



# Shabbos Bulletin

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 18, 2020 ~ 26 Tammuz 5780

Candle Lighting 8:06 pm

Shabbat Ends 9:08 pm

Parshas: Matos - Masei: Numbers 30:2 - 36:13  
Haftorah: Jeremiah 2:4-28, 4:1-2

Chumash pages 876 - 899  
Chumash pages 1193-1194

| Minyan Times     | Wed<br>July 15 | Thurs<br>July 16 | Fri<br>July 17 | Shabbos<br>July 18 | Sun<br>July 19 | Mon<br>July 20 | Tues<br>July 21 | Wed<br>July 22 |
|------------------|----------------|------------------|----------------|--------------------|----------------|----------------|-----------------|----------------|
| Shachris         | 7:00 am        | 7:00 am          | 7:00 am        | 7:00 am            | 8:00 am        | 7:00am         | 7:00 am         | 6:45 am        |
| Mincha / Ma'ariv | 7:15 pm        | 7:15 pm          | 7:00 pm        | 7:45 pm            | 7:15 pm        | 7:15 pm        | 7:15 pm         | 7:15 pm        |

**Davening at Shul! (Tent on East Parking Lot) Mincha / Maariv: Sunday, Wednesday and Thursday: 7:15 pm - Kabbalat Shabbat: 7:00 pm - Shabbat Morning: 9:00 am**

See attachment for full information.

**Happy Birthday ~** Ron Makovsky, Kurt Kahn and Charlene Kass

**Anniversaries ~** Brian & Debbie Sher

### This Week and Beyond.....

- **Friday Evening, July 17 ~ Virtual Kabbalat Shabbat Service at 6:45 pm**

Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.

Join by video: <https://zoom.us/j/295822730>

Join by audio: 314-325-8791

- **Wednesday, July 22 at 7:00 pm ~ NHBZ Sisterhood presents Rebbetzin Chani Smason who will speak on "What on Earth Does G-d Want from Me"** See the Sisterhood page for more news.

Join by video: <https://zoom.us/j/295822730>

- **Thursday, July 30 from 2:00 -3:00 pm ~ Tisha B'Av ~NHBZ invites You to a Zoom presentation titled: "Jerusalem: The Legacy Of Its Liberators" Featuring Guest Speaker Alon Wald, Head of Marketing & Operations, Ammunition Hill National Heritage Center, Israel. ZOOM Link: TBA**

- **Sunday, August 2 ~ Mexican Kosher Carry Out at NHBZ ~ Too hot to cook?** If so, make your reservation for a carry out kosher Mexican dinner! Please see the flyer for the menu and details. A limited number of dinners are available, so please reserve yours now.

- **Tuesday, August 4 at 7:00 pm ~** You are invited to a presentation through Zoom with NHBZ member **Dr. Isaac Amon**. Dr. Amon is a licensed attorney and counselor at law in Missouri. The title of his presentation is: **"True Confessions? How Judaism and Other Traditions Approach the Role of Confession in Criminal Cases"**.

Join by video: <https://zoom.us/j/295822730>

Join by audio: 314-325-8791

## **Parshas Matos -- Masei**

In the first of this week's two action-packed portions, Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. Anticipating entrance into the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer' Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance.

Masei (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. The boundaries of the Land of Israel are defined. Since the Levites would not be receiving a regular portion of the land, 48 cities are set aside for them. Cities of refuge are established; one who unintentionally murders can flee there. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

**ANNOUNCING A NEW SISTERHOOD CLASS**  
**REBBITZEN CHANI SPEAKS ON:**  
**What on Earth Does**  
**G-d Want from Me?**  
**Learning how to respond to**  
**a crisis from great Jewish**  
**women of our time.**  
**Wednesday, July 22**  
**7:00 PM**

Join by video:

<https://zoom.us/j/295822730>

## **The 9 Days**

Rosh Chodesh Av occurs on Wednesday, July 22. This begins a period of time known as the '9 Days.' The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples. In addition to the restrictions that apply to the entire three-week period, during this time we refrain from the following additional joyous activities: Eating meat and drinking wine (except for Shabbos), laundering clothing, swimming or bathing for pleasure and remodeling or expanding a home. For questions or further details, please contact Rabbi Smason The Three Weeks.

## **The Three Weeks**

An annual mourning period that falls out in the summer. We mourn the destruction of the Holy Temple and our launch into a still-ongoing exile. The period begins on the 17th of the Hebrew month of Tammuz, a fast day that marks the day when the walls of Jerusalem were breached by the Romans in 69 CE. The Three Weeks reaches its climax and concludes with the fast of the 9th of Av, the date when both Holy Temples were set aflame. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people.

## **Accepting Classified Ads for the NHBZ Shabbat Bulletin**

Do you have a business or wish to advertise an item in our Shabbat bulletin? For only \$18.00 per month your JPEG, PDF or MS WORD designed ad can be seen by all our members and friends plus on our website. Contact Jeff at [jeff@nhbz.org](mailto:jeff@nhbz.org) or call 314-991-2100 ext 2.



Please Join the Nusach Hari B'nai Zion

## **DOLLAR-A-DAY PUSHKE CAMPAIGN for 2020 - 2021**

In Judaism, "giving to the poor" is not merely a generous act; it is a commandment. In the Torah, G-d commands us to perform acts of *tzedakah*, the Hebrew word for "justice" or "righteous behavior."

We regularly give Tzedakah during minyanim, and other weekday events. These contributions serve as a part of our synagogue's income that meets our financial needs. During the Covid-19 pandemic, we cannot attend shul, and as a result we are somewhat limited in giving Tzedakah, and consequently, we lose these sources of income.

A *Pushke* is a little can or container kept in the home, in which to accumulate money to be donated to a charity. Putting money into a Pushke was a custom for many generations of Jews; however, it has become less widely observed and appreciated in recent times. We encourage everybody to fulfill their Tzedakah obligation and at the same time help our synagogue financially by bringing back a meaningful and beautiful custom of putting money into a Pushke. This way we can fulfill the mitzvah of Tzedakah at home, by ourselves or with our families.

*In this new, one-year, Dollar-A-Day Pushke Campaign, you will be able to pick-up your Pushke at the NHBZ office. We will also deliver Pushkes to everybody who needs that service. We ask participants to contribute one dollar a day to their Pushke, and we will collect them every three months.*

Let us give the beautiful custom of Pushke a new life, which is very important during the pandemic.

**Complete details on how you may participate will be in next week's bulletin and in an e-mail.**

Many thanks to the several generous donors who are funding the startup campaign costs!

Thank you.

Your NHBZ Pushke Committee: Dr. Eliot Katz and Stella Vladimirov

## **Davening at Shul! (Tent on East Parking Lot)**

**Mincha/Maariv: Sunday, Wednesday and Thursday - 7:15 pm (approximately 25 minutes)**

**Kabbalat Shabbat: 7:00 pm (approximately 40 minutes)**

**Shabbat Morning: 9:00 am (approximately 1.5 hours)**

**We are limiting attendance to 25.**

**You must call or email to reserve your space for Kabbalat Shabbat and Shabbat morning.**

**Contact either Jeff Miller or Alan Zarkowsky by Thursday evening.**

**You will be contacted if we are unable to accommodate you.**

Come on time! As noted, davening times are shortened.

### **Outdoor Davening Procedures**

1. Anyone with symptoms of Covid-19 or who has within the last 14 days been in contact with someone having symptoms **MUST NOT ATTEND.**
2. Those at higher risk for severe illness per CDC guidelines are strongly discouraged from attending. This includes those over 65, or those with chronic medical conditions - including obesity, lung disease, diabetes, heart disease, hypertension, severe kidney or liver disease, neurological disorders, or immunocompromised.  
We strongly suggest checking with your private physician.
3. You must wear a mask at all times. Surgical or cloth masks are acceptable. If you feel the need to remove your mask, you must leave the area and then return when ready to put the mask back on.
4. Sanitize hands prior to entering.
5. Bring your own siddur. Men must bring their own tallis.
6. Pick any of the available seats. Do not rearrange seats or rows.  
Stay at your seat for the duration of davening. Do not change seats or go to visit with others.
7. Proper physical distancing must be maintained at all times.
8. Do not share books or bring books to others.
9. We will limit any singing along with the davening.
10. Procedures for leyning will be provided when we read Torah.
11. Bathrooms are only available if absolutely necessary and then by one person at a time.
12. At the end of davening, exit the area as quickly as possible while maintaining distancing.

**ANYONE NOT COMPLYING WITH THE ABOVE PROCEDURES WILL BE TOLD TO LEAVE.**

**Call or email Alan Zarkowsky with any questions.**

**Thank you. We look forward to seeing you.**

**Jeff Miller: 314-991-2100 ext 2 / [jeff@nhbz.org](mailto:jeff@nhbz.org)**

**Alan Zarkowsky: 314-805-1896 / [avzark@aol.com](mailto:avzark@aol.com)**



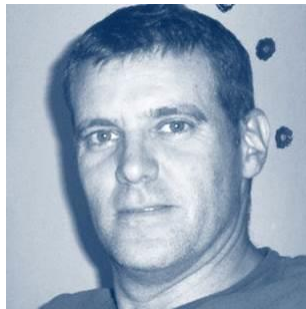
# "Jerusalem: The Legacy Of Its Liberators"

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## Thursday, July 30, 2020

**Tisha B'av**      **2:00 - 3:00 pm CDT**

**Nusach Hari B'nai Zion Congregation**  
**Invites You to a Zoom presentation featuring**  
**Guest Speaker: Alon Wald**  
*Head of Marketing & Operations,*  
*Ammunition Hill National Heritage Center, Israel*



Alon Wald is the Head of Marketing & Operations at Ammunition Hill National Heritage Center, a facility supported by Jewish National Fund-USA, and the site that led to the reunification of Jerusalem in the Six-Day War. Wald served his country as an officer in several elite Israel Defense Force units, the Israeli Secret Service (Shabak), and oversaw security operations at Israeli embassies.

NHBZ is offering this program in conjunction with the Jewish National Fund

Zoom link : TBA





# THE SISTERHOOD SCOOP

## JULY 18



Volume 3

Number 24

26 Tammuz 5780

July 18, 2020

### The Three Weeks

From Destruction to Renewal

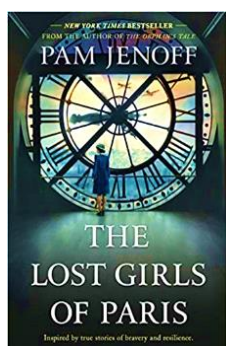


The three weeks "between the strictures" of Tammuz 17 and Av 9 are designated as a time of mourning over the destruction of the Holy Temple and the resultant galut—physical exile and spiritual displacement—in which we still find ourselves. In this period, both the first and second Temples were destroyed, and many calamities befell the Jewish people throughout the generations.

It is a time of fasting and lamentation as well as a time of increased Torah study and giving of charity. *A sense of purification accompanies the fasting, a promise of redemption pervades the mourning, and a current of joy underlies the sadness.* The Ninth of Av, say our sages, is not only the day of the Temple's destruction—it is also the birthday of Moshiach. *(excerpted from Chabad.org)*

### Join Sisterhood's Book Club and come read with us!

The next Book Club meeting will be on Zoom on **Monday August 24**, 7:15-8:45PM, and the book selection is: ***The Lost Girls of Paris***, by Pam Jenoff. Set in Manhattan, New York, in 1946, Grace Healey passed through Grand Central Terminal on her way to work and found an abandoned suitcase beneath a bench.



Inside she discovered twelve photographs of different women. A remarkable story of friendship and courage centered around three women and a ring of female secret agents during World War II. For more information call **Terri Schnitzer** at 314-518-4107 or [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)

### ANNOUNCING A NEW SISTERHOOD CLASS

### REBBITZEN CHANI SPEAKS ON:

## What on Earth Does G-d Want from Me?

### Learning how to respond to a crisis from great Jewish women of our time.

## Wednesday, July 22

### 7:00 PM

OPEN TO EVERYONE

Zoom link: <https://zoom.us/j/295822730>

### Parshah Masay: 'Perfect Travels'

— adapted from **Rabbi Shraga Simmons** ([www.aish.com](http://www.aish.com))

Parshat Masay enumerates the 42 different locations at which the Jewish people encamped during their 40 years in the desert. The travel route was determined by G-d's Cloud of Glory which accompanied them: When the Cloud rose, the Jews traveled, and when the Cloud settled, they encamped. The people never knew how long each encampment would be; they stayed in some places for many years, and others for as briefly as 12 hours. G-d issued no advance itinerary.

Based on these encampments, the Talmud derives many laws of Shabbat observance. One such law is the prohibition of dismantling a structure, in order to build a new one in its place. This is derived from the fact that the Jews would dismantle and reassemble their camp every time they traveled.

But, the commentators ask, why does the Shabbat law only pertain to rebuilding in the same location? During the Jewish travels, the dismantling was in order to rebuild in the next encampment - a different place!

To appreciate the answer, let's imagine a baby on a train ride, travelling in his mother's arms. From the child's perspective, he has never moved. He's always exactly where he should be, in his mother's arms.

So too, since the Jews in the desert started and stopped according to G-d's plan, they were always exactly where they should be. The geography might have changed, but ultimately their position was the same.

The lesson for us today? Our stations in life are only temporary. Our direction is constantly changing, taking us to new unknowns. Sometimes we may wish to be back in our old comfort zone. But in truth, the place where G-d directs us ... is the perfect place to be.

### This week's quote

**"One cannot and must not try to erase the past merely because it does not fit the present."**

— **Golda Meir**



# Mexican Dinner

**Sunday, August 2, 2020**



## Carry Out Kosher Mexican Dinner Menu

Each dinner includes your choice of:

- 2 soft or hard shell tacos with beef or
- 2 soft or hard shell tacos with chicken

(served with shredded lettuce, tomatoes, red onion, black olives)

- Sides included: Spanish rice - Corn salad- Mexican beans - Chips & Salsa - Dessert

**Cost \$ 48 for 4 dinners or**  
**\$25 for 2 dinners**



**PAY NOW**

All orders are paid in advance by clicking the Pay Now button (leave your taco choices in the memo box) or by contacting [Jeff@nhbz.org](mailto:Jeff@nhbz.org) 314-991-2100 ext.2



## **NHBZ Online Classes**

**Rabbi Smason will keep you connected during this challenging time.** The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

### **Instructions to attend a class:**

**\*For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

**\*For audio through your telephone:** Dial-in number: **314-325-8791**

*All classes listed below will use the above number to join with audio only.*

**\*\*If possible, please try to join each class a few minutes before the start-time**

**1. Weekdays at 8:00 am** (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

**2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit”** with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

**3. Friday at 8:00 am ~** Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

**4. Sunday- Wednesday at 7:00 pm ~** Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video at: <https://zoom.us/j/295822730>

**5. Every Monday at 7:30 pm ~ “To the Source”** with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

**6. Every Tuesday: 12:30 -1:00 pm ~"Lunch for Kids with Rabbi Smason"** Chat with the Rabbi and bring your lunch!. 30 minutes.

Join by video: <https://us02web.zoom.us/j/87618807354>



## NHBZ Online Classes (cont.)

**7. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers.** Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

**8. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.**

Join by video at: <https://zoom.us/j/295822730>

July 16-- Religion vs. Spirituality - Is There a Difference?

July 23 - "Resilience: Rising Strong After Falling Hard"



### Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to the NHBZ.

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