



# Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

August 10, 2019 ~ 9 Av 5779

Candle Lighting 7:45 pm

Shabbat Ends 8:47 pm

Torah Portion:

Deuteronomy 1:1 - 3:11

Chumash pages 938 - 957

Haftarah:

Isaiah 1: 1-27

Chumash pages 1195 - 1196

## Our Sponsors:

Thank you to **Joni and Bob Kaiser** for sponsoring the bulletin to welcome their children **Hannah, Lee** and **Nesya Mirowitz** from Israel.

Thank you to **Leo Bressler, Kenny & Barb Bressler, Menachem Szus, Micky Szus, and Larry & Risa Bressler** for greatly enhancing the Kiddush in honor of **Linda Szus**.

## ~ Shabbos Chazon ~

### Erev Shabbos, August 9

- Mincha & Ma'ariv ~ 7:00 pm

### Shabbos, August 10

- Shabbat Services ~ 9:00 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Jacob Horn**
  - Leyning:
  - Haftarah: **Alan Haber**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Menachem Szus**
- Learners' Service ~ 9:30 am ~ led by **Stuart Klamen**
- Tot Shabbat and Junior Congregation ~ 10:00 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic "What to Say (and Not Say) When There Are No Words"
- Mincha ~ 1:45 pm Ma'ariv ~ 9:15 pm (Shalosh Seudos at home)
- Tisha B'Av ~ Reading Eicha (Book of Lamentations) : **Larry Reisler, David Rubin, Menachem Szus, Rabbi Smason**

### This Week and Beyond

Minyan Times	Shabbos Aug 10*	Sun. Aug 11**	Mon. Aug 12	Tues. Aug 13	Wed. Aug 14	Thurs. Aug 15	Fri. Aug 16	Shabbos Aug 17
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	1:45 pm	7:30pm^	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:10 pm

\* Erev Tisha B'Av - Ma'ariv only at 9:15 pm

\*\* Tisha B'Av

^ Note time change

**Happy Birthday to: Jason Klarfeld, Matthew Rosenbluth, Jennifer Rosenbluth, Isaac Amon, Judy Ziegelman, Bobby Levine, Michael Morgensztern and David Rubin**

**Anniversaries-Larry & Shirley Hollander and Robert & Sandra Abrams**

**Shabbat Greeters- Dr. Craig Berkin and Kenny Bressler**

**Tisha B'Av, the 9th day of the month of Av**, is the saddest day on the Jewish calendar, on which we fast and pray. It is the culmination of the Three Weeks, a period of time during which we mark the destruction of the Holy Temple in Jerusalem, and it is also the date that many other tragedies befell our people. The fast of Tisha B'Av begins at sunset of the previous evening. At ma'ariv (the evening service) we gather in the synagogue to read Eicha, the Book of Lamentations. Besides fasting, we abstain from additional pleasures: washing, applying lotions or creams, wearing leather shoes, and marital relations. Until midday, we sit on the floor or on low stools.

One may not eat or drink after 8:00 pm on Shabbos, Aug. 10 Fast ends: 8:43 P.M., Sunday, Aug. 11

- **Sunday August 11 ~ 2:00 pm ~ Rabbi Ze'ev Smason** will lead a discussion at the The Holocaust Museum & Learning Center following the screening of *"Defying the Nazis: The Sharps' War"* a 2016 documentary directed by Ken Burns and Artemis Joukowsky
- **Shabbat, August 17 ~ Shabbat with guest Rabbi Dovid Rimmer.** Kiddush luncheon by **Julie Eisenberg** to celebrate her birthday!
- **Sunday, August 18 ~ NHBZ Sisterhood** presents 'A World of Fashion' luncheon and fashion show with vendors for shopping. See the flyer in this bulletin. RSVP by August 12.
- **Sunday, August 25 ~ The Rabbi Ride Around** ~ check the details in the flyer! Consider being a sponsor for the RRA for a donation of \$100.00.
- **Sunday, August 25 ~ Pizza Night**

**Rabbi Ride Around** ~ We are honoring Rabbi Smason for his past 10 years (500 miles) and his everlasting commitment to our shul and the Jewish community. The picnic is going to be spectacular this year; you won't want to miss out! We have a great event planned with 14 Riders raring to go and you can spot them by their blue RRA t-shirts!!! Anyone can ride, however! There will be a silent auction AND a Chinese raffle with attendance prizes for adults and kids! Way cool balloons, professional face painting, Origami, and a free lunch! What more can you ask for? Please call Jeff or Laura in the office to make your Pledge. Please pledge generously!

**Thank you to our Rabbi Ride Around sponsors so far: Dr. Faye and Brian McCary, Jerry & Fran Cohen, Denny & Amy Feit, Bob & Joni Kaiser, Ed & Helayne Levitt, Dr. Daniel & Marcela Morgensztern, Jay & Peggy Umansky, Libby Routman, Lana Weinbach, Leonid & Stella Vladimirov and Jason & Nicole Loiterstein**

### **The Shabbat Buddy System**

As announced last Shabbat, NHBZ is forming a buddy system for those who would like to have a "buddy" help guide them through the Siddur and Chumash during services. We are looking for those who can serve as the "Buddy" and those looking for assistance. Please contact Alan Zarkowsky through the office at 991-2100.

### **Parshas Devarim**

This week we begin the fifth and final book of the Torah, Deuteronomy. This book is also called Mishna Torah, "Repetition of the Torah" - thus the Greek title 'Deuteronomy.' Its contents were spoken by Moses to the Jewish people during the final five weeks of his life as the people prepared to

cross the Jordan River into the land of Israel. A central theme of Deuteronomy is Moses' review of the mitzvos, and his emphasis on the change of lifestyle the Jewish people were to undergo. The transition was to be made from a supernatural existence in the desert to a natural life to be experienced in the Land of Israel.

The portion begins with Moses' veiled rebuke in which he makes reference to the many sins and rebellions of the past forty years. Moses spends significant time discussing the failed mission of the spies; ten of the twelve men sent to scout out the land returned with a bad report, resulting in the entire nation wandering in the desert for forty years. Moses later discusses the Children of Israel's conquest on the eastern bank of the Jordan River. This Torah portion concludes with words of encouragement for Moses' successor, Joshua.

## **Shabbos Chazon**

The Shabbos preceding the observance of the fast of the Ninth of Av is called *Shabbos Chazon*—“Shabbas of the Vision.” This Shabbos' reading from the Prophets begins with the words *Chazon Yeshayahu*, the “vision of Isaiah” regarding the destruction of the Holy Temple. The legendary chassidic master Rabbi Levi Yitzchak of Berdichev said that on this special Shabbos, every Jewish soul is shown a vision of the third Holy Temple. The purpose of this vision is to arouse within every Jew a yearning to actually see this edifice which will be built by G-d, and to do as many mitzvos as possible in order to realize this dream. While this vision may not be sensed with the physical eyes, the soul certainly experiences this vision, and it affects the person on the subconscious level.

There is no mourning on Shabbos, and eating meat and drinking wine is permissible. Though the observance of Tisha B'av begins on Motzei Shabbos (Saturday night), one should neither eat nor drink after 8:00 P.M. on Shabbos, Aug. 11.

## **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm** ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

August 17: "Friends: Optional or Necessity?"

August 24: "If You Were Guaranteed a Truthful Answer to ONE Question, What Would It Be?"

August 31: Walking Life's Tightrope: How Can We Balance Priorities?"

**Every Shabbos** ~ Tanach (Bible) Study (3/4 hour before Mincha)

**Every Sunday** ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

**Every Monday** ~7:40 pm (after Minyan) ~ ‘Amud-of-the Week’ with Rabbi Perlman (for men only)

**First Tuesday of each Month** ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

## **~ This Week's Torah Trivia ~**

**Last Week's Question:** Masai speaks of the cities of refuge. How many were initially established and what was their purpose?

**Answer:** Six cities of refuge. Three on either side of the Jordan River. They served as places of protection for inadvertent murderers. They were managed by the Leviim

**This Week's Question:** Devarim means words. In English the 5th book is called Deuteronomy . Why?





### **JULIE EISENBERG IS CELEBRATING HER 60TH BIRTHDAY**

In honor of my mother, JoAnn Raskas, who has taught me the value of cherished friendships and with gratitude to Hashem for my 60th birthday, I would love to invite everyone to join me for a Shabbos Celebration on Shabbat, Aug 17th. 2019. I just ask that you RSVP to the shul so I will know how many beautiful souls to expect.

10:15 am – 11:00am Small Group with Rabbi Smason on The Value of Friendship

11:15 am - Inspirational Message given by the visiting Rabbi Dovid Rimmer

12:15 pm - Kiddush Luncheon with Keynote Speaker Rebbetzin Chani Smason on the blessing of Love and Family



# Welcome to the Rimmers!

***Rabbi Dovid and Rebbetzin Faiga Rimmer***

***as they explore an opportunity with NHBZ  
as Young Family Engagement Coordinators***

Rabbi Rimmer comes to us through the Jerusalem Kollel with the goal of enriching the lives of Jews through education and comradeship, connecting and sharing with others, and building positive and enriching relationships. He and his wife, currently residing in Israel, have been actively involved in a wide range of communal endeavors.



**Shabbos, August 17, 2019**



9:00 am **Traditional Services** – in the sanctuary

10:15 am **Starting Points** – in the chapel "Friends: Optional or Necessity?" *led by Rabbi Ze'ev Smason*

**11:15 am – Drasha/Sermon**

***by Rabbi Dovid Rimmer***

***"Comfort and Consolation as G-d's Children"***

~ Kiddush Luncheon in celebration of Julie Eisenberg's birthday ~

Rabbi Rimmer will give a *shiur* (presentation) at 6:15 pm prior to Mincha on: ***Shabbat : "An Understanding Through Jewish Texts"*** and during Shalosh Seudos after Mincha on: ***"Contemplating Borders"***

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# NHBZ Sisterhood presents the 4th Annual

## DINE 'N' STYLE Fashion Show & Luncheon 'A WORLD OF FASHION'

featuring...

- \* International Luncheon
- \* Sale Bash & New Fall Fashions from *Orli's Boutique*
- \* Lots of Shopping—including *Linda's Hats from Chicago*

### Sunday, August 18, 2019

SHOPPING OPEN:  
10:00AM-NOON  
1:30PM-3:30PM

**Nusach Hari B'nai Zion**  
650 North Price Road, Olivette  
*for women only*

PROGRAM STARTS  
AT 11:45AM  
LUNCH AT NOON



Live Music by  
Howard Sandler!

**\$27 per person**  
**\$22 for NHBZ Sisterhood Members**  
Add \$2 processing fee if paying by credit card

Proceeds benefit  
'Passport to Israel'

**REGISTRATION NOW OPEN ~ RSVP by Aug. 12**  
**314-991-2100, ext.3 or [FashionShow@nhbz.org](mailto:FashionShow@nhbz.org)**

for more info contact: *Terri Schnitzer* at 314-518-4107, [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)

07/30/2019



# Torah Campaign Giving Levels

There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1. **One complete book of the Five Books of the Torah**..... **\$5400**
2. **Beginning or ending verses of the Torah** ..... **\$5000**
3. **Special Torah Selections** ..... **\$2500**

Suggestions:

Blessings for our Children

Shema Yisrael

The Ten Commandments

Az Yashir - Song at Splitting of the Sea

Birchat Kohanim - Priestly Blessings

Vayehi Binsoa - Prayer at the Ark Opening

Chazak - Final verse of one of the first 4 books

Hashem Hashem - G-D's 13 Attributes of Mercy

Your favorite or significant selection

4. **Weekly Torah Portions(s) – Sedra(s)** ..... **\$1800**
5. **Yom Tov / Special Holiday Torah Portion(s)** ..... **\$1000**
6. **Torah Sections - Aliya/ot or Maftir** ..... **\$540**

Suggestion: Select one of the seven aliyot of a weekly Torah portion or the Maftir from a Bnai Mitzvot or wedding

7. **Torah Verses – Pasuk(im)** ..... **\$180**

Suggestion: Select a verse that has a special meaning to you

8. **Letter(s) in the Torah** ..... **\$36**

Suggestion: Select letters of a family name

***The scribe always leaves a few letters of a new Torah incomplete so that he can finish them at a dedication ceremony. If you dedicate \$500 or more, you and your family will be entitled to 'inscribe' one of these unfinished letters (along with the scribe) at our dedication ceremony.***





# The 11th Annual Rabbi•Ride•Around



The 2019 Ride – The NHBZ fundraiser for continuing Jewish programming and in celebration of Rabbi Smason's 500 miles and his selfless commitment to the community. **Please join us!**

**Sunday, Aug. 25, 2019 • Forest Park, Shelter 8**  
**Come join the Rally, Picnic and Fun**  
**as NHBZ's congregants and friends give back and ride**  
**50 miles around Forest Park to honor Rabbi Smason.**

The Ride starts at 10:00 AM

FREE Lunch at 12:00 Noon, while it lasts.

Raffle drawing and auction at 1:00 PM,

Way Cool Balloons, face painting,

Origami, a Chinese auction & more!

Call Jeff @ the NHBZ office

314-991-2100 to sign up, sponsor or  
volunteer! ...



**RIDE / BE A PER-MILE SPONSOR / JOIN US FOR THE RALLY & PICNIC**



This Year's Rabbi Ride Around is dedicated to the memory of Estelle Levin (z'l)





# THE SISTERHOOD SCOOP

# AUGUST

The 9th of Av  
A Day of Mourning; A Day of Hope

Volume 2

Number 31

9 Av 5779

August 10, 2019

## BOOK CLUB NEWS

The next meeting of the NHBZ Sisterhood Book Club will be **Monday, August 26, 7:15-8:45 PM** at the home of Fran Alper. The book is: **"Lift and Separate: A Novel,"** by Marilyn Simon Rothstein. It's a light, amusing novel about overcoming life's setbacks. Discussion leader will be Terri Schnitzer.

Looking ahead, the Book Club will discuss **"Waking Lions,"** by Ayelet Gunnar-Goshen at the **October 28** Book Club meeting.

All women are welcome!

For more info contact:

Terri Schnitzer- 314-518-4107  
terriscnitzer@yahoo.com



## Sisterhood's 4th Annual Dine 'N' Style Fashion Show & Luncheon

## 'A WORLD OF FASHION'

### Sunday August 18

- \* New Fall Fashions from **Orli's Boutique** + Sale Bash!
- \* International Luncheon
- \* Lots of Shopping!



REGISTRATION NOW OPEN ~ RSVP BY AUG. 12

Live Music by  
Howard Sandler

\$27 per person

\$22 for NHBZ Sisterhood Members

Add \$2 transaction fee if paying by credit card

RSVP by August 12 - 314-991-2100, ext. 3 or [FashionShow@nhbz.org](mailto:FashionShow@nhbz.org)

For more info: Terri Schnitzer - 314-518-4107 or [terriscnitzer@yahoo.com](mailto:terriscnitzer@yahoo.com)

Proceeds benefit  
'Passport to Israel'

Women's Philanthropy  
St. Louis Jewish Federation presents:

*L'Chaim!*  
with Edie Lutnick

Co-Founder & President of the Cantor Fitzgerald Relief Fund

Women's  
Philanthropy

September 24, 2019

**"L'CHAIM! An evening of celebration, community, and giving"**

**Tuesday, September 24**

The Ritz Carlton, St. Louis

Sisterhood is representing NHBZ in support of Women's Philanthropy. Register online at:

[www.jfedstl.org/lchaim2019](http://www.jfedstl.org/lchaim2019)

Ask to be seated at the NHBZ table

## MARK YOUR CALENDARS

SAVE THE DATE ★ SAVE THE DATE ★ SAVE THE DATE

★ 4th Annual Dine 'N' Style Fashion Show, Luncheon & Shopping! - Sun., August 18

★ Next Book Club book: **Lift and Separate: A Novel**, by Marilyn Simon Rothstein - Monday, August 26, 7:15-8:45PM

★ Craft Central Art Project 'Stained Glass Star of David' - Wed., Sept. 18, 6:00-8:30PM

★ JFedStL Women's Philanthropy: 'L'Chaim!' w/ Edie Lutnick - Tues, Sept. 24 at 6:15 PM

## Tish'a B'Av / תשעה באב

Tisha B'Av (Hebrew: תשעה באב or ט' באב, "the Ninth of Av,") is an annual fast day in Judaism, named for the ninth day (Tisha) of the month of Av in the Hebrew calendar. The fast commemorates the destruction of both the First Temple and Second Temple in Jerusalem, which occurred hundreds of years apart, but on the same Hebrew calendar date. Tisha B'Av is never observed on Shabbat. This year the fast is postponed and Tish'a B'Av begins at sundown on Saturday, August 10.

What Happened on Tisha B'Av?

In Torah times, the spies returned from the Promised Land with frightening reports, and the Israelites balked at the prospect of entering the land. G d decreed that they would therefore wander in the desert for 40 years.

Both Holy Temples in Jerusalem were destroyed on this date. The First Temple was burned by the Babylonians and the Second Temple fell to the Romans, unleashing a period of suffering from which our nation has never fully recovered.

The Bar Kochba revolt against the Romans in ended in defeat: The Jews of Betar were butchered on the 9th of Av and the Temple Mount was plowed one year later on the same date.

Later on in our history, many more tragedies happened on this day, including the 1290 expulsion of England's Jews and the 1492 banishment of all Jews from Spain.



# The NHBZ Anniversary Dinner Page

*114<sup>th</sup> Anniversary Banquet*  
**Sunday, December 15, 2019**

*Guests of Honor*

**Robert and Joni Kaiser**

*HaKaras HaTov Award*

**Teree Farbstein**

*Israel Advocacy Award*

**Rick and Marcy Cornfeld**

**\$125.00 per person**

**RSVP by Nov. 15 to be entered in  
the EarlyBird Raffle to win prizes**

**Don't miss out on NHBZ's  
biggest celebration of the year!**

## **Support those businesses and organizations that supported us!**

The following *businesses and organizations* helped to support Nusach Hari B'nai Zion Congregation by placing an ad in our 2018 Anniversary Dinner Ad Journal celebrating our shul, and honorees Bob Cohn, Kenny Bressler, and Donn Rubin. We actively urge our members and guests to patronize the *businesses and organizations* that advertised in our journal.

### **Pillar**

**The Sheridan at Creve Coeur**

### **Sustainer**

**Jewish Federation of St. Louis**

### **Sponsor**

**The Law Offices of Jay B. Umansky, P.C.  
Gatewood-Spalding Wealth Management  
Royal Banks of Missouri**

### **Business Ads**

The Gatesworth  
Mansions on the Plaza  
McKnight Place  
Kohn's  
The Delmar Gardens Family  
Engraphix  
Berger Memorial Chapel  
J. E. Novack Construction Company  
Midwest Elevator Company, Inc.  
Rindsoph-Roth Funeral Chapel  
FireTech, LLC  
Timekeepers  
St. Louis Friends of Israel  
NHBZ Sisterhood  
Pultman Wealth Management  
Vaad Hoeir of St. Louis  
Yeshiva Kadimah High School  
Missouri Torah Institute  
Young Israel of St. Louis  
Robert X. Levine Graphic Design & Creative  
St. Louis Kollel  
Aish St. Louis  
Minuteman Press  
Epstein Hebrew Academy  
Alon Systems Computer Consulting  
Dogtown Gallery & Frame Shop  
Hi-Ho-Helio  
Bob's Seafood, Inc.  
St. Louis Lawn Care, Inc.  
Azar Automotive  
Al's Auto Salvage and Sales  
Albarré Jewelry  
Schonbrun Realtors  
Levine Associates Architects  
Leonard's Tailoring



# NHBZ CASH CARD ORDER FORM

## WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED  
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red )**  
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** \_\_\_\_\_ **PHONE#:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders &amp; payments to NHBZ may be made by check or cash only, and <b>MUST</b> accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p><b>**A complete list of participating businesses can be found at:</b> <b><a href="http://ShopWithScrip.com">ShopWithScrip.com</a></b></p> <p>If you do not have access to a computer or internet, please contact our office. Please do <b>NOT</b> order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!  
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

**Total Order:**



**NHBZ MEMBERS,  
WE NEED YOUR HELP.**



**shopwithscrip.com**

# FREE MONEY FOR THE SHUL!