



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 15, 2020 ~ 25 Av 5780

Candle Lighting 7:39 pm

Shabbat Ends 8:40 pm

Parshas:	Re'eh -- Deuteronomy 11:26 - 16:17	Chumash pages 998 - 1023
Haftorah:	Isaiah 54:11 - 55:5	Chumash pages 1199

Our Sponsors for this Week's Shabbos Bulletin

Rhonnie and Stanley Goldfader ~ In honor of their grandson, **Jake Winograd**, becoming a Bar Mitzvah this past Monday, as well as in honor of their granddaughters, **Hannah and Leah Liberman**, on their B'nai Mitzvot, this past Thursday, in Milwaukee.

SUGGESTED TIMES FOR DAVENING AT HOME

Minyan Times	Wed Aug 12	Thurs Aug 13	Fri Aug 14	Shabbos Aug 15	Sun Aug 16	Mon Aug 17	Tues Aug 18	Wed Aug 19
Shachris	7:00 am	7:00 am	7:00 am	9:00 am	8:00 am	7:00am	7:00 am	7:00 am
Mincha / Ma'ariv	7:15 pm	7:15 pm	7:00 pm	7:05 pm	7:15 pm	7:15 pm	7:15 pm	7:15 pm

Davening at Shul! (Tent on East Parking Lot) Mincha / Maariv: Sunday, Wednesday and Thursday: 7:15 pm - Kabbalat Shabbat: 7:00 pm - Shabbat Morning: 9:00 am
See attachment for full information.

Happy Birthday ~ Dr. Isaac Amon, Judy Ziegelman, Leah Waxman, Michael Morgensztern, Bobby Levine, David Rubin, Nesya Friedman, Jacob Levin and Nancy Belau -Rush

Happy Anniversary ~ Larry & Shirley Hollander, Robert & Sandra Abrams and Dr. Ari & Lila Belasen

***Welcome to our new member, Sharon Summers!**

This Week and Beyond.....

- **Friday Evening, August 14 ~ Virtual Kabbalat Shabbat Service at 6:45 pm**
Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.
Join by video: <https://zoom.us/j/295822730> Join by audio: 314-325-8791
- **Sunday, August 30 ~ PIZZA NIGHT Carry Out Only. Pick up from 3:30 -5:30 pm.** All Pizzas are \$14.00 with your choice of toppings. Pre-paid orders only. See the flyer in this bulletin.

Do you have a simcha to celebrate? Saying Kaddish or observing a yahrzeit?

Consider sponsoring one of our many learning sessions with Rabbi Smason or our guest speakers. Donate \$18 or more to have a dedication made. Contact: Jeff@nhbz.org or call 991-2100 ext. 2.

Parshas Re'eh

Moses informs the Jewish people that each of us face a choice; choose to observe G-d's directions for living (i.e. the Torah) and receive blessings, or choose to ignore G-d and experience estrangement and its consequences. Moses then turns to describing a number of religious, civil and social laws relevant once the Jewish people enter the Promised Land. Included in this listing are:

- Don't imitate the abominable ways of the nations surrounding you
- A false prophet who attempts to entice you to idolatry should be put to death
- Self infliction of wounds on the body as a sign of mourning is prohibited
- As a holy people, refrain from eating 'non-kosher' food
- Be particularly warm-hearted and charitable to our fellow Jews
- The three pilgrimage festivals (Passover, Shavous and Sukkos) are opportunities to ascend (make aliyah) to Jerusalem and the Temple to celebrate our blessings

Book of Remembrance Yizkor

As the High Holidays approach, it is time to prepare the **NHBZ Book of Remembrance** which contains the Yizkor Service and the names of the loved ones you have memorialize. An email will be sent in the next few days with information about how to continue your current list, updating your list or starting a new listing. The Book of Remembrance will be printed as usual.



DOLLAR-A-DAY PUSHKE CAMPAIGN

Be a part of the Pushke Campaign -get your Pushke now!

We ask participants to contribute one dollar a day to their pushke, and we will collect them every three months.

To get your pushke contact jeff@nhbz.org or the office at 991-2100 ext 2



Pizza Night

Sunday, August 30, 2020

3:30 pm – 5:30 pm

Carry Out Only ALL PIZZAS \$14.00

- ❖ Choose from any one or combination of Mushroom, **Green Pepper** and Onion.
- ❖ **Final price is still \$14.00!**
- ❖ ALL orders are pre-paid! Order by noon Friday, Aug. 28 Email orders to jeff@nhbz.org (you will get an email order confirmation) or by calling Jeff at 314-991-2100, ext. 2.
- ❖ You will be given a pick up time between 3:30 pm – 5:00 pm
- ❖ Pay online at <https://www.nhbz.org/make-a-payment-2/>



All food under the supervision of Rabbi Ze'ev Smason



THE SISTERHOOD SCOOP

AUGUST 15



Volume 3

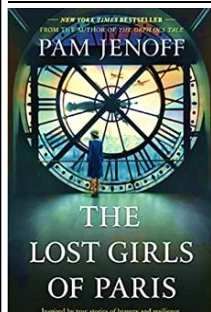
Number 28

25 Av 5780

August 15, 2020

Next Book Club—Monday, Aug. 24

On Zoom, 7:15-8:45PM. The book selection is:
The Lost Girls of Paris, by Pam Jenoff.



... A remarkable story of friendship and courage centered around three women and a ring of female secret agents during World War II. For more info call Terri Schnitzer. 314-518-4107 or terrischnitzer@yahoo.com
WATCH YOUR EMAIL FOR ZOOM LINK

Parshat Re'eh - See!

Re'eh means "See!" as in the opening verse of our Torah reading: "See! I am placing before you today a blessing and a curse." What, exactly, is the Torah demanding in asking us to "see" G-d's blessings and curses? Broadly speaking, a person's observance of the precepts of Judaism could fall into one of three categories:

1. Plain obedience. At this level, a person is willing to observe the precepts of the Torah because he is aware of a higher authority. However, his observance is not inspired by an understanding or appreciation of the Torah; he simply "accepts the yoke of heaven."
2. Intellectual appreciation. A higher level is where a person not only observes the precepts of the Torah out of deference to a higher authority, but also has an intellectual appreciation of the importance of observing the precepts, and understands the rewards that mitzvah-observance brings. However, even this person has not yet reached perfection. For intellectual conviction alone—while immensely powerful—still leaves room to explore other avenues, so it does not represent an absolute commitment. Thus, the highest level of mitzvah observance is:
3. Vision. At this level, one does not merely appreciate the value of keeping the Torah's precepts, one sees it. Meaning that the necessity and positive results of observing the mitzvahs become as clear and self-evident as seeing a physical object with one's eyes.

And it is this third level which our Torah commands—and spiritually empowers—every Jew to reach, with the words: "See! I am placing before you today a blessing and a curse."

— from Rabbi Chaim Miller at www.chabad.org

NHBZ SISTERHOOD ANNOUNCES A NEW PROJECT FOR THE NEW YEAR

Rosh Hashanah Gift Baskets

to send to your family & friends for the New Year

Sisterhood will create and deliver beautiful baskets with all the essentials – honey, challah, grape juice (or wine), and other sweet goodies – all beautifully wrapped, including blessings and words of inspiration for a sweet holiday!



Send an unexpected gift to stay connected and to wish 'shana tova' to a friend, family or shul member.

See the Sisterhood Gift Basket page in this Bulletin for details on how to order!

JEWISH FEDERATION OF ST. LOUIS

Women's
PHILANTHROPY

L'Chaim!



A not-to-be-missed virtual evening of celebration, community, and giving, featuring Bari Weiss. As a writer and editor, formerly for the Opinion section of *The New York Times*, Bari continues to comment on the complex world we're living in today from anti-Semitism to COVID-19.

SAVE THE DATE

TUESDAY, OCTOBER 27, 2020 • 7 PM

L'Chaim! The Roots of Our Community

Tickets: \$18

Includes a special L'Chaim! Box filled with tools to help us celebrate together.

Exclusive opportunity: Bari Spills the Beans

Submit questions and hear an exclusive conversation with Bari Weiss prior to the virtual event.

Tickets: \$54, includes a ticket to the Main Event, a signed copy of Bari's book, and a special L'Chaim! treat

For more info contact Stacy at WP@JFedSTL.org or 314-442-3730



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family!**

Make your check payable to NHBZ,
and write '*Sisterhood Greeting*' on the memo line
\$5 minimum donation, please – no maximum!

Names will be published in the 5781 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by Sept. 4** to:
NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

Or, you may email your greeting information directly to laura@nhbz.org
Or, visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5781 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ (*\$5 per name minimum – no maximum!*)

Please list my name(s) as follows:

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects





NHBZ Sisterhood Announces a New Project for the New Year

Rosh Hashanah Gift Baskets *to send to your family & friends for the New Year*

Let us create and deliver beautiful baskets with all the essentials for a sweet holiday for you!

Each basket includes honey, challah, grape juice (or wine*), and other sweet goodies, all beautifully wrapped, with blessings and words of inspiration.

To participate in this mitzvah – order baskets for friends, family or others in the St. Louis area.

\$26 per basket
or choose a wine basket for \$36*



Complete the attached form or send the names, addresses, and phone numbers of your recipients to *Jeff* at 314-991-2100, ext. 2, or email Jeff@nhbz.org by **August 24** – ORDER SOON – QUANTITIES LIMITED
For questions or more information, email sisterhood@nhbz.org, or contact *Margo Tzadok* at 314-323-0629 or tmargo@sbcglobal.net

ALL ORDERS MUST BE RECEIVED BY AUGUST 24



☆ NUSACH HARI B'NAI ZION SISTERHOOD ☆ SUPPORTING OUR CONGREGATION SINCE 1950 ☆

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: sisterhood@nhbz.org

Rosh Hashanah Gift Baskets

NHBZ SISTERHOOD NEW YEAR GIFT BASKETS ~ FOR ROSH HASHANAH 5781 ~ ORDER FORM ~

Your Name _____

Phone _____ Email _____

Please list the name, address and phone number of **each recipient** below, and the amount:

NAME:	ADDRESS:	PHONE:	AMOUNT:
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____



Total Baskets: _____ Total Amount enclosed \$ _____

_____ @ \$26 for each **Basic basket** with grape juice, challah, honey

_____ @ \$36* for each **Enhanced basket** with wine*, challah, honey

Proceeds benefit NHBZ's Chesed Program and other NHBZ Sisterhood projects

Mail form to NHBZ Sisterhood, 650 N. Price Rd, Olivette, MO 63132 by **August 24** or email Jeff@nhbz.org. Quantities are limited.

Rosh Hashanah begins September 18

- Delivery is free of charge. Baskets will be delivered the week before Rosh Hashanah. Or, you may arrange to pick up your basket(s) at NHBZ.
- Remember, a small gift can brighten the mood, lift the spirits, and help to keep us connected during this challenging time.
- **Also, please consider ordering an additional Gift Basket to be delivered to a NHBZ member who has been particularly isolated during these past months.**
- Receive a 10% discount for orders of 5 or more baskets.



☆ NUSACH HARI B'NAI ZION SISTERHOOD ☆ SUPPORTING OUR CONGREGATION SINCE 1950 ☆

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: sisterhood@nhbz.org

Davening at Shul! (Tent on East Parking Lot)

Mincha/Maariv: Sunday, Wednesday and Thursday - 7:15 pm

(approximately 25 minutes)

Kabbalat Shabbat: 7:00 pm (approximately 40 minutes)

Shabbat Morning: 9:00 am (approximately 1.5 hours)

We are limiting attendance to 25.

You must call or email to reserve your space for Kabbalat Shabbat and Shabbat morning.

Contact either Jeff Miller or Alan Zarkowsky by Thursday evening.

You will be contacted if we are unable to accommodate you.

Come on time! As noted, davening times are shortened.

Outdoor Davening Procedures

1. Anyone with symptoms of Covid-19 or who has within the last 14 days been in contact with someone having symptoms MUST NOT ATTEND.
2. Those at higher risk for severe illness per CDC guidelines are strongly discouraged from attending. This includes those over 65, or those with chronic medical conditions - including obesity, lung disease, diabetes, heart disease, hypertension, severe kidney or liver disease, neurological disorders, or immunocompromised.
We strongly suggest checking with your private physician.
3. You must wear a mask at all times. Surgical or cloth masks are acceptable. If you feel the need to remove your mask, you must leave the area and then return when ready to put the mask back on.
4. Sanitize hands prior to entering.
5. Bring your own siddur. Men must bring their own tallis.
6. Pick any of the available seats. Do not rearrange seats or rows.
Stay at your seat for the duration of davening. Do not change seats or go to visit with others.
7. Proper physical distancing must be maintained at all times.
8. Do not share books or bring books to others.
9. We will limit any singing along with the davening.
10. Procedures for leyning will be provided when we read Torah.
11. Bathrooms are only available if absolutely necessary and then by one person at a time.
12. At the end of davening, exit the area as quickly as possible while maintaining distancing.

ANYONE NOT COMPLYING WITH THE ABOVE PROCEDURES WILL BE TOLD TO LEAVE.

Call or email Alan Zarkowsky with any questions.

Thank you. We look forward to seeing you.

Jeff Miller: 314-991-2100 ext 2 / jeff@nhbz.org

Alan Zarkowsky: 314-805-1896 / avzark@aol.com



NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

***For audio through your telephone:** Dial-in number: **314-325-8791**

All classes listed below will use the above number to join with audio only.

****If possible, please try to join each class a few minutes before the start-time**

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video a: <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

August 13: Blind Spots: Are You Biased When Making Decisions?

August 20: The Battle Against Procrastination: What Are You Waiting For?

August 27: Five Habits of Incredibly Interesting People



Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to the NHBZ.

How it works:

1. Visit **smile.amazon.com**
2. Sign in to your Amazon account
3. Under "Pick your own organization", search for "Nusach Hari"
4. Select "Nusach Hari-Bnai Zion Congregation"
5. Start shopping! Every time you shop, sign into **smile.amazon.com**, and you will earn funds for Nusach Hari.