

Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 26, 2019 ~ 27 Tishrei 5780 Shabbat Candle Lighting 5:52 pm / Shabbat Ends 6:53 pm

Torah Portion: Haftorah: Parshas Bereishis Genesis 1:1 -- 6:8 Isaiah 42:5 - 21

Chumash pages 2-29 Chumash pages 1130

Thank you to our Sponsors:

Thank you to **Dr. Erol & Sally Amon** for sponsoring Shalosh Seudos in memory and observance of the yahrzeits of Erol's parents Dr. Rene and Denise Amon z'l.

Happy 97th Birthday to Leo Bressler! Thank you to Larry & Risa Bressler, Jonathan and Matthew; Kenny & Barb Bressler, Jaime and Josh; Menachem & Linda Szus, Mickey and Eli; Dana & Elie Sutton, Sammy, Jane and baby Linda for sponsoring the cake and soda.

Thank you to **Joni & Bob Kaiser** for sponsoring the cookie cake to say farewell to **Hannah**, **Lee and Nesya**. "We have loved every minute of your visit & we will miss you terribly. We all wish you safe travels back to Israel".

~ Shabbos Berashis~

Erev Shabbos, October 25

• Mincha & Ma'ariv ~ 5:45 pm

Shabbos, October 26

- Shabbat Services ~ 9:00 am
 - Pesukei D'Zimra: Howard Sandler
 - Shacharis: Richard Woolf
 - Leyning: Shmuel Anton
- Haftorah: Dr. Naftali Kadosh
- Drasha: No sermon today
- Musaf: Shmuel Anton
- Junior Congregation / Babysitting ~ 10:00 am
- Starting Points ~ Led by Rabbi Ze'ev Smason ~10:15 am ~ Topic: "The Naked Truth: Relationship Lessons from Adam & Eve"
- Mincha / Ma'ariv /Shalosh Seudos ~ 5:35 pm

This Week and Beyond

Minyan Times	Shabbos Oct 26	Sun. Oct 27	Mon. Oct 28	Tues. Oct 29	Wed. Oct 30	Thurs. Oct 31	Fri. Nov 1	Shabbos Nov 2
Shachris	9:00 am	8:00 am	7:00 am	6:45 am *	6:45 am*	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:35 pm	5:40 pm	5:40 pm	5:40 pm	5:40 pm	5:40 pm	5:40 pm	5:25 pm

*Rosh Chodesh

RSVP for our semi-annual Friday Night Shabbat Dinner on November 8th

Happy Birthday to- Gloria Waxman, Marvin Greenberg, Robin Rickerman, Lawrence Hollander, Reuven Tzadok, Traci Goldstein and Alana Minoff Anniversaries- Leonard & Fran Alper and Irwin & Rosalind Rosen Shabbat Greeter: Mike Minoff & Larry Chervitz

Thank you to our Simchas Torah dinner sponsors for making the dinner a huge success! Bryson & Jennifer Hartranft, Alan & Janet Haber, Kenny Bressler, Don & Julie Eisenberg, Jay & Peggy Umansky, Bob & Joni Kaiser, Alan & Vivian Zarkowsky, Ed & Helayne Levitt, Menachem & Linda Szus, Drs. Jay Pepose & Susan Feigenbaum and Sally Needle.

Join NHBZ and the American Jewish Congress in honoring the memory of the Pittsburgh synagogue shooting victims and standing up to antisemitism and all forms of hate by participating in the nationwide #ShowUpForShabbat campaign this Shabbat, October 26.

- Shabbos, October 26 ~ New Member Shabbat ~ Meet our newest NHBZ members in a 'giveand-take' during Kiddush luncheon.
- November 4 ~ 7:00 pm ~ "To the Source" with Rabbi Smason. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts. For Men and Women. RSVP to jeff@nhbz.org
- Friday Night, November 8 ~ <u>Shabbat Dinner at NHBZ</u> ~ Program for adults and kids! RSVP by Monday, November 4. Adults \$18 / Children \$12.00. Please consider becoming a sponsor for \$25.00. See Flyer
- Monday, November 11 ~ 7:30 pm ~ Home Discussion Group topic: 'Medical Methods and Halacha' hosted by Jackie & Dr. Craig Berkin. RSVP to the office for address.
- Tuesday, November 12 ~ NHBZ Board Meeting ~ 7:15 pm
- Shabbat, November 16 ~ Synaplex with speakers Greg Yawitz and Rabbi Daniel Freund. Kiddush Luncheon to follow.
- Sunday, November 17 ~ 10:00 amNHBZ Annual Meeting and Election of Officers
- Sunday, December 15 ~ NHBZ Anniversary Dinner

Parshas Bereishis

This first portion of the Torah begins with G-d's creation of the world in six days and His 'resting' on the seventh. All was created during this first week; from the separation between light and darkness, to the establishment of the sun, moon and stars, to the creation of Man (Adam) and Woman (Eve) in G-d's image and their placement in the Garden of Eden.

Adam and Eve are given one command -- to refrain from eating the fruit of the Tree of Knowledge. Eve is enticed by the snake to eat of the forbidden fruit, and she offers some to her husband as well. G-d punishes them for their transgression, and they are banished from the paradise of Eden.

After the expulsion their first two sons, Cain and Abel, each bring an offering to G-d. In jealousy Cain kills his brother, and G-d sends him into exile to wander the face of the earth. The Torah then gives a genealogy of the first ten generations of the world, beginning with Adam and leading up to the birth of Noah and his three sons.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers. NOTE- *Rabbi Smason's Wednesday class* <u>will not meet</u> for the remainder of October, and will resume on November 6.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

October 26: "The Naked Truth: Relationship Lessons from Adam & Eve" November 2: "What Would I Tell My 20-Year-Old Self? " November 9: "What Is One Thing You Can Remove From Your Life That Would Improve It?" November 16: "How Do You Measure a Life Well Lived?" November 23: "How Can Failure (Real or Apparent) Set You Up For Later Success?" November 30: "What Book Would You Most Give as a Gift -- and Why"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)
Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler
Every Monday ~ 'Amud-of-the Week' with Rabbi Perlman (for men only)
First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

~ This Week's Torah Trivia ~

Last Week's Question: What does the word Succot Mean? Why is this parsha called by this name?

Answer: Succot means Booths. It signifies both the dwellings that were used in the desert and is also the name of a place.

This Week's Question: What is the first letter of the Torah and what is the last letter of the Torah? What does this signify?

In the Community

November 4 ~**7:15 pm-8:45 pm ~ John Danforth Israel Scholars Program**, the leading Israel education and engagement training program for both teens and adults in St. Louis, Classes will meet at the Jewish Federation Building. For more information please call 314-498-6279.

TOMCHEI SHABBOS: Shop Schnucks Ladue this Sunday, October 27, and help restock the shelves of our local Tomchei Shabbos food pantry. Shop anytime 10:00-3:00, pick up nonperishable food items, and drop them off at our table outside the front door. Not planning to shop on Sunday but want to donate? Contact Jackie Oppenheimer(997-6924) or Tammy Friedman (226-9777) for food donations, or Tomcheistl.org for monetary donations.

Missouri Torah Institute invites the entire community to a Melava Malka on Motzei Shabbos, November 2nd at 9:00 PM at the home of Mr. & Mrs. Charlie and Naomi Ruth Deutsch- 241 Linden Avenue in Clayton. Special guest speaker will be Rav Akiva Grunblatt, Shlita, Rosh Yeshiva of Chofetz Chaim of Queens. The topic will be "The Pursuit of Happiness, Finding Simcha in our Lives". Come enjoy a hot pareve buffet catered by Jon Rubin Catering. The event is complimentary.

TO THE SOURCE Rabbi Ze'ev Smason

Nusach Hari BhaiZion

A LEARNING PROGRAM ENGLISH AND HEBREW TEXT FOR MEN AND WOMEN TOPICS INCLUDE:

Mitzvah of Writing a Sefer TorahMitzvah of TzedakaLaws of ConversionMitzvah of Honoring our Parents





AN INTERNATIONAL PROGRAM WITH OVER 20,000 LEARNERS IN HUNDREDS OF COMMUNITIES ALL OVER THE WORLD



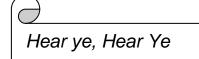
Mondays at 7:00 PM Starting Nov. 4th

NUSACH HARI B'NAI ZION 650 N. PRICE RD. ST. LOUIS, MO 991-2100



Friday, November 8, 2019

- Services begin at 4:35 pm
- Welcoming Shabbat (Kabbalat Shabbat) at about 5:00 pm
- Programs from 5:30 6:00 pm
- 1) "The Essence of Kiddush" How To Make Kiddush" -Rabbi Ze'ev Smason



We are seeking sponsors for this event to supplement the cost. Become a sponsor for \$25

- 2) "Shine a Little Light Lighting Candles on Shabbos." Rebbitzen Chani Smason
- 3) "Family Shabbat in Story and Song for families with kids of all ages"- Richard Woolf
- Shabbat Dinner at 6:00 pm Guest speaker: Detective Daur N. Nodari: 'Inspecting St. Louis: Reflections of a Jewish Detective'



Volume 2

Number 41

27 Tishrei 5780

October 26, 2019

Welcome New NHBZ Members!

BOOK CLUB NEWS

The <u>next meeting</u> of the NHBZ Sisterhood Book Club will be this <u>Wednesday, October</u> <u>30, 7:15-8:45PM</u>. The book is: *"Waking Lions,"* by Israeli writer Ayelet Gundar-Goshen, a novel that is part psychological thriller and part morality play. Sandy Greenberg will host the group at her home in Creve Coeur and also lead the discussion. All women are welcome!

For directions to the Oct. 30 meeting, and **to RSVP**, contact Book Club Chairperson Terri Schnitzer at 314-518-4107 or email <u>terrischnitzer@yahoo.com</u>

Looking ahead, the Book Club will discuss *"Jerusalem Maiden,"* by Talia Carner at the

Dec. 16 Book Club meeting, and *"Inheritance,"* by Dani Shapiro at the **Feb. 24** meeting.



AND G-D SAID, "LET THERE BE LIGHT."

(Bereishis 1:3)

In Judaism, the creation of light and of the world is considered a continuous process, renewed daily. Every day is a new beginning. The Shabbat morning prayers proclaim that G-d "opens the gates of the east and breaks open the windows of the heavens," bestowing light on the world and mercy on its inhabitants. - *Meira Raanan*, (aish.com)

MARK YOUR CALENDARS

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

- The Women of Aish JWRP present an evening with Slovie Jungreis Wolff – this Mon. <u>Oct. 28,</u> 7:30-9:30pm at AISH Firehouse
- Next Book Club: <u>NOTE CHANGE OF DATE</u> *"Waking Lions,"* by Israeli writer Ayelet Gundar-Goshen (changed from Mon. Oct. 28) Hosted and facilitated by Sandy Greenberg – <u>Wednesday, October 30, 7:15-8:45PM</u>

SISTERHOOD ELECTIONS ARE COMING....

Any woman who would like information about becoming more involved in the Sisterhood call Fran Alper: 314-993-4024 or email: fran.alper@outlook.com.

Election of Officers and Board Members will take place Sunday, November 17.

We want YOU! We want YOU! We want YOU!

New Beginnings

The concluding word of the Torah is "*Yisrael* - Israel," teaching us that the Torah was given for the sake of Israel - the Jewish people. The last letter of the Torah, *"lamed,"* also instructive, teaching that if we combine that letter with the first letter of the Torah, *"beis"* from Bereshis, we will come up with the word *"lev* - heart." The entire Torah, from beginning to end, was given in order to refine our hearts and make us the compassionate, merciful children of G-d.

From beginning to end, the Torah is for our benefit and for all mankind.

The Creation of Woman

In contrast to Adam, of whom it is written, "Vayetzer Hashem es h'adam afar min ha'adamah ... — And G-d fashioned man from the dust of the earth ...,"¹ when it comes to the creation of the female, the word "vayiven,"² which literally means "to build," is used. The word "vayiven" shares the same root as the word "binah (understanding)." Binah goes beyond wisdom. Rather, it is an intuitive ability to see beyond — to construct, to build — teaching us that Hashem endowed the female with an added dimension of wisdom and charged her with the most sacred of all responsibilities — caring for children, building future generations. Our Sages were sensitive to this blessing of binah which G-d granted to the female, and they felt privileged to consult with their wives.

For example, Rabbi Elazar Ben Azariah consulted with his wife before he accepted the invitation to become head of the Sanhedrin, and Rabbi Akiva acted upon the recommendation of his wife, Rachel, who saw his potential to become a Rabbi in Israel and studied Torah with intensity for many long years. Thus, it is not by coincidence that, at the giving of the Torah, G-d instructed Moses, "Ko somar l'beis Yaakov — Thus shall you speak to the house of Jacob …."³ Our Sages explain that "Beis Yaakov" refers to the women. It is the women who were to be charged first, for it is they who possess the ability to inspire future generations and insure commitment. As it has been said, "Educate a woman and you educate a family — a nation …. Educate a man and you educate an individual."

- Excerpted from Rebbetzin Esther Jungreis, www.aish.com



Shabbos, November 16, 2019

- 8:30 am **Traditional Services** in the sanctuary
- 9:15 am **Prayer Learners Service** led by Rabbi Yosef David of Aish HaTorah St. Louis in the chapel
- 10:00 am **Starting Points** –led by Rabbi Ze'ev Smason topic: "How Do You Measure a Life Well Lived?"
- 10:00 am **Children's Programming** lower level Tot Shabbat for ages 1-6, babysitting for younger children, Junior Congregation for ages 7 and up

11:15 am **Synaplex Breakout Sessions:**

Greg Yawitz "Community Building: How to Grow With the Power of Our People" Mr Yawitz is the Incoming president of the Jewish Federation of St. Louis and a Real Estate developer

Rabbi Daniel Freund: "The Anatomy of Halacha and Philosophies of Talmud Analysis" Principal, Kadimah High School

12:30 pm

Kiddush / Lunch for All - in the Social Hall

NHBZ Synaplex Shabbat is free and open to the Jewish public Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.



There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1.	One complete book of the Five Books of	he Torah \$5400
2.	Beginning or ending verses of the Torah	
3.	Special Torah Selections	\$2500
	Suggestions:	
	Blessings for our Children Shema Yisrael The Ten Commandments Az Yashir - Song at Splitting of the Sea Birchat Kohanim - Priestly Blessings	Vayehi Binsoa - Prayer at the Ark Opening Chazak - Final verse of one of the first 4 books Hashem Hashem - G-D's 13 Attributes of Mercy Your favorite or significant selection
4.	Weekly Torah Portions(s) – Sedra(s)	\$1800
5.	Yom Tov / Special Holiday Torah Portion(s)\$1000
6.	Torah Sections - Aliya/ot or Maftir	\$540
	Suggestion: Select one of the seven aliyot of from a Bnai Mitzvot or wedding	of a weekly Torah portion or the Maftir
7.	Torah Verses – Pasuk(im)	\$180
	Suggestion: Select a verse that has a speci	al meaning to you
8.	Letter(s) in the Torah	\$36
	Suggestion: Select letters of a family name	

The scribe always leaves a few letters of a new Torah incomplete so that he can finish them at a dedication ceremony. If you dedicate \$500 or more, you and your family will be entitled to 'inscribe' one of these unfinished letters (along with the scribe) at our dedication ceremony.



Your dinner invitation is in the mail.

It's not too soon to RSVP and send in your Ad!

114th Anniversary Banquet



HaKaras HaTov Award Teree Farbstein

Honoring



Guests of Honor Robert & Joni Kaiser



Israel Advocacy Award Rick & Marcy Cornfeld

Sunday, December 15, 2019

Clayton Plaza Hotel

7750 Carondelet Ave Clayton, MO 63105 Hors d'oeuvres at 5:30РМ / Dinner & Program at 6:30РМ

\$125.00 per person

RSVP by Nov. 15 to be entered in the EarlyBird Raffle to win prizes

Anniversary Dinner Committee: Sandie Abrams, Fran & Lenny Alper, Marsha Feenberg, Rhonnie Goldfader, Dr. Eliot Katz, Bobby Levine, Jeff Miller, Robin Rickerman, Nancy Rush, Anna Rose Tendler

Don't miss out on NHBZ's biggest celebration of the year!

Phone: 314-991-2100, ext.2 Fax: 314-991-4809 Email: reservations@nhbz.org

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, reect or admiration. Make a tribute honor someone's simcha or good health or a loved one's memory. Call Jeff in the office to make a tribute – 991-2100, ext 2. *Tributes will be listed monthly in the Shabbos bulletin.*

IN MEMORY OF	<u>SENT BY</u>
Ed Ziegelman, husband of Judy Ziegelman	Bob & Joni Kaiser
lazel Tov TO	
Ed & Helayne Levitt on the birth of a grandson	Howard & Phyllis Loiterstein
,	Jay & Peggy Umansky
	Denny & Amy Feit
Ienachem & Linda Szus on the birth of a	Ed & Helayne Levitt
grandchild	Dr. Doniel 8 Managla Managarterra
	Dr. Daniel & Marcela Morgensztern
	Jay & Peggy Umansky
	Bob & Sandie Abrams
	Ed & Jane Lyss
lan & Vivian Zarkowsky on the birth of a randson	Bob & Sandie Abrams
-	Ed & Helayne Levitt
	Howard & Phyllis Loiterstein
	Dr. Daniel & Marcela Morgensztern
	Jay & Peggy Umansky
	Ed & Jane Lyss
avid Rubin on the 50 th anniversary of his Bar itzvah	Hesh & Marcia Lyons
Norma Rubin on becoming a US citizen	Hesh & Marcia Lyons
ionna Rubin on becoming a 65 cluzen	