



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 14, 2021 • 6 Elul 5781 • Candle Lighting 7:39 pm • Shabbos Concludes 8:40 pm

Parshas Shoftim
Haftorah

Deuteronomy 16:18 - 21:9
Isaiah 51:12 – 52:12

Stone Chumash pp. 1024 – 1045
Stone Chumash pp. 1199 – 1200

Thanks to Boris & Alla Yasinev for sponsoring Kiddush-Lunch today in honor of the Aufruf of their son, Jonathon, before his marriage to Devorah. Mazel Tov!

Prayer

Erev Shabbos, Friday, August 13

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:39 pm Candle Lighting

Shabbos, Saturday, August 14

- 9:00 am Shachris followed by Musaf

Thank You for Leading Services

- Pesukei D'Zimra: **Howard Sandler**

- Shacharis: TBA

- Leyning: **Stuart Klamen**

- Haftorah: **David Rubin**

- Sermon: **Rabbi Ze'ev Smason**

- Musaf: **David Rubin**

- 7:20 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:40 pm Shabbos concludes



Minyan Times August 12 – August 21

	Thu Aug 12	Fri Aug 13	Shabbos Aug 14	Sun Aug 15	Mon Aug 16	Tues Aug 17	Wed Aug 18	Thur Aug 19	Fri Aug 20	Shabbos Aug 21
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:20	7:00	7:00	7:00	7:00	7:00	7:00	7:10

Congregation News

Mazel Tov on Simchas This Week! August 14 – August 21

Happy Birthday

Bobby Levine	August 16
Michael Morgensztern	August 16
David Rubin	August 16
Jacob Levin	August 17
Nancy Bealeu-Rush	August 18
Marcie Brook	August 19
Rosalind Rosen	August 19
Leonid Vladimirov	August 19

Happy Anniversary

Larry & Shirley Hollander	August 14
Robert & Sandra Abrams	August 15
Ari & Lila Belasen	August 17
Alan & Janet Haber	August 19
Reuven & Margo Tzadok	August 20
David & Norma Rubin	August 21



**HAPPY
ANNIVERSARY**

**We thank Stephen and Myra Radinsky for
the lovely Kiddush. Congratulations
again on your 55th Wedding Anniversary!**

Mi Sheberach

Are you or a loved one in need of some special prayers for healing? Simply provide the person's English and Hebrew names (including the mother's Hebrew name), and notify Nancy by calling (314-991-2100, ext. 2) or emailing (office@nhbz.org). The Mi Sheberach prayer will be said for 30 days. It is customary to make a donation to the Synagogue when requesting a Mi Sheberach.

Special Gifts Campaign – Matching Program FINAL WEEK

Double the benefit from your donation. Don't be left out! Call today with your pledge. The upcoming Phone-a-thon will then reach out to the handful of members who have not yet participated. This is your opportunity to help form the future of our Shul. A vibrant Nusach Hari B'nai Zion is our responsibility for ourselves and our children and our community. DO YOUR PART. Funds raised will go directly towards programming and activities designed to attract children, young people and young families into NHBZ.

I thank you for your time, your commitment and your support of NHBZ.

Jay B. Umansky, Chair



Events

Coming Soon

- Sunday, August 22 – "Preparing for a Sweet New Year"
~A Young Families Event~
- Sunday, August 29 – All-you-can-eat PIZZA NIGHT returns
- Monday, Nov 15 – Teen Schmooze Restarts
- Sunday, December 12 – "14 Days Living in Eshkol, Israel"
- 116th Anniversary Event

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos, 9:15 am – Learners' Service with Rabbi David (**On Hiatus**)
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin (**On Hiatus**)

On-going Covid Guidelines *New Shul Policy*

The NHBZ Board of Directors voted, on September 10, 2021, that attendance at our shul requires vaccination against COVID-19. Masks must still be worn, and there is still no restriction on the numbers attending. Food will continue to be served indoors.

Per Dr. Shifren's recommendations, children under 3 are not required to wear masks and children under 13 do not require vaccinations.

Per Rabbi Smason requirements, shul members need to show the Rabbi proof of vaccination.

Lulav & Esrog Sets

With High Holidays only a few weeks away, it is time to place your orders for Lulav & Esrog sets. Please email your orders to Nancy at office@nhbz.org, or call 314-991-2100, ext. 2. Please be sure to leave your name, call back phone number and your order. Prices are as follows:

- Basic Lulav & Esrog set \$50
- Deluxe Lulav & Esrog set \$70
- Standard Lulav & Esrog set \$60
- Premium Lulav & Esrog set \$85

*** All orders must be received and paid for on or before Thursday, Sept. 2, 2021.
No exceptions, as order will be placed first thing Friday morning.**

Yizkor Book of Remembrance

We will be sending information about this year's Yizkor Book soon, including last year's entries, so please watch for it. As in the past, we will request a \$10 donation for each name listed (or group of names such as "and family") in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot.

High Holiday Seating

Believe it or not – Rosh Hashanah is just around the corner! All members of NHBZ (not Associate Members) are entitled to their own seat for the High Holidays, so they can come and go as much as needed, and return to their own seat. If you weren't entirely happy with your seat last year (too noisy? too cold? too close to the front?), you can change it! If you are a new member we can help you pick out a seat to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options, or contact Nancy at office@nhbz.org.

**Please be advised that Rabbi Okin is on vacation.
He returns to work on Wednesday, August 18.**



**Together with their friends and families,
we celebrate the accomplishments of our students!**

- ❖ **Gavi Berman** (Yeshiva University High School)
- ❖ **Edie Berman** (Buriah Girls' School, High School)
 - ❖ Granddaughters of Hal & Ellen Rosen
- ❖ **Eliana Brook** (High School, 2020)
- ❖ **Nathan Brook** (High School, 2021)
 - ❖ Children of Dr. Alan & Marie Brook
- ❖ **Andrew Felton** (High School; attending Stanford University)
- ❖ **Samantha Radinsky** (High School; attending Northwestern University)
 - ❖ Grandchildren of Dr. Steve & Myra Radinsky
- ❖ **Liron Ganel** (PhD, Washington University, Computational & Systems Biology)
 - ❖ Son of Meira Ganel
- ❖ **Gaelyn (Behirah) Hartranft** (BS, *cum laude*, University of Missouri, Bioengineering; working on her Masters Degree)
 - ❖ Daughter of Bryson & Jennifer Hartranft
- ❖ **Daniel Shanker** (8th Grade, Saul Mirowitz Jewish Community School)
 - ❖ Son of Dr. Jonathan & Naomi Shanker
- ❖ **Joel Sher** (PhD, Harvard University)
 - ❖ Son of Brian & Deborah Sher; Grandson of Rachael Pevnick
- ❖ **Ayelet Smason** (High School, Ladue Horton Watkins HS)
 - ❖ Daughter of Rabbi Ze'ev & Chani Smason

Reminders

An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that Shabbos bulletins or any other item not be removed from the synagogue by those who do not live within the *eruv*. Also, the bulletin contains *Divrei Torah* (words of Torah) and as such, must not be thrown into the trash. For questions on either or both of these guidelines, please contact Rabbi Smason.

A note from Rabbi Smason regarding taking food home from Kiddushim and Lunch

Individuals have asked whether the prepackaged food currently being served on Shabbos at our Kiddushim and lunches may be taken home following services or our food events. Our synagogue policy is that no one may take home any food -- prepackaged or otherwise -- following an NHBZ food event. This rule involves both halachic considerations of items being taken outside the *eruv*, as well as the synagogue's need to save reusable food for future food events.

Exceptions can be made on a case-by-case basis only by speaking directly to Rabbi Smason. We thank you for your understanding and cooperation in this matter.

Youth Programming

"Preparing for a Sweet New Year" Join the Young Families program of NHBZ for a fun and tasty event as we prepare for Rosh Hashanah and a sweet new year! Learn about how honeybees produce honey. Enjoy tasting fresh, natural honey, and learning why Jews traditionally have honey on Rosh Hashanah!

8/22 from 1-2pm (Please RSVP to office@nhbz.org by 8/16 so we have enough supplies for everyone!). Feel free to contact Rabbi Okin at aviokin@nhbz.org with any questions.



Teen Schmooze is RETURNING, Sunday, August 29, 2021.

"Teen Schmooze", a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us indoors at the back of the NHBZ Sanctuary.** Refreshments will be served! For details, contact Rabbi Okin at aviokin@nhbz.org.

Israel

Israeli Olive Oil

Get ready to place your orders! Once again, we can support Israeli business and eat well while doing it! Yes, you can adopt an olive tree! Stay tuned for details.

14 Days Living in Eshkol, Israel

Reserve the evening of Monday, November 15 for a program entitled "14 Days Living in Eshkol, Israel" to take place at NHBZ. The program will be presented by Lieutenant Colonel Keith Isaacson and a security official from the Eshkol Region of Israel. We thank Irl Solomon, of Friends of Israel, and Pastor Bryan Sharp for enabling us to host this event.

Learning at NHBZ

Ask Our Rabbis!

Q: I am confused by all the different types of Kaddish said in our prayer services. There is the Mourner's Kaddish, Rabbi's Kaddish, Complete Kaddish, Half Kaddish, Discounted Kaddish, Closing-Down-Sale Kaddish. What is going on here?! If Kaddish is supposed to be said in memory of someone, why do we say it throughout the service?

A: With its mystically powerful words, Kaddish transports a soul upwards, from one level to the next.

The Mourner's Kaddish is recited for the departed, to assist in their soul's journey upward. For eleven months after the passing, the soul ascends gradually to its place of rest. And then each year, on the anniversary of its passing, the soul graduates to an even higher place in Heaven. The Kaddish said down here by the living helps ease the journey of the soul up there.

A mourner may also recite the Rabbi's Kaddish following the public study of Torah. The Complete and Half Kaddish are said to provide either a separation or conclusion to the prayer services. Even a non-mourner may recite these forms of Kaddish when leading the service.

So next time you hear Mourners Kaddish, envisage this: the souls of your loved ones are ascending into heaven. No discounts, only up...up...up.

● **Parshas Shoftim - by Rabbi Smason**

Moses proceeds to review the regulations necessary for a civilized society. Local judges and officers were to be appointed in every city, and justice was to be administered righteously and impartially. A bribe of even a small sum is forbidden. The Sanhedrin -- the Jewish High Court of seventy-one judges -- is to make Torah-based binding decisions on new situations to prevent the fragmentation of the Jewish people. When the Jewish people request a king, the king was not to misuse his power to amass horses, maintain a harem nor accumulate great wealth. To order his priorities and not become haughty he should write a copy of the Torah and carry it with him. When the Jewish people had righteous kings such as David and Solomon, it was a blessing. When we had wicked kings such as Jereboam and Ahav, it was a curse.

The nation's conduct in war is mentioned. The Jewish people are told not to be afraid of the enemy, not to destroy any fruit trees in battle, and that they should first give the enemy a chance to make peace. The portion also forbids all forms of superstition and 'magic' practiced by the soothsayer. We have no need for such tricks because of our true prophets and faith in G-d. The Jewish people are promised by G-d that He will send prophets to guide them, and Moses explains how a genuine prophet may be distinguished from a false one.

Learning at NHBZ (continued)

- **NHBZ Mishmar - *on Hiatus until August 19***

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. ***We will meet indoors at the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

- **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbgsN

- **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at:

https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-

- **Rabbi David's Learners' Service – *On Hiatus until Rosh Hashanna***

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

- **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

- August 14: How Do You Measure a Life Well-Lived?
- August 21: The Best Advice I Ever (and Never) Got
- August 28: (No Starting Points)
- Sept. 4: Begin Again - What Can Make This the Best Year Ever?
- Sept. 11: Mistakes We Need to Stop Making

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, or act of admiration.

Make a tribute to honor someone's simcha or good health or in memory of a loved one.

To make a tribute, call Nancy in the office 314-991-2100, ext. 2, or email office@nhbz.org.

Tributes will be listed monthly in the Shabbos bulletin.



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftarah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ **"To the Source"** covers contemporary Torah topics using classic and modern English and Hebrew texts.
Zoom video link: <https://zoom.us/j/295822730>

"To The Source" is now on pause, possibly continuing after the Holidays



Do you shop on Amazon? Signup for Amazon Smile, and .5% of your qualified purchase will be donated back to NHBZ

How it works – it's as easy as 1-2-3:

1. Visit smile.amazon.com and sign-in to your Amazon account
2. Under "Pick your organization, search for "Nusach Hari"
3. Select "Nusach Hari-Bnai Zion Congregation"

Start Shopping! Every time you shop, sign-in to smile.amazon.com, and you will earn \$\$\$ for **NHBZ**



THE SISTERHOOD SCOOP

AUGUST 14



Volume 4

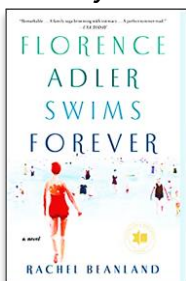
Number 31

6 Elul 5781

August 14, 2021

Sisterhood's Book Club News

The next book club meeting will be on **Monday, August 23, 7:15-8:45 pm**, at the home of *Sallie Volotzky*. The book will be "*Florence Adler Swims Forever*," a novel by Rachel Beanland. Winner of the 2020 National Jewish Book Award for Debut Fiction, and set in 1934 Atlantic City, it tells the story of a Jewish family struggling to conceal a tragic secret. *Faith Waxman* will lead the discussion.



Florence Adler Swims Forever, a novel by Rachel Beanland. Winner of the 2020 National Jewish Book Award for Debut Fiction, and set in 1934 Atlantic City, it tells the story of a Jewish family struggling to conceal a tragic secret. *Faith Waxman* will lead the discussion.

Mark your calendars now for these upcoming Book Club discussions:

- ☐ **Oct. 25 "The Third Daughter"** by Talia Carner – discussion led by *Ilene Brooks Scharnhorst*
- ☐ **Dec. 27 "The Ghost of Hannah Mendes"** by Naomi Ragen

For more information or to **RSVP** call **Terri Schnitzer** at 314-518-4107 or email terrischnitzer@yahoo.com



Everyone is Invited to participate in Sisterhood's New Year Greetings



Fundraiser for 5782

The **NHBZ Sisterhood** wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish **L'Shana Tova Tikatevu** to everyone in our NHBZ family!

Names of donors will be published in the NHBZ – 5782 Rosh Hashanah Bulletin

Make checks payable to '**NHBZ**' and write '**Sisterhood Greeting**' on the memo line. **\$5 minimum donation – no maximum!**

Be sure to Include:

- how to list your name
- your phone number
- your email address
- the amount enclosed

Mail your contribution by **August 27** to: **NHBZ Sisterhood, 650 North Price Road, St. Louis, MO 63132** - or email your greeting information directly to bookkeeper@nhbz.org and visit the website www.nhbz.org to make a payment. For questions, call the NHBZ office, 314-991-2100, ext.3 or email: sisterhood@nhbz.org

Practice What You Preach – by Adam Lieberman (www.aish.com)

In this week's Torah portion, Moses instructs the Jews on additional commandments they need to observe. He tells them that when they appoint a king, the king: "...shall write for himself two copies of this Torah ... it shall be with him, and he shall read from it all the days of his life." (*Deut. 17:18-19*) G-d wants the king to have a Torah—with all its commandments—in his personal possession, at all times. Why would a king, the very person in charge of telling others what to do, have to do this?

It is because all too often we'll see people who are in charge decide—whether consciously or not—to have one set of rules for themselves and a completely different set of rules for everyone else.

Why is it that people "in charge" so often believe that one set of rules should apply to them and another set to everyone else? The reason is when you're the one barking out orders, it's very easy to forget that you too have a boss to answer to—one named G-d. This is precisely the reason G-d wants every king not only to possess 2 Torah scrolls, but actually to keep one with him at all times. Every place a king goes (except in unclean places) the Torah goes with him as well. Clearly, there are many perks with being a king, and a king is certainly entitled to all of them. But his underlying behavior must be to abide by G-d's rules, not his own.

The powerful message is very clear. There cannot be one set of rules for a leader and another for his followers. G-d tells the Jewish people that kings and their followers must all live by the same rules.

We see this happening in our own lives all the time. Parents instruct their children never to lie, but when the same child answers the telephone, the parent may quietly whisper, "Tell him I'm not home." This is the exact behavior that G-d wants us to avoid at all costs.

And in everyday situations, sound advice you readily give to others, you should also start taking for yourself. Practice what you preach. Live by the same words you give to friends, family, and co-workers, and don't feel you're above any of it. This will force you to grow in ways you've never imagined, and that's exactly what G-d had in mind.



New Year Greetings

fundraiser

The *NHBZ Sisterhood* wishes you
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family!**

Make your check payable to NHBZ,
and write '*Sisterhood Greeting*' on the memo line

*In order to encourage everyone to participate we have kept the minimum
donation to just \$5 per name – There is NO MAXIMUM – Please be generous!*

Names will be published in the 5782 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by August 27** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5782 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ (*\$5 per name minimum – no maximum!*)

Please list my name(s) as follows:



Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

A Good and Sweet Year !