



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 4, 2020 ~ 7 Tevet 5780

Candle Lighting 4:34 pm

Shabbat Ends 5:38 pm

Parshas Mikeitz
Haftorah:

Vayigash Genesis 44:18 -- 47:27
Ezekiel 37: 15-28

Chumash pages 250-267
Chumash pages 1144-1145

Thank you to our Sponsors:

Our Kiddush Luncheon is sponsored by **Jim Pollock** in celebration of his daughter's visit to St. Louis.

Thank you to **Irwin and Arlene Fredman** for sponsoring Shalosh Seudos in observance of the Yahrzeit of Irwin's father, Avery Fredman z'l.

Thank you to **Boris and Alla Yasinev** for sponsoring the cake in celebration of the engagement of their son **Jonathan** to **Devorah Green**.

Thank you to **Dr. Stephen and Myra Radinsky** for sponsoring the cake in celebration of Stephen's birthday.

Erev Shabbos, January 3

- Mincha & Ma'ariv ~ 4:30 pm

Shabbos, January 4

- Shabbat Services ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Mateo John**
- Leyning: **Stu Klamen**

- Haftorah:
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Alan Haber**

- Learners Service with Rabbi David ~ 9:30 am
- Junior Congregation / Babysitting ~ 10:00 am
- Starting Points ~ Led by **Rabbi Ze'ev Smason** ~10:15 am ~ Topic: "What Three People, Living or Dead, Would You Invite to Dinner?"
- Kiddush Luncheon
- Mincha / Ma'ariv / Shalosh Seudos ~ 4:20 pm

This Week and Beyond

Minyan Times	Shabbos Jan 4	Sun. Jan 5	Mon. Jan 6	Tues. Jan 7	Wed. Jan 8	Thurs. Jan 9	Fri. Jan 10	Shabbos Jan 11
Shachris	9:00 am	8:00 am	7:00 am	6:45 am*	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv*	4:20 pm	4:35 pm	4:35 pm	4:25 pm*	6:45 pm	6:45 pm	4:35 pm	4:25 pm

* Ma'ariv only

*Fast of the 10th of Teves

**Happy Birthday to: Avraham Smason, Nina Levine, Morris Kram, Stanley Goldfader,
Nancy Lisker, Dr. Stephen Radinsky and Dr. Jay Pepose**

Anniversaries- none this week

- **Monday, January 6 ~ 11 am at NHBZ ~ Come to a Pidyon HaBen. See below.**
- **Tuesday, January 7 ~ 2:30 pm ~ Women of the Torah ~** at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel ~ Open to all women.
- **Wednesday, January 8 ~ 2:00 pm ~ Balance for Balabustes** sponsored by the NHBZ Sisterhood and STL Senior Kollel.
- **Tuesday, January 14 ~ 7:00 pm ~ NHBZ Board Meeting**
- **Sunday, January 19 ~ 1:00 3:30 pm ~ Special Tour of the Holocaust Museum & Learning Center** sponsored by the NHBZ Sisterhood. RSVP to Jeff@nhbz.org or call the office. Space is limited!
- **Shabbos, January 25 ~ Synaplex Shabbat ~** featuring: **Nadav Alkoby**, ZOA (*Zionist Organization of America*) *Midwest Campus Coordinator*, who will speak on: "Winning Hearts and Minds on College Campus" and **Rabbi Yosef Landa**, *Director, Chabad of Greater St. Louis*, who's topic will be: "Yeshiva in Shanghai". Kiddush Luncheon.
This Synaplex is sponsored by **Dr. Stephen and Myra Radinsky**.

Come to a Pidyon HaBen at NHBZ!

Have you ever attended a First-Born Redemption Ceremony? On **Monday, January 6th at 11 A.M., Leib & Danielle Smason** will be redeeming their first-born son from a Kohen. It is customary to invite family and friends to help celebrate this special mitzvah (found in Bamidbar / Numbers 18:15) and enjoy a festive meal. Consider yourself invited to see this relatively rare mitzvah!

Fast of the Tenth of Teves - עשרה בטבת is observed on Tuesday, January 7

Fast Begins: 6:07 A.M.

Fast Ends: 5:37 P.M.

The fast commemorates three calamities that occurred during Jewish history on the tenth of Teves and the two days preceding it:

- 1) The siege of the First Temple by Nebuchadnezzar and the Babylonians
- 2) The translation of the Torah into Greek, ordered by Egyptian King Ptolemy, during the Second Temple period.
- 3) The death of Ezra the Scribe, great Jewish leader who returned the Jewish people to Israel following the Babylonian exile.

Parshas Vayigash

Judah makes an impassioned plea to the powerful Egyptian ruler (Joseph, still in disguise) for Benjamin's life, claiming that Jacob would surely die from sorrow if he lost Benjamin. Judah offers to remain in Egypt as a slave in place of his younger brother. Unable to restrain himself any longer, Joseph reveals his identity to his stunned brothers and forgives them for selling him into slavery so many years before.

Joseph then sends his brothers back to the land of Israel, laden with gifts, to bring Jacob and their families down to Egypt where they will live in the province of Goshen. Before Jacob leaves home, G-d appears to him in a 'vision of the night', reassuring him that He will be with them and that they will eventually return to the land of Israel as a great nation.

After 22 years of separation, Jacob is reunited with his beloved son Joseph. Joseph embraces his father and weeps, overflowing with joy, and then brings his father to meet Pharaoh. The portion concludes by describing how Joseph uses his vast power to amass nearly all of the wealth of Egypt for Pharaoh's treasury.

Chanukah Party Was Declared a Huge Success!!!

A sellout with 120 people in attendance, raffle prizes, bingo, latkes and a great dinner, the 2019 Chanukah party chaired by **AMY AND DENNY FEIT** was a hit!

Thank you to our sponsors: **LEO BRESSLER, IRWIN AND ARLENE FREDMAN, BOB AND JONI KAISER, ALAN AND JANET HABER, JIM POLLOCK AND DEBRA SAFRON.**

Thank you to our volunteers: **ANNA ROSE AND VICTOR TENDLER, JACKIE AND CRAIG BERKIN, RACHEL PEVNICK OUR SUPREME BINGO CALLER, RABBI FREUND, SOPHIE CHERVITZ, FAYE COHEN, RHONNIE GOLDFADER, ELIOT KATZ, JANE KADOSH, BOBBY LEVINE, PHYLLIS AND HOWARD LOITERSTEIN, MARCELA MORGENSZTERN, SALLY NEEDLE, ROBIN PEVNICK, MARK RAGIN, HOWARD SANDLER, TERRI SCHNITZER, DODI SMASON, STELLA VLADIMIROV, SALLIE VOLOTZKY, RICHARD WOOLF, ALAN AND VIVIAN ZARKOWSKY AND THE NHBZ SISTERHOOD FOR JELLY DONUTS.**

Thank you again to **AMY AND DENNY FEIT** for chairing the event and making a donation in honor of all the volunteers!



Photos from the 2019 Chanukah Party courtesy of Dr. Eliot Kat

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Study with Rabbi Smason- Study Pirkei Avos / Ethics of the Fathers.

Every Monday 7:00 pm ~ “To the Source” with Rabbi Smason. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts. For Men and Women.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

January 4: "What Three People, Living or Dead, Would You Invite to Dinner?"

January 11: "Listen to Your Messages: How Do You Know When It's G-d Who Is Talking?"

January 18: "The Surprising Spiritual Side of Winter"

January 25: "Humor: Laughing When You Need It Most"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ ‘Amud-of-the Week’ with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women





THE SISTERHOOD SCOOP

JANUARY 4



Volume 3

Number 1

7 Teves 5780

January 4, 2020

New Date for NHBZ Book Club Mon., Jan. 13, 7:15-8:45 pm

The **author herself will Skype** with us at our next book club meeting on **Monday, January 13 at 7:15-8:45 PM** at the home of Vivian Zarkowsky. The book is **"Jerusalem Maiden"** by **Talia Carner**, a saga, a history, and a dramatic and hopeful love story that also moves through the exciting art world of



early 20th century Paris and modern day Israel. For more info or to **RSVP call Terri Schnitzer 314-518-4107** or email **terrishnitzer@yahoo.com**, or call **Vivian at 314-997-1866** or **avzark@aol.com**. Looking ahead to 2020, the Book Club will discuss **"Inheritance"** by Dani Shapiro at the **Feb. 24** meeting. **All women welcome!**

Sisterhood Board Meeting Tuesday, Jan. 14, 5:30-7:00pm

The first Sisterhood Board meeting of 2020 will take place Tuesday, Jan. 14, at 5:30 pm in the **lower level** classroom.

For ALL members, there is no better time to get involved than NOW – at the beginning of our calendar year. Consider joining one of our standing committees:

- Membership
- Education
- Program Planning
- Fundraising



Among our ongoing activities are the Annual Fashion Show, Movie Nights, Book Club, the Membership tea, Passport to Israel program, and much more! Join us! For more info: call **Teree Farbstein 314-753-5035** or email: **tfarbstein2@gmail.com**

RSVP NOW for tour of St. Louis Holocaust Museum and Learning Center on Jan. 19, 1:00-3:30pm. Space is limited.

Positive Criticism and What It Means to Be a Jew on Parshas Vayigash by Rebbetzin Esther Jungreis

This parashah is perhaps the most emotional parashah in the Torah. After 22 years of separation, Joseph reveals himself to his brothers and declares, "I am Joseph - is my father still alive?" These words were the most devastating admonishment that Joseph could have given to his brothers. Instead of berating them for having sold him into bondage, he simply said, "I am Joseph," implying, "My dreams, which you attributed to delusions of grandeur, were fulfilled; G-d did make me king, and He did send you to bow down before me." But nowhere does Joseph actually utter those words. The declaration, "I am Joseph," was sufficient. He allows his brothers to infer the rest and his question, "Is my father [rather than our father] still alive?" cuts to the core of the issue, for it suggests that they had not conducted themselves as sons should...but Joseph does not introduce himself with these words. Rather, with his terse "Is my father still alive?" he invites his brothers to judge themselves. From this we learn that admonishment is most effective when used as a mirror and that it can never be accomplished through painful jokes, shouting, cynical remarks, or name-calling. Such tactics can only result in secondary problems that lead to further resentment and alienation.

When Joseph embraces his brother Benjamin, he falls on his neck and weeps profusely, and Benjamin, in turn, does the same. The Gemara explains that Joseph was crying over the Holy Temples that would be destroyed in the land allotted to Benjamin, and Benjamin was crying over the Tabernacle that would be destroyed in the portion allotted to Joseph. The message that the Torah imparts is that, tragically, they foresaw that the very same acrimony that led to the splintering of the House of Jacob would continue to divide our people and lead to the destruction of the Temples. Joseph and Benjamin cried for each other's pain, teaching us that the only remedy to this plague of hatred is for us to learn to empathize with one another, to feel each other's pain, and reach out with chesed - exemplifying kindness and love.

NEVER GIVE UP In this parashah we discover some of the ways through which the name "Jew" defines us as a people. When the sons of Jacob are confronted by the irrational accusations of the viceroy of Egypt (Joseph), and realize that the life of their younger brother Benjamin is at risk, then Judah (whose name connotes "Jew") rises like a lion and does battle for his brother. As desperate and as hopeless as the situation appears to be, Judah - a man of complete faith - does not give up. Similarly, we, his descendants, have never given up.

The obstacles that Judah confronts are many. The Egyptian viceroy (Joseph) pretends that he doesn't speak or understand Hebrew. An interpreter acts as an intermediary, and the evidence weighs heavily against Benjamin. Nevertheless, speaking Hebrew from his heart, Judah cites Jewish sensitivity. One may ask what Judah could possibly have hoped to accomplish by speaking in Hebrew and referring to Jewish values to this supposed Egyptian, Joseph. But we see that this is the legacy of Judah: If we speak in the name of G-d, if we uphold our Torah, and are prepared to put our lives on the line for the sake of our brethren, there will be no barrier that we cannot overcome.

We, the Jewish people, have survived the centuries with the Torah as our guide. Our emunah (faith) has sustained us. We have never lost hope. So, if we feel overwhelmed by life's struggles, we must remember that we are Jews - descended from the family of Judah. Let us connect with our Torah, with our faith, and G-d will surely come to our aid. Let us remember that the name Judah also means "to give thanks and praise to G-d." Ultimately, that is probably the most compelling definition of us as a Jewish people: In times of joy as well as in times of adversity, we give thanks to our Creator; we never give up, knowing that He will always protect us.

— adapted from Rebbetzin Esther Jungreis at www.aish.com



NHBZ Sisterhood *presents*

A Special Tour of the St. Louis Holocaust Museum and Learning Center



Featuring...

- ★ Private Tour of the Museum
- ★ Eyewitness Account by Survivor *Rachel Miller*
- ★ Light Refreshments

Sunday, January 19, 2020
1:00-3:30 pm

Meet at the Holocaust Museum & Learning Center
in the Kaplan Feldman Complex (Jewish Federation Bldg.)
12 Millstone Campus Drive

No Charge for NHBZ Members

Space is Limited – RSVP by January 5

**call Jeff at 314-991-2100, ext.2
or email sisterhood@nhbz.org**

for more information, or to sponsor this event,
contact *Margo Tzadok* at 314-323-0629 or tmargo@sbcglobal.net



Shabbat

Shabbos, January 25, 2020

8:30 am **Traditional Services** – in the sanctuary

9:15 am **Prayer Learners Service** – led by Rabbi Yosef David of Aish HaTorah St. Louis in the chapel

10:00 am **Starting Points** –led by Rabbi Ze'ev Smason topic:

10:00 am **Children's Programming** – lower level
Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:30 am

Synaplex Breakout Sessions with speakers:

Nadav Alkoby, *Midwest Campus Coordinator at ZOA Campus ~*
Topic: "Winning Hearts and Minds on College Campus"

Rabbi Yosef Landa, *Chabad St. Louis ~ Topic: "Yeshiva in Shanghai"*

Thousands of Jews found refuge in Japanese occupied Shanghai, while Jewish life in Europe was being decimated in the years 1940-45, including the remnants of the Chabad Yeshiva in Warsaw and Vilna. Among was Rabbi Avraham Tzvi Landa, father of Rabbi Yosef Landa.

A miraculous story of dedication, undaunted faith, resilience and religious perseverance.

This Synaplex is sponsored by Dr. Stephen and Myra Radinsky

12:30 pm **Kiddush / Lunch for All** - in the Social Hall

***NHBZ Synaplex Shabbat is free and open to the Jewish public
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.***



Women's Home Study Group

“Women in the Torah”

**First Tuesday of each Month, 2:30 pm
at the home of Jackie Berkin**

**facilitated by Rabbi Yaakov Berkowitz
of the St. Louis Kollel**

- **Open to all women**
- **Each class is self-contained**
- **No background knowledge needed**



To RSVP, contact **Jeff** at **314-991-2100** or jeff@nhbz.org.
We will provide host address & phone number at time of RSVP
Check the latest NHBZ Shabbos Bulletin for any time changes



TO THE SOURCE

Rabbi Ze'ev Smason

A LEARNING PROGRAM

ENGLISH AND HEBREW TEXT

FOR MEN AND WOMEN

TOPICS INCLUDE:

Mitzvah of Writing a Sefer Torah Mitzvah of Tzedaka
Laws of Conversion Mitzvah of Honoring our Parents

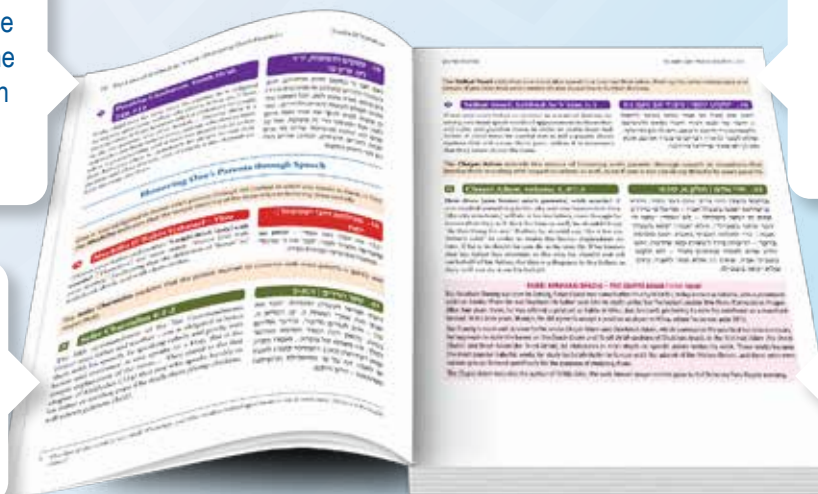


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Color-coded sections, icons and elucidation to guide the learner, in addition to in-depth essays and responsa to complement the learning

RSVP to jeff@nhbz.org / 991-2100
Mondays at 7:00 pm

NUSACH HARI B'NAI ZION 650 N. PRICE RD. ST. LOUIS, MO 991-2100

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

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YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)** (questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

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		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

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