



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 22, 2020 ~ 27 Shevat 5780

Candle Lighting 5:27 pm

Shabbat Ends 6:31 pm

Parshas Mishpatim
Parshas Shekalim Maftir
Haftorah

Exodus 21:1 -- 24:18
Exodus 30:11-16
2 Kings 11:17 - 12:17

Chumash pages 416 - 443
Chumash 484
Chumash pages 1212-1214

Our Sponsors:

Today's kiddush lunch is being sponsored by the **Cohen & McCary** families in honor of **Frances and Jerry's** 69th Anniversary. The delicious cake is being sponsored by **Shirley & Larry Hollander** in honor of Frances and Jerry's Anniversary. The cookies are being sponsored by **Faye & Brian McCary** in honor of **Scott's** 15th birthday!

Alan & Vivian Zarkowsky are sponsoring Shalosh Suedos in observance of the yahrzeit of Alan's father, Nathan Zarkowsky z'l.

Erev Shabbos, February 21

- Mincha & Ma'ariv ~ 5:25 pm

Shabbos, February 22

- Shabbat Services ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Richard Woolf**
- Leyning: **Max Gornish**

- Haftorah: **Kenny Bressler**
- Drasha: **No Drasha**
- Musaf: **Max Gornish**

Shabbat Greeters: **Meira Ganel & Janet Haber**

- **Learners Service** with **Rabbi Yosef David** (this week with Marc Chervitz) ~ 9:30 am
- **Junior Congregation** ~ 10:00 am
- **Babysitting** ~ 10:00 am
- **Starting Points** with **Rabbi Ze'ev Smason** ~10:15 am "Guilt: Good in Small Doses or Always Toxic?"
- **Mitzvah Adventure** program by the Education Committee during luncheon. Topic: "Counting your Blessings; Important Early Davening Prayers" speaker: **Rabbi Smason**.
- **Mincha / Ma'ariv /Shalosh Seudos** ~ 5:15 pm
- **Shabbat ends** ~ 6:31 pm

This Week and Beyond

Minyan Times	Shabbos Feb 22	Sun. Feb 23	Mon. Feb 24	*Tues. Feb 25	*Wed. Feb 26	Thurs. Feb 27	Fri. Feb 28	Shabbos Feb 29
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:15 pm	5:30 pm	5:30 pm				5:30 pm	5:20 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		

*Rosh Chodesh Adar

**Happy Birthday to ~ Matan Kadosh, Dr. Arnold Brody, Larry Chervitz,
Karen Zeff and David Pepose**

Anniversaries ~ Jerry & Frances Cohen

- **Sunday, February 23 ~ PIZZA NIGHT RETURNS with the Way Cool Balloons for the kids~**
5:00- 7:00pm ~ Join us for an all-you-can-eat buffet of Kosher pizza, pasta, salad, garlic bread, dessert and a beverage. \$12.00
- **Friday, February 28 ~ Shabbat Dinner at NHBZ ~** Our first one of 2020. Make your RSVP now as we have sold out the past 2 dinners. Our speaker will be **Rabbi Avi Roberts**, *Director of YP Ignite*. See the flyer in this bulletin for details.
- **Monday Night March 9 ~ PURIM begins ~**
MEGILLAH READING at 7:15 pm
- **Tuesday, March 10 ~ PURIM Seudah** at 6:05 pm. RSVP for the Purim Dinner to jeff@nhbz.org or 991-2100 ext. 2
- **Shabbos, March 14 ~ SYNAPLEX ~** Speakers and Kiddush luncheon ~ see flyer in this bulletin
- **Shabbos, March 28 ~** Guest speaker **Rabbi Chaim Eisen**
- **March 29, 3:00-4:30 pm at NHBZ ~**Meet author Caroline Goldberg Igra and hear her speak about her book "Count to a Thousand". The book is available in advance at NHBZ for \$15 and is displayed in the lobby. Light refreshments.

**RSVP NOW for the Feb. 28 Friday Night
Shabbat Dinner and for the March 10th
Purim Seudah (dinner)**

PURIM IS COMING !!!

**Don't Miss the Purim Seudah
- it is a mitzvah to attend!
Tuesday night, March 10**

 **I WANT YOU . . .**
To come in **costume**
and/or perform a **Shtick**

Costume Contest Categories:
**Children / Adults / Families
or any kind of goofy group**

What's a Shtick?
A Skit – Game – Poem – Joke – Music
to help us all be joyful on Purim
~ Sign up to perform your Shtick! ~

**Call Bobby Levine now to schedule
your Shtick in the Purim Program
(deadline is Friday, Feb. 28)**

**Email: rxlevine@charter.net or
Phone: 314-602-1796**

Parshas Mishpatim

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are: Penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvot of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shavuot and Sukkot. The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

Parshas Shekalim

The first of the Four Special Shabbatot at this time of year is Parshas Shekalim. The special maftir reading discusses the census that would happen at this time of year in Temple times. Each person would give one half-shekel. The money would be counted, and that would determine the census. And the Torah makes very clear that "the poor person shall not give less, and the rich person shall not give more."

Torah Trivia from the Parsha this week:

Last week's question: What were the names of Moshe's wife and sons?

Answer is: Tziporah, Gershom, Eliezer

This week's question : What is the punishment for striking one's parent?

Adult Learning at NHBZ

- **Every Monday 7:00 pm ~ "To the Source" with Rabbi Smason.** An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts. For Men and Women.
- **Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers.**
- **Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 22: "Guilt: Good in Small Doses or Always Toxic?"

February 29: "Get Back on Track: Strategies for Bouncing Back After Slipping-Up"

March 7: "Finding Joy: Is Happiness a Choice?"

March 14: "Haters and Critics: How to Deal with People Who Judge You"

March 21: (No Class from Rabbi Smason)

March 28: To Tell the Truth: Is Honesty Always the Best Policy?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

Every Monday ~ 'Amud-of-the Week' with Rabbi Perlman (for men only)

First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women

In the Community

March 2nd at 7:30 pm ~ MTI invites the entire community to an evening with the world renowned inspirational speaker Charlie Harary, who will speak on the topic of "The Eyes of Greatness-How to See the Invisible". Monday evening,. Light refreshments to follow. 1809 Clarkson Road in Chesterfield. Dedicated in memory of Greg Fox obm, commemorating his 4th yahrtzeit. There is no charge for this event. To RSVP or for any questions, please email gregfoxevent@gmail.com or call the Yeshiva at 636-778-1896 x108.

Sunday, March 15th: St. Louis Kollel Presents: Yaakov Shwekey ~Live And In Concert At Jewish Unity Live 2020 One Night Only! Anheuser-Busch Performance Hall Touhill Performing Arts Center One University Boulevard St. Louis, Missouri 63121 Concert starts at 7pm Doors open at 6:30pm
Tickets on sale www.stlkollel.com

650 N.PRICE



314-991-2100

Pizza Night

SUNDAY, FEBRUARY 23RD

5:00-7:00 P.M.

BY SPECIAL REQUEST:
Mike Geerlof &

**WAY COOL
BALLOONS**
WILL BE HERE!

Every Child
Gets a Balloon!

~All-You-Can-Eat Pizza Buffet ~

**PIZZA, SALAD, GARLIC BREAD &
PASTA, PLUS DESSERT & BEVERAGE**

Bring your family and friends to enjoy a
delicious pizza dinner and schmoozing!
Reservations are not needed.

**ADULTS: \$12 • KIDS 4-10: \$6
3 & UNDER: FREE**





Shabbat Dinner

Friday, February 28, 2020

- Services (Mincha) begins at 5:30 pm
- Welcoming Shabbat (Kabbalat Shabbat)
- Shabbat Dinner at 6:30 pm by Chef Norma Rubin

Please consider becoming a Shabbat dinner sponsor for \$25

Guest speaker:

Rabbi Avi Roberts

Director of YP Ignite

“Purim: Read, Drink and Be Merry”

Adults \$18.00 * Kids 4-10: \$12.00 * Kids 3 & Under N/C
\$72 Maximum per Family * RSVP by Monday, February 24 at Noon

(If space is available, RSVP's after deadline are \$22 adults / \$16 kids)

991-2100 ext 2 or Email jeff@nhbz.org

PURIM IS COMING !!!

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Set in Persia 2,300 years ago, the "Megillah" tells how a seemingly unrelated series of events spun together to save the Jewish people from annihilation. Purim is Judaism's most dramatic, fun-filled holiday. Here are the mitzvahs and customs of Purim at NHBZ:

1. Read the Book of Esther - Mitzvah of Mikra Megillah

It is a Mitzvah to hear the Megillah read twice. Bring your kids and family!

Monday night, March 9th

6:10 pm - Mincha

7:00 pm - Maariv

7:15 pm- Megillah reading

Tuesday, March 10th

6:30 am - Shachris

7:00 am - Megillah reading

2. Give Charity to the Poor - Mitzvah of Matanot l'Evyonim

Od Yosef Chai - For several years, NHBZ has collected money for Od Yosef Chai, an organization that distributes money to the poor in Israel. Make checks payable to **Rabbi's Charity Fund** and bring or send them to our office. To donate by credit card, please call 314-991-2100, ext. 2. The deadline for contributions is **Thursday, March 12th**.

3. Send Gifts to Friends - Mitzvah of Mishloach Manot

Fulfill the mitzvah of Mishloach Manot! Give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else!! All proceeds will benefit our NHBZ Chesed Fund. Cards may be purchased in our office at \$10.00 per pack of 5 cards with envelopes, or \$25 for three 5-packs.

4. Fast of Esther

To commemorate the day of prayer and fasting that the Jews held in the Book of Esther, we fast on the day before Purim, Monday, March 9th beginning at 6:10 a.m. and concluding at 7:46 p.m.

5. Eat a festive Purim meal - mitzvah of Seudah Purim

Tuesday night, March 10th

5:50 pm – Mincha,

6:05 pm **Sharp!** - Purim Seudah, Hi-Jinks, and FUN for all !!!

Dinner, Whiskey Slush, **PLUS Hamantaschen thanks to the NHBZ Sisterhood!!!**

Ma'ariv following Seudah.

RSVPs ARE REQUIRED FOR DINNER

See flyer for details.



Join Us For Purim!

2020
5780



Monday March 9th

Shachris: 6:45am | Mincha at 6:10pm
Ma'ariv at 7:00pm

Megillas Esther at 7:15pm

Tuesday March 10th

Shachris: 6:30am | Mincha at 5:50pm

Megillas Esther at 7:00 am

Mincha at 5:50 pm • **SEUDAH** at 6:05 • Ma'ariv Following Meal

TO ENTER
THE PURIM
SCHTICK
CALL:
BOBBY.
602-1796



The Delicious

SEUDAH



Costume Contest & Schtick Nite

The Delicious and Festive Meal

will be served up by our own, fabulous Chef Norma, so you know it will be DELICIOUS!

More Seudah details to come. Dont miss out! ... Featuring Jackie's whiskey slush,
ShushanSlush for the Kids & Hamentashen Dessert.



Of course, the **COSTUME CONTEST**: Prizes 3 categories - Children, Adults and Couples/family ...

SCHTICK: Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max) Enter with
the title of 'Your Schtick' to Bobby Levine to be scheduled into the evening's entertainment
lineup! (rxlevine@charter.net) or 602-1796. **GET ON THE SCHTICK - Sign Up by Friday, March 6.**

\$18 ADULT • \$12 CHILD (4-10) \$72 FAMILY MAX.



RSVP BY MARCH 2ND
314-991-2100 EXT: 2

Nusach Hari
B'nai Zion



The NHBZ Education Committee

Masks & Megillahs

Kids! Get Ready for Purim!

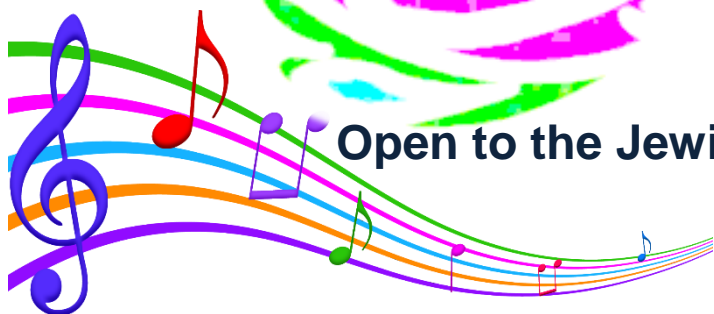
Sunday, March 8, 2020

2:00 – 3:30 p.m.

650 North Price Road, Saint Louis, MO 63132

**A fun filled afternoon for kids ages 2-10
Have fun making MASKS, MEGILLAHS,
HAMANTASHEN & GROGGERS
STORY-TELLING, NOSHING & SINGING.**

***Prize for each child in costume
Bring a can of food for the Food pantry***



Open to the Jewish public at no charge





THE SISTERHOOD SCOOP

FEBRUARY 22



Volume 3

Number 7

27 Shevat 5780

February 22, 2020

Next NHBZ Book Club

meets **THIS Monday, Feb. 24, 7:15-8:45 pm**, at the home of **Sallie Volotzky**. The book will be **"Inheritance: A Memoir of Genealogy, Paternity, and Love"** by Dani Shapiro. *People Magazine* calls it a profound and exquisitely rendered exploration of identity and the true meaning of family. **Linda Shore** will lead the discussion.

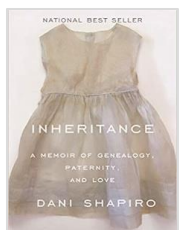
All women are welcome!

For directions and to RSVP

call **Terri Schnitzer**

@ **314-518-4107** or

terrischnitzer@yahoo.com



Next Movie Night

Wednesday, March 4, 6:00pm

Mansions on the Plaza-8300 Delmar

See the award-winning film **'FILL THE VOID'**

Space is limited. For more info call **Faith Waxman**

at **314-852-2527** or **faihegw@gmail.com**



ESTHER MILLER BAIS YAAKOV
Presents A Musical For Women
314-863-9230 www.baisyaakov.booktix.com

Sun. Feb. 23
7:30pm
at Clayton HS

Double Take

MARK YOUR CALENDARS

SAVE THE DATE ★ SAVE THE DATE ★ SAVE THE DATE

★ **Next Book Club book: "Inheritance" by Dani Shapiro, at the home of Sallie Volotzky; - Monday, February 24, 7:15-8:45PM**

★ **Sisterhood's "Movie Night Out" - Wednesday, March 4, 6:00PM at Mansions**

★ **NHBZ's Purim Seudah. Join our Shtick! - Tuesday, March 10 at 6:15PM**

★ **Author Caroline Goldberg Igra - "Count to a Thousand" - Sunday, March 29, 3:00-4:30PM**

Parshas Mishpatim

Three Short Rules for Successful Relationships

- from *Chana Weisberg* (Chabad.org)

Ever wonder why fresh flowers make such a great gift? There's their fragrant aroma and vibrant beauty. But flowers don't actually *do* anything. They don't satisfy a craving; they can't be hung on a wall or provide an enduring contribution. To some, they are just wasteful extravagance.

But perhaps that's precisely why we love them. Flowers represent a small luxury whose sole purpose is to express care. A spouse who gifts flowers may be saying, "I have no idea *why* you like this. This isn't about *me*, but rather, my love for *you*."

In this week's Torah portion, Mishpatim, we read: *[Moses] took the book of the covenant, and read in the hearing of the people; and they said: "All that G-d has spoken, we will do, and we will hear."* (Ex. 24:7)

The Talmud (Shabbat 88a) states: "When the people of Israel gave precedence to 'we will do' over 'we will hear,' a heavenly voice exclaimed: 'Who revealed to My children this secret . . . ?'"

In saying "we will do" before even hearing the details of what they were committing themselves to, the nation demonstrated their absolute devotion to G-d. They were prepared to 'blindly' do G-d's bidding just because it is His will.

The first step in a relationship is doing for another unconditionally—*not* because it makes sense, or is logical or practical.

But doing is not enough! Aside from saying "we will do," the nation also said "we will hear." The Chassidic masters explain: "G-d desires that we should do as well as 'hear' and comprehend His will, so that we serve Him not only with our hands and feet, but *also* with our *minds and hearts*."

Action needs to precede understanding, but we can't stop there, or our acts become robotic and unfeeling. Blindly doing is not enough. We also need to actively engage in the relationship, to understand the other's wants and needs. To dig deeper into their psyche to recognize what motivates, pleases or cheers them; what angers, inspires or arouses them.

But here's where we come full circle. Even while working to understand the reasons or benefits in doing their desires, we must still do it *just* for them.

"Mishpatim were taught after the Giving of the Torah in order to emphasize that just as the other commandments are from Sinai, so, too, are these from Sinai." (Mechilta; Shemot Rabbah 30:3.)

Mishpatim are those laws that logically make sense and create a just society. Yet we follow *mishpatim* not merely because they are practical, but because doing so connects us to our Creator. That's why Chassidim would wish each other to fulfill the rational *mishpatim* with the same unquestioning acceptance as commandments whose explanations are mysterious.

So, whether in your relationship with G-d or with your significant other, here are three relationship rules learned from this week's *parshah*:

1. Do. Unconditionally. Illogically.
2. Work to understand your partner's needs and wants.
3. Never forget: It's not about *me*, but *you*.



Sisterhood's March Line-Up

Watch a Movie! • Read a Book!

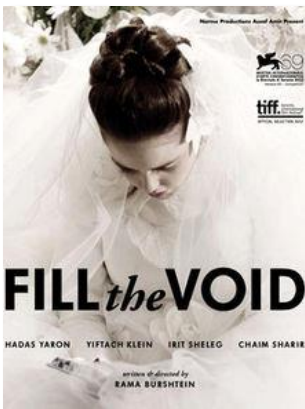
'Girls Night Out' Movie Night

Wednesday, March 4, 6:00pm

at Mansions on the Plaza, 8300 Delmar Blvd.

Park at the main entrance circle or along Delcrest Ave.

Theater-goers meet in the Lobby by 5:45 pm



FILL THE VOID (90 minutes), Eighteen-year-old Shira (Hada Yaron) is the youngest daughter of the family and is about to be married off to a very promising young man of the same age. On Purim, everything changes and Shira is left with a heartrending choice.

\$10 per person – Includes Popcorn, Drinks & Snacks

Limited Seating [PAYMENT IN ADVANCE RESERVES YOUR SEAT]

Contact Faith Waxman at 314-852-2527 or faithegw@gmail.com

RSVP Now  to Reserve Your Seat



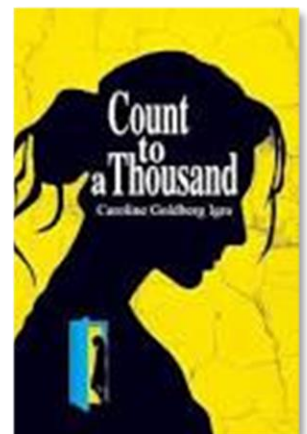
NHBZ Sisterhood and Israel Committee
invite you to "Meet the Author"

Caroline Goldberg Igra

author of "*Count to a Thousand*"

Sunday, March 29
3:00-4:30pm

at Nusach Hari B'nai Zion
650 North Price Road, Olivette



"*Count to a Thousand*," tells the story of an American expatriate who constructs a life in Israel – and the challenges that arise.

The book is available in advance at NHBZ for \$15. Call to reserve your copy.

RSVP by March 24 to jeff@nhbz.org or 314-991-2100



Shabbat

Shabbos, March 14, 2020

8:30 am **Traditional Services** – in the sanctuary

9:15 am **Prayer Learners Service** – led by Rabbi Yosef David of Aish HaTorah St. Louis in the chapel

10:00 am **Starting Points** –led by Rabbi Ze'ev Smason topic:
"Haters and Critics: How to Deal with People Who Judge You"

10:00 am **Children's Programming** – lower level
Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:30 am

Synaplex Breakout Sessions:

"Are we 'United' or 'Untied'? It All Depends Where You Put the 'I' " – **Rabbi Yaakov Berkowitz, St. Louis Kollel**

"Strengthening Your Zionist Narrative : Education as a Tool for Empowerment" - Adam Blue, Midwest High School Coordinator for StandWithUs, an international Israel education organization that educates and inspires students and communities on hundreds of college campuses, high schools, and middle schools.

12:30 pm **Kiddush / Luncheon** - in the Social Hall