



# Yom Tov / Shabbos Bulletin

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 26, 2020 ~ 8 Tishrei 5781

Candle Lighting 6:36 pm

Shabbat Ends 7:37 pm

Parshas Ha'Azinu Deuteronomy 31: 1 - 52  
Haftorah: Hosea 14:2 -10, Micha 7:18-20

Chumash pages 1100 - 1111  
Chumash pages 1204 - 1205

### Shabbos Shuva

#### Our Sponsors for this Week's Shabbos Bulletin

In honor of **Stuart Klamen, Rabbi Avi Okin, Menachem Szus and Alan Zarkowsky** for the hard work they did to bring the holidays to the NHBZ community. Thank you from **Dr. Craig and Jackie Berkin.**

Minyan Times	Wed Sept 23	Thurs Sept 24	Fri Sept 25	Shabbos Sept 26	Sun Sept 27	Mon Sept 28	Tues Sept 29	Wed Sept 30
Shachris	7:00 am	7:00 am	7:00 am	9:00 am	8:00 am	8:30 am	7:00 am	7:00 am
Mincha / Ma'ariv	6:35 pm	6:35 pm	6:35 pm	6:20 pm	6:30 pm	7:10 pm	6:20 pm	6:20 pm

**Happy Birthday** ~ Sandra Segall, JoAnn Raskas, Ruth Novack and Talia Shifren

**Happy Anniversary** ~ Dr. Alan & Marcie Brook

#### This Week and Beyond.....

- **Friday Evening, September 25 ~ Virtual Kabbalat Shabbat Service at 6:20 pm**  
Join us for our Virtual Kabbalat Shabbat. We'll gather on Zoom to welcome Shabbat in song with a guest Chazzan and Rabbi Smason providing inspirational and instructive Dvar Torah.  
Join by video: <https://zoom.us/j/295822730> Join by audio: 314-325-879
- **Sunday, October 4th ~ 4pm-5pm ~ Join Rabbi and Rebbetzin Okin for a (yummy) Sukkah building event in the NHBZ Sukkah.** The Sukkah will be set up in a socially distanced manner, with participants asked to remain masked and at their family's table during the duration of the event.

Please RSVP to Rabbi Okin at [aviokin@nhbz.org](mailto:aviokin@nhbz.org) to ensure that we have enough supplies for the event.

#### Readings for Yom Kippur Morning

Torah Portion: Leviticus 16:1 – 16:34  
Maftir: Numbers 29:7 – 29:11  
Haftorah: Isaiah 57:14 – 58:14

Machzor page 202  
Machzor page 206  
Machzor page 207

## How to attend Yom Kippur Services indoors at NHBZ

**Those who were inside for Rosh Hashana do not need to resubmit paper work.**

There are still a few seats remaining for inside davening. There is a possibility that demand will exceed availability of seats. In such circumstances, we may have to accommodate one member by asking another member to give up his or her seat so that every eligible member wanting to daven indoors on Yom Kippur can attend at least one indoor service.

**Contact Jeff Miller immediately by replying to this email or calling 991-2100 ext.2 to reserve an indoor seat if you fit in the following guidelines:**

- If you are under 64 and wish to attend you may submit the Covid form in this bulletin ASAP.
- If you are under 64 but have health issues you will also need a note from your doctor attesting that can attend services..
- If you are 65 -74 you must submit the Covid form and submit a doctors note doctor attesting that can attend services
- If you are over 74 you can attend outdoor services

### Erev Yom Kippur – Sunday, September 27

**Yizkor Service on Zoom\*** ..... **11:00 am**  
Mincha (Outdoors)..... 1:30 pm  
**Kol Nidre on Zoom\*** ..... **3:00 pm**  
Kol Nidre Inside (chairs will  
be set up on the terrace for those who  
cannot or choose to daven outside)..... 6:20 pm  
Candle Lighting at home ..... 6:32 pm

**\* Yizkor Service and Kol Nidre will be available via Zoom video.** Please join the service at least 5 minutes before start time.

To join each service by video, click on the link below:

**Yizkor at 11:00 am** - click here: <https://us02web.zoom.us/j/82902283919>

**Kol Nidre at 3:00 pm** - click here: <https://zoom.us/j/136785930>

### Yom Kippur – Monday, September 28

Indoor and Outdoor Services..... 8:30 am – 11:30 am  
Learners' Service Outdoors..... 10:00 am  
Mincha / Neilah / Maariv Indoors ..... 4:45 pm  
(chairs will be set up on the terrace for those  
who cannot or choose to daven outside)  
Shofar Sounds and Fast Ends at ..... 7:34 pm

## ACKNOWLEDGEMENT AND ASSUMPTION OF RISK RELATED TO COVID-19

As a condition of being permitted to participate in activities, including attending services, on the premises or under the auspices of Nusach Hari B'nai Zion Congregation (the "Synagogue") and on behalf of myself and my family, I acknowledge the following:

I acknowledge that I understand the highly contagious nature of COVID-19, the health risks associated therewith or resulting therefrom (to the extent they are currently known), that there may be health risks from COVID-19 that are not currently known, and the risk that may be exposed to or contract COVID-19 by participating in Synagogue activities and being on the synagogue premises. I understand and acknowledge that such exposure or infection may result in serious illness, personal injury, permanent disability, death, or property damage. I acknowledge that this risk may result from or be compounded by the actions, omissions, or negligence of others, including the synagogue, its agents, directors, officers, trustees, members, board members, and employees. I understand and acknowledge that although the synagogue has implemented measures intended to reduce the spread of COVID-19, the Synagogue does not and cannot guarantee that I or anyone will not become infected with COVID-19 and that being involved in Synagogue activities on or off the premises may increase the risk of contracting COVID-19. I assume responsibility for sharing this information with family members who may attend activities with me.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

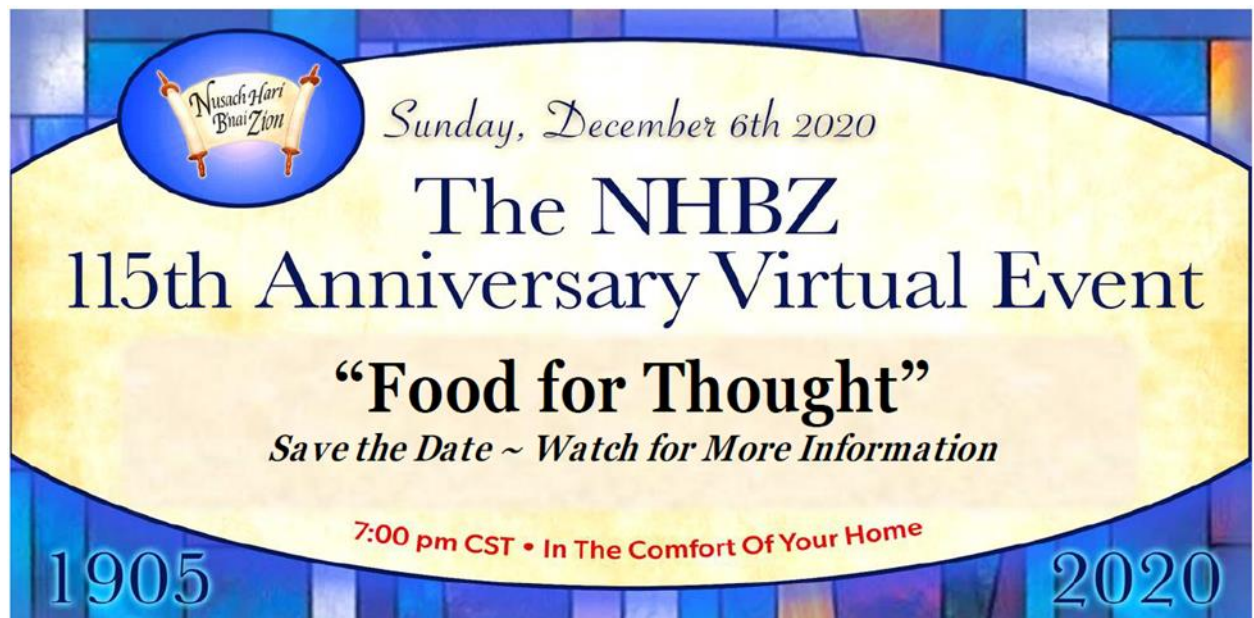
Date: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

## Parsha Ha'Azinu

Ha'Azinu is comprised primarily of Moses' "song" about the horrible tragedies and supreme joy which will make up the Jewish people's future history. While not a song in the familiar sense, Moses' song is a blend of otherwise disparate ideas into a beautiful symphony of thought. It expresses the idea that everything that G-d does -- past, present and future -- somehow fits into a perfect harmony, although our limited human understanding prevents fully recognizing the wisdom of G-d.

Ha'Azinu contains the mitzvah for each Jew to write a Sefer Torah (Torah scroll). Many suggest that this mitzvah can be fulfilled by the purchase of books containing Torah content. Does your home contain any books of Torah? Today there are an abundance of excellent Torah books written in English. Let me suggest two: The Stone Chumash (5 Books of Moses), and Living Each Week by Rabbi Dr. Abraham Twerski. Ha'azinu concludes with G-d's command to Moses to ascend Mount Nebo, where he will view the land of Israel and then pass away.



### Help Wanted

Looking for a high school or college age student to perform outside work at my home.

Call 314-368-4340. Hours are flexible.

Location off Graeser Road in Creve Coeur.

Denny Feit



# New Year Greetings

5781 ~ 2020

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year and a good Final Sealing!

## Gemar Chatimah Tovah

Caryn Alper  
Joanna Alper  
Lenny & Fran Alper  
Ruth Novack Alper & Family  
Debbie & Jesse Barash  
Craig & Jackie Berkin  
Sam & Shirley Bluestein  
Alan, Marcie, Nathan  
& Eliana Brook  
Teree Farbstein  
Amy & Denny Feit  
Mimi Fiszal  
Meira & Shaul Ganel

Devy & Jerry Goldenberg  
Joni & Bob Kaiser  
Sally & Dr. Eliot Katz  
Phyllis & Howard Loiterstein  
Linda Luks  
Ina and Ronald Makovsky  
Sally Needle  
Rachael Pevnick & Family  
Ellen & Hal Rosen & Family  
Libby Sorkin Routman & Family  
Debbie Sher  
Bobbie Tolpen  
Stella & Leonid Vladimirov  
Faith & Bruce Waxman

**Thank you for your generosity**





# THE SISTERHOOD SCOOP

## SEPTEMBER 26



Volume 3

Number 32

8 Tishrei 5781

September 26, 2020

## GEMAR Chatimah TOVAH גמר חתימה טובה

NHBZ Sisterhood wishes you and your family a *Shana Tova* and a good final sealing!

### THE TEN DAYS OF REPENTANCE

The period between Rosh Hashana and Yom Kippur is called the Ten Days of Repentance. Or, in Hebrew, it is known as the *Aeres Yemei Teshuva*.

On Rosh Hashana, the righteous and the wicked receive their judgment. One should not see himself as wicked or be so presumptuous as to consider himself righteous. Therefore, we have 10 days to improve and tip the scales to the side of righteousness. Yom Kippur is the culmination of this period.

During the Ten Days of Teshuva, Jews engage in intense introspection for the purpose of self-improvement. We become more scrupulous in the observance of mitzvot.

While Yom Kippur is a day of forgiveness, when it comes to atoning for things we've done to another person – regretting our sins isn't enough – we're required to reach out, apologize and seek forgiveness to those we've harmed. Sins between man and G-d can be atoned for through prayer and sincere teshuva, repentance, but if the pain we've caused another person can be remedied, we have an obligation to do that too before we can truly be forgiven.

—adapted from [www.aish.com](http://www.aish.com)

### NHBZ SISTERHOOD APPRECIATES

YOUR SUPPORT OF ITS

*Rosh Hashanah  
Gift Basket Project*



Thanks to all those who purchased baskets and to all our volunteers!



Mrs. Goldberg: "This year my husband promised to finish building our sukkah right after Yom Kippur."

Mrs. Blum: "Oh, my husband never took ours down from last year."



### SISTERHOOD ELECTIONS

**ARE COMING...**

Elections will take place in November. **Any woman who would like more info about becoming an Officer or Board Member** contact Fran Alper: 314-993-4024 [fran.alper@outlook.com](mailto:fran.alper@outlook.com)



### Next Book Club Selection:

***The Marriage of Opposites***

By Alice Hoffman

Next Meeting:

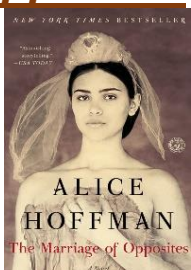
**Monday, October 26**

7:15-8:45 pm

For more information call

Terri Schnitzer: 314-518-4107

or [terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)



JEWISH FEDERATION OF ST. LOUIS

**Women's  
PHILANTHROPY**

*L'Chaim!*



A not-to-be-missed virtual evening of celebration, community, and giving, featuring Bari Weiss. As a writer and editor, formerly for the Opinion section of *The New York Times*, Bari continues to comment on the complex world we're living in today from anti-Semitism to COVID-19.

**SAVE THE DATE**

**TUESDAY, OCTOBER 27, 2020 • 7 PM**

*L'Chaim! The Roots of Our Community*

Tickets: \$18

Includes a special *L'Chaim!* Box filled with tools to help us celebrate together.

**Exclusive opportunity: Bari Spills the Beans**

Submit questions and hear an exclusive conversation with Bari Weiss prior to the virtual event.

Tickets: \$54, includes a ticket to the Main Event, a signed copy of Bari's book, and a special *L'Chaim!* treat

To sit at NHBZ's table contact Joanna at [joanna.alper@gmail.com](mailto:joanna.alper@gmail.com)  
Or for more info: Stacy at [WP@JFedSTL.org](mailto:WP@JFedSTL.org) or 314-442-3730



## **NHBZ Online Classes**

**Rabbi Smason will keep you connected during this challenging time.** The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

### **Instructions to attend a class:**

**\*For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

**\*For audio through your telephone:** Dial-in number: **314-325-8791**

*All classes listed below will use the above number to join with audio only.*

**\*\*If possible, please try to join each class a few minutes before the start-time**

**1. Weekdays at 8:00 am** (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

**2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit”** with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

**3. Friday at 8:00 am ~** Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

**4. Sunday- Wednesday at 7:00 pm ~** Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video a: <https://zoom.us/j/295822730>

**5. Every Monday at 7:30 pm ~ “To the Source”** with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

## NHBZ Online Classes (cont.)

**6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers.** Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

**7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.**

Join by video at: <https://zoom.us/j/295822730>

September 3 "Life Lessons My Parents and Grandparents Taught Me"

September 10 "Tikun Olam: What Does It Mean To "Perfect The World"?"

September 17 "Begin Again: What Can Make This the Best Year Ever?"

September 24 "The Perfect Apology: What Ingredients Matter Most?"

Oct. 1 "Character Counts: How Does Yours Measure Up?"

Oct. 8 "What's the Best Way to Start Getting Happier?"



### Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to the NHBZ.

### How it works:

1. Visit **smile.amazon.com**
2. Sign in to your Amazon account
3. Under "Pick your own organization", search for "Nusach Hari"
4. Select "Nusach Hari-Bnai Zion Congregation"
5. Start shopping! Every time you shop, sign into **smile.amazon.com**, and you will earn funds for Nusach Hari.