



# Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

January 18, 2020 ~ 21 Tevet 5780

Candle Lighting 4:48 pm

Shabbat Ends 5:52 pm

Parshas Shemos: Exodus 1:1 -- 6:1  
Haftorah: Isaiah 27:6-28:13, 29:22,23

Chumash pages 292 - 317  
Chumash pages 1146-1148

## Thank you to our Sponsors:

In honor of the inaugural reading of the new NHBZ Torah and the 13th birthday of our daughter and granddaughter, **Yael, Alana and Mike Minoff** and **Peggy and Jay Umansky** have sponsored the kiddush.

Thank you to **Dr. Erol & Sally Amon** for sponsoring the bulletin in celebration of the marriage of their son **Maxwell** to **Kristal Hamou**. May the newly married couple merit building a Bayis Ne'eman B'Yisrael -- a faithful home among the Jewish people!

## Erev Shabbos, January 17

- Mincha & Ma'ariv ~ 4:45 pm

## Shabbos, January 18

- Shabbat Services ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**  
- Shacharis:  
- Leyning: **Stuart Klamen**

- Haftorah:  
- Drasha: **Rabbi Ze'ev Smason**  
- Musaf:

- Learners Service with Rabbi Greenwald ~ 9:30am
- Junior Congregation / Babysitting ~ 10:15 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic: "The Surprising Spiritual Side of Winter"
- Mincha / Ma'ariv /Shalosh Seudos ~ 4:35 pm

## This Week and Beyond

Minyan Times	Shabbos Jan 18	Sun. Jan 19	Mon. Jan 20	Tues. Jan 21	Wed. Jan 22	Thurs. Jan 23	Fri. Jan 24	Shabbos Jan 25
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am *
Mincha/Ma'ariv*	4:35 pm	4:50 pm	4:50 pm	6:45 pm*	6:45 pm*	6:45 pm*	4:50 pm	4:40 pm

\* Ma'ariv only

Synaplex

Happy Birthday to: **Lenny Alper, Scott Gitel, Rachael Pevnick, David Klarfeld,**  
**Dr. Ram Volotzky, Ellie Pinto and Helayne Levitt**

Anniversaries- none

Shabbat Greeters: **Mike Minoff and Joyce Hochberg**

- **Sunday, January 19 ~ 1:00 - 3:30 pm** ~ Special Tour of the Holocaust Museum & Learning Center sponsored by the NHBZ Sisterhood.
- **Shabbos, January 25 ~ Synaplex Shabbat** ~ featuring: **Nadav Alkoby**, ZOA (Zionist Organization of America) Midwest Campus Coordinator, who will speak on: "Winning Hearts and Minds on College Campus" and **Rabbi Yosef Landa**, Director, Chabad of Greater St. Louis, whose topic will be: "Yeshiva in Shanghai". Kiddush Luncheon. This Synaplex is sponsored by **Dr. Stephen and Myra Radinsky**.
- **Shabbos, February 1 ~ NHBZ Board Installation Shabbat**
- **Shabbos, February 8 ~ Tu B'Shevat ~ Kiddush luncheon, speakers, special Tu B'Shevat food and more.** Thank you to **David Rubin and Norma Rubin** for chairing this. We are looking for a few sponsors for \$25 - \$100 to help with the food cost.

## Parshas Shemos

The book of Exodus begins by describing the gradually increasing enslavement of the Jewish people in Egypt. Pharaoh, fearing the population explosion of the Jews, initially hopes that backbreaking labor would stunt their rapid physical growth. When their birth rate continues to increase he orders the Jewish midwives to kill all baby boys. Moses is born, and when his mother is unable to keep him hidden from the Egyptian authorities any longer she places him in a basket and sends him down the Nile River. He is found by Pharaoh's daughter and raised in the royal palace, even though she realizes he is a Hebrew. She names him Moshe (Moses) meaning "drawn from the water." Years later as a grown man, Moses kills an Egyptian who he witnessed beating a Jew.

Moses flees to the land of Midian and marries Zipporah, the daughter of Jethro, and they have two sons. When Moses is shepherding his father-in-law's flock, he witnesses the "burning bush" on Chorev (Mt. Sinai) where G-d commands him to lead the Jewish people from Egypt to the land of Israel, which G-d promised to their ancestors. Initially reluctant, Moses is shown three miracles to perform before the Jewish people to prove he was sent by G-d: Changing his staff into a snake, his healthy hand into a leprous one, and water into blood. Moses, accompanied by his brother Aaron, encounters an obstinate Pharaoh. The Egyptian king not only refuses their request for a three-day respite to worship G-d, but declares that the Jews must produce the same quota of bricks as before but without being given straw. The people complain to Moses and Aaron for making their situation worse, but G-d assures Moses that He will force Pharaoh to let the Hebrews leave.



**Attention: All NHBZ Members!**

You are invited to join the Greeter Team. Participate in the mitzvah of Hachnasat Orchim (hospitality) and help welcome visitors, guests, and members to our Shul. Sign up now for the 2020 Greeter schedule! For more information contact Fran Alper at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com)

## Reminder

When you are planning to have a kiddush luncheon, enhancing a kiddush or requesting a cake for a simcha please place your order at least **10 days** ahead of Shabbat. Our volunteer shopper and cooks will appreciate it!

## **Adult Learning at NHBZ**

**Every Monday 7:00 pm ~ “To the Source” with Rabbi Smason.** An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts. For Men and Women.

**Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.**

**Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

January 18: "The Surprising Spiritual Side of Winter"

**January 25: "Humor: Laughing When You Need It Most" ~ 10am due to Synaplex**

**Every Shabbos ~** Tanach (Bible) Study (3/4 hour before Mincha)

**Every Sunday ~** Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

**Every Monday ~** ‘Amud-of-the Week’ with Rabbi Perlman (for men only)

**First Tuesday of each Month ~** 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

## **Torah Trivia from the Parsha this week:**

**Last week's question:** Why are we called B'nai Yisrael and not B'nai Yitzhah or B'nai Avraham?

**Answer is:** Because it was only Yaakov (Yisrael) that merited to have all his kids follow in the ways of Hashem and the Torah. According to the midrash they said "Shema Yisrael....."

**This week's question :** What were the names of the 2 Hebrew Midwives mentioned in this parsha?

## **In The Community**

RSVP now for Yeshivat Kadimah High School's 7th Annual Scholarship Gala. We hope you will join us on February 22, 2020, 8:30 pm at Moulin Events & Meetings, Jefferson Ballroom, in the historic Centennial Malt House of the historic Schnaider Brewery, 2017 Chouteau Ave, St. Louis, MO 63103. RSVP by February 6, 2020. You can register now at:<https://www.yeshivatkadimah.org/galaregistration>

## **Women's Community Choir**

Do you love to sing?? Join the Women's Community Choir! Come to the first rehearsal: Tuesday, February 4th at 8pm at Chabad of St. Louis (8124 Delmar Road)

We are looking forward to seeing you there and getting this exciting group going!

\*Rehearsals will generally take place at 8pm on the 1st and 3rd Tuesday's of the month

\*No need to audition- just show up!

\*For more info, email Ellie Weisz at [jeams613@gmail.com](mailto:jeams613@gmail.com) or Tziona Zeffren at [tw4kids@gmail.com](mailto:tw4kids@gmail.com)



**Shabbat**

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## Shabbos, January 25, 2020

8:30 am **Traditional Services** – in the sanctuary

9:15 am **Prayer Learners Service** – led by Rabbi Yosef David of Aish HaTorah St. Louis in the chapel

10:00 am **Starting Points** –led by Rabbi Ze'ev Smason topic:

10:00 am **Children's Programming** – lower level  
Tot Shabbat for ages 1-6, babysitting for younger children,  
Junior Congregation for ages 7 and up

11:30 am

### **Synaplex Breakout Sessions with speakers:**

**Nadav Alkoby**, *Midwest Campus Coordinator at ZOA Campus ~*  
Topic: "Winning Hearts and Minds on College Campus"

**Rabbi Yosef Landa**, *Chabad St. Louis ~ Topic: "Yeshiva in Shanghai"*

Thousands of Jews found refuge in Japanese occupied Shanghai, while Jewish life in Europe was being decimated in the years 1940-45, including the remnants of the Chabad Yeshiva in Warsaw and Vilna. Among was Rabbi Avraham Tzvi Landa, father of Rabbi Yosef Landa.

A miraculous story of dedication, undaunted faith, resilience and religious perseverance.

***This Synaplex is sponsored by Dr. Stephen and Myra Radinsky***

12:30 pm **Kiddush / Lunch for All** - in the Social Hall

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***NHBZ Synaplex Shabbat is free and open to the Jewish public  
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.***





# THE SISTERHOOD SCOOP

## JANUARY 18



Volume 3

Number 2

21 Teves 5780

January 18, 2020

### Join A Sisterhood Committee

For ALL members, there is no better time to get involved than **NOW** – at the beginning of our calendar year. Consider joining one of our standing committees:

- Membership
- Education
- Program Planning
- Fundraising

Among our ongoing activities: the Membership Tea, the Annual Fashion Show, Movie Nights, Book Club, Passport to Israel program, and much, much more! **Join us!**

For more information: call **Teree Farbstein** at 314-753-5035 or [tfarbstein2@gmail.com](mailto:tfarbstein2@gmail.com)

### Next NHBZ Book Club

#### Monday, Feb. 24, 7:15-8:45 pm

The next Book Club Meeting will be Monday, Feb. 24, 7:15-8:45 pm, at the home of Sallie Volotzky. The book will be **"Inheritance: A Memoir of Genealogy, Paternity, and Love"** by *Dani Shapiro*. People Magazine calls it a profound and exquisitely rendered exploration of identity and the true meaning of family. *Linda Shore* will lead the discussion.

**All women are welcome!**

For more info or to RSVP call **Terri Schnitzer** 314-518-4107 or [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)



*Author Talia Carner shares insights about her novel*

Many thanks to **Vivian Zarkowsky** for hosting the Book Club, including (by Skype!) the author herself on Monday, January 13. Thanks also to **Margo Tzadok** for leading the lively discussion of **"Jerusalem Maiden."**

### SHEMOT – Rabbi Sacks on 'Women as Leaders'

**excerpted** from Rabbi Jonathan Sacks <http://rabbisacks.org/shemot-5774-women-leaders/>  
This week's parsha could be entitled "The birth of a leader." We see Moses, adopted by Pharaoh's daughter, growing up as a prince of Egypt. We see how G-d summons him to lead his people to freedom...in a classic account of the evolution of a hero. But this is only the surface. The Torah is a deep and subtle book. Just beneath the surface is another and far more remarkable story, not about a hero but about six heroines, six courageous women without whom there would not have been a Moses.

**Jocheved**, who, at the height of Egyptian persecution, had the courage to have a child, hide him for three months, and then devise a plan to give him a chance of being rescued. The second was **Miriam**...who kept watch over Moses as the ark floated down the river, who suggested to Pharaoh's daughter that he be nursed among his own people, and who challenged her father to realize Pharaoh's decree only affected the boys, while her father's response to bring NO children into this world was much worse because it would deprive them of life even in the world to come. Two midwives, **Shifrah** and **Puah**, as the third and fourth heroines, frustrated Pharaoh's attempt at genocide because they feared G-d more than the King of Egypt. They outwitted Pharaoh, saved lives, and escaped punishment...thus teaching the world the primacy of conscience over conformity, the moral law of justice over the law of the land. The fifth is **Zipporah**, Moses' wife, who saved Moses' life by performing a circumcision on their son and who had a better understanding than Moses himself of what G-d requires. The last and most intriguing is **Pharaoh's daughter** who had the courage to rescue an Israelite child and bring him up as her own in the very palace where her father was plotting the destruction of the Israelite people. Could we imagine a daughter of Hitler, or Eichmann, or Stalin, doing the same? This heroic and gracious woman gave Moses his name. Who was she? The Torah does not give her a name. However the First Book of Chronicles mentions a daughter of Pharaoh, named Bitya, and it was she the sages identified as the woman who saved Moses. The name Bitya (sometimes **Batya**) means "the daughter of G-d". From this, the sages drew one of their most striking lessons: HaShem said to her: "Moses was not your son, yet you called him your son. You are not My daughter, but I shall call you My daughter." They added that she was one of the few who were so righteous that they entered paradise in their lifetime.

So, on the surface, the parsha is about the initiation into leadership of one remarkable man, but just beneath the surface is a counter-narrative of six extraordinary women without whom there would not have been a Moses.

How then, if women emerge so powerfully as leaders, were they excluded in Jewish law from certain leadership roles? Women were historically excluded from two areas: the "crown of priesthood," which went to Aaron and his sons, and the "crown of kingship," which went to David and his sons. These were two roles built on the principle of dynastic succession. From the third crown – the "crown of Torah" – however, women were not excluded.

Yocheved, Miriam, Shifra, Puah, Zipporah and Batya were leaders not because of any official position they held (in the case of Batya she was a leader despite her official title as a princess of Egypt). They were leaders because they had courage and conscience. They refused to be intimidated by power or defeated by circumstance. They were the real heroes of the exodus. Their courage is still a source of inspiration today.



# TO THE SOURCE

## Rabbi Ze'ev Smason

### A LEARNING PROGRAM

## ENGLISH AND HEBREW TEXT

### FOR MEN AND WOMEN

#### TOPICS INCLUDE:

Mitzvah of Writing a Sefer Torah      Mitzvah of Tzedaka  
Laws of Conversion      Mitzvah of Honoring our Parents

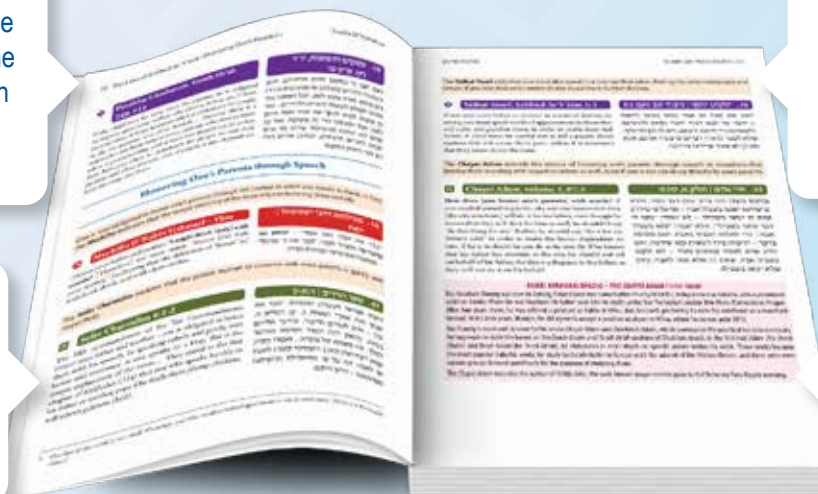


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A systematic and concise learning method, from the Talmudic source through modern-day halachic application

Clear and concise introductions and a modern English translation alongside the original Hebrew text

Cover major topics of Torah learning once a week



Color-coded sections, icons and elucidation to guide the learner, in addition to in-depth essays and responsa to complement the learning

**RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org) / 991-2100**  
**Mondays at 7:00 pm**

**NUSACH HARI B'NAI ZION 650 N. PRICE RD. ST. LOUIS, MO 991-2100**



# Torah Campaign Giving Levels

There are many ways to participate in the writing of the **NHBZ TORAH**. You can make dedications in honor of family members or friends, in memory of loved ones, to commemorate a special occasion, your birthday, an anniversary, Bnai Mitzvah, or life cycle event. Consider including your children and grandchildren in the writing of our Sefer Torah so that they, too, can fulfill the Mitzvah. When the Torah is nearly complete, we will have a completion and dedication ceremony at NHBZ on Sunday, December 8.

Please reserve the following dedications by circling your choice(s) and filling in your selections on the Order Form (prices are for each individual item, but you may select more than one of an item):

1. **One complete book of the Five Books of the Torah**..... **\$5400**
2. **Beginning or ending verses of the Torah** ..... **\$5000**
3. **Special Torah Selections** ..... **\$2500**

Suggestions:

Blessings for our Children

Shema Yisrael

The Ten Commandments

Az Yashir - Song at Splitting of the Sea

Birchat Kohanim - Priestly Blessings

Vayehi Binsoa - Prayer at the Ark Opening

Chazak - Final verse of one of the first 4 books

Hashem Hashem - G-D's 13 Attributes of Mercy

Your favorite or significant selection

4. **Weekly Torah Portions(s) – Sedra(s)** ..... **\$1800**
5. **Yom Tov / Special Holiday Torah Portion(s)** ..... **\$1000**
6. **Torah Sections - Aliya/ot or Maftir** ..... **\$540**

Suggestion: Select one of the seven aliyot of a weekly Torah portion or the Maftir from a Bnai Mitzvot or wedding

7. **Torah Verses – Pasuk(im)** ..... **\$180**

Suggestion: Select a verse that has a special meaning to you

8. **Letter(s) in the Torah** ..... **\$36**

Suggestion: Select letters of a family name

***The scribe always leaves a few letters of a new Torah incomplete so that he can finish them at a dedication ceremony. If you dedicate \$500 or more, you and your family will be entitled to 'inscribe' one of these unfinished letters (along with the scribe) at our dedication ceremony.***

**List the specific name, number or letter of your selection(s)**

1. Book(s) of the Torah \_\_\_\_\_
2. Beginning or Ending Verse(s) of the Torah \_\_\_\_\_
3. Special Torah Selection(s) \_\_\_\_\_
4. Weekly Torah Portion(s) \_\_\_\_\_
5. Yom Tov Torah Portion(s) \_\_\_\_\_
6. Torah Section(s) \_\_\_\_\_
7. Torah Verse(s) \_\_\_\_\_
8. Letter(s) \_\_\_\_\_

**Specify the text of your dedication(s)**

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**Ex: The Book of Bereishis is dedicated in memory of my father Chaim Yenkel by Motke Habad and family**

**CREDIT CARD FORM \* indicates required fields**

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