



# NHBZ Weekly News

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

July 17, 2021 • 8 Av 5781 • Candle Lighting 8:05 pm • Shabbos Concludes 9:08 pm

\*\*\*\*\* *The Shabbos before Tisha B'Av is called Shabbos Chazon* \*\*\*\*\*

Parshas Devarim  
Haftorah

Deuteronomy 1:1 - 3:11  
Isaiah 1:1 – 1:27

Stone Chumash pp. 938 – 957  
Stone Chumash pp. 1195 – 1196

*We thank our generous sponsors:*

Dr. Eliot & Sally Katz for sponsoring the Root Beer Floats last Shabbos as a surprise in honor of Mark Ragin's 65th Birthday

Anonymous (2), Dr. Faye Cohen & Brian McCary, Janet & Alan Haber, Joni & Bob Kaiser and Libby Sorkin for sponsoring today's pre-Tisha B'Av Kiddush Lunch

## Prayer

### Erev Shabbos, Friday, July 16

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 8:05 pm Candle Lighting

### Shabbos, Saturday, July 17

- 9:00 am Shachris followed by Musaf
- **Lunch – Shiur by Rabbi Okin**  
“Shabbos Chazon: The Missing Shabbos”
- 1:45 pm Mincha
- Shalosh Seudos at home
- 8:23 pm Fast begins
- 9:08 pm Shabbos concludes
- 9:30 Ma'ariv and Book of Eicha (Lamentations)



### Minyan Times July 15 – July 26

	Thu Jul 15	Fri Jul 16	Shabbos Jul * 17	Sun Jul ** 18	Mon Jul 19	Tues Jul 20	Wed Jul 21	Thur Jul 22	Fri Jul 23	Shabbos Jul 24
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	---	7:50	7:00	7:00	7:00	7:00	7:00	7:35
Mincha Jul 17 (pm)	---	---	1:45	---	---	---	---	---	---	---
Ma'ariv Jul 17 (pm)	---	---	9:30	---	---	---	---	---	---	---

\* July 17: Erev Tisha B'Av – eat Shalosh Seudos at home – fast begins at 8:23 pm

\*\* July 18: Tisha B'Av – Tallis and Tefilin worn at Mincha instead of Shachris – fast ends at 9:04 pm

## Shabbos Chazon – July 17

The Shabbos preceding the Ninth of Av is called *Shabbos Chazon*—“Shabbas of the Vision.” This Shabbos' reading from the Prophets begins with the words *Chazon Yeshayahu*, the “vision of Isaiah”, regarding the destruction of the Holy Temple. The legendary chassidic master Rabbi Levi Yitzchak of Berdichev said that on this special Shabbos, every Jewish soul is shown a vision of the third Holy Temple. The purpose of this vision is to arouse within every Jew a yearning to actually see this edifice which will be built by G-d, and to do as many mitzvos as possible in order to realize this dream. While this vision may not be sensed with the physical eyes, the soul certainly experiences this vision, and it affects the person on the subconscious level. Though Shabbos this year is erev Tisha B'Av, even eating meat and drinking wine are permissible until just before sunset at 8:23 pm. From that point on we refrain from all eating and drinking until the conclusion of the fast.

## Tisha B'Av - July 18

The 9 Days reaches its climax and concludes with the **Fast of the 9th of Av**. The fast begins July 17 at 8:23 pm and ends July 18 at 9:04 pm. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people. We read Eicha, the Book of Lamentations, on erev Tisha B'Av Ma'ariv, and Tisha B'Av morning Shachris. Tallis and Tefilin are worn at Mincha instead of Shachris. For questions or further details, please contact Rabbi Smason.

## Congregation News

### Simchas for the Week of July 17 – July 23

#### **Birthdays**

Danny Sallis	July 17	Brian Feit	July 19
Charlene Kass	July 20	Sandy Kahn	July 23
Larry Freistein	July 23		

#### **Anniversaries**

Debbie & Brian Sher	July 20
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**Mazel Tov to Sam and Shirley Bluestein** on the birth of a new great-grandson  
grandparents are **Ephraim and Michelle Mufson** - parents are **Roman and Emma Peysakhovich**

### Fund Raising



## **DOLLAR-A-DAY PUSHKE CAMPAIGN**

The third cycle of the Pushke Campaign concludes **Friday, July 16**. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. **Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home.** Another convenient option is to send in a cheque for the amount saved in the Pushke.

All those returning Pushkes by **Friday, July 16** will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.

## Special Gifts Campaign UPDATE

We are now four weeks into the Campaign. As mentioned previously, two shul members have stepped forward to challenge the others at the Shul. Every dollar raised over the course of the next two weeks, will be matched up to \$20,000.00. Each dollar you give becomes **TWO**. Please call Nancy Stenn in the Shul's office **this week** at 314-991-2100 extension 2 and share in this exciting effort. The funds raised will go directly towards programming and activities designed to draw children, young adults and young families into NHBZ. Share in the future of the Shul. Join committee members Denny and Amy Feit and take part in this important project.

Your children and grandchildren will thank you.



## Events

### Coming Soon

- Sunday, July 25 – BBQ Dinner at Irv Zeid Park Pavillion
- Thursday, July 29 – Security Training – watch for flyer
- Tuesday, Nov 16 – "A Day and a Night Living on the Gaza Border"
- Sunday, December 12 – Save the Date 😊

### On-Going

- Every Shabbos, 9:15 am – Learners Service with Rabbi David
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin

## Ask Our Rabbis!

**Q:** More often than not, I am still reciting the Shemona Esrei when the Chazzan starts the repetition. What do we do if we are still praying silently and he gets to Kedusha? Do we continue our personal praying? Do we stop and answer back during that section, and when done, go back to where we were davening? Do we stop and not say anything?

**A:** The Shemona Esrei (also known as the Amidah, or the Silent Devotion) is a special opportunity to have a personal, one-on-one encounter with HaShem. When reciting the Shemona Esrei, we are standing in the presence of the Almighty; as such, one should not interrupt one's personal prayers to respond to any other prayers. In the situation you describe (when the Chazzan begins Kedusha), one should simply pause one's personal prayers and listen to the Chazzan's recitation of Kedusha. Listening to the Chazzan's words in such a situation is considered as if you, yourself, had recited the Kedusha! This is based upon the principle known as *shomey'ah k'oneh* -- "listening is considered as if you responded." When the Chazzan and congregation conclude Kedusha, you can then resume your personal prayers from the place where you paused.

*Is there something you've always wanted to know about Judaism, but were afraid to ask? Email your questions to: [Pepshort613@gmail.com](mailto:Pepshort613@gmail.com) and enter 'Ask Our Rabbis' as the subject of the email.*

## High Holiday Seating

Believe it or not – Rosh Hashanah is just around the corner! All members of NHBZ (not Associate Members) are entitled to their own seat for the High Holidays, so they can come and go as much as needed, and return to their own seat. If you weren't entirely happy with your seat last year (too noisy? too cold? too close to the front?), you can change it! If you are a new member we can help you pick out a seat to your liking. Please contact Lenny Alper at [lenny.alper@outlook.com](mailto:lenny.alper@outlook.com) to review your seating options.

## On-going Covid Guidelines

### Food Service

- If you are fully vaccinated, you do not need to be 'socially distanced' while eating, but we prefer that you eat in small groups of those whom you know are vaccinated
- If you are not fully vaccinated, please maintain a 'social distance' of at least 3 feet from others (except for those who are in your 'pod').
- All servers must be fully vaccinated, and must wear gloves and masks
- Servers will distribute pre-packaged food. When getting food from the serving table, please do not gather around the table, but rather, approach the server one at a time.

### Temporary Safeguards

- We are not carrying the Torah around the Sanctuary
- Men with an Aliyah do not remain at the Bima for the next Aliyah, but return to their seats
- The "choir" is not leading singing from the Bima at the end of services
- The last two rows of seats in the sanctuary have every-other seat taped-off for those who prefer social distancing

## Youth Programming

**"Teen Schmooze"**, a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us indoors at the back of the NHBZ Sanctuary. Refreshments will be served!** For details, contact Rabbi Okin at [aviokin@nhbz.org](mailto:aviokin@nhbz.org).



**Teen Schmooze is on break. Watch for announcements!**

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**Did you know that there is a 'Jobs' resource on [facebook](https://www.facebook.com) ?**

Simply select the 'Jobs' icon from the navigation menu. Among the job offerings are listings for *paid* house-sitting jobs, something that could be of great benefit to those in need of temporary housing. Please pass this information on to anyone you know who might need housing or a job.

This ad dedicated in honor of the yahrzeit of **Albert Finer** by sons **Steven and Martin Finer**

# Learning at NHBZ

- **Parshas Devarim -- Deuteronomy 1:1 - 3:11 by Rabbi Smason**

This week we begin the fifth and final book of the Torah, Deuteronomy. This Book is also called Mishna Torah, "Repetition of the Torah" - thus the Greek Title 'Deuteronomy.' Its contents were spoken by Moses to the Jewish people during the final five weeks of his life as the people prepared to cross the Jordan River into the land of Israel. A central theme of Deuteronomy is Moses' review of the mitzvos, and his emphasis on the change of lifestyle the Jewish people were to undergo. The transition was to be made from a supernatural existence in the desert to a natural life to be experienced in the Land of Israel. The portion begins with Moses' veiled rebuke in which he makes reference to the many sins and rebellions of the past forty years. Moses spends significant time discussing the failed mission of the spies; ten of the twelve men sent to scout out the land returned with a bad report, resulting in the entire nation wandering in the desert for forty years. Moses later discusses the Children of Israel's conquest on the eastern bank of the Jordan River. This Torah portion concludes with words of encouragement for Moses' successor Joshua.



- **NHBZ Mishmar - Join Rabbi Okin**

and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. ***We will meet indoors at the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

- **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

[https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKlImpR3KpHROrHDWIDNbgqN](https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbgqN)

- **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at:

[https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-](https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-)

- **Rabbi David's Learners Service**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

- **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

**July 17:** Why Do Good Things Happen to Bad People?

**July 24:** What Makes You Laugh?

**July 31:** How to Conquer Anger



# NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application

## Instructions to Attend Classes

**For audio** through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312- 626 - 6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

**For Zoom video**, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

## List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.  
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King David: His Life, Times and Spirit". An in-depth study of King David through sources in the Books of Samuel and Psalms.  
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"  
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ "To the Source" covers contemporary Torah topics using classic and modern English and Hebrew texts.  
Zoom video link: <https://zoom.us/j/295822730>

Wednesdays, 12:15 pm ~ *Pirkei Avos (Ethics of the Fathers)*. Now in person at NHBZ



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