



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 6, 2021 ~ 24 Shevat 5781

Candle Lighting 5:09 pm

Shabbos Ends 6:13 pm

Parshas: Yisro Exodus 18:1 - 20:23
Haftarah: Isaiah 6:1-13

Chumash pages 394-415
Chumash pages 1154-1155

Erev Shabbos, February 5

- Mincha & Ma'ariv ~ 5:05 pm

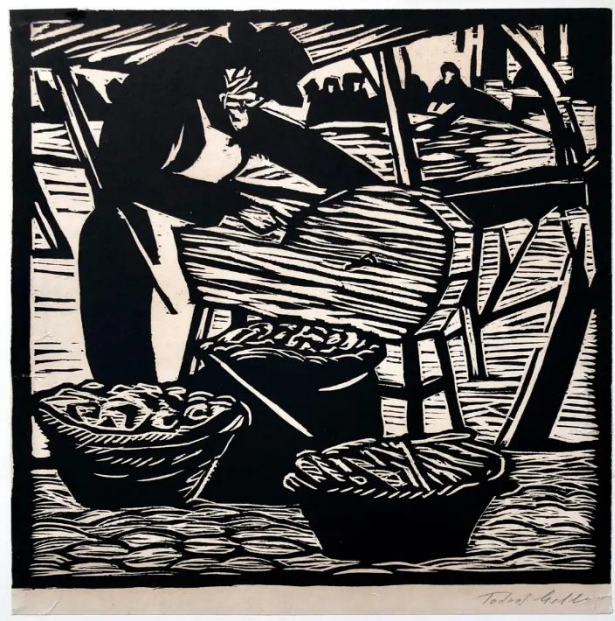
Shabbos, February 6

- Shabbat Services ~ 9:00 am
- Mincha ~ 4:55 pm

Parsha Deep Dive with Rabbi Avi Okin
"Jewish Judicial Jurisprudence"

- Ma'ariv/Shabbos ends ~ 6:13 pm

Important: Do not forget to register to attend Shabbat services. Call 991-2100 ext. 2 or jeff@nhbz.org by 4pm Thursday.



Davening Times

NEXT 4 DAYS	Wed Feb 3	Thurs Feb 4	Fri Feb 5	Shabbos Feb 6
Shachris	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	N/A	N/A	5:05 pm	4:55 pm
Ma'ariv Only	6:45 pm	6:45 pm	N/A	N/A

NEXT WEEK	Sun Feb 7	Mon Feb 8	Tues Feb 9	Wed Feb 10	Thurs Feb 11	Fri Feb 12	Shabbos Feb 13
Shachris	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:15 pm	N/A	N/A	N/A	N/A	5:15 pm	5:05 pm
Ma'ariv Only	N/A	6:45 pm	6:45 pm	6:45 pm	6:45 pm	N/A	N/A

Birthdays ~Sheryl Levine, Nathan Garmaise, Sally Amon, Marsha Feenberg, Rebbitzin Chani Smason, Scott McCary and Stella Vladimirov

Anniversary~ Norman & Marilyn Liss

This Week and Beyond

- **Monday, February 8 ~ 7:00 pm~ Zionist Movie Club** ~ online, please see the flyer.
- **Tuesday, February 9 ~ 7:30 pm ~ NHBZ Board Meeting**
- **Monday, February 15 ~ 3:30 pm ~"A Virtual Celebration of Purim" with Rabbi Smason.**
Please see below for further details.
- **Monday, February 15 ~ 7:00-8:00 pm ~ Family Trivia Night** ~ A program of the NHBZ Children & Young Families Committee. See the flyer for details.
- **Thursday and Friday February 25-26 ~ PURIM** –Megillah Reading
Thursday evening, Ma'ariv: 6:35 pm Megillah Reading: 6:45 pm
Friday morning, Shacharis: 6:30 am

Join Rabbi Okin and young men from all over Saint Louis for Torah and Camaraderie **Thursday Nights from 8-830 pm**. Sessions will begin virtually for a text-based and interactive learning session. If you are interested, join the Whatsapp group using this link:
<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

Parshas Yisro

The weekly portion begins with Moses' father-in-law, Yisro, arriving at the Jewish people's camp in the desert, where he is greeted warmly by a large entourage. Yisro was inspired to join them when he heard about all of the wonders and miracles which G-d performed for the Jewish people during the Exodus from Egypt. Upon witnessing Moses serving as the people's sole judge from dawn until dusk, Yisro declares that this system will never work. He therefore suggests that subordinate judges be appointed to adjudicate the smaller cases. Moses agrees to this plan. The Jewish people arrive at Mt. Sinai and prepare to receive the Torah. Moses



ascends the mountain and G-d tells him to convey to the people that they will be to Him a treasure from among the nations. After three days of preparation the moment of revelation finally arrives. Amid thunder, lightning and the sound of the shofar, G-d descends upon the mountain and proclaims -- with the entire Jewish people listening -- the Ten Commandments. Referred to in Hebrew as the Aseres HaDibros, a more accurate translation would be the Ten Sayings or the Ten Statements. One noteworthy feature of the revelation is that both before and since Sinai, no nation has ever made the claim that G-d spoke to an entire nation of millions of individuals. Moses then ascends the mountain to receive the remainder of the Torah from G-d, both the written and oral segments. The portion concludes with several mitzvos concerning the construction of the altar in the Temple.

NHBZ Young Family Corner

Every Motzei Shabbos - CHILLZONE
(see Flyer)

Feb 15- Family Trivia Night

Feb 21- Pre-Purim Event

Mar 21- Pre-Pesach Event

Mar 28- Pesach Event



A Virtual Celebration of Purim

Monday, February 15, 3:30 P.M.

We are pleased to welcome back **Rabbi Smason** of **Nusach Hari B'nai Zion** who will lead an engaging discussion on the Purim holiday on Crown Center's free conference line. The story of Purim commemorates the reversal of fortune recorded in the biblical Book of Esther. All are welcome.

- To register, please call 314-991-2055.
- To participate, call into the free conference line at 314-762-1375.



NHBZ WOULD LIKE TO THANK ALL WHO GAVE TRIBUTES DURING THE MONTH OF JANUARY 2021

Sam & Shirley Bluestein

Julie Friedman

Bob & Joni Kaiser

Dr. Eliot & Sally Katz

Helayne & Edward Levitt

Marcela & Dr. Daniel Morgensztern

Norma & David Rubin

Jackie Smason

Drs. Jay Pepose & Susan Feigenbaum

Dr. Faye, Brian and Scott McCary

Dr. Alan & Marcie Brook

Irwin & Arlene Fredman

Howard & Phyllis Loiterstein

Libby Routman

Jessica Fadem

Mark Seigel

MINYAN PRAYER IS A MITZVAH

Shalom,

Our shul is first and foremost our house of prayer, teffilah. We are obligated to daven thrice daily, come rain, shine, hail, snow.

Minyan praying facilitates many prayers which can only be uttered as a congregation. Those include the reading of Torah, the stating of Barchu, the saying of Kedusha and of course, the Kaddish.

Lacking a minyan, we void ourselves of fulfilling these mitzvot.

All should know that since the beginning of COVID-19 conditions, our shul has continued to hold daily and Shabbat and yom tov minyanim, with almost no interruptions. These are conducted within the current medical parameters.

We thank our group of very dedicated men, who have made this possible and those ladies who come on shabbat.

There are various reasons put forward for not attending minyan, including the current COVID-19 situation. Recently, they excavated a hiding room in what was the Warsaw ghetto. They found 10 sets of teffilin, leading to the easy conclusion that those hiding there were conducting regular minyanim, under the human-devil conditions of the Nazis.

If those Yidden were prepared to risk their lives on a daily basis to fulfill the mitzvah of teffila b'tzibur (public prayer), surely, we can participate in responsibly conducted minyanim.

I am asking each able-bodied man of our congregation to present themselves to our Gabbi, Alan Zarkowsky, to commit to attending the minyanim and for inclusion in the regular minyan roster for a few times a week.

Rav todot, with great attention to performing this mitzvah.

Onwards and upwards.

Menachem Szus, NHBZ Board President

P.S. Contact Alan via avzark@aol.com or 314-805-1896



THE SISTERHOOD SCOOP

FEBRUARY 6



Volume 4

Number 5

24 Shevat 5781

February 6, 2021

Sisterhood Welcomes You!

All women are invited to join the NHBZ Sisterhood. There is no better time to get involved than **NOW** – at the beginning of our calendar year. Even though we are not yet meeting in person, *we need your input and help to plan for our re-entry*. Maybe you are interested in one of our standing committees...

- Membership
- Program Planning
- Education
- Fundraising

How about our Movie Nights, Book Club, or chesed projects? **We invite you to join us.**

Sisterhood continues to fund the JFed's 'Passport to Israel' Program for our eligible members, as well as many other Synagogue activities. We are counting on you to **send in your annual dues for 2021. Send your check for \$25** – payable to NHBZ (write 'Sisterhood' in the memo line) or call the office to pay by phone, 314-991-2100, ext. 3.

For more information: email sisterhood@nhbz.org; Or contact **Fran Alper** at 314-993-4024 or fran.alper@outlook.com; or call **Teree Farbstein** at 314-753-5035 or tfarbstein2@gmail.com

Go 'clubbing' with us...

join Sisterhood's Book Club!

The February selection is "Finding Dorothy" by **Elizabeth Letts**, a richly imagined novel that tells the story behind *The Wonderful Wizard of Oz*, the book that inspired the iconic film, through the eyes of author L. Frank Baum's intrepid wife, Maud. **The Book Club discussion will be held on Zoom Monday, February 22, 7:15-8:45pm.** (RSVP to get link)

Mark your calendars for these upcoming Book Club discussions:

- ☐ **April 26 "The Last Kings of Shanghai"** by Jonathan Kaufman - led by Linda Shore
- ☐ **June 28 "People of the Book"** by Geraldine Brook - led by Linda Luks

For more information call **Terri Schnitzer** at **314-518-4107** or email terrischnitzer@yahoo.com to check out the Book Club!

Yitro: 10 Bite-Sized Life Lessons to Learn from the Ten Commandments

It's the world's best-seller. It's also the most widely distributed book. Some guess it has sold millions, while others estimate it at closer to billions.

It teaches morality and all the do's and don'ts. It can be understood on deep abstract levels as well as on the most practical, down-to-earth planes. It is celestial while also earthy.

It gives practical guidance to living a higher life and is the best self-help book ever written.

It, of course, is the Bible.

And this week's Torah portion, Yitro, is when it all begins. As the Jewish people camp together around the mountain, the stage is set for the giving of the Torah. Even within the setting of this awe-inspiring drama, infinitely important lessons are embedded that can help us understand ourselves and our purpose in our world.

Here are 10 bite-sized nuggets of wisdom that we can apply to our lives from how, where and when the 10 commandments were given.

- G-d chose to give the Torah on an elevated mountain. You can elevate your life.
- A mountain is the same dirt as a plane but has been raised. No matter how dirty your life appears, raise it and make of it a mountain.
- Mount Sinai was a low, unimposing mountain. The gateway to spiritual greatness is humility.
- The Torah was given on a mountain, not a valley. Humility must be complemented by self-assurance.
- The Jewish people were commanded to "make a boundary around the mountain." Limit self-assurance, so that it doesn't degenerate into arrogance.
- The Ten Commandments were addressed in singular to the whole of the Jewish people; if even one Jew was missing, the Torah could not have been given. You are essential.
- The Ten Commandments was said to individuals, tailored to each person's spiritual and psychological makeup. You have a unique role and mission.
- The Torah was given to one united people. Only external façades, bodies, separate us. Deep down we are one.
- The Jewish people were "facing the mountain" ready to receive G-d's word. If you focus on something higher, petty differences disintegrate.
- At Mount Sinai, heaven and the earth, spirituality and physicality touched for the first time. You can bring Divine consciousness into this finite physical world.

– by **Chana Weisberg**, www.chabad.org



Join Us For Purim!

**2021
5781**

- ▶ **Thursday, Feb 25th** - Ma'ariv only at 6:35 P.M.,
MEGILLA READING at 6:45 P.M.
- ▶ **Friday, Feb 26th** - Shachris at 6:30 and
MEGILLA READING at 7:00 A.M.

**RESERVATIONS ARE NEEDED TO
ATTEND THE MEGILLA READING
INSIDE THE SYNAGOGUE.**



**THE READING WILL BE
STREAMED ONLINE**



WEATHER PERMITTING it's The ...

The NHBZ Sunday Feb 28th DRIVE THRU PURIM PALOOZA

**11:00 A.M.
UNTIL
2:00 P.M.**



- ▶ Wear a Costume and decorate your Car!
Drive to Nusach Hari, 650 N. PRICE ROAD, at your designated times
- ▶ Enjoy Drive Thru Hamantashen and NHBZ Purim Gift Bags
- ▶ Get your picture taken in or on your car also visit the Youth Program 'CARnival Station'
Photo Costume Contest (photos & prize winners will be revealed after, online (<http://nhbz.org>))
- ▶ Meet and Schmooze with Rabbi Okin and event partners in Tzedeka, 'Shaving Israel'
- ▶ And, by popular demand, Fun for the Kids and Everybody ... Mike's Way Cool Balloons!

**PLEASE DRIVE THRU ACCORDING TO THIS SCHEDULE
SO THAT WE DON'T HAVE A TRAFFIC JAM:**

LAST NAME BEGINS WITH: A - G 11:00-NOON • H - R NOON -1:00 • S - Z 1:00-2:00

Purim

Dear Members and Friends

With Purim just three weeks away, we are looking forward to a joyous and meaningful Purim. While guidelines for the synagogue Megilla readings are not yet complete, I'm pleased to inform you that we will be having live Megilla readings at shul both Purim evening (Thursday, Feb. 26) and morning (Friday, Feb. 27). We also plan to broadcast the Megilla readings by Zoom. When we obtain guidance from our medical advisors as to the maximum number of individuals allowed at shul we will provide specific information for registration to attend the live Megilla readings for those able and interested in doing so. Stay tuned!

The Purim Seudah (festive meal) can be fulfilled in the morning (Friday), but in any event should be completed by 2:30 P.M.

Regarding the mitzvah of Mishloach Manos (gifts of food), one can fulfill the mitzvah by leaving a Mishloach Manos package on a person's porch if it is a safe and secure area and the recipient will receive it on Purim provided that the recipient is made aware of the identity of the giver. Please keep in mind that the mitzvah of Mishloach Manos only requires the delivery of two separate food or drink items to one person. Therefore, although in most years it is considered praiseworthy to give Mishloach Manos to many people during this year one may rely upon fulfillment of the essential mitzvah to give Mishloach Manos to one individual.

Matanos L'Evyonim (Tzedaka on Purim Day) can be given in advance to those who will be distributing gifts to the poor on Purim from Matanos L'Evyonim funds. As in past years, I will be distributing Matanos L'Evyonim both locally and through the worthy organization of Od Yosef Chai. If you would like me to be your proxy to distribute Matanos L'Evyonim, please make sure your check arrives at the synagogue no later than Wednesday, February 24. The check should be made out to 'The Rabbi's Fund' with a notation 'for Purim Tzedaka.

Parshas Zachor will be read at shul on Shabbos, February 20. For those not able to attend, hopefully we will all be able to be in shul this summer to listen to Parshas Zachor again at the conclusion of Parshas Ki Teitzei (8/21/2021), at which point someone who did not previously hear it live should have in mind to fulfill the obligation again at that time.

If you have any questions about Purim or any other matter, please feel free to contact me at Pepshort613@gmail.com or 314 749-5271.

Rabbi Ze'ev Smason



*A Program of
the NHBZ Children & Young
Families Committee*

Join the NHBZ Young Family Committee for a fun virtual Trivia Night!

Spend quality time with your family while engaging in friendly competition with other families!

Presidents Day

Monday, February 15, 2021

7 to 8 p.m.

- ☺ *Teams/Families gather at home and log onto our Zoom and our CrowdPurr.*
(Make sure you mute your mic so you don't share your answers!)
- ☺ *There will be 15 multiple-choice questions on a wide range of age appropriate topics.*

The Team with the most correct answers will win a \$25 giftcard!

There is no cost for this event.

Attendance is limited to 20 families so please register for the Zoom link early! Please RSVP to Rabbi Okin at aviokin@nhbz.org.



ZIONIST MOVIE CLUB DISCUSSION *OUTBACK RABBIS*



WITH SPECIAL GUEST
DANNY BEN-MOSHE
FILMMAKER

Joining us from Australia

MONDAY, FEBRUARY 8, 2021

5 p.m. PT | 6 p.m. MT | 7 p.m. CT | 8 p.m. ET
(Tuesday, Feb.9) | 1 a.m. UK | 3 a.m. Israel | 12 p.m. Australia

CLICK [HERE](#) TO REGISTER

**PLEASE WATCH THE FILM BEFORE THE
MEETING.**

It is available on Amazon Prime.
It is also available from many public libraries for
free via Hoopla.

**THANK YOU TO THE CO-HOSTS OF THE ZIONIST MOVIE CLUB
DISCUSSION OF *OUTBACK RABBIS***





and

StandWithUs

Save the Date!

Join

Adam Blue from ***StandWithUs***

and Rabbis Smason and Okin from ***NHBZ***

for this timely and important presentation!



What ***Purim*** Teaches Us about Combating ***Anti-Semitism***

Wednesday, February 17, 2021
7:30 to 8:30 p.m.



Zoom link to be released closer to the event

There is no cost for this event..

SAINT LOUIS

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WHERE:
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WHEN:
SATURDAY NIGHTS
BEGINNING JANUARY 23RD
7:30 PM

CONTACT:
RABBI AVI OKIN

CHILLZONE@THEZONE.ORG

VIRTUAL:
MEETING ID:
916 8178 6912

FOR INFO:
CHILLZONE@THEZONE.ORG

@CHILLZONEROX
@CHILLZONEINTL





NHBZ Online Classes

Rabbi Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. **All** classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download Zoom to see the class) **AND** through audio only on your telephone.

Instructions to attend a class:

***For Zoom video:** each class has a Zoom link- click on the link or copy and paste the link in your browser to join the class.

For audio through your telephone connect in 2 ways:

1. *Preferred option* - **Call 312- 626 - 6799** which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call **314-325-8791** for our old audio connection. We encourage you to use the preferred option as this option will not be available soon.

1. Weekdays at 8:00 am (Sun. 9:00 am) New topic: **“Tehillim Tips; Insights Into Our Prayers”** with **Rabbi Smason**. Each session is planned to last 30 minutes or so.

Join by video at: <https://zoom.us/j/99013706617>

2. Monday - Friday: 2:30 - 3:00 pm ~ “King David: His Life, Times and Spirit” with **Rabbi Smason**. This class will offer an in-depth study of the King David through sources in the Book of Samuel and Psalms.

Join by video: <https://zoom.us/j/136785930>

3. Friday at 8:00 am ~ Rabbi Smason will discuss the **“Haftorah of the Week”**

Join by video at: <https://zoom.us/j/99013706617>

4. Sunday- Wednesday at 7:00 pm ~ Rabbi Smason will offer a **“Family Time Meeting”** offering a few words of inspiration, perhaps a story, and then together we will recite Tehillim and sing. Each session is planned to last 15 minutes or so.

Join by video : <https://zoom.us/j/295822730>

5. Every Monday at 7:30 pm ~ “To the Source” with **Rabbi Smason**. An ongoing weekly class covering contemporary Torah topics using classic and modern English and Hebrew texts.

Join by video at: <https://zoom.us/j/295822730>

NHBZ Online Classes (cont.)

6. Every Wednesday at 12:15 pm ~ Study with Rabbi Smason- Pirkei Avos / Ethics of the Fathers. Our long-running class offers contemporary, relevant insights based upon the timeless wisdom of the Torah.

Join by video at: <https://zoom.us/j/214068419>

7. Thursdays at 7:00 pm ~ Rabbi Smason will offer his popular "Starting Points" program -- a 45-minute discussion/presentation of relevant, contemporary topics. Titles and dates, below.

Join by video at: <https://zoom.us/j/295822730>

February 4 "The Most Important Commandment Is?"

February 11 "What Makes a Mensch?"

February 18 "How to Fix Broken Friendships"

February 24 (Wednesday) Jew-Perstitutions: "Do You Believe in Luck?"

March 4 "What Three Ideas Have Most Shaped Your Life?"



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