



# Shabbos Bulletin

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 29, 2020 ~ 4 Adar 5780

Candle Lighting 5:34 pm

Shabbat Ends 6:38 pm

Parshas Terumah  
Haftarah

Exodus 25:1-27:19  
1 Kings 5:26 - 6:13

Chumash pages 444-463  
Chumash pages 1157-1158

### Our Sponsors:

**Moshe Pinto** is sponsoring this Shabbat bulletin in gratitude for all the people who reached out to him during his return to Israel on the passing of his dear mother. He especially thanks Menachem Szus and Rabbi Smason for their phone calls at a much needed time.

### Welcome Rabbi Dan and Jordana Kirschenbaum

#### Erev Shabbos, February 28

- Mincha & Ma'ariv ~ 5:30 pm

#### Shabbos, February 29

- Shabbat Services ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**  
- Shacharis: **Menachem Szus**  
- Leyning: **Shmuel Anton**

- Haftarah: **Moshe Pinto**  
- Drasha: **Rabbi Dan Kirschenbaum**  
- Musaf: **Shmuel Anton**

Shabbat Greeters: **Jim Pollock & Mark Ragin**



- Learners Service with Rabbi Yosef David ~ 9:30 am
- Babysitting ~ 10:00 am
- Starting Points with Rabbi Ze'ev Smason ~10:15 am topic : "Get Back on Track: Strategies for Bouncing Back After Slipping-Up"
- Shabbos Morning Drasha / Sermon: "G-d Our Father or G-d Our Master? How We Dialogue With Hashem"
- Pre-Mincha Shiur ~ 4:30 ~ Rabbi Kirschenbaum topic: "Other People's Shoes: Can We Really Judge Others Favorably?"
- Mincha / Ma'ariv /Shalosh Seudos ~ 5:20 pm ~ Rabbi Kirschenbaum topic: "The Gambler and the Baby"
- Shabbat ends ~ 6:38 pm

#### This Week and Beyond

Minyan Times	Shabbos Feb 29	Sun. Mar 1	Mon. Mar 2	Tues. Mar 3	Wed. Mar 4	Thurs. Mar 5	Fri. Mar 6	Shabbos Mar 7
Shachris	9:00 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:20 pm	5:40 pm	5:40 pm			5:40pm	5:40 pm	5:25 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		

**Happy Birthday to ~ Hal Rosen, Tammy Sallis, Devy Goldenberg,  
Shirley Bluestein, Victor Tendler, Pearl Figus and Janet Haber**

**Anniversaries ~ Gary & Trudy Sudin**

- **Sunday, March 8 ~ 2:00-3:30 pm ~ *Masks & Megillahs* ~** A fun filled afternoon for kids ages 2-10 Have fun making MASKS, MEGILLAHS, HAMANTASHEN & GROGGERS, STORY-TELLING, NOSHING & SINGING. Bring your grandkids!
- **Monday Night, March 9 ~ *PURIM* begins ~ *MEGILLAH READING* at 7:15 pm**
- **Tuesday, March 10 ~ *PURIM Seudah* at 6:05 pm. RSVP for the Purim Dinner to [jeff@nhbz.org](mailto:jeff@nhbz.org) or 991-2100 ext. 2**
- **Shabbos, March 14 ~ SYNAPLEX ~** Speakers and Kiddush luncheon ~ see flyer in this bulletin
- **Tuesday, March 17 ~ 7:30 pm ~ Board Meeting**
- **Shabbos, March 28 ~ Guest speaker Rabbi Chaim Eisen**
- **Sunday, April 5 ~ Pizza Night ~ Pre-Pesach!**

**RSVP NOW for the March 10<sup>th</sup> Purim Seudah (dinner)**

- **Sunday, March 29, 3:00-4:30 pm at NHBZ ~**Meet author Caroline Goldberg Igra and hear her speak about her book "Count to a Thousand". The book is available in advance at NHBZ for \$15 and is displayed in the lobby. Light refreshments.

**Parshas Terumah Exodus**

Parshas Terumah begins a series of four out of five portions which discuss in detail the construction of the Mishkan, the traveling Tabernacle which would serve as a 'resting place' for G-d's presence among the Jewish people. This week's portion recounts G-d's description to Moses of how to construct the Mishkan, beginning with a listing of the various precious materials to be collected from the Jewish people for this monumental project. G-d describes the magnificent golden and wooden Ark which would house the tablets of the Ten Commandments, complete with its dazzling cover depicting two cherubim (angels with faces of children) facing each other. Next, G-d provides Moses with the blueprints of the shulchan (holy table) upon which the lechem hapanim (showbread) would be placed each week. Following the description of the pure golden menorah which was to be hammered from one large piece of gold, G-d describes the structure of the Mishkan itself. It contained splendidly woven and embroidered covers, curtains and partitions, and the sturdy outer walls. The Torah portion concludes with instructions for the copper altar and the Mishkan's large outer courtyard.

**Torah Trivia from the Parsha this week:**

**Last week's question:** What is the punishment for striking one's parent?

**Answer is:** Death penalty

**This week's question :** What was the basis for the model of constructing the Mishkan?

## **Adult Learning at NHBZ**

- **Every Monday 7:00 pm ~ “To the Source” with Rabbi Smason.** An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts. For Men and Women.
- **Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers.**
- **Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

*February 29: “Get Back on Track: Strategies for Bouncing Back After Slipping-Up”*

*March 7: “Finding Joy: Is Happiness a Choice?”*

*March 14: “Haters and Critics: How to Deal with People Who Judge You”*

*March 21: (No Class from Rabbi Smason)*

*March 28: To Tell the Truth: Is Honesty Always the Best Policy?”*

**Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)**

**Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler**

**Every Monday ~ ‘Amud-of-the Week’ with Rabbi Perlman (for men only)**

**First Tuesday of each Month ~ 2:30 pm ~ Women of the Torah ~ at the home of Jackie Berkin facilitated by Rabbi Yaakov Berkowitz of the St. Louis Kollel~ Open to all women**

## **In the Community**

**March 2nd at 7:30 pm ~** MTI invites the entire community to an evening with the world renowned inspirational speaker Charlie Harary, who will speak on the topic of “The Eyes of Greatness-How to See the Invisible”. Monday evening,. Light refreshments to follow. 1809 Clarkson Road in Chesterfield. Dedicated in memory of Greg Fox obm, commemorating his 4th yahrtzeit. There is no charge for this event. To RSVP or for any questions, please email [gregfoxevent@gmail.com](mailto:gregfoxevent@gmail.com) or call the Yeshiva at 636-778-1896 x108.

**Sunday, March 15<sup>th</sup>:** St. Louis Kollel Presents: Yaakov Shwekey ~Live And In Concert At Jewish Unity Live 2020 One Night Only! Anheuser-Busch Performance Hall Touhill Performing Arts Center One University Boulevard St. Louis, Missouri 63121 Concert starts at 7pm Doors open at 6:30pm Tickets on sale [www.stlkollel.com](http://www.stlkollel.com)

## **NHBZ Shul Tributes – Month February 2020**

### **Trib-ute (trib'yoot)**

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute honor someone's simcha or good health or a loved one's memory.

Call Jeff in the office to make a tribute – 991-2100, ext 2.

*Tributes will be listed monthly in the Shabbos bulletin.*

#### **A SPEEDY RECOVERY TO**

**Phyllis Silverman**

**Jackie Berkin  
Dr. Craig Berkin**

#### **SENT BY**

**Gloria Serkin  
Sharon & Dave Silverman  
Mayer Taller**

**Mayer Taller  
Mayer Taller**

#### **MAZEL TOV TO**

**Bruce & Faith Waxman on the birth of a grandson**

**Bob & Joni Kaiser on the birth of granddaughter**

#### **SENT BY**

**Ed & Helayne Levitt  
Howard & Phyllis Loiterstein**

**Bob & Sandie Abrams  
Jerry & Devy Goldenberg  
Ed & Helayne Levitt  
Sam & Shirley Bluestein**

#### **HAPPY ANNIVERSARY TO**

**Jerry & Fran Cohen (69<sup>th</sup>)**

#### **SENT BY**

**Gloria Serkin  
Dr. Eliot & Sally Katz**

#### **IN HONOR OF**

**Bruce & Faith Waxman receiving  
The Staenberg “Heart of Gold” Award**

#### **SENT BY**

**Jeff & Terri Schnitzer**

#### **IN MEMORY OF**

**Betty Novick, mother of Charlene & Dr. Michael Kass**

#### **SENT BY**

**Anita Hutkin  
Jim & Grace Dowd**

**Morris Kram, wife of Estelle Kram**

**Sam & Shirley Bluestein  
Jeff & Terri Schnitzer**

**Phyllis Manesberg**

**Craig & Jackie Berkin  
Alan & Janet Haber  
Bob & Joni Kaiser  
Sally Needle  
Mark Ragin & Gail Rose  
Sid & Phyllis Silverman  
Menachem & Linda Szus**





# THE SISTERHOOD SCOOP

## FEBRUARY 29



Volume 3

Number 8

4 Adar 5780

February 29, 2020

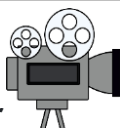
### Next Movie Night

Wednesday, March 4, 6:00pm

Mansions on the Plaza-8300 Delmar

See the award-winning film 'FILL THE VOID'

Space is limited. For more info call **Faith Waxman** at 314-852-2527 or [faithegw@gmail.com](mailto:faithegw@gmail.com)



### Parshas Terumah

### A Solution to Every Problem

- adapted from Rebbetzin Esther Jungreis (AISH.org)



Our Sages teach us that at Mount Sinai we attained such majestic heights that, if not for the sin of the Golden Calf, we would never have needed to build a Sanctuary. That being the case, it is rather puzzling that in this parashah we are commanded regarding the Sanctuary, although the sin of the Golden Calf had yet to occur. So why are we instructed to build the Sanctuary at this point?

The construction of the Tabernacle – which served to keep G-d close to His people – was commanded *before* the sin of the Golden Calf – which distanced Israel from G-d – is mentioned in the Torah. G-d teaches us a lesson to fortify us through all life's tests: Before a tragedy occurs, G-d provides the solution.

Our mother, Rebbetzin Esther Jungreis, often explains this teaching through a popular parable. At one time or another, through our own foolishness, or for some inexplicable reason, we find ourselves in "hot water" and feel we cannot continue. Under such circumstances, what's to be done? We have three choices, which can be compared to a carrot, an egg, or coffee.

If a carrot is placed into boiling water, after a while it disintegrates and becomes mush. If an egg is placed into boiling water, it becomes hard and tough, but when coffee is placed into boiling water, the boiling water becomes a delicious drink. These are the choices that we all have when we suddenly find ourselves in boiling water. We can disintegrate like carrots, fall apart, and become depressed; we can become as hard as a boiled egg, tough, cynical, angry, and bitter; or we can become like coffee, converting that water into a delicious drink.

Similarly, we can transform our difficulties, our tragedies into something positive and find our way back to our Creator. G-d showed us the way: The Tabernacle that would bring atonement for the sin of the Golden Calf was commanded to be built before the sin of the Golden Calf occurred. Moses ascended Mount Sinai again, and beseeched G-d to forgive His people. Then he ascended once again to receive the Ten Commandments anew. The day the forgiveness was complete, and Moses was given the Second Tablets, became a Day of Atonement for all eternity – Yom Kippur.

These then, are our choices: In the face of onerous difficulty do we become "carrots," depressed? Do we become "hard-boiled eggs," tough and angry? Or do we convert that boiling water into something positive and create something desirable from our adversity? Learn from that experience! Move on, become wiser and more sensitive, and fulfill the purpose for which you were created by continuing to serve our Creator.

## Orli's Boutique

### Orli's Boutique Open House to support NHBZ Sisterhood!

Sunday, March 22, 1am - 4pm

161 Lamp & Lantern Village in Chesterfield  
(636) 527-1121

Orli Axelbaum will donate a percentage of all sales at *Oli's Boutique* on Sunday, March 22 to **our Sisterhood!** This open house event marks the Spring kickoff of Sisterhood's 5<sup>th</sup> Annual Dine 'N' Style Luncheon and Fashion Show to be held August 30 at NHBZ.

**Stop by ~ Shop ~ Support our Sisterhood!**

### NHBZ Book Club

Thank you to **Sallie Volotzky** for hosting, and to **Linda Shore** for leading the discussion Feb. 24 of the book, **"Inheritance: Memoir of Genealogy, Paternity, and Love"** by Dani Shapiro. It was a winner! Next book is **"The Only Woman in the Room,"** the powerful bestseller by Marie Benedict, meeting on April 27. **All women are welcome!** For info call **Terri Schnitzer** @ 314-518-4107 or [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)



## MARK YOUR CALENDARS

SAVE THE DATE ★ SAVE THE DATE ★ SAVE THE DATE

★ Sisterhood's "Movie Night Out"

– Wednesday, March 4, 6:00PM at Mansions

★ Sisterhood Board Meeting – Thurs., March 5.

★ NHBZ's Purim Seudah. Join our *Shtick!*

– Tuesday, March 10 at 6:15PM

★ Orli's Boutique Open House–Shop to Support Sisterhood – Sunday, March 22, 11AM-4PM

★ Author Caroline Goldberg Igra – "Count to a Thousand" – Sunday, March 29, 3:00-4:30PM

★ Membership Tea – Sunday, May 3, 2-4PM

### excerpted from 'Why We Value What We Make'

by **Rabbi Jonathan Sacks**

*Jonathan Sacks*

"The greatest gift we can give people is to give them the chance to create. This is the one gift that turns the recipient into a giver. It gives them dignity... Hence the life-changing lesson: if you want people to value something, get them to participate in creating it. Give them a challenge and give them responsibility. The effort we put into something does not just change the object: it changes us. The greater the labour, the greater the love for what we have made."



## Sisterhood's March Line-Up

Watch a Movie! • Read a Book!

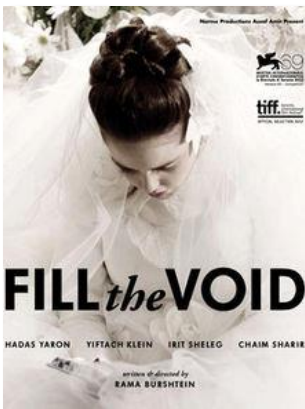
### 'Girls Night Out' Movie Night

### Wednesday, March 4, 6:00pm

at Mansions on the Plaza, 8300 Delmar Blvd.

Park at the main entrance circle or along Delcrest Ave.

Theater-goers meet in the Lobby by 5:45 pm



**FILL THE VOID** (90 minutes), Eighteen-year-old Shira (Hada Yaron) is the youngest daughter of the family and is about to be married off to a very promising young man of the same age. On Purim, everything changes and Shira is left with a heartrending choice.

**\$10 per person – Includes Popcorn, Drinks & Snacks**

Limited Seating [PAYMENT IN ADVANCE RESERVES YOUR SEAT]

Contact Faith Waxman at 314-852-2527 or [faithegw@gmail.com](mailto:faithegw@gmail.com)

RSVP Now ➡ to Reserve Your Seat

**NHBZ Sisterhood and Israel Committee**  
invite you to "Meet the Author"

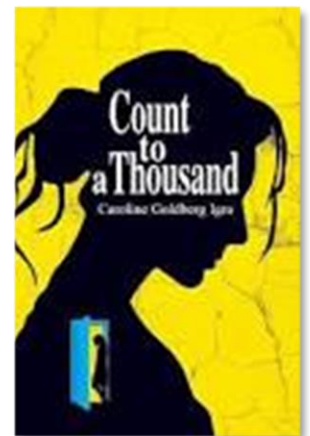
**Caroline Goldberg Igra**

author of "*Count to a Thousand*"

**Sunday, March 29**

**3:00-4:30pm**

at Nusach Hari B'nai Zion  
650 North Price Road, Olivette



"*Count to a Thousand*," tells the story of an American expatriate who constructs a life in Israel – and the challenges that arise.

The book is available at NHBZ for \$15. Call to purchase and read your copy in advance of the discussion. Bring your copy – or buy one at the signing.

RSVP by March 24 to [jeff@nhbz.org](mailto:jeff@nhbz.org) or 314-991-2100

# PURIM IS COMING !!!

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Set in Persia 2,300 years ago, the "Megillah" tells how a seemingly unrelated series of events spun together to save the Jewish people from annihilation. Purim is Judaism's most dramatic, fun-filled holiday. Here are the mitzvahs and customs of Purim at NHBZ:

## **1. Read the Book of Esther - Mitzvah of Mikra Megillah**

It is a Mitzvah to hear the Megillah read twice. Bring your kids and family!

### **Monday night, March 9<sup>th</sup>**

6:10 pm - Mincha

7:00 pm - Maariv

7:15 pm- Megillah reading

### **Tuesday, March 10<sup>th</sup>**

6:30 am - Shachris

7:00 am - Megillah reading

## **2. Give Charity to the Poor - Mitzvah of Matanot l'Evyonim**

**Od Yosef Chai** - For several years, NHBZ has collected money for Od Yosef Chai, an organization that distributes money to the poor in Israel. **Make checks payable to Rabbi's Charity Fund** and bring or send them to our office. To donate by credit card, please call 314-991-2100, ext. 2. The deadline for contributions is **Thursday, March 12<sup>th</sup>**.

## **3. Send Gifts to Friends - Mitzvah of Mishloach Manot**

Fulfill the mitzvah of Mishloach Manos! Give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else!! All proceeds will benefit our NHBZ Chesed Fund. Cards may be purchased in our office at \$10.00 per pack of 5 cards with envelopes, or \$25 for three 5-packs.

## **4. Fast of Esther**

To commemorate the day of prayer and fasting that the Jews held in the Book of Esther, we fast on the day before Purim, Monday, March 9th beginning at 6:10 a.m. and concluding at 7:46 p.m.

## **5. Eat a festive Purim meal - mitzvah of Seudah Purim**

### **Tuesday night, March 10<sup>th</sup>**

5:50 pm – Mincha,

6:05 pm **Sharp!** - Purim Seudah, Hi-Jinks, and FUN for all !!!

Dinner, Whiskey Slush, **PLUS Hamantaschen thanks to the NHBZ Sisterhood!!!**

Ma'ariv following Seudah.

**RSVPs ARE REQUIRED FOR DINNER**

**See flyer for details.**





# Join Us For Purim!

2020  
5780



## Monday March 9th

Shachris: 6:45am | Mincha at 6:10pm  
Ma'ariv at 7:00pm

**Megillas Esther at 7:15pm**



TO ENTER  
THE PURIM  
SCHTICK  
CALL:  
BOBBY.  
602-1796

## Tuesday March 10th

Shachris: 6:30am | Mincha at 5:50pm

**Megillas Esther at 7:00 am**

Mincha at 5:50 pm • **SEUDAH** at 6:05 • Ma'ariv Following Meal

### The Delicious

# SEUDAH

## Costume Contest & Schtick Nite

### The Delicious and Festive Meal

will be served up by our own, fabulous Chef Norma, so you know it will be DELICIOUS!

More Seudah details to come. Dont miss out! ... Featuring Jackie's whiskey slush,  
ShushanSlush for the Kids & Hamentashen Dessert.



Of course, the COSTUME CONTEST: Prizes 3 categories - Children, Adults and Couples/family ...

SCHTICK: Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max) Enter with  
the title of 'Your Schtick' to Bobby Levine to be scheduled into the evening's entertainment  
lineup! (rxlevine@charter.net) or 602-1796. GET ON THE SCHTICK - Sign Up by Friday, March 6.

**\$18 ADULT • \$12 CHILD (4-10) \$72 FAMILY MAX.**



RSVP BY MARCH 2ND  
314-991-2100 EXT: 2

Nusach Hari  
B'nai Zion





*The NHBZ Education Committee*

# **Masks & Megillahs**

***Kids! Get Ready for Purim!***

**Sunday, March 8, 2020**

**2:00 – 3:30 p.m.**

**650 North Price Road, Saint Louis, MO 63132**

**A fun filled afternoon for kids ages 2-10  
Have fun making MASKS, MEGILLAHS,  
HAMANTASHEN & GROGGERS  
STORY-TELLING, NOSHING & SINGING.**

***Prize for each child in costume  
Bring a can of food for the Food pantry***



**Open to the Jewish public at no charge**





**Shabbat**

## Shabbos, March 14, 2020

8:30 am **Traditional Services** – in the sanctuary

9:15 am **Prayer Learners Service** – led by Rabbi Yosef David of Aish HaTorah St. Louis in the chapel

10:00 am **Starting Points** –led by Rabbi Ze'ev Smason topic:  
*"Haters and Critics: How to Deal with People Who Judge You"*

10:00 am **Children's Programming** – lower level  
Tot Shabbat for ages 1-6, babysitting for younger children,  
Junior Congregation for ages 7 and up

11:30 am

### Synaplex Breakout Sessions:

**"Are we 'United' or 'Untied'? It All Depends Where You Put the 'I' "** – **Rabbi Yaakov Berkowitz, St. Louis Kollel**

**"Strengthening Your Zionist Narrative : Education as a Tool for Empowerment" - Adam Blue, Midwest High School Coordinator for StandWithUs, an international Israel education organization that educates and inspires students and communities on hundreds of college campuses, high schools, and middle schools.**

12:30 pm **Kiddush / Luncheon** - in the Social Hall



Jewish War Veterans of the United States  
Heritage Post 644  
12 Millstone Campus Drive  
St. Louis, Missouri 63146-5776

## Veterans Offer College Scholarship to Jewish High School Students

The Jewish War Veterans of the United States, Post 644, St. Louis is offering a \$1000 Chuck Sandroff scholarship to a high school senior graduating from an accredited program and planning to enter a college-level or vocational training program in the Fall. The student applying should be of the Jewish faith and should be related to a Jewish veteran of any branch of the military, at any time. The application should include a short essay about the reasons the student is seeking the award. It should include scholastic record, volunteering efforts in school and the community, and a short narrative about how the related veteran influenced the applicant's life.

Applications should be sent to Harvey Bloth, 15441 Hitchcock Road, Chesterfield, MO 63017 or preferably: [harveybloth@gmail.com](mailto:harveybloth@gmail.com), by April 30, 2020.

### **To Apply, please provide the following:**

1. Name, address, email or other contact means
2. What school are you currently attending and what is your GPA?
3. Have you been accepted to a college-level program (including trade or vocational school), or to what schools are you applying?
4. Do you have a Jewish parent?
5. Are you a direct descendant (child, grandchild, niece/nephew) of a Jewish Veteran?
6. In what volunteer activities have you participated, including school, community, and Jewish organizations?
7. Short narrative about how your related veteran has influenced your life.

Founded in 1896, the Jewish War Veterans of the United States of America is the oldest active, Congressionally chartered veterans' organization in America. JWV is dedicated to upholding America's democratic traditions and fighting bigotry, prejudice, injustice, and discrimination of all kinds. As a national organization, JWV represents the voice of America's Jewish veterans on issues related to veterans' benefits, foreign policy, and national security. JWV also commits itself to the assistance of oppressed Jews worldwide.