



Yom Tov / Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 19, 2020 ~ 1 Tishrei 5781

Candle Lighting 6:47 pm

Shabbat Ends 7:48 pm

Shabbos / Rosh Hashana Day 1 ~ September 19

Torah Portion: Genesis 21:1- 34

Machzor pp 164-166; Chumash pp 94-99

Maftir: Numbers 29:1 – 6

Machzor p 169; Chumash pp 894-895

Haftorah: I Samuel 1:1 - 2:10

Machzor pp 170-172; Chumash pp 1234 1236

Rosh Hashana Day 2 ~ Sunday, September 20

Torah Portion: Genesis 22:1-24

Machzor pp 164-166; Chumash pp 100-105

Maftir: Numbers 29:1- 6

Machzor p 169; Chumash pp 894-895

Haftorah: Jeremiah 31:1- 19

Machzor pp 170-172; Chumash pp 1236-1237

Minyan Times	Wed Sept 16	Thurs Sept 17	Fri Sept 18	Shabbos Sept 19	Sun Sept 20	Mon Sept 21	Tues Sept 22	Wed Sept 23
Shachris	7:00 am	7:00 am	7:00 am	8:30/9:30am	8:30/9:30am	6:45 am	7:00 am	7:00 am
Mincha / Ma'ariv	6:45 pm	6:45 pm	6:45 pm	6:30 pm	6:35 pm	6:35 pm	6:35 pm	6:35 pm

SLICHOS: 6:30 am Wednesday Sept 16 - Thursday Sept. 17 and 6:15 am Friday Sept.18

Daily Davening at Shul (Tent on East Parking Lot) Mincha / Ma'ariv: Daily (see times above)

Happy Birthday ~ Robert Schnurman, Marcela Morgensztern, Jackie Berkin, Jennifer Hartranft, and Max Minoff

This Week and Beyond.....

- **Wednesday, September 16 ~ 7:30 pm ~ NHBZ Associate Rabbi Avi Okin** will offer a class discussing the traditional symbols of Rosh Hashanah entitled: "A Sign of Good to Come- Rosh Hashanah Symbols". Join by video, click on the link below
<https://us02web.zoom.us/j/86821018451?pwd=bIBMOEM4VVphbDdrT05US3RkaIA4UT09>
- **Friday Evening, September 18 ~ Virtual Kabbalat Shabbat Service at 6:20 pm**
Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.
Join by video: <https://zoom.us/j/295822730> Join by audio: 314-325-8791
- **Wednesday, September 23 ~ 7:30 pm ~ Rabbi Smason and Rabbi Okin** will offer a class during the Ten Days of Teshuva (Repentance) titled : "Approaching Yom Kippur: Tools for Fueling Change ". Join by video, click on the link below:
<https://us02web.zoom.us/j/86821018451?pwd=bIBMOEM4VVphbDdrT05US3RkaIA4UT09>

ROSH HASHANA SCHEDULE

Friday Evening, September 18

Mincha (Outdoors) 6:45 pm
Candle Lighting 6:47 pm

Shabbos, September 19

Indoor Service 8:30 am
Outdoor Service 9:30 am
Mincha (Outdoors) 6:30 pm
*Yom Tov Candle Lighting 7:48 pm

Sunday, September 20

Indoor Service 8:30 am
Outdoor Service 9:30 am
Learners' Service (Outdoors) ... 10:00 am
Shofar/ Tashlich (Outdoors) 6:00 pm
Mincha. (Outdoors) 6:35 pm
Yom Tov Ends 7:47 pm

TZOM GEDALIAH (Fast of Gedaliah)

Monday, September 21

Fast Begins 5:48 am
Selichos 6:15 am
Shacharis 6:45 am
Mincha 6:25 pm
Fast Concludes 7:42 pm

Shana Tova U'metuka



Daily Shofar Blowing at NHBZ!

Sunday through Thursday at noon, a Tekias Shofar (Shofar blowing) will take place in the NHBZ parking lot (East side).

Come -- please wear masks and remain in your cars -- while either Rabbi Smason or Rabbi Okin provide us with the opportunity to hear the shofar. You will have a blast! Listening to a daily shofar blowing is customary each weekday during the month of Elul. Rabbis Smason and Okin will alternate. (No shofar blowing on Friday)



Arba Minim (Lulav & Etrog) will be available for purchase, for members only.

Prices:

<i>Basic Lulav & Etrog set</i>	<i>\$50.00</i>
<i>Standard Lulav & Etrog set</i>	<i>\$60.00</i>
<i>Deluxe Lulav & Etrog set</i>	<i>\$70.00</i>
<i>Premium Lulav & Etrog set</i>	<i>\$85.00</i>

The order deadline will be Friday, September 18th.

Order now: email or call the office.





Guide for those Davening without a Minyan on Rosh Hashanah
Page listings from the NHBZ Machzor

1a) Morning Blessings. pages 60-62

1) Introductory Prayers and Psalms of Praise (*Psukei D'Zimra*) pages 79-100

* Optimally, one should recite all these prayers.

* Minimally, one must say:

a) Blessed is He who spoke (*Boruch Sh'amar*) p. 89

b) Happy are those ... (*Ashrei*) p. 91-92

c) The soul of every living ... (*Nishmas*) p.97, and onward.

One says everything until the "*Hatzi Kaddish*" before ברכו (*Barechu*) on page 100.

2) One doesn't say any "*Kaddish*," or ברכו, (*Barechu*) on pages 100 & 101

3) Say all the Blessings before & after the “Shema” till the end of the “Silent Amida” [without “Kedusha”] pages 101-114

4) One can say the piyut of אתה הוא אלו-הינו (You are our G-d) on page 118 and לא-ל עורך דין (To the Almighty who arranges judgment) on page 126

5) “*Avinu Malkeinu*” [on the 2nd day only] pages 152-154

6) Psalms of the Day: Shabbos, page 158, Sunday, page 155
L'Dovid (both days): page 158

7) Torah Reading: page 164

OPTIONAL TO RECITE*

אתה הראת/אין כמוך....בקדושתו ("You have been shown to His people Israel") p.160

First Day: בריך שמייה...ולשלם ("Blessed is the Name ... and for peace") p.161

Second Day: ריבנו של עולם...ולשלם ("Master of the world ...") p. 161 Can be said in addition to 1st day optional

DO NOT RECITE•

•Blessings before/after Aliya as well as blessings before/after the Torah Readings and Haftarah

•ה' ה'...ונקה (bottom of p. 160)

7b) Haftorahs Page 170

8) First day: first יקום פורקן ("May there come ...) page 174

9) Shofar Blowing on the 2nd day: pages 175-176

If you have a shofar —the 2 blessings and 30 blasts.

10) Ashrei -- pages 177-178

11) Optional to say "Let them praise Praise the Lord" on page 178

12) The entire "Silent Amida" for "Musaf" -- pages 180-192

13) One can say the piyut ונתנה תוקף ("Let us proclaim") on page 200
and האוחז ביד...וכל מאמינים ("He holds in His hands ..") on pages 203-204

14) Ein Kelokaynu, Aleinu -- pages 245, 247 (No kaddish recited)

Questions? Please contact Rabbi Smason
at Pepshort613@gmail.com

NHBZ will have available Rosh Hashana and Yom Kippur machzorim (special books) to lend to our members during the holidays. Contact the office for lending arrangements.

A deposit of \$65 in the form of a check or credit card is required.



The Parenting Puzzle - Piecing it Together is brought to you by the Israeli-American Council (IAC) and IDC Herzliya. This 3-day e-summit from September 23rd-25th, will present the unique challenges and opportunities that have been presented to us in the spheres of education, family life, and social interactions. The summit will take place from 12 pm-3 pm EDT and culminate in a virtual Shishi Israeli Shabbat celebration on the final day. Topics such as positive psychology, online learning, modern parenting tips, and social media will be explored, among many others that are relevant to everyday life during this pandemic. Sessions will be held in both Hebrew and English. Register at: <https://www.parentingpuzzle.org/>



Help Wanted

Looking for a high school or college age student to perform outside work at my home.

Call 314-368-4340. Hours are flexible.
Location off Graeser Road in Creve Coeur.
Denny Feit



New Year Greetings

5781 ~ 2020

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign wishing everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year

Shana Tova U'metuka

Caryn Alper
Joanna Alper
Lenny & Fran Alper
Ruth Novack Alper & Family
Debbie & Jesse Barash
Craig & Jackie Berkin
Sam & Shirley Bluestein
Alan, Marcie, Nathan
& Eliana Brook
Teree Farbstein
Amy & Denny Feit
Mimi Fiszal
Meira & Shaul Ganel

Devy & Jerry Goldenberg
Joni & Bob Kaiser
Phyllis & Howard Loiterstein
Linda Luks
Ina and Ronald Makovsky
Sally Needle
Rachael Pevnick & Family
Ellen & Hal Rosen & Family
Libby Sorkin Routman & Family
Debbie Sher
Bobbie Tolpen
Stella & Leonid Vladimirov
Faith & Bruce Waxman

**Help us meet our New Year Greeting fundraising goal for this year.
There is still time to add your name to the list. Please be generous.**



Thank you for your support of Sisterhood's Newest Project

Rosh Hashanah Gift Baskets

The following people purchased Sisterhood's Rosh Hashanah Gift Baskets to send to family and friends for the New Year. We thank each of you for participating in this mitzvah.

Lenny and Fran Alper*
Caryn Alper
Joanna Alper
Norma Appleman
Debbie Barash
Alan, Marcie, Nathan
& Eliana Brook
Aaron Crain
Teree Farbstein*
Amy and Denny Feit
Wendy and Stanley Finger
Irwin and Arlene Fredman
Evan Garmaise*
Meira Ganel
Rhonnie and Stan Goldfader

Louis and Rebecca Goldman
Hartranft Family
Joyce Hochberg
Naftali and Jane Kodosh*
Sheryl Levine
Ed and Helayne Levitt
Howard and Phyllis Loiterstein*
Hesh and Marcia Lyons
Michelle Mufson
Rachael Pevnick
Terri Schnitzer
Howard and Cara Shalowitz
Jackie Smason
Margo Tzadok*
Peggy Umansky

*additional donation made to Basket Fund

Special Thanks to Chairperson Margo Tzadok
and to all the volunteers who provided much help in assembling & delivering the baskets:

Joanna Alper
Caryn Alper
Fran Alper
Teree Farbstein
Mimi Fiszal

Meira Ganel
Ed Levitt
Phyllis Loiterstein
Linda Luks
Howard Sandler

Terri Schnitzer
Debbie Sher
Trudy Sudin
Peggy Umansky



☆ NUSACH HARI B'NAI ZION SISTERHOOD ☆ SUPPORTING OUR CONGREGATION SINCE 1950 ☆

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: sisterhood@nhbz.org



THE SISTERHOOD SCOOP

SEPTEMBER 19



Volume 3

Number 31

1 Tishrei 5781

September 19, 2020

L'Shana Tova U'Metuka שנה טובה ומתוקה

NHBZ Sisterhood wishes you and your family a healthy, happy, and *sweet* New Year

HEADS UP! It's the New Year

Rosh Hashanah means "Head of the Year." Just like your head (brain) tells your body what to do, how you behave on Rosh Hashanah has far-reaching consequences for the entire year.

The central observance of Rosh Hashanah is listening to the blowing of the **shofar** (except on Shabbos).

Like Shabbos and other Jewish holidays, the Rosh Hashanah meals should be eaten in the joyous glow of candles, lit by the woman of the house. On the first night, remember to light before the onset of the holiday. On the second night, light only after nightfall, taking care to use a preexisting flame and not blow out your match when done.

On Rosh Hashanah we traditionally start our holiday feasts with two loaves of round challah, sweetened with raisins – for a sweet new year. To add sweetness to our already sweet wish, we dip the challah in honey before taking the first bite. –adapted from www.chabad.com

NHBZ SISTERHOOD APPRECIATES YOUR SUPPORT OF ITS

Rosh Hashanah Gift Basket Project



Special thanks to **Margo Tzadok** and all our volunteers!



Thank You!

SISTERHOOD ELECTIONS ARE COMING...



Elections will take place in November. **Any woman who would like more info about becoming an Officer or Board Member** contact **Fran Alper: 314-993-4024** fran.alper@outlook.com

BOOK CLUB NEWS

Next Book Selection:

The Marriage of Opposites

By Alice Hoffman

Next Meeting:

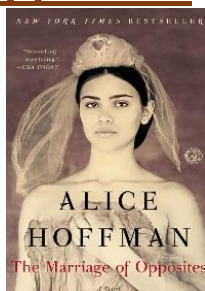
Monday, October 26

7:15-8:45 pm

For more information call

Terri Schnitzer: 314-518-4107

or terrischnitzer@yahoo.com



JEWISH FEDERATION OF ST. LOUIS

Women's
PHILANTHROPY

L'Chaim!



A not-to-be-missed virtual evening of celebration, community, and giving, featuring Bari Weiss. As a writer and editor, formerly for the Opinion section of *The New York Times*, Bari continues to comment on the complex world we're living in today from anti-Semitism to COVID-19.

SAVE THE DATE

TUESDAY, OCTOBER 27, 2020 • 7 PM

L'Chaim! The Roots of Our Community

Tickets: \$18

Includes a special *L'Chaim!* Box filled with tools to help us celebrate together.

Exclusive opportunity: Bari Spills the Beans

Submit questions and hear an exclusive conversation with Bari Weiss prior to the virtual event.

Tickets: \$54, includes a ticket to the Main Event, a signed copy of Bari's book, and a special *L'Chaim!* treat

To sit at NHBZ's table contact **Joanna** at joanna.alper@gmail.com
Or for more info: **Stacy** at WP@JFedSTL.org or 314-442-3730