,"** by Ayelet Gunnar-Goshen at the **October 28** Book Club meeting.



All women are welcome!
For more info contact:
Terri Schnitzer- 314-518-4107
terriscnitzer@yahoo.com

Women's Philanthropy
St. Louis Jewish Federation presents:



"L'CHAIM! An evening of celebration, community, and giving"

Tuesday, September 24

The Ritz Carlton, St. Louis

Sisterhood is representing NHBZ in support of Women's Philanthropy. Register online at:
www.jfedstl.org/lchaim2019

Ask to be seated at the NHBZ table

MARK YOUR CALENDARS

SAVE THE DATE ★ SAVE THE DATE ★ SAVE THE DATE

★ **Next Book Club book: *Lift and Separate: A Novel*, by Marilyn Simon Rothstein**
– **This Monday, August 26, 7:15-8:45PM**

★ **Craft Central Art Project – Create your own 'Stained Glass Star of David' – benefitting NHBZ's Torah Campaign – Wed., Sept. 18, 6:00-8:30PM – SPACE IS LIMITED – RSVP BY 9/13**

★ **JFedStL Women's Philanthropy: 'L'Chaim!' w/ Edie Lutnick – Tues, Sept. 24 at 6:15 PM**

Sisterhood's 4th Annual Dine 'N' Style Fashion Show & Luncheon

'A WORLD OF FASHION' was a WORLD OF FUN



Thanks to all our Models, Vendors, and Volunteers!



Some of our lovely models: Debbie Barash, Devy Goldenberg, Linda Shore, Faith Waxman

Eikev / Assuming the Blame

[Moses said to the Jewish people, "When I saw that you had made the Golden Calf,] I grasped the two tablets and hurled them from my two hands, shattering them before your eyes." Deuteronomy 9:17

Moses was already carrying the two tablets, so he had no need to "grasp" them in order to break them. He grasped them as a gesture of ownership; he wanted to acquire them as his own personal property in order to assume the full blame for breaking them.

We see here Moses' selfless devotion to the Jewish people. Not only did he break the tablets in order to "destroy the evidence" of the Jewish people's covenant with G-d that they had just broken. Not only was he willing to give up his life in order that G-d forgive the Jewish people. He even took upon himself the blame for breaking the tablets. And let us recall that Moses had absolutely no part in the incident of the Golden Calf – he was not even "guilty" of not trying to prevent it, since he was not present when it took place!

Moses' example is a lesson for all of us, for we are all leaders. We all are responsible for each other – whether in the circle of the family, of our friends, of our associates, of the Jewish people, or of all humanity. We should be ready and willing to give up whatever necessary – our resources, our reputations, even our lives – in order to ensure the survival of the Jewish people and the furtherance of our Divine mission to transform the world into G-d's true home.

– from the Lubavitcher Rebbe; Translated and Adapted by Moshe Wisniefsky

Sisterhood's 4th Annual **DINE 'N' STYLE** Fashion Show & Luncheon 'A WORLD OF FASHION' was a **'A World of Fun'!**

THE MODELS...



Four generations of Models: Phyllis Loiterstein, Tami Klayman, Debbie Farnell, and Kate & Molly



Lisa Weiss
Joyce Hochberg
Phyllis Loiterstein
Kate Farnell
Debbie Farnell
Molly Farnell
Tami Klayman
Debbie Barash
Devy Goldenberg
Linda Shore
Faith Waxman
Sandy Greenberg
Victoria Del Castillo
Erika Del Castillo
Carla Del Castillo
Fran Hoffman

THE COMMITTEE



Terri Schnitzer*
Fran Alper
Joanna Alper
Teree Farbstein
Amy Feit
Sally Katz
Helayne Levitt
Chani Smason
Trudy Sudin



Model daughters and Mom! Erika and Victoria Del Castillo and Carla Del Castillo

THE VENDORS

Glasswork by Sallie Volotzky
Gifts and More – Charlene Eidelman
LHM Creative Design – Linda Marcus
Motek – Bar Rodin
Orna Dar – Israeli jewelry
Orli's Boutique – Orli Axelbaum
Linda's Headquarters, Skokie, IL
LindasHats@gmail.com 877.279.0295

Amy Feit serves up a Hilarious History of Hats!





Craft Central Art Project

benefitting NHBZ's Torah Campaign

**NHBZ Sisterhood Presents
a Stained Glass Workshop**

Create your own

Stained Glass *Star of David*

**Wednesday, September 18
6:00 -8:30 pm**

**at Craft Central
8500 Delmar**

Hosted by our own Lisa Gellman

\$36 donation per person

Add \$2 processing fee if paying by credit card



RSVP by Friday, September 13

call 314-991-2100-ext. 3 ~ email: sisterhood@nhbz.org

Space is limited ~ Open to NHBZ Sisterhood Members Only

Not yet a Sisterhood Member?

Annual Membership is \$25 ~ RSVP and join Sisterhood to attend Craft Central!





Torah Campaign Giving Levels

There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1. **One complete book of the Five Books of the Torah**..... **\$5400**
2. **Beginning or ending verses of the Torah** **\$5000**
3. **Special Torah Selections** **\$2500**

Suggestions:

Blessings for our Children

Shema Yisrael

The Ten Commandments

Az Yashir - Song at Splitting of the Sea

Birchat Kohanim - Priestly Blessings

Vayehi Binsoa - Prayer at the Ark Opening

Chazak - Final verse of one of the first 4 books

Hashem Hashem - G-D's 13 Attributes of Mercy

Your favorite or significant selection

4. **Weekly Torah Portions(s) – Sedra(s)** **\$1800**
5. **Yom Tov / Special Holiday Torah Portion(s)** **\$1000**
6. **Torah Sections - Aliya/ot or Maftir** **\$540**

Suggestion: Select one of the seven aliyot of a weekly Torah portion or the Maftir from a Bnai Mitzvot or wedding

7. **Torah Verses – Pasuk(im)** **\$180**

Suggestion: Select a verse that has a special meaning to you

8. **Letter(s) in the Torah** **\$36**

Suggestion: Select letters of a family name

The scribe always leaves a few letters of a new Torah incomplete so that he can finish them at a dedication ceremony. If you dedicate \$500 or more, you and your family will be entitled to 'inscribe' one of these unfinished letters (along with the scribe) at our dedication ceremony.

List the specific name, number or letter of your selection(s)

1. Book(s) of the Torah _____
2. Beginning or Ending Verse(s) of the Torah _____
3. Special Torah Selection(s) _____
4. Weekly Torah Portion(s) _____
5. Yom Tov Torah Portion(s) _____
6. Torah Section(s) _____
7. Torah Verse(s) _____
8. Letter(s) _____

Specify the text of your dedication(s)

Ex: The Book of Bereishis is dedicated in memory of my father Chaim Yenkel by Motke Habad and family

CREDIT CARD FORM * indicates required fields

Name on Card *: _____ Date: _____

Address: _____

City/State: _____ *Zip Code*: _____

Phone * : _____

Email * : _____

Amount * : \$ _____

Purpose: _____

Credit Card: ☐MasterCard ☐Visa ☐Discover ☐AmEx

Credit Card Number * : _____

Expiration Date * : _____ 3-Digit Code * : _____



New Year Greetings

fundraiser

The NHBZ Sisterhood
wishes you and your loved ones
Health, Happiness & Prosperity in the New Year

**Our Sisterhood invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family.**

Make your check payable to NHBZ,
and write '*Sisterhood Greeting*' on the memo line.
(\$5 *minimum donation, please* – *no maximum!*)

Names will be published in the 5780 Rosh Hashanah Bulletin.

Send your contribution, along with the form below, **by Sept. 16** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

Or, you may email your greeting information directly to laura@nhbz.org

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT. 3

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5780 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ (*\$5 per name minimum – no maximum!*)

Please list my name(s) as follows:



Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



September 7: "Ideas That Can Change Your Life"

September 14: "Making the Most of Criticism"

September 21: "Do You Believe in Angels?"

September 28: "A New Year: Where Should You Begin?"

October 5: "What Excuses Are Holding You Back?" (Yom Kippur)

October 12: "What Does It Mean to Live a Happy Life?" (Sukkot)

October 19: "Great Ideas Judaism Gave the World" (Simchas Torah)

October 26: "The Naked Truth: Relationship Lessons from Adam & Eve"

HELP MAKE THE SHUL SUKKAH BEAUTIFUL!

SUKKAH DECORATION CONTEST

FOR AGES
0-10 YEARS

STEP 1: MAKE A SUKKAH DECORATION
(MAKE SURE YOUR NAME IS ON IT)

STEP 2: DROP IT OFF BY THE SHUL OFFICE

(NO LATER THAN MONDAY, OCTOBER 7, 2019)

STEP 3: WIN A PRIZE!



ALL
DECORATIONS
WILL BE
DISPLAYED IN
THE SHUL
SUKKAH!

YIZKOR

Each year before Yom Kippur, NHBZ offers two ways to memorialize your loved ones. You can list their names in our annual **Book of Remembrance** and you can add their names to the **List of Names Read Aloud** during the recitation of the Yizkor prayer, or both.

We are starting to work on the Book of Remembrance now and ask that you complete the enclosed form and **return it us by September 10th**. You may also call Jeff at 991-2100 Ext. 2 or email jeff@nhbz.org to complete your form.

We request a \$10 donation for each name listed (or group of names such as “and family” in the **Book of Remembrance**, and an additional \$36 donation for each **Name Read Aloud** during Yizkor. The Book of Remembrance is used throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot, after which you may take one home.

If you have email, you should have received an email announcement containing this same letter with a link to the **2018 Book of Remembrance** if you wish to review the names you listed last year.

2019 / 5780 NHBZ Book of Remembrance & List of Names Read Aloud

Your Name _____

1. BOOK OF REMEMBRANCE for Yizkor ~ \$ 10.00 per name

Enclosed is my donation of \$_____ to have the following names inscribed in the new **BOOK OF REMEMBRANCE** to be used for Yizkor Services on Yom Kippur, Shemini Atzeres, Pesach & Shavuot.

To list the SAME NAMES AS LAST YEAR, check here _____

Names for Book of Remembrance (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____

2. NAMES TO BE READ ALOUD During Yizkor ~ \$36.00 per name

Enclosed is my donation of \$_____ to have the following names **READ ALOUD** during Yizkor Services on Yom Kippur, Shemini Atzeres, Pesach and Shavuot.

To read the SAME NAMES AS LAST YEAR, check here _____

Names to be Read Aloud during Yizkor (add additional names on back)

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____