



Yom Tov / Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 3, 2020 ~ 15 Tishrei 5781

Candle Lighting 6:25 pm

Shabbat Ends 7:26 pm

Our Sponsors for this Week's Shabbos / Yom Tov Bulletin

Dr. Steve and Myra Radinsky in honor of their grandchildren, **Andrew Felton** and **Samantha Radinsky**, for being semi-finalists in the National Merit Scholarship program.

Minyan Times	Wed Sept 30	Thurs Oct 1	Fri Oct 2	Shabbos Oct 3	Sun Oct 4	Mon Oct 5	Tues Oct 6	Wed Oct 7
Shachris	7:00 am	7:00 am	7:00 am	9:00 am	9:00 am	6:45 am	6:45 am	6:45 am
Mincha / Ma'ariv	6:20 pm	6:20 pm	6:20 pm	6:00 pm	6:10 pm	6:10 pm	6:10 pm	6:10 pm

Erev Sukkot Sukkot Day 1 Sukkot Day 2

Happy Birthday ~ Lewis Schucart, Ellen Berg, Hannah Bialecki, Robert Abrams, Leib Smason
Dr. Susan Feigenbaum, Sallie Volotzky, Ina Makovsky and David Morgensztern

Happy Anniversary ~ Dr. Jonathan & Naomi Shanker and Marvin & Sandra Greenberg

Sukkot Schedule

Shabbos, October 3rd ~ First Day of Sukkot

Shachris & Musaf: 9:00 am

Candle lighting: 7:26 pm

Torah Portion: Leviticus 22:26 – 23:44	Siddur pp 471 – 473	Chumash pp 680-691
Maftir: Numbers 29:12 - 29:16	Siddur p 473	Chumash p 894
Haftorah: Zachariah 14:1 – 14:21	Siddur pp 473-474	Chumash pp 1241-1242

Sunday, October 4th ~ Second Day of Sukkot

Shachris & Musaf: 9:00 am

Torah Portion: Leviticus 22:26 – 23:44	Siddur p 473	Chumash pp 680 - 691
Maftir: Numbers 29:12 - 29:16	Siddur pp 471 – 473	Chumash p 894
Haftorah: I Kings 8:2 – 8:21	Siddur pp 474 – 475	Chumash pp 1242 – 1243

Children's Program in the Sukkah with Rabbi Okin (socially distanced) 4:00 -5:00 pm

Mincha: 6:00 pm

Yom Tov ends: 7:24 pm

This Week and Beyond.....

- **Sunday, October 4th ~ 4pm-5pm ~ Join Rabbi and Rebbetzin Okin for a (yummy) Sukkah building event in the NHBZ Sukkah.** The Sukkah will be set up in a socially distanced manner, with participants asked to remain masked and at their family's table during the duration of the event.

Please RSVP to Rabbi Okin at aviokin@nhbz.org to ensure that we have enough supplies for the event.

Notice concerning Virtual Kabbalat Shabbat: As the days have become shorter and Shabbos begins at an earlier time, the Virtual Kabbalat Shabbat is on hold for the foreseeable future.

Sukkot through Shemini Atzeret / Simchat Torah Information

- Based on medical recommendations, we advise not to share Etrog & Lulav outside of the group of people residing in your household.
- Simchat Torah instructions will be available next week.
- **Yizkor Service for Shemini Atzeret will take place via ZOOM on Friday October 9th at 11:00am.** Please join the service through the link below or you can call in on your phone to the number listed below:

Connect with video: <https://us02web.zoom.us/j/83814002771>

Connect with audio in 2 ways:

1. Preferred option -Call 312- 626 - 6799 which connects you to the ZOOM audio number which will enable you to participate fully, except for the video.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the preferred option.

Help Wanted

Looking for a high school or college age student to perform outside work at my home. Call 314-368-4340. Hours are flexible. Location off Graeser Road in Creve Coeur. Denny Feit





Celebrate Sukkot Together!

*A New Program of
the NHBZ Children & Young Families Committee*

Cautiously but definitely crawling out from COVID...



**Kids and Young Families are invited for a fun
and delicious “*Edible Sukkah*” making activity!**

**Help Welcome Rabbi and Rebbetzin Okin in the NHBZ
Sukkah on**

**Sunday, October 4, 2020
at 4 p.m.**



☺ ***Learn about the meaning of the Mitzvahs of Sukkot***

☺ ***See old friends***

☺ ***Earn bragging rights for the most creative edible Sukkah west of the
Mississippi!***

There is no cost for this event. You need not be a member of NHBZ to attend!

We would love to see you as we slowly and safely come out of seclusion. (Social Distancing measures will be in place. Masks should be worn throughout the program) **Please RSVP to Rabbi Okin at aviokin@nhbz.org.**

MESSAGE FROM RABBI SMASON AND RABBI OKIN

Dear Members and Friends,

We hope this bulletin finds you and your families well, and that you found the recently-concluded Yomim HaNoraim (Days of Awe) spiritually nourishing and invigorating. We extend our appreciation to all those who helped arrange multiple synagogue programs on Rosh Hashanah and Yom Kippur. Those programs included both indoor and outdoor minyanim and learners' services. Special thanks is offered to our team of medical and health professionals for their guidance and time to ensure shul programs were conducted in a safe, responsible manner.

As we look forward to the forthcoming holidays of Sukkos, Shmini Atzeres and Simchas Torah, circumstances remain that guidance be offered and appropriate steps taken to ensure the health and safety of the NHBZ community as we look forward to this joyous season. To that end:

- * Please find in this bulletin information on constructing a sukkah with maximum ventilation
- * Regarding the handling of the Arba Minim (Four Species, including the Lulav and Esrog); a set of Arba Minim should not be shared and handled by those outside of your own immediate family group ('pod' or 'bubble') with whom you are living. A special protocol will be used during shul services for someone wanting to use the set of Arba Minim owned by the shul.
- * In the shul Sukkah, individuals must be careful about face covering and social distancing. Medical experts are not encouraging large shared meals in any Sukkah, nor out of town guests. In any event, we urge everyone to consult with their local medical providers regarding appropriate social distancing measures.
- * Information regarding Simchas Torah services and observances (hakofos, dancing, aliyas, etc.) will be forthcoming in next week's bulletin.

May you and your families enjoy a Chag Sameach -- a joyous, meaningful continuation of Sukkos and the holidays.

Rabbi Ze'ev Smason

Rabbi Avi Okin



THE SISTERHOOD SCOOP

OCTOBER 3



Volume 3

Number 33

15 Tishrei 5781

October 3, 2020

Shabbat Shalom Chag Sameach

FESTIVE MEALS IN THE SUKKAH

The festive meals we eat in the sukkah are preceded by Kiddush over wine, and we then begin the meal over two whole loaves of challah, which are sliced, dipped in honey and distributed to all those present.

Like all holiday meals, it is appropriate to discuss words of Torah and inspiration, as well as sing Jewish songs. Unlike other holidays, Sukkot has no traditional dishes—other than kreplach, traditionally eaten on Hoshanah Rabbah, the 7th day of Sukkot. Instead, we enjoy a variety of traditional foods—and all of the foods we eat have a special flavor due to the fact that we are eating them outside, in the sukkah!

Try this parve recipe as an appetizer or a main course:

TUNA EMPANADAS by Sara Finkel

Dough Ingredients

½ cup margarine
1 Tablespoon sugar
½ teaspoon salt
1 egg
¼ cup cold water
2½ cups flour
2 tsp. baking powder

Filling

7½-ounce can tuna, drained
1 onion, diced
hard-boiled eggs, diced
pinch of pepper
¼ cup water

Directions

To make the dough, cream margarine with sugar and salt. Add egg, water, flour, and baking powder. Make into 10–12 balls. Roll each ball out on a floured surface into a circle about 4 inches in diameter. Mix together filling ingredients. Place a teaspoonful of filling in the center of each circle. Moisten edges of dough with water. Fold over and pinch edges together. Bake on a greased baking sheet at 375° until golden brown. Serve with chili sauce. Yields 10–12.—from Chabad.org

SISTERHOOD ELECTIONS ARE COMING...



Elections will take place in November. Any woman who would like more info about becoming an Officer or Board Member contact Fran Alper: 314-993-4024
fran.alper@outlook.com

Next Book Club Selection:

The Marriage of Opposites

By Alice Hoffman

Next Meeting:

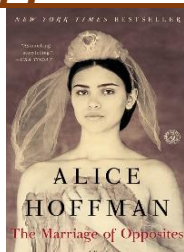
Monday, October 26

7:15-8:45 pm

For more information call

Terri Schnitzer: 314-518-4107

or terrischnitzer@yahoo.com



- Sukkot is a seven-day festival (8 days in the Diaspora).
- It is a special mitzvah to rejoice on Sukkot.
- We celebrate our trust in G-d, and our confidence in having received a “good judgement” for the coming year.
- Sukkot also comes at harvest season, as we appreciate the bounty that G-d has given us.

The Sukkah reminds us that:

- The Israelites lived in huts during the 40 years of wandering in the desert.
- G-d protects us today, just as He protected the Israelites with the Clouds of Glory.

from www.aish.com

JEWISH FEDERATION OF ST. LOUIS

Women's
PHILANTHROPY

L'Chaim!



A not-to-be-missed virtual evening of celebration, community, and giving, featuring Bari Weiss. As a writer and editor, formerly for the Opinion section of *The New York Times*, Bari continues to comment on the complex world we're living in today from anti-Semitism to COVID-19.

SAVE THE DATE

TUESDAY, OCTOBER 27, 2020 • 7 PM

L'Chaim! The Roots of Our Community

Tickets: \$18

Includes a special L'Chaim! Box filled with tools to help us celebrate together.

Exclusive opportunity: *Bari Spills the Beans*

Submit questions and hear an exclusive conversation with Bari Weiss prior to the virtual event.

Tickets: \$54, includes a ticket to the Main Event, a signed copy of Bari's book, and a special L'Chaim! treat

To sit at NHBZ's table contact Joanna at joanna.alper@gmail.com
Or for more info: Stacy at WP@JFedSTL.org or 314-442-3730

Instructions for Building a Minimal Sukkah

1. A sukkah must have a minimum of 3 walls.
2. Dimensions of Walls
 - a. Height: Each wall must be a minimum of 10 *tefachim* (33 inches) high.
 - b. Width: Each wall must be a minimum of 7 *tefachim* (23 inches) wide.
3. Positions of Walls
 - a. At least two of the walls must be connected to each other (similar in form to the letter "L"). The walls are considered joining as long as there is not a space of more than 3 *tefachim* (9 inches) separating them.



- b. If the two walls face each other, the third wall must be adjoined to the end of one of the walls (It does not have to touch the wall, but must be at least 3 *tefachim* (9 inches) in proximity to it).



4. The Two Walls
 - a. The majority of the two walls must be covered. There may be breaches in the walls of up to 10 *amot* (384 inches or 32 feet) as long as the majority of the wall is covered.
5. The Third Wall
 - a. A third wall of 7 *tefachim* (23 inches) must be erected adjoining one of the other walls (within 3 *tefachim*).
 - i. The third wall can be a combination of a wall and a *tzurat ha-petach*.
 1. If the third wall is not 7 *tefachim* wide (23 inches) (although it must be more than 4 *tefachim* (13 inches) wide), a *tzurat ha-petach* (door frame) should be constructed to complete the 7 *tefachim* requirement (it can be wider) necessary for a Sukkah wall.





2. A *tzurat ha-petach* requires a vertical pole placed parallel to the end of the third wall, and a cross piece on top of that pole extending over the third wall.
 - b. If there are 3 walls of 7 *tefachim*, the *schach* that extends beyond the third wall is valid and is included in the sukkah.
6. Height of the Walls
- a. The walls must be a minimum of 10 *tefachim* (33 inches) high. The space above them can be empty as long as the walls are positioned under the *schach*.
 - b. The walls must reach to within 3 *tefachim* of the ground (9 inches)
7. Material for the Walls
- a. Walls made from canvas or other soft materials should be tied taut. The walls should not sway in the wind. Some *poskim* invalidate a sukkah whose walls flap even slightly. Some allow slight flapping. Others allow flapping up to 3 *tefachim*, if the wall, when flapping, remains at least 10 *tefachim* high and within 3 *tefachim* of the ground.
 - b. Walls can be made of netting and of string or slats, as long as the distance between each strand or slat is less than 3 *tefachim* (9 inches). Some invalidate a sukkah built entirely in this manner.



NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

***For audio through your telephone:** Dial-in number: **314-325-8791**

All classes listed below will use the above number to join with audio only.

****If possible, please try to join each class a few minutes before the start-time**

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video a: <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

Oct. 1 "Character Counts: How Does Yours Measure Up?"

Oct. 8 "What's the Best Way to Start Getting Happier?"



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