



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 3, 2021 • 23 Tammuz 5781 • Candle Lighting 8:11 pm • Shabbos Concludes 9:13 pm

Parshas Pinchas
Haftorah

Numbers 25:10 - 30:1
Jeremiah 1:1 – 2:3

Stone Chumash pp. 878 - 899
Stone Chumash pp. 1192 - 1193

We thank our generous sponsors this week:

- **The Cohen and McCary Families** for sponsoring today's Kiddush Lunch in honor of **Fran Cohen's** 91st birthday.
- **Bob and Joni Kaiser** for sponsoring this bulletin and Shalosh Seudos in loving memory of their mother **Eleanor Kaiser** on the occasion of her third Yahrzeit

Prayer

Erev Shabbos, Friday, July 2

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 8:11 pm Candle Lighting

Shabbos, Saturday, July 3

- 9:00 am Shachris followed by Musaf
- 7:55 pm Mincha, Shalosh Seudos, Ma'ariv
- 9:13 pm Shabbos concludes



Minyan Times July 1 – July 10

	Thu Jul 1	Fri Jul 2	Shabbos Jul 3	Sun Jul 4	Mon Jul * 5	Tues Jul 6	Wed Jul 7	Thur Jul 8	Fri Jul 9	Shabbos Jul * 10
Shachris (am)	7:00	7:00	9:00	8:00	8:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:55	7:00	7:00	7:00	7:00	7:00	7:00	7:55

* **July 5** – Independence Day National Holiday * **July 10** – Rosh Chodesh Av

The Three Weeks, now through July 18

The Three Weeks is an annual mourning period that occurs in mid-summer. We mourn the destruction of the Holy Temple and the beginning of our ongoing exile. The period began on the 17th of the Hebrew month of Tammuz, a fast day that marks the day when the walls of Jerusalem were breached by the Romans in 69 CE. The Fast of the 17th of Tammuz was observed on Sunday, June 27. The Three Weeks reaches its climax and concludes with the **fast of the 9th of Av (Sunday, July 18)**, the date when both Holy Temples were set aflame. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people. During the three weeks, we do not conduct weddings, play musical instruments, listen to music, shave or get a haircut. We do not wear new clothing or eat fruit which we have not yet eaten this season so that we will not be required to recite the *Shehecheyanu* blessing. If you have any questions, please contact Rabbi Smason.

Congregation News

Simchas for the Week of July 3 – July 9

Birthdays

Fran Alper	July 4	Linda Shore	July 7
Judy Levin	July 4	Frieda Smason	July 7
Caryn Alper	July 7	Mateo John	July 8
Jerry Goldenberg	July 7	Jane Lyss	July 8

Anniversaries

None this week



Tributes for the month of June, 2021

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration. Make a tribute in honor of someone's simcha or good health, or in memory of a loved one

*Call the office at 991-2100 ext 2, or email to office@nhbz.org to make a tribute.
Tributes are listed monthly in the Shabbos bulletin.*

A SPEEDY RECOVERY TO

Trudy Sudin

Boris Yasinev
Jerry Cohen

IN MEMORY OF

Eleanor Heiligman, sister of Bill Poe
Harold Mindel, brother of Shirley Bluestein

IN HONOR OF

Ed & Jane Lyss - new Grandson
Dr. & Mrs. David Reisler - Anniversary

Kerry & Sandy Klarfeld - Anniversary
Rabbi Ze'ev & Chani Smason - new grandson
Don & Julie Eisenberg - new grandson
Danielle & Leib Smason - birth of son
Bruce & Faith Waxman - Anniversary
Richard & Michelle Goldstein - Anniversary
Bob & Joni Kaiser - Anniversary
Don & Julie Eisenberg - Anniversary
Bruce & Faith Waxman - Anniversary

SENT BY

Fran & Lenny Alper
Howard & Phyllis Loiterstein
Bob & Joni Kaiser
Helayne & Ed Levitt
Jay & Peggy Umansky
Denny & Amy Feit
Nancy Solomon
Fran & Lenny Alper
Bob & Joni Kaiser

SENT BY

Abert & Sheila Goodman
Helayne & Ed Levitt
Irwin & Arlene Fredman
Ina & Ron Makovsky

SENT BY

Bob & Joni Kaiser
Bob & Joni Kaiser
Dr. Steve & Myra Radinsky
Libby Sorkin Routman
Joyce Eisenberg
Helayne & Ed Levitt
Helayne & Ed Levitt
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Fund Raising



DOLLAR-A-DAY PUSHKE CAMPAIGN

Thank you for your continuing participation in the NHBZ Pushke campaign. You will recall that the program calls for the collection of the Pushkes every three months and our returning the now empty Pushkes back to you to continue the ongoing cycle of daily contributions. The third cycle is now set to conclude **Friday, July 16**. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. **Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home.** Another convenient option is to send in a cheque for the amount saved in the Pushke.

All those returning Pushkes by **Friday, July 16** will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.

Special Gifts Campaign UPDATE

We are just two weeks into the Campaign. As mentioned last week, two shul members have stepped forward to challenge the others at the Shul. Every dollar raised over the course of the next three weeks, will be matched up to \$20,000.00. Each dollar you give becomes **TWO**. Please call Nancy Stenn in the Shul's office **this week** at 314-991-2100 extension 2 and share in this exciting effort. The funds raised will go directly towards programming and activities designed to draw children, young adults and young families into NHBZ. Share in the future of the Shul. Join committee members Denny and Amy Feit and take part in this important project.

Your children and grandchildren will thank you.



Homecoming

Thanks to all of you who attended our **Homecoming Month** activities during the month of June. We look forward now to seeing you regularly in shul where we can continue to get together under more normal circumstances. Welcome home!



Welcome to New Office Staff

Please welcome our new Shul Administrator, **Nancy Stenn**, who started with us on July 1. Nancy joins our new Bookkeeper, **Hindy Anton**. You can reach Nancy at 991-2100, extension 2, or at office@nhbz.org. You can reach Hindy at extension 3, or at bookkeeper@nhbz.org.



Nancy Stenn

Volunteer Opportunities



NHBZ needs YOU more than ever!

Even though we have hired a full-time Shul Administrator, we still need volunteers to help with light office work – answering the phone, taking Pizza orders, recording tributes, sorting mail, etc. You may sign-up for any number of hours and day(s) that are convenient for you. Please email to office@nhbz.org or call 314-991-2100 extension 2, and leave a voice message.

Events

Coming Soon

- Thursday, July 15 – Special PIZZA Night 🍕
- Sunday, July 25 – BBQ Dinner at Irv Zeid Park Pavillion
- Sunday, December 12 – Save the Date 😊

On-Going

- Every Shabbos, 9:15 am – Learners Service with Rabbi David
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason,
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin

Committees

Most real work at NHBZ is done in committees which:

- Provide an opportunity for you to serve the congregation, and increase participation
- Make use of your special knowledge, experience and interests
- Help you to better understand the aims, accomplishments and challenges of the congregation
- Provide a training ground for future leadership and service to the congregation
- Permit the business of the congregation to be decentralized among more members

Here is a list of some NHBZ committees:

Fund Raising	Building	Education	Programming
Family & Children	Membership	Outreach	Public Relations
High Holiday Seating	Religious	Finance	Budget

Volunteers: please call the office to join a committee.

Join the Greeter Team



Attention: All NHBZ Members!

You are invited to join the Greeter Team. Participate in the mitzvah of Hachnasat Orchim (hospitality) and help welcome visitors, guests, and members to our Shul. Sign up now for the 2021 Greeter schedule! For more information contact Fran Alper at 314-993-4024 or fran.alper@outlook.com

Tehillim Circle Requests Volunteers

The recitation of Tehillim (Psalms) inspires and serves as a reminder of the role G-d plays in our lives, and provides us with a communication vehicle with G-d as we plead for his merciful intervention on behalf of those facing medical, emotional, spiritual or financial challenges.

NHBZ has an organized 'Tehillim Circle', whose members recite Tehillim on behalf of those in need. If you know somebody facing challenges, you can add her or him to the list of people on whose behalf we say Tehillim.

Please contact Julie Eisenberg at 314-494-8437 or juliecooks@icloud.com to place someone's name on the list or to volunteer to join the Tehillim Circle. Men and Women are welcome.



On-going Covid Guidelines

Food Service

- If you are fully vaccinated, you do not need to be 'socially distanced' while eating, but we prefer that you eat in small groups of those whom you know are vaccinated
- If you are not fully vaccinated, please maintain a 'social distance' of at least 3 feet from others (except for those who are in your 'pod').
- All servers must be fully vaccinated, and must wear gloves and masks
- Servers will distribute pre-packaged food. When getting food from the serving table, please do not gather around the table, but rather, approach the server one at a time.

Temporary Safeguards

- We are not carrying the Torah around the Sanctuary
- Men with an Aliyah do not remain at the Bima for the next Aliyah, but return to their seats
- The "choir" is not leading singing from the Bima at the end of services
- The last two rows of seats in the sanctuary have every-other seat taped-off for those who prefer social distancing

Israel

A Day in the Life of Magen David Adom

Please join us for a special Zoom program with representatives of Magen David Adom (MDA), Israel's national Emergency Medical Services, blood services, and international relief organization, on **Monday, July 12, at 7:30 pm**. You will have an opportunity to learn about MDA's leading role in responding to the Covid-19 pandemic, the tragedy at Mount Meron on Lag B'Omer, and the recent rocket attacks from Gaza. Here is the Zoom link to participate

<https://zoom.us/j/92020957231?pwd=NWdxY0hzWU1jTFp0MGczK2VKNFg3QT09>

Meeting ID: 920 2095 7231 Passcode: 842955

Youth Programming

"Teen Schmooze", a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us indoors at the back of the NHBZ Sanctuary. Refreshments will be served!** For details, contact Rabbi Okin at aviokin@nhbz.org.



Teen Schmooze is on break until Mid-July. Watch for announcements!

Learning at NHBZ



- **Parshas Pinchas by Rabbi Smason**

In last week's Torah portion we found the Jewish hero Pinchas saving the day for the Jewish people by publicly executing the Jewish tribal head, Zimri, and his Midianite girlfriend, Kazbi. Those two had desecrated the Name of G-d and His Torah by having relations in plain view of Moses and the entire Jewish leadership. This week, Pinchas is rewarded for sanctifying the Name of G-d and is granted the blessing of peace and priesthood (Kehuna). Pinchas' zealous response saves the Jewish people from a plague which had broken out in the camp. Five righteous daughters of Tzelofchad file a claim with Moses: In the absence of a brother, they request their deceased father's share in the Land of Israel. Moses asks G-d for a ruling. The Almighty responds that the claim of these five women who so dearly love the Land of Israel is, indeed, just. Moses is told that he will ascend a mountain to view the Land that the Jewish people will soon inherit, though he will not be allowed to enter. Moses asks G-d to appoint a successor. Do you know who is chosen? Joshua, Moses' dedicated assistant and student. The Torah portion concludes with a lengthy description of the special offerings brought on various festivals. These sections are also read from the Torah throughout the year on the appropriate holidays.

- **NHBZ Mishmar - Join Rabbi Okin**

and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. ***We will meet indoors at the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

- **Rabbi Smason's Shabbos Shoutout**

The most recent Shoutout can be found at: https://youtu.be/eZ23KL_ig40

The complete list of Shabbos Shoutouts can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN

- **Rabbi Okin's Torah Thoughts**

The most recent Torah Thoughts can be found at: <https://youtu.be/uhSDcoxtTTq>

The complete list of Torah Thoughts can be found at:

https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-

- **Rabbi David's Learners Service**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

- **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

July 10: World Perfect: What Would Your Perfect World Look Like?

July 17: Why Do Good Things Happen to Bad People?

July 24: What Makes You Laugh?

July 31: How to Conquer Anger



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312- 626 - 6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King David: His Life, Times and Spirit". An in-depth study of King David through sources in the Books of Samuel and Psalms.
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ "To the Source" covers contemporary Torah topics using classic and modern English and Hebrew texts.
Zoom video link: <https://zoom.us/j/295822730>

Wednesdays, 12:15 pm ~ *Pirkei Avos (Ethics of the Fathers)*. Now in person at NHBZ

Community News

The Sarah Adelman Memorial Fund* of Dallas, Texas, invites you to attend a community-wide event commemorating the 15th Yahrzeit of **Sarah Adelman, z'l**

Sunday, July 11, 2021 at 11:00 am

Via Zoom through the courtesy of Young Israel of St. Louis**

featuring **Rabbanit Shani Taragin** speaking on the topic
"Eichah & Eliyahu: Agony of Abandonment and Cries of Consolation"

* The Fund supports needy children in the St. Louis Orthodox community who need counselling;
To contribute to the fund, go to the website samfstl.com

** To obtain the Zoom link, send an email to samfstl@gmail.com



THE SISTERHOOD SCOOP

JULY 3

Happy 4th of July!

Volume 4

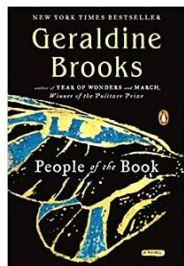
Number 26

23 Tammuz 5781

July 3, 2021

Sisterhood's Book Club News

Thanks to *Linda Shore* for hosting the Book Club in-person on Monday, June 28, and to *Linda Luks* for skillfully leading the discussion of "People of the Book" by



Geraldine Brook. The captivating novel, inspired by the true story of the famed 15th century Sarajevo Haggadah, traces the history of the ancient text through fiction and fact.

Mark your calendars now for these upcoming Book Club discussions dates.

- ☐ **Aug. 23 "Florence Adler Swims Forever"**
by Rachel Beanland – led by Faith Waxman
- ☐ **Oct. 25 "The Third Daughter"** by Talia Carner
– discussion led by Ilene Brooks Scharnhorst

For more information or to
RSVP call **Terri Schnitzer**
at 314-518-4107 or email
terrischnitzer@yahoo.com



America, Defender of Religious Liberty

"We hold these truths to be self-evident that all men are created equal and are endowed by their creator with certain unalienable rights."

The following is taken directly from Rabbi Sacks' acceptance speech after receiving the highest honour awarded by the Becket Fund for Religious Liberty

The American Revolution explicitly bases its concept of human rights on G-d and the Bible while the French Revolution explicitly avoids any reference to G-d.

The great shapers of American liberty knew that this liberty was something they were doing because of G-d and in the name of G-d. So, Lincoln in his Gettysburg Address talks about this nation, under G-d, having a new birth of freedom. In his second inaugural, he says, with firmness in the right as G-d gives us to see the right. And of course, that message is absolutely central to John F. Kennedy's great inaugural address, where he speaks about the revolutionary belief, for which our fathers fought, that the rights of man come from the gift of G-d and not from the generosity of the state. What he meant was, quite explicitly, to contrast the American Revolution with the French Revolution, which did hold that the rights of men only came from the generosity of the state.

And that is why American liberty is constitutively religious. You cannot have American liberty without that religious base. Whereas the French type liberty isn't so. The difference is that the American concept of rights is a formula for limited government. What Jefferson meant when he used that phrase inalienable rights was saying, this belongs to us, it cannot belong to the state. The state may come thus far but no further. It cannot interfere with life, liberty and the pursuit of happiness. It is a formula for minimal government. America's great achievement was to turn religion into a force for freedom. And that is what the world needs to know today. –excerpted from **Rabbi Jonathan Sacks** ^{ZL}

**Watch for Sisterhood's
'Welcome Back' Open House
Coming this Summer...**

**We wish a *refuah shelema*, a quick and complete recovery, to Sisterhood Past President
*Trudy Sudin***

**You can send get well wishes to Trudy –
408 Berkley Place Court, St. Louis, MO 63132**

**Sisterhood Welcomes
our new
Shul Administrator
*Nancy Stenn!***



Pinchas: "Day In, Day Out"

The parsha tells of the heroic deed of Pinchas, who jumped up with spear in his hand to save the Jewish people from a plague of immorality. When the moment called for bold action, Pinchas was ready and willing to step forward. Later in the parsha, G-d announces who will become the successor to Moses as leader of the Jewish people. Surprisingly, it is not the heroic Pinchas. Nor is it another great hero, Calev, who bravely stood up to protest, when the spies recommended not to enter the Land of Israel.

Instead, Joshua was chosen to succeed Moses. Why?

The Talmud explains that the greatness of Joshua was that he stayed by Moses' side - day-in, day-out. No, Joshua didn't perform any incredible heroics that earned him front-page headlines. But in his own quiet and consistent way, Joshua made it his priority to draw close to G-d, absorb Jewish wisdom, and do whatever he could to help others do the same. In fact, the Talmud says that Joshua came to the synagogue early each morning - to help set up the chairs!

Think about it: These humble acts of dedication are what G-d values most, even more than dramatic demonstrations of bravery and heroics. Teachers, public servants, dedicated parents - these are the true Jewish heroes of yesterday and today. – by **Rabbi Shraga Simmons**, www.aish.com