



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 11, 2020 ~ 19 Tammuz 5780

Candle Lighting 8:09 pm

Shabbat Ends 9:11 pm

Parshas: Pinchas Numbers 25:10 - 30:1
Haftarah: Jeremiah 1:1 - 2:3

Chumash pages 876 - 899
Chumash pages 1192-1193

Minyan Times	Wed July 8	Thurs* July 9	Fri July 10	Shabbos July 11	Sun July 12	Mon July 13	Tues July 14	Wed July 15
Shachris	7:00 am	6:45 am	7:00 am	7:00 am	8:00 am	7:00am	7:00 am	7:00 am
Mincha / Ma'ariv	7:15 pm	7:55 pm	6:45 pm	7:50 pm	7:15 pm	7:00 pm	7:00 pm	7:15 pm

* Thursday, July 9th - Fast of 17th of Tammuz,: Fast begins at 4:32 A.M., concludes at 9:09 P.M.

Happy Birthday ~ Naomi Shanker, Murray Hochberg, Toby Katz, Anna Rose Tendler and
Ron Makovsky

Anniversaries ~ Brian & Debbie Sher

This Week and Beyond.....

- **Wednesday, July 8 ~ 7:00 pm "Coping with the Pandemic"** Join us for a Zoom presentation and discussion with **Beth Koritz, M.Ed, L.P.C., N.C.C.** Join by video at: <https://zoom.us/j/295822730>
- **Friday Evening, July 10 ~ Virtual Kabbalat Shabbat Service at 6:45 pm**
Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.
Join by video: <https://zoom.us/j/295822730>
Join by audio: 314-325-8791
- **MINYAN Sunday and Wednesday Evenings at 7:15 pm** ~ We have started a limited outdoor minyan at NHBZ. RSVP to Alan Zarkowsky avzark@aol.com

Parshas Pinchas

In last week's Torah portion we found the Jewish hero Pinchas saving the day for the Jewish people by publicly executing the Jewish tribal head, Zimri, and his Midianite girlfriend, Kazbi. Those two had desecrated the Name of G-d and His Torah by having relations in plain view of Moses and the entire Jewish leadership. This week, Pinchas is rewarded for sanctifying the Name of G-d and is granted the blessing of peace and priesthood (Kehuna). Pinchas' zealous response saves the Jewish people from a plague which had broken out in the camp. Five righteous daughters of Tzelofchad file a claim with Moses: In the absence of a brother, they request their deceased father's share in the Land of Israel. Moses asks G-d for a ruling. The Almighty responds that the claim of these five women who so dearly love the Land of Israel is, indeed, just.

Moses is told that he will ascend a mountain to view the Land that the Jewish people will soon inherit, though he will not be allowed to enter. Moses asks G-d to appoint a successor. Do you know who is chosen? Joshua, Moses' dedicated assistant and student. The Torah portion concludes with a lengthy description of the special offerings brought on various festivals. These sections are also read from the Torah throughout the year on the appropriate holidays.

The Three Weeks

The Three Weeks is an annual mourning period that falls out in the summer. We mourn the destruction of the Holy Temple and our launch into a still-ongoing exile. The period begins on the 17th of the Hebrew month of Tammuz, a fast day that marks the day when the walls of Jerusalem were breached by the Romans in 69 CE. The Fast of the 17th of Tammuz is observed this Thursday, July 9.

The Three Weeks reaches its climax and concludes with the fast of the 9th of Av, the date when both Holy Temples were set aflame. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people.

Accepting Classified Ads for the NHBZ Shabbat Bulletin

Do you have a business or wish to advertise an item in our Shabbat bulletin? For only \$18.00 per month your JPEG, PDF or MS WORD designed ad can be seen by all our members and friends plus on our website. Contact Jeff at jeff@nhbz.org or call 314-991-2100 ext 2.

Community News

Do you know someone looking for guidance in the direction of their career?

AccreditedSchoolsOnline.org have put together a series of guides to employment that covers graduate employment, master's degree hiring considerations, and internship fundamentals.

Graduate Employment Guide - <https://www.accreditedschoolsonline.org/resources/get-job-after-college/>

Master's Degree Hiring - <https://www.accreditedschoolsonline.org/resources/most-in-demand-masters-degrees/>

Internship Fundamentals - <https://www.accreditedschoolsonline.org/resources/college-internships-and-employment/>

Sunday, July 19 ~ The Sarah Adelman Memorial Lecture will be a Zoom event this year with speaker Rabbi Jeffrey Bienenfeld. Please email samfstl@gmail.com for the Zoom link.



Please Join the Nusach Hari B'nai Zion

DOLLAR-A-DAY PUSHKE CAMPAIGN

In Judaism, "giving to the poor" is not merely a generous act; it is a commandment. In the Torah, G-d commands us to perform acts of *tzedakah*, the Hebrew word for "justice" or "righteous behavior."

We regularly give Tzedakah during minyanim, and other weekday events. These contributions serve as a part of our synagogue's income that meets our financial needs. During the Covid-19 pandemic, we cannot attend shul, and as a result we are somewhat limited in giving Tzedakah, and consequently, we lose these sources of income.

A *Pushke* is a little can or container kept in the home, in which to accumulate money to be donated to a charity. Putting money into a Pushke was a custom for many generations of Jews; however, it has become less widely observed and appreciated in recent times. We encourage everybody to fulfill their Tzedakah obligation and at the same time help our synagogue financially by bringing back a meaningful and beautiful custom of putting money into a Pushke. This way we can fulfill the mitzvah of Tzedakah at home, by ourselves or with our families.

*In this new Dollar-A-Day Pushke Campaign,
You will be able to pick-up your Pushke at the NHBZ office. We will deliver Pushkes to
everybody who needs that service ~
We ask participants to contribute one dollar a day to their Pushke,
and we will collect them every three months*

Let us give the beautiful custom of Pushke a new life, which is very important during the pandemic.
More details on how you may participate will follow in e-mails and in the bulletin. Many thanks to the several generous donors who are funding the startup campaign costs!

Thank you.

Your NHBZ Pushke Committee: Dr. Eliot Katz and Stella Vladimirov



Coping with the Pandemic

Wednesday, July 8
7:00 P.M.

Join us for a presentation and discussion with
Beth Koritz, M.Ed, L.P.C., N.C.C.

Ms. Koritz will touch upon pandemic-related issues such as depression, anxiety, and isolation from friends and family.

In the second part of the program, Ms. Koritz will answer questions, including those submitted in advance.

If you have a question to submit in advance, please contact
Rabbi Smason at Pepshort613@gmail.com

Join by video: <https://zoom.us/j/295822730>
Join by audio: 314-325-8791

Beth Koritz provides counseling as a Clinical Staff member of the Jewish Family & Children's Services, and is a Nationally Certified Counselor (NCC) and Certified Clinical Trauma Professional.



Welcoming Shabbat

Please join us
Friday Evenings for a
Virtual Kabbalat Shabbat Service
6:45 pm

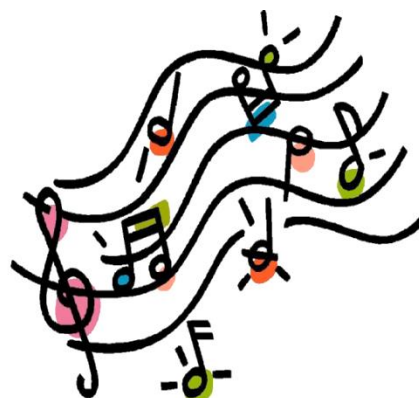


We can't be at shul, but we can be together! Join us starting this upcoming Friday for our Virtual Kabbalat Shabbat.

- **Experience an Inspirational (Virtual) Kabbalat Shabbat evening, nourish your soul with joyous music and song.**
- **Special Guest Chazzan**
- **Experience an inspirational and instructive Dvar Torah from Rabbi Smason**

*We'll gather virtually on Zoom or
Phone to prepare for Shabbat together.*

Join by video: <https://zoom.us/j/295822730>
Join by audio: 314-325-8791





THE SISTERHOOD SCOOP

JULY 11



Volume 3

Number 23

19 Tammuz 5780

July 11, 2020

Two Thumbs Up for Sisterhood's 'Girls Movie Night Out...In' 'Enemies, A Love Story'

Sisterhood members watched the movie **ENEMIES, A LOVE STORY** at home, then, on July 1st joined together for a lively Zoom discussion, led by **Susan Fadem**, to review the movie and "socialize distantly" together.

Many thanks to **Faith Waxman** for organizing the event!

Any member who participated and has not yet sent in the \$5 requested donation to NHBZ Sisterhood, please pay with PayPal on NHBZ's website <https://www.nhbz.org/make-a-payment-2/>, or mail your check to NHBZ Sisterhood, 650 N. Price Road., Olivette, MO 63132.



Parshah Pinchas: 'The Road to Peace'

– adapted from **Dr. Tali Loewenthal** (www.chabad.org)

We the Jewish people want peace; we believe that peace is one of the greatest goals in life. The Sages tell us that the Torah was given in order to bring peace into the world. The concept peace means, of course, a pleasant and positive atmosphere, where there is nothing harsh. And yet the concept of the "covenant of peace," which we find in this week's Torah reading, was a reward for Pinchas, the grandson of Aaron, following his forceful action at the end of the previous week's reading.

There we read that a Shimonite prince was publicly cohabiting with a gentile woman. Moses and Aaron were weeping, they felt powerless, but Pinchas took action. He was a strong man, a zealot. But does that action express the virtue of peace? Yet G-d says that in reward for his action "I give him My covenant of Peace."

The Sages tell us that Pinchas lived very long and was the same person whom we meet in the Book of Kings, named Elijah, who is the subject of this week's *haftorah*. In the *haftorah*, he is also seen as a zealot. He sees the moral and spiritual weakness of the Jewish people of his time and is deeply upset about it. He travels through the desert back to Mount Sinai where the Torah was given, as if to meet more directly with the Divine; He declares that the Jewish people are not keeping their Covenant with G-d.

On the one hand, Pinchas or Elijah was a critic, who could see the negative aspects of people's behavior and tried to take action against them, as in the case of Pinchas or as in Elijah's contest with the Priests of Baal on Mount Carmel.

On the other hand, G-d gives him the Covenant of Peace, which implies seeing people in a positive way. The Torah also says that Pinchas is given the role of being a *kohen* (priest). The *kohen* is described as a man of kindness, like Aaron, the first kohen, who saw the good in everyone.

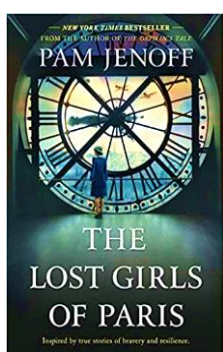
Similarly, in the case of Elijah. The Sages tell us that because Elijah complained that the Jewish people are not keeping their Covenant, for all time he is present at every *Brit Milah*, when a Jewish boy enters the Covenant of Circumcision. He is able to see that indeed the Jewish people are keeping the Covenant. Hence at a *Brit Milah* a chair is set for Elijah.

The Lubavitcher Rebbe comments that, like Pinchas and Elijah, we have to be able to combine two contrary aspects. On the one hand, to be able to act firmly when necessary, to put right that which is wrong, or to protect from danger. On the other, to be able to see the goodness in a person, his or her potential, their positive achievements. A further step is when these two approaches are combined: by seeing the goodness in a person, one helps them to put right that which needs correction. The two features of Pinchas and Elijah respectively, become one.

This is the road to genuine peace. Hence the Sages tell us that Elijah will usher in the Redemption, the time of ultimate peace, in which everything negative will be transformed to good. Then the enemy of every kind – in Hebrew, *oyev* – will be transformed to *ohev*, friend. Then indeed there will be peace...

Join Sisterhood's Book Club and come read with us!

The next Book Club meeting will be on Zoom on **Monday August 24, 7:15-8:45PM**, and the book selection is: **The Lost Girls of Paris**, by **Pam Jenoff**. Set in Manhattan, New York, in 1946, Grace Healey passed through Grand Central Terminal on her way to work and found an abandoned suitcase beneath a bench.



Inside she discovered twelve photographs of different women. A remarkable story of friendship and courage centered around three women and a ring of female secret agents during World War II. For more information call **Terri Schnitzer** at 314-518-4107 or terrischnitzer@yahoo.com

This week's quote

"The best solution for little problems is to help people with big problems."

- Rabbi Kalman Packouz



NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

***For audio through your telephone:** Dial-in number: **314-325-8791**

All classes listed below will use the above number to join with audio only.

****If possible, please try to join each class a few minutes before the start-time**

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video at: <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

6. Every Tuesday: 12:30 -1:00 pm ~"Lunch for Kids with Rabbi Smason" Chat with the Rabbi and bring your lunch!. 30 minutes.

Join by video: <https://us02web.zoom.us/j/87618807354>

NHBZ Online Classes (cont.)

7. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

8. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

July 9 -- Five Ways to Make and be a Great Friend

July 16-- Religion vs. Spirituality - Is There a Difference?

July 23 - "Resilience: Rising Strong After Falling Hard"



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