



Yom Tov / Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 26, 2020 ~ 8 Tishrei 5781

Candle Lighting 6:36 pm

Shabbat Ends 7:37 pm

Parshas Ha'Azinu Deuteronomy 31: 1 - 52
Haftorah: Hosea 14:2 -10, Micha 7:18-20

Chumash pages 1100 - 1111
Chumash pages 1204 - 1205

Our Sponsors for this Week's Shabbos Bulletin

In honor of **Stuart Klamen, Rabbi Avi Okin, Menachem Szus and Alan Zarkowsky** for the hard work they did to bring the holidays to the NHBZ community. Thank you from **Dr. Craig and Jackie Berkin.**

Minyan Times	Wed Sept 23	Thurs Sept 24	Fri Sept 25	Shabbos Sept 26	Sun Sept 27	Mon Sept 28	Tues Sept 29	Wed Sept 30
Shachris	7:00 am	7:00 am	7:00 am	9:00 am	8:00 am	8:30 am	7:00 am	7:00 am
Mincha / Ma'ariv	6:35 pm	6:35 pm	6:35 pm	6:20 pm	6:30 pm	7:10 pm	6:20 pm	6:20 pm

Happy Birthday ~ Sandra Segall, JoAnn Raskas, Ruth Novack and Talia Shifren

Happy Anniversary ~ Dr. Alan & Marcie Brook

Shabbos Shuva

This Week and Beyond.....

- **Friday Evening, September 25 ~ Virtual Kabbalat Shabbat Service at 6:20 pm**
Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.

Join by video: <https://zoom.us/j/295822730> Join by audio: 314-325-879

- **Sunday, October 4th ~ 4pm-5pm ~ Join Rabbi and Rebbetzin Okin for a (yummy) Sukkah building event in the NHBZ Sukkah.** The Sukkah will be set up in a socially distanced manner, with participants asked to remain masked and at their family's table during the duration of the event.

Please RSVP to **Rabbi Okin** at aviokin@nhbz.org to ensure that we have enough supplies for the event.

Readings for Yom Kippur Morning

Torah Portion: Leviticus 16:1 – 16:34
Maftir: Numbers 29:7 – 29:11
Haftorah: Isaiah 57:14 – 58:14

Machzor page 202
Machzor page 206
Machzor page 207

How to attend Yom Kippur Services indoors at NHBZ

Those who were inside for Rosh Hashana do not need to resubmit paper work.

There are still a few seats remaining for inside davening. There is a possibility that demand will exceed availability of seats. In such circumstances, we may have to accommodate one member by asking another member to give up his or her seat so that every eligible member wanting to daven indoors on Yom Kippur can attend at least one indoor service.

Contact Jeff Miller immediately by replying to this email or calling 991-2100 ext.2 to reserve an indoor seat if you fit in the following guidelines:

- If you are under 64 and wish to attend you may submit the Covid form in this bulletin ASAP.
- If you are under 64 but have health issues you will also need a note from your doctor attesting that can attend services..
- If you are 65 -74 you must submit the Covid form and submit a doctors note doctor attesting that can attend services
- If you are over 74 you can attend outdoor services

Erev Yom Kippur – Sunday, September 27

Yizkor Service on Zoom*	11:00 am
Mincha (Outdoors).....	1:30 pm
Kol Nidre on Zoom*	3:00 pm
Kol Nidre Inside (chairs will be set up on the terrace for those who cannot or choose to daven outside).....	6:20 pm
Candle Lighting at home	6:32 pm

*** Yizkor Service and Kol Nidre will be available via Zoom video.** Please join the service at least 5 minutes before start time.

To join each service by video, click on the link below:

Yizkor at 11:00 am - click here: <https://us02web.zoom.us/j/82902283919>

Kol Nidre at 3:00 pm - click here: <https://zoom.us/j/136785930>

Yom Kippur – Monday, September 28

Indoor and Outdoor Services.....	8:30 am – 11:30 am
Learners' Service Outdoors.....	10:00 am
Mincha / Neilah / Maariv Indoors	4:45 pm
(chairs will be set up on the terrace for those who cannot or choose to daven outside)	
Shofar Sounds and Fast Ends at	7:34 pm

ACKNOWLEDGEMENT AND ASSUMPTION OF RISK RELATED TO COVID-19

As a condition of being permitted to participate in activities, including attending services, on the premises or under the auspices of Nusach Hari B'nai Zion Congregation (the "Synagogue") and on behalf of myself and my family, I acknowledge the following:

I acknowledge that I understand the highly contagious nature of COVID-19, the health risks associated therewith or resulting therefrom (to the extent they are currently known), that there may be health risks from COVID-19 that are not currently known, and the risk that may be exposed to or contract COVID-19 by participating in Synagogue activities and being on the synagogue premises. I understand and acknowledge that such exposure or infection may result in serious illness, personal injury, permanent disability, death, or property damage. I acknowledge that this risk may result from or be compounded by the actions, omissions, or negligence of others, including the synagogue, its agents, directors, officers, trustees, members, board members, and employees. I understand and acknowledge that although the synagogue has implemented measures intended to reduce the spread of COVID-19, the Synagogue does not and cannot guarantee that I or anyone will not become infected with COVID-19 and that being involved in Synagogue activities on or off the premises may increase the risk of contracting COVID-19. I assume responsibility for sharing this information with family members who may attend activities with me.

Signature: _____

Printed Name: _____

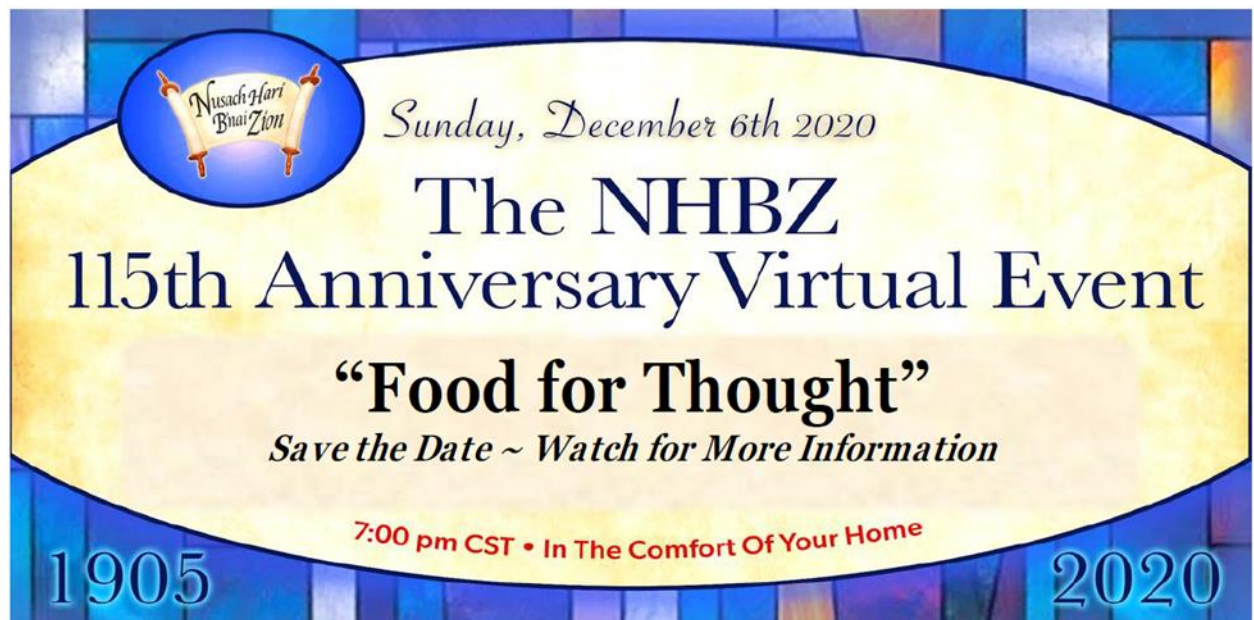
Date: _____

Contact Phone: _____

Parsha Ha'Azinu

Ha'Azinu is comprised primarily of Moses' "song" about the horrible tragedies and supreme joy which will make up the Jewish people's future history. While not a song in the familiar sense, Moses' song is a blend of otherwise disparate ideas into a beautiful symphony of thought. It expresses the idea that everything that G-d does -- past, present and future -- somehow fits into a perfect harmony, although our limited human understanding prevents fully recognizing the wisdom of G-d.

Ha'Azinu contains the mitzvah for each Jew to write a Sefer Torah (Torah scroll). Many suggest that this mitzvah can be fulfilled by the purchase of books containing Torah content. Does your home contain any books of Torah? Today there are an abundance of excellent Torah books written in English. Let me suggest two: The Stone Chumash (5 Books of Moses), and Living Each Week by Rabbi Dr. Abraham Twerski. Ha'azinu concludes with G-d's command to Moses to ascend Mount Nebo, where he will view the land of Israel and then pass away.



Help Wanted

Looking for a high school or college age student to perform outside work at my home.

Call 314-368-4340. Hours are flexible.

Location off Graesser Road in Creve Coeur.

Denny Feit



New Year Greetings

5781 ~ 2020

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year and a good Final Sealing!

Gemar Chatimah Tovah

Caryn Alper
Joanna Alper
Lenny & Fran Alper
Ruth Novack Alper & Family
Debbie & Jesse Barash
Craig & Jackie Berkin
Sam & Shirley Bluestein
Alan, Marcie, Nathan
& Eliana Brook
Teree Farbstein
Amy & Denny Feit
Mimi Fiszal
Meira & Shaul Ganel

Devy & Jerry Goldenberg
Joni & Bob Kaiser
Sally & Dr. Eliot Katz
Phyllis & Howard Loiterstein
Linda Luks
Ina and Ronald Makovsky
Sally Needle
Rachael Pevnick & Family
Ellen & Hal Rosen & Family
Libby Sorkin Routman & Family
Debbie Sher
Bobbie Tolpen
Stella & Leonid Vladimirov
Faith & Bruce Waxman

Thank you for your generosity



THE SISTERHOOD SCOOP

SEPTEMBER 26



Volume 3

Number 32

8 Tishrei 5781

September 26, 2020

GEMAR Chatimah TOVAH גמר חתימה טובה

NHBZ Sisterhood wishes you and your family a *Shana Tova* and a good final sealing!

THE TEN DAYS OF REPENTANCE

The period between Rosh Hashana and Yom Kippur is called the Ten Days of Repentance. Or, in Hebrew, it is known as the *Aeres Yemei Teshuva*.

On Rosh Hashana, the righteous and the wicked receive their judgment. One should not see himself as wicked or be so presumptuous as to consider himself righteous. Therefore, we have 10 days to improve and tip the scales to the side of righteousness. Yom Kippur is the culmination of this period.

During the Ten Days of Teshuva, Jews engage in intense introspection for the purpose of self-improvement. We become more scrupulous in the observance of mitzvot.

While Yom Kippur is a day of forgiveness, when it comes to atoning for things we've done to another person – regretting our sins isn't enough – we're required to reach out, apologize and seek forgiveness to those we've harmed. Sins between man and G-d can be atoned for through prayer and sincere teshuva, repentance, but if the pain we've caused another person can be remedied, we have an obligation to do that too before we can truly be forgiven.

—adapted from www.aish.com

NHBZ SISTERHOOD APPRECIATES

YOUR SUPPORT OF ITS

*Rosh Hashanah
Gift Basket Project*



Thanks to all those who purchased baskets and to all our volunteers!



Mrs. Goldberg: "This year my husband promised to finish building our sukkah right after Yom Kippur."

Mrs. Blum: "Oh, my husband never took ours down from last year."



SISTERHOOD ELECTIONS

ARE COMING...

Elections will take place in November. **Any woman who would like more info about becoming an Officer or Board Member** contact Fran Alper: 314-993-4024 fran.alper@outlook.com



Next Book Club Selection:

The Marriage of Opposites

By Alice Hoffman

Next Meeting:

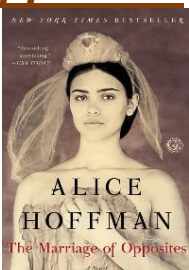
Monday, October 26

7:15-8:45 pm

For more information call

Terri Schnitzer. 314-518-4107

or terrischnitzer@yahoo.com



JEWISH FEDERATION OF ST. LOUIS

**Women's
PHILANTHROPY**

L'Chaim!



A not-to-be-missed virtual evening of celebration, community, and giving, featuring Bari Weiss. As a writer and editor, formerly for the Opinion section of *The New York Times*, Bari continues to comment on the complex world we're living in today from anti-Semitism to COVID-19.

SAVE THE DATE

TUESDAY, OCTOBER 27, 2020 • 7 PM

L'Chaim! The Roots of Our Community

Tickets: \$18

Includes a special *L'Chaim!* Box filled with tools to help us celebrate together.

Exclusive opportunity: Bari Spills the Beans

Submit questions and hear an exclusive conversation with Bari Weiss prior to the virtual event.

Tickets: \$54, includes a ticket to the Main Event, a signed copy of Bari's book, and a special *L'Chaim!* treat

To sit at NHBZ's table contact **Joanna** at joanna.alper@gmail.com
Or for more info: **Stacy** at WP@JFedSTL.org or 314-442-3730

Guide for those Davening without a Minyan on Yom Kippur

Page listings from the NHBZ Machzor

YOM KIPPUR EVE

1) One may recite "Kol Nidrei" pages 35-36

* Omit the passage "על דעת המקום" ("With the sanction" p.35) and omit the line "מיום כיפורים זה עד יום כיפורים הבא" ("from this Yom Kippur for good") page 36

2) Recite Shehechianu

3) Recite blessings before and after the Shema through the end of the Silent Amidah [without *Baruchu/Chatzi Kaddish*] pages 43-57

*** A rule that applies throughout the davening without a minyan: *Baruchu/Kaddish* (in any form) is not said.**

4) One may recite the Selichos pages 58-80

* Omit whenever occur the following passages / lines:

"אל מלך...לכל קוראין" ("Almighty King ... to all who call upon You") For example on page 62

"סלח נא...כדברך" ("Pardon, I beseech You in accordance with Your words") For example, on page 63

"רחמנא...קריב" ("May the Merciful One very soon.") page 80

In addition, one should *not* say the public Vidui/Confession from page 73 (beginning with "You know") until page 76 ("...of this Torah.")

5) Recite Avinu Malkeinu pages 80-82

6) Recite Aleinu page 85

MORNING

1a) Morning Blessings. pages 96-98

1) Introductory Prayers and Psalms of Praise (*Psukei D'Zimra*) pages 115-136

* Optimally, one should recite all these prayers.

* Minimally, one must say:

a) Blessed is He who spoke (*Boruch Sh'amar*) p. 125

b) Happy are those ... (*Ashrei*) p. 127-128

c) The soul of every living ... (*Nishmas*) p.133, and onward.

One says everything until the "*Hatzi Kaddish*" before ברכו (*Barechu*) on page 136

2) Say all the Blessings before & after the "Shema" till the end of the "Silent Amida" [without "*Kedusha*"] pages 137-155

3) Regarding prayers appearing in the Chazzan's Repetition for Shacharis, one may recite the following, but is not obligated to do so:

• "ובכן תנו עז....תפארתו" "And thus ascribe upon Israel" page 169

• "ובכן לך הכל יתירו....לתומך תמימו ביום דין" "And thus shall all crown His sincere ones on the day of judgement" pps. 170-171

One should *not* say the public Vidui/Confession in the Chazzan's Repetition

4) Recite Avinu Malkeinu (p. 190), Psalm of the Day (p.193) and LeDovid/ By David (p.196)

5) Torah Reading: pages 202-203

6) Haftarah: pages 207-208

OPTIONAL TO RECITE*

...בְּקִדּוּשְׁתּוֹ ("You have been shown to His people Israel") page 198

ברוך שְׁמִיהַ ("Blessed is the Name ... for peace") page 199

...וְלִשְׁלָם ("Master of the world ...") ("Blessed is the Name ... and for peace) pages 161-162

DO NOT RECITE*

Blessings before/after Aliya as well as blessings before/after the Torah Readings and Haftarah

• ה' ה'...וְנִקְרָא (middle of page 198)

8) Recite Yizkor (if obligated) page 210-211

9) Recite Ashrei page 212

10) Recite the Silent Amidah for Musaf pages 215-226

11) Regarding prayers that appear in the Chazzan's Repetition for Musaf, one must recite the "Seder HaAvodah" from "אתה כוננת" ("You established") through "כל אלה" ("All these") pages 246-258

One should *not* say the public Vidui/Confession in the repetition

One can also say (no obligation):

* U'nesaneh Tokef / Let us proclaim p. 238

* Ha'ochayz / He holds *until* Pa'alo / sincere pps. 241-242

* Aileh Ezkarah / These I recall *until* Keesay Rachamim / Throne of Mercy pgs. 266-270

MINCHA

Torah Reading: pages. 304-305

Haftarah: pages 306-308

OPTIONAL TO RECITE

Va'yee been'soah / B'reech - Whenever the Ark / Blessed is the Name *until* V'leesh'lam / for peace page 302

DO NOT RECITE

Blessings before/after Aliya as well as blessings before/after the Haftarah

- 1) Silent Amidah pages 310-319
- 2) One should *not* recite the public Vidui/Confession in the Chazzan's Repetition for Mincha
- 3) Recite Avinu Malkeinu pages 342-344
- 4) Recite L'Dovid / By David pages 345-346

NE'ILAH

- 1) Recite Ashrei and Uva LeTzion pages 347-349
- 2) Silent Amidah pages 350-357
- 3) Regarding prayers that appear in the Chazzan's Repetition for Ne'ilah, one should not recite the public Vidui/Confession
- 4) Though not obligated, one may recite all the Selichot for Ne'ilah with the exception of * Hashem, Hashem / Lord, Lord until U'n'chal'tanu / own possession (for example, on the top of page 365).
- 5) Recite Avinu Malkeinu pages 377-378
- 6) Recite “שמע...הוא האלוהים / Shema Hashem Hu Ha'Elokim page 379

MAARIV FOR MOTZEI / End of YOM KIPPUR

- 1) Recite Maariv pages 390-400 Aleinu, page 401
 - 2) One may sound the Shofar when Yom Kippur ends
 - 3) Recite Havdalah over a cup of wine/grape juice and a candle that had been lit from prior to the onset of Yom Kippur p.403
- Questions? Please contact Rabbi Ze'ev Smason at Pepshort613@gmail.com



NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

***For audio through your telephone:** Dial-in number: **314-325-8791**

All classes listed below will use the above number to join with audio only.

****If possible, please try to join each class a few minutes before the start-time**

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video a: <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

September 3 "Life Lessons My Parents and Grandparents Taught Me"

September 10 "Tikun Olam: What Does It Mean To "Perfect The World"?"

September 17 "Begin Again: What Can Make This the Best Year Ever?"

September 24 "The Perfect Apology: What Ingredients Matter Most?"

Oct. 1 "Character Counts: How Does Yours Measure Up?"

Oct. 8 "What's the Best Way to Start Getting Happier?"



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How it works:

1. Visit **smile.amazon.com**
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3. Under "Pick your own organization", search for "Nusach Hari"
4. Select "Nusach Hari-Bnai Zion Congregation"
5. Start shopping! Every time you shop, sign into **smile.amazon.com**, and you will earn funds for Nusach Hari.