



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 9, 2021 ~ 25 Teves 5781

Candle Lighting 4:38 pm

Shabbos Ends 5:42 pm

Parshas:

Shemos: Exodus 1:1 -- 6:1

Chumash pages 292 - 317

Haftarah:

Isaiah 27:6-28:13, 29:22,23

Chumash pages 1146-1148

Erev Shabbos, January 8

- Mincha & Ma'ariv ~ 4:35 pm

Shabbos, January 9

- Shabbat Services ~ 9:00 am

- Mincha ~ 4:25 pm

Parsha Deep Dive with Rabbi Avi Okin

"Why did the Redemption from Egypt Occur When It Did?"

- Ma'ariv/Shabbos ends ~ 5:42 pm

Important: Don't forget to register to attend Shabbat services. Call 991-2100 ext. 2 or jeff@nhbz.org by 4pm Thursday.



Davening Times

NEXT 4 DAYS	Wed Jan 6	Thurs Jan 7	Fri Jan 8	Shabbos Jan 9
Shachris	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	N/A	N/A	4:35 pm	4:25 pm
Ma'ariv Only	6:45 pm	6:45 pm	N/A	N/A

NEXT WEEK	Sun Jan 10	Mon Jan 11	Tues Jan 12	Wed Jan 13	*Thurs Jan 14	Fri Jan 15	Shabbos Jan 16
Shachris	8:00 am	7:00 am	7:00 am	7:00 am	6:45 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:45 pm	N/A	N/A	N/A	N/A	4:45 pm	4:35 pm
Ma'ariv Only	N/A	6:45 pm	6:45 pm	6:45 pm	6:45 pm	N/A	N/A

*Rosh Chodesh

Birthdays ~ Stan Goldfader, Dr. Jay Pepose, Norman Shore, Arthur Muskin and Dr. Caryn Garriga

Anniversaries ~ Sam & Shirley Bluestein and Larry & Rayna Chervitz

This Week and Beyond

- **Sunday, January 10 ~ 7:00 - 8:00 pm ~ NHBZ 115th Anniversary Virtual Event:**
"Food for Thought" ~ everyone is invited to attend via Zoom video.
Attend the Virtual Event at: <https://us02web.zoom.us/j/87926476851>
- **Wednesday, January 20, 2021 ~7:00 pm~ Presentation:** *"The Sephardic Story: From King Solomon to the Ends of the Earth."* by Dr. Isaac Amon.
Join by video at: <https://zoom.us/j/295822730>
- **Sunday, January 31 ~ 12:00 pm ~ Presentation:** *"Where in the World is Mt. Sinai: Alternative ideas of locating the mountain where civilization obtained its basis for a moral and legal code."* by Menachem Szus
Join by video at: <https://us02web.zoom.us/j/9418716309>
- **Sunday, January 31 ~ 4:00- 5:30 pm Pizza Night Carry Out Only!**

NHBZ Young Family Corner

1/23- Teen DIY Pizza Making and Shmooze
2/7- Family Trivia Night
2/21- Pre-Purim Event

3/21- Pre-Pesach Event
3/28- Pesach Event

Stay tuned for some exciting Young Family initiatives that will be rolled out in the next few weeks!

Parshas Shemos

The book of Exodus begins by describing the gradually increasing enslavement of the Jewish people in Egypt. Pharaoh, fearing the population explosion of the Jews, initially hopes that backbreaking labor would stunt their rapid physical growth. When their birth rate continues to increase he orders the Jewish midwives to kill all baby boys. Moses is born, and when his mother is unable to keep him hidden from the Egyptian authorities any longer she places him in a basket and sends him down the Nile River. He is found by Pharaoh's daughter and raised in the royal palace, even though she realizes he is a Hebrew. She names him Moshe (Moses) meaning "drawn from the water." Years later as a grown man, Moses kills an Egyptian who he witnessed beating a Jew. Moses flees to the land of Midian and marries Zipporah, the daughter of Jethro, and they have two sons. When Moses is shepherding his father-in-law's flock, he witnesses the "burning bush" on Chorev (Mt. Sinai) where G-d commands him to lead the Jewish people from Egypt to the land of Israel, which G-d promised to their ancestors. Initially reluctant, Moses is shown three miracles to perform before the Jewish people to prove he was sent by G-d: Changing his staff into a snake, his healthy hand into a leprous one, and water into blood. Moses, accompanied by his brother Aaron, encounters an obstinate Pharaoh. The Egyptian king not only refuses their request for a three-day respite to worship G-d, but declares that the Jews must produce the same quota of bricks as before but without being given straw. The people complain to Moses and Aaron for making their situation worse, but G-d assures Moses that He will force Pharaoh to let the Hebrews leave.





THE SISTERHOOD SCOOP

JANUARY 9



Volume 4

Number 2

25 Tevet 5781

January 9, 2021

Make a CONNECTION

How many times do we say, "I should have called that person, that person looked sad, he looked needy, I could have walked over and smiled, I could have sent a text."

But we don't always follow through.

Life is busy.

There is so much to do.

But we find time for the things we care about. And if you care about people, then you'll find the time for them, you'll find the words, you'll find the heart.

There is so much time in the day, when you're sitting in the car, in a waiting room, on your couch at home.

Pick up the phone.

To you, it's just a few moments; to the other person, it might change his or her whole day.



- Rabbi Gedaliah Zlotowitz

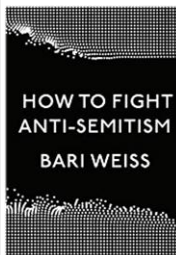
Drowning in Egypt Shemos (Exodus 1:18-2:10)

By instructing his people to "let every girl live," Pharaoh meant that the Jewish girls should be raised as Egyptians. He thus decreed that the boys be killed physically and the girls be killed spiritually. The decree to throw the boys into the Nile also alludes to immersing the Jews in Egyptian culture, for the Egyptians worshipped the Nile as the source of their livelihood and culture.

Egypt is the prototype of all exiles. In all exiles, the ruling culture urges us to raise our children in its ways, promising that this is the path to attain material and social success. As in Egypt, resisting these promises and ensuring that our children grow up cherishing the Torah's values is what will guarantee their material, social, and spiritual happiness, as well as their freedom from the bonds of exile.

- Adapted by Moshe Wisniefsky, www.chabad.org

BOOK CLUB Discussed How to Fight Anti-Semitism

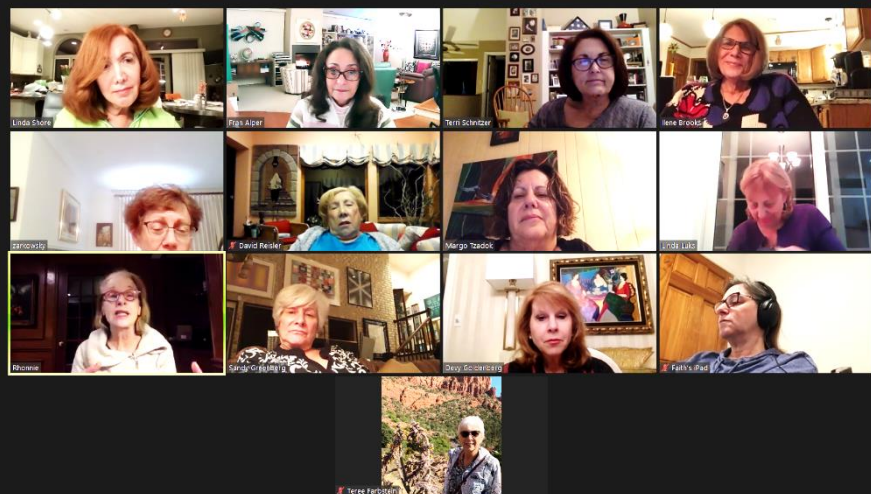


The NHBZ Sisterhood Book Club explored the important and very timely book, "How to Fight Anti-Semitism," by Bari Weiss, the former op-ed staff editor for The New York Times, who made the case against modern-day anti-Semitism and what we can do.

Call Terri Schnitzer at 314-518-4107 or email terrischnitzer@yahoo.com to join the Book Club.

Mark your calendars for these upcoming Book Club discussions:

- ☐ February 22 "Finding Dorothy" by Elizabeth Letts
- ☐ April 26 "The Last Kings of Shanghai" by Jonathan Kaufman
- ☐ June 28 "People of the Book" by Geraldine Brooks



Zoom Meeting Jan. 4 (from top, left to right): Linda Shore, Fran Alper, Terri Schnitzer, Ilene Brooks, Vivian Zarkowsky, Fran Reisler, Margo Tzadok, Linda Luks, Rhonnie Goldfader, Sandy Greenberg, Devy Goldenberg, Faith Waxman, Teree Farbstein



Don't Miss Out!

The NHBZ

115th Anniversary Virtual Event

"Food for Thought"

This Sunday ~ January 10 ~ 7 pm

7:00 pm CST • In The Comfort Of Your Home

1905 2020

Everyone is invited to attend the

115th Anniversary Event this

Sunday, January 10, 7 pm

ZOOM Link:

<https://us02web.zoom.us/j/87926476851>



PIZZA NIGHT

Sunday
January 31, 2021

Pick up times 4:00 pm – 5:30 pm

Carry Out Menu
ALL Pizzas \$14

Your choice of plain cheese, onion, mushrooms and green peppers ~ any combination you wish!

Place orders by noon Friday: email orders preferred to jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2
You can pay online at:
<https://www.nhbz.org/make-a-payment-2/>

All food under the supervision of Rabbi Ze'ev Smason



Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100





NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

For audio through your telephone connect in 2 ways:

1. *Preferred option* - **Call 312- 626 - 6799** which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call **314-325-8791** for our old audio connection. We encourage you to use the preferred option as this option will not be available soon.

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a “Family Time Meeting” offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video : <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

December 31 "Welcoming 2021: How to Begin Getting Happier"

January 7 "Kvetching: Are You a Whiner or a Winner?"

January 14 "Stiff-Necked People -- Are We a Pain in the Neck?"

January 21 "What Does It Mean to Be A Religious Jew Today?"

January 28 "The Golden Rules of Good Conversation"



Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to the NHBZ.

How it works:

1. Visit smile.amazon.com
2. Sign in to your Amazon account
3. Under "Pick your own organization", search for "Nusach Hari"
4. Select "Nusach Hari-Bnai Zion Congregation"
5. Start shopping! Every time you shop, sign into smile.amazon.com, and you will earn funds for Nusach Hari.

The following letter was received from Tsurriel Yorav, a member of the Musar Avicha Shul in Ma'aleh Adumim, Israel. Tsurriel shared this letter with us in the aftermath of NHBZ's second Zoom meeting on Chanukah with Musar Avicha Shul. Tsurriel's letter reminds us that even in the midst of the Covid-19 Pandemic, there are silver linings. We have started to form a very special relationship with our new friends in Israel, and vice versa.. It is our hope that Tsurriel's letter will inspire more of the NHBZ community to join this special connection. If you would like to participate in a future meeting with Musar Avicha Shul, please let us know.

Rabbi Ze'ev Smason and Devy Goldenberg



I am Looking for My Brothers

The corona crisis has brought with it many difficulties, as we all know and feel. But I wanted to share with you a wonderful experience that corona has brought with it, one which, without corona, would simply not have happened.

One of the most exciting *britot* I attended was years ago, in a synagogue abroad, when a couple of parents I did not know brought their baby to the shul for tfilat shacharit, to conduct his *brit*.

You might ask what I could possibly find exciting in such a *brit*?

On the face of it, in this *brit* my only connection with the baby, whose parents I had never met, and who I will probably never meet again, is that he and I are Jews. But on the other hand, I felt that this was exactly the point: the connection between us was, in essence, a connection between one Jew and another. He was not a relative of mine; he was not a neighbor; he was not the son of friends. The connection between me and him was a 100% fateful connection of the Jewish people and here, on this very special occasion, the letter of the covenant was sealed.

In the early days of corona, I saw an ad from World Mizrahi about a project to link up communities in Israel with Jewish communities abroad. I really liked the idea and I decided to promote it. I contacted World Mizrahi in the name of our community and after a while I got an answer from them that they had matched us with the Nusach Hari B'nai Zion Congregation of St. Louis.



The contact was the rabbi of the community there. I got in touch with him, and immediately a wonderful bond was made. We first met on Zoom to put together a program for a meeting, and at the end of the summer the first meeting took place. Members of both communities responded enthusiastically.

At the meeting, everyone introduced themselves and showed an object from their home that connects them to Israel or St. Louis. From the reactions, it was evident that both sides really enjoyed the evening.

Since then, we have held another meeting on the subject of heroism, on Hanukkah. There we all, in turn, spoke about our hero. Some chose heroes from Jewish history and some chose heroes from their family history.

I see this connection with the community from St. Louis as being so special; it constitutes a significant point of light in this great darkness of corona, not only because it stimulates my interest to find out more, but principally because the fact is that what we have in common is that we are Jews. Two communities thousands of miles apart, suddenly, in a way that nobody would have been able to predict six months previously, find themselves reaching out to each other, purely and simply because we belong to the Jewish people. There are no other contributory factors, just our being Jews.

The book of Job teaches us that when suffering comes into the world, there is no point in looking for the cause; we should, instead, look for the purpose. Apparently, no answer has been found to the question "Why did corona come into the world?" What we *can* find an answer to is "What can we do and what can we take something of significance from it?" And to me this special connection with the community in St. Louis is one of the answers to that. I am convinced that when *Ribono shel olam* sees two Jewish communities whose connection is purely and simply, and essentially, that they are Jews, who have come together on the heels of corona, he is proud of us and thinks that we have successfully passed the test.

I sincerely hope that even after the corona crisis the connection between the communities will continue, and I hereby invite all members of the community to take part in the coming meetings with our brothers in St. Louis.

And let a prayer go forth: ***Barecheinu Avinu kulanu k'echad yachad b'or paneicha*** – "Bless us, our Father, all of us as one, together, with the light of your face."

Tzuriel Yorav