

Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 19, 2020 ~ 4 Teves 5781 Candle Lighting 4:24 pm Shabbos Ends 5:27 pm

Parshas: Mikeitz Genesis 41:1 -- 44:17 Chumash pages . 222 - 249

Haftorah: 1 Kings 3:15 - 4:1 Chumash pages 1143-1144

This Shabbat bulletin is sponsored by **Sam** and **Shirley Bluestein** in honor of the birth of their first great granddaughter, **Sydney Eileen Mufson** to **Joey** and **Jamie Mufson**. Mazel Tov!

Erev Shabbos, December 18

Mincha & Ma'ariv ~ 4:20 pm

Shabbos, December 19

- Shabbat Services ~ 9:00 am
- Mincha ~ 4:10 pm
 Parsha Deep Dive with Rabbi Avi Okin ~
 after Mincha
- Ma'ariv/Shabbos ends ~ 5:27 pm



Important: Don't forget to register to attend Shabbat services. Call 991-2100 ext. 2 or jeff@nhbz.org by 4pm Thursday.

Davening Times

NEXT 4 DAYS	Wed	Thurs	Fri	Shabbos
NEXT 4 DATS	Dec 16	Dec 17	Dec 18	Dec 19
Shachris	6:45 am	6:45 am	6:45 am	9:00 am
Mincha/Ma'ariv	N/A	N/A	4:20 pm	4:10 pm
Ma'ariv Only	6:45 pm	6:45 pm	N/A	N/A

NEXT WEEK	Sun Dec 20	Mon Dec 21	Tues Dec 22	Wed Dec 23	Thurs Dec 24	Fri * Dec 25	Shabbos Dec 26
Shachris	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:00 am	9:00 am
Mincha/Ma'ariv	4:30 pm	N/A	N/A	N/A	N/A	4:10 pm	4:15 pm
Ma'ariv Only	N/A	6:45 pm	6:45 pm	6:45 pm	6:45 pm	N/A	N/A

* Fast of 10 Teves. Fast begins at 6:05 A.M.

Birthdays ~ Sheera Tzadok, Leslie Gitel, Rhonnie Goldfader, David Gellman, Mindy Woolf, Debbie Finland, Norman Liss, Dr. Michael Kass and Gary Sudin

Anniversaries ~Irl & Myra Solomon, Jay & Peggy Umansky and Abert & Sheila Goodman

This Week and Beyond

- Wednesday, December 23 ~ 7:00 pm ~ Rabbi Smason will speak on: "Jumpstarting Change in a Pandemic New Year." Please by video: https://us02web.zoom.us/j/295822730
- ➤ Sunday, December 27 ~ Pizza Night Carryout
- Wednesday, January 6, 2021 ~7:00 pm~ Presentation: "The Sephardic Story: From King Solomon to The Ends of the Earth." by Dr. Isaac Amon.
 Join by video at: https://zoom.us/j/295822730
- ➤ Sunday, January 10 ~ 7:00 8:00 pm ~ NHBZ 115th Anniversary Virtual Event: "Food for Thought" ~ everyone is invited to attend via Zoom video.



The Big Push for your Pushke is on! ~ Please get your Pushke to us now!

We can pick up your Pushke or you can drop it off at shul. ~ please contact jeff@nhbz.org to make arrangements or call the office 991-2100 ext. 2. Please put the contents in a plastic bag with your name on it and keep your Pushke for continued use.

You also have the convenient option to simply count the amount in your Pushke and then mail a check for that amount.

Parshas Mikeitz

Pharaoh has a two-part dream about seven scrawny cows devouring seven robust cows, followed by seven thin stalks of grain swallowing seven healthy, good ones. When his advisers are unable to adequately interpret the dream, Pharaoh summons Joseph, who had been in prison for a total of twelve years. Ascribing his power of interpretation solely to G-d, Joseph tells Pharaoh that Egypt will first experience seven years of abundant crops, and then will be ravaged by a devastating famine. Pharaoh appoints Joseph as viceroy of Egypt, making him the second most powerful man in the land (this is a source for the sport of tennis in the Torah -- we see that Joseph ... served in Pharaoh's court). Joseph's wife Asnat gives birth to two sons, Menashe and Ephraim, and the years of plenty and famine unfold just as Joseph had predicted. With the famine devastating the land of Canaan (Israel), Joseph's brothers descend to Egypt to purchase food. When they don't recognize their royal brother, Joseph sets in motion a plan to determine if the brothers have fully repented for their sin of selling him almost twenty-two years before. Joseph acts detached, accusing them of being spies, and holds Simeon hostage. Joseph then allows the rest of the brothers to go with food to their father on the condition that they return with their youngest brother Benjamin. With great reluctance, Jacob agrees to this condition. Mikeitz concludes with the looming threat that Benjamin will be made a slave to the Egyptian ruler.



You can attend the Jan. 10

Virtual Event for FREE

RSVP Today to get Zoom Link

Don't miss out!

ICYMI – make sure your SOUND IS 'ON' and CLICK each link for previous video announcements about the 115th Anniversary Event:

https://youtu.be/qElp08d00CQ

- As a replacement for the banquet dinner, you will have an opportunity to dedicate volumes of our recently acquired ArtScroll Schottenstein Edition Talmud as well as purchase Event Sponsorships and Journal Ads (see the options below)
- For a complete list of the 6 *Sedarim* (Orders) and 74 Volumes in the Talmud see the next page
- For help in selecting a specific Order or Volume, and to specify dedication wording, contact the office: 314-991-2100, ext. 2

TALMUD DEDICATIONS				
☐ I would like to dedicate an entire Artscroll Talmud (74 volumes)\$18	,000			
☐ I would like to dedicate Order(s) of the Talmud\$3,600 €	each			
☐ I would like to dedicate volume(s) of the Talmud\$125 €	ach			

SPONSORSHIP JOURNAL	L AD	<u>S</u>
Includes Full-Page Color Ad PLUS r	numbe	r of
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☐ Crown (Seder) Inside Front	\$3	,600
☐ Pillar (4) Inside Back Cover	\$1	,600
☐ Sustainer (2)	\$	950
☐ Benefactor (2)		
☐ Sponsor (2)		

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Full Page is 4.5" x 7.5"	
☐ Full Page Color	\$ 400
☐ Full Page	\$ 250
☐ Half Page	\$ 150
☐ 1/4 Page (Bus. Card)	\$ 85
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☐ Name Listing Only	

Below is a complete list of the 6 Sedarim (Orders) and 74 Volumes in the

Artscroll Schottenstein Edition Talmud



Introduction to the Talmud - 1 Volume

Seder Zaraim (Seeds) - 2 Volumes

[#01] - Berachos Vol 1 (2a-30b)

[#02] - Berachos Vol 2 (30b-64a)

Seder Mo'ed (Festival) - 20 Volumes

[#03] - Shabbos Vol 1 (2a-36a)

[#04] - Shabbos Vol 2 (36b-76b)

[#05] - Shabbos Vol 3 (76b-115a)

[#06] - Shabbos Vol 4 (115a-157b)

[#07] - Eruvin Vol 1 (2a-52b)

[#08] - Eruvin Vol 2 (52b-105a)

[#09] - Pesachim Vol 1 (2a-41b)

[#10] - Pesachim Vol 2 (42a-80b)

[#11] - Pesachim Vol 3 (80b-121b)

[#12] - Shekalim (2a-22b)

[#13] - Yoma Vol 1 (2a-46b)

[#14] - Yoma Vol 2 (47a-88a)

[#15] - Succah Vol 1 (2a-29b)

[#16] - Succah Vol 2 (29b-56b)

[#17] - Beitzah (2a-40b)

[#18] - Rosh Hashanah (2a-35a)

[#19] - Taanis (2a-31a)

[#20] - Megillah (2a-32a)

[#21] - Moed Katan (2a-29a)

[#22] - Chagigah (2a-27a)

Seder Nashim (Women) - 16 Volumes

[#23] - Yevamos Vol 1 (2a-41a)

[#24] - Yevamos Vol 2 (41a-84a)

[#25] - Yevamos Vol 3 (84a-122b)

[#26] - Kesubos Vol 1 (2a-41b)

[#27] - Kesubos Vol 2 (41b-77b)

[#28] - Kesubos Vol 3 (78a-112b)

[#29] - Nedarim Vol 1 (2a-45a)

[#30] - Nedarim Vol 2 (45b-91b)

[#31] - Nazir Vol 1 (2a-34a)

[#32] - Nazir Vol 2 (34a-66b)

[#33a] - Sotah Vol 1 (2a-27b)

[#33b] - Sotah Vol 2 (27b-49b)

[#34] - Gittin Vol 1 (2a-48b)

[#35] - Gittin Vol 2 (48b-90b)

[#36] - Kiddushin Vol 1 (2a-41a)

[#37] - Kiddushin Vol 2 (41a-82b)

Seder Nezikin (Damages) - 17 Volumes

[#38] - Bava Kamma Vol 1 (2a-35b)

[#39] - Bava Kamma Vol 2 (36a-83a)

[#40] - Bava Kamma Vol 3 (83b-119b)

[#41] - Bava Metzia Vol 1 (2a-44a)

[#42] - Bava Metzia Vol 2 (44a-83a)

[#43] - Bava Metzia Vol 3 (83a-119a)

[#44] - Bava Basra Vol 1 (2a-60b)

[#45] - Bava Basra Vol 2 (61a-116b)

[#46] - Bava Basra Vol 3 (116b-176b)

[#47] - Sanhedrin Vol 1 (2a-42a)

[#48] - Sanhedrin Vol 2 (42b-84a)

[#49] - Sanhedrin Vol 3 (84b-113b)

[#50] - Makkos (2a-24b)

[#51] - Shevuos (2a-49b)

[#52] - Avodah Zarah Vol 1 (2a-40b)

[#53] - Avodah Zarah Vol 2 (40b-76b)

[#54] - Horayos/Eduyos (2a-14a/2a-9b

Seder Kodashim (Holy Things) – 16 Volumes

[#55] - Zevachim Vol 1 (2a-36b)

[#56] - Zevachim Vol 2 (36b-83a)

[#57] - Zevachim Vol 3 (83a-120b)

[#58] - Menachos Vol 1 (2a-38a)

[#59] - Menachos Vol 2 (38a-72b)

[#60] - Menachos Vol 3 (72b-110a)

[#61] - Chullin Vol 1 (2a-42a)

[#62] - Chullin Vol 2 (42a-67b)

[#63] - Chullin Vol 3 (68a-103b)

[#64] - Chullin Vol 4 (103b-142a)

[#65] - Bechoros Vol 1 (2a-31a)

[#66] - Bechoros Vol 2 (31a-61a)

[#67] - Arachin (2a-34a)

[#68] - Temurah (2a-34a)

[#69] - Kereisos (2a-28b)

[#70] - Meilah/Kinnim/Tamid/Middos

Seder Taharot (Purities) – 2 Volumes

[#71] - Niddah Vol 1 (2a-39b)

[#72] - Niddah Vol 2 (40a-73a)



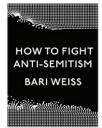


Volume 3 Number 42 4 Tevet 5781 December 19, 2020

December 21 BOOK CLUB **Meeting is POSTPONED** until Monday, January 4

The next ZOOM meeting of the NHBZ Sisterhood Book Club will be Monday, Jan. 4, **7:15-8:45pm.** The book is: "How to Fight Anti-Semitism," by Bari Weiss, who was the featured speaker at the recent JFed's Women's Philanthropy event and is the former op-ed staff editor for The New York Times.

Bari Weiss grew up at the Tree of Life Synagogue, the site of last year's Shabbat morning massacre in Pittsburgh. Her insightful book, vividly written, is must-read argument against modern-day anti-Semitism.



Call Terri Schnitzer at 314-518-4107 or email terrischnitzer@yahoo.com to join Sisterhood's Book Club, or to submit your book choice for the Feb. 22, 2021 Book Club Meeting:

- ☐ "Noah's Wife" by Lindsay Starck, or
- ☐ "Finding Dorothy" by Elizabeth Letts



The Holy Land of Israel

The Land of Israel Was Given to Abraham and His Children

In multiple places in the book of Genesis, G-d promises the Land of Israel (then known as the Land of Canaan) to Abraham and his children. This promise is reiterated to his son Isaac,

and grandson Jacob, the progenitor of the Jewish people. It remains in effect until this very day, and Israel remains the eternal inheritance of the Nation of Israel.

The Land of Israel Is Called the Holy Land

In Hebrew the Land of Israel is *Eretz Yisrael*. It is also referred to as Eretz Hakodesh, "the Holy Land," or Artzeinu Hakedoshah, "our Holy Land." This is because the very space is sacred, designated so by G-d. from www.chabad.org

Natural Wisdom

Mikeitz (Genesis 41:1-44:17)

- by Rabbi Shraga Simmons www.aish.com

Parshat Mikeitz tells of Pharaoh's dreams of the 7 cows, and the 7 sheaves of grain. Pharaoh's advisors try to interpret the dreams suggesting that perhaps 7 daughters will die, or 7 kingdoms will rebel.

Pharaoh rejects these interpretations as incorrect. But how does he know? The answer is that Pharaoh had actually dreamed the interpretations, but then forgot them. The verse implies this by saying that no one was able to "interpret for Pharaoh."

This teaches us a profound lesson in life: You can't convince anyone of anything — you can only try to get him in touch with a truth he already knows. Buried within the farthest corner of our memory, lies an inborn conscience, a natural wisdom that G-d programmed into every human being. That helps explain how we recognize evil when we see it, and why a person's gut reaction so often proves true.

But intuition is not enough. It is the task of parents and teachers to bring that G-d-given knowledge forward into the conscious mind.

This concept appears again later in the parsha. Joseph reveals his identity to his brothers — only after they realize their mistake of having sold Joseph 22 years earlier. Joseph understood a key principle of education: Personal realization is 100 times greater than being told.

So in looking for solutions in life, beware of those who try to impose their position on you, and find instead a mentor who will help you ... discover you.



Pizza Night

Sunday, December 27, 2020 4:00 pm – 5:30 pm

Carryout ONLY

ALL PIZZAS \$14.00

Choose from any one or combination of Mushroom, Green Pepper and Onion. Final price is still \$14.00!

ALL orders pre-paid! Order by noon Thursday, December 24~ email orders to jeff@nhbz.org (you will get an email order confirmation)or pay online below

All food under the supervision of Rabbi Ze'ev Smason

You can also order by calling 314-991-2100, ext. 2.

A pick up time between 4:00 pm – 5:30 pm will be given to you when you order.

Nusach Hari B'nai Zion 650 North Price Road Olivette, MO 63132 314-991-2100

Summary of Nusach Hari / Israel Program

During Chanukah, Nusach Hari and Musar Avicha Shul (in Ma'ale Adumim, Israel) met for another enlightening Zoom program. We had the opportunity to engage with our Israeli Zoom pals on the topic of "Who is a Hero". The comments were inspiring and interesting.

The individual people that were depicted heroes were very diverse in their life's purpose and were ordinary people doing extraordinary things. Holocaust Survivors like Victor Frankl who wrote "Man's Search for Meaning" and St. Louis Holocaust survivors like Rachel Miller were mentioned as heroes.

Educators were perceived as heroes; Rabbi Greenwald of Aish HaTorah St. Louis was mentioned for helping Jews feel a spiritual awakening and connection to Judaism. In addition, many of the participants had family members described as heroic for taking a moral stand in difficult circumstances or for actions like starting a Kibbutz in Israel.

Volunteers from Zaka were mentioned as heroes for doing holy work and ensuring proper burials. In addition, the medical personnel on the front lines helping patients with covid cases are special heroes.

This was such an enlightening program and gave insight into the many ways human beings can make a difference in the world. We can all find our life purpose and become heroes through positive action.

This was a terrific program!

Devy Goldenberg



Musar Avicha, Ma'ale Adumim, Israel



NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) AND through audio only on your telephone.

Instructions to attend a class:

*For Zoom video: each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

For audio through your telephone connect in 2 ways:

- 1. Preferred option Call 312- 626 6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free. 2.Or call 314-325-8791 for our old audio connection. We encourage you to use the preferred option as this option will not be available soon.
- 1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: "Tehillim Tips; Insights Into Our Prayers" with Rabbi Smason. Each session is planned to last 30 minutes or so. Join by video at: https://zoom.us/j/99013706617
- 2. Monday Friday: 2:30 3:00 pm ~ "King David: His Life, Times and Spirit" with Rabbi Smason. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

 Join by video: https://zoom.us/j/136785930
- 3. Friday at 8:00 am ~ Rabbi Smason will discuss the "Haftorah of the Week" Join by video at: https://zoom.us/j/99013706617
- **4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a "Family Time Meeting"** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so. Join by video: https://zoom.us/j/295822730
- **5. Every Monday at 7:30 pm ~ "To the Source" with Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: https://zoom.us/j/295822730

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: https://zoom.us/j/214068419

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video a: https://zoom.us/j/295822730

December 10 "Beauty: Is It Only in the Eye of the Beholder?"

December 17 "Chanukah: Do Miracles Still Happen?"

December 24 "Is the World Getting Better or Worse?"

December 31 "Welcoming 2021: How to Begin Getting Happier"

January 7 "Kvetching: Are You a Whiner or a Winner?"

January 14 "Stiff-Necked People -- Are We a Pain in the Neck?"

January 21 "What Does It Mean to Be A Religious Jew Today?"

January 28 "The Golden Rules of Good Conversation"



Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to the NHBZ.

How it works:

- 1. Visit smile.amazon.com
- 2. Sign in to your Amazon account
- 3. Under "Pick your own organization", search for "Nusach Hari"
- 4. Select "Nusach Hari-Bnai Zion Congregation"
- 5. Start shopping! Every time you shop, sign into smile.amazon.com, and you will earn funds for Nusach Hari.

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COVID-19 Vaccine Guidance presented by the Orthodox Union and the Rabbinical Council of America

Halacha obligates us to care for our own health and to protect others from harm and illness. In addition, Halacha directs us to defer to the consensus of medical experts in determining and prescribing appropriate medical responses to both treating and preventing illness. There has long been an almost uniform consensus among leading medical experts that vaccines are an effective and responsible manner of protecting life and advancing health. For over two hundred years vaccinations have been responsible for the dramatic reduction of many terrible diseases and have significantly improved public health in our country and around the world. For this reason, the consensus of our major poskim (halachic decisors) is to encourage us to use vaccinations to protect ourselves and others from disease. While this guidance of our poskim has addressed vaccine usage generally, the introduction of the novel COVID-19 vaccines required specific reconsideration. The poskim recognize that the COVID-19 vaccines have been developed with unprecedented speed and are expected to be made available under an Emergency Use Authorization (EUA). In addition, the two currently leading COVID-19 vaccine candidates are mRNA vaccines which employ a new vaccine technology.

Notwithstanding these factors, the conclusion of our poskim is that, pursuant to the advice of your personal health care provider, the Torah obligation to preserve our lives and the lives of others requires us to vaccinate for COVID-19 as soon as a vaccine becomes available. Our medical and scientific advisors have clarified that efforts to speed vaccine development to address the ongoing COVID-19 pandemic have not sacrificed scientific standards, the integrity of the vaccine review process, or safety. Rather than cutting corners, the acceleration has been achieved by marshalling unprecedented financial resources, creating multiple partnerships, and removing virtually all non-scientific bureaucratic hurdles. These efforts have not, however, involved a reduction in the appropriate safety standards or a decrease in the standard, multiple levels of scientific review.

These efforts appear to have been successful beyond all expectations and have produced more than one vaccine with an unusually high rate of effectiveness with no indications of any significant risk. While no medical intervention can be considered risk-free, expert opinion is clear that the enormous benefits presented by these vaccines far outweigh their risks.

In consideration of the guidance of our poskim, we strongly encourage all those eligible to access the COVID-19 vaccination to do so. We hope and pray that such steps will help bring to an end the tragic toll that the pandemic has taken on our community and beyond. Per the guidance of our medical and scientific advisors, for those who have had the virus and an already demonstrated sustained antibody response the vaccine remains safe and potentially helpful but appears to be less necessary.

We note that the availability and use of the COVID-19 vaccine will not immediately allow us to reduce adherence to current mitigation strategies, including social distancing, masking, and diligent hand hygiene. These practices must continue to be followed until official public health recommendations advise otherwise. As long as these practices remain in place it remains unnecessary to consider institutional policies or additional restrictions regarding the nonvaccinated.

This guidance is intended as general guidelines and should not be construed by any individual as, or be substituted for, medical or other professional advice. Personal decisions regarding the vaccine should be discussed with your healthcare provider. Moreover, this guidance is formulated based solely on currently available information. Events and information continue to evolve and may impact the applicability of this guidance. We hope and pray that we will soon be blessed by Hashem to be able to come together comfortably and safely.

Health guidelines for attending Minyanim at NHBZ:

Age Guidelines:

- a) Healthy individuals age 64 and under are welcome without additional restrictions.
- b) 65 74: Welcome only with a note or letter from their personal physician attesting that their health is good enough to reasonably assume the risk of a 45 minute (or for Shabbos, a three-hour) indoor prayer service held with medically-guided precautions. (please see back of bulletin for full health guidelines)
- c) Those 75 and over wishing to attend: Please contact Rabbi Smason directly at: Pepshort613@gmail.com or 314- 749-5271

Anyone 64 or younger with a comorbidity appearing on the following list may attend only with

the physician's note attesting that their health is good enough to reasonably assume the risk of a 45 minute (or for Shabbos, a three-hour) indoor prayer service held with medically-guided precautions.

- *People of all ages with underlying medical conditions, particularly if not well controlled, including:
- People with chronic lung disease or moderate to severe asthma
- * People who have serious heart conditions
- * People who are immunocompromised. Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
- *People with severe obesity (body mass index [BMI] ≥40)
- *People with diabetes* People with chronic kidney disease undergoing dialysis*People with liver disease.