



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

April 24, 2021 • 12 Iyar 5781 • Candle Lighting 7:27 pm • Shabbos Concludes 8:31 pm

Parshas Acharei / Kedoshim
Haftorah

Leviticus 16:1 - 20:27
Amos 9:7-15

Stone Chumash pp 636 - 671
Stone Chumash pp 1173 - 1174

Erev Shabbos, Friday, April 23

- 7:00 pm Mincha followed by Ma'ariv
- 7:27 pm Candle Lighting

Shabbos, Saturday, April 24

- 9:00 am Shachris followed by Musaf
- 7:15 pm Mincha followed by Ma'ariv
Jewish Thought with Rabbi Avi Okin:
Topic - **"Who and What Are We?"**
- 8:31 pm Shabbos concludes



Minyan Times

Due to pandemic conditions, NHBZ can safely seat only 35 individuals for services. For Shabbos, when more people are likely to attend, please sign up in advance so we do not go over the limit of 35. Call 991-2100 ext. 2 or email shabbat_register@nhbz.org by Thursday at 5:00 pm.

	Thu Apr 22	Fri Apr 23	Shabbos Apr 24	Sun Apr 25	Mon Apr 26	Tues Apr 27	Wed Apr 28	Thur Apr 29	Fri Apr 30	Shabbos May 1
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:15	7:00	7:00	7:00	7:00	7:00	7:00	7:20

Congregation News

Simchas for the Week of April 24 - 30

Birthdays

Evan Woolf 24th
Harry Lyons 26th
Madeline Hartranft 28th
Marcie Muskin 28th
Micha Szus 28th

Anniversaries

None this week

Please report any missing or incorrect
simcha names or dates to the office



Meetings

- Executive Committee – Tuesday, April 27, 7:45 pm
- Public Relations Committee – Monday, May 3, 7:45 pm
- Board of Directors – Tuesday, May 11, 7:45



Committee members should always check to find out if a meeting time has changed.

Committee Chairmen, please submit meeting days and times to the office by Tuesday afternoon in order to be listed in the Shabbos Bulletin.

Shul Opening Status

We want to keep you updated frequently on the status of opening the Shul due to improvements in the Pandemic situation. For now, seating for all services is socially distanced, and safety protocols are followed. Please wear a KN-95 mask or double-mask. If you forget your mask, we will provide a KN-95 mask in the lobby. If you have any questions, please call Rabbi Smason.

Daily Minyan

Everyone is invited to attend daily minyan upstairs in the sanctuary.

In order to build our minyan back to the attendance we had prior to Covid, and if you feel comfortable attending, we ask men to please call Howard Sandler (314-409-7266) or the NHBZ office (314-991-2100 ext. 2) to tell them which day(s) and time(s) you prefer.



Shabbos

We can now safely seat 35 individuals for Shabbos services.

If you would like to attend on Shabbos, *please sign up in advance* so we do not go over the limit of 35. Call 991-2100 ext. 2 or email shabbat_register@nhbz.org by Thursday at 5:00 pm. No proof of vaccination is required.

Kiddush

We will begin serving Kiddush outdoors on Shabbos – details and timing to be determined!

Honoring Perry Mendelson

The late ***Perry Mendelson*** was a long-time, active member of NHBZ, and brother of our former Executive Director, Sandie Abrams. Perry was an avid Torah Learner and participated in the Daf Yomi program for decades. He was also a teacher at many of our programs. It is only fitting that we dedicate Seder (Order) Kodashim from our new Talmud, in memory of Perry (Dov) Mendelson. We are asking you to participate in a wonderful double Mitzva – memorializing a friend and dedicating a set of Holy Books. The cost of dedicating one Seder is \$3,600. Please consider donating any amount to help us meet this goal. Email us at office@nhbz.org. Include the amount you wish to donate and provide your phone number. Alternatively, you may mail a check to NHBZ, 650 North Price Road, Saint Louis, MO 63132. Include your phone number and write 'Perry' on the memo line.

Tizku L'mitzvot

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute honor someone's simcha or good health or a loved one's memory.

Call the office to make a tribute – 991-2100, ext 2.

Tributes will be listed monthly in the Shabbos bulletin.

Youth Programming

Rabbi Okin is starting a new program, **“Teen Schmooze”** – a special opportunity just for teens in an informal group setting. This weekly program starts on Sunday, April 25. Middle school students start at 9:00 am, and high school students at 9:30 am. Join us on the Kaiser Terrace. Social distancing will be observed; bring a mask. For details, please contact Rabbi Okin at aviokin@nhbz.org.

Community News

Agudas Israel invites everyone to attend a commemoration of the completion of Shloshim (30 days of mourning) for **Perry Mendelson**. The event will be held Thursday evening, April 29 at 7:00 pm, at Agudas Israel, 8202 Delmar Boulevard. Masking must be observed. The program will include a siyum, divrei chizuk and a slide show. The family requests that you kindly email any memories you have of Perry to memoriesofperry@gmail.com. A zoom link will be forthcoming.

DOLLAR-A-DAY PUSHKE CAMPAIGN

Since we are limited in giving Tzedaka in shul due to the pandemic, we have instituted the Pushke campaign. NHBZ will deliver pushkes to everybody who wants to participate ~ We ask you to contribute a dollar a day to your pushke, and we will collect them every three months. Next collection day will be in July.

HELP WANTED

Nusach Hari B’nai Zion Congregation is a dynamic and growing St. Louis, MO Synagogue looking for a detail-oriented person with good interpersonal, business, and communication skills to serve as its Synagogue Administrator. The Administrator is a hands-on individual who manages, directs, administers, and coordinates the secular and business activities of the Synagogue, including administrative functions, facilities, and staff, support of membership and membership activities, purchasing, and internal and external communications.

Please send your resume and other details to candidate_admin@nhbz.org.



**PIZZA PIZZA PIZZA
at NHBZ!!!**

**CARRY OUT NIGHT
SUNDAY, MAY 2**

Pick up times 4:00 pm – 5:30 pm

ALL Pizzas \$14

Cooked or Uncooked

Any number of toppings included:

Onion ~ Mushroom ~ Green pepper

Place orders by Noon, Thursday, April 29

Email orders are preferred to pizza@nhbz.org

As a last resort, call 314-991-2100, ext. 2

You can pay online at:

<https://www.nhbz.org/make-a-payment-2>

**All food under the supervision of
Rabbi Ze'ev Smason**



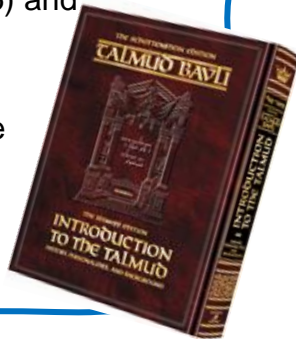
Learning at NHBZ

- **Join Rabbi Okin** and young men from all over St. Louis for Torah and Camaraderie Thursday Nights from 8:00 - 830 pm. Sessions will begin virtually for a text-based and interactive learning session. If you are interested, join the WhatsApp group using this link:
<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>
- **Jewish Thought with Rabbi Okin** (between Mincha and Ma'ariv on Shabbos): Topic is **"Who and What Are We?"**. The most recent Video D'Var Torah, **"Stopping to Smell the Roses"** can be found at:
<https://youtu.be/jH9X1ZPtBvc>
- **Rabbi Smason's "Shabbos Shoutout"** for April 17 can be found at:
<https://youtu.be/VMYd529t3Kc>

Dedication Opportunities

– Call the office 991-2100 ext 2

1. Did you know you can help replace our worn Siddurim (\$55) and Chumashim (\$65)?
2. You can also dedicate the Introductory volume of our Talmud Set for \$125



Parshas Acharei / Kedoshim

Acharei begins with a lengthy description of the special Yom Kippur service to be performed in the *Mishkan* by the Kohen Gadol. The service included the lottery selection from among two identical goats, one of which would become a national sin offering and the other to be pushed off a cliff in the desert as the bearer of the people's sins (the 'scapegoat'). We also find described the command that Yom Kippur and its laws of fasting and refraining from work be observed eternally by the Jewish people as a day of atonement. *Acharei* concludes with a listing of the immoral and forbidden sexual relationships, and the command that the Jewish people maintain and ensure the holiness of the land of Israel.

Kedoshim begins with G-d's command to the entire nation of Israel to be holy, emulating the supreme sanctity of G-d Himself. The Torah goes on to delineate a multitude of *mitzvos* through which we can achieve sanctity, covering a wide variety of subjects, both positive commandments and negative injunctions, dealing with our unique relationships to G-d and our fellow man. Amongst the highlights; revere your parents, guard Shabbos from desecration, have honest dealings with our neighbors, refrain from tale-bearing, don't hate your brother in your heart, and the well-known commandment to love your friend as yourself. *Kedoshim* concludes with the commandment that we be a holy and distinct people from among the nations of the world.

Volunteer Opportunities



NHBZ needs YOU! Our building is open 24 hours per day, 7 days per week, and 52 weeks per year – even during the COVID pandemic! To provide such an ongoing service, we need your help. Whatever your skills, we have an opportunity for you: office work, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach, building committee; please call the office to volunteer.



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312- 626 - 6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King David: His Life, Times and Spirit".
An in-depth study of King David through sources in the Books of Samuel and Psalms.
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ "To the Source" covers contemporary Torah topics using classic and modern English and Hebrew texts.
Zoom video link: <https://zoom.us/j/295822730>
5. Wednesdays, 12:15 pm ~ Pirkei Avos (Ethics of the Fathers). Our long-running class offers relevant, contemporary insights based upon the timeless wisdom of the Torah.
Zoom video link: <https://zoom.us/j/214068419>
6. Thursdays, 7:00 pm ~ Rabbi Smason offers his popular "Starting Points" program – a 45-minute presentation/discussion of relevant, contemporary topics.
See dates and topics below (*note change to Wednesday on April 28*).
Zoom video link: <https://zoom.us/j/295822730>

April 15: "How to Stay Young While Growing Old"

April 22: "Things I've Learned From the Pandemic"

April 28 (Wednesday): "Can We Agree to Disagree and Still Get Along?"

May 6: "Authenticity: Keeping It Real in a Fake World"

May 13: "Jewish Wisdom vs. Secular Knowledge: What's the Difference Between the Two?"

What's New



If you haven't visited the building in a while, we have added some new enhancements – drive by and take a look:

- Awnings at each entrance to protect you from the weather
- Beautiful covered pergola for outside events on the Kaiser Terrace
- Safety bollards at the North and South entrances
- Safety barriers around the Terrace which also make convenient benches
- New striping on the re-surfaced parking lot



Thanks again to all those who dedicated one or more Talmud volumes as part of the 2020 Anniversary Event

“Food for Thought”

We have applied dedication labels to all volumes and you can view them by clicking on this link:

<https://www.flipsnack.com/598FEAFF8D6/talmud-dedications.html>

For best viewing, click on the ‘Fullscreen’ button



THE SISTERHOOD SCOOP

APRIL 24



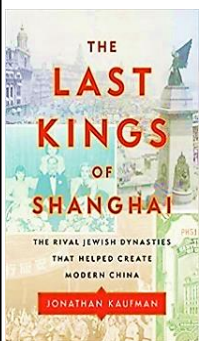
Volume 4

Number 16

12 Iyar 5781

April 24, 2021

Book Club Meets THIS MONDAY



Sisterhood's Book Club meets this Monday, **April 26, 7:15-8:45pm. ON ZOOM**, to discuss "*The Last Kings of Shanghai*" by Jonathan Kaufman, a riveting and historic multigenerational story of two rival dynasties who flourished in Shanghai and Hong Kong as twentieth-century China surged into the modern era.

Linda Shore will lead the discussion.

Mark your calendars for these upcoming Book Club discussions:

- ☐ **June 28 "People of the Book"** by Geraldine Brook - led by Linda Luks
- ☐ **Aug. 23 "Florence Adler Swims Forever"** by Rachel Beanland - led by Faith Waxman

For more information or to get the Zoom link call **Terri Schnitzer** at 314-518-4107 or email terrischnitzer@yahoo.com

ACHAREI MOT – KEDOSHIM

Kedoshim contains the two great love commands of the Torah. The first is, "**Love your neighbour as yourself. I am the L-rd**" (Vayikra 19:18). Rabbi Akiva called this "the great principle of the Torah." The second command is just as challenging: "**The strangers living among you must be treated as your native-born. Love them as yourself, for you were strangers in Egypt. I am the L-rd your G-d**" (19:34). These are extraordinary commands. Many civilisations contain variants of the Golden Rule, which states: "Do unto others as you would have them do to you," or in the reverse attributed to Hillel (sometimes called the Silver Rule), "What is hateful to you, do not do to your neighbour." But these are rules of reciprocity, not love. They encourage a fair society. They are the basic ground-rules of life in a group. Love is something altogether different and more demanding. Rarely would you find them written into a law. That makes these two commandments a revolution in the moral life. Judaism was the first civilisation to ever put love at the heart of morality. – **Rabbi Jonathan Sacks**"

Sharsheret Saves Lives Through Education: Knowledge is Power



NHBZ Sisterhood supports Sharsheret
For more information contact:

Debbi Braunstein
Program Supervisor,
Sharsheret Supports STL
314.442.3266
dbraunstein@jccstl.org



What is Jewish About Breast and Ovarian Cancer? Why is this not just a women's issue?

- 1 in 40 Ashkenazi Jews, both women and men, carries a BRCA gene mutation as compared to 1 in 500 in the general population.
- Everyone who carries a cancer gene mutation has a 50% chance of passing it on to the next generation (sons and daughters).
- Besides breast and ovarian cancer, carriers are also at increased risk for prostate, pancreatic, melanoma and male breast cancers.
- Multi-gene panel testing can identify mutations in genes other than BRCA that may predispose individuals to a variety of cancers.
- Individuals who carry BRCA mutations can make choices about increased screening, possible risk-reducing surgery and other therapies that may reduce their risk.

Sharsheret empowers people with knowledge so they make the most informed decision and advocate for their own health – in whatever way is best for them and their family.

Sharsheret educates!

Sharsheret encourages genetic counseling if cancer runs in your family!

Sharsheret saves lives!

Stay Tuned to learn about Sharsheret's free, individualized, confidential, and culturally relevant support programs and educational resources.

For more information contact **Debbi Braunstein**, Program Supervisor, Sharsheret Supports STL: 314-442-3266 or dbraunstein@jccstl.org

In *Kedoshim* G-d tells us: "**You should be holy because I, your G-d, am holy.**" But how can we be holy? By doing the mitzvot that G-d commands. The rest of the Parshah gives us many mitzvot through which we can be holy, including: • keep Shabbos • give tzedakah to the poor • do not engage in evil talk • do not bear a grudge or take revenge.